

# The Valley and East Coast Voice

Volume 31 Issue 11

Friday 25 September 1998

50cents

## St Marys school boys 'scoop the pool' at championships.

St Marys Club Championships were dominated by the Junior golfers. Tristan Clement who at 15 years of age and been playing golf for three years won the A Grade as well as the Junior Championship. Sean and Adam Fletcher who are 15 and 16 years old were equal Runners-up. The boys attend St Marys District High School and live beside the golf course!!

## Election promise for hospital

The following is from a letter addressed to:  
Mr Len Miles

St Marys District Hospital Support Group  
from Premier Jim Bacon MHA

'I remain acutely aware of the need to restore a 24 hour per day hospital and age care service to the St Marys district at the earliest opportunity. As you are aware, I made specific commitment to restore the service as a facility incorporating the present Health Centre and for the facility to be transferred to *the not for profit* private sector to be administered with local involvement. The re-establishment of the hospital will involve negotiation with a suitable private operator together with considerable redevelopment of the site and discussions with the Commonwealth. Consequently the re-establishment of the facility will not occur overnight and may not be possible until some time in 1999. However, I wish to emphasize that it will be done.'

## East Coast Counselling Service

This service is based at the St Helens Neighbourhood House and offers face to face and telephone counselling on a myriad of issues, as well as providing assistance with housing problems, financial and emergency relief, social security concerns, and advocacy on behalf of individuals and groups.

The counselling service is available to all persons irrespective of race, religion, age, gender, political persuasion or sexual orientation. The service is strictly confidential and free of charge. The philosophy of the service is based upon the principles of self-determination and personal empowerment, and a belief in the inherent dignity of each human being.

Office hours are 8.30am to 5pm Monday to Friday and home visits are available by appointment. The service covers St Helens, St Marys and Bicheno areas.

Cousellor Thom Ryan can be contacted on 63761545 or Michael Best on 63762385.

## Guest Speaker at the Combined Probus Club of Scamander

About fifty attentive Probus members learnt plenty about drugs and alcohol when Mr Phillip Morris of Community Health - Drug and Alcohol Services spoke to them at their September meeting. Many members stayed on for lunch at the Scamander Beach Resort after the meeting.

The Club's annual three day bus trip will be in October and this year they will be visiting Poatina, Ulverstone, Gunns Plains Caves and Devonport. These trips are very popular and are looked forward to each year.

**St Marys  
Newsagency**

Story Street St Marys  
Ph 6372 2143

*Large range of  
magazines  
& newspapers.*

*If we do not have what  
you want - just ask and  
we will order it for you  
Deidre and Ros*

**50% off already marked down  
books and magazines.**

Assorted titles such as:  
Behind the Footy Show  
Two Wheels, Fly Fishing  
Pregnancy in Spring  
Gardening Australia



# HEALTH PAGE

1				2					3				4
				5									
	6						7						
								8					
	9										10		
11								12					
		13											
		14											
		15						16					
17								18					
19										20			

## What do you know about Asthma?

### ACROSS

1. People with \_\_\_\_\_ have sensitive airways.
5. \_\_\_\_\_ don't really know why people get asthma.
6. A 'Reliever' such as Ventolin provides relief for symptoms such as shortness of \_\_\_\_\_.
8. \_\_\_\_\_ is an allergen which may trigger an asthma episode.
9. The best way of controlling \_\_\_\_\_ asthma is with medication.
12. During Spring the extra \_\_\_\_\_ in the air can sometimes bring on an episode.
14. We often don't know exactly what has \_\_\_\_\_ an attack.
15. Medications known as \_\_\_\_\_ reduce the swelling of the airways.
17. Exercise helps develop \_\_\_\_\_ breathing muscles.
18. Asthmatics should \_\_\_\_\_ their Doctor regularly.

### ACROSS cont

19. \_\_\_\_\_ relax the muscle around the airways.
  20. All asthmatics should have an emergency action \_\_\_\_\_.
- ### DOWN
2. You can \_\_\_\_\_ your lung function at home with a peak flow meter.
  3. Asthma symptoms vary \_\_\_\_\_ person to person.
  4. Winter \_\_\_\_\_ may trigger an episode of asthma (3 words)
  5. A high pitched raspy sound on breathing is known as \_\_\_\_\_.
  7. Asthma is a condition that changes all the \_\_\_\_\_.
  10. You can check your asthma by blowing into a peak \_\_\_\_\_ metre.
  11. People with asthma have sensitive or "twitchy" \_\_\_\_\_.
  13. Medication known as "relievers" should \_\_\_\_\_ your symptoms in 4 to 6 hours.
  16. \_\_\_\_\_ stop taking your medication unless the Doctor tells you to.

DR GENIOLA ON CALL 3RD & 4TH / 17TH & 18TH

## What's on When?

### September

29th....Aust' Hearing Services

### October

1st....Child Health

....Youth Health Team visit

7th....Public Podiatrist

8th....Breast Cancer Support Group

15th....Child Health

26th....Private Podiatrist

27th....Private Podiatrist

....OPSM for eyes

28th....Aust' Hearing Services

29th....Youth Health Team

....Diabetic workshop (11-2)

\*\*\*

Commencing Thursday 24th Sept

Aerobics for beginners

10.45am

in the old physio department

\$4.00 session

Limited space please book

63722111

## DOCTORS HOURS

Dr Geniola

normal hours

Dr Cercez

Friday 25th Sept

Dr Grant

31st Sept 1st - 2nd Oct

But for venetian blinds it would be curtains for all of us.

Doctor Drake's  
ditties



Information and puzzles on this page have been compiled by staff at the Community Health Centre, enquiries on any topic to 63722111



## Advisory Group of the East Coast Counselling Service

The Advisory Group of the East Coast Counselling Service meets once a month alternatively at St Helens and St Marys and is open to all members of the public.

The group provides a forum for raising and discussing a broad range of community issues and promotes public involvement and awareness in issues. The group also seeks to nurture informal and formal community networks and communications, lobby local and state services on issues of concern, as well as seeking to raise the consciousness and public awareness of the East Coast Counselling Service.

For further information please contact Michael Best at the St Helens Neighbourhood House on 63762385.

## Time to get smarter

After reading an article in the National Business Bulletin, I spoke to Mr Tim Abey, Chief Executive of the Tasmanian Chamber of Commerce and Industry, who has concerns for Tasmania.

