

The Valley and East Coast Voice

Volume 32 Issue 7

Friday 30 July 1999

50cents

Changes at Scamander

There are new faces in charge at the Scamander Sports Complex, Xaidra and Algar Kavanagh are the new Licencees who have moved closer to the coast after a short time at Winnaleah and before that they had lived in southern NSW.

The Kavanaghs who have been at the Complex for about six weeks, have come with many new ideas to make it an attractive and entertaining place to visit. Algar has worked all around Australia in the catering and hospitality business for 30 years and Xaidra has been working in the tourism industry in NSW.

They are both more than happy with their move and just love living on the East Coast.

Come on-line ! *Inviting Adults and Seniors to come and join Ron and Mary at the online Centre in St Marys every Tuesday from 10am to 2pm to learn how to send e-mails, chat on line, play cards, chess etc. Anyone who has a computer and cannot get to St Marys is invited to join us and chat and play cards online. Ring Mary or Ron on 63722005 any Tuesday to find out the details. Let's have some ONLINE fun.*

Town Theme Committee

The St Marys Town Theme Committee is not just "projects" and high profile activities which are immediately apparent to the casual passerby. A number of "nuts and bolts" activities have been carried out in the past month which probably have not been noticed by most, but which still contribute to the "amenity" of the town.

For the record, the road level has been raised on the south side of Main Street, between the telephone kiosks and Cameron Street, reducing the height of the step from road to pavement. Similarly, the bases of the BBQ and tables at the library park have been extended to eliminate the muddy patches caused by people having to step back off the previously inadequate slabs.

An unused and unsightly notice board on a pole has been removed, a grid placed over on open drainage pipe, the elm suckers on the footpath near the Town Hall have been grubbed out, etc.

These individually are nothing more than minor maintenance and housekeeping items, but they cost little and collectively have an impact on the townscape.

All suggestions welcomed. It is your town.

23rd Anniversary Dinner

A special night for the Lions Club of St Marys was held at the Green Peacock Restaurant when they celebrated their 23rd Anniversary and Changeover Dinner.

President Bruce Spilsbury gave special thanks to Lion Ron Sumner who had chaired many meetings for him in his absence, also to Secretary John Brown and Treasurer Len Miles and all members and partners for their efforts during the past year.

Appreciation was given to members of the Lions Club of St Helens who attended the dinner and Lion Bruce acknowledged the Clubs sympathy to the family of their long term, highly respected and hard working member Lion Gilbert Schier who passed away in May, a special friend who will be greatly missed.

President Bruce Spilsbury outlined some of the community work and donations that the Club had achieved in the past year.

These are just a few of their activities: Community bus driving, Smoke detector project, Senior Citizen trip, Billy Cart Derby Day, Australia Day BBQ, Childrens Christmas Party, helped Santa Claus with letters to 90 children, decorated St Marys streets for Christmas and supplied Christmas trees for Fingal. Hand rails were fitted in homes in Fingal and St Marys and the Club participated in the Drug Awareness Campaign.

Donations were made to: young sportsmen Ashley Stewart and Luke Faulkner, a St Marys family whose home was destroyed by fire, the Graham Milburn Appeal, St Marys District High School Awards for Presentation Day, Special Olympics, Autism Project, Multiple Sclerosis Foundation, Little Athletics and more.

Incoming President Robert Legge, Secretary John McGiveron and Treasurer Len Miles were installed in their duties for the coming year by Lion Brian Forsyth who is now a member of the Lions Club of Bicheno.

St Marys Newsagency Deidre & Ros 6372 2143

New Videos for children:

- ≈ Cinderella
- ≈ My Giant
- ≈ Golf Punks
- ≈ Paulie

Adult Movies

- ≈ The Siege with Denzil Washington, -Bruce Willis
- ≈ Enemy of the State with Will Smith - Gene Hackman
- ≈ Sweepers
- ≈ Carnival of Souls
- ≈ Vampires
- ≈ A Thousand Acres — Michelle Pfeiffer

Very successful start to fundraising

To produce a soup and sangers luncheon for about 100 people is no mean effort ! To raise \$2180 at that luncheon is sheer magic, and not a mushroom in sight!

Thanks to Sandra Oliver and her active band of ladies from the East Coast Breast Cancer Support Group, we now have raised \$2350 towards the bio-stimulation laser for St Marys Health Centre and therefore improved quality of life for all those who have chronic inflammatory conditions such as arthritis, slow healing wounds, lymphoedema and sport injuries. Much research has been done on the effect of laser treatment for pain which is significantly more cost effective than other treatment.

So it was very exciting to see so many people who came to support and enjoy themselves. There were groups from Fingal, St Marys and Bicheno to St Helens, many laden with home grown and made goodies. The trade tables were groaning and everyone could spot a bargain. Thanks to all who came and supported the cause.

The word LASER is an acronym for Light Amplification by Stimulated Emission of Radiation. It was developed after MASER or microwave.

Ruby Laser was developed at the Hughes Aircraft Research Laboratory in California by Maiman in 1960. High powered tissue destructive lasers were soon developed for ophthalmology and dermatology.

Prof. Endre Mester in Hungary published many studies on bio stimulating effects of Low Level Laser Therapy (LLLT) on cell cultures in mid 1960's. He studied chronic ulcers, bed sores and burns and found that laser influences the healing process.

