

# The Valley and East Coast Voice

Volume 32 Issue 9

Friday 27 August 1999

50 cents

## Lymphoedema Treatment Centre.....Update

**T**he arrival of the LLLT bio-stimulation laser for St Marys Health Centre is another roll nearer to its destination with further monetary support from Tasmanians.

Mr & Mrs Goninon of Scottsdale	\$45
Mr & Mrs Bruce Hewitt of Launceston	\$50
Norma Hudson from Burnie	\$10
St Marys Football Club	\$150
with further offers in the pipeline apparently	

By the time the Valley Voice is published and on sale this week we'll hopefully have a positive outcome from the Minister of Health – Judy Jackson and the Lymphoedema Treatment Centre on its way in St Marys.

It is heartening to receive so much support from so many people. The CWA in Tasmania are taking on lymphoedema as their "Health Topic" for the year 2000 and it will be the topic for discussion at the 1999 State Conference in Devonport in September. Thanks to so many for on going assistance with listening, problem solving, photo copying, mailing, taking photos, videos, producing reports, making soups, sandwiches, cakes and growing plants. The jams, vegies, prizes for raffles – so many people have contributed to date – with more willing souls offering help regularly. Good news at its very best!!!

Jan Sparkes

## "Grassy Bottom"

The Grassy Bottom Tigers, now that would be a name to conjure with – the possibilities on a Saturday afternoon are truly mind blowing! And St Marys could have been called Grassy Bottom, if the locals hadn't pulled the plug in 1842.

Grassy Bottom was the name given to a spot at the foot of St Patrick's Head, still visible to day. An innocent enough appellation, descriptive and accurate, but offering such potential to the irreverent that the local establishment had it changed to St Marys.

And none too soon. In 1865, when land in the new township was being offered for sale, and the Rivulet was called St Marys River, a misprint in the Hobart Town Gazette desented one lot as being bounded by "St Patrick's Liver"! With St Patrick's Head, St Patrick's Liver and the Grassy Bottom, the anatomical possibilities of the area could have been endless.

The recent formation of the Grassy Bottom regional branch of the Arts Council is to be

**Cont. P2**

## St Marys Newsagency

Deidre & Ros 6372 2143

### New Videos for children:

- ♦ Cinderella
- ♦ My Giant
- ♦ Golf Punks
- ♦ Paulie

### Adult Movies

- ♦ The Siege with Denzil Washington, - Bruce Willis
- ♦ Enemy of the State with Will Smith – Gene Hackman
- ♦ Sweepers
- ♦ Carnival of Souls
- ♦ Vampires
- ♦ A Thousand Acres – Michelle Pfeiffer



## "Grassy Bottom" cont

Applauded in showing flair and imagination, and for recovering a lost name from our early history, but it is to be hoped that it does not spawn a host of imitators. Let there be no suggestion that Main Street be renamed Grassy Bottom Boulevard, or that the 9th hole of the Golf Course be renamed, or indeed anything which would provide joy and infinite opportunity to graffitologists.

Who actually named "Grassy Bottom", and when. There are a number of likely suspects, several alluded to in Tim McManus' magnificent story of Falmouth 'Thanks to Providence'. Henry Rice, John Helder Wedge, William Steel, Alexander Thompson and David Stead were explorers, surveyors or settlers in the area between 1820 - 1835. Any of them may have named the spot. The Ross Almanac of 1830 mentions two routes down to the coast from the top of the present day Pass, and the surveyor Dawson marked out a rough route down the pass in 1835. Watch this space for further revelations!

On 4 April, 1842, Matthew Forster, the Principal Superintendent of probation Stations, wrote to the Colonial Secretary:

*"having visited the line of road between Falmouth and Fingal, I am inclined to recommend to His Excellency the formation of a probation Station between Fingal and the Coast...a promise has been made to the New Settlers of that district to complete the road to the Coast...His Excellency has, I believe, crossed the mountain-track which is at present the only communication which the settlers in the Fingal Valley have with Falmouth. Immediately after crossing the saddle on this line travelling to the westward, there is a spot called Grassy Bottom where there is a good supply of water during the year. Here I should suggest...to station 300 men and form a good bush road to Falmouth"*

By 25 May the probation party was established at Grassy Bottom.

But for that inveterate letter writer and father of the District, James Grant of "Tullochgorum", a prime mover for the road to Falmouth, it was good news and bad news. The good news was, as he wrote to the Surveyor General in June, "A Probation Station party has been determined to be stationed at a place hitherto known as

Cont P 3

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O P E N  
Wed 2 pm - 5 pm  
Thurs 10 am - 5 pm  
Fri 2 pm - 9 pm  
Sat 11 am - 4 pm  
Sat 6 pm - 9 pm

## ST MARYS ONLINE ACCESS CENTRE

Located behind  
Town Hall St  
Marys

Phone 73 722005



## "Grassy Bottom" cont

the "Grassy Bottom", the bad news was that "as the vale will now come much more into notice, and the name being anything but euphorious it has been agreed on all hands to rechristen it," and I have proposed.... "St Marys Pass, or Vale, Falmouth".