Tasmania once had one third of Australia's population, but that was in the 1830's and we now only account for 3% of the population.

Tim Abey says 'Now that the Commonwealth is in surplus and plans to drive debt down further with the Telstra sale, Tasmania is in the unenviable position of being the only government in the country which is adding to their debt.'

While other states are busily privatising their power industry, the Tasmanian people decline to give the government the authority to sell off part or the whole of what is termed 'The Hydro'

'The others can't all be wrong' says Mr Abey. 'Tasmania is dangerously exposed.'

Negative thinkers in business think that when the big get bigger, do the small get smaller?

To the optimist however, as the big get bigger the small get smarter.

Maybe it is time for Tasmania not to get smaller but to get smarter.

Ed.

## Auction

Surplus Service Station stock and tools, as well as other sundry items will be auctioned on Friday 2nd October commencing at 11am at the St Marys Recreation Ground.

**Jeffs Jottings** *No more jottings for now as Jeff has hit the road for the drive down to catch the 'Spirit' in early October. He will be back in Tasmania to escape the hotter months up north and to be home to help get the 2nd Singing Dog Festival under way.*

*More details of the Singing Dog Festival later, but in the meantime get your dog into some regular singing practice ready for the big day.*

*Hope to see 'Sam' as an entrant this year, so hope his owner reads this, as Sam has a great voice and stage presentation!*

## FALMOUTH COMMUNITY CENTRE

### AFL GRAND FINAL DAY

commences at 12 noon.

Food and refreshments available.

## A BIG THANKYOU

Marianne Pauls of the Fingal Post Office would like to thank everyone for the support and kindness shown to me at the site of my car accident at 7.45am on Tuesday 22nd September at Avoca, Esk Highway.

Special thanks to Ambulance team and those who stopped immediately and came to my aid.

## GIFTS and GADGETS

46 MAIN STREET ST MARYS  
PHONE 63 722773

## Preloved clothing SALE NOW ON

## CROSSWORD ANSWERS

ACROSS  
1 ASTHMA, 5 WE, 6 BREATH, 8 MOULD,  
9 YOUR, 12 POLLEN, 14 TRIGGERS,  
15 PREVENTERS, 17 STRONG, 18 VISIT,  
19 RELIEVERS, 20 PLAN.  
DOWN  
2 MEASURE, 3 FROM, 4 COLD, 5 SANDELUS,  
5 WHEEZING, 7 TIME, 10 FLOW, 11 AIRWAYS,  
13 STOP, 16 NEVER.

## Church Services

### Catholic Parish of St Marys

Priest: Paul Connolly, St Marys.

#### St Marys

Every Sunday Mass 9am

#### Bicheno

Every Sunday Mass 3pm

#### St Helens

Every Saturday Vigil Mass 6pm

#### Mangana

2nd Sunday

Eucharistic Service 11am

#### Mathinna

5th Sunday

Eucharistic Service 11.15am

### Valley Church of the Rock

(CRC Church Fingal)

Pastor Leigh Casboul

Ph 63741099

Sunday School 9.30am

Church Service 10.30am

### Anglican Parish of the Northern Midlands

#### Services each Sunday

Ross 8am

Campbell Town 9.30am

Avoca 11.30am

Fingal 2.00pm

#### Tuesdays

Mathinna 2.00pm

#### Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

### Seventh Day Adventist

Hodgeman Street

Scamander

Sabbath School 10am

Divine Service 11am

### Anglican Parish of St Helens

63761144

#### St Helens

8am and 10.30am

Every Sunday

#### St Marys

9am

No service 5th Sunday

#### Pyengana

11am

2nd and 4th Sunday

### Salvation Army (RSL Hall)

Main St, St Marys

Aux. Capt. & Mrs Tolputt.

Ph. 63 722352

Everyone welcome

#### Sunday

Sunday School 9.30am

Family Worship 11am

#### Wednesday

Ladies Fellowship 2pm

#### Thrift Shop

Wed - Fri 10am—2pm.

Pickups Ph 63 722352

## Lindsay & Diane Harris

Funeral Directors  
(D.Bailey & Son)

46 Tully Street St Helens

Phone 63 761153

Take advantage of the  
Pre-paid  
Funeral Plan  
or we can offer advice  
to suit  
your requirements.



WITH SINCERE  
DIGNITY AND  
PERSONALISED  
SERVICE

### Break O'Day Uniting Church

Rev. Brain Hoole

Fingal  
9.00am

St Helens  
11am and 7pm

St Marys  
5pm

## W. LOCKETT & SONS

### Funeral Directors Campbell Town

Enquiries may be directed through either :

Mr Leo Lane  
Campbell Town  
63 811 472

or

Mr T Pears  
Campbell Town  
63 811 167

Mr Bruce Davidson Campbell Town 63 444 577

# CLASSIFIEDS

**REDLINE COACHES....** Deliver this paper quickly and efficiently. Statewide passenger and parcel service.  
Phone 63722 143

**FOR SALE....GRASS HAY**  
Also **OATEN STRAW.**  
Small square bales \$3.50 per bale  
Phone St Marys 63722459.

**FOR SALE....Kelvinator**  
480l 2 door fridge, perfect order \$140  
Singer Sewing Machine, perfect condition - try before you buy, with accessories \$120  
Single leather armchair totally comfortable \$50  
Solid Pine Dining Table with 4 chairs, looks good \$160  
Phone 63722191.

## Garage Sale

Ride - on Lawn Mower  
8H.P., Goes well \$500.00  
Wood bench 8H.P. Honda motor \$250.00  
Everhot 204 combustion stove with near new hot water cylinder - see working \$300.00  
Wheel barrow type cement mixer \$40.00  
Stereo sound system, record player, double cassette player and radio, large double speakers and stand with record storage \$60.00

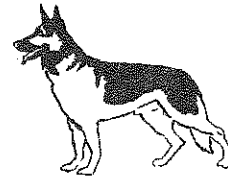
Phone M. Ellis 63771142

**FOR SALE...Black Swivel Office Chair \$10.00**  
**PHONE 63722337**

**FOR SALE....Diana Ferrari,**  
black lace up shoes, Size 61/2, worn 3 times were \$70 **NOW \$25**  
Phone Kathryn Brown 63722172

## ANIMAL FEEDING AND WALKING.

If you want to go on holiday and not worry about your animals. I will feed them and walk them for you if you like for just \$2.00.  
Phone Perri Chapman on 63722320.



