

THE VALLEY AND EAST COAST VOICE

Volume 28

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MEDIA RELEASE FROM: Tim McManus D P I & F VETERINARY EXTENSION OFFICER - PUBLIC HEALTH

ROSS RIVER VIRUS WARNING

Tasmania's unseasonal weather this 'summer' has already begun to produce plagues of mosquitoes, particularly in rural and semi-rural coastal regions. Visitors and residents alike need to be aware of the risk of mosquito-borne infections, particularly Ross River virus, affecting people and companion animals from now until the end of autumn.

Reservoir hosts for Ross River virus are all species of native marsupials, especially Bennett's and rufous wallabies. Reservoir hosts are not affected by the infection but merely act as virus multipliers. Mosquitoes transfer the virus from marsupial mammals to man in whom it causes a painful, debilitating, polyarthritis, often accompanied by a rash. The incubation period is usually from 10 to 14 days, so it can be some time after an assault by mosquitoes before symptoms appear.

Two species of mosquitoes are proven vectors of Ross River virus in Tasmania, a salt marsh-breeding one, *Aedes camptorhynchus*, and a freshwater species, *Aedes flavifrons*. Both are prolific and widely distributed. They could not be controlled by attaching their habitats with insecticides without considerable damage to the environment. Since there is no effective treatment for Ross River virus disease, prevention remains the only cure.

While unlikely to be a problem for city residents due to the distance from reservoir hosts, Ross River virus disease has been recorded in most outer coastal urban areas where wallabies, people and the mosquito vectors, associate within a one to two kilometre range. For example last year several cases were reported from Dodges Ferry near Hobart. The same applies to the Tamar region and the vicinity of north west and east coast towns.

It is important from now on for people at risk to take special precautions against being bitten by mosquitoes. When outdoors wear white or light coloured, loose fitting clothing covering the whole body. Use an insect repellent containing DEET (diethyltoluamide) on exposed skin. Avoid outdoor evening barbecues, particularly in coastal regions. Protect homes from mosquito invasion by fitting fly wire to opening windows. Likewise, alert visitors, especially those from overseas, to infection risks.

As any previous sufferer will confirm, a severe bout of Ross River Virus Disease can ruin your life - for up to two years. Don't risk catching it. You'll be sorry if you do!

WHO ARE THEY?

*by Tim McManus
(in the last issue)*

Tim must be supported for bringing the unacceptable problem of vandalism to our attention.

One important line "...record the registration number and type of vehicle involved...." was omitted in error from this article.

The whole community must be prepared to help by reporting any acts of vandalism with as much detail as possible to assist Police.

Editor

SEE INSIDE.....

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CLASSIFIEDS

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OR MARY 722328

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FOR SALE....Ford Falcon XD 1979 Sedan, auto, burnt orange colour, seat covers, windscreen guard, 96000ks, registered till July Price 3,000 o.n.o.. Phone 742340.

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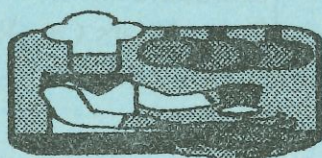
SOIL SCAN

Soil Testing &
Site Classification

88 Tasman Highway, St. Helens 7216
Phone: 761972 A.H. 72 5455 Fax: 76 1262

MEALS ON WHEELS

MAR	ST MARYS	FINGAL
1	Helen Napier	Kaye Cooke
4	Van. Spilsbury	Debra Speers
5	Wendy Aulich	Robyn Holder
6	Glenn Lodge	Jan Marshall
7	A. Greenwood	Carol Singline
8	K & D Bullock	Aub Oliver
11	Anne Davey	Vicki Woods
12	Audrey Wright	Rayleen Hall
13	R & D Ward	Mirri Woods
14	Kaye Nailer	Sally Stingle
15	Jenny Cooke	Vic Jones



RANSLEY'S APPLIANCE SERVICES

YOUR BVS STORE

FOR YOUR NEW AND RECONDITIONED APPLIANCE
NEEDS CONTACT THE APPLIANCE PEOPLE ON THE
COAST.

REFRIGERATORS TO DISHWASHERS
IRONS FAN HEATERS TOASTERS
COMMERCIAL/DOMESTIC APPLIANCES

WE ARE AUTHORISED SERVICE AENTS FOR MOST
POPULAR BRANDS AND OFFER TO YOU A PROMPT
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WHY NOT CALL INTO OUR SHOWROOM AT
41 QUAIL STREET
ST HELENS
(NEXT TO RSL)

WHAT'S ON

NATIONAL VOLUNTEER WEEK 1996 WANTED.....

Volunteers for Targa Tasmania

Volunteers are required for Targa Tasmania

(16-21 April 1996)

People with a station wagon, van or mini-bus are especially welcome.

Contact Mark McGuire(002) 950177
or Roley Kenyon(0419) 373170

PAP SMEAR CLINIC

A female Dr. is available to discuss your concerns.

A reflexologist is present to relax you

THIS IS FREE

WOMEN THIS IS FOR YOU

at Fingal Neighbourhood House. Thursday 21st, 9.30

Bookings Phone Patsy Burgess Phone 722111

A clinic was held at St Marys last week. Well attended. Do you want another? Please ring me to indicate the demand for this service.

