THE VALLEY AND EAST COAST VOICE

NO. 15

DECEMBER 7 1990

1990. YEAR OF SPORT OUR VALLEY.

The year's sporting activities are fast drawing to a close, with only one month to go.

There have been some great performances both individually and team-wise, over the past twelve months.

First up, the St. Marys Pacing Club agaim had a very successful New Year's Day meeting, resulting in a record gate and great racing. The Committee and helpers have been again actively engaged in erecting new fences and have cleaned up the eyesore along Harefield Road. Club again race on Jan 1st next year, and are hoping for your attendance, to make it another successful day's racing.

Campbelltown weightlifter Ron Laycock did himself and Tasmania proud, with his performances in the Commonwealth Games in New Zealand.

Fingal golfer Tammy Hall has also done exceptionally well representing Tasmania in the ladies team Golf Championships.

David Schier, an ex Falmouth resident, must be congratulated on the great effort he put in to getting the World Rowing Championships to Lake Barrington. I understand it took many long hours to achieve this aim, and he should feel very proud, as should Tasmanians.

In the racing arena, local owners scored a few wins. A few more would have been quite welcome. Some winners were trained or owned by Don Woods, Eric Bean, the Local hotel syndicate. Peter Woods borse, FredaLea met with great success winning a classic race, and Robert Woods and Son Scott with their great horse Alan Grant, who at the time of writing, was an emergency for the Miracle Mile race in Sydney, and perhaps unlucky not to be in the field.

The Association Football Grand Final, resulted in the two local teams, St. Marys and Fingal playing off, with the former, through greater fitness and pace coming out winners. Noone likes to lose, but unfortunately there can only be one winner.

There seems to be a great lack of sportsmanship creeping into our great game. Once, after the gamewas over a few beers were shared, but not now. Therefore it was pleasing to see Tim Medwin, who was Fingal's best player, run over to the St. Marys players and congratulate them and wish them well and also to have a great night. A bit more of this by all teams would not go astray, after all it is only a game.

Another incident at Swansea. A Swansea reserves player helping an opponent up after a pretty heavy physical clash. On the down side an opposition runner tipping the contents of his water bottle over a St. Marys reserves player. Another player being forced out of bounds with the ball, and being tripped over by the opposition bench members. These are very poor acts of sportsmanship and have

no place in our great game.
All the best in all sporting activities for 1991, and perhaps a little more goodwill.

Finally, although a little out of our valley, the football season had the greatest climax for 32 years, when our favourite team Collingwood, finally buried the 'Colliewobble disease' and silenced the critics with a truly magnificent victory. A mighty effort.

(This report was compiled and written by Eric Bean)

CLASSIFIEDS

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PEAKES BUS SERVICE ... ST. MARYS. BICHENO...SWANSEA...PASSENGERS. PARCELS AND PAPER. Phone 722390.

DEADLINE FOR VALLEY VOICE ARTICLES ... MONDAY BEFORE PUBLICATION.

FOR SALE: 2 single bed mattresses \$30 each. 1 motorbike helmet \$20. Phone 722311

FOR SALE: 4 berth, 16ft Franklin (Arrow) caravan with annex with wooden floor, gas/elec. fridge, gas oven. \$3,9500.n.o. Ph. 722481

FOR SALE: Five piece wooden outdoor setting \$25. H.M.V. 22inch T.V. in going order \$50. Cassette player \$10. 'Daddy Cool' Eskie \$10. All in good order. S. Targett 722 344

FOR SALE: 14ft fibre glass ½ cabin runabout with fold down top, 50h.p. Mercury, boat trailer with mags, excellent condition, \$3,600. Phone 722 173

Slide on camper, fits FOR SALE: any flat tray, sleeps 4, two burner gas stove with grill, five way fridge \$4,500 o.n.o. Phone 722 485

SCOTT'S NEWSAGENCY ST MARYS

Great gifts for the hobbyist:

YATES GARDEN GUIDE, FISHING, SURFING, WOODWORK, HUNTING, GOLF AND COMPUTER MAGAZINES.

