

THE VALLEY AND EAST COAST VOICE

Volume 29

No 2

Friday 24 May 1996

Established 1968

Price 50 cents

Report from Economic Development Officer and Community Contact Centre Co-ordinator Annual General Meeting 22 May 1996

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Working for SMACD inc over the past 12 months in the above positions has been both a rewarding and frustrating experience.

The co-ordination of the Streetscape Document project was the first major project undertaken and seeing the results of that project now being acted on by the Break O'Day Council is most rewarding. This project allowed all members of the community to participate in the planning process and everyone who took the opportunity to have input should feel justifiably proud. The Council assisted with the funding of the document and are now assisting other projects which were identified in that process. The fact that the Street theme committee formed by the Council are meeting on a regular basis to ensure sensible and planned development continues to take place in St Marys is a direct result of this project.

Setting up of the Community Contact Centre and witnessing the impact it has had on the Community has been a great learning experience for not only myself but for the staff and members of the community who gained employment through the centre. Some 55 positions have been created over the 12 month period.

A large majority of these have been through labour market programs, and have been reliant on the brokerage of the Council. Our involvement in them may only have been to identify the project or to put names forward for consideration for inclusion at the clients request. Nevertheless the Contact Centre and EDO have played a small role. Several new small businesses have opened up in the area. Some are seasonal market gardens, others would probably have opened without the centres assistance, however all of those involved have attended "Getting Started in Small Business" workshops initiated by the centre.

Some nine consultants have gained part time employment working on projects initiated through the SMACD inc. While most of those consultants have been employed from outside of the district, their professional expertise has been

and will continue to be very beneficial for the district. Five consultants were employed on the Streetscape project, three are presently working on the "Significant Sites of the Fingal Valley" project and one local Artist Lorraine Biggs is presently working on a visual display which will be placed in the Post Office. These will be Lorraine's interpretation of possible ongoing projects identified in the Streetscape document. The first part of Lorraine's work is of the proposed playground and was placed in the Post office yesterday for public comment.

The Shop Local Campaign, instigationn of the Markets and bringing services to our local area have all been things that were taken on in an attempt to keep peoples disposable income in the local area.

Working with people as far away as Upper Esk and Avoca in the hope of formulating a Fingal Valley Tourism Group has proved that parochialism can be broken down.

The importance of the Community Contact Centre to people on low incomes is very obvious when one considers that 2500 people used the centre over nine months. If we have been able to prevent just one person having to spend a day in town to attend a 10 minute interview with DSS or CED we have assisted not only in improving our local economy (no one goes to town without spending something) but have also offered a service that prior to the centre was unavailable.

While reporting the activities of the centre to Canberra has been very time consuming, the process has enabled us to offer anecdotal evidence of every day hardships faced by people attempting to survive in low incomes. That was one of the reasons for the project in the first place, we now hope that some of this evidence will be taken on board by the powers that be.

The last 12 months have been a great learning experience for myself and the SMACD committee. No one involved in the projects had been involved in administration of Government Grants prior to this and one would hope that once the Centre closes this newly **cont page 14**

CLASSIFIEDS

REDLINE COACHES... Deliver this paper quickly and efficiently. Statewide passenger and parcel service. Phone 722 143

CONTACT NUMBERS FOR ANY VALLEY VOICE MATTERS.
OR **MARY 722328** **RON 722105**

FOR AFFORDABLE AND QUALITY COUNTRY HOMEWARE AND CRAFTS SEE TRUGS N' TREASURES .STORY ST ST MARYS

WANTED for recycling old sheds, buildings or fences. We will demolish, remove and clean up site. Phone 722639

FOR SALE....Pair FOOTBALL BOOTS
Puma Size 6 \$15.00 Phone 722430

FOR SALE...Large Pine Cot in very good condition (solid pine ends), adj base, including waterproof inner spring mattress (exc cond) and linen \$180.00

Baby Swing-O-Matic \$20.00

Paint Easel/Blackboard \$10.00

Pink Velour Bedroom Chair \$20.00

Spinning Wheel \$40.00

Sofa Bed \$30.00

Large Dog Kennel \$10.00

Phone Wendy/Paul 722568 anytime

WANTED TO SELL....6 Chinese Lang-Shang Roosters \$6.00 each

7 Young Turkeys, close to killing age \$10.00 each

1 Breeding Pair of Turkeys, only to good home PRICE NEG

Phone Lexie Squires 722376

MEALS ON WHEELS

MAY

ST MARYS

FINGAL

27 Karen Spilsbury
 28 Mary Viney
 29 Rhonda Cranch
 30 Heather Griffiths
 31 Tracey Bean

Jane Berriman
 Carol Bates
 Harold Cooper
 Beth Stingle
 Bob Yates

JUNE

3 P & Y Davern
 4 Pauline Berwick
 5 M & P Berwick
 6 Jean Schier
 7 Jill Faulkner

Carole Woods
 Robyn Holder
 Cheryl McFadzean
 Maureen Hall
 Cheryl Rankin

East Coast Glass



- Glass Replacements
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- Shower Screens
- Fly screens and doors
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FOR SALE....Singer Sewing Machine \$30.00
1 Set of Ladies Bowls, Henselite Size 1 Super grip
Heavy Weight \$45.00 o.n.o. Phone 722375.

FOR SALE....Red Rump Parrots \$10.00
Wattle Grub Tins x 72 \$10.00 each
Double Breeding Cages \$10.00 each
Phone 722643

FOR SALE....BEDROOM SUITE includes
 Wardrobe, Low Boy, Dressing Table, Bed Base
Contact Bianca Phone 722544 or 722367

FOR SALE.....Cast Iron 40 gal Copper \$50.00
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WANTED TO SELL....1 Hot Water Cyclinder, not mains pressure \$100.00 o.n.o. Phone L. Squires 722376.

