Hospital Press Release

Extract from PRESS RE-LEASE by Mr George Shaw MLC, Chairman of the Legislative Council Select Committee Health Services Based on the St Marys District Hospital

"A community which has maintained and largely controlled the hospital services for over 60 years, felt it had lost its sense of ownership and pride and although told by new administrators that the reconfiguration of health programmes would result in more and more effective health services, this did not eventuate".

"A significant element of fear and distrust of the administration was evident among many local witnesses".

Recommendation 9:

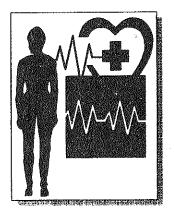
That SMDH operate with up to a maximum of eight beds accommodated in the Napier Wing. These beds should be used in a flexible manner to meet changing medical and-

nagement of the SMDS by the Northern Regists Hacile Room was executively ...

health care needs such as acute care, palliative care, respite, rehabilitation and recuperation and short term nursing home type patients nursing home awaiting placement.

Recommendation 10:

Home at St Helens be recognised and supported as the prime aged care facility in the Break O'Day Municipal-



Aboriginal Fag SSIG

I would like to thank That Medea Park Nursing everyone for their interest in the flag and thank the Valley and East Coast Voice for printing my story.

> 'The Break O'Day Council has asked me to take the flag down. A Reconciliator from Hobart will be at the St Marys Community Hall at 11.00 am Thursday 5 June to speak with me. I will be walking with my supporters to the hall at 9.45 am.

Les Maynard

World Environment Day

Not just another Thursday. Everyday celebrates something or other. My calendar offers me lots of choices for celebrations - public holidays galore. Polish National school holidays, Day. Christmas, Easter, Oueen's birthday, Mothers' Day, Labour Day in any of our states and territories, Cup Day in Melbourne, Adelaide or Lonnie, take your choice there is a day and date to suit everyone, but Thursday is a special day. Not just another June 5 is WORLD **ENVIRONMENT DAY!**

The environment, we are told regularly, is in a mess.

Land, water and air degradation and pollution, droughts, floods, over populations, the media is full of disasters and problems. We all have our personal problems. can't afford health, education, our councils nor the Hydro, we are told. Somewhere I read that we now

have "20% rich and 80% poor working class". All these problems and we have World Environment Day?

Whether we think World Environment Day is a day

> commemorate. to commiserate with or celebrate, it is certainly a day to reflect upon the environment of the world and our own patch in particular -"think global act local", because Aus-

tralia is still the "Lucky Country" and the beauty of living here is that there is still much to enjoy and feel encouraged by.

So let's celebrate World Environment Day in a positive For starters, across way. Australia much is being done to clear up our polluted streams and protect our fragile unique landscape so the land and its valuable resources will maintain our way of life and that of future generations. We can all be involved to continue to call Australia "the Lucky Country", so make June 5 a great, great day! We can all make an effort.

HAPPY WORLD ENVIRONMENT DAY

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JUNE	ST MARYS	FINGAL
9	Selby Targett	Sue Woods
10	Lorraine Gill	Janine Burt
11	D & S Robinson	Hetty Williams
12	Rona Gatty	Cheryl Rankin
13	K & D Bullock	Aub Oliver
16	Annette Davey	Shirley Parker
17	Wendy Haas	June Hall
18	Glen Lodge	Jack Miller
19	Heather Griffiths	Christine Woods
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ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT

ANNUAL GENERAL MEETING

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MONDAY 30TH JUNE 7,30PM ST MARYS HOTEL



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TOP QUALITY MEAT





Health Promotion

The Fingal Valley Neighbourhood House will be holding it's free

"EAT WELL, BE WELL DAY"

on Wednesday 18th June at the Old Tasmanian Hotel Community and Civic Centre, Talbot St. Fingal.

This day will be the first of three programs the Neighbourhood House will be conducting with this promotion which, has been funded through the TASMANIAN HEALTH PROMOTION COUNCIL: AN INITIATIVE OF THE TASMANIAN GOVERNMENT. Assistance has been received from the Community Nutrition Unit and Eat Well Tasmania.

