THE VALLEY AND EAST COAST VOICE

NO. 15 EST 1968

VOL. 23

NOVEMBER 23, 1990

Summer holidays are the time when we 'get wet again'. Swimming pools beaches, rivers and lakes are crowded with families enjoying Australia's Survival scull and tread water. wonderful weather and beautiful waterways.

But it's also a time when risks increase. Activities in, on or near the water can be great fun, especially when we remember our

Aquacode is a simple code of rules developed by The Royal Life Saving Society -Australia, with the support of Esso Australia Ltd and the Commonwealth Government, to help

protect young children.

As your child grows and explores new things in, on, or around the water there are four parental responsibilities to remember:

Supervision: your child expects and

respects this.

Water Safety: your child should understand the precautions and behaviour required when on, in, or near water.

Swimming skills: your child needs to have developed efficient stroke techniques for sport and recreation. Survival skills: your child should understand how to act in an emergency clothing may help. Resuscitation: Tragically, Australia has one of the highest drowning tolls in the world. As a mobile, affluent society with a great choice of recreational activities it seems sensible that all adults should be able to help in the case of an

emergency. Ambulance and police officers, paramedics and medical staff all agree that if a person at the site of an accident or possible drowning could perform simple expired air resuscitation (EAR) techniques, 50% of deaths could be prevented.

It is important that children are taught to swim by a trained instructor, but parents can assist by checking if their child can do the following:

Enter the water properly: slide in;

steo in; jump; dive.

Get out of the water correctly: using steps; by themselves; with a

Surface dive -head first; feet first. Breaststroke; sidestroke; survival

backstroke.

Tell and show you how they would respond if they accidently fell in

to deep water.

Tell and show you how they would help someone in trouble in the water: reach; throw; wade; run (to get help).

Aquacode rule number 1: You should always go swimming

together.

If you get into trouble then the other person may be able to help or go for help.

Aquacode rule number 2:

Float and wave.

If you get into trouble while swimming, always roll onto your back and float and wave your hand. Aquacode rule number 3: Reach to rescue.

If you see someone in difficulty, send someone for help then try to reach that person by not leaving the bank. A branch or article of

If you are on a river bank you should always check if the water is deep enough and free from sub-

merged obstacles before you dive in.
If you are going out in a boat you should always learn the required skills and make sure you are wearing the correct safety equipment such as a lifejacket or Personal Flotation device.

Around the home pool you should never run around the edge, chasing The pool should be friends. fenced and the gate securely locked at all times. Always be considerate of others and safety aware for yourself. Never push another in the water.

Make this a safe and happy summer for your family. simple rules and lessons could save a life.

CLASSIFIEDS

REDLINE COACHES....Deliver this paper quickly and efficiently. Statewide passenger and parcel service. Phone 722143.

PEAKES BUS SERVICE...ST.MARYS.... BICHENO...SWANSEA...PASSENGERS... PARCELS AND PAPER. Phone 722390.

DEADLINE FOR VALLEY VOICE ARTICLES ... MONDAY BEFORE PUBLICATION.

WANTED TO BUY...Small quantity of secondhand weatherboards. Phone M.Wright 722337.

FOR SALE

12" BIKE b or g, red and vellow \$45. TODDLERS first 2 wheeler . \$20. CHILDS p.v.c. paddle pool CAMERA - YASHICA MG 1 with electronic flash, value \$400 sell \$120. WOK SET: 8 piece \$15.
-FOOD PROCESSOR - non electric,
7 attachments \$45. BISCUIT GUN; press 6 attach-ments \$15. T.V. ANTENNA \$20. YAMAHA superio recorder-B \$15. ITALIAN ORIGINAL: Ladies after 5 two piece Value \$400, \$120. Sell OFFERS CONSIDERED ALL Phone 722580.

SCOTT'S NEWSAGENCY ST MARYS

GREAT GIFT * The Movie - NINJA (ex-rental \$20 or new \$29.95)

NOVEMBER VIDEO RELEASES: Steel Magnolias, Ghost Busters 2, Born on the Fourth of July, Christmas Vacation (Chevy Chase).