Much research has been done on the effect of laser treatment for pain, to improve the immune system against harmful foreign bodies and to increase oxygen levels in chronic inflammatory conditions.

The St Marys Health Centre is in an admirable situation to provide the whole package deal - laser and physio - to any Tasmanian in need of the treatment.

We have the infrastructure now all we require are the finances to buy the laser.

The laser costs \$16,000 plus tax, import duty and freight, which comes to approximately \$21-22,000 — a princely sum but I'm sure we can do it !

A heartfelt thanks to all. Jan Sparkes

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Tuesday 9am - 4.30pm
Thursday 9am - 4.30pm
Friday 4pm - 9.00pm
Saturday 9am - 4.30pm

Post Offices of the Break O'Day Plains

The announcement that we are to have a licenced 'Wombat' Postal Service represents yet another era in the long history of postal services in the district. The following is a record of the openings and closures and name changes of Post Offices on the Break O'Day Plains since 1835.

[source: A history of the Post Office of Tasmania].

1835 1 June: St Patricks Head opened.

1849 22 July: renamed Cullenswood.

1869 11 April: Cullenswood closed.

1869 11 April: St Marys opened.

1890 1 Sept: Cornwall opened.

1894 31 Oct: Cornwall removed to railway.
[renamed as Cullenswood].

1914 1 Oct: Cornwall opened.

1965 18 Oct: Cullenswood closed

1986 31 July: Cornwall closed

1999 25 June: St Marys closed

1999 28 June: St Marys licenced office opened.

There was also a Rail Telephone Office (RTO)

- opened at St Marys railway station 1886 and closed 1959.



Former St Marys Post Office which was on the site opposite Newmans Take Away.

Carrying the mail— 1890's style on horseback

"In the mid 1890's Her Majesty's Mail was carried between Bicheno and St Marys on horseback by a colourful character named Billy Edwards, dressed in long thigh-length leggings, and in inclement weather with an oilskin coat and a souwester hat and always with a grin on his weatherbeaten face.

He carried a horn (a very polished affair) cut from bullocks horn around his shoulders with which he used to alert people along his route who had private mail bags, that he was in the vicinity. He would blow the horn some two hundred yards away on approaching these peoples homesteads if they had private bags, so that they would have it ready to hand to him without loosing time, and when returning next day he would repeat the operation in the opposite direction; his warning was two blasts on the horn.

He was never known to miss a trip. Up one day and back the next; floods or bush fires had no terror for Billy, he just took them in his stride, his paramount thought was to get Her Majesty's Mail through on time, he was never known to fail in his duty. He would never stop to swap yarns with acquaintances on his way, just a curt 'Howdy' as he passed and a clip from the switch in his hand to remind his mount that time was passing and he must be on time; you could set the clock by his punctuality.

His seivces were very much sought after by many of the people living along the route to bring them prescribed medicines from the Chemist at St Marys, as well as proprietary lines. It was so convenient for the Chemist too, to have an emissary who gave unfailing service to sender and recipient alike. He would carry these supplies in saddle-bags slung across behind him on the cantle of his saddle, as his lap was utilised for the most important article mission and for which he always carried a small oilskin for use in keeping the mail bags dry in rainy weather."

Appreciation

Heather and family wish to express their sincere thanks to family and friends for their support, love, kind deeds and understanding.

Please accept this as our personal expressions of gratitude.

Memories are everlasting.

Some of our more senior members of our community are unwell just now.

We wish them comfort in their illness and the kindness of family and friends to help them through.

A thankyou

Shirley and Dave Robinson would like to sincerely thank all those kind people for their phone calls, home and hospital visits, flowers, cards, personal enquiries about Shirley's health and offers of help.

Very special thanks to Heather and Judy for their wonderful help and support and a big thankyou to you too Rodney.

Our heartfelt thanks to all of you.
Shirley and Dave.

St. Marys Community Health Centre

Thought for the week.
Instead of just counting your
blessings, get out and share them!

Dental Health Week August 1—7

Diet is the key to dental health

The health of our teeth depends on our habits because the foods we eat effect teeth even during their formation and after they first emerge. Good nutrition, good eating habits and daily dental care need to be established early in life to reduce the incidence of decay.

Dental caries is a damaging disease of the teeth which results in cavities in the tooth enamel. These are largely caused when dietary sugars are trapped in sticky dental plaque and converted into acids. These acids eat into the enamel resulting in decay. It is probably the most common nutritional disease of children.

How to boost your dental health

Dental decay is diminishing, thanks to flouridation of drinking water and a wider use of flouride toothpastes and flouride applications by dentists, but we still have a long way to go. Diet, including the restriction of sugary foods and drinks between meals, remains our most powerful weapon.

- * Make sure the daily diet is nutritious and built around the five food groups (bread and cereal; fruits and vegetables; meat and meat alternatives including fish, poultry, eggs, nuts and dried peas or beans; milk and dairy foods; butter, oil and table margarine).
- * Remember that dairy products have a proven protective effect in oral hygiene.
- * Encourage correct dental flossing along with regular brushing with a toothpaste containing flouride.
- * Eat all 'added sugar' foods wisely - when it comes to your teeth, how often these are eaten is more important than how much is consumed.
- * Use drinking straw for sweet drinks to help keep sugar away from teeth.
- * Restrict sugary sweets to meal times then clean teeth immediately after.
- * Replace sugary snacks with 'dental safe' foods including dairy foods.
- * Don't let infants suck on sweet mixtures to promote sleep.
- * See a dentist regularly.

