



THE VALLEY AND EAST COAST VOICE

Volume 28

No 8

Friday 18 August 1995

Established 1968

Price 50 cents

DRIVER FATIGUE

Driver fatigue is a major cause of road accidents.

Up to 30% of fatal accidents on country roads involve driver fatigue.

Driver fatigue accounts for 7% of general accidents and about 30% of accidents involving heavy vehicles such as buses, trucks and tankers.

These accidents can happen at any time, but the times when you are most at risk are between 10 pm and 8 am, and early to mid-afternoon. Accidents caused by driver fatigue are more likely to result in severe injuries than other accidents.

MYTHS

Winding the windows down, pinching yourself, talking loudly, singing or turning the radio volume up will NOT keep you safe once you've started to feel tired. The only solution is to Stop Revive Survive.

RISKS

Driver fatigue is caused by:

- Lack of sleep and rest.
- Driving for a long time without a break.
- Driving when you would normally be asleep (eg late at night or early in the morning).
- Drinking alcohol.
- Some medicines (ask your doctor or pharmacist).

Certain problems such as sleep apnoea can cause driver fatigue. Sleep apnoea is linked with snoring and causes you to stop breathing for short periods when you are asleep. It stops you getting a good night's sleep and can make you tired and drowsy the next day. About 10% of males between 40 years and 60 years may suffer from sleep apnoea.

SIGNS & SYMPTOMS

- Nodding off at the wheel.
- Slower reactions and responses.
- Driving faster or slower than normal.
- Not seeing traffic lights or road signs.
- Not being able to tell how fast you are driving.
- Driving all over the road. Not staying in your own lane.
- Difficulty keeping eyes open, tired eyes, aches and pains, lazy steering.

NEW HABITS

- Take a break from driving every two hours.
- Share the driving on long journeys. This breaks the boredom and gives you time to rest.
- Only short distances if you've had a tiring day.
- Know how your medicines will affect your driving. Ask your doctor or pharmacist.
- Have fresh air coming into the car. A stuffy car makes you sleepy.
- Plan your journey to include stops along the way at places of interest.

- Watch for signs that you are getting tired such as aches and pains, tired eyes and not concentrating. Stop and rest.

At first sign of being tired, pull over at the nearest safe place to rest. Stop for as long as it takes to feel fresh and wide awake.

You may like to:

- Have a nap.
- Stop for a meal or a non-alcoholic drink.
- Read a book or magazine.
- Get out of the car and take a walk.
- Stay somewhere overnight.

RESIST

- Driving late at night or early in the morning.
- Drinking alcohol and the driving. Even one drink can make you drowsy.
- Taking caffeine or other medicines to keep you awake.

ENJOY

- Having a fatigue free trip.
- Knowing you are driving safely

Based on information provided by the Roads & Traffic Authority (NSW)

CLASSIFIEDS

REDLINE COACHES... Deliver this paper quickly and efficiently. Statewide passenger and parcel service. Phone 722 143

CONTACT NUMBERS FOR ANY VALLEY VOICE MATTERS. RON 722105 OR MARY 722328

FOR SALE....For your **RAWLEIGH'S PRODUCTS** contact your friendly dealer Daphne Quin on 725230. From St Helens to Avoca.

TO LET....3 BEDROOM HOME AT CORNWALL
Phone 722740.

FOR SALE....St Marys District High School Rugby Tops
Size Small & Medium \$15 each
Phone 722242.

FOR SALE....Commodore 64 Computer
Disk Drive, Various Games
Excellent Working order
No reasonable offer refused

Childs Bike Helmet (Rosebank -yellow) suit 5-10years
Phone 722242.

WANTED....USED BRICKS UP TO 400
PHONE 722626.

FOR SALE....Germi 2200 Steam Cleaner -
Reconditioned and good condition \$2,300 o.n.o. Phone 722626.

FOR SALE. ..Roller Door 8' \$120
Phone 722626

ST MARYS NEWSAGENCY

STORY STREET ST MARYS
PHONE 722143

Don't forget FATHERS DAY SEPT 3RD

DAILY BREAD & MILK
CRUSTY BREAD ON SALE SUNDAY
ALL YOUR FISHING REQUIREMENTS AND BAIT

Fathers Day Gifts & Cards Available

NEW BUDGET BOOKS FICTION
\$1.95 EACH

NEW VIDEOS
Forrest Gump
Baby's Day Out
The Mask
Wyatt Earp
Wolf
Pulp Fiction



East Coast Glass

- Glass Replacements
- Mirrors
- Shower Screens
- Fly screens and doors
- Blinds & Awnings

FOR PROMPT RELIABLE SERVICE

DAVID CANNON

Frank Street Falmouth (003) 72 5361

ST MARYS VARIETY

(formerly St Marys Shoe Shop)

JUST ARRIVED

Ugg Boots

Moccasin Slippers

REMEMBER FATHER'S DAY
3RD SEPTEMBER

FOR SALE....Cast Iron Free standing wood heater with
flue.....\$200.00

Students desk with 3 drawers....\$60.00

Ladies 10 speed bike reasonable condition...\$70.00

Contact Atholie Greenwood....Phone 722389

RANSLEY'S APPLIANCE SERVICES

YOUR BVS STORE

FOR YOUR NEW AND RECONDITIONED APPLIANCE NEEDS
CONTACT THE APPLIANCE PEOPLE ON THE COAST:

REFRIGERATORS TO DISHWASHERS
IRONS FAN HEATERS TOASTERS
COMMERCIAL/DOMESTIC APPLIANCES

WE ARE AUTHORISED SERVICE AGENTS FOR MOST
POPULAR BRANDS AND OFFER TO YOU A PROMPT AND
PROFESSIONAL SERVICE AT ALL TIMES

WHY NOT CALL INTO OUR SHOWROOM AT
41 QUAIL STREET

ST HELENS
(NEXT TO RSL)

WHEN NEXT YOU VISIT ST HELENS

WHAT'S ON

EASTWAY COACHES

Sunday 17th Sept 1995

DAY TRIP

EVANDALE MARKET, LAUNCESTON GARDEN SHOW
Spend the morning at the Evandale market, the states largest and longest running country market offering a wide variety of stalls. Then on to the city for an enjoyable lunch together at the Abel Tasman before viewing the beautiful flowers on display at this years Launceston Garden Show which includes the Australasian daffodil competition at the Silverdome.

Cost includes: Market, lunch, garden show and coach.