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YOUR BVS STORE

FOR YOUR NEW AND RECONDITIONED APPLIANCE NEEDS CONTACT THE APPLIANCE PEOPLE ON THE COAST.

REFRIGERATORS TO DISHWASHERS
IRONS FAN HEATERS TOASTERS
COMMERCIAL/DOMESTIC APPLIANCES

WE ARE AUTHORISED SERVICE AGENTS FOR MOST POPULAR BRANDS AND OFFER TO YOU A PROMPT AND PROFESSIONAL SERVICE AT ALL TIMES

WHY NOT CALL INTO OUR SHOWROOM AT
41 QUAIL STREET
ST HELENS
(NEXT TO RSL)

WHAT'S ON

ANTENATAL CLASSES

WHERE: St Marys Hospital

WHEN: Start Thursday 20th June

TIME: 6.00pm



FOR ALL EXPECTANT PARENTS

TO ENROL: Contact Patsy Burgess Phone 722111

AFTERNOON TEA

COME ALONG AND BRING A FRIEND

There will be an Afternoon Tea on Thursday 6th June at 1.30pm at the Scamander Sports Complex in AID OF CANCER RESEARCH.

COST: \$4.00

There will be raffles, lucky door and other prizes and a Trade Table where any donations would be welcomed.
Enquiries: Sandra Oliver 725202.

EAST COAST AND FINGAL VALLEY FILM SOCIETY MEETING

TUESDAY 28TH MAY

7PM

COMMUNITY CONTACT CENTRE
ST MARYS

ALL WELCOME

St Marys Butchery

Brent & Dianne Johnson

Main Street

St Marys Phone 722274

**COME AND CHECK THE SELECTION
IN THE DISPLAY COUNTER**

TOP QUALITY MEAT

Free Home Delivery on Fridays

ST MARYS NEWSAGENCY

STORY STREET ST MARYS
PHONE 722143

**LARGE SELECTION OF MAGAZINES
STATIONERY
GIFT IDEAS**

NEW VIDEOS ARRIVING ALL THE TIME

REDLINE COACHES DEPOT

FINGAL VALLEY NEIGHBOURHOOD HOUSE

PLANNED COURSES AND SEMINARS

"POST NATAL DEPRESSION"

Speakers from the P.N.D. Action Group will give a informative discussion on this topic. Great for mums to be, new mums and for family members who care. B.Y.O. lunch, morning tea supplied. \$3.00 donation. Child care available if booked.

WEDNESDAY 19TH JUNE 10AM - 2 PM

"PLANNING YOUR RETIREMENT"

Richard from Advisory Investment Services will be talking about the financial side of retirement. Plenty of time for questions and answers, information packets for those attending. **THURSDAY 11TH JULY 10AM - 12PM.** Morning tea supplied. \$2.00 donation please. An estimation of numbers is needed so let us know if attending

FOR BOOKINGS phone Neighbourhood House during business hours 9.00am - 3.00pm Tues, Wed, and Thurs (003) 742344 or after hours on 742247.

Alternatively bookings can always be made with Kathryn at the St Marys Health & Beauty during business hours on 722172.

Rae & Partners Lawyers Barristers & Solicitors

93 York Street
Launceston

Visiting St Marys alternate Thursdays 9am - 10am
32 Main Street St Marys

Phone 34 0644 for appointments

**ACCEPTING INSTRUCTION IN
ALL LEGAL MATTERS**

Church News

ANGLICAN PAROCHIAL DISTRICT OF THE NORTHERN MIDLANDS

FIRST SUNDAY OF MONTH

Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	10.30 am	FS
Fingal	7.00 pm	EP

SECOND SUNDAY OF MONTH

Fingal	8.45 am	HC
Campbell Town	9.00 am	MP
Avoca	10.30 am	HC

THIRD SUNDAY OF MONTH

Fingal	8.45 am	FS
Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	6.00 pm	EP

FOURTH SUNDAY OF MONTH

Fingal	8.45 am	HC
Campbell Town	9.00 am	HC
Mathinna	10.30 am	HC
Avoca	6.00 pm	HC

FIFTH SUNDAY OF MONTH

Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	alternates with	
Fingal	6.00 pm	HC

Avoca reverts to 7.00 pm during summer months

BREAK O'DAY UNITING CHURCH

FIRST SUNDAY OF MONTH

Scamander	11.00 am
Fingal	9.00 am
St Helens	7.00 pm

SECOND SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

THIRD SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

FOURTH SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

FIFTH SUNDAY OF MONTH

St Helens	7.00 pm
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ANGLICAN PARISH OF ST HELENS

FIRST SUNDAY OF MONTH

St Helens	9.30 am
Falmouth	11.00 am
St Marys	10.00 am

SECOND SUNDAY OF MONTH

St Helens	9.30 am
St Marys	10.00 am

THIRD SUNDAY OF MONTH

St Helens	9.30 am
Pyengana	11.00 am
St Marys	10.00 am

FOURTH SUNDAY OF MONTH

St Helens	9.30 am
St Marys	10.00 am

FIFTH SUNDAY OF MONTH

St Helens	9.30 am
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SEVENTH DAY ADVENTIST

Hodgman Street
Scamander

Sabbath School	10.00 am
Divine Service	11.00 am

FINGAL VALLEY CRUSADE CENTRE

A Christian Revival Crusade Church
meets at the Fingal Council
Chambers

Sundays at	10.30 am
Sunday School	11.00 am

ALL WELCOME
Enquiries - 741099



SALVATION ARMY

Main Street

ST MARYS (RSL HALL)

SERVICES

Sunday	
9.30 am	Sunday School
11.00 am	Family Worship
Wednesday	
2.00 pm	Ladies Fellowship

EVERYBODY WELCOME

Aux Captain & Mrs Tolputt
Phone (003) 722 352

THRIFT SHOP

Wed-Fri	10.00 am - 2.00 pm
Pickups phone	(003) 722 352

CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Fingal	Sunday Mass	10.30 am
Bicheno	Sunday Mass	4.00 pm

SECOND SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Mangana	Eucharistic Serl	1.00 am
Bicheno	Sunday Mass	4.00 pm

THIRD SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Fingal	Sunday Mass	10.30 am
Bicheno	Sunday Mass	4.00 pm

FOURTH SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Bicheno	Sunday Mass	4.00 pm

FIFTH SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Mathinna	Eucharistic Serl	1.15 am
Bicheno	Sunday Mass	4.00 pm

PRIEST: PAUL CONNOLLY

ST MARYS

PHONE (003) 722 252

ARE YOU INTERESTED IN AN ORCHESTRAL BAND?

