

# THE VALLEY AND EAST COAST VOICE

Vol 26

No 2

Friday 21 May 1993

Established 1968

Price 50 cents

## SUDDEN INFANT DEATH SYNDROME

### WHAT IS SIDS?

Sudden Infant Death Syndrome (SIDS), more commonly known as "Cot Death", was originally defined in 1969. It is the name given to the sudden unexpected death of an infant who has seemed well, or almost well, and whose death remains unexplained after the performance of an adequate post-mortem investigation, including an autopsy.

This is another way of saying it is not known why these babies die. The average incidence of SIDS in Australia, as in many other countries, is about one in 500 live births (up to two in 500 in Tasmania) - almost 600 babies in Australia each year.

SIDS accounts for the deaths of more babies between the ages of one month and one year than any known cause. This is because the treatment and prevention of other potentially fatal childhood diseases have become more successful.

Although SIDS is most common between the ages of two to four months, it can happen to younger and older infants. SIDS occurs in both breast-fed and bottle-fed babies, and of the babies who die, approximately 60 percent are boys and 40 percent are girls. Infants have died from SIDS at all times of the day and night, in cots, prams, car seats, bassinets, even in parents' arms.

### WHAT CAUSES SIDS?

By definition, the causes of SIDS are not known. Attempts to explain the sudden and unexpected death of an infant adequately, have been difficult since the earliest times.

Initially, if a baby died suddenly and unexpectedly in a bed shared with adults, it was thought to be due to an adult rolling onto the infant during sleep. This was called 'over-laying'. Later, it was suggested that babies may have choked on something or that death was caused by parental neglect.

It is clear now that in most cases none of these explanations was correct - that the babies were, in all probability, the victims of what is now known as Sudden Infant Death Syndrome.

Whatever the causes, nobody is to blame. SIDS is not due to neglect, nor is it confined to any particular group in our society. It can happen to babies of the most careful, competent and loving parents. Indeed, the infants frequently appear robust and healthy, and are well cared for.

Perhaps the infant was not feeding quite so well on the day he or she died, or there may have been symptoms of a slight cold or tummy upset. However, such mild infections are common in infants and are not really of any value in helping to identify which baby may be at risk for SIDS.

Sometimes the pathologist finds a virus in the air passages; and this may have been responsible for any mild infection present. However, it is not considered sufficient to explain the baby's death. Even if another member of the family had an infection at the time, there is no evidence to show that such an infection is the cause of death.

Recent research suggests that you can reduce the risks of Sudden Infant Death Syndrome (SIDS) or cot death. These risk factors, while not causes, suggest the best ways of caring for babies to lessen the risk of cot death

- \* **PUT YOUR BABY TO SLEEP ON THE SIDE OR ON THE BACK.**
- \* **DO NOT LET YOUR BABY GET TOO HOT.**
- \* **KEEP YOUR BABY IN A SMOKEFREE ENVIRONMENT.**
- \* **BREASTFEED YOUR BABY.**

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FOR SALE....Baby Cocoon (carry basket) red, \$20, also numerous other baby items. Phone 722672.

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YOUNG MAN WHO GOT MY CAR  
STARTED FOR ME ON MONDAY.

## ST MARYS NEWSAGENCY

Story Street St Marys 7215  
Phone 722 143

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PURCHASE.



CONGRATULATIONS TO  
CHRIS AND TANYA ON  
THE BIRTH OF  
THEIR DAUGHTER  
ELISE MAREE.

# WHAT'S ON

Another series of 5 Euchre evenings are to be held at Cornwall on Friday 21st May at 7pm.

## SCHOOL HOLIDAYS

Country Kids Connection Camp  
Fawltly Towers.  
For children 6 years - Grade 6  
From 9am Saturday 5th June  
until 10.30am Sunday 6th June.  
Cost \$6 per child.  
Dinner & Breakfast supplied.  
Bring your own lunch.  
Enquiries please phone  
Fiona at Neighbourhood House  
on 742344 (tues, wed, thurs  
9-3pm) or Carolyn 742161 (bh).

## TENNIS SLEEPOVER

With Aky Hunt at Sunny Hills  
Tennis Centre.  
For children aged 8 to 16 yrs.  
From 9am Saturday 5th June to  
5pm Sunday 6th June.  
Coach transfers arranged from  
St. Marys, Fingal & Avoca.  
Cost is \$9 per person  
including tuition & tournament.  
Supply own lunch on Saturday  
Dinner, breakfast & lunch  
supplied.

