

# THE VALLEY AND EAST COAST VOICE

Volume 35 No. 13

Thursday 25 October 2001

50 cents

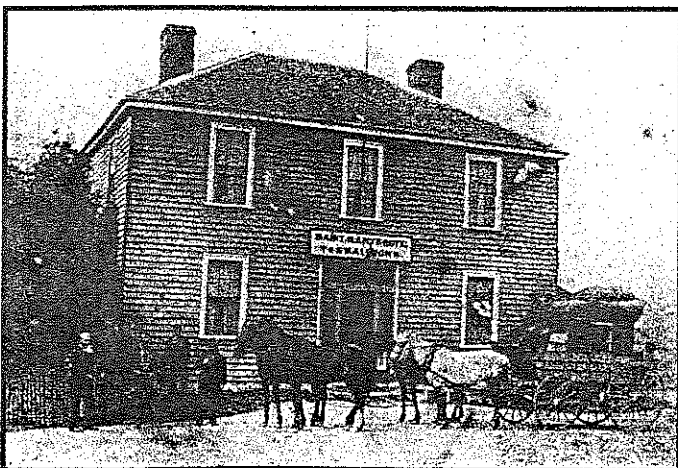
**Inside reading;** Classifieds. Community notices St Marys Spring Festival. What is the HACC bus. Council reports. Big golf days coming up. All your local advertisers-please support them.

## Hospital presentations

Last Thursday, the St Marys District Hospital Auxiliary and the Lions Club of St Marys had much pleasure in presenting to the Hospital and the Tasmanian Lymphoedema Centre, some much needed new equipment. Mayor Stephen Salter and the Hon Sylvia Smith MLC (a TLC patient herself) both gave moving speeches, honouring all volunteer organisations, their people and the effort they put in to achieve results like this one, with Stephen putting much emphasis on you the public for your generosity in giving to these organisations.

The Auxiliary raised funds for an Electric Physiotherapy table and an IMED Blood Unit (for multi-purpose usage but importantly for the use in Chemotherapy treatment, allowing cancer patients to have their treatment outside of Launceston).

This Unit was accepted on behalf of the Hospital by Sophie Legge. What a proud day, a total value of the purchased items is \$9,000, but buying power and the generosity of Rachel Butterworth of TOLL IPEC, in donating the shipment of the treatment tables from the Queensland manufacturer to St Marys, the final purchasing price was approximately \$7,000 in total. Everyone involved must be thanked for these marvelous contributions. (St Marys Lions Club donation next page).



St Marys Hotel (facing Frank St.) built by Thomas Hardy in 1861

## Burglaries continue

Const. Luke Rockliffe reports that there has been another spate of burglaries in our area over the past two weeks.

Not only has St Marys become the victim of these crimes, but St Helens, Binalong Bay and Scamander have also been targets.

In the crimes closer to our homes, the Health and Beauty Shop was entered in the early hours of Monday the 1st of October. Thanks to the great alarm on the premises, thieves were unable to search the place thoroughly and only a small amount of cash was stolen.

A couple of days later in the early hours of the morning, the Golf Club was entered and once again, thanks to the alarm system on the place, thieves were quickly turned away yielding nothing.

There have been other unrelated instances of damage occurring in the school grounds, the first involving scratching of a vehicle with a key or coin and the second, the disassembling of a road sign which was thrown into the creek.

Lastly, the Scamander Sports Centre was again entered and the safe removed. Thieves yielded some \$4000 in cash during the burglary. Any businesses dealing with suspicious persons producing large amounts of cash should immediately contact stoppers or St Marys police.

It is pertinent that anyone with information regarding any illegal activity, please have the information passed on.

On a more positive note, it is pleasing to see that our young people are wearing helmets while riding their bicycles. Each and every one that does, should be commended for their efforts.

## Our finalists

Congratulations to both

Jen and Haley on their selection as State finalists in the 2001 Young Australian of the Year.

Haley Gilbert is in the Community Services category and Jennifer Binns is a Regional Initiative finalist. All our good wishes go with them both when they face the final judging in Hobart on the 7th of December.

## CLASSIFIEDS

### Wanted to buy

1 x 48 cm Television

Must be in good working order. Lattice, any size.  
Ph 6372 2783

### Items for Sale

4.1 metre flared bow Quintrex aluminium boat and tilting trailer. 15 hp Yamaha outboard motor. In very good order. \$3,300.  
Phone 6372 5389 evenings only

### Hyundi Lantra car

1995 white, 12 months registration, new tyres, ABS brakes, tinted windows, 118,000 km \$8,500 Phone 6372 2350

### Urgently wanted to rent

3 bedroom fully fenced home at Fingal or Mathinna area.

If you can help please phone 6377 1234

### Wanted — First home buyers

House on Vendors terms for married couple and four children. St Marys district or surrounds. Please contact us for further discussions if you can help. Phone Anne or Mark: 6372 2140 or 0419 239 627

**Yoga classes** now being taught in St Marys and Falmouth. Phone Jack 6372 2034

**Benjamin** would like to walk your dog.  
Phone 0409 407 692

### Contacts for Valley Voice

#### Deadline please!

All articles that are to be included in this paper, need to be received by **Noon Tuesday**, of the week that this fortnightly paper is published.

Ron 6372 2105 Audrey 6372 2337  
Fax: 6372 2172 or leave written material with Kathryn St Marys Health and Beauty Centre or post: C/- Post Office St Marys Tas 7215

**REDLINE COACH** deliver this paper. Statewide passenger and parcel service.  
Phone 6372 2142

#### Valley Voice Advertising Rates:

Classifieds free.