Recently we have had contact with people who are involved with Orchestral bands in both Launceston and Hobart. There are categories of bands ranging from beginners to professional. We are interested in starting a beginners band. In this section there is a need for people with musical skills to help and encourage the beginners. Thus the band is composed of musicians, beginners and those in between. It doesn't matter what instrument you play or want to play, it is incorporated in to the band.

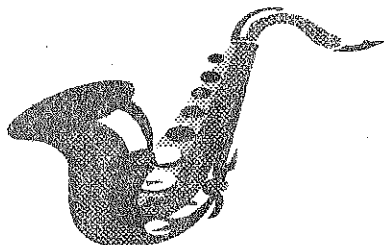
Those we know who are involved in the Launceston and Hobart bands say it is a wonderful way of bringing a community together.

Look at the history of our district and see all the bands that were in existence then. Surely not all the musicians died out years ago. We are sure talent exists today but maybe we just lack the enthusiasm the people had back then.

Wouldn't it be good to have a band to lead the Christmas Float Parade. We can do it if we try. One lady, we know only started playing trombone for the first time in her life in October and she is now in the band.

Who out there is willing to have a go? If enough people show interest we are hoping to arrange a workshop with the man who is instrumental in starting the Launceston bands. One of the Launceston bands consist of woodwind, percussion and guitars so there is no limit.

If you are willing to have a go please contact **Peter Rubenach** Phone 722348 as soon as possible. The sooner we start the sooner we can play. Also there is no age limit. If you are 6 or 60 you can shake a tambourine or doing a triangle.



ST MARYS VARIETY

42A Main St
St Marys 722396

**JUST ARRIVED
ANOTHER SHIPMENT OF
WARM MOCCASSINS
WINTER BOOTS**

I would like to thank the ladies who participated in the Candlewicking course run by Adult Education. A good day was had by all

SMITHS VALLEY TRADERS

46 Main Street St Marys
Phone/Fax 722367

**PRESTOCK CLEARANCE
FROM MONDAY 3RD JUNE
EVERYTHING REDUCED**

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GIFTWARE**

**10 - 20 - 30 - 40 %OFF
CASH, CREDIT CARDS OR LAYBY ONLY**

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St Marys
722240

**NEED A LITTLE!!!! NEED A LOT!!!!
WE CAN HELP**

In our Deli we have:

- * Bacon, sags, sausages
- * Cold meats sliced to your requirements
- * Salami, pepperoni, csabli
- * Olives: Olives: Olives
 - stuffed
 - green
 - black

now sliced for your pizzas

- * Sun Dried Tomatoes
- * Gherkins
- * Capers
- * Cheeses by the bucket load
 - Inc Pyengana Cheese & Ashgrove Cheese

**IF ITS NOT ON THIS LIST ITS BECAUSE
WE'VE RUN OUT OF PAPER - COME AND
CHECK IT OUT**

We would like to thank everyone for their patience and tolerance during our change over period.

Tasmanians Serving Tasmanians



LETTER TO THE EDITOR

Re letter from Vietnam Veteran (Anzac Day)

Letter published in the Valley Voice May 10th 1996 states the St Marys R & S.L.A. Sub Branch did not invite the Vietnam Veteran and wife or public after the Dawn Service for breakfast.

At any time Vietnam Veterans or any Serviceman have never been refused to join us on Anzac Day.

Being a very small Sub-branch we must now limit our expenditure therefore we are unable to invite the public.

It also stated in the letter "Anzac Day is a day of peace", this is not so, Anzac Day is a special day remembering those unfortunate men who lost their lives on the battle fields.

Our Sub-branch wishes to invite the Vietnam Veteran to become a financial member of St Mary, giving full rights on special occasions.

Lest we Forget

Yours Sincerely
J. F. McGee Hon Sec.

ST MARYS HEALTH & BEAUTY CENTRE

42 Main Rd St Marys Tasmania
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SPECIALS

Hamiltons Lip Balm JUMBO SIZE
ONLY \$3.95 EACH

TOMMEE TYPPEE DUMMIES with cover
Assorted Colours only \$1.50each

EXERCISE BIKE HIRE
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Great for the long winter nights

More stocks of \$1 & \$2 face washers

AUSTRALIS NAIL POLISH
only \$1.00 each were \$5.75

NEW STOCK

Nose studs \$14.95 (twist in post)
Sleepers & Studs many designs & sizes

ACTIVE MIND OR COUCH POTATO?

Do you have any adventure of the spirit?

I mean do you really think? or just woolly fuzz, letting things just drift in and out like the tide. The tide does do something, it brings fresh food to shellfish and animals who live in between high and low tides.