## GARAGE SALE

**SUNDAY 27TH  
SEPTEMBER 1998  
8.00AM - 1.00PM**

**CRAY DROP IN  
&  
HOLIDAY VILLAGE**

Bric a brac, clothes,  
kitchen items, music organs  
and much much more....

# MEALS ON WHEELS

<b>SEPTEMBER</b>	<b>ST MARYS</b>
28	Janice Tapp
29	Karen Spilsbury
30	Wendy Aulich
<b>OCTOBER</b>	
1	Yvonne Salter
2	Ralph Jones
5	Selby Targett
6	Wendy Haas
7	Peter Williams
8	Rona Gatty
9	Frank Turner

**FINGAL**  
Shirleen Woods  
Raylene Hall  
Debbie Speers

Patsy Death  
Jack Miller

Cheryl Rankin  
Maryanne Pauls  
Mirri Woods  
Jan Berriman  
M. Saunders

## ST MARYS TAKE-AWAY

(Les & Heather Newman)  
26 Main Road  
St Marys 63722 287

**FOR ALL YOUR**  
*hot & cold takeaways*  
*bread, milk, cream, fruit & vegs,*  
*film, batteries, confectionery,*  
*refreshments, fishing gear, bait*  
*and ice plus some grocery items & giftware*

**FRESH CREAM CAKES & PASTRIES ON THURSDAYS**

**CALL IN AND SEE US  
BETWEEN**

6.00 am - 8 pm (Mon - Fri)  
8.00 am - 8 pm (Sat & Sun)

# ST MARYS HEALTH & BEAUTY CENTRE

42 Main Rd St Marys Tasmania  
Phone (03) 63722172

## SUPER SPECIALS

Macleans Triple Stripe Toothpaste \$1.65ea  
Napro Live Colours \$3.95ea  
Rexona Green 4 pack soaps \$2.25  
Exclamation Dare range 1/2 marked price  
Dove baby wipes pop up pack \$4.75  
Dove baby wipes refill pack \$4.25

GREAT NEW STOCKS INCLUDE

AN ASSORTMENT OF PHOTO FRAMES  
PRICED FROM ONLY \$5.95EA

ROUND VELVET BOX FOR ALL YOUR  
TREASURES \$7.95EA

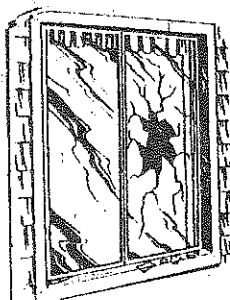
PERSIMMON OVAL BAKER \$23.95

TRAVEL HAIR DRYER \$23.95

SIMMERING CRYSTALS \$2.95  
Dewberry, white musk, rose  
plus new fragrance peach

TOYS AND MORE TOYS AND  
MUCH MUCH MORE

\*Did you lose a pound puppy last Monday  
September 14th?



## East Coast Glass

- Glass Replacements
- Mirrors
- Shower Screens
- Fly screens and doors
- Blinds & Awnings

**DAVID CANNON**  
Frank Street Falmouth (03) 63 725361

## Rae & Partners Lawyers Barristers & Solicitors

93 York Street  
Launceston

Visiting St Marys alternate Thursdays 9am - 10am  
44 Main Street St Marys

BOOKINGS MAY BE MADE AT ST MARYS  
HEALTH & BEAUTY

or  
Phone (03) 6337 5555 for appointments

ACCEPTING INSTRUCTION IN

## VALUE PLUS

# ST MARYS SUPERMARKET

Kerry & Jill Taylor  
38 Main Street St Marys PH 63 722240

## FOOTY FINALS FEVER HITS

## CELEBRATE THE AFL GRAND FINAL WITH THESE GREAT DEALS

Blue Ribbon Saveloys 500g \$2.35  
Huttons Footy Franks 500g \$2.75

## WE'VE SCORED HERE

Coca - Cola 1.25ltr only \$1.59  
Cabana 250g \$2.65

## AT THE FINAL SIREN YOU'LL BE AHEAD WITH SUNRISE BAKERY

Party Pies \$2.75  
Sausage Rolls \$2.35

## YOU WON'T SPIT THESE CHIPS

200g Smiths \$2.25  
230g Doritos Corn Chips \$2.15

## HAVE A GREAT DAY

# What's On

## CONCERNED GROUP TACKLES TREND OF INCREASED SUICIDE RATE AMONG YOUTH POPULATION

Distribution planned of some 20 million copies of newsmagazine

At a time when a considerable part of the world's youth population are experiencing family and social pressures, Jehovah's Witnesses will be distributing a series of articles that discuss suicide and the possible prevention to this worldwide problem.

In some 230 lands across the globe, the September 8, 1998 *Awake!* Article "Suicide - A Scourge of Young People" will be made available to organizations, groups and all individuals concerned with this alarming trend. There are many theories about the motivation for suicide among young people, but the answers to preventing such tragic deaths are far from simple. The other three feature articles will offer a fresh look at the complexities involved with why young people choose suicide as an option. The International newsmagazine is published in 81 languages, with a distribution of close to 20 million copies.

Contact: G. P. Howe

23 Steele St, Scamander (03) 63725165

## RANSLEYS

SALES AND SERVICE

- ⇒ REFRIGERATORS
- ⇒ WASHING MACHINES
- ⇒ CLOTHES DRYERS
- ⇒ HOUSEHOLD APPLIANCES

**RANSLEYS  
HOME APPLIANCE  
SERVICES**

41 Quail Street St Helens  
Phone 6376 1811

## OLD TASMANIAN HOTEL COMMUNITY CENTRE

### ANNUAL MEETING

**THE ANNUAL MEETING OF  
THE CENTRE WILL BE  
HELD ON THURSDAY 22ND  
OCTOBER AT 7.30PM**

**BUSINESS:** Annual report and  
treasurers statement.

Election of office bearers 1998-99

**COMMITTEE MEETING TO  
FOLLOW ANNUAL MEETING**

J.S. Miller Hon Sec

## ST MARYS DISTRICT HOSPITAL SUPPORT ASSOC.

It was decided at our meeting to hold a stall on Election Day. The proceeds will be equally divided between SMDHSA and the St Marys District Hospital Auxiliary now that it has been confirmed that the hospital will re-open in the near future. It is apparent funds will be needed. **This is your opportunity to contribute by supporting the stall. Thank You** Our next meeting of the Support Assoc will be held on October 19th.