December viewing will include: Milo and Otis, Look who's Talking and Pretty Woman.

NEWSAGENCY * MILK BAR * BUS DEPOT OPEN 7 DAYS A WEEK

RICHARDS HOME FURNISHERS

For all your home furnishings 67 CECILIA ST, ST HELENS PHONE 76 1147

IF YOU ARE LOOKING FOR SOMETHING BEAUTIFUL, YOU WILL ENJOY BROWSING THROUGH OUR SHOWROOM.



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- Carpets :
- Furniture
- Blinds.
- Manchester
- Nursery
- Electrical

Quality and Personal Service Assured

SUNSHINE LAUNDRETTE NEXT DOOR .
Open 7 days a week with service attendant

FOR SALE....Nice laying and fat young ducks. \$5 each. Ph. 761741

FOR SALE....Girls bike. Mauve with purple trimmings. Suit 5 to 8 year old. Excellent order. \$80.00 Phone 722237

IAN HOLLINGSWORTH

REGISTERED DENTAL MECHANIC WILL BE VISITING ST. MARYS ON FRIDAY

7th DECEMBER

10.00am - 12 hoon or PHONE 768253, FOR SEVEN DAY A WEEK APPOINTMENTS AT 36 TRELOGUEN DRIVE, BINALONG BAK

RANSLEY'S.

APPLIANCE SERVICES.

LOCATED IN ST. HELENS BUT SERVICING



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EQUIPMENT.

WE ARE AUTHORISED SERVICE AGENTS FOR SIMPSON, KELVINATOR AND WESTINGHOUSE.

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41 QUAIL ST. ST. HELENS, PH: 761811

WHAT'S ON

GARAGE SALE
"CRAY DROP IN"
(Iron House Pt via Falmouth)

Saturday November 24th.

10am Till 4pm

Household items etc.
Also some building
materials including
MARBLE SLABS.

Catholic Church Street Stall Friday November 23rd St.Marys Hotel Corner 10am.

Pasties, cakes, sweets etc.
<u>Raffle</u> 1. Steam and Dry Iron

2. Doll

3. Pair of Sheets

The Freedom from Hunger,
Bread and Cheese luncheon held
at St.Marys (presbytery) in
October resulted in \$274.60.
which was forwarded to the
campaign headquarters.
Anyone who missed contributing
could send their donation
direct to Mr Ike Naqui,
State Director, 4 Battery Square.
Battery Point.
The next Bread and Cheese will be
at Fingal on Wednesday May 8th
1991 and Ike has promised
to be present.

Jack Miller Organiser.

FINGAL VALLEY NEIGHBOURHOOD HOUSE

Old Tasmania Hotel Centre, Fingal.

Tuesday 27th CAKE DECORATING-Kaye Turner \$4 lesson. Learn to decorate your Christmas cake. FINGAL 7 -9 pm Wednesday 28th Christmas

WE ARE A MILKBAR WITH "THE LOT"



TAKEAWAYS

Individing delicious Hombur

• Seasoned BBQ

PAGD 3 '

- Chickens

 Groceries
- Confectionery
 Hot and cold drinks
- and thick shakes
 Video Hire
 Balt, Film &
 Batteries, "Caltex
 Petro!"

OPEN 7 DAYS A

WEEK 8.30 am-8 pm GRAEME & JACKIE SMYLIE welcome you

MILKBAR & TAKEAWAY

MAIN ST, ST MARYS PAL, 72 2222

WE ARE AGENT FOR CENTURY MOTORS

WE CAN TAKE ORDERS NOW ON U.H.F. TAM 396 CHANNEL 6

Decs and Gifts Ctd. FINGAL 7 - 8.30.

FOUR MILE CREEK LANDCARE GROUP NOTICE OF MEETING AT FOUR MILE CREEK - SATURDAY DECEMBER 1st AT 10.00am Part of agenda.

Mr D. Llewellyn will be present to present funding cheque. Incorporation.

Appointment of Consultant.
Subscriptions and Membership.
Meeting dates and Group
fieldwork days to be discussed.
You are invited to come along,
be involved.