REMEMBER THIS COULD SAVE YOUR LIFE

ST MARYS HOSPITAL AUXILIARY wish to thank all who contributed in any way, to the stall and raffle held on Saturday 24th. The success of this stall was overwhelming, raising \$1,026.00

Raffle Winners

1st Prize	Doreen Lohrey
2nd Prize	John McGiveron
3rd Prize	Keri Webb
4th Prize	Jamie Loane

**LOST, STRAYED OR KIDNAPPED
ONE CAMELLO BEAR**

St Marys Butchery

Brent & Dianne Johnson

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St Marys Phone 722274

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STORY STREET ST MARYS
PHONE 722143

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ALL THE TIME**

REDLINE COACHES DEPOT

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46 Main Street St Marys
Phone 722367

CALL & SEE DANA OR BLANCA PHONE/FAX 722367

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RICHMOND TIGERS TRACK SUITS

NEW SEASON KNITWEAR & SLEEPWEAR

**LARGE RANGE OF WOOL AND HABERDASHERY
LONG & CROSS STITCHES REDUCED**

SUMMER WEAR REDUCED

MANCHESTER & GIFTWEAR

SILK ARTIFICIAL WREATHS

Rae & Partners Lawyers Barristers & Solicitors

93 York Street
Launceston

Visiting St Marys alternate Thursdays 9am - 10am
32 Main Street St Marys

Phone 34 0644 for appointments

**ACCEPTING INSTRUCTION IN
ALL LEGAL MATTERS**

Church News

ANGLICAN PAROCHIAL DISTRICT OF THE NORTHERN MIDLANDS

FIRST SUNDAY OF MONTH

Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	10.30 am	FS
Fingal	7.00 pm	EP

SECOND SUNDAY OF MONTH

Fingal	8.45 am	HC
Campbell Town	9.00 am	MP
Avoca	10.30 am	HC

THIRD SUNDAY OF MONTH

Fingal	8.45 am	FS
Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	6.00 pm	EP

FOURTH SUNDAY OF MONTH

Fingal	8.45 am	HC
Campbell Town	9.00 am	HC
Mathinna	10.30 am	HC
Avoca	6.00 pm	HC

FIFTH SUNDAY OF MONTH

Campbell Town	9.00 am	HC
Ross	10.30 am	HC
Avoca	alternates with	
Fingal	6.00 pm	HC

Avoca reverts to 7.00 pm during
summer months

BREAK O'DAY UNITING CHURCH

FIRST SUNDAY OF MONTH

Scamander	11.00 am
Fingal	9.00 am
St Helens	7.00 pm

SECOND SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

THIRD SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

FOURTH SUNDAY OF MONTH

Scamander	9.00 am
Fingal	9.30 am
St Marys	11.00 am
St Helens	7.00 pm

FIFTH SUNDAY OF MONTH

St Helens	7.00 pm
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ANGLICAN PARISH OF ST HELENS

FIRST SUNDAY OF MONTH

St Helens	9.30 am
Falmouth	11.00 am
St Marys	10.00 am

SECOND SUNDAY OF MONTH

St Helens	9.30 am
St Marys	10.00 am

THIRD SUNDAY OF MONTH

St Helens	9.30 am
Pyengana	11.00 am
St Marys	10.00 am

FOURTH SUNDAY OF MONTH

St Helens	9.30 am
St Marys	10.00 am

FIFTH SUNDAY OF MONTH

St Helens	9.30 am
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SEVENTH DAY ADVENTIST

Hodgman Street
Scamander

Sabbath School	10.00 am
Divine Service	11.00 am

FINGAL VALLEY CRUSADE CENTRE

A Christian Revival Crusade Church
meets at the Fingal Council
Chambers

Sundays at	10.30 am
Sunday School	11.00 am

ALL WELCOME
Enquiries - 741099



SALVATION ARMY

Main Street

ST MARYS (RSL HALL)

SERVICES

Sunday	
9.30 am	Sunday School
11.00 am	Family Worship
Wednesday	
2.00 pm	Ladies Fellowship

EVERYBODY WELCOME

Aux Captain & Mrs Tolputt

Phone (003) 722 352

THRIFT SHOP

Wed-Fri	10.00 am - 2.00 pm
Pickups phone	(003) 722 352

CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Fingal	Sunday Mass	10.30 am
Bicheno	Sunday Mass	4.00 pm

SECOND SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Mangana	Eucharistic Ser	11.00 a.m.
Bicheno	Sunday Mass	4.00 pm

THIRD SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Fingal	Sunday Mass	10.30 am
Bicheno	Sunday Mass	4.00 pm

FOURTH SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Bicheno	Sunday Mass	4.00 pm

FIFTH SUNDAY OF MONTH

St Helens	Sat Vigil Mass	6.00 pm
St Marys	Sunday Mass	9.00 am
Mathinna	Eucharistic Ser	11.15 am
Bicheno	Sunday Mass	4.00 pm

PRIEST: PAUL CONNOLLY

ST MARYS

PHONE (003) 722 252

ST MARYS HOTEL

Main Street
(003) 722181
Mick & Mandy Bramich

SPECIALS
10% OFF 2 LTRS PORTS, SHERRY
SCOTCH \$22.00

KITCHEN UNDER NEW MANAGEMENT

Lunches
Mon-Sun 12 - 2
Teas
Mon -Sat 6 - 8
Sun 6 - 7.30

LETTER TO THE EDITOR

Dear Sir

Frequently I hear adults making derogatory remarks about the attitude of the younger ones in the community. Young people can be very caring and prepared to help others who are frail and incapacitated. So it was with great pleasure, on a recent visit to St Marys. I heard of one such young male person who is still a pupil at St Marys School, who during the recent school holidays spent many hours assisting and caring for a young adult at St Marys who is a paraplegic and who was not even a relative of his. I thought it only fair to young people to bring this to your notice.