## GREENS

DAVID & HEATHER GREEN  
ST MARYS

Phone (03) 63722 602

- \* Chimney Sweep \*Fencing
- \* General Home Maintenance
- \* Concreting \*Paving
- \* Domestic & Office Cleaning
- \* Lawn Mowing \*Gardening
- \* Rubbish Removal

FOR FRIENDLY & RELIABLE SERVICE  
AT REASONABLE RATES  
SERVICING ST MARYS &  
SURROUNDING DISTRICTS

## St Marys Variety

42A Main Street St Marys  
Phone (03) 63722396

**ST.MARYS VARIETY  
WILL BE CLOSING  
DOWN. ALL  
ACCOUNTS TO BE  
PAID .ACCOUNTS WILL  
BE PUT INTO OUTSIDE  
HANDS.**

**ALL LAY-BYS TO BE PAID  
AND COLLECTED OR  
MONEY PAID WILL BE  
LOST.**

## St Marys Butchery

Diane & Brent Johnson  
Main Street St Marys  
Phone (03) 63722274

**Quality meats & smallgoods,  
Extensive gourmet lines,  
Daily specials,  
Free Local Home delivery  
and  
Friendly, personal service.**

**CALL IN AND SEE US  
FOR ALL YOUR  
MEAT REQUIREMENTS**

## SPRING ASIAN COOKING COURSE

St Helens Neighbourhood House  
Free child care available

Demonstration of unique Asian  
food preparation and technique.  
Easy and simple way to prepare  
a delicious meal. Menu includes:

- Crisp Fried Thai Noodles with Rice*
- Indonesian Chicken in Coconut Milk*
- Beef in Black Bean Sauce with Rice*
- Noodles with Browned BBQ Pork with Rice*

**4 week course Mondays  
starting 12-10-98**

**Cost per session is only \$10  
Phone Fe Gillies 63722410 or  
Penny 63761134**

## COUNCIL NEWS



### WORKS PROGRAM

#### Capital Works

**Barrack Street Water Extension:** Works will continue and individual house connections will start to be installed.

**St Marys Streetscape works:** Works are scheduled to commence in this area approx. 21-9-98 weather permitting.

#### Aerodrome Rd Sewage Extension:

Materials are being stockpiled and works will commence late in this period or early next period.

**St Helens Tip restoration:** Work has commenced and will continue on rehabilitating the old tip site.

**Ansons Bay Gravel Pit:** Work has commenced and will be completed shortly on closing down and restoring this gravel pit.

### MAINTENANCE WORKS

**Ansons Bay Rd:** Some corrective grading will occur along sections of the road as required.

**Medea Cove Rd:** Upgrade works will continue with some vision improvement works to be carried out on corners and some realignment.

**Curtis Rd:** Some maintenance grading is scheduled.

**Upper Esk Rd:** Some maintenance grading is scheduled.

### BRIDGE MAINTENANCE

**Priory Bridge:** The bridge over the George River at Priory will be closed for repairs 21-22 October. Detours are available via the fire road and Forestry roads.

### COUNCIL OFFICES

**FINGAL** – The council offices at Fingal are still open for business during normal working hours

**Weekdays 9am -5pm,**

**Closed between 1-2pm for lunch.**

### TOWNSCAPE WORKSHOP ST HELENS.

Extremely successful workshops were conducted at St Helens on the 4 -5th September. A considerable amount of community advice and information has been gathered. The Townscape Review was held last Saturday and a draft document will be prepared for editing by the St Helens Townscape Committee and council within the next two months.

**NEXT COUNCIL MEETING  
12TH OCTOBER - ST HELENS**

## ACIS

*Australian Country  
Information Service*  
Community Hall - St Marys  
PHONE 63722693 FAX  
63722694

Social Security information and forms, Centrelink booklets. Free information and advice on all government services & programmes from our professionally staffed office.

**OPEN**  
**10AM - 3PM**  
**THURSDAY & FRIDAY**  
since 1993

**NOW AVAILABLE**  
Bizlink information service for  
new & existing businesses.  
Internet Facilities  
Tax Help  
Certification of documents for tax-  
file  
number applications  
Fax & photocopying facilities at a  
very reasonable cost

## SUNCOAST GLASS & SCREENS

*Peter Clark at your service with  
over 33 years experience in the  
glass and aluminium fabrication  
industry.*

*For all glass sales and  
replacements, security doors  
and screens  
flyscreens, shower screens,  
mirror wardrobe doors  
aluminium windows  
and doors,  
glass roofing, porches, security  
locks,  
aluminium window  
replacements  
and glass bricks.*

*Service is our aim.*

*For an obligation free quote  
Phone/fax (03) 63725658  
Mobile 0417336667*

## Smith Valley Traders

44 Main Rd St Marys  
Phone 63 722367

## WINTER STOCK

## SELECTED

## WINTER

## STOCK

## ALL

## 1/2

## PRICE

*Layby & Credit Card  
Welcome*

## Quinns

Auto Electrical  
2 Story Street St Marys  
Phone B/H 63722194

**EFTPOS FACILITIES  
NOW AVAILABLE**

**SHOP LOCAL AND BENEFIT**

*Get your 2 cents a litre discount when you  
present your discount voucher and be in  
with a chance to win some great prizes.  
3 St.Marys winners already!!!*

### SPECIALS

*(available until sold out)*

*4-Way Wheel brace at \$9.50 each  
Fuel Injector & Carbide Cleaner 350ml  
bottle at \$5.95*

*Sell out of mower blades in stock, to  
suit selected Masport, Victa &  
Greenfield.*

**APPROVED INSPECTION STATION**





# St. Mary's Top Shop



Supermarket/Hardware

56 Main Road St. Mary's 7215

Phone (03)6372 2242 Fax (03) 6372 2754

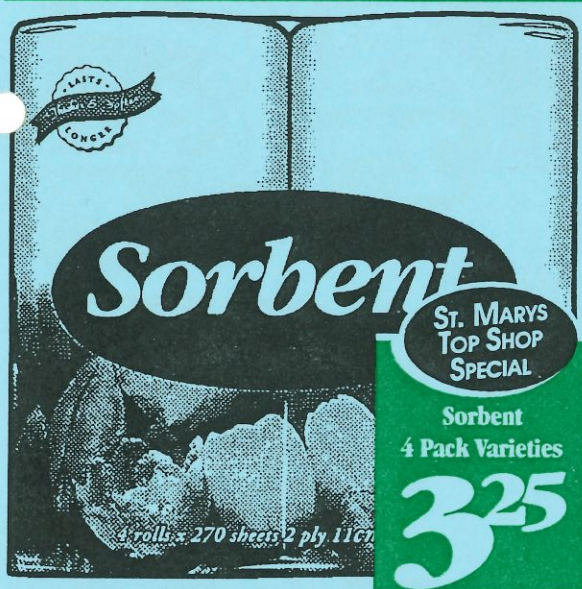


Take the Challenge!!!

