The Valley and East Coast Voice

Volume 30, Issue 19

50c

Friday 27 February 1998

St Marys Red Cross Ambulance

It has been brought to my attention that people are unsure as to when to ring for an ambulance. Contrary to a recent publication, you do not have to be a life threatening emergency to request an ambulance. The ambulance is there for any medical situation and trained volunteers will gladly assess your case and advise the best course of action for you.

The St Marys Red Cross Ambulance is an inde-

.....you do not have to be a 'life threatening emergency "to request an ambulance.

pendant, non government service, which operates 24 hours a day, seven days a week.

All volunteers are trained to the standard required by Tasmanian Ambulance Service, plus they are also accredited for advanced cardiac care using the Heartstart Defibrillator.

Volunteers are required to participate in ongoing training to maintain their accreditation.

REMEMBER:



If you have problems accessing medical help, you can always ring the Ambulance 000, an ambulance is always available and trained 000 operators can also give you advice.

C.Hendley. Co-ordinator St Marys Red Cross Ambulance

Issues raised at meeting. Esk Highway, Business Facilitator and more Police presence around the town.

It was good to see about a dozen people attending the last Chamber of Commerce meeting held Thursday evening, 29th January, at the St Marys Hotel. The agenda of the meeting covered topics from the proposed Fingal Valley Tourist Interpretive Centre, (which would help with tourism in the entire Valley and East Coast), to discussions about a Local Employment Iniatives Project.

With combined input and support from St Marys and St Helens Chamber of Commerce, SMACD and Council members, the formation committee has secured funding for a full time "Business Facilitator" to operate along the East Coast and in the Valley area.

The basic job of the Business Facilitator is to provide relevant advice and information to new business enterprise and existing businesses with the ultimate goal of sucess and expansion which will lead to real employment opportunities. This service offered should be available around mid March.

Another topic covered at the meeting was the upgrading of the Esk Highway Project and it was agreed that a letter of support from the Chamber of Commerce be forwarded to the Department of Transport urging it to start upgrading as soon as possible.

General business was varied and covered more ideas for a continued Shop Local campaign, a possibility of more local police presence to "walk the beat" and interest was raised about the idea of a local radio station based here in St Marys.

If you run a local business, large or small, or are just interested in any aspect of promoting the St Marys and surrounding area in any way at all, please feel welcome to attend the next meeting on Thursday 5th March, 8pm at the St Marys Hotel.

Being involved in the Chamber of Commerce can really help to have your voice heard.

David Evelyn. President,

St Marys and District Chamber of Commerce

St Marys Community Health Centre

NOTICE:

Advisory Committee

A short time ago this committee was formed, however the membership was not perceived to be a true and fair representation from the community.

It has therefore been decided to disband that present membership.

A new committee of seven members is now to be formed.

If you have a committment to the success of the health centre and would like to contribute as a member of the committee, please forward your nomination along with your reasons for wishing to join.

Many thanks is offered to those who accepted membership in the initial stages - you are welcome to renominate.

Purpose of committee:

Responsible for identifying health needs, planning, monitoring and evaluating the ongoing developments of service provision to improve health outcome for the Fingal Valley and East Coast Community.

Tasks:

- 1) To facilitate community and consumer participation in the ongoing development of the centre including the evaluation of services and the development of new services.
- 2) To assist the centre to be responsive to identified community need.
- 3) Identify strategies to promote the services offered to the Fingal Valley and East Coast Communities.

It is envisaged that the membership number will be seven with a representation from a cross section of the community to which the centre's services are directed.

Please forward your nomination to:

Patsy Burgess Manager PO Box 125 St Marys 7215



Nutrition Workshops

Concept

Healthy lifestyle for the rest of your life.

Basic strategies

Low fat intake.

High energy output.

Gimmics/Tricks — NO

Simple — to lose weight and gain fitness you need to burn off the stored fat.

Format

Group work or "one on one". The choice is yours.

Cost

50c donation. No it's not like weight watchers, you don't pay up if you increase in weight!! It's not "Jenny Craig" or other such groups. You do your own cooking and buying. Your own thinking.!!

Comments from past and present attentants:

"I'm eating more now than ever."

"I'm now having breakfast and enjoying it."

"The support is great."

"These workshops work more than doing it on your own because of the 'Policeman effect' and support.

"Once I'd made up my mind it's been a lot eas-

ier than I thought possible".

"Others say to me 'oh you're on a diet', but I correct them and say no, I'm living a healthy lifestyle, eating low fat and increased activity for ever"

"Why did I leave it for so long"

Do you need to change your lifestyle?