DEPARTS

St Helens 8.00am \$30 Scamander 8.25am \$29
St Marys....8.50am \$28 Fingal....9.10am \$27

(Price per person)

DINNER & DANIEL O'DONNELL

night trip

Monday 11th September 1995

Arrive in Launceston to enjoy a meal at the Abel Tasman before moving on to the Princess Theatre to enjoy the evening entertained by the Irish Tenor- Daniel O'Donnell

Cost includes: Dinner, show and coach

Departs:

St Helens 3.15pm \$67 Scamander 3.40pm \$66
St Marys 4.05pm \$65 Fingal 4.25pm \$64

DEPARTURE VENUES

St Helens.....Asmacs car park
Scamander Newsagency
St Marys Post Office
Fingal Old Hotel

To avoid disappointment please phone early for seat bookings Phone (003) 722472

B & J SPILSBURY

BROWNS GARAGE

37 Main Street St Marys 7215

BP Products and Mechanical Repairs
Plumbing and Sewerage Supplies

Petrol, oils, lubes, tyres and plumbing fittings
poly-pipe, brass fittings, copper pipe,
cleaners and glues

Call and see Bruce today

BH (003) 722233

AH (003) 722155

ST MARYS DISTRICT HOSPITAL SUPPORT ASSOCIATION INC.

The next meeting will be held in the Salvation Army Hall on Monday 21st August at 7.30pm.

All Welcome.

IF YOU CARE, BE THERE!!!

THE CANCER AND BREAST CANCER SUPPORT

services Soup & Sandwich Luncheon that was held on Thursday 10th August raised a tremendous amount of \$1,154.40. About 130 people from Fingal, Bicheno, St Marys, Falmouth, Scamander, Beaumauris and St Helens attended.

The raffle winners were Lola Carr (tapestry), Dawn O'Neil, June Francis, Algie Quin & Phyllis Saunders.

I would like to thank all those people who provided the soup, sandwiches and items for the trade table and everyone who came along and made it such a rewarding and enjoyable occasion.

Special thanks to Marilyn, Ismae and the Scamander Garden Club for all their help and support and the Scamander Sports Complex for the use of their rooms.

Thank you everyone Sandra Oliver

St Marys Butchery

Brent & Dianne Johnson

Main Street

St Marys Phone 722274

COME AND CHECK THE SELECTION IN
THE DISPLAY COUNTER

TOP QUALITY MEAT

Free home delivery on Fridays

Rae & Partners Lawyers Barristers & Solicitors

93 York Street
Launceston

Visiting St Marys alternate Thursdays 9am - 10am
32 Main Street St Marys

Phone 34 0644 for appointments

ACCEPTING INSTRUCTION IN
ALL LEGAL MATTERS

Church News

ANGLICAN PAROCHIAL DISTRICT OF THE NORTHERN MIDLANDS

FIRST SUNDAY OF MONTH

| | | |
|---------------|----------|----|
| Campbell Town | 9.00 am | HC |
| Ross | 10.30 am | HC |
| Avoca | 10.30 am | FS |
| Fingal | 7.00 pm | EP |

SECOND SUNDAY OF MONTH

| | | |
|---------------|----------|----|
| Fingal | 8.45 am | HC |
| Campbell Town | 9.00 am | MP |
| Avoca | 10.30 am | HC |

THIRD SUNDAY OF MONTH

| | | |
|---------------|----------|----|
| Fingal | 8.45 am | FS |
| Campbell Town | 9.00 am | HC |
| Ross | 10.30 am | HC |
| Avoca | 6.00 pm | EP |

FOURTH SUNDAY OF MONTH

| | | |
|---------------|----------|----|
| Fingal | 8.45 am | HC |
| Campbell Town | 9.00 am | HC |
| Mathinna | 10.30 am | HC |
| Avoca | 6.00 pm | HC |

FIFTH SUNDAY OF MONTH

| | | |
|---------------|-----------------|----|
| Campbell Town | 9.00 am | HC |
| Ross | 10.30 am | HC |
| Avoca | alternates with | |
| Fingal | 6.00 pm | HC |

Avoca reverts to 7.00 pm during
summer months

BREAK O'DAY UNITING CHURCH

FIRST SUNDAY OF MONTH

| | |
|-----------|----------|
| Scamander | 11.00 am |
| Fingal | 9.00 am |
| St Helens | 7.00 pm |

SECOND SUNDAY OF MONTH

| | |
|-----------|----------|
| Scamander | 9.00 am |
| Fingal | 9.30 am |
| St Marys | 11.00 am |
| St Helens | 7.00 pm |

THIRD SUNDAY OF MONTH

| | |
|-----------|----------|
| Scamander | 9.00 am |
| Fingal | 9.30 am |
| St Marys | 11.00 am |
| St Helens | 7.00 pm |

FOURTH SUNDAY OF MONTH

| | |
|-----------|----------|
| Scamander | 9.00 am |
| Fingal | 9.30 am |
| St Marys | 11.00 am |
| St Helens | 7.00 pm |

FIFTH SUNDAY OF MONTH

| | |
|-----------|---------|
| St Helens | 7.00 pm |
|-----------|---------|

ANGLICAN PARISH OF ST HELENS

FIRST SUNDAY OF MONTH

| | |
|-----------|----------|
| St Helens | 9.30 am |
| Falmouth | 11.00 am |

| | |
|----------|----------|
| St Marys | 10.00 am |
|----------|----------|

SECOND SUNDAY OF MONTH

| | |
|-----------|----------|
| St Helens | 9.30 am |
| St Marys | 10.00 am |

THIRD SUNDAY OF MONTH

| | |
|-----------|----------|
| St Helens | 9.30 am |
| Pyengana | 11.00 am |

| | |
|----------|----------|
| St Marys | 10.00 am |
|----------|----------|

FOURTH SUNDAY OF MONTH

| | |
|-----------|----------|
| St Helens | 9.30 am |
| St Marys | 10.00 am |

FIFTH SUNDAY OF MONTH

| | |
|-----------|---------|
| St Helens | 9.30 am |
|-----------|---------|

SEVENTH DAY ADVENTIST

Hodgman Street
Scamander

| | |
|----------------|----------|
| Sabbath School | 10.00 am |
| Divine Service | 11.00 am |

FINGAL VALLEY CRUSADE CENTRE

A Christian Revival Crusade Church
meets at the Fingal Council
Chambers

| | |
|---------------|----------|
| Sundays at | 10.30 am |
| Sunday School | 11.00 am |

ALL WELCOME
Enquiries - 741099



SALVATION ARMY

Main Street

ST MARYS (RSL HALL)

SERVICES

| | |
|------------------|-------------------|
| Sunday | |
| 9.30 am | Sunday School |
| 11.00 am | Family Worship |
| Wednesday | |
| 2.00 pm | Ladies Fellowship |