And it came to pass (sorry!), and the Station was hitherto named the St Marys Pass Station. While Grassy Bottom thus disappeared from the known world, it is interesting, if not significant, that Grant's second suggestion, St Marys Vale, still appeared in official circles as late as 1857, when the Police Magistrate at Fingal in correspondence relating to the naming of the new township (St Marys) differentiated between the pass itself, as "St Marys Pass", and the approach to the pass from the township as "St Marys Vale" (Valley). The Station was a punishment station, unlike Fingal which was a Hiring Depot, and represented the first concentration of population in the area, an embryonic urban centre. It was only in existence between 1842-1847, before being dissolved. The Pass itself was opened in late 1845.

However, but for representations of James Grant, the township proclaimed in 1864 may have been Grassy Bottom, not St Marys.

[Footnote: The grassy bottom itself (but no remains) can be seen from present day Pass Road, by looking towards St Patrick's Head after stopping about 680 m past "Barrack Street" lead up the hillside opposite Grassy Bottom to a burial ground for the station]



## DICK ADAMS

Federal ALP Member for Lyons

Fighting for Tasmania  
Fighting for regional Australia



If you would like any information or to express your view  
Please contact me on 1800 811 134  
PO Box 50 Perth Tas 7300  
Authorised by P Kearney, Killara Ave Exeter Tas

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**\$10.00 BIN \$5.00 BIN**  
**\$7.00 BIN**

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Boys Quilted Jackets  
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WERE \$32 now \$25

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L/S WHITE SCHOOL TOPS NOW \$15

## FINGAL VALLEY MEALS ON WHEELS INC.

### 28TH ANNUAL REPORT.

It is again my pleasure to submit a short report on the activities of Meals on Wheels for the past year. The service has continued to provide meals on a five day week basis in the St Marys, Fingal and Cornwall areas. The number of meals delivered totalling 4513 which is much the same as the previous year. One can imagine the work involved in the preparation, cooking and the voluntary work of drivers in delivering meals to wide spread parts of our area.

The cost of meals to recipients has remained at \$4.20. The finances of the Meals on Wheels service are sound as the Treasurers Report will show. I wish to record thanks to members of the Committee for their interest and support, especially our Secretary, Jack Miller and to Vicki Woods our Treasurer for their attention to details required throughout the year. Special thanks to staff at the St Marys Community Health Centre for the supply of quality meals and their co-operation in many other ways. Thank also to Heather Lodge for taking the task of sending out birthday cards following Margaret Bullocks illness. Our most important thanks are due to our 84 drivers who turn up on their rostered days without any fuss or bother to deliver the meals; surely this is an act of great kindness and thought for others.

R.H. Yates President

## NATIONAL MEALS ON WHEELS DAY

SEPTEMBER 1ST 1999

In the year of Older Persons



## WE CAN HELP YOU

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- ▽ Unsure of your property potential
- ▽ In dispute with an adjoining owner

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**EAST COAST SURVEYING**  
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and land planners)  
on 63761972

## NOTICE

### ST MARYS LIONS CLUB

Due to continued vandalism to the diesel locomotive at the Old Railway Station the Lions Club is seriously considering selling the unit. If the community would like to see the train stay, we would value your opinion and assistance in attempting to prevent further damage.

## SUNCOAST GLASS & SCREENS

Peter Clark at your service with over 33 years experience in the glass and aluminum fabrication industry.

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10AM - 3PM

**THURSDAY & FRIDAY**

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**CONTACT NUMBERS FOR VALLEY VOICE ..Ron**  
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\$3.00 PER BALE.

Phone 63722459.

**BABYSITTING.....I** am offering baby sitting in St Marys for \$5.00 a hour. It doesn't matter what age to look after. I can be trusted with looking after children. I am 15 and in grade 10 at St Marys D.H.S. and can supply references.  
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**ALSO AVAILABLE**  
**Mixed & Black Jelly Beans**  
**65 cents per 100g or \$6.20/kg**

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Fund raiser for St Marys Lions Club. Contact David Young.

**FOR SALE. SMOKE DETECTORS** will be fitted free of charge to pensioners - Cost of unit \$13.  
Contact Barry Wright or any Lions Club Member.

## ST MARYS FOOTY CLUB PLAYERS WOOD RAFFLE

**WINNER - DIANE MARGISON**

The players would like to thank all those people who supported the wood raffles and are glad to see that there is still a lot of people who realise that with out players there is no club.

## MEALS ON WHEELS

### AUGUST

30

31

### SEPTEMBER

1

2

3

6

7

8

9

10

### ST MARYS

Eunice Saurine

Karen Spilsbury

Atholie Greenwood

Gail Gamble

Frank Turner

Debbie Barnes

Rhonda Cranch

M & P Berwick

Heather Griffiths

Leanne Morris

### FINGAL

Carole Woods

June Hall

Mirri Woods

Maureen Hall

Malcolm Saunders

Joan Lowe

Robyn Holder

Patsy Death

Robyn Miller

Vicki Woods

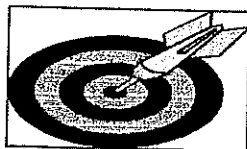
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\*Two seats at no extra charge.

Two seats means \*two lounge chairs or \*four dining chairs or a \*three seater lounge at a 66% discount.

Offer not valid without this leaflet.