CREDIT WHERE CREDIT DUE

BREAK O' DAY MILK BAR

Murray & Keri Webb
Main St St Marys
PHONE 722222

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BREAK O' DAY COUNCIL

DEMAND FOR ACTION
A STATEMENT FROM ROBERT LEGGE
MAYOR OF BREAK O' DAY COUNCIL

Both major political parties are treating the Break O' Day Municipality with contempt and neglect.

No where is this exemplified more than in their attitude to the Esk Main Road.

Why should the state government treat Break O' Day residents and visitors as somehow being of lesser importance? Why is the principal access to the northern part of the East Coast being allowed to deteriorate into such a dangerous state that it puts lives at risk and makes visiting the region a difficult journey? It seems that many decisions are made for reasons that are not logical or clear. For example why does the Government want to spend \$300,000 on the new Pyengana Link Road, forcing the Council to spend money on upgrading and maintaining the adjoining road, while the enormously important Esk Main Road falls into disrepair. Just where do their priorities lay? Why was a cost benefit study not undertaken in relation to the Pyengana Link Road.

The region is being pushed to one side by both parties. We don't want Motherhood statements and vague promises. We want a black and white commitment to action for the region. Many pre-election promises are being made for other areas of the State while we are being ignored once again.

The Break O' Day Council Area has the second highest unemployment in the State. Where are the programmes or policies to alleviate this situation? The only thing that is being done is through the Federal Government Working Nation Program and the Break O' Day Council, acting as brokers, will have initiated almost one hundred placements within the Municipality over 18 months. What about some action at State Government level. This criticism is being levelled at both major parties. They both have a history of neglect of this region. Well we are fed up with it. We demand action. The people of the East coast don't deserve to be neglected.

If we have been neglected because we have not spoken loudly enough, well take note.

We are now speaking loudly and we will continue to do so until we have been heard and until we receive some satisfaction.

From Robert Legge
MAYOR

THE ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT INC.

The SMACDinc committee have a genuine interest in the future development of St Marys and surrounding districts.

- They would like to see the Market Day become a must visit event for all visitors to the area.
- The Doll Museum proposal become a reality.
- The Community Contact Centre remain open indefinitely.
- Work to start on the bird sanctuary in the near future.
- All interested groups and community members to work together on the States Clean Up Australia Day on Sunday 10th March.
- Fair and equal work to be carried out in all townships within the Break O'Day Municipality.

MARKET DAY

The next two markets will be on Sat 16th March and Sat 6th April (Easter Saturday).

They will be held on Faulkners block opposite the Hotel. We invite all craft people in the district to participate. Cost of stalls remains at just \$5.

We would like to form a group of helpers to assist in the setting up and dismantling of tables to assist in lightening the load of the present workers. We are presently costing light weight trestles in the hope of purchasing some in the near future. If anyone has suggestions of suitable table types let us know.

"Not your average market" has become a popular slogan, by working together as a community on this project everyone benefits and we can only become bigger and better.

A big thank you to the Footy & Cricket Clubs for allowing us to borrow their Barbecue. We are pleased to report that SMACDinc have now purchased their own from the proceeds from the markets, for the markets.

We welcome Buskers at our markets at all times and would love to see more local crafts people testing their products. This is a cheap and easy way of conducting Market Research.

CHILD CARE COURSE.

Child care, or the lack of it has been brought to our attention many times. Child care is a growth industry and is a real career opportunity.

Thanks to Wendy's lobbying, TAFE are now setting up a certified course to be conducted in our area.

If you have a genuine interest in becoming a qualified carer please register your interest at the Contact Centre. We will then be able to keep you informed of the progress and notify you when the information session will take place. Who knows?

This could lead to a Child Care Centre being established in the Fingal Valley.

CARING FOR KIDS. FIRST AID COURSE

March 20th & 21st. 9am -4 pm. St Helens Neighbourhood House. Child minding available.

Home based child carers must have a first aid certificate to be registered.

Contact Diane Stewart. Possum Magic.

BINGO

We hope everyone enjoyed this months Bingo. Application has been made to the authorities to have another license issued which would see bingo being run twice a month. We will keep you informed.

GETTING STARTED IN SMALL BUSINESS.

The Fingal Valley Neighbourhood House is running a series of Workshops on the 12th, 19th & 26th of March.

Should you be unable to attend this, the Contact Centre will be running a day long Workshop early in April.

If you are considering the New Employment Initiatives Scheme (NEIS) it is advisable that you attend one of this series of workshops.

Contact Debbie Speers at the Fingal Valley Neighbourhood House or the Community Contact Centre to enrol.