EVERYBODY WELCOME

Aux Captain & Mrs Tolputt
Phone (003) 722 352

THRIFT SHOP

Wed-Fri 10.00 am - 2.00 pm
Pickups phone (003) 722 352

CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF MONTH

| | | |
|-----------|----------------|----------|
| St Helens | Sat Vigil Mass | 6.00 pm |
| St Marys | Sunday Mass | 9.00 am |
| Fingal | Sunday Mass | 10.30 am |
| Bicheno | Sunday Mass | 4.00 pm |

SECOND SUNDAY OF MONTH

| | | |
|-----------|-----------------|----------|
| St Helens | Sat Vigil Mass | 6.00 pm |
| St Marys | Sunday Mass | 9.00 am |
| Mangana | Eucharistic Ser | 11.00 am |
| Bicheno | Sunday Mass | 4.00 pm |

THIRD SUNDAY OF MONTH

| | | |
|-----------|----------------|----------|
| St Helens | Sat Vigil Mass | 6.00 pm |
| St Marys | Sunday Mass | 9.00 am |
| Fingal | Sunday Mass | 10.30 am |
| Bicheno | Sunday Mass | 4.00 pm |

FOURTH SUNDAY OF MONTH

| | | |
|-----------|----------------|---------|
| St Helens | Sat Vigil Mass | 6.00 pm |
| St Marys | Sunday Mass | 9.00 am |
| Bicheno | Sunday Mass | 4.00 pm |
| Swansea | Sunday Mass | 6.00 pm |

FIFTH SUNDAY OF MONTH

| | | |
|-----------|-----------------|----------|
| St Helens | Sat Vigil Mass | 6.00 pm |
| St Marys | Sunday Mass | 9.00 am |
| Mathinna | Eucharistic Ser | 11.15 am |
| Bicheno | Sunday Mass | 4.00 pm |

PRIEST: PAUL CONNOLLY
ST MARYS

PHONE (003) 722 252

ST MARYS HOTEL

Main Street
(003) 722181

Mick & Mandy Bramich

SUNDAY 20TH AUGUST

MIKE TYSON RETURNS

**Be at St Marys Hotel
11am**

NO COVER CHARGE

TRY YOUR LUCK WITH

TAS KENO

W LOCKETT & SONS

**Funeral Directors
Campbell Town**

Enquiries may be directed through:

Mr Leo Lane
Campbell Town 811 167

Mr T Pears
Campbell Town 811 472

B Davidson
Launceston 444 577

POSTAL HUMOUR

Sandy Bay Postal Manager Barry Mission has an amusing story to tell concerning one of his customers who posted a pullover to his son who is working in Egypt. We won't identify the customer - enough to say that he is meticulous in preparing mail he sends to Egypt, using registered or insured services and labels instead of attractive colourful stamps.

The son said the pullover never arrived and our customer shrugged off the loss as being fairly normal occurrence for mail in that part of the world.

Some time later the customer went to visit his son in Egypt and when father and son went to the local post office to send some postcards home, the man behind the counter was wearing the jumper!!!



BREAK O' DAY COUNCIL NEWS

PUBLIC PHONE AT AIRPORT

Following vandalism to the public phone at the St Helens Airport, Council is to approach Telstra with a request for them to replace the facility.

1996 AUSTRALIAN ORIENTEERING CHAMPIONSHIP

The 1996 Australian Orienteering Championship which is to be held in the Break O' Day Municipality has been supported by Council who have offered assistance towards the production of a brochure to publicise the event.

To be held between the 28th September and the 6th October next year organisers expect the Championship to attract approximately 830 competitors. Official events start at Royal George with the final days at St Helens which will be the base for the duration of the event.

It is estimated that competitors and visitors will inject almost \$750,000 into the region and the advanced mapping required for the championship will result in high quality maps being produced which could be used for future events.

Organisers say that this event will maintain Tasmanians excellent standing in orienteering circles with St Helens in particular being identified as a venue for major international events in 2000 or 2003.

ART GALLERY AND HISTORY ROOM

The Break O' Day Council will seek funding from the Federal Department of Tourism to help build extensions to the St Helens History Room which will also incorporate a Community Art Gallery.

The St Helens History Room, one of the most important tourist assets on the East Coast has very much outgrown its present building and some time ago vested some adjacent land with the Break O' Day Council with a view to future expansion of the building.

The Suncoast branch of the Arts Council of Tasmania have also identified a need for a public gallery space in the area. The East Coast region has a large number of resident artists and artisans and currently there is no public space to exhibit their work or to host travelling art or craft exhibitions.

It is hoped that the proposed building could also incorporate an area suitable for theatre, workshop and meetings.

TASMANIA



POLICE

IN THE EYES OF THE LAW MOTOR VEHICLE OFFENCES

St Marys Police would like to remind us that -
SEAT-BELTS ARE COMPULSORY.

Penalties have increased for the following motor vehicle offences:

| OFFENCE | POINTS AWARDED | FINE IMPOSED |
|------------------|----------------|--------------|
| SEATBELTS | | |
| Driver | 3 points | \$110 |
| Passenger | No points | \$80 |

EXCEED SPEED LIMIT

| | | |
|-----------------|----------|-------|
| by 15 to 29 kmh | 3 points | \$110 |
| 30 - 44 kmh | 4 points | \$140 |
| 45 kph or more | 6 points | \$170 |

CHILD RESTRAINTS

Failure to restrain a child under 17 years of age in an appropriate device 3 points \$110

OTHER OFFENCES

| | | |
|---|----------|------|
| Failing to have proper lights or defective lights | 1 point | \$50 |
| Fail to indicate | 2 points | \$80 |
| Fail to display "P" plates | 1 point | \$50 |
| Smooth tyres | | \$50 |
| No mudguards on rear axle | | \$50 |
| No safety chain on trailer | | \$50 |
| Insecure or flapping load | | \$50 |
| Spotlight on vehicle | | \$50 |
| Unregistered Motor vehicle | | \$80 |
| Unregistered Trailer | | \$50 |
| Fail to display registration label | | \$50 |

Police would like to remind disqualified drivers that driving whilst disqualified is an arrestable offence.

THE 40 KMP ZONE ON GRAY ROAD AT ST MARYS SCHOOL IS APPLICABLE 24 HOURS A DAY.