### ST. MARYS DISTRICT HOSPITAL AUXILIARY.

The next meeting will be held on  
**Monday 6th September at  
7.30pm at the Health  
Centre.** This is the Annual  
General Meeting. All those  
interested are very welcome. Due  
to the re-opening of the hospital,  
new members would be an  
advantage.

### ST MARYS DISTRICT HOSPITAL SUPPORT ASSOC INC.

It has been decided to delay our  
monthly meeting until more  
information concerning the  
re-opening of the hospital is at  
hand. You will be notified of  
the date as soon as possible.  
Everyone welcome.

## RANSLEYS

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NEEDS.**

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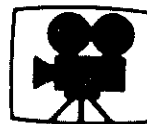
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**BREAKING THE WAVES**

**SEPTEMBER 3RD**

**BAYSIDE INN ST HELENS**

**7.30PM**

Rating: R Runtime - 159 mins

Stars - Emily Watson, Stellan Skarsgard

Disturbing melodrama about woman's fierce  
devotion to crippled husband. With its rivet-  
ing lead performance, this is appreciated by  
art-house fans prepared for dizzying, hand-  
held camera work, emotionally draining ex-  
ploration of love.

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Big selection of The Beanz toys

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Winner of \$100 Grocery Give-away

Thank you to those who completed and  
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## Church Services

### Catholic Parish of St Marys

**Priest:** Paul Connolly, St Marys.

#### Fingal

Every Friday Mass  
10am

#### St Marys

Every Sunday Mass  
9am **Bicheno**

Every Sunday Mass  
3pm

#### St Helens

Every Saturday Vigil  
Mass 6pm

#### Mangana

2nd Sunday  
Eucharistic Service

### Anglican Parish of St Helens

6376 1144

#### St Helens

8am and 10.30am

Every Sunday

#### St Marys

9am

No service 5th Sunday

#### Pyengana

11am

2nd and 4th Sunday

## Harris Funerals

Lindsay & Diane

(D.Bailey & Son) A.F.D.A



Office & Res. 114 Cecilia St.  
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We are here when you need us to arrange  
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Pre-paid and pre-arranged funeral  
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### Valley Church of the Rock

(CRC Church Fingal)

Pastor Leigh Casbault

Ph 63741099

Sunday School 9.30am

Church Service 10.30am

### Seventh Day Adventist

Hodgeman Street

Scamander

Sabbath School 10am

Divine Service 11am

### Salvation Army

(RSL Hall)

Main St, St Marys

Aux. Capt. & Mrs Tolputt.

Ph. 6372 2352

Everyone welcome

#### Sunday

Sunday School 9.30am

Family Worship 11am

#### Wednesday

Ladies Fellowship 2pm

#### Thrift Shop

Wed - Fri 10am—2pm.

Pickups Ph 63 722352

### Anglican Parish of the Northern Midlands Services each Sunday

Ross 8am

Campbell Town 9.30am

Avoca 11.30am

Fingal 2.00pm

Mathinna

Tuesdays 2.00pm

#### Daily Office Reading

Avoca

Tuesdays 10am

Fingal

Tuesdays 12 noon

Ross

Wednesdays 10am

### Break O'Day Uniting Church

Fingal

9.00am

St Helens

11am and 7pm

## W. LOCKETT & SONS

**Bruce Davidson : Funeral Director**  
**Campbell Town**

Enquiries may be directed through either :

Mr G. McGee Campbell Town 6381 1167

Mr T. Pears Campbell Town 6381 1472

Mr Bruce Davidson Launceston 6344 4577

**Pre-paid funerals can be arranged.**



# COMMUNITY HEALTH NEWS

Alcohol Awareness Week 22-28 August  
Assess Your Alcohol Use:

## QUESTIONNAIRE

1. How often do you have a drink containing alcohol?

- (0) Never
- (1) Monthly or less
- (2) Once a week or less
- (3) 2 to 4 times per week
- (4) 5 or more times per week

2. How many standard drinks (see below) do you have on a typical day when you are drinking?

- (0) 1
- (1) 2
- (2) 3 or 4
- (3) 5 or 6
- (4) 7 or more

3. How often do you have six or more standard drinks on one occasion?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

4. How often during the last year have you found that you were not able to stop drinking once you had started?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

5. How often during the last year have you failed to do what was normally expected from you because of your drinking?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

6. How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

7. How often during the last year have you had a feeling of guilt or regret after drinking?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

- (0) Never
- (1) Less than monthly
- (2) Monthly
- (3) Weekly
- (4) Daily or almost daily

9. Have you or someone else been injured as a result of your drinking?

- (0) No
- (2) Yes, but not in the last year
- (4) Yes, during the last year

10. Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested you cut down?

- (0) No
- (2) Yes, but not in the last year
- (4) Yes, during the last year

### RECORD YOUR TOTAL:

To interpret your score, check the box below:



Then it is likely that your drinking may be hazardous. Why not ask for help?

Females: If you scored 6 or more  
 Males: If you scored 7 or more

## WHAT'S ON AT THE CENTRE

23rd September - Pap Smear Clinic  
(Taking Bookings Now)

30-31st AUGUST PODIATRIST - Chris. White

1st Sept. PODIATRY - DAY CENTRE

## DOCTORS WEEKEND ROSTER

DR. GENIOLA 28<sup>th</sup> & 29<sup>th</sup> AUG.