DOCTORS WEEKEND ROSTER

July 31st and Aug 1st — Dr Geniola

August 7th and 8th — Dr Shah

St Marys Community

Health Centre Phone 6372 2111

Dr Shah 6372 2311

WHAT'S ON AT THE CENTRE?

Day Centre Reunion: Wed 4th August

Hearing Services: Tues 10th August

Breast Cancer Support Group Meeting:
Thurs 12th August

Child Health Clinic

Free Immunization (Child health)

Fingal: Tuesday 3rd Aug. 10.30 - 1pm

St Marys: Thursday 5th Aug. 10.30 - 1pm

Breast Feeding Awareness Week

(also August 1 - 7)

Why breast feeding is best.

- * Breast milk provides the nutrients that a young baby requires, is always available, easily digested, and is at the correct temperature. It contains anti-bodies, which make the baby resistant to infection.
- * A certain amount of fat is stored during pregnancy for use in lactation. Accumulated fat will be used during the first few months of lactation and so the mother's figure will soon return to normal.
- * Hormones are released each time a baby suckles at the breast. One of these hormones causes the uterus to contract thus controlling any bleeding.
- * Breast feeding strengthens the bond between mother and baby, but both mother and child feel they 'belong' to each other.
- * There is no formula to be made up or bottles and teats to be washed and sterilised. Breast feeding is the cheapest way of feeding a baby.
- * The ideal breast feeding relationship consists of a relaxed, contented mother and an infant who is fed frequently.

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MEALS ON WHEELS

AUGUST

2
3
4
5
6

ST MARYS

Tina Floyed
Ann Birrell
Pam Lynch
Rona Gatty
Frank Turner

9
10
11
12
13

Selby Targett
Colleen Rofi
Peter Williams
Kaye Nailer
Tracey Bean

FINGAL

Debra Speers
Carol Bates
Barbara Saunders
Jan Marshall
Malcolm Saunders

Kaylene Sutton
Mary Anne Pauls
Patsy Death
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What's On

TASMANIAN CULTURAL A CAPPELLA FESTIVAL AUGUST 13TH - 20TH 1999

**WITHOUT ACCOMPANIMENT
BUT WITH BEAUTIFUL
HARMONIES**

Singing without accompaniment is officially known as a cappella. It is a style of music that emphasises the human voice in harmony above all other instruments. The a cappella style is celebrated and practiced around the world, and now Tasmania is about to experience this exciting music during the first ever A Cappella Festival.

From the 13th to the 20th August concerts and workshops will be held in Hobart featuring songs from Africa, Russia, Macedonia, Italy and France and encompassing styles such as gospel, barbershop and jazz. Many local groups will be performing over the week including Sisongke, the Wellingtons, the Tolstoy Sisters, Temenos Voices, Close Shave and Hobart Harmony. Anyone who loves to sing is invited to join the Festival workshops. Tony Backhouse will present Black American Gospel and another on quartet singing for men. Learn songs from Macedonia, Italy and the French Taize community with Kate Swadling, who will also offer jazz vocal. Tania Bosak will introduce songs and rhythms of West Africa and Cuba in her workshop, Voice and Rhythm. continued

On Saturday August 14th "The Big Sing" will be held at the Hobart Town Hall. Hosted by Robert Jarman, the concert will be a celebration of song with the choirs and performers joining at the end to form one of the largest massed choirs seen in Hobart.

For more information about the Festival, and how to find a concert or get to a workshop please call Lorraine on 6223 8323

Calendars of Events may be collected from your local Radio Stations, Centertainment Hobart and Fortunes Booking Office, Launceston

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Genre: Comedy, Classic

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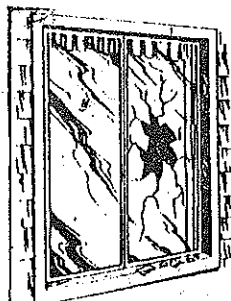
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ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT

NOTICE IS HEREBY GIVEN THAT THE ANNUAL GENERAL MEETING OF THE ASSOCIATION WILL BE HELD AT THE ST MARYS TOWN HALL SUPPER ROOM ON 9TH AUGUST AT 7.30PM FOR THE ELECTION OF OFFICE BEARERS. A SPECIAL MEETING WILL BE HELD AT 6.30PM TO CONDUCT ANY BUSINESS OUTSTANDING.
 MARK BONNITCHA - CHAIRPERSON

FOUND...LADIES JACKET, AFTER ANZAC DAY SERVICE. PHONE POLLY MCGEE ON 63722 129.

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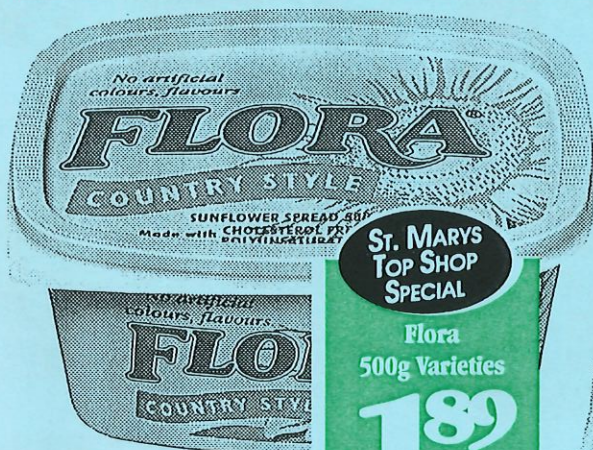
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"Spots Puzzle" - Just for Fun