"The Eat Well Be Well Day" will start at 10.00am with morning tea. A healthy lunch will be served at 12.00 (a gold coin donation would be happily received). An official launch by Mr Rene Hidding will then take place. Mid afternoon refreshments will also be available. The dynamic duo of Primary Health Worker Patsy Burgess and Jacqie Geniola will lead the discussions, informative talks and exercises during the day.

Bring a friend along and help make this an excellent day

ST MARYS DISTRICT HOSPITAL SUPPORT ASSOC. INC.

The next meeting will be held in the Salvation Army Hall at 7.30pm on Monday June 16th.

David Llewellyn, Michael Polley & Lara Gidding will be in attendance to discuss the outcome of the Legislative Council Enquiry

Please try to attend this meeting as it is very important.

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Campbell Town	9.00 am	HC		
Ross	10.30 am	HC		
Avoca	10.30 am	FS		
Fingal	7.00 pm	Eb		
SECOND SUNDAY OF MONTH				
Fingal	8.45 am	HC		
Campbell Town	9.00 am	MP		
Avoca	10.30 am	HC		
THIRD SUNDAY OF MONTH				
Fingal	8.45 am	FS		
Campbell Town	9.00 am	HC		
Ross	10.30 am	HC		
Avoca	6.00 pm	EP		
FOURTH SUNDAY OF MONTH				
Fingal	8.45 am	HC		
Campbell Town	9.00 am	HC		
Mathinna	10.30 am	HC		
Avoca	6.00 pm	HC		
FIFTH SUNDAY OF MONTH				
Campbell Town	9.00 am	HC		
Ross	10.30 am	HC		
Avoca alternates with				
Fingal	6.00 pm	ı HC		
Avoca reverts to 7.00 pm during				
summer months				

BREAK O"DAY IINITING CHURCH

	and the second second			
FIRST SUNDAY OF MONTH				
Scamander	11.00 am			
Fingal	9.00 am			
St Helens	7.00 pm			
SECOND SUNDAY OF MONTH				
Scamander	9.00 am			
Fingal	9.30 am			
St Marys	11.00 am			
St Helens	7.00 pm			
THIRD SUNDAY OF MONTH				
Scamander	9.00 am			
Fingal	9.30 am			
St Marys	11.00 am			
St Helens	7.00 pm			
FOURTH SUNDAY OF MONTH				
Scamander	9.00 am			
Fingal	9.30 am			
St Marys	11.00 am			
St Helens	7.00 pm			
FIFTH SUNDAY OF MONTH				
St Helens	7.00 pm			

ANGLICAN PARISH OF ST HELENS

FIRST SUNDAY OF MONTH

9.00 am & 10.30 am St Helens 9.00 am St Marys SECOND SUNDAY OF MONTH 9.00 am & 10.30 am St Helens 9.00 am St Marys 11.00 am Pyengana THIRD SUNDAY OF MONTH 9.00 am & 10.30 am St Helens 9.00 am St Marys FOURTH SUNDAY OF MONTH 9 00 am & 10.30 am St Helens 9.00 am St Marys 11.00 am Pvengna 4,00 pm

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9.00 am & 10.30 am

FIFTH SUNDAY OF MONTH

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Sabbath School 10.00 am 11,00 am Divine Service

Falmouth

St Helens

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SECOND SUNDAY OF MONTH

Sat Vigil Mass 6.00 pm St Helens Sunday Mass 9.00 am St Marys Eucharistic Ser 11.00. Mangana Sunday Mass 4.00 pm Bicheno

THIRD SUNDAY OF MONTH

Sat Vigil Mass 6.00 pm St Helens 9.00 am Sunday Mass St Marvs 4.00 pm Sunday Mass Bicheno

FOURTH SUNDAY OF MONTH

Sat Vigil Mass 6.00 pm St Helens 9.00 am St Marys Sunday Mass 4.00 pm Sunday Mass Richeno

FIFTH SUNDAY OF MONTH

Sat Vigil Mass 6.00 pm St Helens 9.00 am Sunday Mass St Marvs Eucharistic Ser 11.15 am Mathinna Sunday Mass 4.00 pm Bicheno PRIEST: PAUL CONNOLLY