DR. SHAN 4<sup>th</sup> & 5<sup>th</sup> SEPT

## STANDARD DRINKS:

LIGHT BEER



=

ORDINARY BEER



=

TABLE WINE



=

FORTIFIED WINE (PORT-SHERRY)



=

SPIRITS



2 x 285ml.

10 oz. 285ml.

1 glass 100 ml

1 glass 60 ml

1 nip 30ml

## A NOTE FROM THE LAND OF ELEPHANTS...

As word spread over the Nineties concerning Mount Elephant Pancakes and our business got busier, both the present and former owners of the Pancake Barn decided we had to close by 6pm daily or face burn-out from overwork.

This decision was taken despite our knowing that many people from Fingal to Bicheno would like to be able have an evening meal at our restaurant. Now we have to tell them that business has grown so much more that we need to trim services, especially towards the end of the day, even further:

***From today the Pancake Barn will no longer accept bookings for any time after 5pm, or bookings for the Sunday "lunch period" (12-3pm).***

Sunday lunch always was the busiest time. But now, even during what used to be the winter Low Season, all our inside tables are frequently taken during that period. Even when tables are available this is usually the hardest time to serve diners quickly and efficiently, which can frustrate both them and us.

Some local groups who visit us regularly have seen the problem and already arrange their pancake get-togethers for mid-afternoons (3-5pm). We appreciate this and are delighted that they enjoy our meals and efforts well enough to keep coming back. That goes for all our other customers from this area and beyond too, of course. We value the people who enjoy our fare

Meanwhile we regret any inconvenience or disappointment caused by this change and we urge those who like to go out for an evening restaurant meal to support our friends and colleagues in the district who cater for the evening trade. With any luck, if we manage to sweep and mop up quickly enough after our last diner leaves, we might see you there from another table!

Lew Bretz



PS to the Grade 8 students who submitted stories about "How Mount Elephant got its name": None of your stories were historically accurate, but they were all much more interesting than the true account. This provides a whole new stack of whoppers to tell tourists who ask that question. Thanks!





# St. Mary's Top Shop

Supermarket/Hardware

56 Main Road St. Mary's 7215

Phone (03)6372 2242 Fax (03) 6372 2754



Take the Challenge!!!  
See if you can spot "Spot"  
hidden in each weeks handbill



*Everything the Spring Painter requires available from our  
extensive Hardware selection or simply go Fishing with an Inland  
Fisheries Licence also available at St. Marys Top Shop.*