FOR SALE

**USED
SHELVING RACKING**

AND SHOP FITTINGS

Clothing Stand, Peg Hooks etc

Island Shelving

PHONE 722626

St Marys Takeaway

(Les & Heather Newman)
26 Main Road St Marys 722 287

FOR ALL YOUR
hot & cold takeaway & vegies, bread, milk, cream,
cigs, tobacco, film, batteries, ammunition, fishing gear
& bait plus some grocery items & giftware

CALL IN AND SEE US BETWEEN

6.00 am - 8 pm (Mon - Fri)

8.00 am - 8 pm (Sat & Sun)

SAM'S CUT PRICE ST MARYS

FULL EFTPOS FACILITIES AVAILABLE

SUPER FATHERS DAY SPECIAL

***All Flannelette Shirts
\$1.50 OFF MARKED PRICES**

BULK GARDEN SUPPLIES

50kg Blood & Bone \$28.00

50kg Dolomite Lime \$10.00

**Smaller quantities on request*

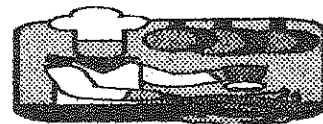
500g Green Feast Peas \$1.56

500g Massey Peas \$1.56

500g Broad Beans \$3.12

MEALS ON WHEELS

| AUG | ST MARYS | FINGAL | MATHINNA |
|-----|------------------|----------------|-----------------|
| 21 | Barbara Mitchell | Vicki Miller | Mavis Brooks |
| 22 | Marj Spilsbury | Debbie Speers | Kaye Turner |
| 23 | P & M Berwick | Vic Jones | Cynthia Webb |
| 24 | Rona Gatty | Mrs Crow | Christine Scott |
| 25 | Jill Faulkner | Ruth Saunders | Kaye Turner |
| 28 | Selby Targett | Shirley Parker | Mavis Brooks |
| 29 | Wendy Aulich | Jill Miller | Kaye Turner |
| 30 | Lorraine Gill | Graeme Bean | Cynthia Webb |
| 31 | A. Greenwood | Jack Miller | Christine Scott |
| SEP | | | |
| 1 | K & D Bullock | Vic Jones | Kaye Turner |





1995 AUSTRALIAN SCHOOLS SCIENCE COMPETITION RESULTS

This year 120 students, from grades 5 to 10, put themselves forward to compete with over 400,000 others from schools across Australia, New Zealand, Ghana and the Asia-Pacific region.

The students listed below deserve special mention for their efforts.

Those awarded certificates of distinction (in the top 11% of the state) were:

Blair Adamczewski, Scott Wilson and Russell Smith.

Those awarded certificates of credit (in the top 12-31% of the state) were:

Cara Oosterloo, Alexandra Burbury, Carlie Davies, Shecani Piscitelli,
Zac Bennett, Nicholas Hyland, Shannon Williams and Sarah White.

Those awarded certificates of achievement (in the top 20% of the school but not eligible for the above awards) were:

Bong Bong Louis, Roman Witton, Racheal Casboul, Upasna Pratap,
Kane Neulist, Erica Brown, Shelley Wallis, Amanda Walker, Andrea Gillies,
Angela Barr, Scott Mason and Brian McNaught.

Certificates of participation were issued to all grade 5/6 students.

In general it was very pleasing to see a high number of students participate and all deserve congratulations for their efforts.

Brad Ennis
SCIENCE TEACHER

003

WHAT IS DOMESTIC VIOLENCE?

Domestic Violence occurs when one partner in a relationship uses violent threats and bullying to control and dominate the other. Most victims of domestic violence are women.

If you need help call the
**DOMESTIC VIOLENCE
CRISIS SERVICE**

Free Call
1 800 633 937

9 am to midnight Monday to Friday
6 pm to midnight
Saturdays, Sunday and
public holidays

COMMUNITY
AND HEALTH
Services



A new feature in our Office/Reception area is a leaflet rack donated by the St. Marys Lions Club towards a project run by the Tasmanian Domestic Violence Crisis Service.

The Domestic Violence Crisis Service is providing 100 such racks for Schools, Libraries, Post Offices, Hospitals and other public areas within the 003 area.

It contains a range of brochures and leaflets on Support Service and information available for people suffering from violence, abuse or who are victims of other crime.

The Domestic Violence Crisis Service is an organisation which operated under the auspices of the Department of Community and Health Services. It provides free confidential service to anyone who needs help because of any form of domestic violence.

Feel free to help yourself to any of the information if you are passing through.

Thanks again to the St. Marys Lions Club.

Phil Walker
ACTING ASSISTANT PRINCIPAL

Domestic
Violence
Crisis
Service

CONGRATULATIONS

SHANNON AND XAVIER WILLIAMS

**YOUR DESIGN HAS WON 1ST PRIZE IN OUR DENTAL VAN
COMPETITION**

For your outstanding piece of work you have won \$100 worth of art supplies from The Launceston Art Centre and a \$60 framing voucher from Launceston Frameworks.

These will be presented to you on Tuesday the 8th of August at our Regional Launch Of Dental Health Week at 4pm. We would appreciate confirmation of your attendance.

We will be contacting you shortly with details on transferring your design to the Dental Unit. Again congratulations your entry was outstanding!

Liz Smith
Linda Cunningham
Tanya Little
Dental Health Week Co-ordinators 1995



BREAK O'DAY COUNCIL NEWS

SCHOOL PROJECT

The Break O' Day Council has decided to sponsor the St Helens School to paint garbage receptacles around the town. Council will supply the material to allow the students to paint the receptacles using cultural/heritage themes.

The St Helens Street Theme Committee is also supporting this project which will be carried out by the students from mid September to mid October.

WASTE MANAGEMENT STRATEGY

Council has received considerable input from the public in relation to the Draft Waste Management Strategy. Before the final decision on the implementation of a new system of waste management a survey will be conducted amongst every ratepayer in the Municipality.

A survey form will be sent out with the rate demands. This is your opportunity to make your opinion known. As a council we want to know your feelings and the final decision as to the nature of waste management the Municipality will be based around the results of this survey.

TEMPORARY OFFICES AT ST HELENS

Because of the renovations of the St Helens Municipality Offices due to commence shortly the Break O' Day Council will operate from temporary offices in Pendrigh Place, St Helens as from Monday 28th August.

It is expected that renovations will be completed by the new year but until then it will be business as usual at Pendrigh Place. The Council phone number will remain the same (76 1281) as will the Postal Address (PO Box 21 St Helens 7216). The Fingal office will be open as usual.

CHINESE JOSS HOUSE

The Break O' Day Council have decided to make a small donation towards the restoration of the Joss House which is housed at the Queen Victoria Museum and Art Gallery. The Joss House, which originally came from Weldborough, has been in the hands of the Museum since 1934 but its true significance lies with the North East Region and its former Chinese residents who numbered between 1000 and 1500 in the later 1800's.