Small ad - \$6. ¼ page - \$15.  
½ page - \$25. Full page - \$40

## ST MARYS HEALTH & BEAUTY CENTRE

42 Main Road St Marys Tasmania  
Phone 03 6372 2172

### Does Santa have an order for **Bob the Builder ?**

We can help Santa with a huge range of items. Some already in stock & much more on order to arrive early November.

CLOCKS, GAMES, BUCKETS, WATCHES, PENCIL CASES, PUZZLES, just to list a few. TOYS TOYS TOYS with Christmas in mind. Lots to choose from and Lay By welcome.

Crystal Tattoos-coloured beads joined to make a colourful design to decorate your skin. 8 designs, 3 in each pack only \$4.95

Huge **MIKI** makeup stand on order with great new range.

**NEW WATCHES** to choose from.

Glass & Gold Dolphins free standing \$13.95

*Gift wrapping is free.*

### St Marys Child Health Centre

Community Health Centre Gardiners Creek Road  
Open sessions: 1st & 3rd Thursday 9am to 12 noon  
Appointments available

**Next session: Thursday 1 November**

Phone: Regional Office 6336 2130

AH 1800 808 178

Mobile phone 0409 361 005

Lorraine McGee RN



## St Marys Take Away

Main Street St Marys  
Chris & Roseanne Ph 6372 2287

**Friday night :**  
**CURRY NIGHT**

**Saturday night :: PASTA NIGHT**

## COMMUNITY NOTICES

### Public meeting to discuss the Falmouth Waste Transfer Station.

Falmouth Community Centre on Sunday 4th November at 11 am. J.Schier

**A St Marys District Hospital Auxiliary** general meeting will be held on Monday 29th October. Please note change of date due to holiday weekend. Meeting at 2 pm in the Community Health Centre Day Room.

Members and new members welcome.  
R. Cranch Secretary

**Lymphoedema Centre** general meeting at the St Marys Community Health Centre on Wednesday 7th November at 10.30 am.

Men and women who would be interested in becoming involved with the TLC are invited to attend to find out more.

### Remembrance Day

A service will be held at the Cenotaph St Marys at 11 am on Sunday 11th November.  
All are invited and welcome to attend

### St Marys Community Child Care Centre

Raffle at \$1 per ticket.

Prizes: 1st Train Set. 2nd Truck Set. 3rd Keyboard. 4th Guitar. Prizes on display and tickets for sale at Smiths Valley Traders St Marys.

Raffle drawn on Friday 30th November 2001 at 2 pm. All welcome to attend.

### KERI - STOLP

Happy grandparents George and Anne Keri are blessed by the arrival of the first grand-daughter Isabeau Willowjoy to their daughter Nina Michelle.

## St Marys Newsagency

Phone 6372 2143

OPEN 7 DAYS A WEEK

WE HAVE LOTS OF BOOKS  
AT 50% OFF

CHRISTMAS STOCK  
COMING SOON



## Lions donate massage table

The Lions Club of St Marys raised funds for an electric massage table for use by Laser, Lymphoedema and therapeutic massage patients.

The table was presented to Therapists Sue Christiansen and Kate Williams, and Neil Butterworth of the TLC, by Kevin Faulkner on behalf of the Lions Club, Kevin in his message reiterated how by uniting and working together great things can be achieved for worthy causes.

Pictured are Lions Club members; Len Miles, Stephen Salter, Kevin Faulkner, John McGiveron, Robert Legge.



*Is it right that one person at the hospital presentations had said how she would not know what to say when accepting the presentation because she was so nervous, however when the time came to speak there was not a problem and had to be almost dragged away to stop her!*

## Designer Hair Studio

Main Street St Marys 6372 2108

**Russell will be in the salon:** October 25th, 26th

**Salon closed:** October 29th

**Salon will reopen :** Tuesday 30 October.

## Melbourne Cup Luncheon

-  Tuesday 6th November
-  St Marys Sports Centre
-  Centre open at 12 noon
-  Luncheon at 12.30 pm
-  \$15 per person
-  Make up a table group
-  Tickets: Ruth 6372 2231.
-  Audrey 6372 2337 or with Kathryn at St Marys Health & Beauty 6372 2172



St Marys Football Club Inc.  
is proud to present

## "Hey Hey for Kids - Christmas Special"

Hosted by Mr McDonald  
and his little mate Kev

To be held at Todd's Hall St Marys  
Saturday 8th December 2001

Featuring Bob the Builder & his crew,  
Abba Tribute, Dancers, Singers, Kidspeak  
etc and special appearance by Santa.

Tickets: \$6 Adults \$3 Children  
and now available at Todd's Hall St Marys

### **Wanted:**

Talented kids to perform for  
great prizes.

Register your act by contacting:

Diane on 6372 2601

Macca on 6372 2429 after hours.

A great afternoon of entertainment for the  
whole family.



## Geoff Page



Your  
hard working  
**Liberal**  
candidate for  
**Lyons**

Young, energetic and totally committed  
to helping the people of Lyons.

If elected to Parliament Geoff prom-  
ises to visit all areas regularly.

If you would like to meet him on his  
next visit to your district please phone  
0418 134 595

Or write to P O Box 35 Hagley.

Authorised by Bob Mainwaring  
Charlton St. Norwood Tas 7250

## VALUE PLUS

### ST MARYS SUPERMARKET

38 Main Road St Marys Ph/Fax 6372 2240

Mark Kate John Roseanne

#### Value Plus Hours:

Mon. to Fri. 8am - 6pm Saturday: 8am - 12 noon

### 'GIVEAWAY'

(A box of cleaning products to give you  
an extra boost with your Spring Clean-up)  
Purchase any item and be in the draw.

