

THE VALLEY AND EAST COAST VOICE

VOL. 23 NO. 4

JUNE 22, 1990

PRICE 30c

EST 1968

"NORM"

The President of the Pharmaceutical Society of Australia says there has been a great response from smokers to the new 'Life. Be in it' project which helps smokers who want to quit - and he says many smokers are joining Norm and giving up cigarettes!.

The famous 'Life. Be in it' character, Norm, recently announced he planned to give up smoking as part of the 'Life. Be in it' "Here to Help" project.

The nationwide project advises smokers in...who want to give up cigarettes, to seek help from their local doctor or pharmacist. More than 5000 doctors and pharmacists throughout Australia are involved in the project.

The President of the Pharmaceutical Society of Australia John Ware, said today that Norm was giving a "great lead" to smokers who want to quit.

"There has been most encouraging response to the project across the nation," he said.

"Pharmacists are in a good position to help people who want to stop smoking. They have a broad knowledge of the health related problems connected to smoking and, if we can help the community to give up smoking, society will be better off.

"There'll be less demand on high cost areas of health care and, of course, there'll be less people taking time off work."

The Australian Council of Professions and the Australian Society of Hospital Pharmacists have also lent their support to the "Here to Help" project.

The Council represents over 200,000 members of professions throughout Australia.

Its President, Dr. Lindsay Thomson said today: "The project is much needed and there's strong evidence to show that grass roots programs like this - involving doctors and pharmacists - do work.

"Professional people are in the best position to provide assistance to individuals who want to better their health."

Mr. Ware said the co-ordination between doctors and pharmacists in the project was excellent.

"Pharmacists are receiving a great number of referrals from doctors to talk to us about their problem," he said.

"This is an excellent example of what doctors and pharmacists can do together for community health.

"Norm has been able to bring both groups together to enhance the health of people in the community." Media inquiries to - Ross Woodward, Director of Public Relations, 'Life. Be in it' TEL: (03)240 8222 or - Stephen Dimsey Tel: (002)740700

THREAT FAMILY SMOKING TO CHILDHOOD HEALTH

Children exposed to family smoking of 10 or more cigarettes a day have an eight out of ten chance of developing respiratory illness in the first 18 months of life.

A study of Chinese children under the age of 18 months showed the admission rate to hospitals for children with their first case of respiratory illness was related directly to the total daily consumption of cigarettes by family members.

Cigarette smoke is one of the most important sources of air pollution in the home.

Data obtained by the researchers on 1058 children revealed that more than 17% had been admitted to hospital at least once during their first 18 months of life - 100 for respiratory illnesses and 84 for other conditions.

More than 72% of the children were living in families including smokers, and in nearly 58% of cases the father smoked. None of the mothers in the study smoked.

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old china, curtains, 1 electric
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10 Gray Road, 3rd house pass
the golf club. Phone 722 163.

FOR SALE..A quantity of young
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SCOTT'S NEWSAGENCY, ST. MARYS

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WHAT'S ON

A LUNCHEON will be held to celebrate Fr Paul Connelley's 25th Anniversary of his ordination on Sunday 22nd July in the R.S.L. institute at 12.30pm.

ALL WELCOME.

STRETCH SEWING CLASSES...

"Weekend Workshop" Commencing on July 7th 1990.

Learn to make your own design windcheaters. Easy to sew T-Shirts etc. Experienced Demonstrator from Just Knits L'ton.

Book in now at 'Go-N-Sew St.Marys or Phone 722 373. A.H.

CONGRATULATIONS TO BRUCE (with the good juice) for his birthday on Wednesday, also congratulations to both Judy and Bruce for their wedding anniversary on the same day (Wednesday 20th June).

St.Marys Red Cross Branch Annual General Meeting will be held on Monday 2nd July 7.45pm in the Recreation Room St.Marys Hospital. Election of office bearers 1990/91 Minutes of previous meeting Treasurer's Report General Business All members and new members welcome Ladies a plate for supper afterwards. N.Peake. sec.

BASKETBALL MEETING 18-6-1990 Present- M.Mitchell, I.Bradbury, M.Binns, S.Binns, M.Faulkner, T.Reid, M.Williams. Games to be held Friday nights if possible: Captains to be in charge of their teams umpiring duties. Cost will be \$1.00 per game, to be placed in envelope provided. If \$1.00 is not paid NO PLAY. Your \$10.00 insurance has to be paid by 2nd game: Since this is mixed, if umpire at his discretion thinks females are being held out of game, possession of ball will be turned over to opposition. Teams should be passed in at Health and Beauty by next Friday. So if you're interested organise a team or

GO - N - SEW

STRETCH FABRIC

PLAIN AND PRINTED FLEECY TRACK AND FIELD AND TRIACETATE RUGBY KNIT AND INTERLOCKS BLACK LEATHERETTE NOW IN MANY NEW PRINTS PLUS PINS AND TRIMS.

Story Street,
St.Marys.
Phone 722 373.

WHAT'S ON CONT.

join a team.

I.BRADBURY.

PLAYGROUP... We have started a playgroup for St.Marys and would like to welcome all mothers with young children to come and support this group. Give the kids and your-self some time out.

Playgroup will be held EVERY FRIDAY MORNING- 10.30am till noon at the school kindergarten. We ask you to bring \$1.00 per family and a piece of fruit.

