THE VALLEY AND EAST COAST VOICE

Vol. 25 No. 10 FRIDAY 4TH SEP

199 /

Established 1968

Price 50 cents

BE WISE WITH MEDICINES

This September has been designated "BE WISE WITH MEDICNE" MONTH. It is an initiative of the Federal Government's Pharmcentical Benefits Education Programme and the Pharmaceutical Health and rational use of medicine (PHARM) working party.

The Minister for Aged, Family and Health Services, Peter Staples, said the objective of the campaign is to raise awareness that medication has risks and benefits and should be used wisely. Every year medicines help countless Australians. These same medicines if misused or used when unnecessary can cause distress and hardship. Often people in the community are not getting full benefit of their medication and they may be aware or unaware of possible medicinal or non-medicinal alternatives.

It is important for people to talk to their doctor, pharmacist and community nurse about the medicines they take, and to dispose of out of date and unwanted medicines.

We will be encouraging people taking medication to bring it along to their doctor for a review next time they visit and to think about whether lifestyle changes might improve their health.

If you're taking medicines, here are some tips that will prevent you from becoming a statistic.

DO understand the effects of your medicine when your doctor prescribes a medication, always talk over any possible side effects.

DO read labels carefully and follow instructions. Remember taking too little may be as bad as taking too much.

<u>DO</u> talk to your doctor about alternatives to medication. All medicines effect the body. Think about how you can live a healthier lifestyle. Ask you doctor for help.

DO talk to your doctor about your medicines. If you see more than one doctor, make sure each one knows what the other has prescribed.

DO ask your doctor or pharmacist how to take your medicine and what you should watch out ,for, like taking medicines with food and not mixing them with alcahol:

 \overline{DO} check with your pharmacist about any over-the counter \overline{med} icines that you might be taking. Make sure they are safe to take with your prescription medicines.

DON'T take other peoples' prescription medicines and don't share your medicines with someone else.

DON'T save medicines "for a rainy day". Never use them after the expiry date.

DON'T put medicines where children can reach them. Children can offer mistake medicines, particularly pills and capsules,

for lollies.

DON'T drive if you are taking prescription medicines and you feel drowsy, dizzy, shaky, aggressive, auseous, or if you have blurred or double vision. Be sensible, pull over and stop the car.

SPRING CLEAN your medicine cabinet during September and discard unwanted or outdated medications. These can be taken to the St. Marys Health and Beauty Centre for disposal.

CLASSIFIEDS

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Sunday 20th September, 1992 from 10.00am

Collections from DONORS -

6th September 13th September

Phone **725171** & **725348** for more "details".

LOST.....On Saturday the 15th August one pair of Fowler Sharpe reading glasses between St.Marys and Fingal. Glasses have black frames on top and clear plastic on the bottom, they are in a black case. Could the finder please ring David Gill on 722225.

ST. MARYS NEWSAGENCY
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SEPTEMBER 5TH

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BELIEVE IT OR NOT!!!!!!!

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Clement Freud.

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WHAT'S ON

SCHOOL HOLIDAY ACTIVITY
TENNIS COACHING
(8-16 year olds)
Monday 7th September to
Thursday 10the September
\$3 per Hour coaching

Avoca 9 - 10 am
Fingal 10.30 - 11.30 am
St.Marys 12 - 2 pm
Mathinna 3 - 4 pm
EACH DAY

BOOKINGS 742344 or 742311 Fingal Valley Neighbourhood House

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\$20 4 Weeks
Tuesday's 9.30 - 11.30am
Tutor - Rosemary
If you are interested in
candlewicking or want to know
what it is! See Rosemary.
Course starts soon
Commencing 15th September

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TO ALL DADS
FOR SUNDAY

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ROSSARDEN

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\$50

St. Marys District High School Tutor: David Martin

(subsidised through Non - Govt Adult Bookings 742344 or 742311

Fingal Valley Neighbourhood House

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FOR SALE

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Graeme S Smylie
Licensed Second Hand Dealer