PLACES ARE LIMITED.

Ring Fiona now at Neighbourhood  
House 742344 (Tues, Wed, Thur  
9-3pm) or 742265 after hours.  
Funded by the Dept of Sports  
and recreation & The  
Fingal Valley Neighbourhood  
House.

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# Red

# Shield Appeal

RED SHIELD APPEAL

The Salvation Army Red Shield Appeal will be held on Sunday 23rd May. Collectors will be wearing an official badge. Because of the vast area to be covered some areas may not be collected until and during the week following. Any enquiries should be directed to Captain Reg Tolputt (003) 722352. We ask for your support more so this year because of the continuing growth of the depression, mounting unemployment and greater needs. To those fortunate to have a job or means of support we can be reminded that no longer are our jobs secure or that rising costs will not mean, that we won't need help ourselves in the future. Let us unite in helping each other to look to the future with a positive mind.

## **MACQUARIE SEAFOODS**

WE VISIT FINGAL  
EVERY SECOND TUESDAY MORNING

HOUSE CALLS  
CALL & WE WILL DELIVER

THEN ON TO ST MARYS  
PARK IN THE MAIN STREET  
OPPOSITE HOTEL 12NOON - 4.00PM

JUNE : 1st, 15th, 29th.

WE CARRY FULL RANGE OF FRESH  
FISH, COOKED CRAYS, PRAWNS &  
SCALLOPS  
AND MUCH MORE

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915606

# CHURCH NEWS

## FINGAL-PORTLAND UNITING CHURCH

### Parish Services:

Week	1	2	3	4	5
St Marys		11am	11am	11am	
Scamander	11am	9am	9am	9am	
	Kuca Club Monday 4.00pm				
Fingal	9am	9.30	9.30	9.30	
	Sunday School 9.30am				
St Helens	7pm	7pm	7pm	7pm	7pm
Parish Youth Group ring 725 139 or 761 141					
All Welcome	725 139				

## ANGLICAN PARISH OF FINGAL VALLEY

### FIRST SUNDAY OF MONTH

Fingal	8.45	HC
St Marys	10.45am	MP
Avoca	7.00pm	HC

### SECOND SUNDAY OF MONTH

Fingal	8.45am	HC
Avoca	10.45am	FS
St Marys	10.45am	FS
Cornwall	3.00pm	HC

### THIRD SUNDAY OF MONTH

Fingal	8.45am	FS
St Marys	10.45am	HC
Avoca	7.00pm	HC

### FOURTH SUNDAY OF MONTH

Fingal	8.45am	HC
St Marys	10.45am	MP
Mathinna	3.00pm	HC
Avoca	7.00pm	HC

### FIFTH SUNDAY OF MONTH

Fingal	8.45am	HC
St Marys	10.45am	HC
Avoca	7.00pm	HC

ALL WELCOME REV'D DAVID LE ROSSIGNOL  
FINGAL 742 113

## SEVENTH DAY ADVENTIST

Hodgman Street Scamander

Sabbath School 10.00am

Divine School 11.00am

## W LOCKETT & SONS

FUNERAL DIRECTORS  
CAMPBELL TOWN

Enquiries may be directed through:

Mr D Casbault

St Marys 722 383

or

Mr T Pears

Campbell Town 811 167

## SALVATION ARMY

Main Street St Marys (RSL Hall)

### SERVICES

#### Sunday

9.30am

Sunday School

11.00am

Family Worship

#### Wednesday

2.00pm

Ladies Fellowship

### EVERYBODY WELCOME

Aux Captain & Mrs Tolputt

Phone (003) 722 352

THRIFT SHOP Wed-Fri 10am - 2pm

Pickups phone (003) 722 352

## CATHOLIC PARISH OF ST MARYS

### FIRST SUNDAY OF MONTH

St Helens	Sat. Vigil Mass	6.00pm
St Marys	Sunday Mass	9.00am
Fingal	Sunday Mass	10.30am
Bicheno	Sunday Mass	4.00pm

### SECOND SUNDAY OF MONTH

St Helens	Sat. Vigil Mass	6.00pm
St Marys	Sunday Mass	9.00am
Mangana	Eucharistic Service	11.00am
Bicheno	Sunday Mass	4.00pm