Reading with a difference:

SHOOTING FROM THE LIP (Lou Richards) MERV (Merv Hughes) PUZZLE A PYTHON (Max Walker) A SHAW THING (A Magpie must by Tony Shaw)
BORDER'S HEROS (Ashes Triumph) * * * *

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1 X Amstrad CPC 464 computer with monitor and games \$300 Phone 72 5430

IAN HOLLINGSWORTH

REGISTERED DENTAL MECHANIC WILL BE VISITING ST. MARYS ON FRIDAT

14 th DECEMBER

10.00am - 12 hook or plione 768253; FOR SEVEN DAY A WEEK APPOINTMENTS AT 36 TRELOGUEN DRIVE; BINALOND, BA

RANSLEY'S

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41 QUAIL ST ST. HELENS, PH: 761811

HAT'S ON

SALVATION ARMY ST. MARYS. Christmas Cheer Vouchers. Please note any needy family requiring assistance please write or contact Envoy A. Betts. P.O. Box 147 St.Marys. Tas. 7215 or phone 722352.

The Empty Christmas Tree has been erected in Holy Trinity St. Marys and we are appealing for gifts to Clarendon Children's Home and Glenview Home for the Ageing. Gifts for Clarendon are for children OVER THE AGE OF 5. Please mark your gifts BOY or GIRL.

Glenview either LADY or GENT. Thank you for your thoughtfulness and charity.

Alteration to Church Service for Cornwall during daylight savings. 2nd Sunday in the month 7pm not 3pm.

FINGAL RIFLE CLUB NEWS.

The Fingal R ifle Club held the 1st stage of their club championships over 300, 500 and 600 yards. Although conditions were tricky with constant wind changes. Viv Ward still managed to score a possible at 300 yards.

Results: B. Izard 101.4 leading from K. Cowie 100.5, P. Donnellan 100.3, Miss A. Mellows 99.7, Miss D. Moore 99.5, C. Izard 97.3, Viv :Ward 96.3, C.Smart 95.3, J.Gillies G.Hayes (18) 95.3, M.Spilsbury 94.5, C.Woods 87.5 Ttrvor Viney (10) (new shooter), N. White 87.2,

D.Nickson 85.2.

PISTOL CLUB: - The Fingal Pistol Club has been formed and shooting will commence soon. Any queries contact C. Wright.

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> Call in and see Bruce -TODAY.

SALE

CORNWALL

MAZZ AND GREG ROBERTS SATURDAY 15th AND SUNDAY 16th DECEMBER.

10am till 6pm

ITEMS INCLUDE:

Furniture, Stereo, kitchen and glass ware, books, bric a brac, 100's of records, and lots of other items.

GREAT OPPORTUNITY FOR THOSE LAST MINUTE CHRISTMAS GIFTS.

FROM.

GOLF NOTES CONT. FROM PAGE 5 D. Viney (19)56 Putting T. Viney 27 putts Nearest Pin 5th T. Viney.

ST.MARYS

TA

PHONE 722 441

THERE IS A GREAT RANGE. OF SUMMER GARMENTS

> GREAT PRICES TO CHOOSE GREAT CHRISTMAS AND

> > HOLIDAY FASHIONS.

MATCHING SETS LOVELY FABRICS IN

> ATBUDGET PRICES.



CHURCH NEWS

FINGAL-PORTLAND UNITING CHURCH

Parish Services

Week 2 3 4 5 Fingal 9.00 9.00 9.00 St Marys 11.00 11.00 11.00 Scamander 11.00 9.00 9.00 9.00 7.00 St Helens 7.00 7.00 7.00 7.00

Sunday School

Fingal 9.30am

Kuca Clubs (weekday Sunday School) (after school)