Basically improve your whole outlook, increase

your self esteem:

Quality input — nutrition.

Quality output — activity.

Quality stress level - equalize lifes pressures

Please do this for yourself, you can gain self confidence and improve your lifestyle.

Over 30 people are now reshaping their future, why not try it.

Phone Patsy 63722111 or drop in for a chat.

St Marys Community Health Centre News

- Congratulations to Jackie and Jess Geniola on the safe arrival of Morgan on Sunday 22nd February.
- weeting was held last week, this proved a very positive gathering with some great ideas discussed. We welcome other members and more ideas. Please contact Patsy Burgess 63722111. First item for purchase is a Cryotherapy Gun. This piece of equipment is used to remove unwanted lumps and bumps and lesions (presently patients need to go elsewhere for this purpose).
- A Donation Box has been placed in the foyer.
- ❖ Goodbye to Steve Stabile who has been with us for 6 weeks. Thanks Steve for your professionalism which has enabled our surgery system to function smoothly. We've enjoyed your bright, bubbly personality and wit, coupled with an obvious empathy for all whom you met. Best wishes in your future back home in Chicago and in a word your time with us has been just great (oops two words).
- Welcome to Dr Luke McGwin who will begin as our new locum on Thursday 27th February

DESIGNER HAIR STUDIO

ST MARYS PH 63 722108

LYN IS ALWAYS HAPPY
TO SEE YOU
FOR ALL YOUR HAIR NEEDS
Eyebrow waxing
Eyelash tinting

Francine Tues Wed Thurs.

Doctors on Weekend Roster

Feb 28, March 1& 2(Long weekend)
Dr Luke McGwin.

March 7 & 8.......Dr Klaas de Jonge March 14 & 15.....Dr Jess Geniola March 21& 22......Dr Luke McGwin Please phone 63722111 or 63761222 St Helens Hospital Staff will assist you and forward you to the Doctor on call if necessary. The on call Doctor will then enlist the services of the on call nurse as required.

Railway Station Cottage Nursery



End of the line Sale

All stock must go

Monday Wednesday Thursday
Friday 12 - 4pm
Saturday 10 - 12
Tuesday & Sunday closed

GIFTS and GADGETS

46 MAIN STREET ST MARYS PHONE 63 722773

Household goods
Toys & Carry bags
Craftwork Giftware
Cards & Paper 75c
Cards Wrap



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REDLINE COACHES....Deliver this paper quickly and efficiently. Statewide passenger and parcel service.

Phone 63722 143

FOR SALE....84 Honda XLX Road and Trail Bike 14,000 genuine kms, reg until Nov' 98 \$1.500 NO OFFERS.

Rotary Folding Clothes Line, as new \$70.00

Phone 63722176

ANIMAL FEEDING AND WALKING

If you want to go on holiday and now worry about your animals. I will feed them and walk them for you if you like for just \$2.00

Phone Perri Chapman on 63722320.



FOR SALE SHEEP MANURE \$4.00 Large Bag \$2.50 Small bag Available at St Marys Railway Station Nursery. Proceeds to aid Lions Club of St Marys Charity Projects.

CONTACT NUMBERS VALLEY FOR ANY MAT-VOICE TERS...RON 63722105 OR MARY 63722328 OR FAX 63722172



CHIMNEY SWEEP



BE PREPARED AND HAVE YOUR FIRE SAFE FOR NEXT SEASON.... HAVE YOUR CHIMNEY CLEANED NOW....

PHONE DAVE GREEN ON 63722602. SPECIAL PENSIONER RATES

Smiths

44 Main Rd St Marys Phone 63 722367

HUGE

SUMMER SALE

ALL SUMMER STOCK REDUCED SAVE UP TO 50%

Layby & Credit Card Welcome

US ON WHE

ST MARYS MAR

- June Grantham
- Barb.Mitchell
- Trish Pike
- Jean Schier 5
- Claire Bean
- 9 VanessaSpilsbury
- Ruth Aulich 10
- Audrey Wright 11
- Kaye Nailer 12
- Frank Turner 13



FINGAL Shirley Parker Robyn Miller Harold Cooper Vic Jones Vicki Woods

Sharon Hall June Hall P&HMills Carol Singline Jack Miller



St. Marys District Hospital Support Association Inc.

A reminder that the next meeting of this Association will be held at 7.30pm in the Salvation Army Hall on Monday 2nd March.

This is an important meeting, David Llewellyn will be present.

IF YOU CARE, BE THERE!

THE FIRST MEETING OF NEIGHBOURHOOD WATCH FOR 1998 WAS HELD ON 18-2-98 AT THE ST MARYS FIRE SHED.