Andrew Hamilton Secretary

BLACK GOLD BOUTIQUE

ST. MARYS PHONE 722441

FOR A GIFT THAT'S DIFFERENT.

CANE BASKETS - ALL SHAPES AND SIZES.

CREATE YOUR OWN CHRISTMAS BASKET.

LADIES' AND MEN'S SUMMER GEAR.

LAY BY NOW

LAY BY NOW

Page 4 URCH NEWS

FINGAL-PORTLAND UNITING CHURCH

FINGAL-PORTLAND UNITING CHURCH	GAT WAR TON A PASSE
Parish Service	SALVATION ARMY
Week 1 2 3 4 5	Sunday School
Fingal 9.00 9.00 9.00	9.45am Salvation Army - St Marys
St Marys 11.00 11.00 11.00	Church Services
Scamander 11.00 9.00 9.00 9.00	11.00am 1st & 3rd Sundays - St Marys
St Helens 7.00 7.00 7.00 7.00 7.0	2.15pm 2nd & 4th Sundays - St Marys
Sunday School	2.15pm 5th Sunday - Cottage Service Womens Meeting
Fingal 9.30am	11.00am Tuesday - An hour of
Kuca Clubs (weekday Sunday School)	Fellowship for all
(after school)	women.
Scamander & St Helens - Monday	ENVOY & MRS BETTS
St Marys - Thursday	DATOL & MED DELLO
Parish Youth Group ring 725 139 or	No. 100 Aug. 200 200 200 200 200
761 141	CATHOLIC PARISH OF ST MARYS
ALL WELCOME	First Sunday of Month
Phone 725 139	St Helens Sat. Vigil Mass 6.00pm
	St Marys Sunday Mass 9.00am
THE ANGLICAN PARISH OF ST HELENS	Fingal Sunday Mass 10.30am Bicheno Sunday Mass 4.00pm
St Pauls Church	Bicheno Sunday Mass 4.00pm Second Sunday of Month
8.00am)	St Helens Sat. Vigil Mass 6.00pm
9.30pm Every Sunday	St Marys Sunday Mass 9.00am
7.00pm lst, 3rd, & 5th Sundays	Bicheno Sunday Mass 4.00pm
Sunday School	Third Sunday of Month
3.30pm Mondays	St Helens Sat. Vigil Mass 6.00pm
Pyengana 11.15am 2nd Sunday	St Marys Sunday Mass 9.00am
7.30pm 4th Wednesday	Fingal V Sunday Mass 10.30am Bicheno Sunday Mass 4.00pm
Falmouth	Bicheno Sunday Mass 4.00pm Fourth Sunday of Month
9.45am lst & 3rd Sundays	St Helens Sat. Vigil Mass 6.00pm
<u>Scamander</u> (Home for Tea)	St Marys Sunday Mass 9.00am
10.30am 4th Tuesday	Bicheno Sunday Mass 4.00pm
	Swansea Sunday Mass 6.00pm
ANGLICAN PARISH OF THE FINGAL VALLEY	Fifth Sunday of Month
First Sunday of Month	St Helens Sat. Vigil Mass 6.00pm
Fingal 8.45am FS	St Marys Sunday Mass 9.00am Bicheno Sunday Mass 4.00pm
St Marys 10.45am FS	A CODE
Avoca 7.00pm HC	PRIEST: FATHER PAUL CONNOLLY
Second Sunday of Month	ST MARYS 003 722 252
Fingal 8.45am HC Avoca 10.45am FS	CATALITATION OF THE PARTY OF TH
Avoca 10.45am FS St Marys 10.45am FS	SEVENTH DAY ADVENTIST
Cornwall 7.00pm HC	Hodgman Street, Scamander
Third Sunday of Month	Sabbath School 10.00am
Fingal 8.45am FS	Divine Service 11.00am
St Marys 10.45am HC	TOD
Mangana 3.00pm HC	FOR SINCERE DIGNIFIED PERSONAL
Avoca 7.00pm HC	
Fourth Sunday of Month	SERVICE
Fingal 8.45am HC	TO A TO THE TELEFORM OF CONTACT
St Marys 10.45am HC Mathinna 3.00pm HC	DARYL BAILEY & SONS
>. 00 pm 110	
Avoca 7.00pm EP Fifth Sunday of Month	AFDA
Fingal 8.45am HC	
St Marys 10.45am (HC	ANYWHERE ANYTIME
Avoca 7.00pm HC	Con untrue
	ST HELENS 76 1153
Rev'd David Le Rossignol Fingal 742113	
144117	

DIRECTORS

FUNERAL ...