PAGE 4 CHURCH NEWS

FINGAL PORTLAND UNITING CHURCH

Parish Serv	ices:				
Week	1	2	3	4	5
St Marys		llam	llam	11am	
Scamander	11am	9am		9am	
	Kuca (Cklub Ma	nday 4.4	00pm	
Fingal	9am	9.30	9.30	9.30	
_ '	Sunda	y Schoo	ol 9.30an	n	
St Helens	7pm	7pm	7pm	7pm	7pm

Parish Youth Group ring 725 139 or 761 141

All Welcome

725 139

ANGLICAN PARISH OF FINGAL VALLEY

FIRST SUNDA	Y OF MONTH	
Fingal	8.45 am	HC
St Marys	10.45 am	MP
Avoca	6.00 pm	HC
	DAY OF MONTH	
Fingal	8.45 am	НC
Avoca	10.45 am	FS
St Marys	10.45 am	FS
Cornwall	3.00 pm	HC
THIRD SUNDA	AY OF MONTH	
Fingal	8.45 am	· FS
St Marys	10.45 am	HC
Mangana	3.00 pm	+ HC
Avoca	6.00 pm	HC
FOURTH SUN	DAY OF MONTH	•
Fingal	8.45 am	HC HC
St Marys	10.45 am	MP
Mathinna	3.00 pm	HC
Ayoca	6.00 pm	EP
FIFTH SUNDA		
Fingal	8.45 am	HC
St Marys	10.45 am	HC
Avoca	6.00 pm	HC
	LE ROSSIGNOL F	INGAL 742 113

SEVENTH DAY ADVENTIST

Hodgman Street Scamander
Sabbath School 10 am Divine Service 11 am

W LOCKETT & SONS

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CAMPBELL TOWN
Enquiries may be directed through:
Mr D Casboult

St Marys 722 383

Of

Mr T Pears Campbell Town 811 167

SALVATION ARMY

Main Street St Marys (RSL Hall)
SERVICES:
Sunday
9.30 am Sunday School
11.30 am Family Worship
Tuesday
10.30 am Ladies Fellowship

EVERYBODY WELCOME!
Aux-Captain & Mrs Tolputt
Phone (003) 722 352
THRIFT SHOP: Wed-Fri 10am- 2pm
Pickups phone (003) 722 352

CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF THE MONTH				
St Helens	Sat. Vigil Mass	6.00 pm		
St Marys	Sunday Mass	9.00 am		
Fingal	Sunday Mass	10.30 am		
Bicheno	Sunday Mass	4.00 pm		
SECOND SUN	DAY OF THE MONT	Н		
St Helens	Sat. Vîgil Mass	6.00 pm		
St Marys	Sunday Mass	9.00, am		
Mangana	Eucharistic Serv	11.00 am		
Bicheno	Sunday Mass	4.00 pm		
THIRD SUNDA	AY OF THE MONTH			
St Helens	Sat. Vigil Mass	6.00 pm		
St Marys	Sunday Mass	9.00 am		
Fingal	Sunday Mass	10.30 am		
Bicheno	Sunday Mass	4.00 pm		
FOURTH SUN	DAY OF THE MONT	H		
St Helens	Sat. Vigil Mass	6.00 pm		
St Marys	Sunday Mass	9.00 am		
Bicheno	Sunday Mass	4.00 pm		
Swansea	Sunday Mass	ma 00.3		
FIFTH SUNDAY OF THE MONTH				
St Helens	Sat, Vigil Mass .	6.00 pm		
St Marys	Sunday Mass	9.00 am		
Bicheno	Sunday Mass	4.00 pm		
PRIEST: PAUL CONNOLY				
ST MARYS PHONE (003) 722 252				

THE ANGLICAN PARISH OF ST HELENS

Every Sunday
Every Sunday
1st, 3rd & 5th Sundays
Mondays i
-
2nd Sunday
4th Wednesday
-
3rd Sundays
or Teal
2nd Sunday
4th Tue≭day

SPORT

ST. HELENS NETBALL ASSOCIATION GRAND FINAL, DIVISION 3

Between Fingal and St. Marys August 30th

This game was held in trying weather conditions, the out-come of the game was Fingal 37 to St. Marys 23. Fingal being a new team in the St. Helens Assoc. for the first time played considerably well to take out the Div. 3 1992 Grand Final.