POLICE WERE UNABLE TO ATTEND BUT THEIR REPORT WAS THAT THERE WAS LITTLE CRIME IN OUR AREA. IT WAS ALSO BROUGHT TO OUR ATTENTION THAT EQUIPMENT WAS BEING DAMAGED IN THE BUSH

St Marys Variety

42A Main Street St Marys Phone (03) 63722396

FINAL WEEKS

SALE UP TO 20% OFF

CASH OR CREDIT CARDS ONLY

FINGAL VALLEY FESTIVAL

WHERE: FINGAL SPORTS GROUND

WHEN: SATURDAY FEBRUARY 28TH

TIME: 9.00AM

COST: Adults \$6 Pensioners \$4 Children 3-16 \$2 Under 3 Free

FEATURES

World Coal Shovelling

World Roof Bolting

Tasmanian Yard Dog Championships

Childrens coal shovelling

Chopping and Sawing

Break O' Day Film Society 1998 Program

Films will be screened at the St Marys District High School and the Scamander Beach Resort on the first Friday of every month, with extra screening June to August. All films will commence at 7.30pm with supper available after the film.

MARCH 6TH - St Marys High School

SMOKE - Winner of 1995 Berlin Film Festival Special Jury Prize

St Marys Butchery

Diane & Brent Johnson Main Street St Marys Phone (03) 63722274

Quality meats & smallgoods,
Extensive gourmet lines,
Daily specials,
Free Local Home delivery
and

Friendly, personal service.

CALL IN AND SEE US FOR ALL YOUR MEAT REQUIREMENTS

Church Services

Catholic Parish of St Marys

Priest: Paul Connolly, St Marys.

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens

Every Saturday Vigil Mass 6pm

Mangana

2nd Sunday
Eurcharistic Service

ristic Service 11am

Mathinna
5th Sunday

Eurcharistic Service

11.15am

Valley Church of the Rock

(CRC Church Fingal)
Pastor Leigh Casboult
Ph 63741099

Sunday School

9.30am

Church Service

10.30am

Anglican Parish of the Northern Midlands

Services each Sunday

Ross 8am
Campbell Town 9.30am
Avoca 11.30am
Fingal 2.00pm

Tuesdays

Mathinna 2.00pm

Daily Office Reading

Avoca Tuesdays 10am Fingal Tuesdays 12 noon Ross Wednesdays 10am

Seventh Day Adventist

Hodgeman Street
Scamander
Sabbath School 10am
Divine Service 11am

Anglican Parish of St Helens

St Helens

8am and 10.30 am Every Sunday

St Marys

9am

Every Sunday(except 5th)

Pyengana

11am

2nd and 4th Sunday

Salvation Army

(RSL Hall)
Main St, St Marys
Aux. Capt. & Mrs Tolputt.
Ph. 63 722352
Everyone welcome

Sunday

Sunday School 9.30am
Family Worship 11am
Wednesday
Ladies Fellowship 2pm

Thrift Shop

Wed - Fri 10am—2pm. Pickups Ph 63 722352

Indsay & Diane Harris

Funeral Directors (D.Bailey & Son)

46 Tully Street St Helens Phone 63 761153

Take advantage of the Pre-paid Funeral Plan or we can offer advice to suit your requirements.



WITH SINCERE DIGNITY AND PERSONALISED SERVICE

Break O'Day Uniting Church

Rev. Brain Hoole Ph 63742220

Fingal

9.30am Every Sunday St Helens

7pm Every Sunday Scamander

11am 1st and 3rd Sunday 9am 2nd and 4th Sunday St Marvs

11am 2nd and 4th Sunday

W. LOCKETT & SONS

Funeral Directors Campbell Town

Enquiries may be directed through either:

OF

Mr Leo Lane Campbell Town 63 811 472 Mr T Pears
Campbell Town
63 811 167

Mr Bruce Davidson Campbell Town 63 444 577



OUR NEW TELEPHONE NUMBER IS:

6372 3900

HAVE YOUR DETAILS CHANGED??

. .ease remember to inform us if any details relating to your children change. EG:

- If you have moved, changed your phone number
- + If your child's health details have changed.

This enables us to keep our records up to date and makes it quicker for us to contact you in case of an emergency.

SPORTS EVENT CALENDER

FEBRUARY 1998 Mon 24/2 – Thurs 26/2 Mon 2/3 – Thurs 5/3 Grade 3/4 Learn To Swim.