### THIRD SUNDAY OF MONTH

St Helens	Sat. Vigil Mass	6.00pm
St Marys	Sunday Mass	9.00am
Fingal	Sunday Mass	10.30am
Bicheno	Sunday Mass	4.00pm

### FOURTH SUNDAY OF MONTH

St Helens	Sat. Vigil Mas	6.00pm
St Marys	Sunday Mass	9.00am
Bicheno	Sunday Mass	4.00pm
Swansea	Sunday Mass	6.00pm

### FIFTH SUNDAY OF MONTH

St Helens	Sat. Vigil Mass	6.00pm
St Marys	Sunday Mass	9.00am
Bicheno	Sunday Mass	4.00pm

### PRIEST: PAUL CONNOLLY

ST MARYS PHONE (003) 722 252

## THE ANGLICAN PARISH OF ST HELENS

### ST PAULS CHURCH

8.00am)	Every Sunday
9.30am)	Every Sunday
7.00pm	1st, 3rd & 5th Sundays

### SUNDAY SCHOOL

3.30pm	Mondays
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### PYENGANA

11.15am	2nd Sunday
7.30pm	4th Wednesday

### FALMOUTH

11.15am	3rd Sundays
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### SCAMANDER (Home for Tea)

9.30am	2nd Sunday
10.30am	4th Tuesday

# GOLF NOTES

by Tee Up

Well aren't the Associates in the news another 6 handicaps broken :-

Heather Hayes	32-30
M. Mitchell	34-33
C. Furlow	34-33
Helen Hayes	37-36
C. Gunson	440-39
J. Cummings	40-34

The Monthly Brooch was won by Heather Hayes on a count back from Helen Hayes with 62 nett

## DIV 1

K. Blair	65 nett
J. Blake	66 nett
L. Clayton	67 nett
M. Cook	67 nett

## DIV 2

Heather Hayes	62 nett on c/b
Helen Hayes	62 nett
J. Cummings	63 nett
C. Furlow	64 nett

## PUTTING

J. Blake

## BIRDIES

Heather Hayes 30

-It's nice to see the Associates with such interesting scores, at least it gives Tee Up something interesting to put in the "Valley Voice".

News is scarce for the members this issue with losses and unavailability it is hard to write anything.

Members had a good turn up for the Lefties & Righties and some good scores for the handicapper.

## EAST COAST GLASS

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The Righties defeated the Lefties but the scores were very close-

Righties 69.06 Lefties 71.6

The best scores for the winners were-

S. Nolan	64 nett on a c/b
K. Howe	64 nett
S. Mitchell	64 nett

Kim Howe was best in the gross with 70 off the stick, also in the winners was V. Batchelor with a Bradman score of 80 nett.

## LEFTIES

G. Hayes	66 nett on c/b
R. McGiveron	66 nett
G. Haas	66 nett
A. Haas	68 nett

## LEFTIES GROSS

R. McGiveron

## BRADMAN

P. Wilson 77 nett

## NEAREST PINS

2nd on the 3rd	R. McGiveron
5th	G. Hayes
7th	G. Hayes

## SUNDAY COMP STROKE

Associates Winner J. Cummings 54nett  
Runner Up N. Mallinson 66 nett

Nearest Pin 7th C. Furlow

Members Winner T. Viney 64 nett  
Runner Up J. Haas 65 nett

Nearest Pin 2nd on 8th T. Viney

No further Sunday Competition as Pennant was played at St. Marys last Sunday.

Pennant scores on page

### PENNANT SCORES

St. Marys 7/2 d Malahide

#### A GRADE

K. Howe	3/2	d	M. Johns
C. Davern	3/1	d	D. Lowe
S. Dawson	2 up	d	D. Summers
C. Mitchell	6/5	d	E. Bosworth
S. Wilmot	1 up	d	A. Scott
R. McGiveron	L.T.		L. Stingle 3/2
G. Dale	L.T.		S. Barnes 4/3
Paul Davern	1 up	d	W. Lowe
B. LeFevre	7/6	d	D. Scott

#### B GRADE 4/1 D MALAHIDE

R. Spilsbury	1 up	d	A. Bosworth
S. Nolan	L.T.		T. Summers 6/4
A. Blake	9/8	d	J. Gillies
J. Haas	4/3	d	S. Bosworth
L. Spilsbury	W.O.		

