

The Valley and East Coast Voice

Volume 32 Issue 12

Friday 8 October 1999

50cents

Successful Motion on Toilets

At the meeting of the Break O'Day Council on 13 September 1999, Councillors took the decision which effectively finalised the 'Buy a Brick' Appeal, launched almost 30 years ago, to construct a public toilet in St Marys.

Following an initiative by Tony Walker, Council's Buildings Control Officer and recommendations by the St Marys Town Theme Committee, a motion was passed to upgrade the toilets in Lions Park behind the Library, in particular to provide a uni-sex facility for disabled people.

Some 30 years ago, the Valley Voice reported that the then St Marys District Progress Association had launched an appeal in April 1970, for residents to 'Buy a Brick'. The bricks, approximately 1500, were wanted "for the building of the new St Marys toilet block at the back of the library". Valley Voice stated that "in the past the lack of toilet facilities has discouraged tourists and travellers from staying in St Marys, and the venture can only enhance the town. The foundation is already completed. All that is now needed to finish the walls is the money to buy enough bricks and the service of a brick layer to lay them". Two weeks later 'the Voice' reported "it has been most heartening to see interest displayed by the general public to the ap-

peal to buy bricks for the public toilet.... A list of acknowledgements to date is as follows:—"

Mr Bruce Spilsbury:	100 bricks
Mr R.T.Semmens:	25 bricks
Mr & Mrs C.J.Davern:	25 bricks
N.R & I.R.Morrison:	50 bricks
Mr James Owens:	100 bricks
Mr L.J.Spilsbury:	50 bricks
Mr Stan Graham:	50 bricks
Mr Robert Legge:	100 bricks
Mrs G.A.Gill:	10 bricks
Total	510 bricks

The appeal was successful and the Public Toilets have indeed been a major tourist attraction ever since!

In 1992 the Fingal Council ignored a request for the provision of disabled toilet facilities at St Marys, using the device of "receiving" the request and refusing to discuss the issue, while at the same meeting approving the construction of a disabled toilet at Mathinna.

However, in 1998 the Break O'Day Council established two options for St Marys (1) to develop and upgrade the existing toilet, (2) to establish a new facility while maintaining the existing block.

The Town Theme Committee recommended Option 2, with a new facility to be located at the west end of town, at the corner of Main and Cameron Streets. Council originally accepted the recommendation but reviewed its decision at the Budget Meetings and opted for a development of the existing facilities.

The development will be part of continued improvements to Lions Park, including upgraded BBQ facilities and lighting, and will be progressed by Tony Walker over the near future.

Continued on next page

St Marys Newsagency Deidre & Ros 6372 2143

New Videos for children:

BUGS LIFE : \$4 o'night

MIGHTY JOE YOUNG :\$6 o'night

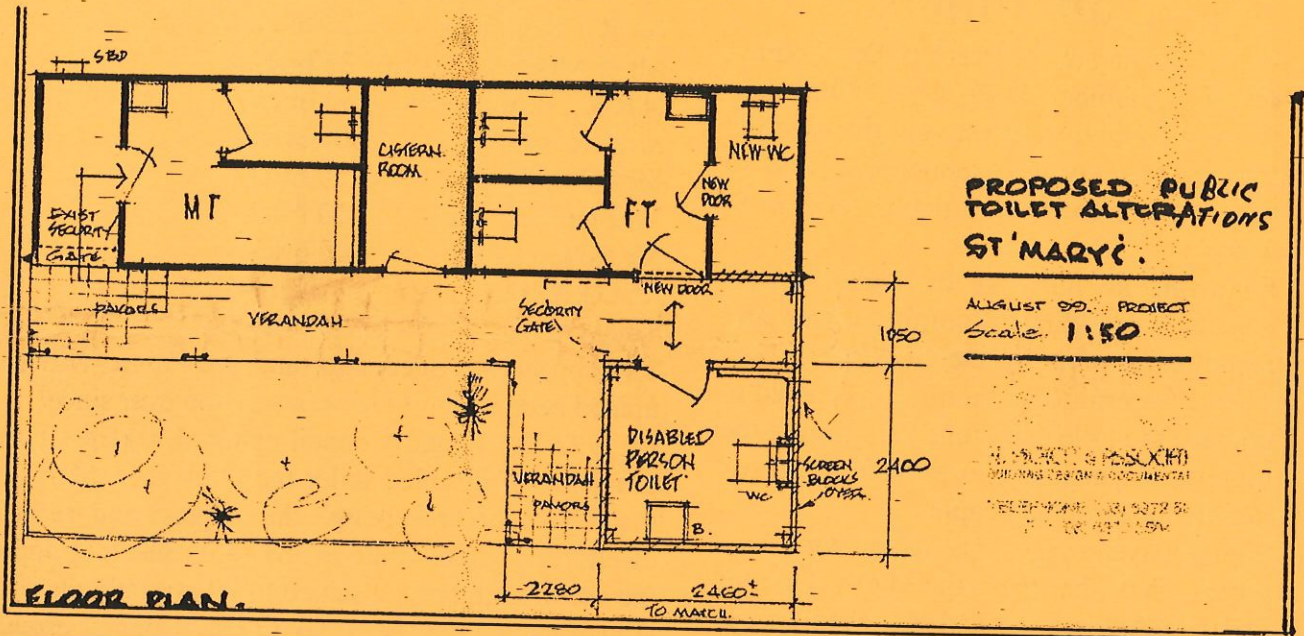
NEW VIDEOS ARRIVING

- ~ Bride of Chucky
- ~ The Minion with Dolph Lundren
- ~ Star Trek : Insurrection
- ~ Ronin - starring Robert de Niro
- ~ Practical Magic -

starring Nicole Kidman, Sandra Bullock

Improvements will include a uni-sex toilet block for disabled people, a new Zincalume roof to match the Library building, verandahs, improved lighting, an additional pan for the ladies toilet, rendering of the walls to blend the existing building with the additions, replacement of existing shrubbery with ground cover plantings, and a pathway suitable for disabled access.