The team members were Belinda Lynch, (Captain, coach), Kristy Lynch, (V.C.) Renee Morris, Richelle Greenwood, Rachael Claridge, Tenille Lynch, Renee Lynch, and Somme Woods.

We would like to congratulate Kristy Lynch for receiving a trophy for best player of the final and Sommer Woods for most improved Div 3 player for the Assoc. Best and Fairest for the Fingal Div. 3 was Kristy Lynch with runners-up Sommer Woods and Richelle Greenwood.

I would like to thank all the girls for their great efforts through the season.

Coach Belinda Lynch.

ST. MARYS GOLF NOTES

by Tee Up's Mate.

Well so much for our wonderful late winter weather after all that heavy rain of late. Any way thank goodness it hasn't really badly affected the golf.

Over the past couple of weeks the club has conducted the Don and Bernice



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Targett day, a members stroke competition, Associates Presidents Day and an Associates stroke event, as well as Malahide and Bicheno tournaments.

Firstly congratulations to Brett Kellaway and Leslie Burness for success at Bicheno tournament mixed foursomes, and to Liz Clayton and Tom Hardy in taking out trophies in events at Malahide. Sorry if I've missed anyone.

To the Don & Bernice Targett Trophy day recently, firstly thanks to Don & Bernice for their support of this day for five years and as a club we are most grateful to them. Congratulations to the two winners in Frank Singline and Clinton Batchelor in Div. 1 and 2 respectively with two very good nett scores, and to Trevor Viney returning a good round of 72 to win the scratch and putting trophies. also congratulations to Barry LeFevre in winning last weekend's stroke comp. with nett and scratch.

The Ladies Presidents Day was a huge success and many thanks to Kath Wright for puting on such a great day for the competitors, once again in excess of 20 again. So many trophies of the day and they even ran an event for the men as well. Well done to all winners. Even last week while several players went to Swansea there was still quite a good field take part in a stroke event won by Kath Wright and Maryanne Mitchell.

SPORT CONTINUED FROM PAGE 5

GOLF NOTES CONTINUED....

This up-coming weekend there will not be any golf on the Saturday due to the Football Grand Final Day. but as usual there will be golf on Sunday with a stroke event for Members and Associates, starting at 12.30pm. Don't forget that championships are not all that far away. The Annual General Meeting is to be held on September 25th and quite a bit of good golf is still to come. As well as this the opening of the Bowls season is soon here and any aspiring new bowlers are invited to take part. Until next time. Good hitting.

RESULTS

DON & BERNICE TARGETT DAY

F. Singline T. Viney 62 R. Field 65

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and all your

Bottle Supplies

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100 PIPERS SCOTCH \$21.95

PUB 8 BALL

The grand final was lost to the RSL VETS in a series of thrilling games which kept the large crowd enthralled. Final score 5-6 with only one ball remaining on the last table. Well done the St. Marys team.

The East Coast Calcutta held on Friday 28th August was won by Steven Bantick. Well done Bung!!!

OPENING SOON - ! CHINESE CHOW on Tuesday nights. Details will be posted.

PROFESSIONAL PAINTER AND DECORATOR. JOHNS ANDREW G. Talbot St. Phone Fingal 742253 B/II & A/H INTERIOR AND EXTERIOR PAINTING PAPER HANGING

FREE

QUOTE

Div 2.	J.	Batchel Furlow Targett	or	60 69 70	
Best Gro Putting: Nearest		T. Vin T. Vin 7th		72 28 Field	
MEMBERS STROKE					
B. LeFev	re			61	

OBLIGATION

	- · · - · · · · · · · · · · · · · · · ·	
B_{\bullet}	LeFevre	61
R_{ullet}	Costain	63
C.	Searle	67
		,

Best Gross: B. LeFevre 76 R. Costain 79

Nearest Pin 7th C. Searle

0-20

ASSOCIATES PRESIDENTS DAY Nett Div. 1.