Any enquiries contact Mazz Roberts- Cornwall 722505 or Bobby Harwood- St.Marys 722445.

Hope to see you there.

ZINGERS

HAIR DESIGN

IS NOW OPERATING AT
PASS ROAD ST.MARYS.

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ALL WELCOME.

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CHURCH NEWS

FINGAL-PORTLAND UNITING CHURCH

Worship Service

Scamander	8.00am	2nd & 4th Sunday
Fingal	9.30am	every Sunday
St Marys	11.00am	every Sunday
St Helens	7.00pm	every Sunday
	10.30am	2nd Sunday
Rossarden	7.00pm	3rd Tuesday

Sunday School

Scamander	9.30am	(except for 2nd Sunday when 8am Family Service)
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Fingal	9.30am	
St Marys	9.45am	(with Salvation Army)

St Helens	3.30pm	Mondays KUCA Club
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ALL WELCOME

Rev Alan Renton - Phone 725 139

THE ANGLICAN PARISH OF ST HELENS

St Pauls Church

8.00am)	
9.30am)	every Sunday
7.00pm)	

Sunday School

7.00pm	Mondays
--------	---------

Pyengana

11.00am	2nd & 4th Sundays
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Falmouth

9.30am	1st & 3rd Sundays
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ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday June 24

8.45am	Fingal
10.45am	St Marys
3.00pm	Mathinna
6.00pm	Avoca

Sunday July 1

8.45am	Fingal
2.30pm	St Marys

(shortened service - Annual Meeting to follow (note change of time))

6.00pm	Avoca
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Rev David Le Rossignol
Phone Fingal 742113

SALVATION ARMY

Sunday School

9.45am	Salvation Army - St Marys
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Church Service

11.00am	1st & 3rd Sunday - St Marys
2.15pm	2nd & 4th Sunday - St Marys
2.15pm	5th Sunday - Cottage Service

Womens Meeting

11.00am	Tuesday - An hour of Fellowship for all women
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ENVOY & MRS BETTS - Sunnybanks,
St Marys - Phone 722 352

CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF THE MONTH

St Helens	Sat. Vigil	6.00pm
St Marys	Sunday Mass	9.00am
Fingal	Sunday Mass	10.30am
Bicheno	Sunday Mass	4.00pm

SECOND SUNDAY OF THE MONTH

St Helens	Sat. Vigil	6.00pm
St Marys	Sunday Mass	9.00am
Bicheno	Sunday Mass	4.00pm

THIRD SUNDAY OF THE MONTH

St Helens	Sat. Vigil	6.00pm
St Marys	Sunday Mass	9.00am
Fingal	Sunday Mass	10.30am
Bicheno	Sunday Mass	4.00pm

FOURTH SUNDAY OF THE MONTH

St Helens	Sat. Vigil	6.00pm
St Marys	Sunday Mass	9.00am
Bicheno	Sunday Mass	4.00pm
Swansea	Sunday Mass	6.00pm

FIFTH SUNDAY OF THE MONTH

St Helens	Sat. Vigil	6.00pm
St Marys	Sunday Mass	9.00am
Bicheno	Sunday Mass	4.00pm

PRIEST: FATHER PAUL CONNOLLY
ST MARYS 003 722 252

SEVENTH DAY ADVENTIST

Hodgman Street, Scamander

Sabbath School	10.00am
Divine Service	11.00am

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Mr D Casbault
St Marys 722 383

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Campbelltown 811167

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SPORT

GOLF NOTES...By Tee Up
Thank you Tee Up's Mate for filling in.

What a heap of surprises and very entertaining reading I have encountered since my return. First of all the pennant which looks very interesting with 4 wins out of 4 A Grade looks unbeatable, should this happen it will be a record achieved for the club of which the boys must be justly proud. B Grade will have to put their best foot forward because their game seems to be in jeopardy. However you have been trying so hard and there is still 2 games to go.

The Pennant scores last Sunday

were:-

A GRADE St.Marys def St.Helens 7/2
K.Howe 6/5 def A.Litherland
S.Dawson 2/1 def R.Dakin
J.Newman LT. J.Barr 6/5
R.McGiveron LT. S.Wright 3/1
C.Mitchell 4/2 def S.Richards
K.Davern 1 up 19th def P.Walker
D.Murfet 3/2 def T.Harris
S.Wilmot 4/3 def E.Marshall
G.Dale 1 up 22nd def D.Coker Williams

B GRADE--:

St.Marys LT St.Helens 4/1
R.Field LT. M.Dewhurst 1up
S.Cooke LT. B.LeFevre 2up
C.Hayes LT. R.Barr 1up 24th
R.Spilsbury 4/2 D N.Kohl
G.King LT. J.Mallinson 2/1
Rodney McGiveron is surely playing extra well with 2 recent wins and handicap down to 5. Well done "mate". His first win was:-

MEMBERS STROKE:

R.McGiveron (6) 61 nett
A.Wright (6) 64 nett
G.Little (19) 65 nett
R.Costain (15) 65 nett
Nearest to Pin 5th A.Wright
2nd shot 6th S.Cooke
The second win was Members Club
Medal Day:
Div 1 R.McGiveron (6) 63 (medal)
D.Murfet (8) 64 nett
K.Howe (6) 64 nett
Div 2 C.Turner (30) 64 (trophy)

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PIPE, CLEANERS & GLUES.