We have some  
great garden features now in stock.  
Spruce up your garden with these Koala,  
Kangaroo, Brushtail mother & baby pos-  
sum planters and a mini-bridge.

Keep an eye out for some  
great things happening between now and  
Christmas

## Addlestone House B & B



★★★★½ Accommodation  
at very reasonable rates.

A Full 'English Breakfast' is provided. Join your  
hosts Charlie (Charmaine) & Bob to learn more  
about the great local attractions.

19 Gray Road St Marys 7215

Ph. 03 6372 2783

Fax. 03 6372 2889

E-mail: [addlestone@bigpond.com](mailto:addlestone@bigpond.com)

## St Marys Butchery

Brent, Diane & Adam Johnson  
Main Street St Marys Phone 6372 2274

- ✓ Quality Meats & Smallgoods
- ✓ Extensive gourmet lines
- ✓ Daily Specials
- ✓ Free local home delivery
- ✓ Friendly personal service



Call in and see us for all your meat  
requirements



## ST MARYS HACC BUS

The St Marys HACC (Health and Community Care) bus was instigated in 1988 through the efforts of Red Cross, Margaret Lavelle and Kerin Glatte. Home and Community Care is the funding body and together with Community Transport Tasmania, our Community bus has continued to provide transport for HACC eligible clients. Patsy Burgess is presently the Chairperson of the Northern Regional Board and the State Board of Management in a volunteer capacity.

Local coordinators are Patsy Burgess and Jack Bullock. Jim Haas has been recently appointed to help out in administration and promotion of the HACC bus in this region. At the moment we are blessed with a good number of drivers who are itching to get behind the wheel, however the work load has fallen off some what. Therefore, we need to make the community more aware of what the bus is about and what it can be used for.

Although all bookings are done through the Health Centre and the bus is housed at the Centre, the use of the bus for medical purposes is only one of the many reasons for the bus to be used.

Any person in the St Marys, Fingal, Mathinna, Scamander, Falmouth areas who has a disability, elderly or younger people who in some way have severe financial hardship may be able to use the bus for social outings, shopping, visiting relatives or any medical purpose which falls in line with HACC. Unemployed may use it to attend training.

The bus has wheelchair access, so any person who has a wheelchair or who has difficulty accessing normal vehicles can be loaded and unloaded with relative ease.

Any person or organisation wishing to find out more about St Marys HACC please ring Jim Haas on 6372 2127 or if you would like to book the bus please ring the Community Health Centre on 6372 2111

## TV ANTENNA SERVICE

- TV antenna - sales & installation
- Satellite TV systems
- TV & VCR tuning
- Two-way radio - sales, service and installation
- FM radio antenna systems
- Signal strength testing
- 17 years experience



Phone Warren Speers at

**North East Communications**

6374 2274 or 0419 371 405

## ST MARYS ONLINE ACCESS CENTRE

### NEW OPENING HOURS:

Mon/Tues: 10 am to 4 pm

Wednesday: 2 pm to 4 pm

Thurs/Fri/Sat: 10 am to 4 pm



As from the start of Daylight Saving, the Centre will be open on some evenings for your convenience.

For more information please contact St Marys Online Access Centre on 6372 2005 or call in and see one of the volunteers.

We are situated behind the Town Hall in the School NEET Centre.

## VALLEY TRADERS

44 Main Street St Marys

### CLEARANCE SALE

50% OFF EVERYTHING

Jeans, Jumpers, Beanies, Gloves, Nightwear, T shirts, Shirts, Skirts, Blouses, Skivvies, Haberdashery, Manchester, & much more.

**Great Christmas bargains**

**Cash & Credit Cards only**



## SUPERMARKET / HARDWARE

56 Main Street St Marys

Graham & Karen Saunders Phone 6372 2242

CUT PRICE SAMS SPECIALS EVERY WEEK

PLUS MANY EXTRA SPECIALS

EFTPOS available.

Free home delivery

Wattyl Paint tinted in store.  
See Graham for all your specialist painting needs.

Flower seedlings  
arriving regularly. Grass seeds,  
fertilizers, potting mix.

BULK GRAIN, CEMENT, BULK NAILS & BOLTS, TIMBER  
DOWLING, FENCE POSTS, WIRE ROLLS- IN FACT  
CALL & SEE US FOR ALL YOUR HANDYMAN  
REQUIREMENTS



## Grassy Bottom Regional Arts

is based in St Marys and aims to encourage the arts in the region.

It is one of the most active regional arts bodies in the state and regularly brings quality arts performances to St Marys.

Recent Grassy Bottom events have included 'Censored', the opera 'La Boheme', and the recent dance party 'Dogg Pound'.

Grassy Bottom Regional Arts also organises and finances the Winter Solstice celebrations and the upcoming Spring Festival. It is financed by grants, membership fees, admission charges, fundraising and donations.

Grassy Bottom also presents travelling arts displays which are usually displayed at Todd's Hall Café. The next one is a collection of photographs 'As I remember', highlighting Tasmania's Aboriginal community. The exhibition runs 14 November to 14 December and entry is free.

**Remember 10th November**-it should not be hard as it is Federal Election day, but far more exciting is that it is also the day of the -

### ST MARYS SPRING FESTIVAL.

The Faulkners have again kindly allowed us to use their block opposite the pub, so come along to what we promise to be a fun day out with a 'politics free zone'!

The markets open for business at 9 am. This is the busiest market day by far in St Marys, so stallholders should book their stall promptly, phone Andrew 6372 2066.