Given the new roof and external render, the building will have a completely new appearance, and will form a more unified and complementary precinct together with the other buildings. Indeed "a venture that can only enhance the town".



Franklin Coaches

The Deloraine Craft Fair

Friday the 29th of October, 1999

It has over 200 crafts people presenting more than 70 different crafts.

COST INCLUDES: ENTRY, M/TEA & COACH



St Helens	\$29	8:15am
Scamander	\$28	8:35am
St Marys	\$27	8:55am
Fingal	\$26	9:20am
Avoca	\$25	9:45am



"Guys & Dolls"

Saturday the 20th of November, 1999.

COST INCLUDES: SHOW, M/TEA & COACH

Held at the Theatre

Royal the "Guys & Dolls" musical production will be well worth viewing. Salamanca Market in spring is always a good stop.



St Helens	\$52	7:30am
Scamander	\$51	7:55am
St Marys	\$50	8:15am
Fingal	\$49	8:35am
Avoca	\$48	8:55am

JOIN OUR TRAVEL CLUB FREE MEMBERSHIP!

Spring Mystery Treat

Monday the 15th of November.

Come along for a mystery day out, with plenty of fine food, scenery and entertainment!

COST INCLUDES: ENTRIES, M/TEA, LUNCH & COACH



St Helens	\$45	8:00am
Scamander	\$44	8:25am
St Marys	\$43	8:45am
Fingal	\$42	9:05am
Avoca	\$41	9:25am

Hobart—"Shop Till you Drop"

Saturday the 4th of December, 1999

Hobart has plenty to offer the keen shopper so why not join us for the day in the capital

COST INCLUDES: ENTRY, M/TEA & COACH



St Helens	\$27	7:30am
Scamander	\$26	7:55am
St Marys	\$25	8:15am
Fingal	\$24	8:35am
Avoca	\$23	8:55am

FOR BOOKINGS PHONE: 63 722 472

What's On

ST MARYS DISTRICT HOSPITAL AUXILIARY

A jumble stall and raffle will be held on Referendum Day (Nov 6th) outside the polling booth. Proceeds will be used by the auxiliary towards items needed when the hospital re-opens. -
Prizes for the raffle will be -
1st Prize - Christmas ham valued at approximately \$50
2nd Prize - Tapestry picture donated by Mrs Dorothy Doyle (Fingal)
3rd Prize - Basket of cosmetics donated by Mrs Judy Waller.
If anyone could help towards filling the stall table it would be greatly appreciated.
Rona Gatty (Sec)

ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT

MEETING
7TH OCTOBER 1999
7.00PM
HIGH SCHOOL ANNEX

RANSLEYS

SALES AND SERVICE

- ⇒ REFRIGERATORS
- ⇒ WASHING MACHINES
- ⇒ CLOTHES DRYERS
- ⇒ HOUSEHOLD APPLIANCES

**RANSLEYS
HOME APPLIANCE
SERVICES**

41 Quail Street St Helens
Phone 6376 1811

Delivery by Wombat Post
St Marys Tasmania 7215



St Marys Butchery

Brent, Diane &
Adam Johnson
Main road St. Marys.
Phone: (03) 63722274

Quality meats &
smallgoods
Extensive gourmet lines
Daily specials
Free local home delivery
And
Friendly, personal service

CALL IN AND SEE US
FOR ALL YOUR
MEAT REQUIREMENTS

St Marys Take away

(Les & Heather Newman)
26 Main Road
St Marys 63722 287

**FOR ALL YOUR
hot & cold takeaways**
bread, milk, cream,
fruit & vegs, film, batteries,
confectionery, refreshments,
fishing gear, bait and ice plus
some grocery items & giftware

**CALL IN AND SEE US
BETWEEN**

6.00 am - 8 pm (Mon - Fri)
8.00 am - 8 pm (Sat & Sun)

CLASSIFIEDS

REDLINE COACHES...Deliver this paper quickly and efficiently. Statewide passenger and parcel service.
Phone 63722 143

CONTACT NUMBERS FOR VALLEY VOICE..Ron 63722105 or Audrey 63722337 FAX 63722172.

FOR SALE....HAY & STRAW
\$3.00 PER BALE.
Phone 63722459.

BABYSITTING.....I am offering baby sitting in St Marys for \$5.00 a hour. It doesn't matter what age to look after. I can be trusted with looking after children. I am 15 and in grade 10 at St Marys D.H.S. and can supply references. Phone Perri Chapman 63722320.

FOR SALE...Assortment of Holland blinds. Various sizes. Excellent condition. Make an offer. Phone 63722 608

FOR SALE....Bedroom suite comprising 2 single beds, wardrobe & 1 low boy.
Phone 63722167.

FOR SALE...AS NEW 2 SEATER BROWN VELVET COUCHES \$200 EACH
200 - 250 litre fridge, good order \$150.
Phone 63722251.

FOR SALE....Safe 'N' Sound car seat, series 111, good condition \$35
Baby change table \$15
Stroller, steelcraft with hood, lays back in 3 positions \$25.
Phone 63722 357.

Smith Valley Traders

44 Main Rd St Marys
Phone 63 722367

LAST WEEK
60% OFF

WINTER SALE



St. Mary's
Community Band!

REHEARSALS
tuesdays 7-8 pm
Salvation Army Hall
beginners welcome

for information
phone 63722-012

thursday
dance classes

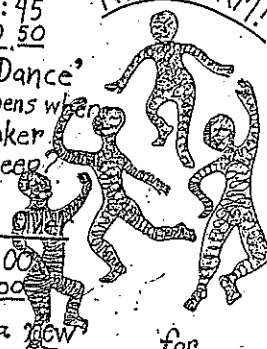
5-8 yr olds
3:15 - 3:45
cost: \$2.50

"Toyshop Dance"
what happens when
the toymaker
goes to sleep?