SMITHS VALLEY TRADERS

46 Main St St Marys
Phone 722367

FATHER'S DAY SAVINGS

| | |
|--------------------|---------|
| Stonewash Jeans | \$45.00 |
| Shirts | \$19.00 |
| Flannelette Shirts | \$11.00 |
| Tropical Longs | \$39.00 |
| Satin Boxers | 20% off |
| Silk Boxers | \$15.00 |
| White Polo Shirts | \$9.00 |

**COME IN AND CHECK HUGE
REDUCTION ON MANY WINTER
ITEMS.**

ST MARYS HEALTH & BEAUTY CENTRE

42 Main Rd St Marys Tasmania
Phone (003) 722172

MBF CONTRIBUTORS

We are now able to accept claims to forward to Hobart at no cost for prompt and efficient completion.

NEW STOCKS INCLUDE:

A great new variety of head bands, scrunchies, bows and brushes for your crowning glory.

Bananas in Pyjamas range including bum bag, pencil case and activity sets.

\$1.50 fragrant material sachets

OIL BURNERS ONLY \$8.95

Ceramic candle pots
Assorted colours only \$4.95

WIN!!!

offer ends 29/8/95

A CAR STEREO SYSTEM

VALUED AT \$2500.00

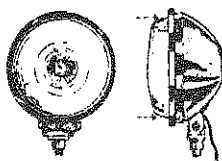
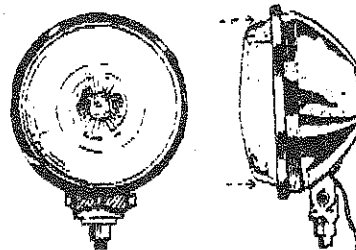
EVERY TIME YOU BUY A SET OF **NIGHTVISION DRIVING LIGHTS**
YOU RECEIVE A TICKET TO ENTER.....

62-78010

"HOT SPOTS"

A compact, very efficient, 110 mm long range driving lamp, kit complete with protectors and 100 watt globes

\$88



62-72384

"RANGERS"

140 MM long range driving lamp kit matt black steel body and rubber mounting with protectors and 100 watt globes

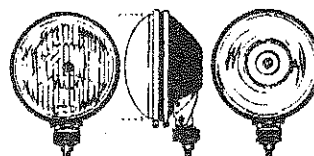
\$112

62-72385

"COMBOS"

140 mm driving lamp kit, consisting of one long range lamp, and one broad beam lamp with protectors and 100 watt globes

\$115



62-72324

"RAPID FIRE I"

170 mm x 70 mm rectangular long range driving lamp kit with matt black steel body protectors and 100 watt globes

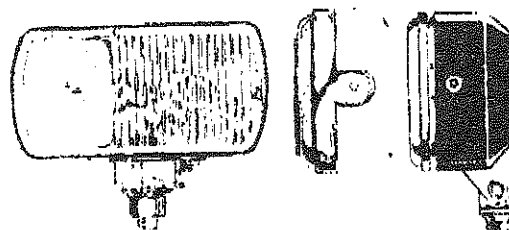
\$105

62-72314

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170 mm x 70 mm rectangular combination driving light kit each lamp consisting of both spot and broad beam light capabilities with protectors and 2 x 100 watt globes and 2 x 55 watt globes

\$112



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ST MARYS TOWNSCAPE PROJECT - 15TH AUGUST 1995

Wendy Webb

This is a copy of an article printed in the Hobart City Council Newsletter "Kalori" June 1995 edition, 'Innovations and Initiatives'.

There's a quiet little town on the east coast which, though once very prosperous, is being driven close to the end of it's tether by the twentieth century. As part of its fight for survival the St Marys' Community has sought the assistance of the Local Government Association, Break O'Day Council, Federal Government's Australia Council and indeed the Hobart City Council, in order to set a plan of action for an appropriate sprucing up of the town designed to enhance its liveability and its considerable cultural and recreational tourism potential.

The services of Council's Urban Design Architect, John Latham, have been provided to co-ordinate this St Marys' Townscape Project. John is co-ordinating art, research, cultural heritage and landscape consultants and providing urban design input.

The project has no Hobart City Council funding and is special in that all levels of Government have rallied in response to a local Community. The state has contributed to a Sight and Sound park there and we have the big brother capital city helping out a small town. Of course, it's not just in St Marys interest, after all how would Tasmania feel if St Marys became a ghost town?

John has discovered that St Marys and its hinterland has a rich history, fantastic scenery, walks, unique and good people.

Go there he says and seek it out!!!

Hopefully this article 'St Marys Streetscape Project' will be available by the end of the week.

EAST COAST PUMPS & EQUIPMENT

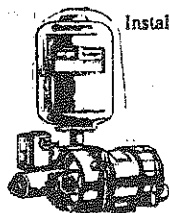
75 Burgess Street, Bicheno 7215

Phone (003) 751328

Fax (003) 751528

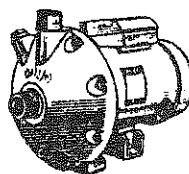
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COMMUNITY CONTACT CENTRE NOTICEBOARD

"BOOK KEEPING FOR SMALL BUSINESS" "BETTER BUSINESS WORKSHOPS"

- A practical guide to basic book keeping
- * Why you should keep business records
 - * Legal requirements for record keeping
 - * Which system is best for you
 - * How the small business financial process works
 - * Single entry book keeping
 - * Detailing with cash and credit sales, journals, bank reconciliations and petty cash.

Date : Thursday 7th September 1995

Venue: St Marys Hospital. Day Care Room

Time: 1.00pm - 4.00 pm

Tutor: Ross Begent. Tasmanian - Development & Resources.

If you would like to attend please register at the Community Contact Centre, Main Street St Marys.

For further information please phone Annette Wines 722759 /Fax 722442.

"GETTING STARTED" "BETTER BUSINESS WORKSHOPS"

A step-by-step approach to winning in the 90's

- * How to take control of your marketing through applying a step-by-step framework for developing a marketing strategy.
- * Key success factors in marketing
- * How to be competitive in national and international markets.
- * How to decide which promotional techniques to use.
- * A practical case study showing how theory can be turned into reality.

Date: Thursday 24th August 1995

Venue: St Marys Hospital. Day Care Room

Time: 1.00pm-4.00pm

Tutor: Ross Begent

Tasmanian Development & Resources

If you would like to attend please register at the Community Contact Centre, Main Street, St Marys.

For further information please phone Annette Wines 722759/Fax 722442.