MARCH

Wed 11/33-6 Swimming Carnival
Thur 12/3 7-10 Swimming Carnival
Tue 17/3 K-2 SPLASH DAY
Thur 19/3 East North East Swimming Carnival
Tue 24/3 Inter High Division 3 Swimming Carnival

APRIL

Tues 31/3 - Wed 1 April Cressy Exchange Grade 9-10 Students
(at St Marys)

Wed 29/3 Grade 7 Cross Country Carnival

MAY

Frid 1/5 Primary Gala Day No. 1 (Mainly G5/6 students, some 3/4's)
Frid 8/5 K-2 Recreation Day No 1
Frid 13/5 3-6 Recreation Day No 1

Frid 22/57-10 Recreation Day No 1

Frid 22/5 Primary Gala Day No 2

Thu 28/5 Interhigh Cross Country 7-10 - Launceston

<u>SITUATIONS VACANT</u>

- Interested in Children?
- Have time to spare?
- Looking for a challenge and an opportunity to share or are you keen to develop new ones?

Contact Umesh Pratap of Phil Walker on 63723900 if you can help.

No pay, but you will have the satisfaction of contributing to children's education.

LEARNING ASSISTANCE PROGRAM (LAP)

LAP is a support program for students across all age ranges. Volunteers in partnership with teaching staff, work with students on a one to one basis for one or two regular sessions each week. This signifigant individual time creates more learning situations where students can experience success and support their achievement at school. Students may need support with class or subject work, they may be shy, disruptive or just need someone to listen to them and show that they care. Others may have a particular interest or talent that needs encouragement and some need support as they prepare to leave school for the workforce.

The volunteer becomes the student's friend and mentor, sharing in the challenge and excitement of learning through a variety of experiences, hence fostering the development of a student's self esteem and confidence.

Join the School's LAP, 1998 programme, your skills, expertise and help could make a real difference.

CONTACT: Phil Walker or Umesh Pratap 63723900.

Parent/Child Sessions St Marys District High School Kindergarten

WHEN: Mondays 1.30 - 3.00 pm Starting 9th March 1998

This sessions is provided for those children who will turn 4 during 1998. Parents must accompany their child, and younger brothers and sisters are welcome. A fee of \$1.50 per child or \$2.50 per family is required to cover the cost of art materials, plus 50c for a tea or coffee.

Please bring a drink and a piece of fruit for your child or children. The first session will be an informal get together where we will become organised for the year.

Looking forward to seeing you there!

Susan Miles and Christine White (Parent/Child Co-ordinators)

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K-4 News

We would like to welcome all our students and staff. Our K-4 staff members are Ros Smith (Flying Start Manager/Senior Teacher K-4), Susan Miles (Kindergarten Teacher/Senior Teacher K-4), Kaelene Dancer (Prep) from Longford Primary School, Sharon Gee (Prep/1), Sandy Freiboth (Grades 1 and 2), Catherine Bryan (Grades 2 and 3), Bronwyn Pierce (Grades 3 and 4), Karolyn Smith (Grade 4), Uma Pratao (Special Education Grades 3-6), Julie Cornelius, Heather Gillies, Christine White (Teacher Aides), Sue Ives (Music), Fran Andrews (LOTE -Indonesian), Karen Bramich and Kristin Kelly (PE Teachers) and Margaret Baldini (Library). Currently the children are enjoying "Learn to Swim" and "Water Orientation" classes in the School Pool with Miss Bramich and Mrs Kelly. Both these teachers are doing an amazing job catering for all the children's needs. We really appreciate all the parents who can come along and assist the children in and out of the pool. The children are also working particularly hard in their classrooms for their teachers. In the following weeks we are hoping to present some of the beautiful work being completed by our

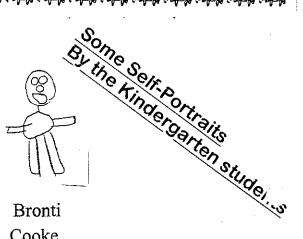
Susan Miles and Ros Smith



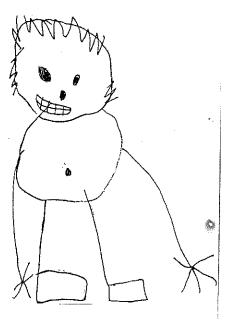
Rebecca Mitchell



Naomi McDonald



Cooke



Sam Child

ST MARYS HEALTH

BEAUTY CENTRE

42 Main Rd St Marys Tasmania Phone (03) 63722172

MANY NEW GIFT LINES IN STOCK

WILLOW PATTERN SANDWICH PLATE \$27.95

WILLOW PATTERN 18" PLATTER 529.95 Large black floral vase \$16.95 Oval Baker \$12.95 Oblong Baker \$16.95 Ouiche Dish \$16.95 Ex Large Serving Platter \$24.95