The series of 5 Euchres held at Cornwall has concluded with the winners for the final night being R. McDonald and Mrs E. Griffiths. Richard also won the raffle. The meat tray for the overall winner was won by Mr. George Toombs. Thank; you to all the players. Another series of 5 evenings are to be held beginning on Friday 21st May at 7pm. All welcome. Good prizes and plenty of talk and laughter..

## COACH HOUSE RESTAURANT

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VARIETY OF PIZZAS  
HOT & COLD DRINKS

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Tim Scott  
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### SPECIALS

SCOTCH	\$23.95
JACOBS CREEK CLARET	\$6.95
CHARDONAY	\$6.95

### FORTHCOMING ENTERTAINMENT

Saturday 29th May  
"CACTUS"  
in conjunction with SMFC

Congratulations to Mrs Eileen Hall who celebrated her 98th birthday on the 8th May. Best wishes from the Cornwall Mother's Union and the Anglican Parish of St. Marys. Until "Auntie Eileen's" eyesight failed she was a faithful member of the Mother's Union and a regular worshipper at Cornwall and Cullenswood. Congratulations also to the staff of the St. Mary's District Hospital who arranged the party.

Una Camplin.

## CARPENTER

Craig Oates

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## INTER HIGH CROSS COUNTRY

St. Marys runners achieved some excellent results in the Northern High Schools Inter-High Cross Country held at Windsor Park in Launceston on Thursday 13 May.

All races were held in very blustery cold conditions with runners faced with a strong headwind on the last section of the course.

Each event attracted a huge field with up to 80 or more runners in every age group. Athletes in each age class were divided into 2 Divisions, division 1 for the larger high schools and division 2 for the smaller district high schools (including St. Marys).

The U/13 girls event was the first race on the program with an excellent 3rd place in Division 2 and 15th overall going to Bekah Andrews. Clonagh Riley also ran extremely well to come in 4th on the 2.9 km course. The U/13 girls were disadvantaged by the late arrival of our bus due to strong headwind and extra stops to pick up Campbell Town students along the way. They came straight from the bus to the starting line so their performances were excellent under those circumstances.

The U/14 girls achieved very consistent results with Cheri Parsons 2nd, Renee Lynch 6th, Amy Statham 8th, Michelle Griffiths 9th and Anushka Oosterloo 12th. This enabled them to claim the Division 2 Champion team pennant. WELL DONE GIRLS!!!!

Corinna Freeman ran a tremendous race in the U/15 girls event to take out second place in Division 2 with 6th placing overall. Kate Rawnsley also finished strongly to come in 5th in the same event.

The best performance of the day was the blistering run of Andrea Burgess to take out second overall placing (1st in division 2) in the girls open event. Congratulations Andrea!!! Melissa Leslie and Donella Cooke also ran well in the same event to come in 5th and 13th in Division 2 respectively.

The boys faced extremely tough and seasoned opposition in their events with the older age groups required to complete a much longer and tougher course, (2 laps of the windy Windsor Park layout for the U/15 and Open boys making a 5.3 km journey in total.)

We achieved our best results in the U/15 boys who also claimed a champion team pennant for our school. Oliver Fearman and Clinton Lawler came in 3rd and 4th place respectively with Michael Jones, Keith Gillies and Clinton Mitchell finishing in the top 20. WELL DONE LADS!!!!

In the U/14 boys race over 3.7km, Sam Brown came a creditable 12th, James Laycock battled on to come in 18th and Paul Thow placed 21st.

Against top class opposition in the U/15 boys event over the arduous 5.3km distance, Daniel Gillies was our best placed runner coming in 7th. Lawrence Santos, Andrew Scott, Brian Smith and Tim Youd all tried hard and finished in the top 20 Division 2 places.

Our Open boys team was weakened by the late withdrawal of Jeremy Youd (suffering from a gruesome ankle injury) leaving Todd Summers, Giles Clement and Jason Madden to battle it out against a star studded field. With the Open boys running in howling winds over the torturous 5.3km long course Todd Summers put up a gutsy performance to come in 8th in Division 2. Giles and Jason managed to finish in the top 20 with Giles unfortunately hampered by a shoulder injury.

Congratulations to all runners for their determined efforts on the day especially the U/13 boys and U/14 girls teams who won their teams events.

Thanks also to Mrs Andrews, Mrs Denney and Mr Clement for their support and encouragement on the day.