Big prize money is available for the Cake Bake winners, so cake connoisseurs should keep their recipes well guarded. There is also a prize for the Best Flower Arrangement.

Maypole dancing on the Green follows the closing of the markets at noon.

A BYO picnic and all the festivities will continue through the day with festival games for all ages, a Peddlers Parade, a Chime tent, refreshments, a Busker's stage where an admiring audience is assured for any up-and-coming or experienced entertainers.

Grassy Bottom will be organising a Dance Party for the evening. Doors open at Todd's Hall at 7 pm and the cost will be \$5. Tickets are available at Todd's Hall Café from November 5th.

For those still with energy left, on Sunday November 11th there will be guided a walk to a local beauty spot and an Open Garden day.

Anyone wishing to open their garden to the public as part of the Spring Festival can phone Jack on 6372 2034.

Full festival details will be available from Todd's Hall after the next meeting of the Grassy Bottom Politburo on November 1 and will be published in the next edition of the Valley Voice. And please keep the Spring Festival a political free zone.

Festival contacts: Jen 6372 2066, Eo 6272 2910, Jack 6372 2034

### Good prizes at Spring Festival St Marys 10 & 11 Nov.

#### Cake Bake

\$50 prize for taste

\$50 prize for looks



#### Flower Arrangements

\$50 Nursery Voucher

All entries @ hall by 10 am



#### Rae & Partners, Lawyers Barristers & Solicitors

93 York St Launceston Ph 6337 5555

Visiting St Marys alternate

Thursdays 9am - 10am

44 Main St, St Marys

Accepting instruction in all legal matters



*Appointments may be made at St Marys Health & Beauty Centre*

#### *We can help you*

### EAST COAST SURVEYING

Consulting surveyors and land planners

Phone Andrew MacGregor 6376 1972



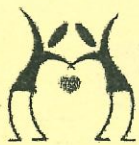
- Buying a property?
- Planning a development?
- Unsure of your property potential?
- In dispute with an adjoining owner?



# Ladies and Gentlemen

you are invited to a

## MELBOURNE CUP LUNCHEON



T.L.C. inc. St Marys

Tuesday 6th November  
12.30 pm at the  
St Marys Sports Centre

*Complimentary drink on arrival  
'Nibbles' on tables*

*Chicken & Salads luncheon with dessert, tea, coffee  
\$15 per person*

Tickets can be bought from Kathryn at St Marys  
Health & Beauty 6372 2172  
Ruth 6372 2231 or Audrey 6372 2337  
Book early for a group table.  
Sports Centre will be open at Noon  
Luncheon at 12.30 pm.  
Door sales on the day.

### Sweeps on races

Prizes for:

Cup hat

Novelty hat

Cup Lady

Cup Gentleman

### Transport:

If you need a ride to the  
luncheon, please contact  
either:

Ruth 6372 2231

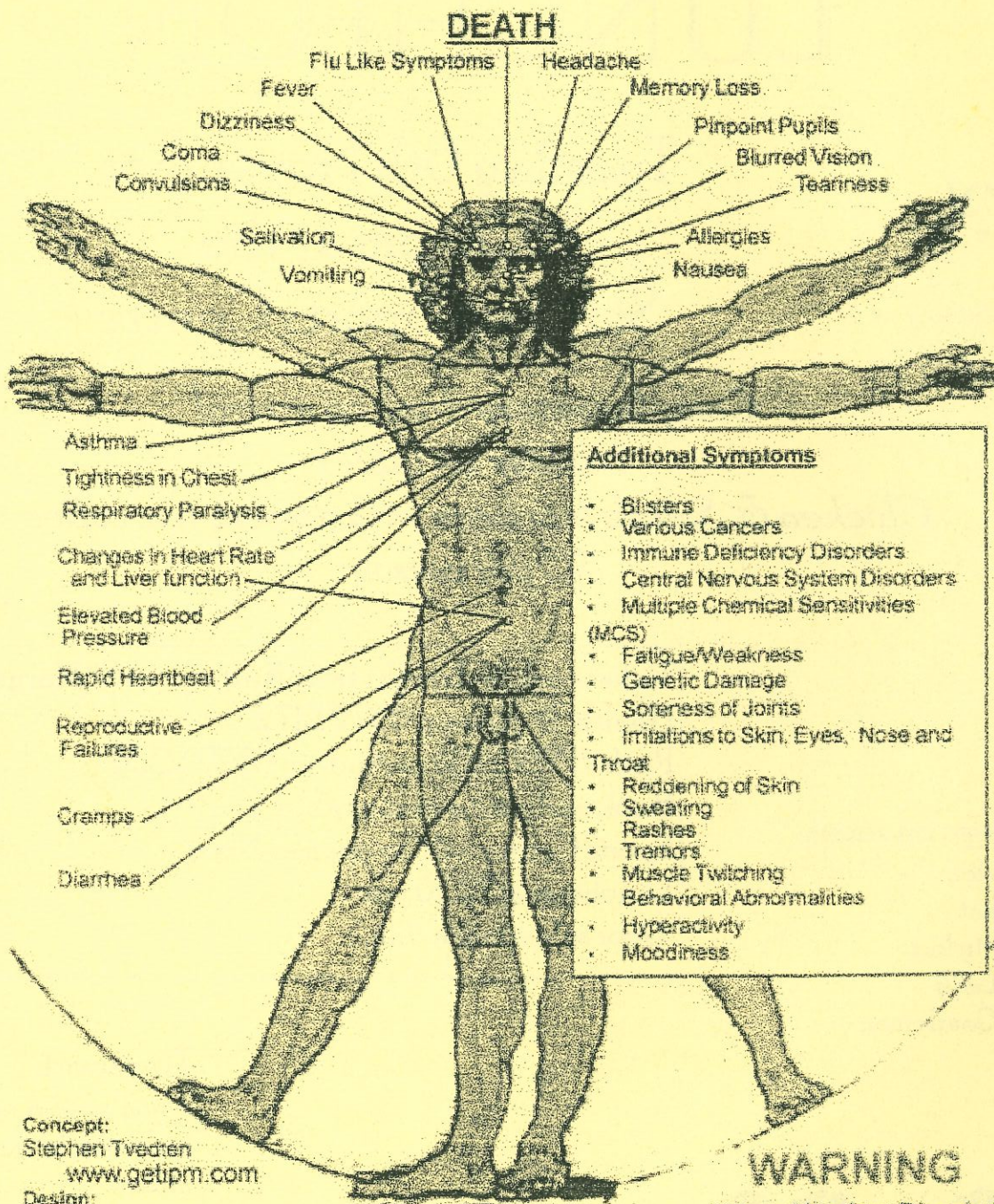
Audrey 6372 2337





# Symptoms of Pesticide Poisoning

Sources: National Cancer Institute, National Academy of Science,  
Office of Technology Assessment, EPA, OSHA  
(see Text Version for faster loading)



Concept:  
Stephen Tvedten  
[www.getipm.com](http://www.getipm.com)  
Design:  
Linda L. Jensen-Pascarella  
[www.safe2use.com](http://www.safe2use.com)

©1999, 2000 Safe2Use

**WARNING**  
When Used as Directed  
Pesticides Kill

What happens to Kids?





## SWIMMING POOL

The swimming pool will be open for family and community use on Saturday 3 November 2001 until mid April 2002.

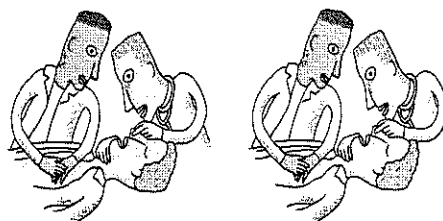
The fees for pool use are as follows:

Keys	120.00
Resuscitation Mask	5.00
GST	12.50
Key Deposit	10.00
<b>TOTAL</b>	<b>147.50</b>

Please note that the fees are the same as the previous season.

As this is an unsupervised pool, each key holder and any "designated adult" (meeting the criteria stated in the rules) supervising swimmers **MUST** have a current CPR or First Aid Certificate.

Keys and rules will be available from the office from Monday October 29. When collecting keys, please ensure that you have your valid CPR / First Aid Certificate with you for us to copy and keep with your key application form.



## ST JOHNS AMBULANCE CPR COURSES

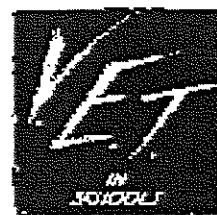
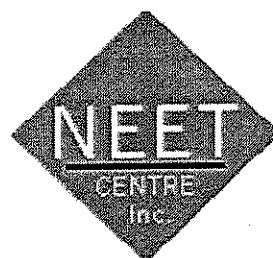
A St Johns Ambulance CPR course with Mrs Roxie Cowie will be held on:

Thursday November 1  
10.00am - 1.00pm  
**ST MARYS NEET CENTRE**

Please contact the school office and leave your name, contact details if you wish to participate. There are only a limited number of positions left for this session.

Cost for the course is \$30.00 - \$35.00 depending on numbers.

Certificates are valid for 12 months.



## ADULT ENROLMENTS AT NEET FOR 2002

We are now calling for adult enrolments in our year 11/12 NEET Centre for 2002. We are a nationally accredited Registered Training Organisation for many Certificate 1 and 2 Vocational Education and Training courses and some Certificate 3 and 4 courses. We also offer many year 11/12 Tasmanian Certificate of Education subjects, including five pre-tertiary courses. As our enrolments in year 10 are quite low this year, we are keen to encourage adult students into our NEET Centre. Brochures outlining our courses are available from either our school office or the St Marys Newsagency. Otherwise, simply give Lisa a ring on 63723900 and she will post you out the information.



## 2002 STUDENT ASSISTANCE SCHEME

The Student Assistance Scheme is available to full time students enrolled in Kindergarten through to Grade 12.

APPLICATION FORMS FOR 2002 ARE NOW AVAILABLE.

If you think you may be eligible for Student Assistance and have not yet received an application form, please call into the school office and collect one.

Please read the guidelines carefully as some details may have changed and applications WILL NOT be accepted if they are not COMPLETED FULLY or PROOF OF TAXABLE INCOME or PROOF OF CENTRELINK BENEFITS is not provided. This year ALL applicants must fill in the Taxable Income section of their form before handing them in.

Please note: Section 2.2.2 of the Guidelines for Schools describes the acceptance of Pensioner Concession Cards (PCC) or Health Care Cards (HCC) that, in some circumstances, can be used as proof of income or current financial circumstances, provided that the applicant and spouse or partner (if applicable) do not receive any other income and the amount of taxable income received is indicated on the application form and copy's of the card (s) provided. The "acceptable" cards are:

### ACCEPTABLE PENSIONER CONCESSION CARDS:

Parenting Payment Single	(PPS)
Newstart Mature Age Allowance	(NMA)
Special Benefit	(SPL)
Sickness Allowance	(SAL)

Mature Age Allowance	(MAA)
Newstart	(NSA)
Widow Allowance	(WDA)

### ACCEPTABLE HEALTH CARE CARDS:

Newstart Allowance	(NS)
Widow Allowance	(WA)

Sickness Allowance	(SA)
Special Benefit	(SL)

If your child is in grade 10 and is unsure of continuing studies in 2002, it is advisable to lodge an application.