ST MARYS

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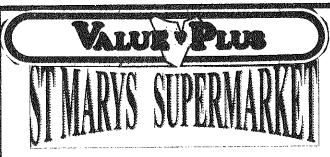
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THANKS FOR THE MEMORY cont

by JAN SPARKES

"I'll see you Sunday evening". Sunday! I must admit that all this time-tabling which is on time is new to me. I thought one waited for a hospital bed for weeks, no, months, even years; I know, I read it in the papers and see it on the telly frequently. Sunday 2 pm, ward 39E, Queen Alexandra Hospital Unit of the Royal Hobart Hospital. Next day it is all confirmed, I'll be in for 14 days, single room. "No arguments about it!" All is under control. Right. What shall be, shall be. I feel a great sense of peace and safety.

The next few days fly past getting organised, new thingies to help build up the morale, dogs in kennels etc etc.

Sunday dawns wet, wet wet - can this be a bad omen? No way. All I'm going in for is a hysterectomy and millions of women the world over have these. Some friends and acquaintances have given me advice and tell of their experiences. The news is not good - "the unbelievable pain", "not able to stand up", "I crawled about the house", I'm warned. Bloody hell! this sounds ominous.

We drive to Hobart in the pouring rain. Pity, lunch at the Botanical gardens would have been nice. My mind wanders about from subject to subject. Accommodation for K is difficult to find, no vacancy signs everywhere. What if I die? I'd like to think that I had done something to make the world a better place - so I'd better stay alive and do something constructive and worth-while!

We find accommodation, a parking space, the QA. Only time for a cuppa. Then 2 pm and time for admissions. One woman in charge and the phone rings six times! She's getting frustrated but we got through the details then up in the lift to the 3rd floor. A friendly welcome and we're shown the room I got to know very well over the next 11 days.

We sit about, meet several of the nursing staff, have a cuppa, am weighed, asked some questions, another cuppa. The Prof will see you at 6 pm. Sorry no tea. So after all the initial formalities slip out to enjoy oysters and the other seafood goodies. I enjoy it immensely - who knows it maybe my last! We return after 9.30 pm. Door is unlocked and we slip upstairs; K leaves and I prepare for bed. What else is there to do? Luckily I have books, magazine and papers. Pity I didn't think about Some Walkman and tapes. Mozart would have been soothing. Plenty to think about.

Usual night-time hospital sounds. Friendly voices and faces introduce themselves and see if all is okay. I lie back and reminisce and see myself as a real woman who lives in a real world, who has had some fun and adventures while she was at I drift off into a dreaming, fitful sleep. Wake up to discover it is actually daylight. Monday. Breakfast. morning rounds, shower, K arrives, blood tests, x-rays, menus, meet lots of people - everyone cheerful, heipful and the day slips past. Anaesthetist explains pain management options and opt for epi-Remember friend dural bloc. warned against it and wonder why? She hadn't even experienced it.

Gratuitous advice comes thick and fast prior to hospitalisation. No doubt it is well meaning but other people's cousin's cousins experiences anything up to 20 years ago is not really very useful. Especially as everyone seems to suffer so much!

Monday evening, sandwiches and jelly followed by a jug of lemon-flavoured enema and a resultant rushing to the loo. What a joke! A real life joke! Is it safe to go to bed?

Tuesday dawns. I've actually slept. Feel remarkably relaxed and prepare for the big day.

More next issue.



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Junior Landcare Report

Junior Landcarers for 1997 are: Grade 5/6

Nicole Coleman, Penny Byard,

Mark Webster,

Darren Jones, Nick Denholm, Paul Dennv

Grade 2/3

Tina Gill, Tyler Franklin, Blake Faulkner, Todd Spilsbury.

The activities we have been doing are:planting seeds, pricking out seedlings, weeding, hoeing, making compost, making paths, spreading woodchips. We have also been planting wattle seeds, alders, lupins and vegetables such as chives, garlic, silver beets. cauliflower, broccoli.

Penny Byard and Nicole Coleman are in charge of watering all the seedlings.