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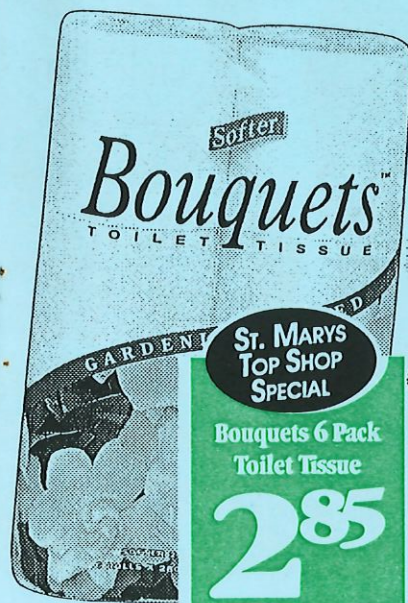
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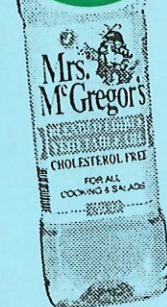


10kg
Potatoes
3⁹⁹
bag



1kg
Parsnips
1⁰⁹
bag

750ml
Vegetable
1⁹⁵



420g
Varieties
85¢

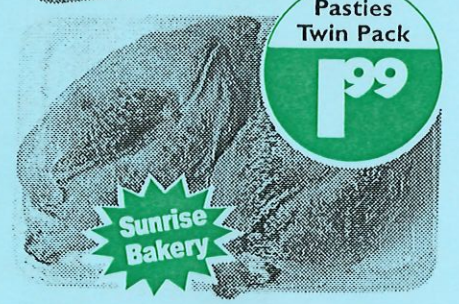


1.25kg
Varieties
2³⁵



500g
Varieties
1⁶⁹

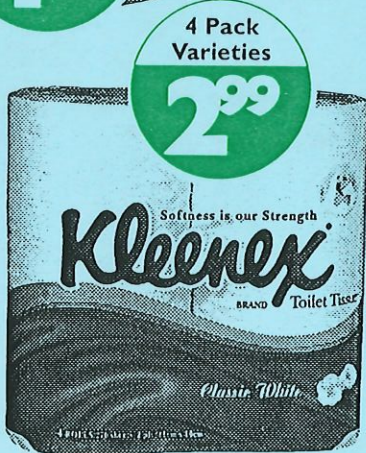
600ml
Varieties
1⁶⁵



Pasties
Twin Pack
1⁹⁹



4 Pack
Varieties
2¹⁵



4 Pack
Varieties
2⁹⁹



1250ml
Varieties
1⁶⁹



Var.
280/415g
1⁵⁹



224's
Facial Tissues
1⁹⁹

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What number is missing from this series?

1 3 7 ? 31

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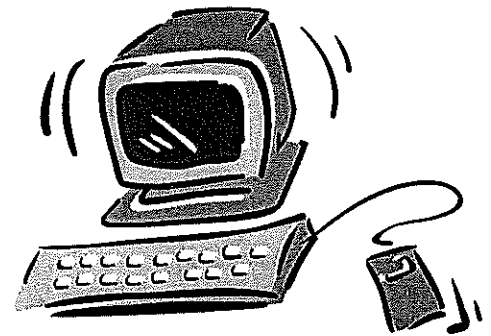
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FOR SALE BY TENDER

The school has a number of 486 computers surplus to requirements, available for sale. Machines may not be Y2K compatible and are sold on an "as is" basis without warranty. The following machines are for sale :

Equip ID	Processor Type	Speed MHz	RAM Mb	HDD Mb
38	486SX	33	12	170
50	486SX	33	12	170
54	486SX	33	16	170
55	486SX	33	16	170
56	486SX	33	16	170
57	486SX	33	16	170
58	486SX	33	16	170
59	486SX	33	16	170
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61	486SX	33	16	170
64	486SX	33	16	170
65	486SX	33	16	170
66	486SX	33	16	200
67	486DX	66	16	420
69	486DX2	66	16	420
70	486SX	33	16	170
71	486SX	33	16	170
76	486DX2	66	16	420
89	486DX4	100	16	320
90	486DX266	66	16	400
91	486DX266	66	16	500



All tenders should be in writing, should indicate the Computer ID number and the tender price, be marked **"TENDER - COMPUTERS"** on the envelope and addressed to :

The Bursar,
St Marys District High School
Gray Rd.,
St Marys 7215

Inspection can be arranged by telephoning Gary Barnes on 63723900
(unavailable 2-3 August)

Tenders close on Monday 9th August at 12:00 noon.

ARTS ON TOUR 1999

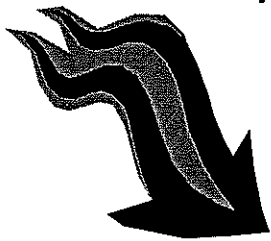
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TUESDAY AUGUST 3
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SWIFT PARROT PROJECT EXCURSION

On Tuesday July 13, children from grade 5/6M and 7/8 girls, under the care of Mrs Miller, Mrs Corby and Mr Harlow joined grade 5/6 children from Riverside Primary school and their teachers Peg Smith, Nic Fish and Janine Davis at the Cray Drop Inn, Four Mile Creek, to prepare an area of land on the golf course for later planting with Blue Gums. The work carried out on the excursion was part of an ongoing commitment by the two schools to encourage an increase in the local Swift Parrot population by improving its food source.