> **DESIGNER & GUM LEAF** FRAGRANT STICKS \$4.95

COMING SOON Red Door, White Diamonds & Poison

SPECIALS

LOTS OF NEW ADDITIONS TO THE **BARGAIN BASKET**

Yardley Mystique was \$8.95 NOW \$4.95ea Kodak 180 Video Cassettes only \$4.95ea Large Sorbolene pump with aloe vera, tea tree or vitamin E

All carob varieties 1/2 marked price Digital thermometers \$11.95 ea



Phone 63 722655 9.00am - 5.00pm

Mon - Sat

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BOOKINGS MAY BE MADE AT ST MARYS HEALTH & BEAUTY

Phone (03) 6337 5555 for appointments

ACCEPTING INSTRUCTION IN ALL LEGAL MATTERS

Kerry & Till Caylor 38 Main Street St Marys Ph 63 722240

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ST MARYS FRESH FOOD PEOPLE

- * Fresh Chicken twice weekly
- * Fresh Fish every Thursday
- Fresh fruit and vegetables daily
 - Fresh meat daily
 - Fresh Pastries weekly
- Sunrise Bakery every Thursday

FULL EFTPOS FACILITY AVAILABLE

FUNDING FOR BICHENO HEALTH CENTRE

Labour Member for Lyons, Michael Polley has called on the State Government to put some meaningful dollars into the Bicheno community's efforts to establish a permanent health centre.

Mr Polley urged a State Cabinet meeting at Bicheno on Monday 23rd to give a strong commitment to the centre.

"The Government has said it will contribute \$50,000 towards the centre."

"While that's a good start, it is not enough. The Government should be giving no less than \$100,000."

"The Bicheno community has been raising money for the centre for the past 3 years. The Government should at least recognise the community's tireless effort to get the centre up and running by giving them a meaningful sum of money."

"The Bicheno community deserves no less. After all, Bicheno's fishing industry is one of the biggest earners in the state per head of population."

Mr Polley said it was a credit to the Bicheno community that it had got a temporary health centre up and running.

"The temporary centre has been running for the past 12 months and has already been shown to be a success."

"That's why a permanent health centre for the area must be supported."

"The centre would house the local GP, as well as providing consulting rooms for visiting specialists."

"It would also serve as the focal point for health for the community, by incorporating all aspects including women's and men's services and even Meals on Wheels."

"This kind of health centre, which serves as a focal point for services, is a must for small communities."

"Bicheno is not only a prime tourist destination, but also a growth area."



Auto Electrical 2 Story Street St Marys Phone 63 722194 BH

DRIVING LIGHT KITS \$39.95 (PAIR)
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"APPROVED INSPECTION STATION"

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CONTACT ROSS FOR AN APPOINTMENT



East Coast Glass

- Glass Replacements
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BUSH WATCH

What is Bush Watch?

Bush Watch is a crime prevention initiative that encourages bush users to report unusual or suspicious criminal activity and vandalism to police. Information received is collated by Tasmania Police in an attempt to identify trends and to assist in the targeting of major and persistent offenders.

What are some common offences?

Criminal Offences

Illegal lighting of fires

Criminal damage and vandalism to property and equipment

Cultivation of marijuana crops

Theft of personal property

Environmental Offences

Forest produce

illegal harvesting of protected flora- tree ferns, man

ferns etc

deliberate damage to flora

Wildlife resources

illegal trapping of wildlike shooting wildlike

anoung whenk

Fishing Resources

illegally taking fish

Other Activities

removal of soils

damage to river banks

disturbing Aboriginal sacred sites

illegal off road driving, trail biking

When you observe suspicious activities

- Note all relevant details
- Report the matter as soon as possible
- Do not attempt to interfere with offenders, particularly with drug crops and fish/wildlife/trapping/netting.
 - It will assist Police if you provide your name, address and telephone number in order to enable detailed information to be gathered at a later date.

Use the toil free CRIME STOPPERS

1800 005 555 number to report any unusual or

FINGAL VALLEY NEIGHBOURHOOD HOUSE

(Old Tasmanian Hotel Community Centre)
PO Box 322 Fingal
Tues. Wed. Thurs. Ph. 63742344

Regular Activities

Monday:

Play Centre: 9.15 - 11.15am For children 3 yrs to school age. Ph. Cindy 6372 2708 or 6374 2237

Indoor Bowls: 1pm start Ph. Carol 63742254

Tuesday:

Craft Club every 2nd & 4th Tues.