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B.Kellaway (23) 65 nett
S.Davis (16) 66 nett
BEST GROSS TROPHY:
R.McGiveron 69, K.Howe 70.
Nearest to Pin 2nd shot on 4th
A.Beach, 5th S.Dawson.

The Committee is very pleased with the excellent fields showing the good support for the club. Members Club Championship commence on 21st July, 2nd ROUND 22nd July, 3rd ROUND 28th July, 4th ROUND 29th July. This year in conjunction with the Championship a 72 Hole Junior and Senior is being conducted. Juniors must be under 18 and seniors over 50 years of age.

The two Saturdays of the event will commence at 9am and the two Sundays at 11am. On the 4th round reverse order of starters will be used. Please place name on the list on the board. The first 36 holes of the Championship will supply the captain with names for Match Play Competition later on in the year. This is not part of the Championships. Only scores are to be used. So see you Qualify. Men's 4/5 Championships on the 7 and 8 th July. Choose your own partners and then place your names on the sheet on the board.

On Saturday 23rd June Mr. and Mrs. M. D. Webb have sponsored a day at the Club and have donated (to p.9)

ST MARYS SHOE STORE

I would like to thank all my customers for their support over the last 12½ years and wish Michelle all the best in the future.

SALE NOW ON

Bargains from \$5.00

All stock 20% off.

Y. Davern

ST. MARYS DISTRICT HIGH SCHOOL

NATIVE TREE PROGRAM

Following our 1989 efforts in which we grew and sold approx. 1000 trees, we are upgrading our tree growing facilities this year and expanding our operation quite considerably. This has largely come about as the result of the interest shown in our efforts by Greening Australia. Greening have been sufficiently impressed with our work that they have made us one of their pilot schools for 1990 (one of only 3 in the State). This means that they will be providing us with certain materials (finger pots, germination trays, netting mix, shade cloth) and expertise to assist us to build up our operation.

The Grade 10 Rural Science class is presently engaged in constructing a shade house and upgrading our hothouse. Once this has been done, Mr. Alan Gray from Greening Australia will conduct some field trips with students to show them how to collect native tree seed. Mr. Gray will be available to us throughout the year to advise us on such things as treating and storing seed, germinating, potting up and planting out. Mr. Gray's expertise will be invaluable to us as he is very experienced in this field.

One of the main aims of the project this year is to collect local seed and to plant trees grown from that seed back into the local area. Towards this end we have contacted some local landowners (and will be contacting others in the near future) to ask if we can come onto their farms to collect seed and also to ask if we can subsequently plant trees on their properties.

We hope that St. Marys District High School can work together with local farmers to help in a small way to overcome the very real problem of Rural Tree Decline.

Craig Searle

ARE THINGS WHAT THEY SEEM?

We had moved house. The old one had too many sad memories. My father had died of Aids; he had a car accident and needed blood. Unfortunately the blood carried the breath taking disease.

The house was big, really old and creepy. I carried a box up the stairs into what was my room. I sat the box in a corner and undid my window. It was green out, but the air smelt dead. 'Toni' my Mum called 'Come and get more stuff!' I walked down the stairs, dusting off the railing with my hand as I came down.

I reached down and collected another box, on top of this one was my porcelain doll my father had given me. It was so pretty. I gazed into her eyes and sat it down.

My Mum was unpacking wedding photo's; she was flicking through them with anger. I knelt down beside her and tried comforting her. 'Don't hold it back Mum, let it out' She looked at me, her eyes slowly filling up. 'It's just not fair Toni.' 'I know Mum, I know.'

That night it rained. I lay there listening to the drops hitting the old tin roof. I was getting cold so I got up to get a jumper. I undid the drawer and turned around. Lightning struck outside and filled my room. Then I saw a man standing by the door. I froze, the man looked just like my father. I went to turn on the light, but the power must have gone off. I tried telling myself I imagined it. I lay there once again, this time colder than before.

I must have fallen asleep for I woke up about 7.30. I got out of bed not really thinking about the shadow in the light. I walked down into the kitchen. Mum was already up, eating toast by the fire. 'Sleep well?' she asked. 'Yes, I was a bit cold though.' That's when I remembered about the shadow in the light. I thought it would be better to keep it to myself. 'I could put another blanket on your bed. Toni?' 'What?' 'I will put another blanket on your bed?' 'OH yeah.' 'Toni what's wrong? You look like you have seen a ghost.' As I looked at my mother, her features grew more and more like my father's. 'Toni, Toni!' Her voice grew more and more like my father's. I screamed. 'What's the dammatter?' She was becoming her old self. Was I crazy or was my mother? 'Nothing,' I said. 'You don't scream for nothing.' 'I thought there was a spider on me.' 'Oh right.' She was still looking at me strangely.

The day was quiet and short. I spent most of my time unpacking. I was getting ready for bed when my mother came in. 'Goodbye,' she said. 'Goodbye? Don't you mean goodnight?' 'Okay, a long goodnight.' I got into bed and thought about my Mum's weird behaviour.

The next morning was foggy and cold. Once again I went into the kitchen. My father stood there, 'My god Dad, where's Mum?'

CON'T FROM SCHOOL.