HARD WORK

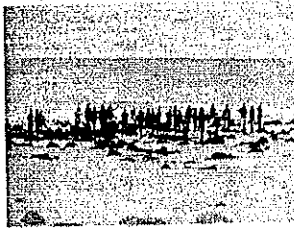
First we were put into groups of three then, we had to get a stake, find a place to put it, within the marked area, and spray around it to kill the grass. Some people had to put bags around the small Banksia trees to stop wallabies from chewing them. After we put the stakes in, we put up some star droppers to hold up the fence around the area. After lunch we went back to work. We pulled up the wire and tied it to the droppers with small pieces of flexible wire. Jo Dean, the Northern Co-ordinator for the Swift Parrot Project, and Brett Hooper from Greening Australia helped us with this work.
By Laura Cornelius.

LUNCH

We met back at the lunch area at about noon. We had sausages, hamburgers and steak. It was really good food (but it was a bit messy). We'd like to thank Mr Harlow and Mrs Corby for organising the food and the many helpers who took care of the BBQ and cleaned up afterwards. After lunch we went back to work.
By Melissa Burns



DOLPHINS



A few minutes later Mr Aulich came and told Mr Harlow that there were over 100 dolphins off shore from the beach. The boys went down to see them first, and when they were down there some seals were behind the

dolphins. When the girls went down to the beach the seals were gone and the dolphins were doing flips. When it was time to go back, some of the girls didn't come back straight away, obviously mesmerized by the dolphins. LAUREN QUINN

PLANT IDENTIFICATION

Some of us went into the scrub with Jo to see how many different kinds of plants we could find. We were surprised how many we could identify.

Sallee-anne Cronan

**DIGITAL PHOTOGRAPHY BY
CHLOE BRINKHUIZEN**

As we were leaving in the bus, we all looked across the golf course at the well constructed fence and the stakes marking the position where the trees will be planted when we next return in spring. Many thanks to Mr Harlow for organising this excursion.
GRADE 5/6M

GRADE 5/6 FUNDRAISING EFFORTS

On behalf of the teachers and children of grades 4/5 and 5/6 we would like to say a big thank you for overwhelming support which was given to our walkathon. The children have raised at this point in time \$1551.60. There are still a few more sponsorship forms to be returned. Also, we wish to thank you for supporting our raffle, coin drive and bottle collection. At lunch time on Fridays for the remainder of this term, several parents are selling hot milo and ice creams to also assist in our fundraising. Thanks to everyone's support, our children will be able to go to Port Arthur for three days and two nights in October

J WISE, J WILLIAMS, R MILLER, D MACGREGOR

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East Coast & Fingal Valley

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Priest: Paul Connolly, St Marys.

Fingal

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10am

St Marys

Every Sunday Mass
9am **Bicheno**

Every Sunday Mass
3pm

St Helens

Every Saturday Vigil
Mass 6pm

Mangana

2nd Sunday
Eucharistic Service

Anglican Parish of St Helens

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St Helens

8am and 10.30am

Every Sunday

St Marys

9am

No service 5th Sunday

Pyengana

11am

2nd and 4th Sunday

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Church Service 10.30am

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Scamander

Sabbath School 10am

Divine Service 11am

Break O'Day Uniting Church

Fingal

9.00am

St Helens

11am and 7pm

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Wednesday

Ladies Fellowship 2pm

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Campbell Town 9.30am

Avoca 11.30am

Fingal 2.00pm

Mathinna

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Daily Office Reading

Avoca

Tuesdays 10am

Fingal

Tuesdays 12 noon

Ross

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Break O'Day Council News

Fingal Water Supply

Council's consultants reported on the improvement to the quantity and quality of the water supply at Fingal.

Council resolved to investigate water flow across the weir and Council undertake the upgrade of pipe infrastructure within the town as there was funds available.

Tourism Policy

Council resolved to review the Tourism Policy when the Community/Strategic Plan has been completed.

Tourism: Gateway Tasmania

The Council resolved to enter a Service Agreement between Council and Gateway Tasmania.

St Marys Hall: Fusion Youth Group

Council agreed to exempt hall fees and provide a one off payment of \$200.00 to the youth group in support of their youth activities over the next 12 months.

Break O'Day Millennium Celebrations

Council received several submissions and eventually decided to support the St Marys New Year Day Races as part of the millenium celebrations.

Capital Works:

St Marys Footpath

Preliminary work will commence on the project to recondition the Storey Street footpath where the concrete has deteriorated. The final work will involve putting a layer of coloured asphalt over the deteriorated sections from the bridge on the main road for 130m along Storey Street and on the opposite corner bordering the paved area.

Council Meeting

Next meeting will be Monday 9th August 1999 at Fingal.

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Reminiscences of a Ploughman

As was told by Jack Strochetter:

(Published in Valley Voice May 21 1971)

I have vivid recollections of ploughing at St Marys some 65 years ago. At the time I was working at Londavra and my quota for each year was some 80 to 90 acres with a single furrow swing plough drawn by two horses.

I would leave the homestead early each morning in the winter months and take my team to the Black Run where most of my ploughing was done. Very often I would leave with a billy of scalding hot tea but when I reached my destination it would be frozen with a pile of frost on the lid where it had trailed through the tall thatch grass that grew along the track, and when I took the lid off to have a drink there would be spikelets of ice on top.