St. MARYS  
TOP SHOP  
SPECIAL

Flora Table Spread  
500g Varieties

**1<sup>89</sup>**



St. MARYS  
TOP SHOP  
SPECIAL

Blue Ribbon  
Mini Belguims 750g

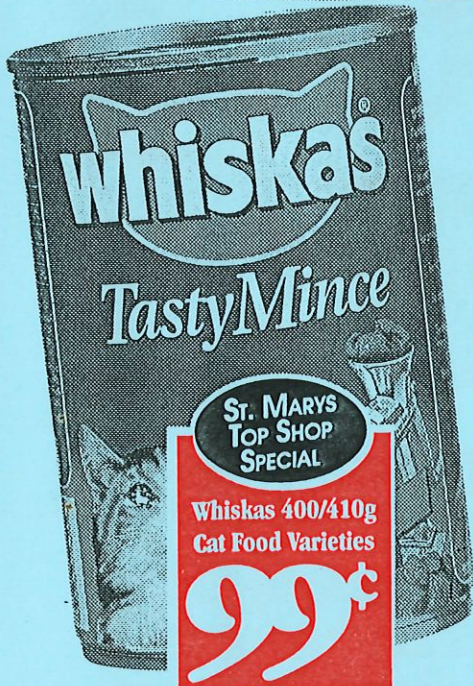
**2<sup>29</sup>**



St. MARYS  
TOP SHOP  
SPECIAL

Jumbo Cotton  
Tea Towels

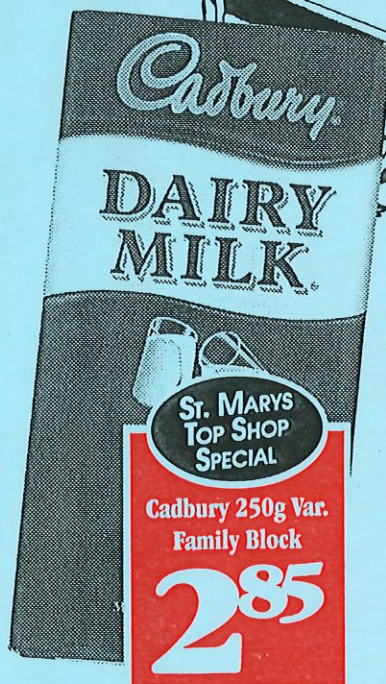
**1<sup>99</sup>**



St. MARYS  
TOP SHOP  
SPECIAL

Whiskas 400/410g  
Cat Food Varieties

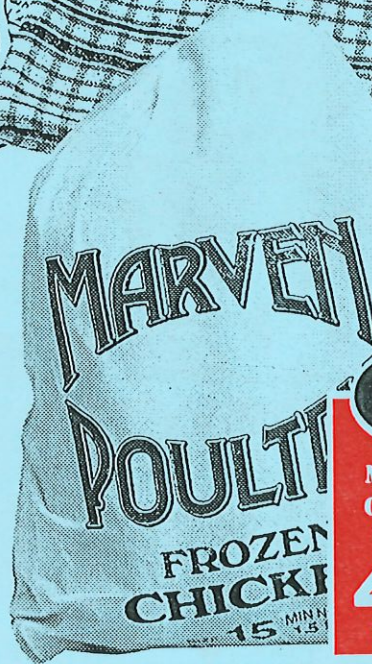
**99¢**



St. MARYS  
TOP SHOP  
SPECIAL

Cadbury 250g Var.  
Family Block

**2<sup>85</sup>**



St. MARYS  
TOP SHOP  
SPECIAL

Marven Frozen  
Chicken No. 15

**4<sup>99</sup>**

**Free  
Local  
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Delivery**

Graham, Karen & Staff invite you to call in and check the lower  
shelf prices and the friendly personalised service. Specials  
available from 26/8/99 until 1/9/99. While Stocks Last.



# St. Mary's Top Shop



Supermarket/Hardware

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Phone (03)6372 2242 Fax (03) 6372 2754



350g Kiev  
**5<sup>25</sup>**



Var. 375/500g  
**1<sup>49</sup>**



500g Brussel Sprouts  
**1<sup>95</sup> bag**



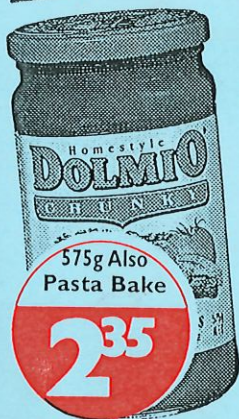
750ml Canola Oil  
**2<sup>39</sup>**



375g Food Drink  
**3<sup>49</sup>**



750ml Varieties  
**1<sup>75</sup>**



575g Also Pasta Bake  
**2<sup>35</sup>**



575g Varieties  
**2<sup>69</sup>**



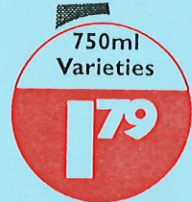
1kg Bag Brown Onions  
**99¢**



700g Varieties  
**1<sup>65</sup>**



90g Varieties  
**1<sup>95</sup>**



750ml Varieties  
**1<sup>79</sup>**



750ml Varieties  
**3<sup>75</sup>**



500g Varieties  
**1<sup>35</sup>**



**e** **eftpos**  
now available

**"Spots Puzzle"**

What occurs once in a minute, twice in a moment, but never in an hour?

**Convenient Shopping Hours for you**

**Monday to Friday 8am to 6pm  
Saturday 8am to 12noon  
Sunday - Closed**

**Not your Average Supermarket - BUT your TOP SUPERMARKET**





## ARTS ON TOUR ..

Events which weren't supposed to happen but did make us laugh!



### PROP PROWESS

Good old Josh doing a top job of constructing a cardboard television which was to be cabelled TV, relaxed back on his chair to admire his work when he discovered his abbreviation wasn't quite right - HEY ....V.T. !!!

Technology can be confusing, especially when Mitchell pushes the wrong button on the play mobile phone and produces a nursery rhyme tune instead of a ringing tone for the phone effects on stage.

### COSTUME CONFUSION

Mitch was found wandering about with a strange look on his face still wearing Racheal's red love-heart boxers AFTER the show! (The boxers were only needed for one short scene of the play!)

Popping an importantly placed button on her gorgeous pink body suit was not supposed to happen on stage to Celeste. Luckily Josh didn't come to the rescue and fix it as his character Lennie wouldh ave!!

### BACKSTAGE BEAUTY

Racheal in her most earnest voice keeps telling Mitch to "stop making that noise!", fortunately Mitch ignored her and kept making the required sound effects!

### CAMP MADNESS

Corinna jumped into bed in Act 2 Scene 1 As usual - only the bed decided to fold up on her which gave much amusement to the audience and us!

Corinna crawled under the bed in Act 2 Scene 5, as usual - only Jo sat on the bed with few springs and Corinna was flattened!!

### BUS BREAKDOWN

"No, the oval should be fine to park on."

"Are you sure??"

"Yes."

An hour later, with one tow rope broken (and grooves in the marsh Summerdale pretended was a footy oval) we relied on a mate of Kerry's chain, Mr Wardlaw's 4WD and student power to push our bogged bus to safety.

"You wouldn't think this would happen in Concrete Land would you? asked Kerry shaking his head about the big smoke.



## COMMENTS FROM GRADE 3B

To Hating Alison Ashley

I liked you show. I liked it so much could you please put another one on next year? It was so funny. I liked the band as well. My favourite bit was when the drunk man came in and fell over!. There is another one I like. It is at the end when the band played. I liked the camp too.

Yours sincerely

CLINTON UPSTON

Dear Grade Tens

I really liked your play. It was great fun. My favourite bit was when you went camping. I liked the part where barry Holls walked in and fell on the floor, it made me laugh. I hope you put on another play later in the year. I liked the band as well.

KIMBERLEY VINEY.