'Toni your mother's dead. Remember!'
'I couldn't talk. I could only stand
and stare. 'By the way, here's a
doll, your mother was going to give
you; I found it unpacking.' He
handed me the doll he once gave me.

Like a rainbow on the horizon, like
a shadow on a stream, things are
not what they seem.

Short Story BY: JANELLE RICHARDS.

CROSS COUNTRY... Emma Clement (St. Marys
District High School) has again been
selected to run for Tasmania, in the
Australian All Schools Cross
Country Championships to be held in
Canberra next Saturday, 30th June.

Emma, re current state U15 3000m.

track champion and cross country
representative, turned 15 only ten
days before the state Cross Country
Championships last Sunday. To

represent the state again she had
to qualify for the under 17 team.

In the Championships, held at the
Heritage Forest in Launceston, the
under 17 race contained two junior
international runners and eight
current state representatives.

In a biting wind and around a very
testing course, Emma ran courageously
to finish a convincing 4th, in a
time which easily qualified her
for the National Titles and ranks
her in the top 20 in Australia over
the 4km Cross Country course.

In the boys under 13 State Titles,
Giles Clement just missed out on a
bronze medal. In an exciting race

over a rugged and slippery course
of 2km, the lead changed several
times between the leading group of
6 runners. Giles finished 4th, only
8 seconds behind the winner from

Sprent, following in runners from
Scottsdale and Hutchens. There is
no national event for their age

group, but Giles could be in line
for State selection next year. With
runners from 40 state and independent

schools taking part in the titles,
Emma and Giles are to be congratulated
on the way in which they carried

the Black and Gold of St. Marys.

EXTRACT FROM CYCLOPAEDIA OF TASMANIA
1900.MANGANA:

Mangana is a mining town with a
Post Office, Savings Bank, Parcel
Post, and Telegraph Station. It is
situated on Richardson's Creek, which
flows into the South Esk River, in
the county of Cornwall, and
electorate and municipality of Fingal,
91 miles south east from Launceston,
120 miles north east from the capital
(Hobart), and six miles from the
Fingal railway station, being connecte
by an efficient coach service. There
is a good state school, The Anglican
and Roman Catholic places of Worship,
and an excellent concert hall. There
is also one first class hotel (The
Alpine). Here mining is carried on
both in quartz and alluvial, and
agricultural and pastoral pursuits
are followed to a considerable extent.
The geological formation of the
country is slate and sandstone,
with numerous quartz reefs. There
is also considerable alluvial

mining carried on.

Ben Lomond is the chief point of
interest to tourists. The town has
grown considerably of late years,
and now has a population of some
500 .

The well known Sovereign Gold
Mine is situated here.

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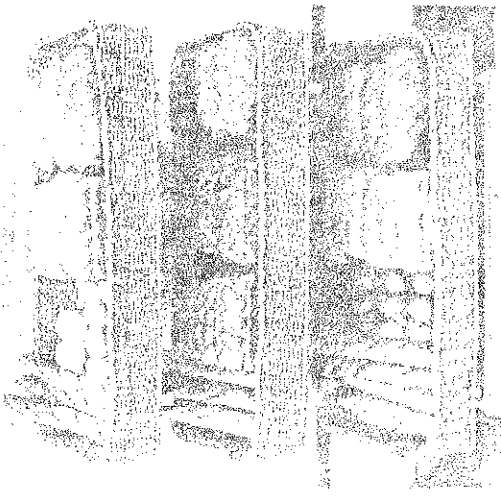
ST. HELENS 761 153

FUNERAL DIRECTORS

MEALS ON WHEELS

JUNE	ST. MARYS	FINGAL	MANGANA	MATHINNA
SUNDAY 24	D & S ROBINSON	AUB OLIVER	AUB OLIVER	KAYE TURNER
MONDAY 25	DEBBIE BARNES	SHIRLEY PARKER	SHIRLEY PARKER	TOM BAKER
TUESDAY 26	PAM PEAKE	HELEN RICHARDSON	JACK MILLER	MAX ELLIS
WEDNESDAY 27	DORIS BULLOCK	GLORIA PARKER		CYNTHIA WEI
THURSDAY 28	JENNY COOK	PERCE ROWLINGS	PERCE ROWLINGS	IAN HARDMAN
JULY				
SUNDAY 1	KAREN BROWN	CHERYL MCFADZEAN	NEIL WARD	KAYE TURNER
MONDAY 2	MISS THOROLD	CAROLE WOODS	LES WALTERS	TOM BAKER
TUESDAY 3	MARY VINEY	KATH FRANCIS	KATH FRANCIS	MAX ELLIS
WEDNESDAY 4	JENNY STEWART	KAYE COOKE		CYNTHIA WEI
THURSDAY 5	HEATHER GRIFFITH	YVONNE JOHNSON	ALAN BARNES	IAN HARDMAN

Deans Continental



New Recipe - Crusty Bread

Remember the good old days?

The lollies in jars, the wind-up wall telephones, the trams and the trolley buses, and the fresh crusty bread from the bread cart!

Now bread with the old fashioned flavour is available. Deans Continental New Recipe Crusty Bread in a range of products, including Continental loaves, french sticks and rolls. Choose from white, stoneground, mixed grain or rye.

Deans Continental Recipe Crusty Bread is available at your local shop fresh each Sunday.

PLACE A STANDING ORDER NOW
AT YOUR LOCAL SHOP

PLUS!!!