Wednesday:

Australian Country Information Service with Phil Corby 2 - 3pm.
Country Kids Connection

Ph. Joanne 63742315

Anglicare last Wednesday of the month for financial advisory assistance. Ph 1800 243232 Neighbourhood House Committee meetings 4th Wednesday of the month 11am start.

Thursday:

Play Centre 9.15 - 11.15am

Dept. of Social Security visits on Feb 19,
March 19, April 23, May 21, and June 18.

1pm - 3pm Ph 63742344.

Play Group 11.45 - 1.15am Ph Christine 6374 2370

Art Group: 9.30 - 2.30pm last Thursday of the month.

OP SHOP Tues, Wed, Thurs. 9am - 3pm.

COURSES AVAILABLE
Folk Art
Cake decorating
Glass Painting
Decoupage
Pastels
Ribbon Embroidery

CRICKET

Falmouth

(from a correspondent) 19.1.1881

ossibly many of your readers are not aware that situated on the east coast of Tasmania, in E.longitude148 1/4 and S. latitude 41 1/2 is the cosy little town of Falmouth, proverbial for its quiet.

Such, however is a fact and it is also a fact that a few weeks ago the cricket mania reached the district, the result being the formation of the Falmouth Cricket Club.

A challenge having been received from the St Marys Club, a team met the Falmouth representatives on Friday last, the 14th inst., at Thompson Villa, by kind permission of John Steel, Esq.

A very enjoyable day was spent, owing in a great measure to the fact that Mr and Mrs Steel hospitably entertained the members of both teams for which hospitality three hearty cheers were given at the close of the day's play.

It will be seen that the Falmouth eleven proved themselves the better men, having scored a victory by two runs and ten wickets to go down.

This victory was owing in a large degree to the capital bowling of Percy and Leslie Steel, who although very young, both being in their teens, bid fair to become dangerous bowlers.

The batting of Evans, for the Falmouth eleven, was very creditable, he having made 19 runs, the top score of the day. The fielding of the Falmouth team was very gratifying to their captain. For the St Marys eleven, Newman and Salter bowled well, the former also making top score for that side.

ST Marys Cricket Club will be having their Dinner and Trophy night and we will be reporting on the Trophy winners in the next issue.



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Break O'Day Milk Bar

Phone 63 722222 Murray & Keri Webb

Pizzas
Souvlakis
Homemade Pastries

TRADING HOURS
8am to 8pm
Every day

LANDCARE

Jan Sparkes

Clean Up Australia Day Sunday March 1st 1998

Landcare will be helping to clean up Australia with a cleanup at the St Marys Rivulet.

10am Sunday March 1.

The Scamander River Rush (by Electric Telegraph 21, 11, 1884)

The latest news from the Scamander River rush is that there are about 30 men on the ground. All the ground known to contain gold is taken up, and all the claims bottomed are on gold, but the number at present is only five, and the wash is not rich and will barely pay wages.

I have just received a note from a friend who is there, which I send verbatim as follows:- "No luck up to the present. The ground is very wet and I cannot bottom a hole. If there is no gold worked, it will last only 6 or 8 weeks. Of my party there is only one trying the new ground, but he cannot bottom for water. I advise no one to come here unless they are prepared for wet deep ground. One hole has been bottomed on the terrace, but is no good. The country is very scrubby with a thick undergrowth and snakes are numerous. The creek being worked so far has proved very narrow. I will write again by Saturday or Monday's post."

CAN I HELP YOU?



Regularly visiting the Valley!

Phone 63 362686 for an appointment

LIBERAL MEMBER FOR LYONS

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\$55 4 ROOMS AND HALLWAY

Free deodorising, cleansing and germicide
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Plastic ware & Bakeware

Looking for a Laundry Basket, Basins, Bins, Buckets, Cooking Trays of allsorts, Baking Dishes then look no further than St. Mary's Top Shop.



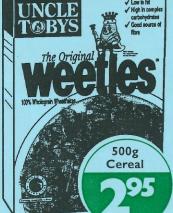
Free Local Home Delivery

Graham, Karen & Staff invite you to call in and check the lower shelf prices and the friendly personalised service. Specials available from 26/2/98 until 4/3/98. While Stocks Last.