8yrs and over
3:45 - 5:00
cost: \$5.00

Beginning a new
dance piece

NEW TERM!



for information
phone
all welcome! 63722-012

MEALS ON WHEELS

OCTOBER

11
12
13
14
15

ST MARYS

Selby Targett
Ann Birrell
Peter Williams
Kaye Nailer
-Ralph Jones

FINGAL

Kayleen Sutton
Marriane Pauls
Patsy Death
Robyn Miller
Vicki Woods

18
19
20
21
22

Anne Davey
Wendy Haas
Audrey Wright
Helen Napier
Clive Berwick

Shirley Parker
Lynda Bean
Sue Woods
Julie Claridge
Jack Miller

GREENS

DAVID & HEATHER GREEN
ST MARYS
Phone (03) 63722 602

- * Chimney Sweep *Fencing
- * General Home Maintenance
- * Concreting *Paving
- * Domestic & Office Cleaning
- * Lawn Mowing *Gardening
- * Rubbish Removal

FOR FRIENDLY & RELIABLE SERVICE AT
REASONABLE RATES
SERVICING ST MARYS &
SURROUNDING DISTRICTS

ST MARYS HEALTH & BEAUTY CENTRE

42 Main Rd St Marys Tasmania
Phone (03) 63722172

**NEW SEASONS UNI SPEX
SUNGLASSES HAVE ARRIVED
WOW!!! THE RANGE IS
VARIED, SOME TO ADORE
AND SOME TO SHOCK!!!**

**½ PRICE OFFER APPLIES TO
ALL BLUE LABEL THE SPECS,
LE SPECS AND SUNOROID
GLASSES
UNTIL 31ST OCTOBER.**

**WE ARE NOW ABLE TO STOCK
CLARATYNE & CLARANAISE
So for your hayfever and allergy
symptoms we can provide immediate
relief.**

**NICK THE CLARATYNE GNOME IS
ON DISPLAY.**

SPECIALS

**Assorted Australis lipsticks, nail polishes
& Lip pencils
ALL OUT AT ½ PRICE**



East Coast Glass

- Glass Replacements
- Mirrors
- Shower Screens
- Fly screens and doors
- Blinds & Awnings

DAVID CANNON

Frank Street Falmouth (03) 63 725361

Rae & Partners Lawyers Barristers & Solicitors

93 York Street
Launceston

**Visiting St Marys alternate Thursdays 9am - 10am
44 Main Street St Marys**

**BOOKINGS MAY BE MADE AT ST MARYS
HEALTH & BEAUTY**

or

Phone (03) 6337 5555 for appointments

**ACCEPTING INSTRUCTION
IN ALL LEGAL MATTERS**

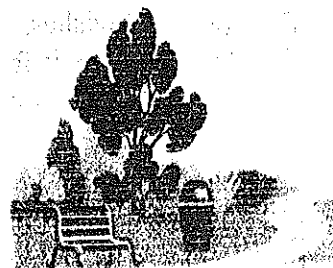
VALUE Plus

ST MARYS SUPERMARKET

**KERRY & JILL TAYLOR
38 MAIN STREET ST MARYS PH 63 722240**

**EVERYTHING IS
COMING UP GREEN!!
IS YOUR LAWN DOING ITS BIT???**

**FOR THE NEXT
TWO WEEKS WE
HAVE DISCOUNTED
EVERYTHING YOU
NEED FOR YOUR
LAWNS BY**



10%

ALSO

**30 ltr High Grade Mushroom
Compost \$3.95
20 kg Blood & Bone \$14.95
40 kg Dynamic Lifter \$26.50**

**TIS THE TIME TO TEND TO
THE GARDEN
CHECK OUR GARDEN
DEPARTMENT TODAY**

Community News

Lions Club of St Helens Inc.

27th September 1999

Mrs Jan Sparkes
18 Irishtown Road
St Marys Tas 7215

Dear Jan

I have enclosed our Clubs cheque for \$10,000 being the monies Mrs Lynne Fysh donated for the purchase of the Bio Stimulation Laser.

Our Treasurer has been working at Scottsdale for the past month, otherwise you would have received the money sooner.

All our members are rapt that we helped.

We will start seeing some results after a while.

Best wishes from all our members.

Maurice Reddick Secretary

Peter Williams President

Donations keep coming

Last week I received this letter with a cheque for \$10,000 — yes, this time four zeros!!

Oh yes Maurice, we are all rapt too. Very, very much so. What a wonderful gift; what wonderful thoughts. Thank you all for your kindness, thoughts and wishes.

Count down time is fast approaching. Financially we are a smidgen from our target.

The laser hopefully is winging it's way towards Sydney so we should see results quite quickly.

The C.W.A. of Tasmania is still working towards this project in St Marys, and the monies collected will probably go in kind towards the Lymphoedema Centre.

Also received support for our project, the St Marys Lymphoedema Treatment Centre, from the Tasmanian Rural Womens Advisory Group.

St Marys Association for Community Development \$500

Ailsa Bond Launceston \$20

St Helens Lions Club \$10,000

Claire Gray \$7.50

Dave and the late Shirley Robinson \$100

Thank you one and all.

Jan Sparkes

St Marys Tennis Club Inc.



Memberships are now due, set at \$20 per person and are to be paid directly to the Treasurer.

To be eligible to play in the Club Championships, memberships must be paid directly to the Treasurer prior to the monthly meeting on November 25th 1999 at 7.30pm.

The next General Meeting will be held on Thursday 28th October at 7.30pm

Twilight Tennis will be commencing Thursday 7th October at 6pm.



Seniors are on-line

The weekend of 25th and 26th of September, there was a Retirees Expo at the Wrest Point Casino in Hobart. Ron and I went down to man the on-line stall for a few hours each day.

We were there to let people know that computers are not the big bad monsters that some people think they are.

What we found was that most people had a computer and when their children or grandchildren showed them what to do they did it so fast that they were left bewildered.

So we pointed them to their nearest on-line centre, or a new scheme for computer owners who need help at home for a cost of a membership of \$5 per year, they could get all the help they need.

We thoroughly enjoyed our time at the Expo and met lots of lovely people.

One person from Victoria said we were very lucky as they did not have these facilities in their state.

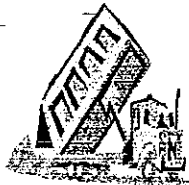
So come on Seniors and join us at the St Marys On-line Centre every Tuesday from 10am to 2pm and we will show you how easy it is and what fun at the same time.