NOW AVAILABLE EVERY SUNDAY IS
FRESH BREAD FROM NU-BAKE BAKERY

- Blue Wonderloaf
- Family
- Stoneground
- Auntie Em's
- Rolls etc.

FRESH BREAD NOW AVAILABLE AT YOUR LOCAL SHOP

7 DAYS A WEEK
THROUGH VALLEY MILK AND BREAD SUPPLY

NOTE: NOT AVAILABLE ON SUNDAYS OF LONG WEEKENDS.

GOLF NOTES CONTINUED FROM PAGE 5

trophies for the Aggregate Stableford Competition. We are extremely grateful to Michael and Athalie for their generosity. Before I pass on to the Associates and their very interesting scores I would like to pay a tribute to the 'new look' of the painted posts around the course. It looks terrific, Rodney. Now to the ladies foursome championship. What a wonderful field and the weather was also very pleasant which helped to return the good scores which were recorded on the board.

1st Day Competition

Y. Davern and C. McGee (28) 63nett
M. Nolan and A. Holmes (29) 64nett
M. King and H. Hayes (28½) 65½nett

Gross Scores 36 Holes

M. Cook and K. Blair 90
Y. Davern and C. McGee 91
M. Nolan and A. Holmes 93

Handicap

Y. Davern and C. McGee (28) 63
M. Nolan and A. Holmes (29) 64
M. King and H. Hayes (28½) 65½

2nd Day Competition

M. Nolan and A. Holmes (29) 64
Y. Davern and C. McGee (28) 65
K. Wright and I. Francis (29½) 66½

Final ResultsGross

M. Cook and K. Blair 91
Y. Davern and C. McGee 94
M. Nolan and A. Holmes 94

Handicap

Y. Davern and C. McGee } Play off
C. McGee and Y. Davern } 25 June.

ST. HELENS NETBALL ASSOCIATIONResults 20th May, 1990Division 1

St. Marys d Breakaways 37-31
Best Sharyn Hayes, Mary Beach
and Lee Goss

Division 2

Coasters d St. Marys 72-15
Best Janine Burt, Gina Wallace
and Mary Lee Griffiths

Results 27th May, 1990Division 1

St. Marys d Jokers Red
Best Mary Beach, Sharyn Hayes
and Kathy Squires.

Division 2

Coasters d St. Marys 48-30
Best Natasha Lowe, Mary Lee
Griffiths and Janine Burt.

Results 3rd June, 1990Division 1

Jokers White d St. Marys 38-36
Best Francine Lowe, Mary Beach
and Lee Goss

Division 2

St. Marys d Pyengana by 1 goal.
Best Gina Wallace, Natasha Lowe
and Janine Burt.

FOOTBALLJune 9th.

St. Marys Football Club celebrated their centenary year on Saturday, Saturday night and Sunday. Noticed in attendance at one or more functions were ex players, oldies and becoming oldies. H. Smith, H. Thomas L. Dawson, T. Spencer, G. Salter, A. Newman, G. Oliver, J. Dakin, G. King, Joe Hollis, John Hollis, G. Hollis, J. Robinson, R. Cocker, J. Tate, G. Towers, G. Williams, C. Williams, R. Reeves, K. Mitchell, R. Coopes, D. Singline, D. Nolan, L. Toombs, K. Pitt, R. Bye, L. House, A. House, T. Calvert, P. Newman, N. Bean, T. and M. Turner, B. Aulich, J. Bushing, D. Wright, W. Chugg and others still residing at St. Marys. Sorry if I missed some.

Saturday, St. Marys celebrated by thrashing Campbell Town in the senior game 31 - 24 to 3 - 4 with a brilliant exhibition. Main goal-kickers were A. Viney 8, G. Murfett and M. Viney 6 apiece, D. McInstry 3. A good team effort.

St. Marys reserves defeated Campbell Town 25-12 to 5-3 in a one sided game again. A good team effort. Main goalkickers: L. Spilsbury 6, R. Squires, C. Riley, G. McDonald 5. A bigger, stronger Campbell Town thirds team defeated a very gutsy St. Marys team comfortably 18-6 to 3-6 and look unbeatable for the grand final.

FIRE WOOD

14 inch to 24 inch

1 to 4 TON LOADS....

FROM \$27 TON.

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KEEP WARM FOR WINTER

STOCK UP ON YOUR FIREWOOD.

FOOTBALL CONTINUED FROM PAGE 9

Also, thanks to Mick McCulloch and Peter Maher from Longford who escorted the team onto the ground dressed in a tiger suit. Much appreciated chaps.

Saturday nights celebrations were in the community hall with refreshments, a band and supper. Guest speakers were ex coaches R. Bye, D. Wright and T. Chugg plus G. Salter, K. Faulkner, G. Richards. Also on display many old photos etcetera from bygone years. Sunday saw many at the ground to watch a game between St. Marys oldies versus Coastal oldies which ended in a draw. Just when everyone was having a few quiet beers and luncheon we were visited by the licencing people who put a not too popular stop to proceedings. I realise we were breaking the law but surely there must be worse things going on to police, than a quiet celebration that occurs once every hundred years. Pretty trivial.