Gross Div. 1. 0-20	L. King	
	Mallinson Blair	70 94
	McGee Blake	65 91
Limit Marker H. Ha	ayes	70
Nearest Pin 7th V	/. Shaw	
Putting - L. Clayton	30	

D. Viney

60

ASSOCIATES STROKE

Members Event:

Div.	1.	Κ.	Wright	72
Div.	2.		Mitchell	60
Puttir	ıg	K.	Wright	31



AUSTRALIAN SCHOOLS SCIENCE COMPETITION

We entered 40 year 7-10 students in the Australian Schools Science competition this year. These students gained eleven certificates which included one Distinction, eight Credits and two Certificates of Achievement.

A total of 270,000 students in Australia and New Zealand participated in the competition: 6,000 from Tasmania.

The competition is organised each year by the Educational Testing Centre of the University of New South Wales.

The aim of the competition is to provide students with a stimulating challenge and feedback on their performance. Students are called on to solve problems based on real-life situations using the skills and processes of Science.

Students who perform well receive certificates.

The certificates are awarded in each school year as follows:

High Distinction - top 1%
in the State
Distinction - next 10%
in the State
Credit - next 20%
in the State

AVAILABLE AT SCHOOL OFFICE OR ST MARYS NEWSAGENCY.

PRICE....\$8 each_

The students from St Marys who participated in this competition performed as well as the average of schools throughout the state, both private and government. We are proud of this performance and in particular with the individual performances of the following students.

DISTINCTION Donella Cooke

CREDIT Rebecca Hendley
Melanie Sutton
Kathryn Blair
Andrew Fearman

Matthew Muller Leah Rankin Sharni Long Cherie Whelan

CERTIFICATE OF ACHIEVEMENT

Donna Semmens Ben Thofner



ST. MARYS!

WHERE'S THAT?

A BRIEF HISTORY

OF

THE AREA



HOSPITAL STORIES GRADE 3/4 MRS WILKIN

On Wednesday every week a group of five children from Grade 3/4 Mrs Wilkin goes to the hospital. We go at 10.45 a.m., just before recess and come back about 1.00 p.m. at lunch. Mr LeFevre takes the group up in his big car. eat lunch there and play bingo, we also show some of our work from school which the old people We go there to help them and to have fun with them and to make them happy as well. I feel great when I go there. I am glad that it makes me happy because they are so kind up there. feel great that we to there. make them happy just by caring for them and helping them.

KATE BALDINI

Mrs Guy plays the piano and the five people who are there sing whatever she is playing. Sometimes, Mrs Hall sings a song about "The Little Black Dog".

When it was my turn to play Bingo, I won a Freddo frog. One of the ladies won a hanky instead because she didn't like chocolate.

They like us there because we are young.

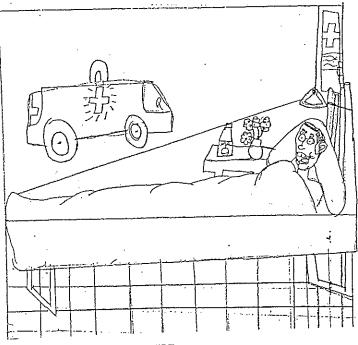
REBECCA PITT

I reckon the old people feel happy that we are coming up. Our class certainly is delighted to go up to the hospital with no fuss at all. The staff at the hospital would be very happy that we are going out of school to help them.

When it is time to go, we have a game of Bingo. Even if you don't win you get a chocolate lolly called a Freddo. If you do win, you get a handkerchief.

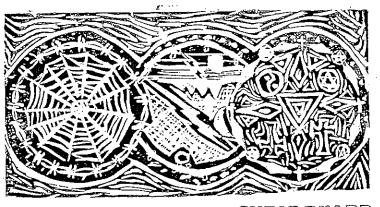
When it is time to go, Mr LeFevre comes and picks us up and takes us back to school. When we go over the bump we go very slowly.

ADAM GILLIES.