TASMANIAN HERB GROWERS ASSOCIATION

President: Heather Thorpe
will be conducting an
Information Evening on Herb Growing
Medicinal, Culinary & Cosmetic
for Prospective Growers.
Homebased or Commercial
to be held on

Date: Monday 21st August

Time: 7.00pm

Bookings: Community Contact Centre. Wendy Webb
Phone 722442.

Inquiries: Annette Wines Phone 722 759

ADVERTISING RATES FOR THE VALLEY VOICE AS FROM 30TH JUNE 1995

| | | |
|------|--------|---------|
| 5CM | COLUMN | \$4.00 |
| 10CM | COLUMN | \$6.00 |
| 1/4 | PAGE | \$15.00 |
| 1/2 | PAGE | \$25.00 |
| FULL | PAGE | \$40.00 |

CLASSIFIED (25 WORDS OR LESS FREE)

OPTOMETRIST

**MR FOWLER HAS CONFIRMED
THAT HE NO LONGER
VISITS ST MARYS,
BUT TAKES APPOINTMENTS AT
THE ST HELENS HOSPITAL**

RING CRIME STOPPERS

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IF YOU NOTICE ANY SUSPICIOUS ACTIVITIES
(ie. someone climbing through a window, breaking into a motor

BREAK O' DAY CAFE

Main St St Marys
PHONE 722222

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8AM - 8PM 7 DAYS PER WEEK

SPECIALS — THURSDAY & FRIDAY

TAKEAWAYS

Rolls - made to order
Homemade pasties & sausage rolls

See us for Home Takeaways

Jan Sparkes

St Marys remembered, on Sunday 6 August, to say THANK YOU to all who made Victory in the Pacific possible and this put an end to WWII.

The weather was bleak, but this did not deter anyone from planting a seedling, which hopefully will grow into a strong, beautiful tree, shrub or ground cover to be enjoyed by future generations.

Hubert Kluber and his team of young LEAP girls and boys prepared the ground ahead of time and as can be seen in one photo display at St Marys Post Office the ground was frozen hard but came up looking good on Sunday ready for planting the seedlings.

The Junior Landcarers helped with presentation of certificates and badges, planting seedlings and serving afternoon tea; jobs they carried out with charm.

Yvonne Salter and Debbie Dawson allowed us to use the Railway Station Nursery and Craft Shop - a pleasant, cheerful spot by a warming fire to stop, reflect and say a prayer led by Father Connolly, followed later with a warming cuppa.

Andrea McDonald and Sarah White gave their words of appreciation. Selby Targett played the "Last Post" once again, its haunting sound was a fitting symbol to the ceremony.

Outside we filed into the wind and rain to unveil the carved, commemorative board produced by Ken Sparkes. The beautiful piece of wood came from an old oak tree recently

felled Cullenswood and now stands to remind us, LEST WE FORGET.

The Lions Club provided us with some more trees and these shall be planted by a combined LEAP Junior Landcare group.

Thanks to all who braved the weather to help make it an afternoon to remember.

There is a display of photos, taken on Sunday 6 at St Marys Post Office and anyone wishing to obtain a print or prints should contact Jan Sparkes on 722 433.

Finally, two other short items. First, congratulations to Mark Johns. We wish you much success in your new job! Keep in touch so you can let us know how things are going. Secondly, the Angry Anderson Landcare Challenge will go to air on Channel 9 on Friday 1 September, National Landcare Day. St Marys Landcare has pledged 450 trees and St Marys District High School has pledged 500! Happy planting between now and end of November.



ST MARYS TASMANIAN VISITOR INFORMATION CENTRE

IS LOCATED IN THE

BYO

Coach House Restaurant

UHF - TJA 39

Mixed Lollies
Toasted Sandwiches
Hot Chips & More

34 Main Street - St Marys

AUSSIE HOSTS ARE

Andrew & Jackie
Phone 722 529

Garlic Bread
Ice Creams
Cold Drinks



PIZZAS FROM 5 PM - weekdays
3 PM - weekends

GOOD RANGE OF MEALS START FROM \$3.80
SOMETHING FOR EVERYONE - KIDS CATERED FOR

Great place to sit and have a cappuccino or
just a chat out of the cold



Better service,
== better business.

ST MARYS SPORTS CENTRE INC
Gray Rd St Marys Tas 7215

**NOTICE
ANNUAL GENERAL MEETING**

**TO BE HELD IN THE CLUB-
HOUSE ON FRIDAY 1ST
SEPTEMBER 1995 AT 7.30PM.**

AGENDA

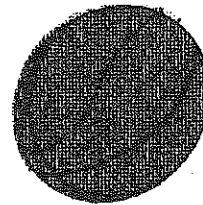
Apologies
Previous Minutes
Financial Report
Correspondence
President's Report
Sub-committee Reports
Appointment of General Committee
Appointment of Auditor
Setting of Subscriptions
Setting of Honorariums
Change of Rules
Discuss Future Direction of Centre

CONGRATULATIONS

PARKER (nee Yates)

Congratulations to Kim & Brendon, on the birth of your son (Harry Alan). A little brother for Jessie.

Motorist travelling the Tasman Hwy near the Cray Drop In thought they saw a vision rising from the road, but this vision had legs, high heels and pantihose (half mast). If the person was in a hurry at first, then they were really in a hurry when the headlights of a car showed up to see if they need HELP



**ST MARYS VOLLEYBALL
ASSOCIATION**

On Monday 7th August the Annual General Meeting of the S.M.V.A. took place

Office Bearers:

| | | |
|-------------|---|-----------------------|
| President | - | Atholie Greenwood |
| V/President | - | Paul Aulich |
| Treasurer | - | Richelle Greenwood |
| Secretary | - | Ian Bradbury (722209) |

Players or teams wishing to play in our next roster please contact the committee.

Teams are to nominate a captain.

Subs will be set when numbers are registered.

Games to be played over 1 hour or first to win 2 sets.

Being a mixed roster, a new rule has been enforced for this roster of 3 men, 3 women on the court - no more than 3 men at a time.

Roster to begin following school holidays.

Dates and rosters will be delivered as soon as names and numbers have been organised.

Lindsay & Diane Harris

Funeral Directors
(D Bailey & Son)

Take advantage of the Pre Paid
Funeral Plan or we can offer
advice to suit your requirements

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PERSONALISED SERVICE**

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St Helens

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**EAST COAST AND FINGAL VALLEY
BUSINESSES**

To help maintain the St Marys District High School Swimming Pool a "Fundraising Recipe Book" will be produced.

To enable printing costs to be kept to a minimum, advertising space is being offered. The cost of an A5 size full page is \$50.00 or half A5 size page is \$30.00.