Scamander & St Helens - St Marys -

- Monday - Thursday

Parish Youth Group ring 725 139 or 761 141

ALL WELCOME

Phone 725 139

THE ANGLICAN PARISH OF ST HELENS

St Pauls Church

8.00am) Every Sunday 9.30pm) Every Sunday

7.00pm 1st, 3rd, & 5th Sundays

Sunday School

3.30pm Mondays

Pyengana

11.15am 2nd Sunday 7.30pm 4th Wednesday

Falmouth

9.45am 1st & 3rd Sundays Scamander (Home for Tea) 10.30am 4th Tuesday

ANGLICAN PARISH OF FINGAL VALLEY

First Sunday of Month Fingal 8.45am FS St marys 10.45am FS Avoca 7.00pm HC Second Sunday of Month Fingal 8.45am HC Avoca 10.45am FS St Marys 10.45am FS Cornwall 7.00pm HC Third Sunday of Month Fingal FS 8.45am St Marys 10.45am HC Mangana 3.00pm HÇ Avoca 7.00pm HC Fourth Sunday of Month Fingal 8.45am HC St Marvs HC 10.45am Mathina 3.00pm HC Avoca 7.00pm EP Fifth Sunday of Month Fingal 8.45am HC St Marys 10.45am HC 7.00pm Avoca HC Rev'd David Le Rossignol Fingal 742119

SALVATION ARMY

Sunday School

9.45am Salvation Army - St Marys

Church Services

11.00am 1st and 3rd Sunday - St Marys 2.15pm 2nd & 4th Sunday - Cottage Service 2.15pm 5th Sunday - Cottage Service

Womene Meeting

11.00am Tuesday - An hour of Fellow

ship for all women

ENVOY & MRS BETTS

♦ CATHOLIC PARISH OF ST MARYS

FIRST SUNDAY OF THE MONTH

St Helens Sat. Vigil Mass 6.00pm
St Marys Sunday Mass 9.00am
Fingal Sunday Mass 10.30am
Bicheno Sunday Mass 4.00pm
SECOND SUNDAY OF THE MONTH
St Helens Sat. Vigil Mass 6.00pm

St Marys Sunday Mass 9.00am
Bicheno Sunday Mass 4.00pm

THIRD SUNDAY OF THE MONTH

St Helens Sat. Vigil Mass 6.00pm St Marys Sunday Mass 9.00am Fingal Sunday Mass 10.30am Bicheno Sunday Mass 4.00pm

FOURTH SUNDAY OF THE MONTH

St Helens Sat. Vigil Mass 6.00pm
St Marys Sunday Mass 9.00am
Bicheno Sunday Mass 4.00pm
Swansea Sunday Mass 6.00pm
FIFTH SUNDAY OF THE MONTH

St Helens Sat. Vigil Mass 6.00pm St Marys Sunday Mass 9.00am Bicheno Sunday Mass 4.00pm

PRIEST: PAUL CONNOLLY ST MARYS PHONE (003) 722 25

SEVENTH DAY ADVENTIST

Hodgman Street, Scamander

Sabbath School 10.00am Divine Service 11.00am

FOR

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SPORT

GOLF NOTES by Tee Up

Well the Club held the Annual Dinner for the year when all Championships Trophies and others are given out. The Dinner was delightful and the Catering Ladies are to be commended. And what an occassion for Todd Summers to recieve the Jim Brennan Memorial Trophy with his partner Kath Wright. Todd is only 13 years of age and is an accomplished golfer. They carded a 66 nett. Well done both of you. Other Trophies presented were Member A Grade Champion- S. Dawson, Member B Grade Champion- L. Cook Member C Grade Champion- P. Child Junior Champion- J. Newman B Grade Handicap- S. Aulich C Grade Handicap - P. Child A Grade Handicap - S. Dawson Mr George Shaw helped in the distribution of the Championship Trophies and Mr Michael Polley helped in the presentation of Matchplay winners. Members Stroke Average - S. Dawson Members Handicap Average - J. Newman Members Consistency Average - R. McGiveron Matchplay

A Grade - S. Dawson B Grade - R.Costain C Grade - P. Child Runner up A Grade - J. Newman Runner up B Grade - G .Little Runner up C Grade - J. Haas Mixed Foursome Scratch -S. Dawson and M. Cook. Mixed Foursome Handicap -C. Hayes and M. King. Mens Foursome Scratch -S. Dawson and K. Howe. Mens Foursome Handicap -P. Davern and G. King. Our old campaigner Steven was a very happy man because he would need all the back seat of the car to transport the trophies. Congratulations Steven. Associates Championship Trophies A Grade - M. Cook B Grade - K. Blair C Grade - M. Nolan Handicap - M. Nolan Associates Foursome Scratch -M. Cook and K. Blair. Associates Foursome Handicap -Y. Davern and C. McGee. Associates Foursome Scratch R/up -Y. Davern and C. McGee. ssociates Foursome Handicap R/up -M.King and H. Hayes.