PETER CORNELIUS

LINO PRINTS



CHRIS BYARD

GRADE 9



FREE DE JONGE

INDOOR

HOCKEY

After one of the closest and keenly contested rosters in 400 years, the indoor hockey finals were decided last week.

In decision two, Goldies were triumphant over Fingal. Given the form displayed by the Goldies in the latter half of the season, one wonders just what would have happened if they had made the top five!

Congratulations to Neil, Jenny, Scott, Sean, Roseanne and Tim. Fingal were unlucky to lose the services of Craig Woods for the final but battled on in true grand final style.

In division one the Black Adders made it two in a row, defeating Raiders 2 - 1. The game played in excellent spirit was as close and evenly contested grand final should Adders emerged winners but Raiders were not disgraced and in their second year in competition, have served notice that they will be a force to be reckoned with in coming seasons. Eddie, Congratulations to Andrew, Jenny, Bruce and Mary-ann - deserving Premiers.

Many thanks to the players who volunteered for umpiring duty during the year and in particular to those who umpired finals games.

The dinner is set for 2 October at Diamond Island, Bicheno. for all you can eat. The social roster starts Tuesday September when bookings payments for the dinner will be taken. Finally a few awards to people and teams who probably won't rate a mention in prestigious awards ceremony the dinner.

AWARDS

Least number of goals allowed by a goalie - Mary Targett (Phantoms)

Best T-Shirts - (Phantoms)

Best head-band - Craig Searle (Phantoms)

Gutsiest performance by a player in the finals - played with a broken foot - Debbie Searle (Phantoms)

Best use of both sides of the stick - Fran Lowe (Phantoms)

Jenny Stewart Physiotherapy award for the most conscientious warm up of the lower back - David Bain (Phantoms)

Best overall team performance, excluding the finals and 5 and 6 other disastrous games - (Phantoms)

Biggest defeat ever experienced in a finals game - 8-0 - (Phantoms)

Best example of team spirit in travelling back from Hobart just to play in a semi-final - Mary Ann Mitchell (Adders playing Phantoms)

Best decision by a player expecting a flogging and not travelling back from Hobart for the same game - Alison Whebell (Phantoms)

Hot tip of the week - an absolute boilover in the best and fairest award.

Short Corner alias Mr Walker alias The Ghost Who Walks.

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FATHERS DAY IDEAS

AFTERSHAVE, GIFT SETS, NAUGHTY MUGS, HAND AND BATH TOWELS, CRIB BOARD, CASSETTE CLOCK RADIO, RONSON AND PHILOSHAVE RAZORS.

SPORT

FOOTBALL

Saturday the 5th, St. Marys play St. Helens in the seniors, Campbelltown in the reserves and Fingal versus St. Helens in the U/16s Grand Finals.

In the U/16s Fingal will start favourite after defeating their rivals at St. Helens in their last encounter.
After recent continuous heavy rain it will be very wet and the teams that adapt to the conditions quicker should come out winners.

The reserves between Campbell Town and St. Marys should be a pretty tight St. Marys have a good blend of experience and good running young players whilst Campbell Town are very experienced and must not be underated. Remember last year. St. Helens will start the popular pick in the seniors by way of their easy win in the Qualifying Final when they scored comfortably over a very lack lustre and disappointing St. Marys team. St. Marys played much better against Fingal but must improve more. A bigger gutsier effort is required from some players. One thing to spur our players on will probably be the taunts, jeers and insults from the opposition, some of whom have been saying our players are sookies, weak, gutless and even offered to supply skirts to the "SHIELAS!!!"

It is up to everyone, players to get rid of these slurs and our supporters to get behind our teams and give them hell.

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E.N.E.S.S.S.A. CROSS COUNTRY CARNIVAL

MATHINNA . 25/8/92

On a beautiful day at Griffin Park Mathinna the winners were:

A Division

St.Marys

B Division

Ringarooma C Division Avoča The "A" Division was very close with

the St. Marys winners by the narrow margin of 8 points from Scottsdale. In "B" Division Ringarooma won by 18

points from Flinders Island. same result as in 1991.