Completed forms must be returned to the office by November 9, 2001. If you have any queries or problems, please contact me or the office staff on 63723900 or call into the office.

M BUSHING  
BURSAR



## KINDERGARTEN ORIENTATION

We would like to invite all parents and kindergarten students for 2002 to come to an Orientation Session at the school on **MONDAY 19 NOVEMBER**. We will be enrolling students, and discussing the Kindergarten program. If you have any queries, please contact us.

Anne Bennet  
(Kindergarten Teacher)

Ros Smith  
(A/AST)

Susan Miles  
(A/AST2)



## Break O'Day Council Keeping the Community Informed

### New Councillor

Following the resignation of Tony Rawnsley during September and subsequent recount, Vic Cato has been elected to the office of Councillor until the next general Local Government Election.

### Lighting Works-St Marys Reserve and Bridge

At it's meeting of 8th October 2001, Council approved expenditure to complete the lighting at the St Marys Reserve. Council also agreed to consider approving the expenditure of \$4,844 from the St Marys Township Reserve for the lighting of the bridge.

### Coastlink Action Plan

Council has endorsed the Action Plan-Marine and Coastal Management Strategy 2000 as submitted by Coastlink, including its 2001-2002 Operational Plan. Coastlink Project Officer, Mr Richard Buchhorn made a presentation to Council outlining proposed actions to improve coastal management practices. Coastlink is a body covering the North East of the state established with State Government, Local Government and Community representatives.

### St Helens Central Carpark

At its October meeting, Council resolved to approve expenditure of a portion of the St Helens Township Reserve Funds to commence partial development of the St Helens Central Car Park. This project was deferred last year, but will now be undertaken incrementally over the next 2-3 years.

### Green Corp Project

Council has endorsed a range of Green Corp projects to be undertaken in the Break O'Day Municipality and agreed to provide some in-kind support.

The projects will cover a wide area and will include fencing, planting, track clearing and marking, weed removal and watercourse stabilisation.

### Establishment of Riverworks District-Break O'Day River Catchment

Council agreed to act in partnership with the Break O'Day Riverworks Committee to establish a Riverworks District under the Water Management Act 1999 for Break O'Day River catchment. This will enable ongoing management and maintenance of the Break O'Day River catchment through a partnership between Council and the community.

## WORKS PROGRAM

### Roads to Recovery Works

#### St Columba Falls Road:

Work continues on this road with the full length of the gravel section now upgraded.

#### Gardens Road:

Work is continuing with over 50% of the road upgraded and some sections being prepared for sealing.

#### Maintenance Works

Grading, gravelling and roadside slashing works are being carried out in various areas as requested.

#### Household Waste Collection

The contract for Stieglitz and Binalong Bay waste collection is scheduled to commence in early December. Affected households will be notified in more detail shortly

## Harris Funerals

Lindsay & Diane

(D.Bailey & Son) A.F.D.A

### Office & Residence:

114 Cecilia St. St. Helens

Chapel: 46 Tully Street St Helens

Phone/Fax 6376 1153

Mobile 0418 133 420

*We are here when you need us to arrange Burial or Cremation. Pre-paid and pre-arranged funeral plans are available.*



## C.A.R.S MOBILE

BP Service Station Dave & Terry Evelyn

37 Main Steet St Marys 6372 2735

### Trading Times

Weekdays open 8am - 6pm

Saturday open 8am - 1pm

Sundays closed unless on roster

*On roster alternate weekends.*

**Sat: 8am - 6pm Sun: 9am - 5pm**





Follow-on from last issue

## Mind, Body, Emotions and much, much more.

Do you think you're always responding to others, and circumstances and situations as they happen to you?  
Or do you think you are — CREATING YOUR REALITY AS YOU WANT IT TO BE?

These and many more of the circumstances and situations that happen to and around us  
are some of the topics that will be discussed.

*What positive and negative thought habits do you have?*

*Come along to find out what knowledge has been hidden from most people for thousands of years and developed  
and adapted with modern knowledge to suit today's circumstances and situations in our lives...*

**CAN YOU CREATE YOUR BETTER REALITY? YES!**

Some of the other topics discussed will be; Emotions, conscious and sub-conscious minds, the six laws of the mind, fear, thought-power, goals, success, health, motivation, positive and negative thinking, affirmation, seeding thoughts, self esteem, and MUCH MORE.

*It is a fee free course. All you pay for is materials cost of \$25.00*

*However your donations will mainly go to St Marys Community Health Centre to help improve medical facilities  
and services in our community. Seminars are held at St Marys Town Hall Main Street St Marys 7215*

**Seminar times and dates:** Commencing Wednesday 7th November 2001

Either day or evening classes, starting at 2.00 pm and/or 7.00 pm, have the same course content to suit your busy family or business/work commitments and go for 4 weeks, then having 4 weeks trial period with a follow-up of an Advanced Seminar.

*Please make bookings as early as possible to allow time for class preparation.*

Contact Presenter, Mr Russell L Arnott Phone 03 6372 2001 for bookings or details

**Please note that the St Marys Community Health Centre has no affiliation with these seminars.**

### "Remember Remember Thursday 22nd November"

Centenary of Federation Celebration

"The Valley - Fingal to Falmouth"

A Night to Remember at St Marys  
for past and present Valley people.