Gee it was cold, but my job was ahead of me and I would hook up and away to work.

A lonely man and his team out there practically lost. The fog was so dense I could see only a few chains ahead. But I could hear the skips running up and down the haulage at Cornwall Mine and the trains running back and forth on the railway. I could hear the horse drawn vehicles passing



along the road and all the noises of the farms around and I could hear men's voices raised in shouting at each other, but could see nothing until about 11 o'clock when the awful fog would lift to present a lovely blue sky for the rest of the day.

But between two and three o'clock the sinister fog would begin to form amidst the tall reeds along the river banks and ditches and it would remain there dormant till about nine o'clock when it seemed to explode and once again cover the whole landscape and envelope everything in an impenetrable veil.

But long before that I had returned home, stalled and fed my horses, had a wash as the gong was sounding to call me to a welcome repast, a tired and hungry man but satisfied with the work I had done for the day, and how I enjoyed a lovely meal provided for me by the mistress of the house who never forgot to provide the best for the ploughman and who always made it worth while to put in these long winter days behind the plough, a plough whose members were serviced by that doyen of a blacksmith, Alf Thomas.

Sound, Vision & Play

VIDEO REVIEW – “A SIMPLE PLAN” - Starring Bill Paxton, Billy-Bob Thornton and Bridgette Fonda.

This story is about three men, two of which were brothers who stumble onto a plane wreck containing \$4 million and a dead pilot. They decide not to report the find to the authorities. Here starts the twisted story of how good people can turn bad for the promise of financial gains. A simple plan is set in a small snow blanketed town in middle America. Billy-Bob Thornton is his usual brilliant self playing what seem to be the not-so-bright brother carrying scars from the past. Bill Paxton plays the successful brother who thinks he has all the answers. Solid performance also from Bridgette Fonda as the wife of Bill Paxton. If you are looking for a movie that will keep you on the edge of your seat give “A Simple Plan” a try. ****

“SAVING PRIVATE RYAN” - Starring Tom Hanks, Matt Damon, Ben Affleck and Johnny Depp.

Directed by the man who can do no wrong in Hollywood's eyes Steven Spielberg, “Saving Private Ryan” is all that the hype makes it out to be and more. It is the story of a small troop of men who are sent into the middle of war torn France to bring back Private Ryan who is last surviving brother of four. Spielberg pulls no punches, he throws us probably closer than a lot of people would wish to be into the heart of a bloody battle. The opening scene of American troops landing on the beaches of France only to find insurmountable resistance from German gunners is nothing short of spectacular and will stick in the mind of the viewer for a long time to come. All actors played excellent roles as is to be expected with such a powerful script. “Saving Private Ryan” is a true classic. *****

PlayStation Reviews – “SYPHON FILTER” - The problem with renting a game as in depth as “Syphon Filter” is trying to get as far in as you can in one night, the other problem with playing this game is actually being able to put the controller down. In the same vein as “Metal Gear Solid” but with more gun play action and a fast paced plot, “Syphon Filter” is an other game that definitely lives up to its pre-release hype. You play special agent Gabriel and within your main mission smaller objectives keep the plot twisting. Sony in recent months has really come up with the goods with games such as “Driver”, “V Rally 2” and now “Syphon Filter” it's no wonder Playstation is the number one games console in the world.

**** 1/2

CD REVIEW – “You've Got Mail Soundtrack” – Like the movie itself and the likes of “Sleepless in Seattle” this soundtrack is a safe blend of feel good American music from the 50's to the 90's. Tracks like Bobby Day's “Rock'n'Robin” and Bobby Darin's “Splish Splash” sit comfortably next to the Cranberries “Dreams” and Randy Newman's “Lonely at the Top. Not a bad Sunday afternoon listen. ***

Jeff heads North again

May 3

We unpacked the 4 bicycles that we had brought up from St Marys and Picaninny for Klaas and Andy and Marjorie and Clementine then sat back and relaxed, had to get an elastic bandage to wrap up the old footy knee, but otherwise still in one piece. Watched the de Jonges play tennis in the cool of the evening, Forest, Gypsy, Andy, Klaas and Marjorie all had a bash. We left the trusty ham in the freezer and barbequed fresh meat beside the tennis court. Much warmer here.

May 4

Slowed to a tourist shuffle to walk to the Ubirr aboriginal art sites, ancient ochre drawings. Water water everywhere and crocodiles enjoying it, many paths were closed till the water level drops. I suddenly realised I was on the boundary of Arnhem land. The east Aligator river and trucks were just able to cross on the cement ford. At the boat ramp were dozens of interstate cars and boat trailers, the folks were out Barra fishing. I tried from the bank and only managed 3 Mango Jacks using bread as bait, but no Barra. Fresh fish for tea and mango mist champagne, a rough life eh? Brents ham still in the freezer.

May 5

A rest day while Bob went climbing over Nourlangie rock, more aboriginal paintings and even one of a sailing ship. Not much action on the Weston front today.

May 6

Fired up again to go swimming in Nourlangie rock pool. Andy, Bob and I set off early before the heat was turned on and walked 3 to 4 Kms to this lovely clear rock pool with trees overhead. The pool was teeming with fish, black bream, tiny cat fish, long toms, freshwater garfish and 2 large eel like saratogas. The only thing concerned about our swimming were 2 large water monitors who are caretakers of the pool. They are a bit like tree goannas but black and eat fish - not tourists.