Volunteers Mary and Ron
at the
St Marys On-line Centre

SELECT MULCHING & CHIPPING WOOD CHIPS/GARDEN MULCH FOR SALE

- * The best way to beat weeds
- * Straight from the chipper
- * Looks good
- * No rubbish
- * No weeds
- * No seeds
- * Quality Guaranteed



\$25 PER LOAD

Serving all points between Bicheno,
St Helens and Avoca

PHONE 63 722 191

No job too big or small

ASIAN TUCK-IN

St. Helens Neighbourhood House
\$10.00 ALL YOU CAN EAT
FRIDAY 15TH OCTOBER
R.S.V.P. Penny 63761 134
by Friday 8th October
(Fundraiser for Neighbourhood House)

9 Talbot Street, Fingal
Telephone 6374 2195
(Booking through the Fingal Post Office)



CARPET CLEANING

DRY FOAM - "ADVANCE" SYSTEM

- FAST DRYING, NO SHRINKAGE OR MILDEW PROBLEMS.
 - CONVENIENT - NO GROUP BOOKINGS NECESSARY.
- WINDOW CLEANING SPECIALIST - HEIGHT NO PROBLEM

**BOOK NOW AND RECEIVE
FREE UPHOLSTERY CLEANING***

*Two seats at no extra charge. Two seats means *two lounge chairs or *four dining chairs or a *three seater lounge at a 66% discount. Offer not valid without this leaflet.

MEDIA RELEASE PARLIAMENTARY LIBERAL PARTY

RENE HIDDING, MHA

Shadow Minister for Mines

Wednesday 29th September 1999

FINGAL VALLEY IN THE DARK OVER JOBS

Nothing is being done by the State Government to protect the jobs of about 100 coal industry workers in the Fingal Valley

Workers are worried about the impact of gas coming ashore in Tasmania and the impact that may have on their jobs.

Regrettably the Minister, Mr Lennon, has had no consultation with the people of the Fingal Valley on the matter.

The Minister ought to take urgent action to ensure these people are met, their concerns heard and that they are given all available information on the gas project.

They also need to know what the State Government is doing to ensure their livelihood is protected.

The Minister is sitting on his hands

SUNCOAST GLASS & SCREENS

Peter Clark at your service with over 33 years experience in the glass and aluminum fabrication industry.

For all glass sales and replacements, security doors and screens, flyscreens, shower screens, mirror wardrobe doors

aluminum windows and doors,

glass roofing, porches, security locks, aluminum window replacements and glass bricks.

Service is our aim.

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Australian Country Information Service Community Hall - St. Marys

PHONE 63722693 FAX 63722694

Social Security information and forms, Centrelink booklets.
Free information and advice on all government services & programmes from our professionally staffed office.

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10AM - 3PM

THURSDAY & FRIDAY

since 1993

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Bizlink information service for new & existing businesses.

Internet Facilities

Tax Help

Certification of documents for tax-file number applications

Fax & photocopying facilities at a very reasonable cost

Church Services

Catholic Parish of St Marys

Priest: Paul Connolly
St Marys.

Fingal

Every Friday
Mass 10am

St Marys

Every Sunday
Mass 9am

Bicheno

Every Sunday
Mass 4pm

St Helens

Every Saturday
Vigil Mass 6pm

Mangana

2nd Sunday 11am
Eucharistic Service

Mathinna

5th Sunday 11.15am
Eucharistic Service

Anglican Parish of St Helens

6376 1144

St Helens

8am and 10.30am
Every Sunday

St Marys 9am

No service 5th Sunday

Pyengana

11am
2nd and 4th Sunday

Seventh Day Adventist

Hodgeman Street
Scamander
Sabbath School 10am
Divine Service 11am



Break O'Day Uniting Church

Fingal 9.00am
St Helens 11am and 7pm

Anglican Parish of the Northern Midlands Services each Sunday

Ross 8am
Campbell Town 9.30am
Avoca 11.30am
Fingal 2.00pm
Mathinna
Tuesdays 2.00pm

Daily Office Reading

Avoca
Tuesdays 10am
Fingal
Tuesdays 12 noon
Ross
Wednesdays 10am

Harris Funerals

Lindsay & Diane
(D.Bailey & Son) A.F.D.A



Office & Res. 114 Cecilia St.
St. Helens

Chapel 46 Tully Street St
Helens

Phone/Fax 6376 1153

Mobile 0418 133 420

We are here when you need us to
arrange Burial or Cremation.

Pre-paid and pre-arranged
funeral plans are available

Salvation Army

(RSL Hall)
Main St, St Marys

Aux. Capt. & Mrs Tolputt.
Ph. 6372 2352

Everyone welcome

Sunday

Sunday School 9.30am

Family Worship 11am

Wednesday

Ladies Fellowship 2pm

Thrift Shop

Wed - Fri 10am—2pm.

Pickups Ph 63 722352

W. LOCKETT & SONS

Bruce Davidson : Funeral Director
Campbell Town

Enquiries may be directed through either :

Mr G. McGee	Campbell Town	6381 1167
Mr T. Pears	Campbell Town	6381 1472
Mr Bruce Davidson	Launceston	6344 4577

Pre-paid funerals can be arranged.