NEXT SMACD inc meeting; Monday 11th March. 7.30PM

Community Contact Centre. ST MARYS

NEW MEMBERS MOST WELCOME. \$10 PER FAMILY OR \$5 INDIVIDUALS

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**BP Products and Mechanical Repairs
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poly-pipe, brass fittings, copper pipe,
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Call and see Bruce today

BH (003) 722233

AH (003) 722155



PRINCIPAL'S REPORT

Dear Parents

Welcome to the 1996 school year. School staff and students have settled in very smoothly and we are all now hard at work.

As you would be aware there has been a change in leadership positions for Term 1 with Mr John Marshall being on long service leave.

For your information the changes are:

ACTING PRINCIPAL	Mr Phil Walker
ACTING ASSISTANT PRINCIPAL	Mr Barry LeFevre
ACTING AST 3 (Advanced Skills Teacher 3)	Mr David Bain
AST 3	Mrs Jane Pickett
ACTING AST 2	Mr Alan Beach

In this newsletter I have included a more detailed list of staff roles and responsibilities to enable you to contact the appropriate person in the event of a problem or query.

I would like to especially welcome some new staff to our school.

Zoe Wood (Kindergarten and Grade 2) and Bronwyn Pierce (Grade 2/3) are two young and talented teachers who have joined our team. We are pleased to have Anne Bennet back from long service leave and Kim Stones has also returned after an extensive period of overseas travel. (wiser but poorer for the experience no doubt!) Sue Ives will be working with infant and primary classes in Music for one day per week and Mary Targett will also be employed part-time to work with staff to expand our computer skills. Mr Darren Stops has been appointed to our school as Guidance Officer to replace Ken Kingston who has taken up a position on the N.W. Coast. Mr Stops will be available on Wednesdays and every second Monday.

These people have enhanced our highly professional and dedicated staff team.

Staff commenced duty on Monday February 12 spending most of the first two days engaged in some professional development sessions. These were led by Jane Pickett. I would like to again express my appreciation to Jane for her excellent work which enabled the staff to broaden its knowledge of current literacy issues and make plans for improving the vital literacy learning which is a part of every subject.

These sessions also allowed teachers to make important links between literacy learning and the National Statement and Profile documents for each learning area. Implementation of these documents was a school priority last year and is an ongoing aim for this year as well.

The year promises to be a very exciting and busy one as usual although there are a few special things happening this year that will make life even more interesting.

These include:

- the AVTS (Vocational Training) course in Hospitality and Tourism at the year 11/12 Annex
- a revised SRC and Student Leadership Structure
- the new Health and Physical Education program for year 9-12 students
- work which will expand staff expertise and cross-curricula use of computers
- involvement in Landcare and Waterwatch programs
- the big one "Bugsy Malone" musical in October

I look forward to working with the school community in my role as Acting Principal in term 1 and again as Assistant Principal during terms 2 and 3.

Don't hesitate to visit the school at any time. Remember we are an OPEN SCHOOL and value highly the contribution and involvement of parents in the educational partnership between school and home.

If you wish at any time to make an appointment for an interview please bear in mind that I will be unavailable between 9.00-10.30 a.m. and that I also have my own teaching commitments at other times during the week.

During the first part of the morning I intend to follow the example set by Mr Marshall in moving around the school to involve myself as much as possible in the learning of your children.

Finally I would like to wish all students and parents a rewarding year and I look forward to meeting and talking to you at some stage.

Phil Walker
ACTING PRINCIPAL

MOTOR PROGRAM

This year our staff has recognised the need to provide a structured movement program suitable for infant children K-2.

The program will be performed Monday - Thursday period 1. The program will be simple to carry out, requiring limited equipment. Other schools in the state such as Penguin Primary, also run a daily motor program in conjunction with their Prep Literacy Program.

We will provide activities that integrate our senses and movement. Within the program we will look at posture and muscle tone and the effects they have on performance.

It is very difficult to give all the information to parents in the newsletter, therefore anyone is welcome to participate in or observe the program. The end products of integrated senses and movement are: the ability to concentrate and organise self, self esteem, self confidence, academic learning ability, capacity for abstract thought and reasoning and specialisation of each side of the body and brain.

Videos are available from our school library providing more information on integration (The Importance of being an Infant series 5 videos).



EX-STUDENTS EXCEL

I was delighted to receive a letter from Alanvale College confirming that some of our ex-students from St. Marys District High School were recipients of awards and prizes at their recent awards presentation.

These were:

- Jane Lewis year 11 - Audio Design
- Matthew Muller year 12 - Electronics Stage 2
- Scott Targett year 12 - Rock Music Studies
- Peta Woods year 11 - Health & Recreation

Congratulations to these students. I understand too that some ex-students performed well at other secondary college institutions and I will provide details of these when I am able.

It is very pleasing to see our students excelling in their further studies or careers and I hope to be able to pass on information about other ex-students in future newsletters.

Phil Walker/ACTING PRINCIPAL

COUNCIL NEWS



ROSS RIVER VIRUS

Following recent wet weather there is a heightened risk of Ross River Virus infection on the East Coast over the next three months. Ross River Virus is a debilitating disease, often lasting for several months, for which there is no effective treatment.

Residents and visitors are strongly advised to take every precaution to prevent mosquito bites. Try and avoid mosquito infested areas during periods when they are active and use "tropical strength" insect repellent containing "DEET", preferably in lotion form. Fly screens on windows of houses and tents are also important, and wear suitable clothing such as long sleeved shirts and long trousers.