Do you think anything about anything? or just pick up whats in the paper. Do not get involved, seems to be the ruling thought, but is that living or just a nice warm cocoon to hide from the world so people can't see you. What a poverty stricken outlook that is. Being involved is living, only thus can we have enjoyment of our neighbours and friends, scenery, music, painting, dancing, reading or just talking, also there is adventure in using one's head over problems. Can we solve this distressing problem or must we call in help. Let's try ourselves first, but there is a big but, if one is too near a problem one can't see all round it, so that's where outside help is needed, and don't moan "why does this happen to me". Well, you are alive (or so one hopes) so of course you will have a problem. One does have peace in the grave but nothing else, so be thankful you are alive to think about this upset fruitfully. One must not shut oneself up in a nice warm cocoon and refuse to be involved in things outside which are upsetting. Real living is change, whenever you begin to feel set in your ways, lethargy results. Not being involved creates boredom, this is deadly and encourages a self-centred attitude. Do something you are interested in. Do you like birds, bees or moths? or do you collect things like labels, teaspoons or coloured stones. There is a goldmine for inquiring minds, and an inquiring mind is what we all need, then we are not bored, or shut up in a cosy little corner somewhere. Nothing happens to any of us, except in our heads first.

EAST COAST SURVEYING

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LAND PLANNERS



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Principal's Report



Dear Parents

The last few weeks have been particularly busy ones as well as being stressful for many of us.

The events at Port Arthur had a profound impact on many people in our school community but I was heartened by the sensitive way that staff enabled students to discuss the issues involved. We also held whole school assemblies to coincide with Statewide services on Wednesday May 1st, and on Friday May 3rd conducted a commemorative tree planting ceremony beside the rivulet on the eastern side of the school. I must thank the SRC Executive for their sensitive and thoughtful contribution and for donating the monies raised from the free dress day to the Port Arthur appeal. The school has allocated some funds and will develop a picnic/study area within the planted area which will be useful for science classes, students undertaking waterwatch studies etc.

Many thanks to all Prep to Grade 4/5 teachers who were involved in parent-teacher interviews last week and to parents for the positive and productive way in which you were involved in these discussions.

The Secondary Cross Country was also conducted last Friday and it was pleasing to note the participation and enthusiasm shown by most students. Thanks to Mr Pickett for organising and overseeing the events. Congratulations particularly to the individual winners and placegetters and those selected to represent our school at the Inter-high cross country this Thursday. In recognition of their efforts, the students will be treated to a meal at their favourite fast food outlet on the way home, perhaps replacing much needed carbohydrates after an exhausting run.

I would like to publicly congratulate Barry LeFevre, David Bain and the other people in our community who have recently taken on the organisation of Junior Football. The absence of an organised junior competition with the demise (temporarily we hope) of the Valley Saints has left us with a sporting chasm for many boys. The above mentioned people have stepped in to help fill that void and the response in terms of volunteer helpers, sponsorship etc. has been tremendous.

Well done to one of our Grade 9/10 Speech and Drama classes which has been rehearsing the play "Mergatroid's Adventures in Banaland" for some weeks now. Last Thursday they performed to our Prep to Grade 3 classes with many positive comments from members of the student and adult audience. The class is going on 'on tour' to present their work to students at Fingal and Bicheno as well as conducting a drama workshop with grade 3/4 students at Bicheno Primary. This will be a great experience for the students involved and a reflection of the quality work going on in The Arts.

Visitors to our foyer will also see some more outstanding art work which is being produced on a consistent basis in classes. New picture frames have enabled us to display student work in a really professional manner and it looks good enough to be hanging in any gallery.

Finally, I am pleased to officially announce that Mary Beach has been appointed to the position of Acting Principal at Bicheno Primary School. We are disappointed to be losing Mary from our staff, but her appointment is a recognition of the esteem in which she is held in the educational and wider community. Mary's appointment has necessitated some staffing changes which will be as follows:

Zoe Wood, currently 0.9 Kinder and Grade 2, will move onto Mary's Prep/1 class full time.

Susan Miles who is returning next term from maternity leave will take over the Kindergarten in a 0.5 position.

June Wise, who is set to retire at the end of this term, had reconsidered this decision. We are very pleased that she will continue on our staff as Anne Bennet's partner, sharing the grade 2 class.

As I mentioned in the last newsletter, the Prep and Grade 2 Literacy program has started. Vicki Howard is working with the preps and Mary Targett will now run the Grade 2 program in conjunction with classroom teachers.

I trust these arrangements will meet with your approval.

Regards,
PHIL WALKER
ACTING PRINCIPAL

Junior Football

JUNIOR FOOTBALL RESULTS FOR SATURDAY 18TH MAY WERE:

U/16	<u>SHEARERS</u>	defeated	<u>MINERS</u>
	9-13-67		10-6-66
Best were	Keith Gillies		Matthew Viney
	Nigel Price		Tristan Brill
	Kirk Bean		Jason Cross

U/12	<u>MARINERS</u>	defeated	<u>MINERS</u>
	9-6-60		6-4-40
Best were	Adam Viney		Drew Wilson
	Bong Bong Louis		George Crisp
	James Pyke		Alex Hortle

U/10	<u>JUNIOR MINERS</u>	defeated	<u>FORESTERS</u>
	11-4-70		7-2-44
Best were	Adrian Speers		Chris McDonald
	Lachlan McFadzean		in a great team effort.

The secondary Cross Country event was held on Friday 10th May 1996. The winning house was Dalmain.

SECONDARY CROSS COUNTRY

INDIVIDUAL CHAMPIONS

BOYS

Open	1st	Keith Gillies
	2nd	Nick Hyland
	3rd	John Lucas

U/15	1st	Tim Hall
	2nd	Matthew Harris
	3rd	Adam Sutton

U/14	1st	Matthew Viney
	2nd	Tristan Clement
	3rd	Tristan Ireland

U/14	1st	Josh Brinkhuizen
	2nd	Jacob Hyland
	3rd	Allan Eyles

Yr 11/12	1st	Brian Smith
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GIRLS

1st	Bekah Andrews
2nd	Sommer Woods
3rd	Kirsten Smith

1st	Jackie Geniola
2nd	Theresa Lord
3rd	Tanya Parsons

1st	Neysa Cannon
2nd	Kate Baldini
3rd	Jess Baldini

1st	Corinna Howard
2nd	Joanne Cohen
3rd	Jessica Mitchell

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Main Street
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Mick & Mandy Bramich