Please support your local school and purchase some "long-life" advertising - when did you last throw out a recipe book?

Contact Karen Saunders on (003) 722242 for more information and do yourself a favour and help the St Marys District High School maintain the pool for the community.

THUMBS DOWN

**TO ALL THOSE PEOPLE WHO LET
THEIR DOGS ROAM THE STREET. I AM
FED UP WITH THEM VISITING MY
PLACE AND DOING THEIR BUSINESS IN
MY YARD.**

**I AM JUST ONE OF MANY WHO FEEL
STRONGLY ABOUT WANDERING DOGS
Name and address supplied..**

LETTER TO THE EDITOR

Dear Sir

I read the article written by Patsy Crawford in the "Sunday Tasmanian" on May 14 this year. Robert Legge commented 'that St Marys often looked tired and that many of the business houses drift along without lifting their image'.

I shop at St Marys often and must admit that most of the shops on the main street have done an excellent job of painting murals and their shops beautifully.

I worked in window display for many years and advertising as well as organising sale of Third World crafts across Australia which involved mammoth weekend exhibitions in various capital cities and volunteers set about the task of displaying the goods. We used boxes etc all covered with hessian, folded and draped. Excellent effect.

Some of the shops at St Marys are not aware of display work especially in windows. One shop has completely blocked off the interior of the shop with various items of clothing which stops people seeing stock inside. One of the rules of display is to let people be enticed into the insides. However, will they buy if they can't see what you have. "Blocking off" windows only causes people to walk past.

I would suggest clothing hung from ceiling on fishing wire which is attached to clothes hangers, clothes hung in this fashion and pegged back with fishing wire to floor hooks with only one or two main items displayed. The base of window could perhaps have dried spagnum moss (available from your lovely craft and garden shop at the Railway Station) then a few wooden or cardboard boxes covered with hessian with smaller items showing. This would entice people inside. Maybe spring, summer, beach or country themes for appropriate times of the year.

Shops around the town have numerous notices plastered all over the windows, again blocking off the premises. Perhaps these could go around one or two sides only of the window.

The town of Sheffield has made a name for itself with 'Flo's Pumpkin Scones'. Perhaps, Devonshire Teas might be a good idea. Who doesn't like hot scones with jam with dollops of cream - blow the dict. We are all weak when it comes to food. Once people are aware of Devonshire Teas available it will be a stopping off place for many if a sign is prominent.

Trying to find a magazine is a marathon task, wending ones way around the various nooks and crannies. A bit disconcerting to say the least because there's no 'steady flow'. Perhaps the long counter might be the answer with the cash register nearer the door. Trying to find a video in the dark interior is another hard task. Maybe I need glasses, or new ones?

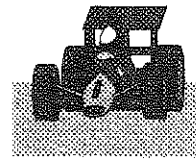
I have not been into the new community centre as yet. Again, the counter running across the front and various notices posted all over the window 'blocks off' entry. Wouldn't a few easy chairs, coffee table and counter moving at least to one side be more enticing 'to go in and have a chat'. The noticeboard is fine to one side for viewing from the street. You never know if anyone is in there or not.

I didn't realise that St Marys had a shoe shop till the other day because its set back from the rest of the shops. Again perhaps 'hot pink' paint on windows and hessian draped in window over various heights of shoe boxes displaying goods might attract the eye.

I suppose by now a lot of shopkeepers might be saying 'who is she to say what we do with our town'. All I can say is that these are my observations and probably many others but I write this to help, not to hinder. If you require any advice on display I will be pleased to assist.

Please contact this newspaper for my name & address. **My View**

Smiths Service Station



Main Street

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For all types of mechanical repairs including computer wheel balancing and wheel alignment, disc and brake drum machining, gas refill, tandem trailer hire and 24 hour towing

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ST MARYS

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* Boral Gas Agents

* Weekly Gas & Mulch deliveries - from Avoca through to St Helens & Bicheno

* For friendly and prompt service at a reasonable rate

FOOTBALL NOTES CONT

Those to do well were:

| | | |
|-----------------|-----------|----|
| SENIORS: | C Woods | 41 |
| R/UP | D Ridgers | 22 |
| | A Woods | 14 |
| | M Green | 11 |
| | B Leedham | 10 |
| | C Baldwin | 10 |

| | | |
|------------------|-------------|----|
| RESERVES: | G Barnes | 21 |
| | L Spilsbury | 19 |
| | T Mason | 17 |
| | P Spilsbury | 13 |
| | M J Bramich | 12 |
| | J McKimmie | 12 |
| | M Cox | 10 |
| | M Williams | 10 |

| | | |
|----------------|-----------|----|
| U/16'S: | A Scott | 45 |
| | J Laycock | 35 |
| | J Miller | 24 |
| | K Gillies | 11 |
| | A Johnson | 10 |
| | S Grice | 9 |
| | L Freeman | 9 |

ROSTER**ESK-DELORAINE ASSOCIATION ROSTER
1995****AUGUST 19**
Elimination Final**AUGUST 20**
Qualifying Final**AUGUST 26**
First Semi Final**AUGUST 27**
Second Semi Final**SEPTEMBER 2**
Preliminary Final**SEPTEMBER 9**
Grand Final**RIFLE & PISTOL CLUB NEWS
NEXT SHOOT****AUGUST 1995****Fri 18 COMMITTEE MEETING****Sun 27 PISTOL - Championships Rapid Fire/
Free Pistol 50m****R G & R I HARWOOD
PLUMBING**

- Bathroom & Kitchen Renovations
- Hot & Cold Water Repairs
- Spouting & Roof Repairs
- General Maintenance
- New Homes

24 HOUR SERVICE**7 Frank Street
St Marys Phone 722445****SMACD REPORT**

SMACD held a Special General Meeting in the Contact Centre on 31 July recently to adopt the new constitution where several amendments were required and to elect some new positions on the Management Committee.

We now have a fully operational constitution as the members agreed to the changes and through the meeting Mr Jim Haas was elected the President, Mr Peter Andrews is now Treasurer and Mrs Patsy Burgess became a committee member. A vacancy still exists for another person on the committee and it is hoped that will be filled soon.

The prospect of a bright future for the town is there now. EDO, Annette Wines, has brought to the attention of the committee several workable projects and initiatives through Working Nation and DSS so long as the criteria can be confirmed. So please feel free to discuss your own ideas with Annette and Wendy Webb. They would be only too pleased to do that with you.