ST. Mary's Top Shop



Supermarket/Hardware

56 Main Road St. Mary's 7215

Phone (03)63722242 Fax (03)63722754



Take the Challenge!!!
See if You Can spot "Spot"
Hidden in Each Weeks handbill



Pixi Foto is coming on Friday October 15th



ST. MARYS
TOP SHOP
SPECIAL

Golden Ripe
Bananas

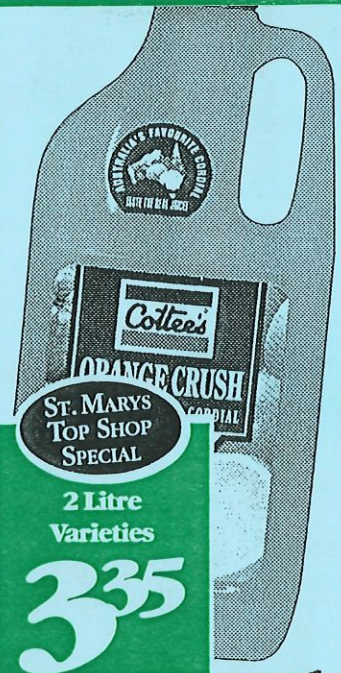
2³⁹
kg



ST. MARYS
TOP SHOP
SPECIAL

750gm
Weet-Bix

2⁷⁵



ST. MARYS
TOP SHOP
SPECIAL

2 Litre
Varieties

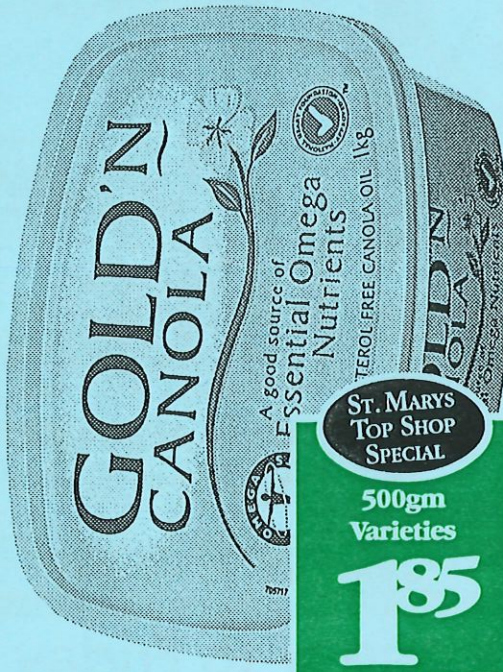
3³⁵



ST. MARYS
TOP SHOP
SPECIAL

1.25 Litre
Varieties

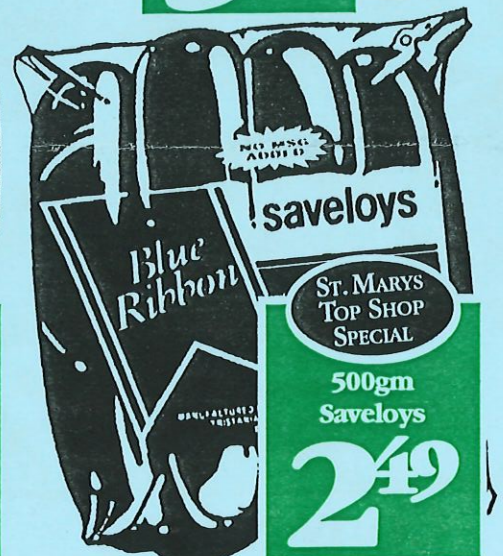
1⁶⁹



ST. MARYS
TOP SHOP
SPECIAL

500gm
Varieties

1⁸⁵



ST. MARYS
TOP SHOP
SPECIAL

500gm
Saveloys

2⁴⁹

Free
Local
Home
Delivery

Graham, Karen & Staff invite you to call in and check the lower shelf prices and friendly personalised service. Specials available from 7/10/99 until 13/10/99. While Stocks Last.



56 Main Road St. Mary's 7215
Phone (03)63722242
Fax (03)63722754

Island Quench \$2.49
Cordial Syrup 2 Litre Var.

Bulla \$2.39
Cottage Cheese 200gm Var.

Allens 4 for \$2
Selected Single Packs
Sunrise Bakery \$3.99
Snow Drops

2kg
Bintjies
1.99
bag



375gm
Varieties
1.85

3kg
Oranges
3.49
bag



500gm
Varieties
2.39



224's
Tissues
1.99



1kg
Varieties
2.35



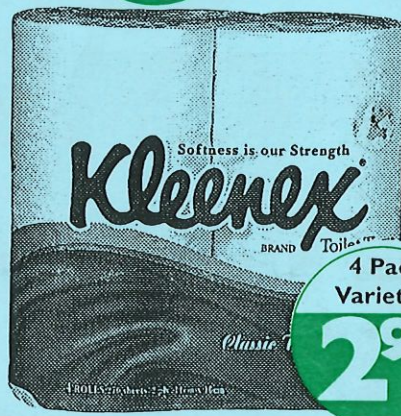
Marven
Chicken Pieces
4.49
2kg



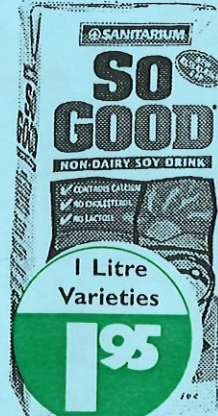
500gm
Varieties
1.29



500ml
Varieties
1.95



4 Pack
Varieties
2.99



1 Litre
Varieties
1.95



700gm
Varieties
1.59

e **eftpos**
now available

Brighten up your garden with
our range of Seedlings. New
Varieties arriving regularly.

Convenient Shopping Hours for you
Monday to Friday 8am to 6pm
Saturday 8am to 12noon
Sunday - Closed

Not your Average Supermarket - BUT your Top Supermarket

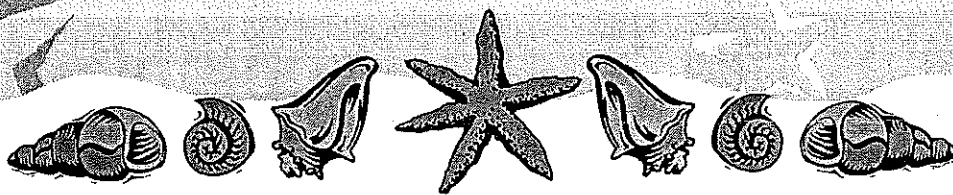


IN THE SWIM ***'99-2000 SEASON!***

Pool Meeting RE: St Marys District High School Pool

All intending Keyholders and those intending to participate in swimming programmes are invited to attend this informative meeting.

See below for details.



WHEN: Tuesday October 12 6pm—7pm



WHERE: St Marys District High School Staff Room



PURPOSE: To discuss pool usage/costs etc for the coming season.