"C" Grade Avoca turned the tables on Mathinna and won by 52 points with Ross in 3rd place.

Outstanding performances in the girls events were by Krystie Marshall (Scottsdale) in the 8 year olds and Clonagh Riley (St.Marys) in the Open Girls.

In the boys events Mark Hansen (Flinders Island) streaked home in the 11 year olds with Damien Smith (Avoca) and Andrew Pyke (Avoca) 2nd and 3rd.

500 children from Flinders Island to Ross, participated in the Carnival which was opened by the Education Superintendant for Forestery Kevin McDonald and closed by the Warden of Fingal Stephen Salter.

The organization was done by Mathinna Primary School in conjunction with the Mathinna Community and the Fingal Forestry Commission.

Article from Mr Alf Faulkner

St. John is the only one of the four Gospels who mention Nicodemus, and I don't know of his name being mentioned anywhere else in the Bible.

Speaking of letting Jesus and His Spirit reign in our mortal bodies , is our decision.

Some decide- others refuse.

Jesus said," I am the Light of the world.'
There is a lovely picture in the Uniting
Church at St. marys. it depicts Jesus standing
Gently knocking at the door. If you look
closely, you notice no handle on the outside.
Weeds and creepers are growing around the
door. Jesus said, "Behold I stand at the
door and knock. If any man will open the
door I will come in and sup with him and he
with Me."

Another look at the picture we notice Jesus has a lantern. When we let Him into our sin darkened hearts His lantern or light shows up things that we didn't realize were there and He helps us remove them. He takes away our unrighteous nature and gives us a desire for righteous and fair and honest things—a love for one another and a peace that we never experienced before.

The last will and testament He gave to His followers just before His crucifixion was, "Peace I leave with you. My peace I give unto you. Not as the world giveth unto you. The peace I give the world cannot give,

neither can it take it away."

In this trouble striken world there is nothing more for us to desire than the Lord's Peace. We sometimes sing" Safe in the arms of Jesus, safe on His gentle breast, there by His love orshadowed, sweetly my soul shall rest,"

An illustration of God's love for us is seen in this story.....A small boy picked up a piece of pine one day and thought to himself," I'll make a boat out of this ." He took it home to his father's workshop and began to shape it into a boat. The more he cut it the more it looked like a boat and the more he loved it. After many hours work and a coat of paint, the boy stood back and admired it. He could hardly wait for the paint to dry as he could take it to the river.

A piece of string was attatched to the back of the boat. As it was launched his heart filled with joy and admiration. It gracefully rode the tipples, perfectly upright.

Every opportunity the boy went sailing his masterpiece. Then one day he let it go out a little futher than usual. It got into a current: The boy chuckled with glee as the little boat tossed and bucked about. As he followed it down the river side he didn't notice an old tree root sticking up out of the water. The string caught on the string. The boy could not pull it loose. He tugged and pulled harder — the string broke! His beloved boat went out into the swift running river. It was soon lost from sight. With a sad heart the little boy returned home.

CHEAP PETROL AVOCA

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ALWAYS AVAILABLE

WE ALSO STOCK CAMPBELLTOWN PIES & PASTIES. CALL IN AND FILL UP WITH CHEAP PETROL AND GET MORE KILOMETRES FOR YOUR DOLLAR. WE HAVE A LARGE STOCK OF HEMSEAFERS AND PERIODICALS.

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* TAKEAWAYS (NOT THE USUAL)

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PHONE 842123

THANKYOU

. Having just spend two weeks in St. Marys Hospital, would like to say THANK YOU to Dr Naidoo, the wonderful Sisters, Nurses, the girls in blue and thank you Ian. Jenny, Thank you for putting up with my tears and my daily

"Oh, Jenny I can't, it hurts", but for you my knee would not be so advanced. Thank you again.

My friend and family, Thank you all for your love and prayers, Bless you Gwenda for your nightly visits.

I must just say this, it was just like coming home when I was transferred to St.Marys Hospital.