- \* Community photograph
- \* Federation Concert
- \* Supper & Bridge lights on

Valley People Together

## Dick Adams

Federal Member for Lyons



Ring me on 1800 811134,

Write to PO Box 50,

Perth Tas 7300

Fax me on 6398 1120

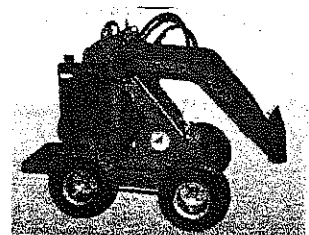
or email me at D.Adams.MP@aph.gov.au

**Dick Adams MP**

Federal Member for Lyons

## DINGO MINI DIGGER

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# St Marys Community Health Centre

## GP ROSTER, ON CALL:

Dr Geniola =Fri 26th, Sat 27th &  
Sun 28th October

Dr Shah =Fri 2nd, Sat 3rd, Sun 4th, &

Mon 5th Nov (long weekend)

The hours are on our message  
bank ph. 63722111.

Dr. Geniola on call  
Ph: 6374 2288

Dr. Shah on call  
Ph: 6372 2311

St Helens Hospital 6376 5222

Medical Emergencies Phone:  
1800 008 008 or 000

## WHAT'S ON AT THE CENTRE?

29th Oct Auxiliary Meeting 2:00pm  
1st Nov Centapack 10am- 3:30pm

### Auxiliary Raffle

The Hospital Auxiliary have a raffle running in the reception area at the Community Health Centre. Drawn on the 10th November, \$1.00 a ticket.

### National Bandanna Day

National Bandanna Day is on this Friday 26th November. Bandannas are available at the reception area at the Community Health Centre, \$2.00 a Bandanna. All funds go towards Canteen, Young People living with Cancer. Your support is needed!

### Girl Guide Biscuits

Plain and Chocolate \$2.20 a packet. Also available at the reception area at CHC.

### Asthma Week: 7-13th October

Gold coin donations *are still* being taken at CHC for this important cause.

## 'BIG NEWS'

Congratulations to two of our staff:

1 **Ian Bradbury** - Nominated & chosen as a "local Hero". (an initiative by the Break O'Day Council as part of the Centenary of Federation celebrations) presentation to take place Sunday 28th October 3.00 pm Town Hall.

2 **Hayley Gilbert** - Nominated & now one of three finalists in the Minister for Regional Services Community Service Category of the National Australia Day Council's **Tasmanian Young Australian of the Year** Awards for 2002. Presentation night -Wrest Point Hotel Casino Dec 7th 2001 We say 'not bad' for a small community .

We at St. Marys Community HealthCentre are proud to have both Hayley & Ian on our team. CONGRATULATIONS to you both.

**Recruitment of Staff has continued** it is now envisaged that the unit (24hr section) will be operational *late in November.* More details next issue.

## VOLUNTEER REMINDER

Don't forget that.....

When: Sunday 28th October

Where: St Marys Town Hall

Time: 3:00pm start

Cost: 'Free'

'Music and BBQ to follow outside'

**'VOLUNTEER RECOGNITION DAY!'**

All items being donated towards the lucky door prize **MUST BE IN BEFORE** this Friday 26th October.

Many people will walk in & out of your life  
But only true friends will leave footprints in your heart

To handle yourself, use your head  
To handle others, use your heart.

Beautiful young people are accidents of nature  
Beautiful old people are works of art.

Learn from the mistakes of others  
You can't live long enough to make them all yourself!

## Church Services

### Catholic Parish of St Marys

**Priest: Father Bill Egan**

#### Fingal

Every Friday Mass 10am

1st and 3rd Sunday Mass 10.30am

#### St Marys

Every Sunday Mass 9am

#### Bicheno

Every Sunday Mass 4pm

#### St Helens

Every Saturday

Vigil Mass 6pm

#### Mangana

2nd Sun. Eucharistic Service 11am

5th Sunday Mass 11am

### Anglican Parish of the Northern Midlands

#### Services each Sunday

Ross 8am

Campbell Town 9.30am

Avoca 11.30am

Fingal 2.00pm

Mathinna Monday 10am

#### Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

### Anglican Parish of St Helens 6376 1144

#### St Helens

8am and 10.30am

Every Sunday

St Marys 10am

No service 5th Sunday

**Monday JAM 3.15pm to 4.30pm Children 5-12 yrs**

Pyengana 11am

2nd and 4th Sunday

### Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

### Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

### New Beginnings Church

Every Sunday at 10.30 with children's time, tea and coffee afterwards.

Last Sunday of month we will share lunch together.

108 High St Mathinna Ph 6377 1234

New Beginnings Church is a branch of The Vine Church A.O.G Launceston

## Meals on Wheels roster

Oct / Nov	St Marys	Fingal
Mon 29th	Sally Spilsbury	Debra Speers
Tues. 30th	Annette Davey	Mim Woods
Wed. 31st	A. Greenwood	Jack Miller
Thu. 1st	Kaye Nailer	Jan Marshall
Fri. 2nd	M & P Berwick	Julie A. Claridge
Mon 5th	V. Spilsbury	Shirley Parker
Tue. 6th	Denise Dawson	Robyn Holder
Wed. 7th	Mary Viney	Lynda Bean
Thu. 8th	Yvonne Salter	Lucinda Stewart
Fri. 9th	Frank Turner	Mal. Saunders

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## East Coast Counselling Service Christmas Appeal

With Christmas rapidly approaching, the East Coast Counselling Service is once again organising its annual Christmas Appeal for residents of the Fingal Valley, Bicheno and St Helens communities.