The veterans are still strongly represented no matter where played. The last one at Swansea saw, J. Stephens win the A Grade with 42 pts, J.Bown with the B Grade with 40 pts. C. Turner with the C Grade with 37 pts.
1st 9 holes V.Sims 23 pts 2nd 9 holes F.Singline 21pts Nearest pin veterans A. McCarthy. Visitors C.Lyne 41 pts Nearest pin visitors G.Little Next Veterans Golf Day Malahide 20th December. The Chicken Run is progressing well and winners for 'past two or three starts are: G. Hayes, S. Davis, G. Hayes. Members Stroke: D. Summers (10) nett on C/B R. McGiveron (6) 66 (20)N. Wallace 69 R.Field (10)69 Nearest Pin K. Burgess- Watson and the other couples that finished well in the Jim Brennan Memorial Trophy were:

J.Hayes and M.King (25½) 68½

R.Field and L.Clayton (23) 69

R.Spilsbury & V.Davern (22) 70

Nearest Pin- L.Clayton and

R.Field.

BANKING OMBUDSMAN by

Senator John Watson

People who are experiencing difficulties with the banking industry now have a Banking Ombudsman who can independently investigate complaints.

Mr Graham McDon ald has been appointed to this position which should enable everyone to have access to a quick, free and effective means of resolving

disputes with banks. 4

Mr McDonald was selected by a council comprising three banking industry representatives, three consumer representatives and chaired by former Governor—General, Sir Ninian Stephen. He will provide an independent, free and accessible mechanism for resolving claims up to \$100,000.

resolving claims up to \$100,000.

Bank clients should endeavour to settle any dispute with the bank concerned, however, if this fails then the consumer will have access to the Ombudsman who will investigate the problem and adjudicate. It should be noted that only claims since 10th May 1989 which have NOT been subject of court action by the bank can be pursued.

The Ombudsman's decision will be binding on banks, but consumers who are dis-satisfied with the decision will be able

to take legal action.

The four major banks and most members of the Australian Bankers' Association have agreed to be covered by the Banking Ombudsman Scheme. However, State Banks covered by the State Ombusdman are not at present participating.

The telephone number for the Banking Ombudsman is (008) 337444 and formal complaints can be lodged in writing to: Australian Banking Industry

Ombudsman
P O Box 1999
CARLTON VIC. 3053

CHRISTMAS IN ST. MARYS.

BE SURE TO JOIN IN THE FUN FIRDAY 21st DECEMBER.

People who wish to enter contact these people:

FLOATS- Steven Salter, John McGiveron

DECORATED BIKES- Margarete White TUG OF WAR- Karen Saunders, Steven Salter.

TREASURE HUNT- Karen Saunders
BUSKERS - All welcome on the
day.

LOTS OF GIVE AWAYS

CHILDRENS PARTY

LIVE MUSIC COMFORTABLY NUMB

TUG OF WAR

COME ONE COME ALL!!!!!!

3484~GK的大学大学大学大学大学

THANKYOU

Envoy Betts, Janine and Narelle of St. Marys, wish to thank everyone who helped in many ways with their prayers and practical assistance while Mrs Betts is recovering in Launceston General Hospital, and progressing well from a recent stroke.

GOD BLESS YOU ALL.

THANKYOU

I wish to thank Red Cross bus drivers, Sisters, Nurses and staff at St. Marys Hospital, Dr Geniola, for all the help, care and kindness, they gave to my late Uncle Les.