> Bless you, everyone Sincerely Paula Fearman

ST. MARYS SHOE STORE

NIKE AND FOOTBALL SOCKS \$6.95 a pair. NOW

30% DISCOUNT ON FOOTBALL BOOTS.

YOUTHS LEATHER VICTORY BASKETBALL BOOTS WERE \$69.95 NOW \$55.00

SIZES 13 - 5. CASH ONLY

TENNIS NEWS

The St. Marys Tennis Club held its Annual General Meeting on Wednesday 26th August, with 9 people in attendance.

Office bearers elected for the coming season are:

PRESIDENT:

Kevin Faulkner

VICE PRESIDENT:

John Brown Maureen Bushing

SECRETARY: TREASURER:

CLUB CAPTAIN:

Kaye Nailer

SELECTION COMMITTEE: Olivier Chartrain

Olivier Chartrain

John Miles

Matthew Whelan

PENNANT DELEGATES:

Neil Stewart Bruce Nailer

Subscriptions remain the same as the previous year and are payable at Health and Beauty Centre or Treasurer by 1st October, 1992.

Family:

\$20

Single: Student: \$10

Court Fees:

\$5

1993 PENNANT:

Players intending to play in the pennant roster for the 1992/93 season, either on a regular or part-time basis, are requested to leave their names the list at the clubrooms or at the Health and Beauty Centre by:

MONDAY, 14th SEPTEMBER.

FUN DAY:

A fun day will be held on Sunday, 13th September, 9 a.m. start, to start the new season off.

Names to be put on list at clubrooms or at Health and Beauty Centre by Friday, 11th September before 5 p.m.

FOR

SINCERE DIGNIFIED PERSONAL

SERVICE

DARAL BAILEY & SON

ANYWHERE ST HELENS

- ANYTIME 76 1153

FUNERAL

DIRECTORS

LETTER TO THE EDITOR

全量的基础。12.1克里—144.65 x4.10克里里含

Sometime ago, I wrote about the 100th Anniversary of the Cornwall Mothers Union, pointing out that we are the oldest branch, not only in Tasmania, but in Australia. We feel greatly honoured that we are able to celebrate up here but we also realize we are a small group so we need help. If you can spare some time on October 5th, we would appreciate it. We have over 400 people coming. If you could help to arrange food on the table, cut sandwiches, arrange flowers make sure the soup hasn't caught on the bottom, carry the soup out or cups of tea and coffee. In fact we would appreciate any help what so ever. If you can help please contact Rev. Le Rossignol or Kath Francis, Scamander, Ruth McGiveron or Una Camplin.

Una Camplin,

Sec.

ANGLICAN CHURCH ST. MARYS
Soup and Sandwich Luncheon- Tuesday
Sept. 15th at 11.30 am. Orders may
be taken and are welcome. Following
the luncheon the Vestry will meet.

CEN'T MORNING- CORNWALL HALL

A Cent Morning towards the paying of the rates on the Cornwall Hall will be held on Sept. 10th at 10.30 am. All are Welcome!

WORK WANTED
STONE WORK, RETAINING WALLS,
ROCKERIES, FISH PONDS, ETC.
CONCRETE DRIVES, PATHS, FLOORS,
ETC. FREE QUOTE.
PHONE 722516

TO LET.NEWLY RENOVATED 3 BEDROOM HOUSE. ST. MARYS 722602.
RELIABLE AND TIDY TENNANTS WANTED.

FOR SALE....KELVINATOR TWO DOOR 160L REFRIGERATOR WITH GENEROUS SIZED FREEZER. NEW THERMOSTAT \$150.00 PHONE 722200.

Sam's cut price

THIS SECTION OF OUR PAPER IS SPONSORED BY GRAEME AND BELTY WOODHAM.

BLACK AND GOLD PRODUCTS
ARE AVAILABLE AS WELL AS
OUR NORMAL STOCK.

FULL RANGE OF STOCK FEED

WE NOW MAVE IN STOCK, A
RANGE OF FENCING PRODUCTS,
INCLUDING PLAIN WIRE, BARD,
STEEL POSTS, ETC.
IF WE DO NOT HAVE IT, WE
CAN GET IT! SO PLEASE ASK US.