Phil Walker  
AST 3

### RESULTS:

<u>U/13 Girls</u>	Div. 2
Bekah Andrews	3rd (15th overall)
Clonagh Riley	4th
Sommer Woods	16th
Joanne Denney	20th
Tenille Hales	45th

<u>U/14 Girls</u>	
Cherie Parsons	2nd
Renee Lynch	6th
Amy Statham	8th
Anushka Oosterloo	12th
Michelle Griffiths	9th

<u>U/15 Girls</u>	
Corinna Freeman	2nd (6th overall)
Kate Rawnsley	5th
Kylie Armstrong	14th
Caradi Miller	20th

<u>Open Girls</u>	
Andrea Burgess	1st (2nd overall)
Melissa Leslie	5th
Donella Cooke	13th

<u>U/13 Boys</u>	Div. 2
Oliver Fearman	3rd
Clinton Lawler	4th
Michael Jones	10th
Keith Gillies	15th
Clinton Mitchell	19th

<u>U/14 Boys</u>	
Sam Brown	12th
James Laycock	18th
Paul Thow	21st

<u>U/15 Boys</u>	
Daniel Gillies	7th
Lawrence Santos	10th
Andrew Scott	12th
Brian Smith	18th
Tim Youd	20th

<u>Open Boys</u>	
Todd Summers	8th
Giles Clement	10th
Jason Madden	21st



### WALKATHON

Due to several large donations the Walkathon fund has risen to \$6,430.00.

Large donations have been obtained from:

Lions Club	\$1,000.00
Trotting Club	\$1,000.00
Forestry	\$ 210.00
Cricket Club	\$ 200.00

Mrs Chris White presented the Pool Committee with a cheque for \$300.00 from the tape, "Kookaburra Capers".

If you haven't handed in your money yet then you are urged to do so as soon as possible.

Barry LeFevre



## REAL ESTATE TERMINOLOGY

**Old world charm:** The bathroom hasn't been modernised since granny was a girl. Haven't you heard the Early Kooka stove is poised for a comeback? Goodness, cement laundry tubs are so down-home quaint.

**Handyman's delight.** Bits of the roof are missing, the front fence has collapsed, the entire house needs rewiring, the plumbing is shot and no self-respecting builder would touch it for less than a six-figure sum.

**Gardener's delight.** BYO pith helmet and machete.

**Bushland setting.** Keep the first-aid kit and the *What Spider is That?* book handy.

**Unique features.** There are as many Cape Cod conversions on Sydney's North Shore as ever met the eye in Massachusetts. Ideal for the first-home buyer: Suddenly, renting looks like a bright option.

**Renovated.** This does not mean restored. It means aluminium window frames, plastered fireplaces, yellow bubble glass in the front door, a white-columned fence that could double as a ten-pin bowling alley and an exterior colour scheme visible from the Acropolis.

**Ocean glimpses.** Stand on top of the wardrobe in the third bedroom and you'll see the surf reflected in the mirrored windows of the high-rise next door.

**Elevated views.** There's nothing elevating about drawing your curtains and being confronted by your neighbours padding about in their pyjamas, or worse. Beware the apartment block built so close to the next building that cups of flour can be borrowed through kitchen windows.

**Security building.** This is a high-risk neighbourhood. Why else would the doorman carry a machine gun?

**Transport at door.** It's so close to the railway line commuters often mistake the balcony for Platform Two and prepare to alight on the doorstep as the train slows.

**Handy to shops.** The mega-mall is so jam-packed on weekends that shoppers park across this house's driveway and exhausted mothers haul their toddlers into the shrubbery for emergency relief.

**Two to three bedrooms.** To create the third bedroom, put a folding bed in the walk-in pantry. House guests will learn the true meaning of breakfast on bed.

**Dream kitchen.** One home-owner's dream is another's nightmare, especially where lime-green Formica is concerned.

**Eat in kitchen.** A polite way of breaking the news there is no dining room. Remember that anyone can eat in a kitchen if it means standing wedged between the fridge and the stove.

**The great entertainer.** There's a dining room.

**Modern bathroom.** There's running water.

Heritage-listed Federation gem. You are buying into a pristine streetscape inhabited by Federation fascists. Try to install so much as an historically incorrect door knocker and they'll have your guts for bell pulls.

**Cosy.** In the bedrooms, you can turn the door knobs without getting out of bed, and don't attempt the toilet unless you can sit with your knees under your chin.

**Enormous potential.** Potentially, there will always be enormous amounts of money to be spent on it.

**Quiet street.** At least for two weeks a year when the next-door neighbour goes on holiday and puts his killer dog in boarding kennels.