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**FOR JUST \$3
YOU CAN WIN**

9 Spot 257,000

8 spot 35,000

7 spot 5,800

**add them together and you could win
the lot**

**LADIES 8 BALL
EVERY TUESDAY
7.00PM**

**ANSWERS TO WORD FIT PUZZLES IN LAST
ISSUE WILL BE PRINTED IN THE NEXT ISSUE OF
VALLEY VOICE.**

3 LETTERS

ALL
END
NOR
OLD
POT
RED

4 LETTERS

BRIE
EDAM
ICED
JACK
PORT
ROSE
TART

5 LETTERS

CREAM
GOUDA
GRAPE
MOIST
PETIT
RHINE
SWEET
SWISS
WHITE

6 LETTERS

ASIAGO
CLARET
COGNAC
ROMANO
SHERRY

7 LETTERS

CHABUS
CHEDDAR

COTTAGE

FARMERS
MOSELLE
PRIMOST
RICOTTA
STILTON

8 LETTERS

BEL PAESE
BURGUNDY
DUBONNET
MUENSTER
MUSCATEL
VERMOUTH

9 LETTERS

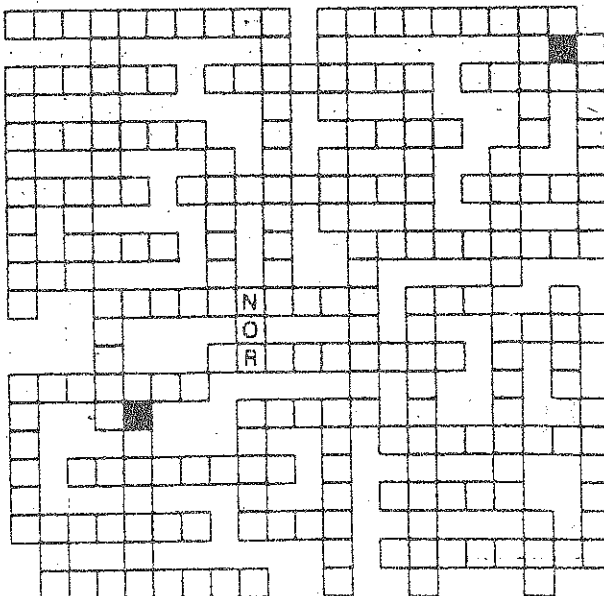
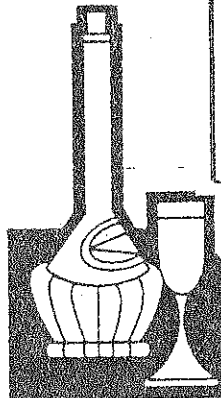
CAMEMBERT
CHAMPAGNE
NOKKELOST
PROVOLONE
ROQUEFORT

10 LETTERS

GORGONZOLA
NEUFCHATEL

11 LETTERS

LIEDERKRANZ
PONT L'ÉVÊQUE



W LOCKETT & SONS

Funeral Directors

Campbell Town

Enquiries may be directed through:

Mr Leo Lane

Campbell Town 811 167

Mr T Pears

Campbell Town 811 472

B Davidson

Launceston 444 577



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COPING WITH A TRAGIC EVENT

A TRAGIC EVENT AFFECTS ALL MEMBERS OF THE COMMUNITY.

HOW TO LOOK AFTER YOURSELF

- Keep in touch with people you are comfortable with and know well.
- Don't fight the reactions. Let them work through and they will usually subside.
- Keep talking about the tragic event when you need to and express the changing feelings as they arise.
- Eat small, well balanced meals regularly even if you don't feel much like it.
- Use physical exercise to work off the tension.
- Allow yourself time to come to terms with the event. Don't force the pace as it can take time.
- Try relaxation exercises, especially deep breathing to settle yourself down.
- Take time off if you need to sort out what has happened.

HOW TO LOOK AFTER OTHERS

- Stay with people affected by the tragic event while they are distressed, but don't crowd them.
- Try to provide help to people who request it, but help them so they feel they can be in control when they want to be.
- Listen as long as people want to talk. Letting people go over the event will help.
- Remind them to look after themselves physically – to eat, rest, and sleep.
- Reassure them about safety and security.
- Help people with simple practical tasks. These may be difficult to cope with for people deeply affected.
- Don't react personally to people's anger or other feelings. Let them express their feelings and get it all out.
- Don't try to make light of the situation or talk people out of their reactions. It takes time to recover.

A BIG THANK YOU
TO
RODNEY McGIVERON
&

DAVE ROBINSON
FOR MAINTAINING THE PARK ON
THE OLD POST OFFICE SITE

FINGAL VALLEY Historic Research

Some time ago the St Marys Association for Community Development applied for funding through the National Estate to conduct some historic research within the Fingal Valley. While the settlement of the Valley is well documented there is little anecdotal evidence recorded in regards to the every day lives of the early days in the Valley. There are many families still living in the Valley today whose ancestors were amongst the early settlers and I'm sure many stories that have been passed down through the generations which will soon be lost for ever.

By recording these stories one would hope to be able to depict the hardships, the humour and events which would have been important to everyday life. We have appointed an Historian to visit the Valley and meet with people who may have a story to tell. Lindy Cripps will be at the Fingal Valley Council offices on **MONDAY the 3RD of JUNE**. She would be most interested in hearing stories from our more senior citizens. These stories may be of how a family survived a bush fire or flood, or may be in regards to a family gold mine. The stories may be humorous or sad. May have happened in your lifetime or be something you remember being told as a child.

To enable Lindy to speak to as many people as possible we have broken the day into three sessions.

11.30 - 1pm St Marys/Coastal

1pm - 2.30pm Avoca /Rossarden

2.30 - 4pm Fingal/Mathinna

After the initial gathering Lindy may ask to visit some people in their homes to gather more information.