June 16th
Seniors

St. Marys defeated Swansea at St. Marys 15-15 to 10-13 in a very entertaining game. It was also the cleanest game I have witnessed this season unlike some very spiteful ones lately. Best for St. Marys were G. Murfett, S. Miller, S. Gray, S. Wiggins, S. Brown in a good team effort. Main goalkickers were M. Viney 4, S. Brown, S. Gray 3, G. Murfett 2.

St. Marys Reserves were also successful 12-13 to 7-5. I have misplaced best players and goalkickers but would like to remind some of our reserves that this is a team game, so please fellows, play as a team and not become too goal hungry.

St. Marys also won the thirds game 12-19 to 7-1. Goals: M. Aulich, M. Gamble 3, G. Henley, P. Gillies 2, M. Cross and S. Wines 1. Best: D. Young, G. Henley, S. Wines and P. Gillies. Well played lads.

One thing to remember, at the present time we have a few injuries. When all are fit it will be very hard on the selectors, so please everyone, do not become too hard on them as some are certain to miss out unfortunately. Teams will be picked on form.

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ST. MARYS.

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and ornamentals
have NOW arrived.

Also strawberries
- Red Gauntlet & Tioga
10 for \$4.50

Call in soon and have a look
through our winter stock.
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THANK
YOU

I wish to convey my sincere thanks to all kind friends and relatives for letters, phone calls and cards received on the recent loss of my dearly loved, loving sister Ivy Haley in Melbourne May 31st, 1990. Your kindness will always be remembered. God bless you all. Bertha Cooke.

The Essential Cils

Angelica (seed): Digestion promoter, stimulant, tonic, drainer, fever reducer, cleanser.

Camomile: Fever reducer, sedative, antispasmodic, pain reliever, digestion promoter, antiseptic, antiinflammatory, anti-infectious.

Cedarwood: Urinary and pulmonary antiseptic, tonic, aphrodisiac

Cypress: Stops hemorrhage, astringent, sweat increaser, fever reducer.

Eucalyptus: Antiseptic, bactericide, expectorant, balsamic, stimulant, astringent, stops pain and hemorrhage.

Geranium: Tonic, astringent, stops hemorrhage, antiseptic, stimulates cell regeneration.

* * * * *

What can you do?

The Education Sector

All agencies from pre-school to tertiary education can contribute to a developing literacy strategy for Australia. Special activities can be planned during the year to involve children and adults in ILY.

Business and Industry

Literacy development needs the support of the whole society. Business and industry, employers and unions, can be involved in meeting the literacy needs of the workforce and the general population.



Government Departments and Agencies

Reading and writing are involved in the work of all public agencies, through meeting clients' needs and government objectives.

The Community and Individuals

The development of literacy abilities will be real only as it is tied into the growth of the community. Individuals and community groups can offer support and stimulus to child and adult literacy programs.

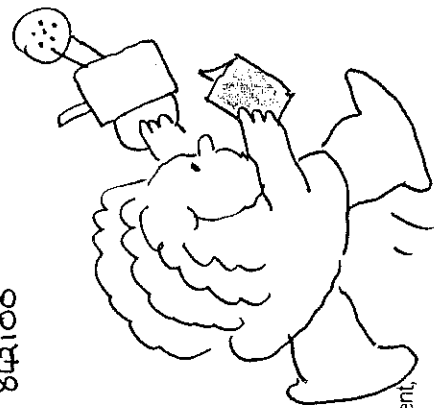
Together we can contribute to the future of the nation through participating in the program for International Literacy Year.



ILY Secretariat

Noel Simpson
Executive Director 062 83 7985
Victoria McGrath
Assistant Director 062 83 7934
John Wilson
Project Officer 062 83 7893
Cheryl Ovenell
Executive Secretary 062 83 7697

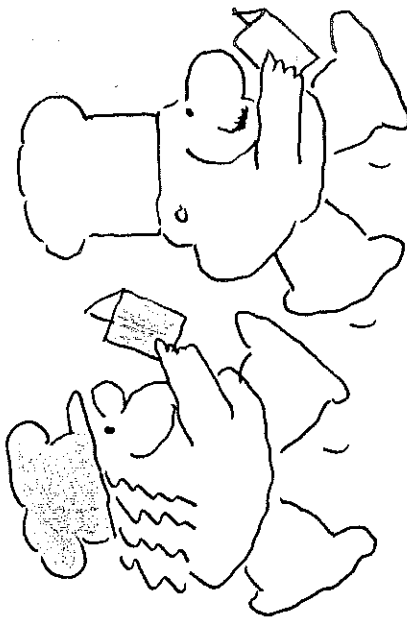
CONTACT - Dianne Masters, Avoca
84100



Department of Employment,
Education and Training
GPO Box 9880
Canberra, ACT 2600
89/21 378 Cat. No. 89 1412 6
3-2-389

Active Literacy

Australia's goal for
International Literacy Year



Active Literacy



What is 'active literacy'?

By 'active literacy' we mean that everyone should be able to handle functional reading and writing tasks, but that's not all. All Australians should be able to use language to enhance their capacity to think, create and question. This way, they can participate more actively in society.