Any person who would like to request assistance are invited to contact social workers Helen Preston on 6375 1968 or Thom Ryan on 6276 1545; people can be assured of the strictest confidentiality.

Donations of cash, food or presents to our appeal would also be most appreciated, and we wish to advise that any costs associated with the Christmas Appeal will be met by the Counselling Service.

In St Marys donations of food or presents can be left at St Marys Super Value and St Marys Top Shop.

In Fingal at the Neighbourhood House and all cash donations can be sent to:

East Coast Counselling Service  
25 Circassin Street St Helens 7216



## SOCCER NEWS

Summer soccer has got off to a good start with an increasing number of youngsters playing the beautiful game on Tuesday evenings.

The play is improving and hopefully many new people will come and enjoy playing in the cool evenings.

All juniors, boys and girls and regardless of previous experience are welcome at 6 pm.

Seniors are at 7 pm. Senior soccer has got off to a slow start and we have lost one of our most skillful players to an English club. Anyway all seniors are welcome and soccer might be a way for footy players to keep their fitness up over the summer. You may even be a better footy player at the end of it.

## EAST COAST GLASS

Falmouth 6372 5361

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- \* Security doors
- \* Shower screens
- \* Wardrobe doors
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- \* Aluminium windows



Locally owned and servicing the East Coast for over 10 years. Call David and Anne Cannon for prompt and reliable service.

## St Marys Sports Centre Inc.

by Kackhander

### Sports Centre news *continued*

Perhaps the really different social function of the year will be on Saturday December 8th when Club Secretary Umesh Pratap has kindly offered to host a Club Christmas Hungi. This traditional Fijian feast, uniquely cooked in the ground, will be special indeed and will be cooked on or near the 9th hole bunker. Sounds great doesn't it. Details will soon be available and sure to be well attended.

A huge thanks to Speed Maher's initiative to organise a darts team in the local competition. Not only is it good to have a team but as it happens they have won both their first two games which is great. Speed is always looking for extra players so feel free to contact him or the club if you are interested.

With Ladies golf another successful year is drawing to a close but this week the girls are running a popular Charity Day that they hope will be well supported. Well done to all involved in the year and we're sure President May Cook and Captain Carole Gunson will be well pleased.

Finally it is nice to report that the Lymphoedema Committee has chosen the Sports Centre to hold a Melbourne Cup Luncheon on Tuesday 6th November and by all accounts it looks like being extremely popular and hope that it is of great financial benefit for this most worthy cause. We thank the Lymphoedema Centre for choosing our club for their venue.

*Anyway until next time,*

*good hitting and rolling.*

## Scamander Beach Surf Shop

OPEN 7 DAYS Ph 6372 5529

[www.scamanderbeachsurfshop.com.au](http://www.scamanderbeachsurfshop.com.au)



Surfboards & Bodyboards  
Wetsuits & Clothing  
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## St Marys Sports Centre Inc.

by Kackhander

Firstly to bowls and thanks to all who have boosted our playing numbers for pennant this year, giving us enough now to enable the selectors a choice on Thursday nights. This can only be good and also enables anyone who needs a specific Saturday away, a chance to do so without feeling like they are letting the team down.

It is great to see Greg 'Frog' Cooper donning the creams this year and we are sure he will fit in admirably very quickly.

It is also a good chance to welcome Dave Griffiths formerly fro Goulburn NSW to our ranks and he bowled very well in his first game, and welcome back to Kerry Davern after about 8 years at Perth running his business there. Kerry is a great acquisition to the side and adds a lot of depth.

Unfortunately the side tasted defeat at Scamander last week but credit to Scamander as reigning premiers, they bowled very well to beat our boys.

A huge congratulations indeed goes to Dougie Barnes who was awarded his Veterans badge at presentations, well deserved indeed, this week the side travels to Swansea. Still on bowls and the green is coming together well and looks better all the time.

Thursday night practice and chicken runs are very important and players are asked to try and attend to help the selectors pick teams each week.

Now to golf and it has been a bit quiet of late except for the successful reformation of the golf sub-committee. Bob Hersey was elected as Chairman, Trevor Viney as Vice Chairman, Beth Haas Secretary and John Cox Treasurer.

It was decided to call for nominations of Captain

## COACHING OPPORTUNITY

### St Marys Football Club Inc.

is calling for

Coaches Applications in

**SENIOR, RESERVE & U/16 Grades.**

Applications stating qualifications and remuneration to be addressed to:

The Secretary

Irishtown Road, St Marys Tas 7215

Applications close Friday 30th November 2001

and two Vice Captains over the coming weeks. Thanks mainly to John Miles the club has secured two excellent sponsored days with Boags Day on November 18th and Roberts Day on December 9th. It is also likely that the Hospital through Di Fields will be conducting a major day on the Australia Day 2002 weekend.

The club has much to look forward to in the coming weeks. October 28th is the Monthly Trophy but the major golf event for the next few weeks is the Aurora Challenge on Sunday November 4th. This is a 4 person per team Ambrose event, any configuration of gender, and with some great trophies and kindly sponsored by Aurora Energy. Entries are more than welcome from any club, should be a good day.

On November 17th the club will conduct a 9 hole Saturday chicken run followed by a sumptuous barbeque tea and Championship trophy presentation for 2001.

A booking sheet is now on the notice board and hopefully a good number of club members and of course our championship winners can attend and enjoy a top night.

*Continued inside back page*

## Ransleys

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## ST MARYS HOTEL



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- ♦ SKYCHANNEL
- ♦ MEALS: *Fri.Sat & Sun*