St. Mary's Top Shop

Supermarket/Hardware









UNCLE T@BYS





Tender Chicken









now available

Aero Knitting Needles

Convenient Shopping

Thurs. 26/2 8am-6pm Sat. 28/2..... 8am-12noon Fri. 27/2 8am-6pm Sunday 1/3 Closedo

Monday 2/3 – CLOSED

Hours for you Tues. 3/3 8am-6pm Wed. 4/3 8am-6pm

Not your Average Supermarket - BUT your TOP SUPERMARKET

THE THE PARTY OF T

Sound Line Vision

RATING SYSTEM

**** Must Hear/See

**** Excellent

*** Good

** Just OK

* Don't Bother

VIDEO REVIEW -

"FATHER'S DAY" starring Robin Williams and Billy Crystal. If you're looking for a good family comedy this could be the one. The story of two men's search for a boy which both men believe is their son. Crystal's dry sense of humour compliments Williams' wacky character perfectly. These two experienced comedians work very well together and the comedic chemistry is magic. Adult innuendoes mixed with good story line make this well worth your video bucks.

Enjoy ****

MUSIC BUFFS BRAIN TEASERS

What songs do the following lyrics come from:

- 1. "Please allow me to introduce myself I'm a man of wealth and taste".
- 2. "I'm high on the hill, looking over the bridge to the MCG". answers next issue

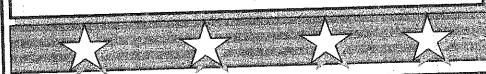
Over the next couple of weeks Tassie will be host to some big mainland and overseas bands. Van Halen will play Launceston at the Silverdome and this promises to be a big show for lovers of heavy metal.

March the 8th sees Paul Kelly return to the state this time playing the Albert Hall, again on the strength of his greatest hits C.D. If you didn't catch him last time he's well worth the ticket price. Mental As Anything take to the stage at the Batman Fawkner on the 7th of March. A class act with a ton of years experience on the pub and recording circuit. I can thoroughly recommend the Mentals for a great night out.

The word on the Savage Garden concert on Wednesday night was excellent. A lot of people commented on their professionalism and sound

quality.
U2 concert at Waverly Park Melbourne was by all reports an unbelievable nights entertainment.
They played a lot of their older tracks as well as new. Light show brilliant as with the giant screen set-up. Pity they couldn't have made their way to Tassie.

KEN MARTINDALE



CD REVIEW - "OK COMPUTER" by Radiohead

This is the third CD by British band Radiohead recorded in a small rehearsal room and a Tudor mansion and this lends an eerie ambience to the whole project. On first listening I thought this was unbelievable, a bench mark in modern music. Tracks like "Karma Police", "No Surprises" and "Paranoid Android" show innovation and depth far exceeding the CDs commercial popularity, On a Par with the best *****

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LIVING ALONE ADVICE TO WOMEN

A great many women today live alone in their home, including a third of all elderly women. In Tasmania in 1993, 301 sexual offences were recorded by the leading 116 police. prosecutions. A significant number of rapes happen to women at home. Just be aware of this and take sensible precautions.

HERE ARE SOME GUIDE-LINES FOR YOU FOLLOW:

- Do not open the door to strangers at night. Ask strange callers who they are and what they want from behind the safety of your locked door.
- Use only your initials in the telephone directory. It is also strongly advised that you do not put your name on your letterbox.
- It is best to report obscene or threatening phone calls to police immediately.
- If it is possible have a telephone by the bed within easy reach in the dark.
- It is always best to close the curtains at night to discourage prowlers.
- One of the best thing you can do is to join a Neighbourhood Watch to provide mutual support and protection.
- Learn about self-defence for women.

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DON'T FEED THE BEARS!



This is a true story about the bears in Yellowstone Park and is taken from an article written in 1970, but even so it is still very relevant today. Every year, after the tourist season was over and cold winds and snow came, bears would die by the dozens by the side of the

roads, and the rangers had to come and carry them off and bury them.

Do you know why they died?

They were still waiting for handouts from the tourists—the cookies, the candy, the bread—but the tourists had gone, and no more handouts. And they sat and waited by the road for the food that was not to come, and they died there.

For they had forgotten something, through the generations of bears that had been doing this. They had forgotten how to prepare for winter, and how to dig for themselves and how to go into the woods and eat what they had to eat and do what they must to survive the winter. They had become so used to being fed from the road — with all the free handouts.

This can happen to people.

There are some things in life that can't be borrowed, that can't be given to us. No one can prepare your mind for you, or study for you. No one else can develop your talents for you, whatever your talents are.

The most important things in life you must do for yourself. To sit idly by the side of the road and wait and wait for your parents to give things to you, or your government, or your church — for someone to give to you things that can't be given — is to die, even as the Yellowstone bears did.