YEAR 11 AND BEYOND

Study to Pre-Tertiary



Study locally as a springboard to tertiary education. Your results will be accredited by TASSAB for further study at any College or Tertiary institution. Adult students are welcome to take single subjects. If you are interested, enquire now! 63723900 Roger Harlow or John Marshall

Why travel
When you can do it here!

**St Marys Education
Centre**

Our Teaching Staff

**Study leading to pre-
tertiary subjects**

St Marys NEET Centre

Student Enterprise

Enrolment Information



Back to St Marys Year 11/12

• **Biology (BY826C)** is a 150 hour pre-tertiary course which will be offered depending on interest. Topics include cells structure and function, tissues to systems, organism and environment evolution and continuity, energy and materials.

• **Mathematics Applied Stage 1 (MT722C)** is a 150 hour course leading to the pre-tertiary (Applied C MT730C) It includes algebra, finance, chance and space.

• **Mathematics General (MT721B)** is a 100 - hour course for students who wish to gain a Year 11 Maths subject to improve their chances of employment and which includes practical projects.

• **Computing (IF871C)** is a 150 hour course leading to the pre-tertiary subjects Computer Science or Information Systems. Students should have a history of success in English 417 or Maths 422. Study includes web design, spreadsheet programming, mastery of a range of software applications, and issues in computing.

• **English (EN616B)** is a 150 hour course designed to practice and improve core English skills of reading, writing and speaking for Year 11 students

• **English (EN617B)** is comprises a 100 hour B course + 50 hour A course designed to prepare students for pre-tertiary English subjects. Study may include novels, poetry, plays, writing for various audiences and purposes. Students take responsibility for steady, individual work.

• **Writers Workshop B (EN723B)** is a 100 hour course designed to extend students skills in writing creatively for leisure, social or vocational purposes. There is a focus on developing literacy skills for independent writing.

To contact us: (03) 63723900 voice
(03) 63722543 facsimile
stmarydh@postoffice.tased.edu.au



What's on at TODD'S HALL

Theatre workshops are on again

Kids 6 yrs and up:

Tuesday afternoons 3.30pm - 5pm \$4

Adults: Wednesday evenings 7pm - 10pm \$5

Phone 63722066 for details



TODD'S HALL

Storey St St Marys

Café Summer Trading Hours

Monday : Closed

Tues -Thurs 10am - 6pm

Friday: 10am - 9pm

Sat & Sun : 8am - 4pm

Curry Night Saturdays:

6pm - 8pm

Goodbye to a friend, Mrs Shirley Robinson

Last Saturday October 2nd 1999 our town lost another great person. Shirley Robinson has lived with us in St Marys for about 25 years and truly was one of the genuinely kind, gentle people.

You could say of Shirley that there was not a nasty bone to be found in her, and she would accommodate or help anyone at any time - a great quality.

Her love of all animals also was legendary. Like her husband Dave, they have frequently rescued dogs and cats alike and taken care of them as the need arose.

I will always miss our chats over the fence and her kind offers of help.

Shirley and Dave have been great neighbours and friends as many would attest and their fantastic character has never been more evident than in this past period of Shirley's ill health.

Their braveness and acceptance is a lesson to us all. Shirley let me say goodbye to her in hospital the day before she died, that is something I'll always remember.

I am sure many people will join me in giving our sympathy to Dave at this time.

Rodney McGiveron.

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St. Marys Community Health Centre

The power of positive thinking:

'Well it had to go, didn't it?' and 'OK then, chop it off'.

These are two comments from amputees of the positive kind. The sort of person who makes you feel very humble and more than a bit wimpy when complaining of a sore toe, an aching back or a cold. They are walking (even on one leg), examples of positive thinking.

The first is a local man, who wishes to remain anonymous, but who is a refreshing delight to talk to and started me thinking about the second who was my son and who died four years ago, five years after his amputation. His remark of 'chop it off' was made on the morning of the operation.

He took about two weeks beforehand to come to terms with the loss, but once made, his decision was taken without hesitation. He never bemoaned the loss, simply got on with adjusting to it and dealing with the task of walking on his artificial leg.

He also had a grossly enlarged heart for which nothing could be done and which would get larger and larger until it finally killed him. I am certain though that his lack of self pity, love of life and capacity to enjoy the moment, contributed to having five years of life instead of the three or less that was predicted.

It is often said that mind over body is powerful. What about mind over mind? A young woman I once knew was diagnosed with bi-polar disorder (manic depression). She was told by a psychiatric nurse that she would have to live with this for the rest of her life, that it would badly effect her relationships, having children and work.

This was only part of the long diatribe he gave her on the negative aspects of her labelled condition. Had she taken his 'advice' seriously she may have topped herself.

Fortunately, she took his advice with a degree of caution. While she recognised that medication was necessary to some extent, she put on hold the possibility of taking it forever and concentrated on meditation, yoga, diet, exercise and positive thinking, trying to understand herself more deeply, the pattern of her life and what led to her psychotic episodes.

Positive thinking obviously contributes greatly to health, in both preventing and curing illness. In this community there must be many stories of inspiration and it would be of great benefit to hear them.

TIP: Suffering from a pounding tension headache ?

Relax in a very warm bath. Warm water draws blood away from the head and helps reduce the pressure that is causing your headache.

DOCTORS WEEKEND ROSTER

23rd and 24th Oct — Dr Geniola

16th and 17th Oct — Dr Shah

St Marys Comm. Health Centre Ph 6372 2111

Dr Shah 6372 2311.

Dr Geniola 6374 2288

WHAT'S ON AT THE CENTRE?

Thursday 14th Oct.