See if you can spot "Spot"  
hidden in each weeks handbill



**NEW SEEDLINGS ARRIVING REGULARLY**  
**SPRING IS HERE SO START YOUR GARDEN PRERARATION NOW**



ST. MARYS  
TOP SHOP  
SPECIAL

Sorbent  
4 Pack Varieties

**3<sup>25</sup>**



ST. MARYS  
TOP SHOP  
SPECIAL

Coca Cola  
2 Litre Varieties

**2<sup>69</sup>**



ST. MARYS  
TOP SHOP  
SPECIAL

Golden  
Bananas

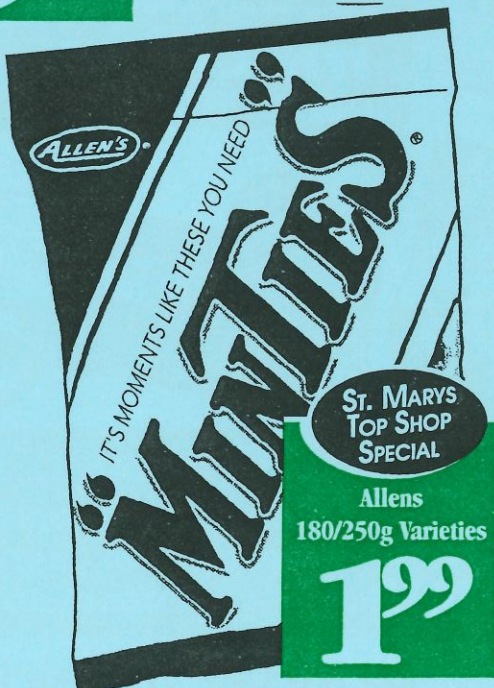
**1<sup>49</sup>** kg



ST. MARYS  
TOP SHOP  
SPECIAL

Heinz  
425g Varieties

**1<sup>19</sup>**



ST. MARYS  
TOP SHOP  
SPECIAL

Allens  
180/250g Varieties

**1<sup>99</sup>**



ST. MARYS  
TOP SHOP  
SPECIAL

Heinz 425g  
also Spaghetti Var.

**95¢**

Free  
Local  
Home  
Delivery

Graham, Karen & Staff invite you to call in and check the lower shelf prices and the friendly personalised service. Specials available from 24/9/98 until 30/9/98. While Stocks Last.

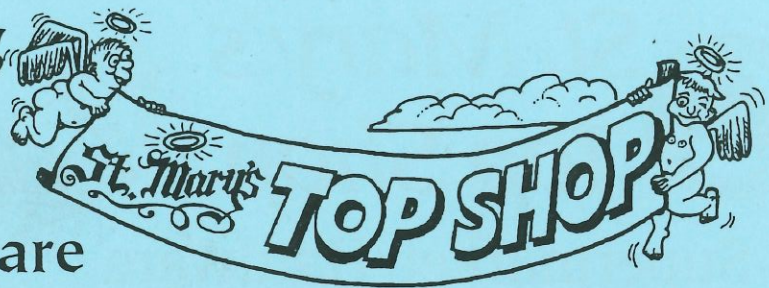


# St. Mary's Top Shop

Supermarket/Hardware

56 Main Road St. Mary's 7215

Phone (03)6372 2242 Fax (03) 6372 2754



Fresh Broccoli

**2<sup>99</sup>** kg

**NANNA'S**  
LIGHT & FRUITY FAMILY PIES

Var. 350/600g

**2<sup>35</sup>**

**Blue Ribbon** cocktails

500g Cocktails

**2<sup>45</sup>**

**Tender Chicken**  
FROZEN

No. 15 Marven

**4<sup>99</sup>**

**DUO** concentrate with duofresh™

750g Detergent

**2<sup>59</sup>**

**BULLA** vanilla ice cream

5 Litre Varieties

**7<sup>25</sup>**

**Kellogg's** LESS THAN 1% FAT  
**CORN FLAKES**

275g Corn Flakes

**1<sup>95</sup>**

**ADVANCE** Dishwashing Liquid

500ml Varieties

**1<sup>35</sup>**

**IMPERIAL LEATHER**

Var. Twin Pack

**1<sup>75</sup>**

**maclean**

90g Complete Care

**1<sup>85</sup>**

**Sorbet** 224 Peach Tissues

224's Varieties

**1<sup>89</sup>**

**ARNOTT'S** Biscuits  
**Tim Tam** CHOCOLATE BISCUITS

Var. 150/200g

**2<sup>19</sup>**

**SUNRISE BAKERY**  
Party Pies  
12 Pack

**2<sup>35</sup>**

**e eftpos**  
now available

## AFL FOOTBALL FINALS PARTY FEVER

If you need to stock up on your AFL Party needs, the St. Marys Top Shop has a wide range of drinks and snacks.

**Convenient  
Shopping  
Hours for you**

**Monday to Friday 8am to 6pm  
Saturday 8am to 12noon  
Sunday - Closed**

**Not your Average Supermarket - BUT your TOP SUPERMARKET**





PAULINE HANSON'S

**One  
NATION**

FEDERAL CANDIDATE FOR LYONS

**ANDREW WILSON**

EQUALITY FOR  
ALL AUSTRALIANS

PHONE 63722029  
Po Box 46 St Marys 7215  
Authorised by Andrew Wilson

**ST MARYS  
FOOTBALL CLUB INC**

FOR HIRE 200  
SETTING OF  
CROCKERY AND  
CUTLERY.

LADIES COMMITTEE  
CATERING FOR ALL  
OCCASSIONS

ENQUIRIES TO  
TRACY ON 63722494  
OR  
RUTH ON 63722219.



*Break O' Day  
Film Society*

**A CLOCKWORK  
ORANGE**

G.B.,C, 137mins 1971

OCTOBER 2ND

ST MARYS SCHOOL  
HALL  
7.30PM

Set in the future  
G.Britian, a young  
gangster guilty of rape  
and murder, obtains a  
release from prison after  
being experimentaly brain  
washed. He finds society  
more violent than in his  
time.