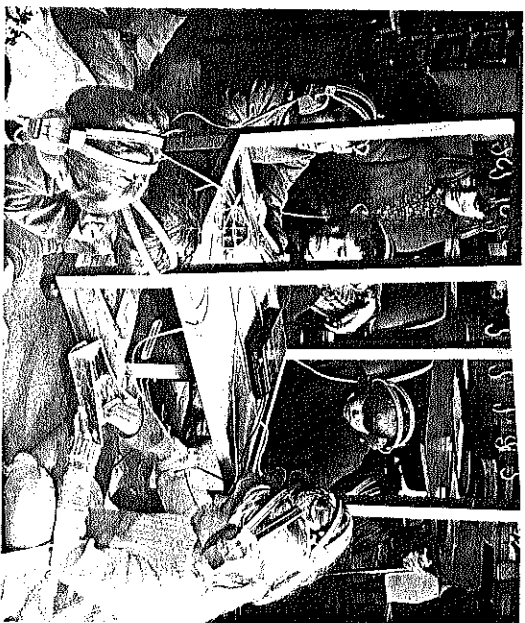
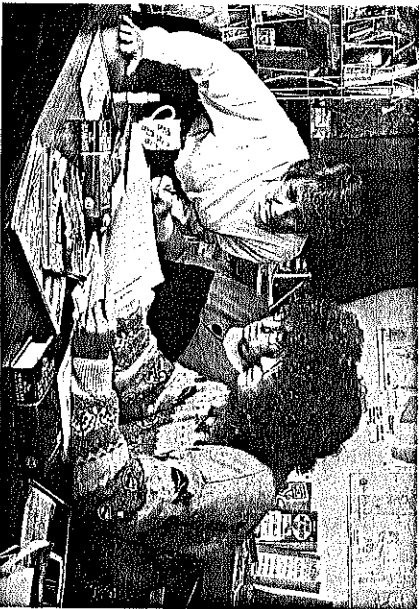
Who needs active literacy?

If we are to make the most of our potential, all Australians need to develop constructive and creative literacy. Children and adults, young and old, city and country people; people who work and people who don't; single people and family people – everyone needs active literacy.

Let's get moving!

The United Nations has declared 1990 International Literacy Year to face literacy problems around the world and to promote literacy development.

In some parts of the world 'literacy' means simply being able to write your name. In Australia, we're a lot more ambitious. Our goal is to achieve active literacy for every Australian citizen.



Why we have problems

There are many adults in Australia who cannot read and write well enough in English. Reasons vary, but common causes include:

- emotional disturbance during childhood;
- poverty;
- illness;
- sight and hearing problems;
- isolation;
- English is not their first language;

— slower development;
— inappropriate education;
— non-attendance at school.

According to the best data available at this time, 10 per cent of our population of people over 15 years old is unable to do even functional everyday reading and writing tasks. One person in ten can't read a telephone book, fill in a medical claim form or write a job application.

LITERACY IS A BASIC HUMAN RIGHT

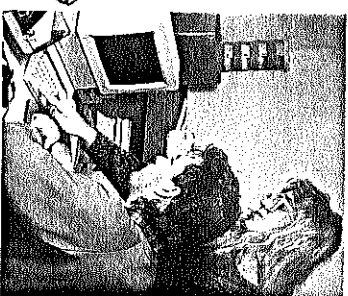
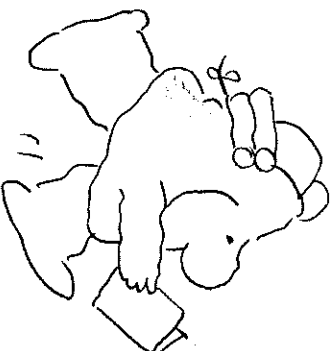
The opportunity to read and write adequately through lifelong literacy provision should not be denied to any citizen.



The work has already begun

International Literacy Year presents an opportunity for all of us to become involved in making our lives richer.

At a national level the Minister for Employment, Education and Training, the Hon John Dawkins MP, has established a National Consultative Council chaired by Mrs Margaret Whitem, AO. The Council will develop policy options for government, encourage literacy activities and promote community



preparing activities for ILY, bringing with them a wide range of approaches and practices.

For further information about these groups, contact the ILY Secretariat.

THE UNITED NATIONS' RESOLVE FOR ILY

ILY will be a means to stimulate greater public and government awareness in furtherance of the objective of eradicating illiteracy by the year 2000.

The Commonwealth has established an ILY Secretariat and the States and Territories have also set up similar committees. Many voluntary and private organisations concerned about literacy are also

awareness of the importance for contemporary Australia of enhancing literacy.

A Commonwealth/State Implementation Working Group has also been established to co-ordinate Commonwealth and State activities for ILY.

PROFILE OF A SENIOR

Who is a senior citizen? What is one???

A senior is one who was here before the Pill and the population explosion. We were here before television, penicillin, polio shots, antibiotics and frisbees. Before frozen food, nylon, dacron, Xerox, Kinsey, radar, fluorescent lights, credit cards and ball point pens. For us time sharing meant togetherness, not computers; a chip meant a piece of wood, hardware meant hard wear, and software wasn't even a word. Co-eds never wore slacks. We were before panyhose, and drip-dry clothes, before ice makers and dishwashers, clothes dryers, freezers, and electric blankets. Before Hawaii and Alaska became states. Before men wore long hair and earrings and women wore tuxedos.

We were before Leonard Bernstein, yogurt, Ann Landers, plastic, the 40-Hour week and minimum wage. We got married first and then lived together. How quaint can one be?