Hearing Services

Friday 26th November

Pap Smear Clinic

Sound, Vision & Play

Welcome to yet again a new more conservative looking version of Sound, Vision & Play. It's been a while since I last put a column together. Lots of great music video reviews and CD's but I haven't checked out any new games for a while been too busy with all the great new tracks coming out lately. Any body seriously into movies or concert footage would have to consider a DVD player, that is digital video disc a great new format that uses CD size discs to store video and sound. The quality of these new DVD players is nothing short of breathtaking, and access to scenes is instantaneous all

VIDEO REVIEW – “Bridges to Babylon Tour 97 – 98” The Rolling Stones (DVD and Video)

Well let the circus begin, and theres no bigger circus than the Stones in concert in the 90's. The Glimmer Twins alias Jagger and Richards are awesome and play the rock icon to perfection, Keith Richards is one of the most enigmatic guitarists around and much to many reviewers surprise is still considered a rock god. The stage show is as you would expect from these seasoned veterans ...brilliant, with lighting and special effects that leave you in amazement and classic songs such as “It's Only Rock'n'Roll”, “Honky Tonk Woman” and “Jumping Jack Flash” how can you go wrong. If you haven't caught up with a 90's Stones video for a while and were disillusioned with the “Live At The Max” concert video try “Bridges To Babylon” it will pleasantly surprise. Excellent Rocking Stones ****

CD Review “Deserters Songs” - Mercury Rev

Well another gem has come into the shops with this the fourth release by New York band Mercury Rev. Just completing an Australian tour which as usual only covered mainland states sadly, these guys show that great fresh ideas are still alive and well in what has been a rather stale year in music. With a sound somewhere between Pink Floyd and Radiohead “Deserters Songs” is full of weird and wonderful songs such as “Endlessly”, “Tonight It Shows” and the new single “Opus 40” which is getting average airplay. The CD comes with a nice little bonus disc featuring five tracks recorded live off an American radio show including a great version of John Lennon's “Isolation” and Neil Young's “Philadelphia”. The stand-out track on “Deserter's Songs” is easily the first single “Holes”, it is a simple yet haunting ballad that will stay in your mind long after the CD has finished. A great investment ****

Video Review – “Yellow Submarine” - The Beatles (DVD and Video)

Yellow Submarine is unfortunately hardly ever seen on TV and has been until now hard to get on video, this classic 1968 animated musical is now available on video and DVD. With a soundtrack boasting such hits as “Eleanor Rigby”, “Lucy in the Sky with Diamonds” and “Nowhere Man” and a delightfully timeless tale of good defeating evil as told in a somewhat psychedelic way its great entertainment for the whole family. The gags come thick and fast, most of them falling Ringo's way and the story still translates well especially with the growing interest in 60's music and movies helped by the likes of “Austin Powers” etc.

A Good Trip Back In Time ****

ST.MARYS FOOTBALL CLUB INC.

PROUDLY PRESENTS



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**AT THE TODD'S HALL THEATRE
SATURDAY 23rd OCT.**

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All Children MUST Be Under The Supervision Of An Adult.
The St.Marys Football Club Will Not Be Responsible For The Care &
Supervision Of Any Children Under 16 Years Of Age.

St Marys District Hospital Auxiliary President's Report for 1999

I extend a warm welcome to all who have given their time to be present tonight.

Because of uncertainty surrounding the hospital, only one meeting has taken place since the last Annual General Meeting.

Discussion at that meeting focused on Carols by Candlelight which was well attended.

Thanks for a successful evening must be conveyed to Len Miles, Ron Sumner, Don Ives, the Rubenach family, lead singers, money collectors and anyone else who helped in any way.

I would also like to thank all those who assisted with the stall on Election Day. Money raised on this day was equally divided between the Auxiliary and the St Marys District Hospital Support Association.

I also extend my sincere thanks to the Secretary, Wendy Aulich and Treasurer Heather Lodge. Their support is certainly much appreciated.

We are all aware that since the hospital closed, much trauma and heartache has been experienced throughout the Valley and surrounds.

Now that at last, the re-opening is a definite fact, I am sure we can all be relied upon to substantiate the aim of this Auxiliary. That aim is of course, to raise funds and provide necessary items for the care and comfort of patients in the hospital.

Let us wish ourselves great luck in re-establishing this most worthy Auxiliary which has provided a wealth of necessities over the past 70 years.

Doris Bullock President 1999

Dear Readers

Last letter we were heading for Cue and Walga Rock, since then we have clocked up some 4,500 kms which sounds a lot, however if you were to take a look at a map of W.A. we really have not gone very far. While clocking up those miles we have stayed in just six caravan parks, averaging one night a week.

We have been to Mt Magnet, Yalgoo, Cue, Meekatharra, Paynes Find, Newman, Wittenoom, Munjina, Tom Price, Karajini National Park, Port Hedland, Marble Bar, Whim Creek, Onslow and back to Carnarvon. This little trip has taken us ten weeks.

Our visit to Walga Rock lasted five days, what a wonderful place, perfect camping and very few human visitors. The rock is, I guess, a much smaller version of that other famous rock in central Australia, the good thing about this one was that we only had to share it with the birds and animals. While there we walked the length and breadth both on top and around the rock as well as riding our push bikes around it several times.

Our next stop was Meekatharra and we do have to agree with Tammy Fraser, it doesn't have much going for it, so we stocked up our supplies and headed further north to another bush camp which had been recommended to us.

Continued next issue

Annette and Peter Wines

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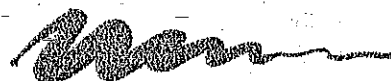
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HOW TO DRUG PROOF YOUR KIDS

The "How To Drug Proof Your Kids" Program conducted a very successful community evening on the 28th September 99 (in Scottsdale by one of the other Tasmanian facilitators). I, as well as around 130 people attended the evening whose keynote speaker was Angela Wood. She addressed the gathering of concerned parents and informed them of her ordeal in losing Anna to the drug Ecstasy. Anna was a young girl from a very loving family - no one saw her as a "druggie". It was a very good evening and my hope grew that the program that I am presenting can make a difference.

Well time is quickly running out for you to register for the "How To Drug Proof Your Kids" parent program which will be running from the 14th October to 18th November. Registrations close on the 7th October. Contact the Fingal Neighbourhood House (63742344) and get registered!

On that note, I wish to say "thank you" to the Fingal Valley Neighbourhood House for their continuing support and sponsorship of the program. The program has also been very active within the community seeking support and sponsorship, and has been granted this by the St Marys Post Office and The Cornwall Coal Company.