FOOTBALL NOTES

ST.MARYS FOOTBALL CLUB
THIRDS DINNER ST.MARYS HOTEL
FRIDAY, SEPT. 11 - 7 PU.

ST.MARYS FOOTBWILL CLUB
END OF SEASON DINNER
COMMUNITY HALL
SATURDAY, SEPT. 12, - 6.30PM.
GRAND FINAL

SENIORS

St. Marys V St. Helens

RESERVES

St. Marys V Campbelltown

THIRDS

Fingal V St. Helens

AS THIS IS THE LAST GRAND FINAL TO BE PLAYED IN THE F.D.F.A. COME ONE COME ALL.

JOIN IN THE ACTION.

SUPPORT THE TIGERS

WITH YOUR PRESENCE

AT ALL GAMES

C'MON THE TIGERS!!!





STARDUST

VIRGO Aug 24, - Sept 23
This is a good time for you or your partner to invest. On the other hand, you may want to be extravagant.
Lucky numbers; 20,24,32.

LIBRA Sept 24 - Oct 23
You tend to be careless, inattentive or unwise with spending this week. A surprise may come your way through a friend or family member. Lucky numbers; 11,16,21.

SCORPIO Oct 24 - Nov 22 You are apt to learn a good deal about yourself by looking at your family, job, plans, etc. this week. This is a good week for all property dealings. Lucky numbers: 3,10,33.

SAGITTARIUS Nov 23 - Dec 21
Accept all social invitations as
you may meet someone new. Financial
gains may come to you through unusual
means. Career and job offers may also
be surprising. Lucky numbers; 22,34,38

CAPRICORN Dec 22 - Jan 20
This will be a period of intense personal growth. You now have more potential than you ever imagined.
Lucky numbers; 1,8,14.

AGUARIUS Jan 21 - Feb 19 You are more in touch with your emotions than usual, and it is a good time to use your sensitivity for helping others. Lucky numbers; 17,18,41. You will feel sure that all is right with the world and that things, will turn out for the best. This positive attitude makes it a good time for you. Lucky numbers; 5,6,7.

ARIES Mar 21 - Apr 20
A new job or career change may be in the wind. Delays can be expected with money owed to you.

Plam for the future.

Lucky numbers: 24.29.44.

TAURUS Apr 21 - May 21
This is a week to do something
new and exciting. Get out of your
social rut. Bargains can be found
but do not overspend.
Lucky numbers; 1,17,23.

GEMINI May 22 - June 21
Relationships will be relaxed and pleasant. A good week for handling personal affairs. Also a good week for shopping if on a budget.
Lucky numbers; 2,11,44.

CANCER June 22 - July 23
You may feel the need to resolve a nagging problem once and for all.
Your family and friends should bring good news and support.
Lucky numbers; 20,26,31.

LEO July 24 - Aug 23 You will need a healthy attitude towards your duties and obligations this week. You may be inclined to spend impulsively to indulge your ego. Lucky numbers; 19,23,27.

MEALS ON WHEELS

SEPTEMBER SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY	6 7 8 9	ST. MARYS Yvonne Saunders Selby Targett Helen Napier Pam Peake D & K Bullock	FINGAL Lionel Rankin Ruth Saunders Robyn Holder Jessie Burbury Jack Miller	MATHINNA Kaye Turner Tom Baker Max Ellis Cynthia Webb Christine Scott
SUNDAY	13	Clive Berwick	Janine Burt	Kaye Turner
MONDAY	14	P & Y Davern	Carol Woods	Tom Baker
TUESDAY	15	Mary Viney	Pat Death	Max Ellis
WEDNESDAY	16	Jenny Stewart	Vicki Woods	Cynthia Webb
THURSDAY	17	Shirley Britton	Jill Miller	Christine Scott

ST. MARYS SHOE STORE

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- * gumboots
- blundstone work boots
- " all shoe care products

Main Street, St. Marys. Phone: 72 2396

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