JUDY AND MAX ELLIS.

St. Marys District High School

OPEN DAY - 14th DECEMBER



All parents and community members are welcome to attend this year's Open Day which will have a slightly different format.

This year, work from the whole school will be displayed in the hall, class-rooms in Block 1 and the Manual Arts building.

The theme for visual art work will be 'Drawing for Learning' and will include work from Kindergarten to Grade 12. In our displays of Language, Mathematics, Science, Manual Arts, Home Economics and Information Technology we hope to show the development from Kindergarten to Grade 12.

The display will open at 12.00 noon. A whole school assembly will be held in the gymnasium starting at 1.45. At this assembly we hope to share with parents some items which are typical of activities students have been involved in throughout the year.

If parents would like their children to accompany them around the display, they may collect them from their class. Students will get to view the display with their class teacher.

SCHOOL DENTAL CLINIC

Amanda Johnson, the dental therapist, is at the school until the end of the year and would like to see any children with any problems. A reminder that any Grade 10's for 1990 will still be treated.

Contact the Clinic on 72 2488. The Clinic will be closed from 19.12.90 21.1.91.

TASMANIAN CERTIFICATE OF EDUCATION

The TCE is designed to meet the needs of Tasmanians into the nineties and beyond.

It encourages students to be well prepared for work, further education and adult life.

The TCE allows for flexibility and breadth by providing a wide range of subject choices.

A wide range of experienced teachers have assisted the Schools Board with the development of the TCE.

The TCE will show a student's achievements, from Year 9 until they leave school, on a single certificate.

The TCE program covers Year 9 to Year 12.

Students will be encouraged to reach high standards by setting realistic and challenging goals.

The assessment for some subjects designed for Years 11 and 12 includes examinations for all students studying the subject. These are set and marked by an independent examining body.

Assessment for the TCE will provide a broader picture of a student's achievements.

Students will be assessed by measuring how well they have reached certain standards or criteria, rather than by comparing them to each other.

The criteria for assessment will be stated in the syllabuses for each subject so that students can know beforehand what they have to do to get an award.

A sample certificate is shown on the next page.

Date of issue

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THIS SECTION OF OUR PAPER IS SPONS-ORED BY GEOFF AND MARGARETE WHITE

WE INVITE READERS TO SHARE THEIR FAVOURITE RECUPES.

OLDE FASHIONED CHRISTMAS PUDDING

11b each butter, sugar, raisins, sultanas, and fresh breadcrumbs. #1b each dates, plain flour, mixed peel and almonds.

teaspoon each nutmeg and cinnamon.

the grated rind and juice of 1 orange.

1 small teaspoon of carb soda, pinch of salt and 8 eggs.

Cream butter and sugar, add beaten eggs gradually with the sifted dry ingredients. Add breadcrumbs and the rest of ingredients. Boil in a prepared cloth for 7 hours. Mixture can be divided into 3 or 4 smaller puddings and boiling time adjusted accordingly.

JELLY SLICE

Base ½ lb biscuits crushed 6 oz butter
Melt butter - add biscuits

Filling 1 can condensed milk
add ½ cup lemon juice and
2 heaped teaspoons gelatine
dissolved in three quarters
cup hot water.

Topping 1 packet rasp. jelly plus
1 teaspoon gelatine dissolved in 1 cup hot water then
add 1 cup cold water.

Make biscuit base. Press into a slice tin. Then spread on the filling evenly. Leave about 5 minutes and then add partly set jelly. Spread evenly and leave to set. When set, cut into squares. Recipes contributed by:

Ingrid Mitchell.

HELPFUL HINTS

ALUMINIUM (pots and pans) Burnt-on food: Fill pan with water. Boil. Scrape with wooden spoon. Wash. General stains: Soak in solution 1 tablespoon/15ml borax to 1 pint/500ml hot water. Wash as usual. Stubborn stains: Simmer strong solution of cream of tartar or vinegar for 20 minutes. Wash. Teapots: General stains: Fill with water and 2 teaspoons/10ml borax. Leave 2 hours. Wash. NEVER put coloured aluminium in dish-washer. Never treat non-stick or mirror-finishes with abrasive cleaners or sharp implements. Never use washing soda. Never store food in aluminium. . ALWAYS clean with soap-filled pad rubbing in one direction only. Always rinse thoroughly.