For further advice contact Richard Mason, Environmental Health Officer at the Break O' Day Municipal Office, St Helens. Your General Practitioner should also be able to help.

ST MARYS SIGHT AND SOUND PLAYGROUND

Council intend to establish a Sight and Sound Playground at the St Marys Rivulet Scenic Reserve in Frank Street in St Marys.

The equipment for this park was constructed by the Tasmanian Kaleidoscope Factory after being commissioned by the Break O' Day Council and the St Marys Association for Community Development with partial funding from Arts Tasmania.

The musical instruments include large cast bells and a marimba (a percussion instrument resembling a xylophone). There is also a large outdoor, stainless steel, kaleidoscope.

NEW MUNICIPAL OFFICES

Staff have moved into the new Municipal Offices at St Helens much to everyone's relief. We have been operating under some difficulty in our temporary offices and ratepayers are to be thanked for their patience during this period. Council intend to hold an open day to give residents and ratepayers an opportunity to inspect the new facility once the finishing touches (such as curtains) have been completed. We will advertise a date for the open day shortly.

PROJECT ASSISTANCE FORM

Council have adopted a simple form for community groups to fill out when submitting a request for funding or assistance. This form should simplify the request process and facilitate the process of council consideration. For more information contact Steven French, Community/Economic Development Officer at the St Helens Municipal Office.

SAM'S CUT PRICE ST MARYS

PHONE 722240

REMEMBER

FULL EFTPOS FACILITIES AVAILABLE

SUPER SPECIALS FROM OUR FREEZER

<i>Steggles Chicken Cuts</i>	<i>1kg</i>	<i>\$2.40</i>
<i>Steggles Chicken Legs</i>	<i>1kg</i>	<i>\$3.55</i>

HERES A BOTTLER

- YOU'LL RELISH THIS PRICE

Sauce Tomatoes *\$1.70kg*

*Don't forget Easter is just around the corner.
We have a great range of Easter gifts
Call in and see us today*

THUMBS DOWN

TO THE PERSON WHO STOLE THE TREE FROM THE PLOT ON IRISH TOWN ROAD, WHICH WAS PLACED THERE BY FRIENDS OF THE LATE MRS DORIS SMYTHE AS A MEMORIAL TO HER ALONG WITH HER ASHES WHICH WERE SCATTERED THERE.

PLEASE RETURN THIS TREE

ST MARYS HEALTH & BEAUTY CENTRE

42 Main Rd St Marys Tasmania

Phone (003) 722172

**CHUBS ARE BACK....still only \$6.25 and in
bright stackable storage blocks.**

Novelty gift cards only \$1.95

**Avent feeding set , (3 styles in one), bottle with
teat, cup with teat and cup with spout \$15.60**

SNUGLIE baby soft carrier pouch \$32.95

Many new photo frames to chose from

REMEMBER.....Johnson Baby Powder

400g only \$2.95 each

Johnson's Baby Wipes \$5.50 each

Rural Youth Information Service

It's been a really busy time for the Rural Youth Information Service as young people finish Year 10 and the reality of looking for work or continuing study or training hits home.

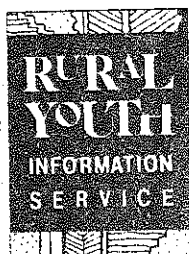
I managed to see most Year 10 students last year and many of their parents. Quite a number are going on to Year 11 in Launceston, Hobart or St Marys or are doing a TAFE course. Some people are still undecided and trying out the employment market.

If you are a young person who has left school and you are looking for work or if you are still undecided about your future career, please come and have a talk, there may be some information or help I can give to you.

I visit St Marys Community Contact Centre every Tuesday from 10.45 am to 2 pm.

If you want to make an appointment you could ring the Contact Centre on 72 2759 or Glenara on 44 7911

Lynda Taylor
Rural Youth Information Service
Glenara Training Services
390 Hobart Road
Youngtown TAS 7249



Lindsay & Diane Harris

Funeral Directors
(D Bailey & Son)

Take advantage of the **Pre Paid Funeral Plan** or we can offer advice to suit your requirements

WITH SINCERE DIGNITY AND PERSONALISED SERVICE

46 Tully Street
St Helens

Phone 761153



FOOT, HAND & EAR REFLEXOLOGY

NOW IN ST MARYS

What Reflexology Can Do For You:

- * Improve skin tone & texture, due to improved circulation
- * Better Quality Sleep
- * Deeper Relaxation
- * Changes in Attitude
- * Detoxification
- * Improved Vitality
- * Shifts in Emotional Blocks

Ring Angelika Hall on 722211
for your appointment



CERTIFIED WITH THE INTERNATIONAL INSTITUTE OF REFLEXOLOGY

National Volunteer Week 1996

National Volunteer Week runs from 13-19 May this year. The theme is "Volunteers Make the Difference", and the Volunteer Centre is taking several initiatives to mark National Volunteer Week:

- co-ordinating the production of volunteering promotion and recognition stickers (see the flier and order form enclosed);
- contacting all local Councils in Tasmania and encouraging them to initiate a Volunteer Recognition Program in their municipality;
- promoting Launceston's National Conference on Volunteering.

The Centre would also encourage all Tasmanian volunteers and voluntary organisations to take the opportunity presented by National Volunteer Week to promote volunteering in your organisation, networks and community.