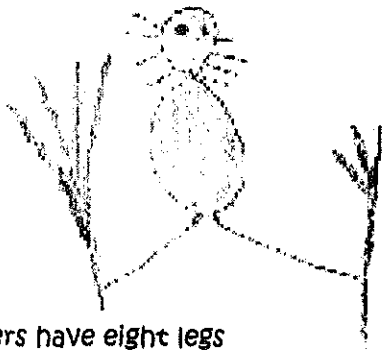
Dear Actresses and Actors

I thought your play was great. It make me laugh a lot. I liked it when Erica kept lying about everything. You put a lot of work into it. The background was great. The acting was superb. One of my favourite characters was Miss Belmont. Another character I liked was Lennie. I liked it when Margeart or Margaret was playing "hats". She was really funny. It must have been a great part to play. Overall, it was great.

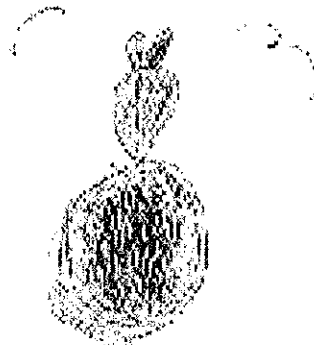
(Anon)

# 1/2 FREIBOTH ... SPIDERS

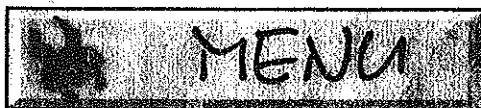
Elise Wright



Spiders have eight legs



Spiders have two parts to their bodies,



BREAKFAST:

5 flies and a butterfly

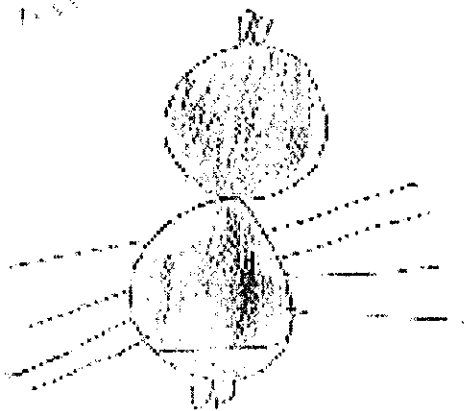
LUNCH:

6 flies and a little group of spiders

DINNER:

10 flies, a butterfly, 7 grasshoppers and 2 little spiders

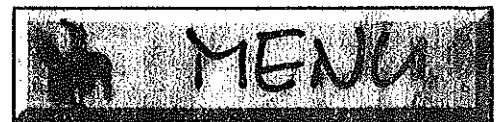
Shae Morey



Spiders kill flies with their fangs.



Some spiders are poisonous.



BREAKFAST:

3 flies, a grass hopper and 4 little spiders.

LUNCH:

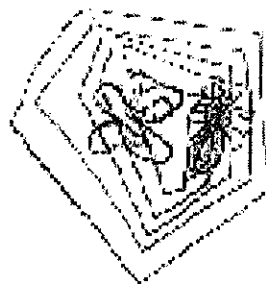
Ten flies and five butterflies.

DINNER:

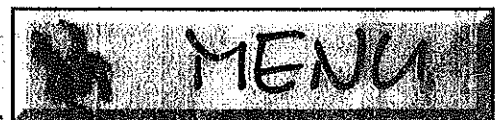
Some web, 2 flies and 4 insects.

Will Manskey-Duff

Fern Menogue



Spiders have two parts to their bodies,



BREAKFAST:

5 flies and 3 little grass hoppers and 1 butterfly.

LUNCH:

6 flies and 2 little grasshoppers and 2 little spiders

DINNER:

6 little beetles 5 little spiders & 4 little grasshoppers.

HANNAH SPILSBURY

## CONGRATULATIONS!!

Sean Fletcher has been selected to be the Tasmanian Representative in the 1999 Jack Newton International Junior Tournament at the Oaks Golf Club in Sydney on October 5,-8. This is a great recognition of his efforts. Well Done!





# Sound, Vision & Play

**VIDEO REVIEW – “RONIN”** starring Robert DeNiro, Jean Reno and Stellan Skarsgard.

Ronin is the Japanese name for Samurai whose masters were killed and as such they roamed the earth as mercenaries. This video portrays modern day mercenaries who ban together in Paris in order to steel a strange silver case from the Russians. DeNiro plays Sam a quiet but determined ex CIA agent, unlike his characters in “Goodfellas” and “Casino” his part in “Ronin” lacks that underlying chill that he is famous for. Action packed and exciting best describe this fast paced adventure with stunning car chases through narrow European streets not unlike “The Italian Job”. “Ronin” is a good nights entertainment. \*\*\*1/2

## **MUSIC REVIEWS – Sugar Ray – “14:59”**

This is the second CD by US band Sugar Ray and fulfills easily the promise of better things to come the debut CD offered. The band has remained with their hard sound and driving rifts and of course that full rhythm but the success of their debut single “Fly” has prompted more of their acoustic catchy pop songs such as “Every Morning” and “Someday”. Steve Miller would be proud of what Sugar Ray has done with his 80’s hit “Abracadabra”, beefed up and polished it is a classic. Looking for a good never boring CD that sounds better each listen try Sugar Ray’s “14:59”. \*\*\*\*