PLEASE NOTE changes of CHURCH NEWS FOR SALVATION ARMY.

SUNDAY SCHOOL 9.45am Salvation Army St.Marys.

CHURCH SERVICES
2.15pm Sundays St.Marys.

WOMENS MEETING
11am Home League an
Hour of fellowship.

Envoy and Mrs. A. Betts Phone 722352.

W LOCKETT&SONS

FUNERAL DIRECTORS-

CAMPBELL TOWN

Enquiries may be directed through:

Mr D. Casboult ST.MARYS

722383

or

Mr T. Pears
CAMPBELL TOWN 811167
BRUCE DAVIDSON - FUNERAL
DIRECTOR.

EDDY, HAWORTH CHARTERED ACCOUNTANTS

Cecilia Street, St. Helens.
Main Street, St. Marys.

PHONE: St. Helens 76 1707,

St.Marys 72 2172,

Launceston 31 8866.

We extend our Best Wishes for a MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL.

We advise that our St. Helens and St. Marys OFFICES WILL BE CLOSED following our visit on Friday, 14th December and will reopen on Friday 18th January 1991.

Should circumstances occur which require urgent consultation over this period, assistance can be arranged by ringing our Launceston office on 31 8866 (8.30an to 5 pm) office closed from 21st December 1990, re-opening on Wednesday 2nd January, 1991.

CLASSIFIEDS CONT!

SALE....SATURDAY 8th and SUNDAY 9th DECEMBER.
RON GILLIES - Phone 722410
2 Frank street, St. Marys
Old kitchen Dresser and TopGood order, Old Leadlight
Kitchen Cabinet- good order,
Old chairs, Bentwood Chairs,
Meat Safe, Single Beds,
Rocking Horse, Milk Cans,
2 Four Panel Doors, Wooden
Windows, Treadle Sewing
Machine, A1 condition,
Old Wooden Tables, Wooden
Fire Surround, Wood Bench,
Two Motors-okay, Tools,
Old tins, Bottles.
Lots of other articles.

FEDERAL GOVERNMENT'S NEW TRAINING TAX

As from the 1st July, 1990 a 1% Training Guarantee Levy will be payable on payrolls exceeding \$200000 unless the levy can be offset with eligible training expenditure. The eligible training expenditure will require formal accreditation. Any levy payable is due by the 30th September, 1991 and will not be deductible for income tax purposes.

The justness of the imposition of a further financial burdon on business is irrelevant as the Training Tax has now been legislated and is to be administered by the Taxation Department. Any business with group wages in excess of \$200000 must now plan to introduce into their business operations training which will be eligible to offset the levy. Whereas the levy is not deductible for income tax purposes, the cost of training undertaken by the business will be tax deductible. The training expenditure need not relate directly to the business employees but so long as it relates to training, for example donation to an education building fund, the cost will be eligible.

Areas of training expenditure which could be considered as eligible (subject to formal accreditation) are as follows:

- 1. Spending on eligible training programs.
- 2. Deemed expenditure:
 - * on apprentices and ATS trainees; and
 - * on trainees under other approved entry-level training arrangements.
- Payments to enable others to provide eligible training or the activities directly related to eligible training.

Spending is related to eligible training if it involves:-

- * determining the need for eligible training;
- * preparing and reviewing training plans;
- * developing and evaluating, as well as providing and administering, eligible training; and
- accounting and information systems for eligible training.

More specifically it can include:-

- * wages of the person during training;
- * expenditure on meals, accommodation and childcare while the person is being trained;
- * payments for travel to let the person participate;
- * the payment of fees and contributions for HECS;
- * the cost of consumables and materials used for training;
- * building expenses for the whole or part of a building used for training activities;
- * capital expenditure for training;
- * rent for training facilities; and
- * hiring or leasing of equipment for training.