R - Edited from the  
original X rating.

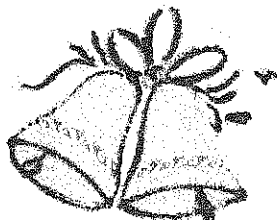
### RAFFLE FOR DALE

#### PRIZE LIST

- 1st 2 Nights accommodation at the  
Cray Drop In - \$200  
(donated by B & M Aulich)
- 2nd Gift Voucher at the store of the  
winners choice \$100  
(donated by D. Cook)
- 3rd Manchester \$60  
(donated by S. Cook & G.Cooper)
- 4th Grocery Hamper \$50  
(donated by K & J Taylor)
- 5th Knife Set \$40  
(Donated by M. Cook)
- 6th Open Order at Purple Possum  
Wholefoods \$30  
(donated by R. Cook)
- 7th Gift Voucher at Smith's Valley  
Traders \$25  
(donated by D. Smith)
- 8th Hardware Gift Voucher \$20  
(donated by G & K Saunders)

**RAFFLE DRAWN 30TH OCTOBER**

CONGRATULATIONS  
TO  
GEOFF & MARY KING  
WHO CELEBRATE  
THEIR  
50TH WEDDING  
ANNIVERSARY  
ON OCTOBER 2ND



#### SOFT FUDGE

500g Milk Melts  
1 Tin Sweetened Condensed Milk  
(400g)  
2 Teaspoons Vanilla Essence  
50g Packet Flaked Almonds

Put Milk Melts and condensed  
milk in the top of a double boiler.  
Melt slowly over hot water. When  
melted add vanilla essence and  
almonds. Pour into a 28 x 18cm  
slice tin. Smooth over with back  
of soup spoon.  
Cool and cut into small pieces.  
Makes 50-60 pieces. Keep in  
airtight container in refrigerator

**PURPLE POSSUM**

Wholefoods Crafts  
Storey Street St Marys Tas 7215  
Phone (03) 63722655

#### PEANUT LOVERS

Try these new additions  
to the peanut lineup

Smoked Peanuts  
\$6.30kg

Deville Peanuts  
\$6.30kg

And still on special  
Honey/Sesame Peanuts  
\$6.50kg

ALSO AVAILABLE  
Expensive but delicious  
Honey/Sesame Cashews  
\$2.95/100g

#### FREE RANGE EGGS

These are good  
value at  
\$2.50/doz



**RED CROSS  
PORCELAIN DOLL RAFFLE  
DONATED BY EUNICE SAVRINE**

**WON BY  
M. BRITTAIN MATHINNA  
THANK YOU FOR YOUR SUPPORT  
RAFFLE RAISED \$198.45**

# Sound Vision

KEN MARTINDALE

## RATING SYSTEM

\*\*\*\*\* Must Hear/See  
\*\*\*\* Excellent  
\*\*\* Good  
\*\* Just OK

**GAMES REVIEW – “Banjo-Kazooie” -{ Nintendo 64 }**  
From the same people who brought you the brilliant Donkey Kong Country 1,2 &3 on the original Nintendo comes another exciting adventure starring Banjo the bear and his wise cracking sidekick Kazooie who is a bird who lives in his backpack. If you enjoy the freedom of the 3d environment of Super Mario 64 with large seemingly endless levels, plenty of puzzles and pickups then this game is for you. The levels are colourful and picturesque the baddies all have a great personality as well as looking brilliant. Overall Banjo Kazooie although much like Mario 64 surpasses it and is a stunning game.

Hi and welcome once again to Sound and Vision, as if you haven't got enough diversity in entertainment reviews I've gone and thrown another one in. Console games such as Playstation and Nintendo 64 will come under the spotlight with videos and of course music. These games are very popular as the machines are relatively inexpensive and the majority of the games are extremely good quality and value and as such worthy of a close look. Hope you enjoy !!!

**VIDEO REVIEW – “STARSHIP TROOPERS” - STARRING** Casper Dien, Diana Meyer, Denise Richards and Jake Busey. Directed by the same man responsible for the sci-fi classics “Robocop” and “Total Recall”, “Starship Troopers” is a brilliant roller coaster ride from start to finish. It never lets up and if you enjoyed the feeling of being part of the movie via the advertisements and propaganda in Robocop you're going to love this. It's the story of three high school friends who join The Federation (A 21st century version of the armed forces). Carl joins the elite intelligence corps, Johnny Rico enlists in infantry and Carmen (Rico's girlfriend) joins the flying squadron. They separate but vow to remain friends and their paths cross several times in the wars to stop the galaxy being taken over by an intelligent race of alien bugs. The special effects are second to none, the action is full-on and frantic, the atmosphere of being in the 21st century is electric but it is violent and the gore is reasonably high. “Starship Troopers” is an excellent galactic adventure. \*\*\*\*



**CD REVIEW – Garbage - “Version 2.0”** The second outing from this clever English band. It was always going to be hard to top their debut album with its many pop hits but “Version 2.0” does just that. The hits are many with “I think I'm Paranoid”, “When I grow up” and “Push it” all getting plenty of air play but there are still many more radio friendly gems to come from this CD. The production is just like the first in that it is sharp and clean, Shirley Mansons vocals are even more leering on tracks like “Wicked Ways” and “Temptation Waits” than any thing on the first CD. The more you play it the better it gets. \*\*\*\*

**CD REVIEW – Everclear “So much for the afterglow”**  
I know this CD has been out a while but I just got a copy and what a great little investment that was. This is Everclear's follow up to “Sparkle and shine” and once again is full of clever pop/rock hits, stand-out tracks are many such as “Amphetamine” and the classic “Father of mine”.  
Pure brilliance \*\*\*\*\*



## Sports Centre News *by Kackhander*

### Juniors play champion golf

This year the Club Championship proved to be history in the making.

The incredible depth of our junior contingent saw not only the Championship go to Tristan Clement but also the Handicap title to Sean Fletcher. Not to be outdone, Adam Fletcher went from an uncharacteristic bad round to shoot the best round of the entire Championship to finish equal second with brother Sean, two shots from the championship.

Four time Club Champion Chris Davern finished three shots back from the winning score of 290, in fourth place. Also scoring well were Shan Wilmot, Dale Ridgers and Craig Mitchell.