CRICKET CLUB NEWS**ST MARYS V RINGWOOD**

17/2/96

With this match to be our last for the year, we were out to finish on a good note, coming off two ties (one with Ringwood) it was going to be tough.

Ringwood won the toss and elected to bowl, but was let down by dropped catches early as we moved to 9/88, while the two remaining batsmen Damon Nehls and Adam Johnson notched up a good little partnership taking up to 10/107.

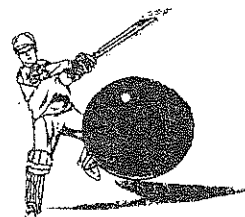
Top scorers, Greenwood 20, L. Nehls 19, M. Rowlands & J. McKimmie 15. A defendable total for the bowlers as the grass was long.

The St Marys bowling attack was on top early as Greenwood & Scott bowled the first 4 batsmen, the visitors being 4/14 were always in trouble. T. Triffett (2/11) added to the woes of the visitors he along with McKimmie 1/5 off 6 saw Ringwood all out for 61.

Good to finish on a win as it took our yearly total to 4 wins - 8 losses - 3 washouts - 2 ties, placing us 5th on the ladder and out of final contention.

A pleasing year for the new look younger side with average age of only 20, they promise to be a force to be reckoned with in the future.

We will now look forward to our annual dinner and trophy presentation at the clubrooms on Friday 8th March.

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THE LOST HAS BEEN FOUND

Cornwall's 1914-19 German Machine Gun has been found, with no thanks to the St Marys R.S.L. and the St Helens Police but a tip from Mr S. Targett and a few letters from myself and a word from Mr David Llewellyn the gun was found in the dungeon at the Anglesea Barracks. When the history of the gun was explained permission has been granted to have the gun on display in the Anglesea Barracks Museum, with a inscription telling of how it came to Cornwall and why we wanted the article recognised and that it was presented by the residents of Cornwall(I still have to write the inscription).

I feel very sad, that, that is another part of Cornwall's history gone. Apart from an honour board for World War 1 we have nothing - a tree planted in the school ground demolished, this was in honour of the Battle of Waterloo - our pines planted on the "Flat" cut down - these were in honour of World War 1. Perhaps a cairn may be built and a brass plaque put on it (an idea for S.M.A.C). We also need another honour board with the Cornwall names for World War 11 on it. I am willing to help compile this list but I need help. We have nothing for our young people to remember.

Una Camplin.

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LANDCARE NEWS

Jan Sparkes

MARCH is National Landcare Month and St Marys Landcare Group began early with a very successful 'Field Day' at David and Viv Young's property "Londavra" on 26 February.

The day, a beautiful, hot, first and last day of summer, it seems, saw some fifty people, old and young meet at "Londavra" to hear a little about the St Marys Landcare Group River Care Project, who and what the advice givers are and a couple of trouble spots on St Marys Rivulet. St Marys Landcare Group is delighted with the excellent turn out at this first River Care event. Present at the field day were David Klye, Engineer - River Improvement DPIF; Mike Cassidy, WaterWatch co-ordinator DPIF; David Wright, Catchment Officer - Land & Water Resources DPIF; and Peter Harrison, Landcare Officer with Private Forests. There were interested farmers from St Marys, Fingal, Mathinna and Upper Esk, science teachers and senior students from St Marys District High School and representatives from Break O'Day Council, Forestry and Cornwall Coal and last, but by no means least, small-holders and members of the urban community of St Marys.

This field day is only the beginning of a number of annual events to bring people together to learn about land resource; people identifying land degradation problems in our own district such as stream and river bank erosion, vegetation decline, soil structure decline, soil compaction, water logging, poor planning and management. This is an excellent example of how people begin to overcome land degradation problems and start to plan land use according to land capabilities for farms, urban and regional planning, parks and reserves, forests, mining, roads and other

network services. In other words planning to form an Integrated Catchment Management or ICM.

So, what is a catchment? A catchment is an area or basin of land bounded by natural features of hills or mountains, from which runoff flows to a low point. Catchments are usually named after the main stream or river draining the area eg South Esk. Within a large catchment such as South Esk there are many smaller areas or sub-catchments such as the Break O'Day River which the St Marys Landcare Group will be looking at.

A stable catchment, with all its elements in balance will continue to supply people with food, fibre, construction materials, clean water recreation and beauty!

We all live, work and play in a catchment and depend on it for survival. All the elements of a catchment are interdependent - environmental, economic and social. Many thanks to David and Viv for opening up "Londavra" for the day and to the ladies serving delicious refreshments, an excellent event.



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Forty Years On - or Youth Revisited

Travelling east in the early hours of February 10, I noted that the Fingal Valley maintained its usual weather pattern of "fine, with a threat of rain," and I was glad I'd thrown the wet weather gear in, by way of insurance. By the time I'd reached St Marys there'd been a couple of spots on the windscreen and there was a fairly solid cloud cover.

After a quick comfort stop at the convenient facilities in the centre of town, (what a lovely new library - remember the old Lady Clark one next to the old school?), we turned into Gray Road, and headed for our objective.