Providing sufficient monies have been spent on training there is no requirement to lodge a Training Guarantee Statement to the Taxation Office. However, adequate records must be kept by the business as proof. These records

- * your annual national payroll amount;
- * your net eligible training expenditure:
- * your liability (if any) of the training shortfall; and
- records of your training programs.

Funds collected under the levy are to be used to establish a trust fund for the purpose of increasing training in the Australian workforce. It is envisaged that the level of training will be lifted to 1.5% in 1992/93 financial year. Now is the time to plan not after the 30th June when the year has passed.

NORTHERN REGIONAL HOSPITAL ST. MARYS DISTRICT HOSPITAL

The St. Marys District Hospital provides 19 beds, which at present are broken up into Acute, Nursing Home, Respite and Hostel beds. It is the Mission of the St. Marys District Hospital to provide the best possible Health Care Services and Resources for the people of the community and to provide a High Quality Setting for

this purpose. It provides each client with an individualised plan of care, in regard to their needs, in a safe and comfortable environment that allows the client and family to feel that their Emotional, Physical and Medical needs

are being met.

St. Marys District Hospital provides and promotes Continuing Education through In-service Education, Research Projects and Client Care Conferences, at the same time providing Quality of Health Care.

The Hospital provides the Aged and Sick with the Dignity, Respect and Privacy to which they are entitled.

St. Marys District Hospital services the Community with:

A DAY CARE CENTRE: Providing the Clients with various services; Bath, Dinner, Occupational

Therapy - including activities such as Games (bingo), Music, Arts and Crafts. It also provides a social outing for the Community's Elderly and Disabled, with the assistance of the volunteer HACC Bus.

CASUALTY: 24 hour service, with backup service provided by the Medical Proactitioners and the Red Cross Ambulance. Nursing Staff assist in manning the Ambulance.

ADVISORY SERVICE: 24 hour service via the telephone or front door.

XRAY DEPARTMENT: Medical Practitioners assist.

RAILWAY STATION

COTTAGE NURSERY

ST. MARYS

PLANT SALE starts INDOOR MONDAY DECEMBER 10th.

We must clear all indoors to make way for Christmas stock.

Call in soon and pick up a bargain or lay-by a Christmas Basket.

Lots of other gift ideas too!

We're open Mon - Fri.

9.30 - 4.30 pmand Saturday Mornings (until Christmas)

9.30 - 12.30pm.

PHARMACEUTICAL: 24 hour service through Doctor's Scripts.

KITCHEN: Fresh Home Made

Cooking.

Meals on Wheels -26 in the Fingal

Municipality.

LAUNDRY: Hospital and Patient

laundry.

MORTUARY: Assisting Families

in their time of bereavement.

ST.MARYS DISTRICT HOSPITAL:

Residence for:

Child Health Dental Mechanic Optometrist Community Health Podiatrist: Ante-Natal Clinic Educational Lectures Physiotherapy

St. Marys District Hospital Provides a training Centre for TSIT Students, also Homehelp Care Attendants prior to: discharging of Clients, have also given generous donations-over the year.

Continued on Page 13

JOHN WATSON MEDIA RELEASE 3rd December, 1990.

PENSIONER INTEREST RATE UNDER REVIEW.

Senator John Watson (Lib., Tas) today welcomed the announcement by the Federal Government that they would review the budget decision to assess interest on pensioners' investments at 10 per cent.

The review, to be completed by early February, will recommend whether the so-called "deeming" of interest should be cut from 10 percent. A decrease in the rate is supported by Senator Watson who said that, "many pemsioners have been confused by this A.S. matter since its announcement." "Given that the official interest rate has been cut by 1% already since the budget and are rumoured to be cut again before Christmas earning 10% on investments is no longer easily achieved." "The so-called "deeming" provisions are due to take effect from March 1." "Under the Budget measure, pensioners' savings above \$2000 would be assessed as earning interest of 10 percent." "All pensioners who were receiving a Pensioner Health Card on August 21, 1990 will continue to receive the Health Card benefit even though the reinvestment of their monies causes extra income."