## **Robbie Williams – “The Ego Has Landed”**

It’s a long way from the pop heyday of Take That, the British pop idols of the 90’s, but Williams has arrived with this debut which I consider easily the best commercial CD of ‘99. Not happy to stay with one style Robbie Williams takes the best elements of a decade of pop music such as Oasis, John Lennon and Ben Folds Five and puts together in the one package a great kaleidoscope of music. Stand out tracks are many but the ones you will be singing to yourself years later are the classics “Strong”, “Angels”, “Win Some Lose Some” and “She’s the One”. The single released from this CD is the brilliant “Millennium” with its James Bond melody and catchy lyrics it should be high in the charts but unfortunately unlike Britain Australia has not caught on to the incredible talents of Robbie Williams. To quote another Aussie critic “Do yourself a favour” and give “The Ego Has Landed” a listen, it will be the best \$25 you will spend in ‘99. \*\*\*\*\*

## **Concrete Blonde – “Recollection” the best of**

With nearly half a dozen CD’s to their name this US band headed by Jonette Napoiltano the female vocalist and bass player prove on this best of CD why they are one of the most popular semi-underground bands today. Hits are many and stand out tracks are everywhere such as “God is a Bullet”, “Someday” and their 90’s hit “Joey”. There is a new version of the title track from their “Blood Letting” CD which is both shorter in length and much more beefier. If you haven’t caught up with this great band yet try this collection. \*\*\*\*1/2

PLEASE NOTE: Before buying any plants or materials, it is well worth your time to read through fully all steps first to be sure you understand all that is required.

# Weed 'em out for a clean, healthy garden

The trouble with unwanted weeds is that their growth generally occurs at the same time as those plants you do want, robbing them of space, light, moisture and nutrients. They're also a good hiding place for pests and diseases and can make your garden look unattractive. But weeds mean different things to different people. A daisy growing in a lawn is attractive to some but not to others. It's the same for clover and other plants including the Lantana camara which is a cultivated plant in Victoria but a noxious weed in NSW and Queensland. Weeds are generally defined as a plant (any plant) considered out of its rightful place. For example, grass in a lawn is desirable but out of place, or a weed, in a garden bed. And in this Mitre 10 Gardener Plan, we help you spot and identify those plants that shouldn't be there, and tell you the best means of controlling them for a cleaner, healthier garden.

## Step 1: Know the enemy

Before you can successfully control or eradicate weeds, it is important to understand their characteristics and growth habits. Generally, all weeds have some of these basic traits:

- vigorous and persistent growth, allowing them to establish themselves quickly and often grow faster than plants already there;
- difficulty in eradication;
- propagate easily from roots left lying on the ground;
- a short life cycle of some weeds means seed is produced quickly;
- produce large quantities of seed;
- spread seed quickly through special dispersal methods such as burrs;
- seeds can remain dormant in the soil for many years.

### Weed Groups

Like all plants, weeds fall into two main groups. You need to know this if you are planning to use a chemical (herbicide) to control a particular type of weed.

**Monocots** - plants producing one seed leaf when they germinate. The leaf is long and narrow, and has parallel veins, e.g. grass.

**Dicots** - plants producing two leaves on germinating. Leaves are broad and have a network of veins, e.g. clover.

### Growth Habits

You should also know whether weeds grow annually, biennially or perennially - this can determine your method of controlling them, either by chemical or mechanical means.

**Annuals** complete their cycle in one year or less and may have several generations in that year. Aim to destroy

them before they produce seed. Some examples are Cape weed, winter grass, stinging nettle, Chickweed, bindii and petty spurge.

**Biennials** have two year cycles, flowering and producing seed in the second year. They should be destroyed in their first season. Examples include fennel, Pattersons' Curse, and Evening primrose.

**Perennials** live more than two years and are difficult to control as both seed and root must be destroyed. The roots (tubers, bulbs and rhizomes) store food and multiply if left in the ground. Couch grass, Oxalis, clover, Paspalum, dock, nut grass, onion weed, crab, blackberries, and carpet grass are prime examples.

## Step 2: Weed control

Most weeds in the home garden can be effectively controlled with good garden practices such as;

- (1) removing weeds as soon as they appear;
- (2) mulching where possible to suppress weed growth;
- (3) ensuring soil introduced is free of invasive weeds;
- (4) removing annual weeds before they seed;
- (5) removing perennial weeds before they seed and ensuring you get their roots as well.

**Hand weeding:** Probably still the best method in the home garden or for small areas.

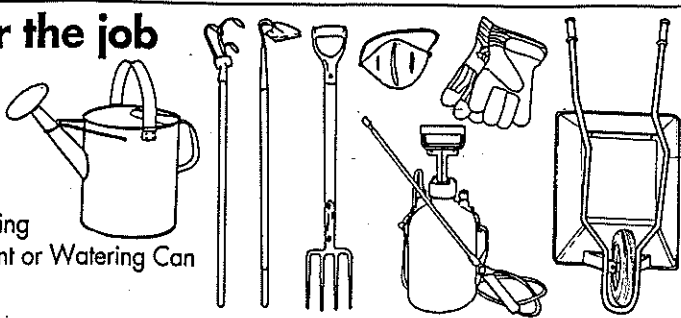
**Mechanical Weeding:** Using a garden fork, cultivator or Dutch hoe to remove weeds is the most practical and sensible method in many cases. The secret is to spend just a few minutes a day when the weeds are small and easy to remove rather than putting it off until the problem gets out hand. Then it



"Don't count your winnings yet, Fred - there may be an objection to this one."