The school! "Do you see the school, oh you passers by, bravely facing the wind and facing the sky," the words of the old school song quickly flashed through the mind as I caught the first glimpse of those magnificent bay windows of the old library. Then the memories came flooding back as I continued up the drive. Planting rhododendrons there when the school was new, playing basketball on those courts with their rough surfaces, and, in my case always finishing up with badly cut knees for Mrs Gatty to minister to, watching others from early buses playing tennis in the crisp morning air and chuckling as Andy, (Where were you, Andy? You didn't come), deliberately misinterpreted the umpire's call of "40 - Love" and responded with, "Darling! And I didn't know you cared!"

Then to the top of the rise and a quick glance to the left to where the teachers' hostel stood. The rose border we planted seems to be gone. Well, it would be after over forty years wouldn't it! Remembering the mirth when, whilst writing the names of the roses on signs - (wish local councils would do that so that I could identify and buy the ones I liked in their displays) - one of the girls transposed the Z in "Brazier" and converted a perfectly lovely rose into an item of intimate feminine apparel.

Parking under the front windows it was almost possible to see the faces which long ago would have peeked out to see who had arrived and hastily looked back to the teacher before earning a detention for gazing out the window. Then inside to the foyer. Look at all the Honour Boards! Just the one in our day, and only four of five lines filled on it at that. Better get out the reading glasses and find some names I can recognise way up there near the top.

Now, in to get my name tag. Thank heaven for name-tags so that one can surreptitiously check whilst effusively greeting someone who recognises me, but to whose vaguely familiar face I can't put a name. Oh dear! Perhaps I do need new glasses.

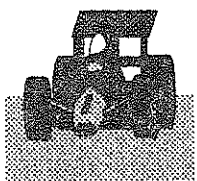
The halls shrunk! Where is the polished board floor that echoed to the tramp of our feet as we marched in for Assembly, the pound of our smelly sandshoes during wet day PT - (well, there's Mr Austin, some elements of PT are still with us!) and the rustle of party frocks as we danced at the school balls. But where are the old house shields? Oh well, I guess times have changed and the old house names are gone.

Remember the end of year Speech Nights, singing in the choir, acting in the plays, walking out proudly to receive a prize for scholastic achievement (would have swapped them all to be pretty and slim and good at sport!) and taking part in the Gilbert and Sullivan productions. Thanks, Mr Johnson. You brought a touch of culture to our young lives which I for one, have treasured.

continued page 14

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Forty Years On - or Youth Revisited

cont from page 13

Facing the stage, yet more memories! One can almost see the headmasters standing there - Mr Swifte, Mr Scott, Mr Lee and lastly Mr Heazlewood. In the latter's time I had joined the staff on stage as a lowly PM (Paid Monitor). Looking at the doors under the front of the stage I remembered the Science lessons on photography using the area as a darkroom. That was one area of knowledge I should never have confessed to! (I married a photographer who soon found that, with a little brushing up of forgotten skills, I was useful both at hand colouring prints and helping out in the darkroom. It was then a short step to being sent out on jobs with a camera in hand, and that is why I have to leave early today.)

I remembered my final assembly, the year I left school. The frantic rush to the change-room at the side to have a good howl over the change that was coming to my life, the loss of routine security and the close friendship with classmates. Time to wander down the corridor and re-visit the classrooms. "That one was Mr Lee's - oh! that's been changed - half of it seems to have become office space. What's happened to the heaters? The old pipes round the walls have gone! Remember drying your socks on them on rainy days when your shoes leaked?"

"That one was Mr Johnson's. Remember Art lessons and being told not to puddle around in the paint but to slap it on! I never had much talent in that area.

Next Mrs Lohrey's. If only she could be here. She taught us the basics with such skill that we could hold our own in any other school or institution, so much so that teachers from other schools used to visit to see her in action. Remember how she taught us in Grade 6, and we said goodbye, (so we thought), as we moved in to the secondary area? First day back in 1952, sitting in our new room, feeling very grown up as secondary students we were expecting some new young teacher, (preferably a male!) that we could put it over on, to walk through the door. Here comes Mrs Lohrey! She's been "promoted" too! She was a firm but fair taskmaster, and could she teach! We respected that. She actually had a sense of humour too. Remember when she recited the poem about the dog sitting on the thistle and we were too surprised to really laugh.

Mr Lee had a sense of humour too. Acetylene was one of our spelling list words for the week so he told us about the cat at Electrona which produced acetylene kittens? I, for one, was too frightened to laugh. Headmasters weren't supposed to tell jokes!

Out the side door to the girls' toilets. They haven't changed. There's still water on the floor around the hand basins. Remember how they used to flood when it rained?

Out into the quadrangle. It's changed. Remember lining up in the morning? There's the block of concrete Mr Johnson used to stand on so he could address the multitude and quell any murmurings in the ranks. Fond memories come of Mr Swifte and assemblies down at the 'old school' as he told us to "Move with alacrity.....We have one rule - use your common sense....stand to attention, tummies in and tails under."

Oh dear - forgot to check if the old drinking fountain was still there. Remember when one of the boys pushed another who was drinking and chipped his front tooth? There was a fuss!

continued page 15

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Forty Years On - or Youth Revisted - cont from page 14

That was not using common sense.

Back into the corridor. There to the right were the old cloakrooms. Remember the hot mugs of soup we were given on arrival at school all one winter when there was a polio scare in an effort to build us up. Also the camphor bags our anxious mothers pinned to our undies to ward off germs. The smell of them on our bodies, heated up and perspiring after an early morning exercise session down on "the flat" should have been enough to ward off anything!