SPORT

ST.MARYS GOLF NOTES by Tee Up.

On Dec. 1st the Golf Club holds the yearly dinner and for the use of the caterers, would like you to place your name on the Club Notice Board. This promises to be a Gala Event and if you are interested then place your name on the board. The yearly major trophies will be presented and the evening should be a very entertaining occasion. The Ladies have finished their competitions for the year but will commence summer Golf at a date to be fixed.

The Brodribb Trophy was played for recently and the gross was won by one of our Juniors and the nett also by a Junior, Well done Juniors John & Damien. GROSS: John Newman 70

K.B.Watson 72 R.McGiveron 72 T.Viney 74

NETT 59 61 Damien Viney (23) J.B. Watson (11)17) A.Haas 62 J.Newman (7)Nearest Pins 6th S. Wilmot 7th J.Furlow Isn't the handicapper going to have a busy time with those scores.

BOGEY (32) T.Blake 4 up D. Viney (20) up (26) 1 up S.Jansen T.Summer (32)1 up 5th D. Viney Nearest Pin 7th S.Jansen

MEMBERS FLAG A.Grade
K.B.Watson (12) 20th Green.
T.Viney (10) 20th Green.
B.Grade: B.Kellaway (21) 20th
Green, J.Haas (27) 20th Green.
Nearest Pins. M.Seymour 7th
2nd shot 9th S.Wilmot.

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Call in and see Bruce TODAY.

FOUR MILE CREEK LANDCARE:
A Community Planning to Protect
its Natural Resources.

For those that don't know Four Mile Creek it's a small settlement on the east coast between Scamander and Bicheno (just south of Falmouth). Earlier this year a landcare group was formed to rehabilitate and protect our small (about 5.000 ha) but developing catchment. We have problems. The immediate one is erosion which continues to fill Four Mile Creek with sediment (the creek itself, not the town!). Already the lower extent of the creek is attempting to spread laterally to compensate for the decreased depth. Stream banks are undercutting and require stabilization. Water holes are filled, which indicates that natural fish and stream life is suffering not to mention the swimming facilities. The reasons lie in past developments, particularly past forest harvesting, where the emphasis on land conservation was not as great as we would like it today.

(con't page 6)

CHRISTMAS FRUIT CAKE

(The best ever)

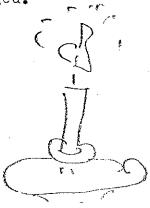
INGREDIENTS:

1 Cup Butter, 1 Cup Sugar, 4 large eggs, 1 Cup fruit, 1 tsp baking powder, lemon juice, 1 Cup Brown Sugar,

1 tsp baking soda, 1 or 2 quarts whisky and some nuts.

METHOD:

Before you start, sample the whisky to check the quality. Good isn't it? Now go ahead. Select a large mixing bowl, measuring cup etc. Check the whisky again as it must be just right. To be sure the whisky is of the highest quality pour 1 large glass and drink it as fast as you can. Repeat. an electric mexer, beat 1 cup of butter in a large fluffy bowl. Add 1 tsp of thugar and beat again. Meanwhile make sure the whisky is still of the highest quality by crying another tup. Repeat. Open second quart if necessary. Add 2 large leggs, 2 cups fried druit and beat till high. If druit gets stuck to the beaters, just lry it poose with a drewdriver. Sample the whisky again, checking for tonscisticity. Next . sift 3 cups of salt or anything. it doesn't really matter. Sample the shiky. Sift 1/2 pints lemon juice. Fold in chopped butter and stained nuts. Add 1 babblespoon of brown sugar, or whatever colour you can find and wix mel. Grease oven and turn cake pan to 120 degrees. Now pour everthing into the coven and be to ged.