## Tools for the job

Cultivator  
Hoe  
Garden Fork  
Wheelbarrow  
Protective Clothing  
Spray Equipment or Watering Can



## Junior Footy

Last Sunday was the second last round of matches and was played in perfect conditions at Bicheno. Many of the players had just finished competing in the Country Gold Competition and with a long season coming to an end it was still quite a good roll-up.

However it was decided to play a Kinder/Prep-One match and a combined grades 2-6 match – Magpies v the Bombers.

In the grade 2-6 match the Magpies controlled the game in the first quarter continually getting the ball out of the centre, however poor kicking for goal cost them a bigger lead, scores being 3.10 – 28 to 0.1 – 1. The Bombers coach pulled a monster move by switching Shaun Pyke into the centre. This had immediate effect with Bombers piling on 5.2 to 1 goal to the Magpies with the Pies holding the slenderest of leads at half time. The Pies again pulled away in the third quarter with Joel Salter the focus. In last quarter the Bombers threw everything at the Pies but it was to no avail as the Pies answered every challenge.

**Scores:** Magpies 13.11 – 89 defeated Bombers 8.5 – 53

**Best:**

Magpies: Mark Brockman, Ryan Stuart, Nich Child, Joel Salter, Otus Howard, Aaron Midson  
Bombers: Shaun Pyke, Brock Leedham, Luke Casboul, Daniel Cooke.

**Goals:**

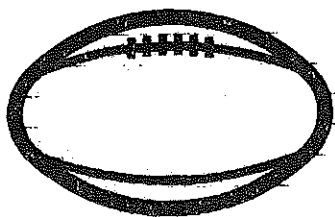
Pies: J Salter 7, M Brockman 4, Sean Cannon 1, Blake Faulkner 1.

Bombers: S Pyke 4, L Casboul 3, D Cooke 1.

This Friday night will be the final matches of the season under lights at St Marys commencing 6 pm. Everyone is most welcome to attend.

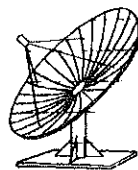
There will be a presentation and supper for all registered players. There will also be BBQ facilities on the night.

Kid Eager



## ST MARYS HOTEL

Phone 6372 2181



SKY  
CHANNEL

TAB

KENO



COUNTER MEALS

## St Marys Cricket Club

Annual General Meeting

Will be held on

Friday 27 August 1999

At the  
Lounge Bar St Marys Hotel

Meeting commencing at 8 pm



## St Mary Tennis Club Inc

Please note that the

Annual General Meeting

is to be held on Thursday

August 26 1999

At 7.30 pm





# Blues News

This Saturday our Club will be represented by our Under 16's and Reserves in the 1999 Grand Final at Scottsdale. All supports better be on the road early to get a good spot because it is sure to be a big day with a big crowd.

Our Under 16's are a hot favourite for the flag after not being beaten all season. Their coach Justin Cashion will be sure to give them a big week on the track to prime them up for Saturday.

They will play Bridport, a side they have beaten both times they have played, but they have proven that they can play finals footy so our boy's minds will have to be right on the job.

Reserves will play Scottsdale Crows after beating Lilydale last Saturday by 13 points. It will be an interesting night at the selection table with two players to return to the side after injuries.

Saturday night let's all get home and help celebrate two premierships at the clubrooms with Ken Martindale's Disco. Those who can remember last years Seniors premiership and the night we had, it's sure to be a big night, which will not stop until sometime Sunday. Don't forget it's a BYO night so stock up before you rock up.

Saturday night we held our **BEST & FAIREST** Count.

## Winners were:

### Seniors:

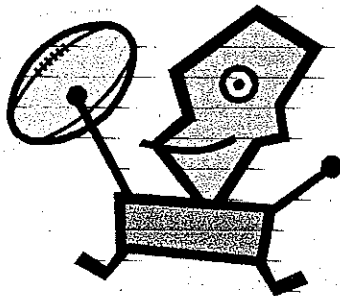
Jarrold Woods	Best & Fairest	(35)
Troy Clayton	Runner Up	(18)
Stuart Burt	Third	(15)

### Reserves:

Darren Bean	Best & Fairest	(38)
Robert Parsons	Runner-up	(27)
Andrew Pyke	Third	(15)

### Thirds:

Clinton Woods	Best & Fairest	(31)
Aaron Woods	Runner-up	(22)
Jake Hyland	equal third	(21)
Josh Stingle	equal third	



**CONGRATULATIONS** to all vote getters. Sunday the club will have a family day and BBQ at the clubrooms starting at 11.00 am all provided by the club. Let's all get there to wind down.

## Coach House Restaurant

34 Main Street  
St Marys 63-722529

### UNDER NEW MANAGEMENT

Proprietors: John, Diane, Stuart Ben & Racheal Margison

We have a **NEW RACING CAR ARCADE GAME**

for one or two players

It's great - come and test your driving skills

All our **NEW RELEASE VIDEOS** are now \$4.00 and all other movies are \$2.00 overnight

This is a great saving for all movie buffs

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*Mind, Body & Spirit*

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