**Unique street.** No-one else has been dumb enough to build on top of a cliff/at the edge of a swamp/on the end of a swamp/on the end of the runway/bordering a cemetery.

**Colonial.** The dunny's out the back.

**Victorian.** It's in Melbourne.

**Has to be seen to be believed.** Has to be seen to be believed. But there is one claim that can always be believed. If the ad states that it won't last long at this price, you can bet your power drill that it won't last long at this price.

### WHAT'S ON

#### FINGAL NEIGHBOURHOOD HOUSE TENNIS SLEEPOVER

at Sunny Hill Tennis Centre

9am Saturday 5 June - 5pm Sunday 6 June

Coach Transfers arranged from St Marys Fingal & Avoca.

Cost is \$9 per person.

#### CAMP

Held at Fawltly Tower - Rostrevor Estate

Kids aged 6 years to grade 6

9am Saturday 5th June - 10.30am Sunday 6th June

cost \$6 per child

Ring Fiona on 742344 (Tue, Wed, & Thurs 9am-3pm) OR  
on 742265 After Hours.

**WANTED TO BUY GOOD**  
**SECOND-HAND REFRIGERATOR. RUTH**  
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**SERVE THIS TASTY AND NUTRITIOUS PIE WARM OR COLD FOR A DELICIOUS MEAL THAT IS QUICK AND EASY TO PREPARE.**

**NO CRUST VEGETABLE QUICHE**

3 eggs  
1/2 cup wholemeal sr flour  
2 cups milk  
90g butter  
1 large onion-chopped  
4 medium zucchini-sliced  
125g mild cheddar cheese grated

Whisk eggs, flour and milk together until smooth. Melt butter in heavy based pan. Add onion and zucchini and saute until vegetables are just tender. Stir vegetables and grated cheese into egg mixture and pour into a greased 25cm pie or solid based flan dish. Bake at 200°C (400°F) for 10 minutes. Reduce temperature to 180°C (350°F) and bake for a further 30 minutes.

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**FOOTBALL ROSTER**

MAY 22nd  
Fingal v Hagley  
Perth v Westbury  
Cressy v Bracknell  
Evandale v Mole Creek  
Campbell Town v St. Marys

MAY 29th  
Perth v Evandale  
Mole Creek v Campbell Town  
St. Marys v Cressy  
Hagley v Westbury  
Bracknell v Fingal

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ANYWHERE

ANYTIME

ST HELENS 761 153

**LINDSAY & DIANE HARRIS**  
FUNERAL DIRECTORS

BUS OPERATOR, STEVE BRUINEWOLD, HAD A STRANGE REQUEST FROM A CERTAIN SCAMANDER BUSINESSWOMAN. SHE ASKED COULD HE GO TO BEACHFRONT MOTEL AND PICK UP HER NIGHTIE THAT SHE HAD MISLAID AFTER A GREAT WEEKEND. I WONDER WHY SHE DIDN'T USE AUSTRALIA POST?

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**ACCEPTING INSTRUCTION IN  
ALL LEGAL MATTERS**

ST MARYS DISTRICT HOSPITAL  
AUXILIARY MEETING MONDAY 7 JUNE  
7.30PM

UNCOAST  
JAZZ  
CLUB



# 9TH SUNCOAST JAZZ FESTIVAL

JUNE 25TH, 26TH & 27TH

AT ST. HELENS HOTEL

P.O. BOX 242,

PHONE (003) 76 1735 W

ST. HELENS,

(003) 76 1106 H

TASMANIA, 7216.

PRESS RELEASE

Tasmania's East Coast has long been famous for it's surf and swimming beaches, and for the past 8 years, also for the State's major jazz event, the Suncoast Jazz Festival.

This year's Festival, the ninth, will be held on Friday 25th, Saturday 26th, and Sunday the 27th, of June in St Helens; Venue as usual, will be the St Helens Hotel.

The Festival is the brain-child of St Helens businessman, Bruce Haley, whose favourite hobby is jazz, and who himself is a talented jazz trumpeter. Bruce's concept of registering musicians individually, rather than bands, which is the usual, has made the Suncoast Jazz Festival unique in Australia. Musicians are mixed and matched into combos, and this impromptu jazz expands and extends their music. The result is total enjoyment for both the musicians and the delegates.