Jan Sparkes and Drew Adam have been coming to St Marys District High School farm for over 6 weeks to help children look after the school farm.

We are planning to have a big garden festival later this year. We

need some more helpers. Please come and join us - Penny Byard and Nicole Coleman.

Surely one of the best things we can do as adults is to encourage our children and grandchildren to eniov gardening. Working with soil, plants and animals can be a magical experience for youngsters and a valuable lesson in life for us. Children love watching things grow and it may be the start of a lifelong hobby and interest.

Feel free to join us,

there is plenty of space to work with a small group. Wednesday afternoons for an hour or two.

More information about the Garden Festival shortly.

Jan Sparkes

EAST COAST MULCHING

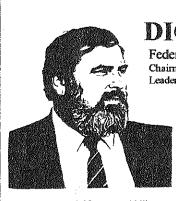
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Authorised by P Kearney, Killara Ave, Exeter

LETTER TO THE EDITOR

MARKET NEWS

The first of our Sunday Markets was held on the 25th May. The response of this from stall holders and the general public was very enthusiastic. The consensus being that a Sunday is the more desirable day to hold a market.

With this in mind, the SMACD committee have decided to hold a market on the LAST SUNDAY OF THE MONTH for both June and July (June 29th & July 27th). If the enthusiasm remains then we shall consider going through the spring months as well as the usual summer period.

Like everything else in our community, the market will "stumble and fall" if it is not patronised and made use of.

Ideally we would like to see this market grow into an attraction that will

- : 1) bring people to our town.
- 2) an opportunity to sell unwanted goods, crafts, homemade or grown produce.
- Opportunity for clubs etc to have fund raising stalls or raffles
- 4) Opportunity to pick up a bargain, or just drop over for a browse and chat.

To quote a major car manufacturer "PLEASE CONSIDER" Your local market needs YOU.

We would still welcome any type of buskers, how about it all you musical people out there??

If you require any further information on having a market stall etc, please call SUE: 63722491 or leave a message.

Thanks.

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Campbell Town

Enquiries may be directed through:

Mr Leo Lane Campbell Town 63 811 472

Mr T Pears
Campbell Town 63 811 167
or See

B Davidson
Launceston 63 444 577

Thank You

I would like to express my sincere thanks to all who sent cards and phone calls at the sad loss of my sister Marjorie Joyce Singline
They were much appreciated
Dulcie Bushing

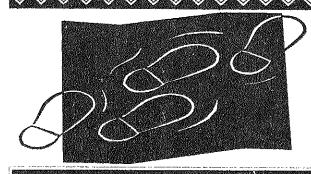
PODIATRIST - FOR FOOT CARE

The podiatrist will be visiting the St Marys District Hospital on Wednesday 11th & Thursday 12th June. All those people who have made bookings will be notified of their appointment time by the end of this week.

When visiting the Podiatrist will you please book with her for your next appointment.

There are a few vacancies left.

Please ring Rona Gatty 63722235 if you are interested



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CIL AMALGAMATIONS

The issue of Council Amalgamations is once again being pursued actively by the State Government. It is only 4 years since this issue was last addressed at the local level and with any change of this magnitude significant upheaval occurs.

The Minister for Local Government, Hon. Denise Swan MHA, has issued the requirement for the review by the Local Government Board.

LOCAL GOVERNMENT ACT 1993 MINISTERIAL REQUIREMENT FOR REVIEW BY THE LOCAL GOVERNMENT BOARD

Pursuant to the provisions of S.8(2) of the Local Government Act 1993 I hereby require the Local Government Board to carry out a review of the boundaries of the municipal areas of all Councils in Tasmania taking into account such of the matters referred to in S.9 (1) of the Act as the Board may consider appropriate as being incidental to that review and further taking into account Government policy that:

- there is to be a reduction in the number of municipal areas in Tasmania to not more than fifteen;
- the boundaries of municipal areas are, to the greatest extent practical, to be aligned with natural catchment areas:
- common links and interests are to be recognised in the fixing of new boundaries to the end that artificial divisions between communities are minimised,
- genuine economies of scale and other means of achieving improved efficiencies in Local Government should be achieved:
- greater Hobart and Launceston (including the Tamar Valley) are to be single municipal areas;
- equality in populations, size or rating base of municipal areas should not be regarded as a paramount consideration;
- appropriate terms for transitional arrangements should be the subject of recommendation by the board, and
- the Board will submit to the Minister a written report of its review together with its recommendations within 6 months of this date.