We must have been very "with it" at St Marys. Daily PE lessons have only recently been introduced in schools, but I vividly remember crunching ice under foot during ours back in 1949-50.

There at the end of the school in what was then called the "science cupboard" but I see is now an art store, was my first classroom as a teacher. How did 15 children plus their young (15) and nervous teacher ever fit in there! It somehow seems appropriate that after starting teaching here in a cupboard I finished off my teaching career with three years in a demountable terrapin.

Through the end windows I can almost see myself as an occasionally mischievous nine year old waiting for the first teachers to arrive on the only day I can remember sufficient snow to pile up on the ground at St Marys. It was back in 1949 and my busmates and I were first to arrive so we gathered snowballs. When Mr Webb arrived, resplendent in his black academic gown, (a style of dress rather foreign to us country children), did we let the snowballs fly! I have a superb mental picture of him running for cover with his robes streaming in the wind.

The old buildings across the yard have gone, replaced by new ones. These were the school buildings from St Marys, Mt Nicholas and Cornwall brought there in 1949 when the new school opened. They were a bit old, but served their purpose for woodwork classes and as the canteen/film room/homearts block with a grade three also housed in the laundry room. I have vivid memories of that laundry room with the steam coming off the boiling water in the electric coppers and the smell of blocks of soap we used to shave into the water. Steam was a prominent feature of that building. Pressure cookers were a relatively new invention, and though Mrs Gatty gave us a lesson or two on the use of, and advantages of, the speedy gadget, she was a tad nervous when it came to removing the lid and usually called for assistance from a male member of staff.

It was in that building that I learned to write neatly for the first time in my life. Mrs Gatty had ways of ensuring that our exercise books were neatly presented, and my writing style which I see on one of my old reports used to

earn me three out of ten underwent a rapid change for the better. Just goes to show what one can do when one has to. In more recent years I was often asked to write on special awards etc., because my writing was "so beautiful". Thanks, Mrs Gatty, and I still remember never to wear more than three colours at the one time!

Another strong memory I have of that building is of the day, (my last day at the school before going off to Launceston Teachers' College) when the wall of the laundry blew in. Only the laundry troughs saved it from going right across the desks. Fortunately it happened at a break time, so the children were outside. I, of course, was on yard duty. How I ran, after sending a child to the staffroom for reinforcements to make sure no one was trapped inside. Being built for comfort, not speed, I remember that run as one of my fastest gallops.

Ellen Jensen (nec Arnold)

Continued in next issue of
Valley Voice

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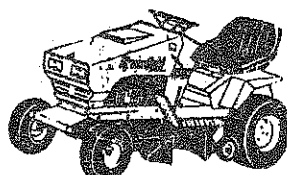
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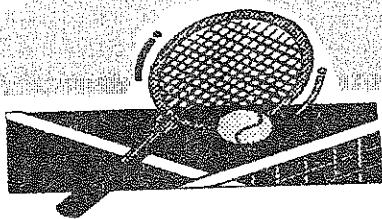
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Sport



TENNIS NEWS

The grand final of the East Coast Pennant Association between St Marys Blue and Bicheno was held on Sunday 25th February at Swansea in good weather conditions.

After the 3 men's and 3 women's doubles had been played and scores were 3 sets each, it looked as though it was going to be a very close finish with some exciting tennis expected in the mixed doubles.

The St Marys Blue first mixed combination of Randal Faulkner and Deborah Dawson easily accounted for Mark Oliver and Julie Robinson 6 games to 2, which then put great pressure on the next Bicheno combination of Marks Stephens and Judy Hails to keep Bicheno in the match. John Miles and Kaye Nailer performed well to hold off the determined Mark and Judy who looked as though they would get through, but in the end lost 4 games to 6.

This set clinched the pennant shield for 1995 for the St Marys Blue team. The final set between Bruce Nailer and Susan Miles of St Marys and Nic Wardlaw and Amanda Pyke was played out to complete the day.

The Swansea Tennis Club members were thanked for hosting the finals and umpiring the preliminary and also assisting St Marys Red members in the umpiring of the grand final.

The final result was:	St Marys Blue - 6 sets	48	games
	Bicheno - 3 sets	33	games

Congratulations to St Marys Blue on their victory and to Bicheno for making the grand final.

The team shield and individual trophies will be presented at the pennant dinner on 22nd Marsh at Waubs Bay Restaurant in Bicheno.

ST MARYS TENNIS CLUB CHAMPIONSHIPS

Matches for the club championships are progressing well with some good tennis being played. Many of the matches have drawn several spectators who are keen to see the standard of our members.

The finals will be held over the weekend of 22nd & 23rd Marsh and spectators are most welcome. The days commence at 10.00am. Social tennis and a barbecue will follow the men's doubles on the Sunday afternoon.

The club will conduct junior tournaments on Saturday 16th Marsh if there is sufficient numbers of both girls and boys interested. There will need to be at least 6 of each of the tournaments to go ahead. There is an entry fee of \$5 and names are to be given to Maureen Bushing at the School office by Wednesday 13th Marsh.

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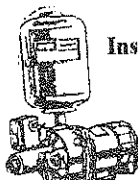
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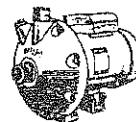
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