This year Bruce and the Committee are expecting up to 60 musicians and 300 delegates - guest artists will be Eric Holroyd, one of Australia's most respected authority's on jazz music as well as being one of the Country's hottest jazz trumpet players and Alex Hutchinson from Melbourne. Alex plays clarinet and is a fine heart and soul jazzman and will compliment Eric in the front line, and they will be ably backed by two of the doyens of Australian jazz in Ian Pearce piano and Alf Properjohn drums - Top jazz is certainly guaranteed with that line-up; Plus 56 others.

Music is virtually continuous, and the opportunity for spontaneous jam sessions at all sorts of odd moments, and late times.

Highlights of the weekend are the traditional street march on Sunday morning, and the Public concert on Sunday afternoon in the Memorial Hall which gives local residents an opportunity to hear the visiting musicians. New for this year will be a childrens segment on Sunday morning to give our aspiring youngsters a blow.

The whole weekend is very relaxed, the music is great, Hosts Ros. and Bill Humphries at the St Helens Hotel make everyone most welcome, and in Bruce's words " The ninth Suncoast Jazz Festival will be just magic! ".

**DR ROGER PUCKRIDGE**

(DENTIST)

will be attending

**ST HELENS DENTAL SURGERY**

at

**57a Cecilia Street**

**St Helens**

each Saturday between 9am & 5pm

commencing 8 May

Appointments can be made either through the surgery on 761600 or through Targetts Pharmacy on 761374. (ah 445105)

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Milk Carton & Milk Bottle Receptacles have now been placed at Shell outlets in Avoca and Fingal

Further enquiries  
(002) 399 563

# STARDUST

TAURUS Apr 21 - May 21

Personal and private affairs can now be brought to a conclusion. It's a good week for buying or selling.

Lucky numbers; 12,17,33.

GEMINI May 22 - June 21

Sport, club or group gatherings or activities will have you in an enjoyable spin. You may be in luck when raffles are drawn.

Lucky numbers; 11,26,31.

CANCER June 22 - July 23

This is a week of inner peace and security. Your home life and family will undergo changes and improvement.

Lucky numbers; 18,23,41.

LEO July 23 - Aug 23

You'll be moving up the ladder of success. A very hectic week of communications lies ahead, and surprises are in store.

Lucky numbers; 29,34,44.

VIRGO Aug 24 - Sept 23

Your financial position may skyrocket into a new direction. Travel will be favored. Musical or cultural pursuits may interest you. Lucky numbers; 19,37,42.

LIBRA Sept 24 - Oct 23

Friends may be passing on some interesting information now. Monetary affairs are well aspected. Sincerity will go a long way in relationships. Lucky numbers; 11,16,43.

SCORPIO Oct 24 - Nov 22

This is not a time to waste any hard-earned cash. Legal matters or official business may need your attention.

Lucky numbers; 18,23,28.

SAGITTARIUS Nov 23 - Dec 21

Gains can be made through careful planning and good organization. Friends and relatives may play a big part in your week.

Lucky numbers; 4,13,20.

CAPRICORN Dec 22 - Jan 20

Pleasant surprises are in store concerning money, relationships, travel, property and family. An excellent week for health.

Lucky numbers; 7,14,30.

AQUARIUS Jan 21 - Feb 19

Travel or long-distance communication will now be confirmed and you may be a lot busier than you expected.

Lucky numbers; 27,32,38.

PISCES Feb 20 - Mar 20

Lots of friendly advice will be given to you and good fortune will result from it. Better communication with others is indicated.

Lucky numbers; 6,8,24.

ARIES. Mar 21 - Apr 20

Your social life and popularity increase. Some unexpected changes in jobs or career could take place, so be prepared.

Lucky numbers; 10,22,39.

## MEALS ON WHEELS FINGAL VALLEY

### MAY

Sunday	23	Gerald Aulich
Monday	24	P & Y Davern
Tuesday	25	Sandra Cook
Wednesday	26	George Oliver
Thursday	27	Rona Gatty

Sunday	30	Liz Guy
Monday	31	Larainne Gill

### ST. MARYS

### FINGAL

Les Rubenach  
Carol Woods  
June Hall (emer)  
Roxie Cowie  
R. Crockett (emer)

Cheryl Rankin  
Jack Miller (emer)

### MATHINNA

Kaye Turner  
Tom Baker  
Max Ellis  
Cynthia Webb  
Christine Scott

Kaye Turner  
Tom Baker