Interested members of the community and community groups should take advantage of the opportunity to express their views. Written submissions have been invited and close on June 30, 1997, and should be forwarded to

The Chairman,

Local Government Board,

G.P.O. Box 510E

Hobart, TAS 7000.

The Break O' Day Council is presently preparing its submission on the matter and will be considering a range of options. The fundamental principle is that it has to be what is best for the community.

P.O Box 21

St Helens 7216

Ph (03) 63761281

Fleming St

Fingal

Ph (03) 63742278

Bene Hidding

MHA

CAN I HELP YOU?

Regularly visitina the Valley!

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Police Report

Four drivers have been charged with drink driving offences during the month of May. St. Marys Police remind drivers that



random breath testing will continue.

House Fire

St Marys Volunteer Fire Brigade were called out in the early frosty hours of Wednesday morning to attend a house fire in German Town road. The occupants were in the house at the time. It is believed the fire began in the wall above the fireplace. The Fire Brigade managed to contain the fire before substantial damage was done.

ST MARYS

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ST MARYS INDOOR HOCKEY

Welcome to the first of a series of reports about the goings on within the Hockey Association at St Marys. Future reports will contain league ladder, general meetings, player profiles and any other relevant news.

MATCH REPORT: May 27th

Shadows -v-Us 5

A rugged encounter with no quarter given or expected. Shadows began furiously catching Us 5 unaware and getting away to an early lead. Frustration and lack of stamina let Us 5 back in and with the combination of James Bennett and Conan Kusniarski clicking up front forced the Shadows to fall away in the second half. Despite the solid skills of the Shadows goal keeper the score blew out to a flattering 11-6 win to Us 5.

NEXT GAMES

June 17th 6.45 Shadows Mathinna

7.30 Panthers -v- Us 5

Panthers -v- Avoca

The Panthers continued on their winning streak taking the lead from the offset of the match. Despite a valiant effort by Mary Targett in goals the Panthers headed by their determined forward line kept control of the game to win. Best Players on field Keith Gillies, Mary Targett, Tina McGiveron and Mark Tate.

IN CENERAL: The time is upon us when all good players dip their hands deeply in their pockets and part with their hockey fees. This year as with the last, fees are \$180 per team. Monies should be paid to captains who can then pass them on to the treasurer. Many comments referring to inexperienced umpires taking guidance from the sidelines and players who are involved in the match they are umpiring should be discouraged.

If unsure the umpire has the right to confer with the other umpire, the decision should not be based on comments from others. New players are always in demand so if you are interested just come along on Tuesday nights.

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St Marys Sports Centre News

irst to golf and history will now show a pennant record to be proud of by way of about 25 or so different A grade players over the past twelve years. Courtesy of a final home game win of 9-0 against St Helens last week the club has now won all 40 consecutive home games in twelve season's rosters. This is an incredible run of success on your own course by anyones standard and it will be many years before anyone else can get anywhere near it. During this time the 1997 flag has just been secured in the last two games that has meant a run of ten premierships since 1985, only missing out in 1991 and 1994 when finishing runner-up in those two years. Although the side was missing quality players like Steven Dawson this year, the outstanding Juniors like Sean Fletcher, Scott Wilson and Adam Fletcher combined with the experience of Chris Davern, Dale Ridgers (captain), Shan Wilmot, Craig Mitchell, John Miles, Rod Mc-Giveron, Trevor Viney and Paul Davern to bring home a terrific win. All are keen as mustard to do well on the upcoming representative series in Launceston when trying to win the Northern Division 3 title.