At the completion of the Oral History part of this project we will be asking people to identify sites which were important in the past. This could be a single unrecorded grave in the bush or a tree which was planted to commemorate an event.

If you would like to assist us in our research please contact me on 722759 or 722187 before the 27th of May as we will need to know approx' numbers to enable us to provide refreshments throughout the day.

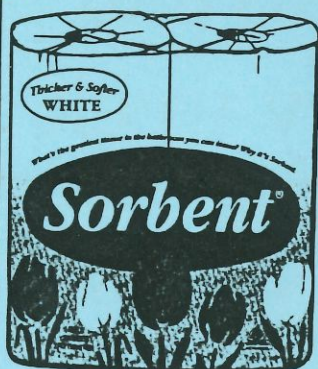
Annette Wines



St. Mary's Top Shop

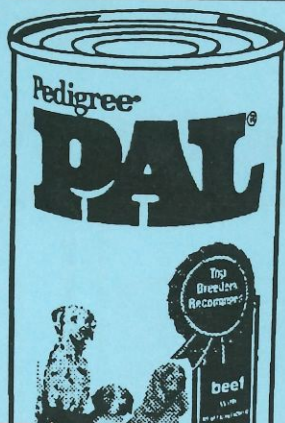
56 Main Road St. Mary's 7215

Phone/Fax: (003) 72 2242



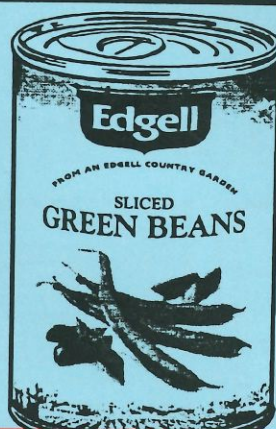
4 Pack Varieties

315



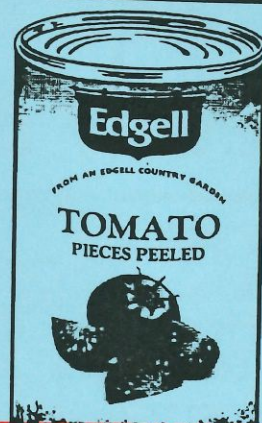
1.2kg Varieties

215



440g

95¢



400g

75¢



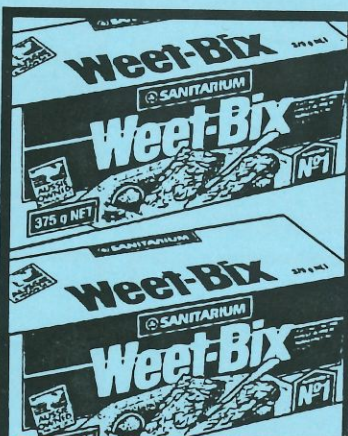
Golden
Ripe Bananas

129
kg



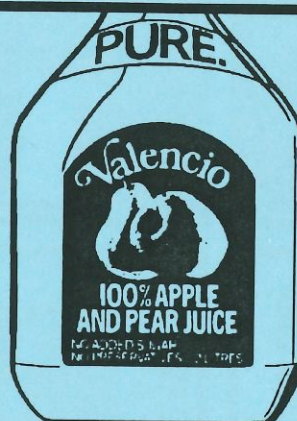
Sweet
Mutsu Apples

129
kg



375g Cereal

179



2 Litre Varieties

325



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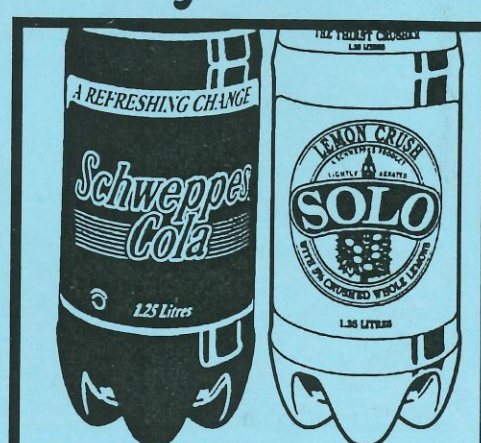
CSR White Sugar 2kg

1⁹⁹
each



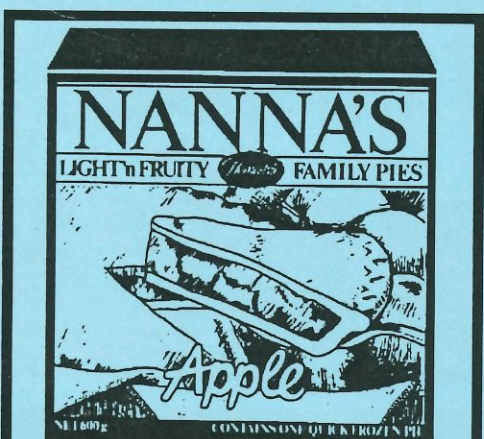
Heinz Tomato & Variety Soups 440g Var.

1²⁹
each



Schweppes Range 1.25Litre Var.

1³⁹
each



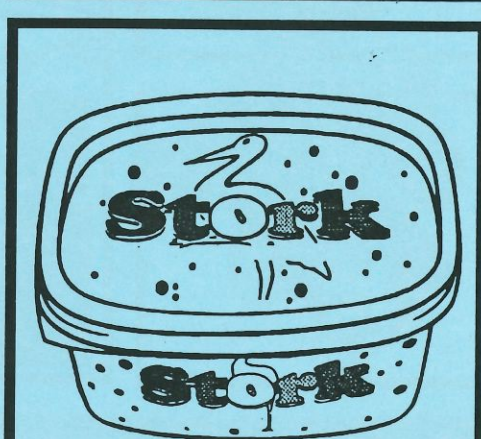
Nannas Fruit Pies 600g Var.

2⁴⁹
each



Sunshine Cream Biscuits 250g Var.