Tristan would probably be one of the youngest club champions in the state if not the country and is just reward for dedication to practice.

Similarly Sean, Adam and Scott Wilson can be proud of their results during the championship.

Thanks to Rodney Spilsbury, Dale Ridgers, Leo Cook and Chris Davern for doing the bar duties during the the championship, and to the Juniors who did a marvellous job of the cards over four days, as well as checking and collating the scores.

Fantastic effort everyone.

A meeting will decide the season for the bowls section and let us hope that a positive outcome will follow in the next couple of weeks.

Bowls President Rodney Spilsbury will leave no stone unturned to get a team, that's for sure.

Just a reminder to all members that the 1998/99 subscriptions

will officially be due from October 1st and that there is a maximum of two months set aside to forward your payment. The draw for the membership raffle is due to be held on or about October 1st, so those wanting to enter have until then to get a ticket.

Our best wishes go to Ivy Brennan who is still under the weather a bit at present. Likewise to Peter Davern who is still getting over his operation. All the Club sends their regards and wish you both a speedy recovery.

*Anyway until next time*

*- good hitting and rolling.*

## St Marys Hotel

Phone 63722181

SKY CHANNEL

TAB KENO



### COUNTER MEALS

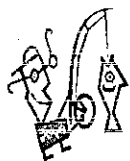
Friday Night

6 pm - 8 pm

Saturday 2 noon - 2.00 pm

6 pm - 8.00 pm

Sunday 12 noon - 2.00 pm



## Scamander Surf Angling Club

'We fish for fun'

Competition at Four Mile Creek Beach Sun 13th Sept.  
Warm conditions and a big swell made fishing interesting at the Clubs first event for the year.

Sixteen fish were caught, with Gary Maher catching the heaviest fish weighing in at 996 grams.

Brendan Blake took the Junior trophy with a cocky salmon weighing 232 grams and his mother Judy won the Ladies prize with two salmon weighing 515 and 469 grams.

Other successful fishermen were Peter Lohrey, Paul Davern, Jim Heerey and Roger (Kelpie) Donald.

It was good to see new members joining on the day, which was followed with a very tasty barbeque.

The next competition is at Surfside Beach on Sunday 11th October between 8am and 12 noon.

New members are welcome to come along and have a bit of fun, you never know you might take home a nice prize.

Good fishing. President Pete.

## DICK ADAMS

Federal ALP Member for Lyons

Chairman of the Federal Opposition

Leader's Regional Task Force



'Fighting for Tasmania  
Fighting for regional Australia'

If you would like any information or  
to express your view

Please contact him on 1800 811 134

PO Box 50, Perth, Tas 7300

Authorised by

P Kearney, Killara Ave, Exeter Tas

## Footy News *by Ole Tige*

### Annual Dinner

What a great season finale the Annual Dinner and Trophy Presentation turned out to be. All who attended were firstly treated to a wonderful 3 course meal, thanks to our hard working Ladies Committee. A hot soup, hot main course (meat & 3 veg) and beautiful dessert, is a major achievement, especially for 125 guests.

The hall again looked a treat after two days of setting it up. The new heaters a wonderful addition, another bonus are the trestles now at hand. A big thankyou to the Break O'Day Council.

Many hours labour are now saved by having most things required for such a large function, already in the hall itself.

Thanks again to Michael Polley and David Llewellyn for their attendance, these must be busy times for them, but it's nice to see that they can still make our annual function. Michael commented that he had not missed a St Marys dinner for 27 years and David talked about his football 'career' with the club in 1960/61. Most of us had not realised he was an old player.

The formalities were over reasonably early for a change, which left all who stayed a chance to dance into the wee small hours to Niel's Disco. Many different forms and styles of dancing were noticed on the night, from graceful waltz by President Kev and wife Jill, to a clumsy 'twist come limbo' dance, which strangely enough was also demonstrated by President Kev. How lithe and young he looked on Saturday night and how old and crippled he looked on Sunday morning!

Mickey Bramich's form of 'Dirty Dancing' was another highlight, whether with a partner or with-

out, it did not seem to matter. Then there was the absolutely stunning impromptu performance of the Full Monty, as several footballers/come showmen strutted their stuff!! Just as well Olde Tige had stumbled home to bed by this time, the cold chill in the air would not have done their cause any favours. I wonder if there were any photos taken? Les Newman's impression of a Chair-person also entertained for a while, although at the time he was flat out without a leg to stand on.

The trophies to say the least, were high quality, thanks to all the donors and congratulations to all the winners. Matthew Aulich won the John Maney Trophy for the leading goal scorer in the Reserves. It has been reported that he is now busy building another room on the house to keep it in!! Thanks to the Squires Family on such a great donation.

### Great boost from local sponsor.

Earlier in the day the Club received one of the best fundraising boosts ever, as Publican Greg Seward handed over \$1,500 worth of sponsorship for the '98 season, compliments of the St Marys Hotel. The donation of a barrel by Walter Milner went down well and when the alcohol did go on sale, the reduced prices also pleased attendees, \$1 a beer or \$7 a jug, you would have thought you were back in the eighties. All up one of the most enjoyable and successful Annual Dinners that Olde Tige has attended. I hope everyone else felt the same.

A fantastic night.

**FOOTY TIPPING JACKPOT \$150**  
MUST BE WON ON THE AFL GRAND FINAL  
\$2 A TICKET AND AVAILABLE AT  
NEWMANS TAKE AWAY  
ST MARYS HOTEL OR BUTCHER SHOP

## SCAMANDER BEACH SURF SHOP



6 Lagoon Esplanade  
Scamander Tas 7215  
Phone 62725529

Stockists of: Ripcurl (Approved Dealer),  
Gath, Headworks, Voodoo Dolls, Cheetah, Hot  
Tuna

Sevenshores, Hot Buttered, Manta Barz,  
Optics, Reef, Gorilla Grip, Balin, Wet Dreams.

Winter stocks of clothing & wetsuits  
boots, shoes, watches, belts & jewellery.  
Surfboards, bags & covers.

**C** larks  
**C** arpet  
**C** are

Mobile 018 133 456

FROM

**\$55**

4 ROOMS AND  
HALLWAY

**Free** deodorising, cleansing and germicide

For all domestic and commercial cleaning.

Lounge suites, caravans, car upholstery, etc.