DICK ADAMS

Federal ALP Member for Lyons Chairman of the Federal Opposition Leader's Regional Task Force

"Fighting for Tasmania Fighting for regional Australia"

If you would like any information or to express your view Please contact him on 1800 811 134 PO Box 50, Perth, Tas 7300

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Break O'Day Film Society 1998 Program

February 6th
Scamander Beach Resort 7.30pm
Billy Liar:
Great Britain 1963 BW 99 mins

March 6th: St Marys District High School 7.30pm Smoke: US 1995 Col. 112 mins M

April 3rd::
Scamander Beach Resort 7.30pm
My 20th Century:
Hungary 1988 BW 102 mins

May 1st: St Marys District High School 7.30pm The Maggie: Great Britain 1954 BW 92 mins

Marooned on the land God gave Cain. Canada 1979 Col. 25 mins

Bringing the Classics to you

Films will be screened on the first Friday of every month, with extra screenings June to August.

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For further information phone: Tina Mason: 63751668 Monica Bonnitcha: 63722292 John Collins: 63761889

June 5th: Scamander Beach Resort. 7.30pm 84 Charing Cross Rd:
US 1986 Col. 99 mins.

June 19th: Pancake Barn St Marys 8pm Fargo: US 1996 Col 98 mins MA 15+

"Cosi" and "Birdcage" to be screened later in the year.

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Fri Sat

9 am - 11.30

Tennis News:

General Meeting; Following twilight tennis Thursday 26 February.

Junior Championships: Any boy or girl who is interested in competing in the Junior Championships, please leave your name with Mrs Bushing at the school or telephone Louise Williams on 6372 2158 .

SURFING TASMANIA 1998

Surfing Tasmania hopes to foster and develop junior surfing, improving skills in surfriding, and respect for the ocean. We also want to put more fun into the Statewide Surf gatherings. The 1998 State Rounds generously sponsored by the local surf industry are a great opportunity to surf and socialise around our beautiful state.

Ripcurl West Coast Classic Tasmania's Premier Surfing Event. February 28 & March 1& 2 at Marrawah.

The East Coast Junior March 14-15 at Scamander

The East Coast Junior has been hugely successful and is regarded highly by juniors as the whole weekend showcases their talents.

The East Coast Classic

April 25 - 26 at Scamander in it's ANZAC Day long weekend slot is hoping for a third time lucky after a couple of poor surf offerings over recent years.

Surfing Tasmania Membership Join now

Entry forms & Membership applications from Scamander Beach Surf Shop.

Ô

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TAB



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6 pm - 8.00 pm

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Sunday 1st March

- Clean up our Coast
- · Clean up our Rivers
- · Clean up our Towns
- · Clean up our Roads

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Sports Centre News by Kackhander BOWLS

It has taken a few seasons of the new finals format but this year St Marys will play in the Grand Final on March 7 at Bicheno. The great effort of defeating the strong St Helens lineup last weekend by 15 shots on two rinks has given the team a chance of a premiership against Swansea. This year the Club ended the 10 plus year hoodoo against Swansea when we defeated them in round two and except for the second semi final the other two games against them were quite close.

It is a definate possibility, but Swansea is a very good side so it will not be easy. Hopefully there will be some really good news on this, next issue. Still on bowls and the entries are beginning to come in for the St Marys Master Triples on April 4 with substantial prize money on offer, so you have to be in it to win it. Also required are more teams for the East Coast Fours Championship coming up soon.

GOLF

A fairly good attendance was evident at a special meeting last Friday to try and help the golf on it's way this year. Anew sub-committee was formed. Uniform starting times for normal weekend competion of 11.30am will be adopted from March 1. For mens golf a major monthly trophy on a points system will be adopted. Those monthly trophies will be well worth winning, so once again we stress the point, be in it to win it.

In the next few weeks we have visits from Mowbray, North West Bay and Bulldogs and there has been a bowls end of year trip organised for Hobart to have a game played at Sandy Bay Bowls Club. As you can see there is plenty of interaction with both sports.

Golfers, do not forget, Pennant is only about 6 weeks away so its time to start thinking of a bit of practice and of course the nominations for captain, vice captian and selectors for 1998.

On the social side, we have a new money jackpot idea [East Coas open to all members, that began last week.

For every day's visit to the Club during the week, your name will be entered into the tin by the Bar Managers. On the advertised night, that will vary between Friday and Sunday each week, the Bar Managers at their descretion will do the draw of one of those tickets between 7-9pm. If that person is present, they will win money that will jackpot by \$10 each week. Minimum amount will be \$50, who knows what it may get up to.

Good hitting and rolling, especially in the ECBA Grand Final.

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