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each



Stork Spread 500g

1³⁵
each

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LANDCARE NEWS

Jan Sparkes

Some science students from St Marys District High School are in the limelight as they are now part of the national Waterwatch program set up in 1992 by Mr Paul Keating when he was Prime Minister. The program aims to provide a national focus on the quality of water in our rivers. Over 30 000 Australians of all ages are monitoring a variety of biological, physical and chemical parameters to get an idea of the health of our rivers and now year 9-10 science students from St Marys will be collecting data on temperature, pH, phosphates, nitrates, dissolved oxygen, turbidity, E.coli, macroinvertebrates and river bank vegetation. Some students will also be monitoring other aquatic organisms such as fish and frogs. Through these measurements land use problems can be identified in the catchment and actions to rectify the problems can be taken. This is a real-life scientific research at a local level - collating, graphing and interpreting water quality results which can be of use by scientists, the catchment management committee, rivers and water resources, Landcare, Break O'Day Council, businesses, industries and the community. Waterwatch is not just about collecting data but the students can develop strategies to improve the management of the catchment by translating knowledge of water quality problems into actions like tree-planting, reducing litter or pollution levels, or by fencing off areas of river banks for revegetation programs. So it is with great pleasure that we can announce and thank the Break O'Day Council for a \$3000 grant to buy Waterwatch kits for the municipality and one kit will go to St Marys District High School for students to focus on the local environment.

Currently science staff are undertaking an intensive training course before they can participate in the program, but once trained data will be collected over a period of time, say a year or two and real-life education for today with great opportunities in a range of studies such as science, technology, environment, communications, society studies and the media will help people understand that environmental issues and conservation are something we all have a responsibility for and is not to be left to governments or other people to solve.

More Waterwatch information as it comes to hand.
CONGRATULATIONS to all involved at this stage!



12th Suncoast Jazz Festival


will be held at
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June 28, 29, 30



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Fax 003 762208

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Wednesdays

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St Marys Association for Community Development Inc

President's Report for 1995/96

During the past year, I believe, SMACD has achieved a great deal, as far as community support and economic development is concerned. The Contact Centre, in it's first year of operation, has given the community huge benefits, particularly those with low incomes. All the people young and old alike, have had access to information, not only in paper and oral form, but also electronically. They have been given advice and help, where possible, from our staff and pointed in the right direction to start a new business or gain employment.

Most fun raising ventures have been successful, with the market coming out well in front. The market has also been a great community meeting place, giving those with something to sell an outlet, people who wanted to buy were able to browse and for the ones who just wanted to chat, it made a perfect excuse.

I feel projects like the market, and having a centre in some form or other where we can meet, plan, seek help and work together as one community, will determine the future of SMACD.

I would like to thank all those who have helped voluntarily over the year and to Wendy, Peter and Russell who have been employed to run the centre. The honest, professional, conscientious manner in which they carried out their work was second to none.

To my committee, thank you for all your help and support and last, but not least, thank you Annette. As our Economic Development officer, you were exceptional. Your work on all SMACD projects over and above your EDO work load, will I'm sure have long term benefits in our town and indeed the greater Fingal Valley.

My position as President has been an easy road to hoe because of Annette and all who have been part of SMACD this year.

As I have previously stated, I will not be re-standing for the Presidency for this coming year. For the new committee elected tonight, I offer my support and good wishes for the coming year.

Jim Haas
President.

CONT FROM PAGE 1

SMACD Inc Annual General Meeting Report

gained knowledge will not be lost.

While there may be radical changes being made from both State and Federal Government, I am sure that similar funding and projects will become available in time.

There is always great difficulty in attracting people to a committee and even more difficult filling the executive positions. Quite often groups like SMACD inc fold for this reason. The equipment and furniture you see in this office belongs to the St Marys community as long as there is a need for it and I am told that there is a good chance that we will be offered the computers at a very reasonable price, one would hope that the positive outcomes and assets acquired over the past year are enough to ensure a strong committee being elected tonight.

Annette Wines

St Marys Visitor Information Network

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Phone 722529

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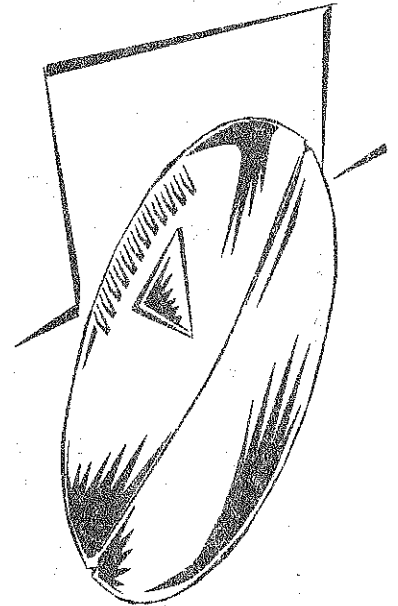
To All FOOTY SUPPORTERS

We are writing this letter in the belief that, there is now, more than ever, a crisis concerning the future of football in our area. Whilst an amalgamation of teams in the Valley was seen as the saviour of football in the region, the exact opposite has occurred. We believe the reasons for this go far deeper than the thought that other teams were after our players, what needs to be asked is WHY those players went in the first place? To simply quote money, may be correct in a few cases, but many local footballers stayed away, WHY? Every senior player received match payments last season, most of them for the first time in their careers, so we believe it is too easy to blame just one thing for the Valley Saints downfall. We put forward the idea that history on the larger part, was against us, and no matter what was done then, or can be done now, will ever change the feelings of over 100 years of opposition between two towns. The fact is that everything that went wrong over the last months, escalated from the moment the respective representatives from the two towns could not agree on the coaching position, and snowballed from there.

We feel that the thought of everything being forgiven and that football will again be strong under the Valley Saints banner next season, will not happen. Although there has been a lot said in hindsight about the Valley Saints Football Club, one thing that should be remembered however, is that at least people tried to do something, but we now feel that with the club in recess, those attempts have failed after just one season.