Let's not forget the A Reserve boys. Ian Crothers, Shaun Aulich, Tristan Clement, Andrew Haas, Graham Little who have done a fantastic job to give this year's winners, Bicheno, a great run for the title. The side got off to a slow start but have come home like gang-busters in recent weeks and depending on the final round of matches in two

Sundays time may only go down on individual matches, overall they are one of the happiest bunch of fellows I've seen and have played in great spirit and are a credit to our club. From an old A Reserver myself, thanks to you all for a great season as defending champs.

On June 22 the club hosts the Memorial Shield Day and a good roll up is anticipated, this is the culmination of the local pennant year.

In Ladies golf, it's absolutely brilliant to be able to report, courtesy of May Cook (club Captain), they had a fantastic field of 26 players in an ordinary competition. All year they have averaged 20 but to see 26 is tremendous. This is obviously translating into good results for the pennant and with just a couple of weeks to go St Marys are well and truly in the hunt to win the flag for the first time in several years. Let's hope they can carry it off. The Teams Match this year is held at Campbell Town. In fine form recently is Wendy Haas and Norma Mallinson who have reduced their handicaps. The club is also pleased to welcome on board Bev Doran and Jenny Bottle and all members I'm sure will hope they have a long and fruitful association with the club.

May also reports that the very popular end-of-year trip is filling fast and currently there are only about nine vacancies left, so she suggests that you ring the club, Beth Haas or herself soon if you wish to go in November.

Good hitting and rolling until next issue. **KACKHANDER**

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TIGER TIME - Football News

In the game against Evandale all teams were looking for a major improvement from the past games, the U/16's were out to atone for defeats in the preceding games that they had expected to win. With the game expected to be tight, the Tigers threw away a lot of opportunities up forward with inaccurate kicking. A total of 3 goals, 11 behinds for the game and Evandale kicking a goal in the dying seconds, saw the boys again lose a game that they may well have A lot of talk about the umpiring decision at the end of the match but the side had every chance to win and as they say, bad kicking is bad footy.

The Reserves were out to prove a point and with Evandale at their most vulnerable due to injury, the side should have felt confident on the day. However they are always hard to beat on home soil, and despite the efforts of the Tigers, could not match it with a faster opponent on the day, eventually going down by ten goals. Great effort from Drew Berwick again showing good form, it is a shame that he does not consider himself fit for a senior game, as his services would be very much appreciated at that level.

The Seniors were very pleased with their effort, although going down by 87 points, this was a vast improvement on the last time the sides met at St Marys, with us going down on that occasion by 163 points. At one stage the Tigers were right in the hunt, the difference at halftime only 31 points, but again a very sluggish third quarter undoing all the good For once we had a reasonable run from the umpires. due mainly to the players discipline.

The next games were against Westbury and with the improvements of the previous week taken into consideration, we were expecting much better things from the sides. That is exactly what the U/16's game us in the first gave of the day, a team meeting mid week

must have had some effect as the boys teamed very well to outclass Westbury by eight goals. A big turn around for the boys, as defeats of the previous weeks may have sapped their confidence. As with a good team win, there were no stand out performances, a turning point maybe for the thirds.

The Reserves were struggling for numbers from the outset, with the club having 12 of its players out injured at present, the team on the ground last week was very much a depleted one, to the players credit they again fought hard but the lack of key forward line players told the story on the score board at the end of the day with the side beaten by 14 goals. Those who tried hard were Jason Madden, Drew Berwick. Matthew Jardine and Mark Toombs. Disappointing for Turbo as the side is looking to maintain touch with the five.

The Seniors had high expectations against an inconsistent Westbury line up, after their big improvement the previous week. In the first ten minutes of the game the side moved the ball freely from one end of the ground to the other, but as Westbury kicked their first four goals, we lapsed back into our defensive style of footy again. Despite the efforts of Steve Buchanan, Shane Collier and Mick Bramich, the side went down by 160 points. The team had every reason to be disappointed as everyone had expected them to keep on improving, but there are a number of our experienced players on the injury list at the moment, and their return after the bye will be a relief to all. It was also pleasing that most of those on the injury list made the trip to Westbury to watch and cheer their mates on, so there is still some team spirit in the TIGER

The major raffle is close to being drawn. Tickets are selling well thanks to the efforts of Jos Lynch and Lorraine Gill who have sold tickets on the town over the past weeks.