Mr Wilson of the St Marys Post Office has assisted with the cost of copying of material and has been of great support to the program. I am very thankful for the assistance the Post Office is giving me.

The Cornwall Coal Company has made a generous donation and has offered to pay the fee for one parent from an employees family to attend the program, provided that the parent complete the program. I am very grateful for such generous sponsorship. Thank you Mr R. Mellows for his assistance and keen enthusiasm about the program.

I would like to encourage you all to attend, and if you are an employee of the Cornwall Coal Co, I recommend you look into taking up the opportunity that your company has given you.

The cost of the program is \$40.00 per person or \$60.00 per couple. The cost of the program has been devised taking into the account of the high costs that are placed upon me for all the program requirements,

I am not trying to make a living from the program and would encourage any person who would like to attend the program who may not be in the financial position to pay for the program up front to contact me as I am willing to come to an arrangement so that you can attend the program.

I look forward to a continued good response from the Valley.

I thank the people who have registered and invite them to encourage their friends and family to also register.

See you there.

Mick Sharman 6372 1001

'How To Drug Proof Your Kids' parent program, acknowledges and thanks the following for their sponsorship and support:-

The Cornwall Coal Company

St Marys Post Office

The Fingal Valley Neighbourhood House.

LETTER TO THE EDITOR

Dear Editor,

There seems to exist a false impression regarding Cornwall Playground being upgraded with thousands of dollars of new equipment by Break O' Day Council, recently.

The replacement arose after the competent swift action through councils, then officer Mr Trevor Berriman, Manager of Public Works at the time, who acted to my written complaint that my son was injured on a faulty swing, including the fact the entire equipment was unsafe.

This situation brought about change THANK YOU COUNCIL also to Lorraine Gill and the Ladies of Cornwall who raised \$140 at the cake stall at Value Plus.

This money will help with our new public facility.

I thank all who have contributed.

Graham James Louis.

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St Marys Sports Centre

by Kackhander

Firstly to bowls and it was good to see such a terrific roll-up on opening day and also to see a few new faces for the year.

The club initially thought it would be very difficult to field a team for pennant but it looks likely now that a full side will be able to be picked most weeks. We welcome to the team Gary Vulich, Mick Sharman, John Cox and Leo Cook. Cooky has transferred from Scamander to help us out although he has always been a keen golf member. John Cox has just moved here recently from Hobart and Gary and Mick have been members for a little while now.

Good luck to all of them and a reminder that the opening pennant match is this coming Saturday at home to Scamander.

Please remember that afternoon tea is required.

A big thankyou to Tony Blake, Rod Spilsbury, John McDonald, Peter Davern, Clive Berwick and perhaps a few others for making the green and surrounds look so good to start the year.



Now to golf and a good attendance was the order of the day for the Aurora Day this past weekend. Congratulations to the sub-committee and of course to Aurora for providing a day like was displayed and Pinehurst Foresomes seemed quite popular. Congratulations also to Scott Wilson for his

'Hole in one' on the 2nd hole.

Thankyou to Aurora representatives Byron and Helen for attending and likewise to those who organised Grand Final Day.

I believe it was a good day all round and the novelty ambrose was a highlight before everyone settled down to watch the game. Well done to the Footy Club and Sports Centre for getting together for these days.

As we go with this edition of the Valley Voice, both Sean and Adam Fletcher will be taking part in the Jack Newton International Golf Tournament at Cessnock near Sydney and regardless of their results, we are certain that they will be great ambassadors for the club.

Just a reminder that there is still plenty of golf to come for the year so we hope that everyone will continue to support the club.

This week the popular Friday night chicken runs will recommence - courtesy of daylight saving again with us. Anyway until next time, good hitting and rolling.

CRICKET



Reminder that training is Tuesday and Thursday nights at the St Marys recreation ground.

Anyone interested in playing cricket is welcome.

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St MarysFooty News

One of the final functions to wind up the season, the NTFA Association Dinner, was held at the Casino last Saturday night. As one of the clubs last official duties for the season, twelve delegates attended on the night.

What a vast improvement on the previous dinner it was, numbers limited to make catering easier, a great meal and some fantastic entertainment during the night from the Uni Review. All expenses covered by the Association as part of our ground fee payments during the season and to top it all off \$100 on each table towards some drinks.

A large screen was used for the Senior Division 1 and 2 Best and Fairest counts so everyone could see the updated scores, the Reserves and Under 16's were presented on the night and were already counted. The totals of each individual club semaphored. Peter Dakin finished just 2 votes from the winner in third spot, highlighting his fantastic season which did not go unnoticed by the men in white. Congratulations Peter. The Senior vote then got under way, a system of 5, 4 and 3 votes used in each game. The progressive score went up with the 3 and 4 votes already counted. At the top of the list was Jamie Viney on 20 votes, in fifth spot was Keith Gillies with 13 votes. This was an indication of how evenly the votes had been spread. With only one 5 vote late in the count, Jack again took the lead and held on to win the Division 2 Association Best and Fairest by two votes. Keith also polled again to finish in fourth spot.

Well done to both players.

With the award came a color television and an engraved silver tray, this all added to a fantastic night enjoyed by those who attended, especially the way the award night finished.

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Coaching Opportunity

The St Marys Football Club inc.
is currently seeking applications for
Coaches positions in the
Senior, Reserves and Under 16
Grades for the 2000 season
in the NTFA Division 2

All applications in writing to:

The Secretary

St Marys Football Club inc.
C/- Post Office St Marys 7215

Applications close last mail
Friday 26th November 1999

St Marys Pacing Club in 2000

The Annual Meeting of the St Marys Pacing Club will be held in the Fire Brigade rooms on **Friday 15th October at 8pm.**

All interested persons are welcome to attend. The Club is working towards making **January 1st 2000** race meeting a big community occasion with novelty events between races and if possible a disco and fireworks display at night.

Anyone who has any ideas, old or young, are most welcome to come along and assist if possible.

We would like to make this day a memorable one for young and old.

Eric Bean Secretary.

*Thankyou St Marys Pacing Club for your
generous donation of \$100.*

Valley Voice.