The only solution to this mammoth problem, that we can see, is to go back to square one, and for our part try to reform the St Marys Football Club, and at least give the game a chance in this area. Notice of an Annual General Meeting will be advertised within a few days, to give us every chance over the coming months to achieve our goals and allay fears in this area, of football never again being played in the Valley.

ON BEHALF OF THE ST MARYS FOOTBALL CLUB INC
(Names supplied)



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Golf Notes

8.5.96 - LADIES DRAW FOR PARTNER - CHAMPIONSHIP -

Handicap Event

K Blair - B Cobb	63½
N Mallinson - C Gunson	66
W Haas - L Clayton	67
B Harwood - Heather Hayes	68½
NP 5th & 14th	N Mallinson
7th & 16th	C Gunson

9.5.96 - LADIES SECOND ROUND DFP CHAMPIONSHIP

Day Winners

N Mallinson - C Gunson	65 nett
M Cook - M Ridgers	68½ nett
W Haas - L Clayton	68½ nett
NP 7th & 16th	W Haas
Winners of the Championship	N Mallinson - C Gunson 131 nett
R/Up	L Clayton - W Haas 139 nett
Congratulations to all on your great efforts.	

15.5.96 - 2ND SILVER SPOON STROKE

A terrific day was had by the 26 ladies on the course. Great to see so many.

Winner

1st Div	M Cook	lovely 64 nett - also the day winner
	C Gunson	72 nett great Carol
	N Mallinson	72 great Norma
2nd Div	M Viney	69 nett getting better after 50 Mary
	B Harwood	72 nett lovely to see Bobby back in form
NP 7th & 16th (30-45)	B Cobb	Birdies 2nd M Cook, 8th M Cook,
(—29)	L King	10th M Cook, 17th M Nolan
M Cook reduced her h/cap	16-15	Gobbler M Cook 9th, A Calder 1st
M Viney reduced her h/cap	32-31	

SWANSEA 100 GAME STROKE

There were 39 players and the overall winner was T Allen - 77-56 nett

A Grade

D Doran	58 nett
R/Up J Tinning	60 nett
N Morrison & K Cleaver	61 nett

B Grade

D Bulmar	58 nett c/b
----------	-------------

R/Up

N Crawford	61 nett
------------	---------

C Grade

T Gathercole	59 nett
--------------	---------

R/Up

D Grove	60 nett
---------	---------

B Templer	60 nett
-----------	---------

M Burt	61 nett
--------	---------

C JohnS	61 nett
---------	---------

Eclectic

K Davey	23½ on c/b
---------	------------

B Templer	23½
-----------	-----

R/Up I Wallace	24½
----------------	-----

NP 3rd & 12th	M Gregson
---------------	-----------

4th & 13th	N Crawford
------------	------------

7th & 16th	J Tinning
------------	-----------

Visitor P Morris	58
------------------	----

B Knowles	61
-----------	----

Visitors Eclectic	
-------------------	--

J Morris	24½
----------	-----

RAFFLE WINNER - Dawn Long (for her granddaughter)

23.5.96 - BICHENO SINGLE CHAMPIONSHIP EVENT IS STROKE

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Tennis News

JUNIOR TOURNAMENT

After two postponements due to rain, the boys tournament was at last held on Saturday 11 May. It was unfortunate that some original entries were unable to play due to other commitments on that day which left only a field of six. Unfortunately there were no entries from any girls.

The starting time was delayed to enable some of the boys to play in the junior footy as well.

There were some excellent rallies and good tennis displayed. All players have considerable potential and should continue to improve.

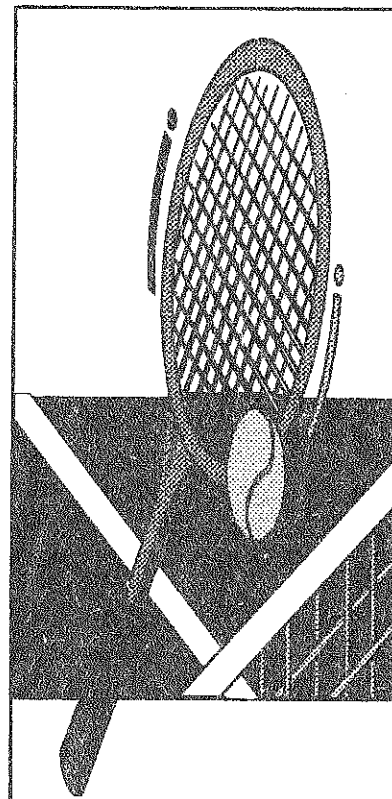
Congratulations to all the boys who participated - Kyle Bean, Luke Faulkner, Tyson Ward, Tristan Clement, Keith Gillies and Scott Wilson, and especially to Tristan who won the tournament over Luke Faulkner who was runner-up. Tristan won all his sets and the only set that Luke lost was to Tristan. Well done boys! We hope you all become members of our club.

FUN DAY ANZAC DAY (Sponsored by TRUST BANK)

A most enjoyable fun day sponsored by Trust Bank was held on Anzac Day with a total of 19 participants. Prizes donated by Trust Bank included engraved glasses, pens and caps. Prizewinners are as follows:

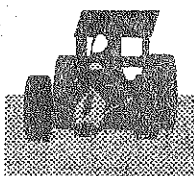
1st (engraved glasses)	Mark Oliver	Tracey Bean
2nd (pen)	Daniel Morris	Renee Lynch
3rd (cap)	Tristan Clement	Kaye Nailer/Jill Faulkner
Wooden Spoon (cap)	Stephen Lynch	Genevieve Faulkner

NEXT MEETING - Wednesday 26 June at 7.30 pm



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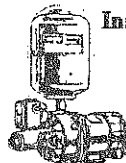
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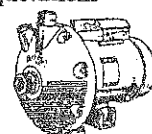
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