All the guided groups came and went and we had tons of time to soak up the warmth and the serenity of this lovely place. We swam and lazed about all day till it cooled down to walk or shuffle back to the car. On the way back to the car I checked out all the honeyeaters and corellas feeding on the gum trees that were flowering after the huge wet season.

May 7

Rested up, did washing, checked out Jabiru which is a very ordered mining town for the Jabiluka Uranium mine nearby. The town was built for 4 mines but only one mine operates so the facilities are never overcrowded, swimming pools, tennis courts, sports centre for rollerblading, footy, netball etc. etc. and the expensive 5 star tourist hotel at around \$155 per night, I saw a Backpacker at Ubirr and another at Yellow Waters resort for \$28, I'll stick to my dollars and have free camping in the truck.

May 8

Two weeks since I left St Marys.

Still at Kakadu National Park but we leave Jabiru today to explore Gunlom waterfall and pool, what a beauty, it was once the recreation area for the Coronation Hill Uranium mine which was closed so the National Park have taken over the facilities. The huge fall tumbles into this 2 acre pool of crystal clear water with a soft sandy beach.

Finally out comes Brents ham and I called it quits, just could not face it after 2 weeks, I lunched on cheese and St Marys honey and left the ham bone for the huge tree goanna that prowled the picnic area looking for handouts. After the first initial shock of seeing the 5 foot monster you grew accustomed to their presence. After lunch we fired up the beast and headed into Katherine to refuel. Just another day and I'll be home in Crossing Falls.

May 9

Now onto the last leg. We left our gravel pit camping spot about 8am and joined the road trains heading for Kununurra and Wyndham. Everything now lush and green and cattle yards a bustle of activity. We dropped off at Campbell Springs for a swim and also on the huge Victoria River, past Timber Creek where we had lunch - alas no ham. There we picked up a hitchhiker, a young peanut farmer from Queensland who was working his way around, going to Kununurra to pick vegetables and make some money. He was travelling light, sleeping out in his swag. Good to see him having a go. More interstate cars and boat trailers at Victoria River.

It was just sunset as we drove into Kununurra and dropped off our passenger to camp at the show grounds, then the final 11Kms to Crossing Falls to check out 'the empire'.

No more ham but lots of fresh vegetables, fish and tropical fruit.

Here endeth this years trip north. ! J. Weston

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What's happening at Scamander.

Scamander River Golf Club: AGM

The annual general meeting was held and the following committee was elected. President: Vic Cato, Vice Pres: Max Rawnsley, Treasurer: Annette Hanlon, Secretary: Mick Millar, Captain: Glen Templeton and Vice Captain Rod McBeth, Committee member: Gary Good, Handicapper: Noel (Bones) Apted.

Club Championships

The annual club championships are underway, 24th and 25th July and 31st July and 1st August.

Coming events for August are: 7th August Stroke, medal and Juniors. 14th August: Bicheno Tour, 21st, 22nd and 28th, 29th Mens Foresome Championships.

The golf club is looking really good at the moment, greenkeeper Phil Phillips and his dedicated band of helpers have spent the last couple of weeks re-coring the greens. Considering that the full nine holes have only been operational for less than 2 years it is a credit to all who have put in so much to make it a good course. Over the next couple of years we should have one of the best nine hole courses in the state, which should encourage more people to come and enjoy their game of golf.

Scamander Cricket Club: AGM

At the AGM the following members were elected: President Mick Rawnsley, V. President Barry Halton, Secretary Scott Mason, Treasurer Jammie McKimmie. With the cricket season soon to be upon us the club will be fielding both a Junior and B Grade team for the coming season and are seeking old and new players to come along and enjoy themselves. Anyone interested in playing or being involved are welcome to contact a committee member or drop in to the Complex.

Scamander 8 Ball Club

The 8 ball competition is halfway through the season.

Scamander is currently in a good position for the finals. Having started off well, we went through a bit of a slump but over the last 2 weeks things have turned around and we are winning again. Part of the turn around can be contributed to the ladies on the team who are cleaning up some of the best players in the competition. Two new players have been recruited - the licencees of the Complex - who are not too bad with the cue.

Watch out next season when we really hit our straps.

Coming games: 30th July, St Marys at home. 6th Aug. Long Boat Tavern Beachfront. 13th August, Silver Sands at home.

This year it is our turn to hold the Grand Final and Presentation night in September or October, more details later.

Following the end of season the Complex is looking at holding a Kelly ball and billiards competition.

Darts Competition

Darts will be starting up at the Complex in the near future, anyone who is interested should contact the Complex. It will be a doubles team knockout. Teams will be drawn on the night and the winners will continue together the next week, all other competitors will be drawn from the hat to make up teams. Supper will be provided and prizes will be available for the winning team, highest score of the night and the highest check out.

Scamander Bowls Club

The bowls club is presently in recess but will get underway in September. A working bee will be held on Saturday the 14th August at 10am to help prepare the greens for the coming season.

Greenkeeper Spike said they are looking good and that they will be tops when comes the time to play.

Remember that the Complex has tennis and netball courts for hire.

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St Marys Sports Centre News

by Kackhander

At the NTGA Final last weekend you could honestly say how close can you go without actually winning it.