FOR FURTHER INFORMATION CONTACT: (06) 277685.

FINGAL RIFLE CLUB NEWS CONT. from page 3.
The Fingal Rifle and Pistol Club are raffling a giant bottle of Dewars Whisky (45 litres). \$1 ticket or 3 for \$2. all club members have books.

ST MARYS SHOE STORE

Now able to supply Adidas,
Nike and Puma sports shoes
and boots - catalogues
available for ordering.
Plus, a good range of
Puma sports and basketball
socks now in stock.
Also, new stock of Blundstone workboots and gumboots.

PHYSIOTHERAPY: Monday and Thursday service to the community out-patients.

Service available seven days a week to the Hospital as needed, assisting in giving our Clients a Total Care Service.

Other areas serviced by the Physiotherapist are: Ante-Natal, Nursing Mothers and Children with coordination problems in Physical Education.

PSYCHOLOGIST: Monthly visits to Hospital and Community.

AREAS TO EXPAND CN:
Gynaecology Education and
service ie: 6 monthly check ups through Family Planning or St. Helens Doctor - Dr Bleaney (female) will visit St. Marys. Male Prostate checks Family Planning Diet Planning and Educationcommencing in the Hospital with inpatients. Abuse Drug and Alcohol Educating and Rehabilitation. Respite Disabled, ie: Quads, Paras, Stroke Patients, etc Family Crisis Service given to those needy - Accommodation post House Fire.

by Sophie Legge.

STARDUST

Week commencing December 6, 1990.

SAGITTARIUS November 23 - Dec.22

Others are interfering with your, plans, so you feel hemmed in and depressed, but don't worry things willas you will be able to steer a ¢hange.

Best Days: 6, 15.

CAPRICORN December 23 - Jan. 20

No-one could call you boring at the moment, you are full of fun, so have a great time while you can. Best Days: 13, 18.

AQUARIUS January 21 - Feb. 19 Now is the time to patch up differences you have had with someone or you may regret it otherwise. Best Days: 8, 14.

PISCES February 20 - March 20 Now is the time to be realistic as those secret hopes could turn out to be empty daydreams. Best Days: 9, 15.

<u>ARIES</u> March 21 - April 20

You are really on the ball, making you great fun to be with, so there will be plenty of invites. Best Days: 7, 19.

TAURUS April 21 - May 21

Brace yourself for setbacks. You're feeling extravagant, and you have the perfect excuse to overspend. Best Days: 10, 19.

GEMINI May 22 - June 21

You should follow your hunches where your lovelife is concerned romance in the right direction. Best Days: 6, 7.

CANCER June 22 - July 23

There is a lot of work to be done before you can relax and enjoy yourself. So get moving. Best Days: 11, 17.

LEO July 24 - August 23 Planning ahead means you're free to socialise more, so you had. better get things moving. Best Days: 12, 16.

<u>VIRGO</u> August 24 - September 23 Your social life seems disappointing and you are short-tempered with your friends, but things will get better. Best Days: 9, 10.

LIBRA September 24 - October 23 You may be shaken by some strange news, or you may be told some home truths. Best Days: 14, 18.

SCORPIO October 24 - November 22 You're getting on well with your family and you are trying hard to keep life peaceful at the moment. Best Days: 13, 17.

MEALS ON WHEELS

Sunday 9 Monday 10 Tuesday 11 Wednesday12 Thursday 13 Sunday 16 Monday 17 Tuesday 18 Wednesday19	ST. MARYS J. Faulkner G. Gamble W. Haas L. Gill P. Berwick R and D Ward D. Barnes K. Nailer G. Oliver	FINGAL B. Yates S. Parker J. Hall J. Marshall R. Crockett R. Smith K. Sutton G. McPhedran K. Cooke	MATHINNA K. Turner C. Scott M. Ellis C. Webb I. Hardman K. Turner C. Scott M. Ellis C. Webb	MANGANA Not Available
Thursday 20	S. Britton	K. Cooke P. Rawlings	C. Webb I. Hardman	

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