## Clark's Carpet Care



### St Marys Football Club Seniors Trophies 1998

Trophy	Winner	Trophy Donor
Best and Fairest	Steve Buchanan	Des & Grace Faulkner
Runner Up	Roger Salter	Roger & Alana
Leading Goal Kicker	Ray Squires	Doris Berwick Memorial
Best Backman	Adam Johnson	Ethel Wright
Most Improved	Troy Clayton	Ray Ridgers Memorial
Best Clubman	Andrew Webb	Michael Polley
Most Consistent	Jamie Viney	G & K Saunders
Most Dedicated	Mick Bramich	Union Hotel Avoca
Best First Year	Keith Gillies	Dana Smith
Coaches Trophy	Mick Bramich	Roger Salter
Outstanding Services	Kevin Faulkner	Brian & Anne Birrell
Life Membership	Scott Bean	John & Kathryn Brown

### St Marys Football Club Reserves Trophies 1998

Trophy	Winner	Trophy Donor
Best and Fairest	Leigh Spilsbury	St Marys Hotel
Runner Up	Randal Norris	Designer Hair Studio
Leading Goal Kicker	Matthew Aulich	John Maney Memorial
Best Backman	Tim Squires	Brian French Memorial
Most Improved	Tim Mason	John & Valda McDonald
Best Team Man	Michael Cooke	Rob & Lyn Brown
Most Consistent	Jamie McKimmie	Brent & Diane Johnson
Most Dedicated	Daniel Gillies	St Marys Bakery
Services to the Club	Wayne Gillies	Leigh & Karen Spilsbury
Coaches Trophy	Tim Squires	Jamie Viney
Coaches Award	Jamie Viney	From all Players

### St Marys Football Club BBQ Table Raffle

Winner: Karen Faulkner

Thanks to Lorraine Gill, Les and Heather Newman and all at the Post Office for selling tickets.

## RG & RI HARWOOD PLUMBING

### ♦ MINI EXCAVATOR HIRE

- ♦ Bathroom & Kitchen Renovations
- ♦ Hot & Cold Water Repairs
- ♦ Spouting & Roof Repairs
- ♦ General Maintenance
- ♦ New Homes

24 HOUR SERVICE

7 Frank Street St Marys

Phone 6372 2445

Mobile 0419 373 074

### Now open 7 days

### C.A.R.S. MOBILE

Service Station &

Engineering Workshop

For full mechanical repairs  
and servicing

### Now available

- *Wheel alignments*
- *EFTPOS facilities*
- *New winter hours - for better support to St Marys*

Mon. to Fri. 8am to 6 pm

Saturday 8am to 1pm

Sunday 9am to 5pm(fuel only)

Come in and see us

or ph 63 722735

DAVE & TERRY EVELYN

# Coach House Restaurant

Andrew & Jackie Wilson 34 Main Street - St Marys Ph/Fax 6372 2529

**Aussie Host St Marys Visitor Information Network**

### Videos now available

Children of the Corn IV

Grosse Pointe Blanche

Fire Down Below

### Trading Hours

Public Holiday 9 am - 10 pm

Monday 9 am - 6 pm

Tues, Wed)

Thurs, Sun) 9 am - 10 pm

Fri 9 am - 11pm

Sat 9 am - 11.30pm

### Tasmanian Wilderness Travel

#### Arrives:

St Marys 10.15am Wed, Fri, Sun.

- connects Bicheno to Hobart

#### Departs:

St Marys 3.40pm Wed, Fri, Sun

for Launceston

Offering Tassie Explorer Passes

Also offering a freight service.

All enquiries welcome



## CRICKET *by Ol' Snake Eyes*

Plenty of action as season warms up.

The rosters for season 1998/99 have yet to be finalised, however it is expected that the first Senior roster match will be on Saturday 17th October 1998.

In the interim the Club has several events on it's agenda.

On Sunday 4th of October Master Coach Ennico Di Venuto will run a Coaching Clinic.

The clinic will be run at St Marys Recreation Oval commencing at 11am. Should bad weather intervene, the clinic will still be conducted but in the St Marys District High School Gym.

The cost is \$5 per person and registration forms and further details are available from local schools or Value Plus St Marys. *Closing date for registration is Friday 25th September 1998.*

On the following Sunday, the 11th October, the Club will run a double wicket competition. Food and refreshments will be available on the day together with various prizes.

To enter, contact Kerry Taylor at Value Plus St Marys.

Regular training commences on Sunday 27th of September at 10.30am.

Thereafter training will be Wednesday nights until further notice.

All past and intending players are most welcome.

The Club's regular monthly committee meeting will be held this Thursday night at the St Marys Hotel at 7.30pm, again, all welcome.

Players Keith Gillies and Jeff Woods have been selected in the North East Cricket Association side to play Riverside on

## CRICKET DATES TO REMEMBER:

**Thursday 24th September**

Meeting 7.30pm at St Marys Hotel

**Friday 25th September**

Registration closes for Coaching Clinic

**Sunday 27th September**

Training commences - 10.30am then will continue on Wednesday nights

**Sunday 4th October**

Coaching Clinic with Ennico Di Venuto

**Sunday 11th October**

Double wicket competition.

**Saturday 17th October**

Start of Senior roster matches

## ST MARYS TENNIS CLUB

The next General Meeting  
will be held on

**Thursday 24  
September 1998**  
at 7.30 pm.

### Membership Fees

Membership fees are due on November 1st 1998 and are set at \$20.00 per person  
Please note:

To be eligible to compete in the Club Championships, fees must be paid by December 1st 1998.

## St Marys Bowls Club

is currently seeking  
playing members  
for the 1998/99 season.

All former and future  
bowlers welcome.

Contact:

Glenn McDonald  
63722429

Rod Spilsbury 63722518  
Alan Beach 63725243

## St Helens Building & Landscaping Supplies

*R & B Hand*  
22 QUAIL ST ST HELENS  
PHONE 63 761605

- ◆ French's Pine Timbers
- ◆ Animal Products
- ◆ Plants & Fruit
- ◆ Trees
- ◆ Stock Feed
- ◆ Kopper Logs
- ◆ Fencing Supplies
- ◆ Concrete
- ◆ Ornaments

Agents  
for  
**Roberts  
Ltd**

## DESIGNER HAIR STUDIO

ST MARYS  
PH 63 722108

*From Mon 21st Sept.*

*See LYN*  
*Wed. Thurs. Fri.*

*& FRAN*  
*Mon. Tues. Thurs.*