It read 8-1 against us but five of the games were decided on the last hole or the second last hole.

This was against a side -Mowbray- that hasn't lost all year. Earlier in the day St Marys won the semi-final against Queenstown 7-2 to set up the game in the final.

Once again the East Coast through St Marys, proved that we are not too far away at Division 3.

It looks like this years event is the last under the current format and from now on the winning East Coast team will take on the winning Launceston based team. That winner will then take on the winner of the North West versus West Coast winner to decide an outright Northern Champion. The good news is that every second year the semi-final will alternate between Launceston and an East Coast venue, so we will have an advantage 50% of the time instead of never as it is now.

Congratulations to John Miles this year as captain. His efforts were great as it proved, the side only lost that one game against Mowbray in a total of 12 clashes that's pretty impressive.

Fantastic effort to Dale Ridgers in Launceston too who won both his games in fine style. He played top golf to do it too.

To all the winners against Queenstown, it was well done indeed and thanks for a fantastic effort all year. Maybe next year will be our year.

Just a reminder to all members about the big events coming up soon.

Quite apart from the Championships the Tournament and so on, we have the giant chicken run, a Mazda Day and the like.

Let's see good roll ups for all these top events.

The Annual General Meeting is scheduled for September 10th so thoughts should be heading that way soon for all the related matters.

Anyway until next time, good hitting and rolling.

Blues News

The past fortnight our club has been back on the winning list with a hat trick of wins on both weekends. Firstly at Winnaleah our Under 16's and Reserves were winners by large margins. Our Seniors was a closer game with Fingal in control for most of the day to win by 29 points.

Better players were Nathan Lowe, Stephen Bean and Stuart Burr.

This last Saturday we hosted Lilydale at home.

Our Under 16's won well but were given their hardest test all season by a team they will meet in the finals.

The Reserves met ladder leader Lilydale and all played well to defeat Lilydale by seven points.

Seniors trailed for most of the day to storm home for a thrilling one point win. We started off kicking into a stiff breeze to be four goals down at quarter time. A better second quarter to close the gap still had us down at half time. The third quarter with the wind blowing strongly, we had to defend well to give us a charge in the last and defend we did to hold Lilydale to a 27 point lead at the start of the last quarter. With the wind behind us we were confident we could kick a winning score and when Stephen Bean kicked a goal at the 26 minute mark to even the score we were in with a chance, then a rushed behind to give us the lead seconds before the final siren was enough to win the game.

Next week we travel to Scottsdale for the last roster game before finals which have yet to be decided as to where they will be played. Good luck to all teams.

Ocean Vogue

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Ave Exeter Tas



Footy News

Seniors What a time to miss the excitement of our first points of the season, as second placed Old Scotch travelled to the Tigers Den for what looked on paper an

easy 4 points. From all reports the side played the type of footy the supporters had been waiting to see all year.

An added bonus was Micky Bramich making the long trip from the NW coast on a rare weekend off, staying to celebrate and making the long trip home at 11.30 that night. Now there's dedication!!

For one of the few times this season, everyone reported on a good team effort and the result indicates that it was the case, well done lads.

Last week saw us go into the game against Campbell Town with renewed enthusiasm, but after a promising start, fell away to a huge loss, the promise of the previous week deminishing as the game went on. Let's see the spirit back this week for our last game against OL's in Launceston.

Reserves

The 'McGoo's' have had a good fortnight at home winning both matches. The first a great victory restricting the opposition to just one goal for the game. One would be forgiven though for thinking there was a hurricane blowing both weeks, very bad kicking in the first match and atrocious in the next. The two game tally something like 16 goals 39 behinds. Still we won with a bit in hand both games.

We still need to beat OL's in town this week to qualify but we are playing well enough at present to take this one out.

Under 16's

The lads bounced back last week after a torrid fortnight against very good opposition. Injuries have been a major concern with Aaron Milner (ankle), Bong Bong Louis (shoulder) and Adam Viney (ankle) all out for matches over previous weeks.

There was not much in the game up to half time, both sides fielding reduced numbers making the match open and fast flowing.

The boys kicking away in the second half with Kyle Bean putting in a best on ground performance. The boys to win comfortably at the siren.

The U16's too are looking for a win this week to stay in the finals. *Come on the Tigers.*

Best and Fairest Count

After the game in Launceston it will be straight home for the Reserves and Seniors Best and Fairest Count at the St Marys Hotel Lounge at 7.30pm. All Welcome.

The Under 16's count will be at the boys dinner Friday September 10th at the Clubrooms.

Seniors and Reserves Annual Dinner and Trophy Presentation at the Town Hall Saturday 4th September at 7pm.

Footy Tipping

Last two weeks won by

'Super Tipper'

Toby Spilsbury 11pts.

\$30 each week

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Les & Heather Newmans

Take Away

Annual General Meeting

St Marys Bowls Club

at the Centre

Sunday 1st August

at 2pm

ST MARYS HOTEL

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SKY CHANNEL

TAB KENO



COUNTER MEALS

We would like to acknowledge the hard working people who have made the two major fundraisers this season- the 'Hey Hey' nights - a success.

Special thanks to the acts and also Ken Martindale and Bruce Cornelius for a professional job on the night.

Not only have the nights been a major source of funds but have assisted us to raise over \$1000 for charity this year.

Thank you all once again.

*Glen McDonald
Secretary*

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Arrangements can be made for late appointments on Wed & Fri.



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