Closets were for clothes, not for coming out of, bunnies were small rabbits and rabbits were not Volkswagens. We were before Grandma Moses and Frank Sinatra and cup-sizing for bras. Girls wore Peter Pan collars and thought cleavage was something butchers did. We were before Batman, Rudolph the Rednosed Reindeer and Snoopy. Before DDT, vitamin pills, disposable diapers, Q.E. One, jeeps, the Jefferson Memorial and pizza, Cheerios, instant coffee, decaffeinated anything, and McDonalds were all unheard of. We thought fast food was what you ate during Lent. We were before Boy George, J.D. Salinger, FM radios, tape recorders, electric typewriters, word processors, Muzak, electronic music, disco-dancing and that's not all bad!

In our day cigarette smoking was fashionable, grass was for mowing, Coke was a refreshing drink and pot was something you cooked in. If we'd been asked to explain CIA, MS., NATO, UFO, NFL, IUD we'd have said alphabet soup.

We are today's senior citizens, a hardy bunch when you think of how our world has changed and of the adjustments we have had to make.

EXTRACT FROM WEEKLY COURIERS

August 13th 1904

WEDDING.....BULLOCK-TARGETT

recently a wedding was celebrated at Rosegarland, the residence of the bride's father, the contracting parties being Miss Joise Bullock, second daughter of Mr George Bullock and Mr Geroge Targett. The ceremony was performed in the drawing room, by the Rev. Father Gressin. Miss M Madden played the Wedding March. Miss Maud Targett attended the bride along with Miss Millie Bullock, whilst Mr Jack Targett was best man. The members of the Cornwall Brass Band attended.

November 17th, 1932

SOLDIERS REUNION DINNER was held at Hales Hotel. Returned men represented more than 30 distinct units coming from St Marys, Cornwall, Fingal, Mt Nicholas, Seymour and Scamander. A musical programme was greatly appreciated. Toasts were honoured. 'The King' 'The Fallen Comrades' by the President Dr. B J Jackson. "Australian Imperial Forces" and the "N Z Forces" by T Lightfoot. "British Imperial Forces" by W E Vine.

OTHER WEDDINGS

Miss Jean Dawson to Mr James Geappen in 1933.

Miss Jean Berwick to Mr Robert E Rattray.

Miss Emily Haas to Mr Robert Speers 1910.

Miss Vera Haas to Mr Murray Cornish 1932.

A KITCHEN TEA was arranged for Miss Rene Coleman 1932.

MARRIAGE of Miss Coleman to Mr Clifford Hortle.

BIRTH...April 12, 1908 a daughter for Mr & Mrs. H G Mitchell.

August 19th 1905 BIRTH NOTICE

On the 10th August 1905 at Gwylata cottage, Sea View, St Marys, Mrs. H Lohrey a son.

STARDUST

Week commencing June 21 st, 1990.

GEMINI May 22 - June 21

One-to-one encounters will undergo positive change this week. Partnerships and intimate associations will become increasingly demanding and some relationships may come to an end due to these demands.
Best Days: 29, 4.

CANCER June 22 - July 22

You may not feel inclined to assert yourself, so don't volunteer your spare time. Personal relationships may undergo a big change - for the better.
Best Days: 21, 30.

LEO July 23 - August 23

This week you will learn more about yourself and how to express yourself in the best possible way. A happy social event is in store and will eventuate in new friends.
Best Days: 24, 3.

VIRGO August 24 - September 23

This week you will focus your attention on home and business affairs that will demand your immediate attention. Any problems in your domestic life can now be dealt with.
Best Days: 22, 1.

LIBRA September 24 - October 23

This week is an excellent time to talk to someone special about your feelings of love or friendship. Also watch your spending don't go overboard.
Best Days: 27, 2.

SCORPIO October 24 - November 22

Consider what is really important to you, as circumstances are causing control over your material possessions to slip from your hands. Be careful and don't make a decision you may regret later.
Best Days: 23, 28.

SAGITTARIUS November 23 - Dec. 21

Don't use this week as an excuse to sit around waiting for a more favourable time to take action. Work out what you want and what you really need, then set out to do it.
Best Days: 24, 26.

CAPRICORN December 22 - Jan. 20

Catch up on letters, pay bills and make duty calls. Handle all those routine tasks you may have neglected, or undertake a course of study - it will benefit you in the long run.
Best Days: 25, 30.

AQUARIUS January 21 - February 19

A surprise party, an exciting invitation or a trip looks good, and you may be in for an opportunity of a lifetime. So be prepared.
Best Days: 23, 4.

PISCES February 20 - March 20

Travel this week can be a rich, broadening experience, enhanced by hospitality, enthusiasm and adventure. You may make a social contact that is helpful to you in the future.
Best Days: 21, 3.

ARIES March 21 - April 20

Your moods this week may alternate between ecstasy and emotional turmoil. Ties with the opposite sex may cause a misunderstanding. So try and watch your p's and Q's.
Best Days: 25, 29.

TAURUS April 21 - May 21

Get into a position where you don't have to rely on others. Travel with family or friends will have a special happiness about it and you may be lucky in love.
Best Days: 22, 28.

ST MARYS BUTCHERY	PHONE 722 274
FOR THE MEAT, YOU WILL LOVE TO EAT...	

ST. MARYS H & B	PHONE 722 172
FOR GIFTS AND REMEDIES SEE JILL NOW...	