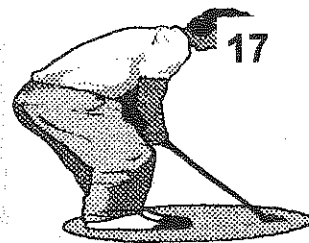
Another worthwhile happening at the moment is the TDR Small Business "Getting Started" courses being conducted with Mr Ross Begent. If the first one is anything to go by then it's worth the time to register and attend. Follow up courses are on the 17 August - "Marketing" - and 7 September for "Bookkeeping". Many very informative matters were brought forward and will be followed up.

A computer course for beginners for 16 applicants would now be operating through SMACD, DSS and Glenara, where newcomers will be taught sound basic computer knowledge.

For **MANAGEMENT COMMITTEE** persons there will be a meeting on Monday 21 August at 7.30 pm in the Contact Centre for further planning of grants and projects.

Until next time, Rod McGiveron, Secretary.

Sport



GOLF NOTES

Wednesday 2 August

| | | |
|------|-----------|---------|
| | J Hogarth | 66 nett |
| R/Up | P Wyminga | 70 nett |
| NP | M Murray | |

Thursday 3 August

Teams Day played at Bicheno
Won by St Marys
May Cook & C Gunson broke their handicaps.

Saturday & Sunday 5 & 6 August

Mens Foursomes Championships

| | | |
|------------|-----------------------------|-----|
| Best Gross | D & J Viney | 154 |
| R/Up | J McDonald & J Lancaster | 161 |
| Best Nett | C & C Mitchell | 133 |
| R/Up | J Furlow & U Pratap | 134 |

Wednesday 9 August

| | | |
|---------|-------------------------|---------|
| | W Haas | 69 nett |
| R/Up | M Murray c/b M Nolan | 70 |
| Putting | M Murray | 30 |

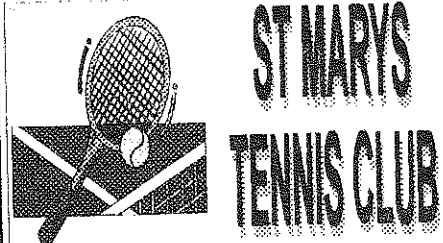
Saturday 12 August

| | | |
|------------|------------|----|
| Stroke | | |
| Best Gross | C Mitchell | 73 |
| | S Wilmot | 73 |
| Best Nett | J Furlow | 63 |
| | C Mitchell | 65 |

Sunday 13 August

3 Club Event

| | | |
|---------------|------------|----|
| Best Gross | J Viney | 73 |
| | T Viney | 73 |
| Best Nett | T Clement | 62 |
| | S Fletcher | 66 |
| | Mary Viney | 67 |
| NP 7th & 16th | T Viney | |



The Annual General Meeting of the
St Marys Tennis Club will be held
on Wednesday 23 August at 7.30 pm
in the Clubrooms.

**All members and new members
are urged to attend.**

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- Plants
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- Concrete
- Ornaments
- Chaff
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Tradeins Welcome

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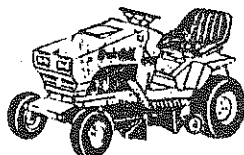
Small Engine

Equipment

NEW MOWERS

FROM \$299

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ST MARYS Phone 722 242

- Metal Tool Box - Expanding Tiered Lid \$29.00
- Buckets Mixed Nails 2 kg \$5.60
- Large range of Electrical Repair & Supplies
- Wattyl Paints - Tinted Free

Graham & Karen Saunders

Valley Saints Football Club News

VALLEY SAINTS V PERTH

Considering the game at Perth in the first round had been very close, our U16's came out of their game with a convincing win, showing again that they deserve their flag favouritism. Adam Johnson, who was returning after a two week spell due to illness, slotted straight back into the full forward position and dominated the first half to finish with 5 goals. James Laycock and Jonathan Peake finished with 3 and 2 goals respectively, to add further to our overall strength on the forward line. Luke Freeman, Ben Thofner and Jamie Miller combining well to make an almost impassible defence. Score 12.6 78 to 5.3 33.

The Reserves, buoyed by their narrow win the previous week, went into the game against top of the ladder Perth, knowing a win would secure a place in the finals. Although Perth skipped away to an early two goal advantage, the Saints fought back to be only a few points down at quarter time. The game was in the balance right until the final siren and although we attacked for the majority of the last term, could only manage four behinds and two out on

the full, to again go down by two points. A must win situation against Campbell Town next week to gain a finals berth. Scores: Perth 8.10 58 to 8.8 56.

The Seniors started slowly in their game and Perth looked to be well in their game quarter time. After the short break however, the Saints took full control and won by 104 points. A disappointing effort from Perth as a finals spot was still possible for the team. After the thrashing we received the previous week, it was great to see. The side bounced back so convincingly against Perth. Final score: VS 24.16 160 - Perth 9.2 56. A feature of the game, 10 goals to Ray Squires at full forward, his second double figure tally against Perth this season.

VALLEY SAINTS V CAMPBELL TOWN

The Campbell Town ground was in superb condition for the last roster match between the Robins and The Saints. The U/16's started well in their game, scoring some easy goals early but the Robins made the boys fight hard for everything after that and although the margin on the board was

clear cut at the end, the game was physical and we had to earn our win. James Laycock was again one of our most elusive players, kicking 5 goals, whilst Andrew Scott turned in another best on ground performance.

The Reserves game was between the only two sides who could make 5th spot, whoever won went into the finals, whoever lost ended their season. Once again the Saints did all the attacking in the first half, but with scant reward, as Campbell Town scored on each of their forays forward. At half time the game and the finals seemed out of reach. Scores: The Robins 4.1 to the Saints 1.4, with many of our attacks coming unstuck through poor disposal. Our third quarter with the breeze was probably our best all year, kicking four unanswered goals. Whilst Campbell Town found it difficult to cross the centre, the last quarter was a dour struggle as both teams went to half forward on many occasions, but with a goal each. The Saints held on by nine points, Danny Woods sealing the victory with a goal from an impossible angle. All three sides now into the finals, the Reserves having to fight hard, but with six of our defeats by less than a goal, we should make our presence felt.

The Seniors sealed their game early, outscoring Campbell Town at half time. An uninspired second half by The Saints, saw the game fall away as a spectacle, maybe due to the players looking forward by two weeks, to the finals. An unfortunate ankle injury to one of our most consistent players in Scott Furley, the down side of the game. We hope the two weeks off will be enough for Scott to recover. An easy win by 42 points and a well earned spell for the Seniors and U/16's. The Reserves do battle in the elimination final Saturday at Longford against Hagley. A successful night to wind up the roster season with the Best & Fairest Count and Cabaret at the Fingal Town Hall.

continued page 16

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IN THE**

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