SKIN

CANCER

AWARENESS

WEEK

REMEMBER

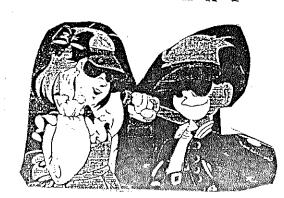
SLIP

SLOP

SLAP

COVER UP

WEAR A HAT



St. Marys District High School

"PERFORMANCE" APPRAISAL

A certain management consultancy review team was visiting a Departmental Agency to examine the efficiency and effectiveness of the workings of the superintendents The visit coincided with in charge. one of the concerts of the Tasmanian Symphony Orchestra to which the superintendent was in the habit of going. On this occasion, however, he was unable to attend and with his usual generosity gave his ticket to the leader of the review team who had never been to a symphony concert before. It was a Schubert concert and the main work that night Unfinished Symphony. Schubert's When he asked his visitor the following morning how he had enjoyed the concert, superintendent was surprised to be handed a type-written report:

- 1. For considerable periods the oboe players had nothing to do. The number should be reduced and their work should be more conveniently spread over the whole concert, thus eliminating peaks of activity.
- 2. All the 12 violins were playing identical notes. This seems unnecessary duplication. The staff of this section should be drastically cut, and if a large volume of sound is really required this could be obtained by means of an electronic amplifier.
- 3. Much effort was absorbed in the playing of demi-semiquavers. This seems to us excessive refinement and it is recommended that all notes be rounded up to the nearest semiquaver. If this were done it should be possible to use trainees and lower grade operators.
- 4. There seems to be too much repetition of some musical passages. No useful purpose is served by repeating with horns the passage that has already been handled by the strings. If all such redundant passages were eliminated, the whole concert time of two hours would have been reduced to 20 minutes and there would have been no need for an interval. If the composer had attended to these matters he would probably have been able to finish his symphony.

SOUTH OF THE MOUNTAIN CARNIVAL

That one day in November when the whole Fingal Valley comes to a standstill.

The South of the Mountain Athletics Carnival was once again held at St.Marys. With a track rating of good, runners eagerly anticipated the start of the program. The first races of the day, the 800m events were dominated by St. Marys competitors resplendent in their new Black and Gold uniforms.

The success of the 800m runners had an obvious effect on the rest of the team with competitors in the 100, 200, 400, 1500, Long Jump and Shot Put all performing admirably.

As usual our senior students continued to impress with their determination and desire to succeed. The pleasing aspect of this carnival was the performance of our juniors, ensuring I think a healthy future for St. Marys in years to come.

Although this carnival is regarded at St. Marys as being a team performance it would be remiss of me not to mention some of the fine individual highlights attained during the course of the day.

Firstly the performances of our 11 year old girls who won every race on the program in their age group.

The performances of Jess and Kate Baldini who shared the majority of first and second places in their events, and also made the commentators job a nightmare.

Harold Claridge who completely outclassed his rivals in the llyr group:

Kate Rawnsley's courageous effort in
winning the 1500m event:

Murray Louis and Andrea Gillies domination of the 9yr sprint races:

Scott Mason and Andrea McDonald's authority in the 10yr races:

Stuart Ireland's sensational time in the 800m event and

Sarah White's consistency in the Open Distance races.

Overall, a fine performance by a fine bunch of athletes. Well done, Team!

CRESAPPED!!!

D. Bain, P.E. <u>Teacher</u>.

PAGE 8 WHAT'S ON .

St. Marys District Hospital Aux.
CAROLS BY CANDLE LIGHT
will be held on December 16th in
the Community Grounds, St. Marys,
commencing at 8.30p.m.

St. Marys District Hospital Aux. next meeting Monday December 3rd at 7.30pm, Recreation Room.

Ladies, a plate for supper please.

- HEY KIDS DON'T FORGET TO WRITE A LETTER TO
SANTA C/- NORTH POLE.

The Lions Club of St. Marys is now taking orders for Christmas trees (pine) at a cost of \$5 per tree. Contact J. Brown 722 210 or any Lions member.

Congratulations to Sarah and Hannah Rubenach who, following their success in the recent A.C.A. State Convention held at Devonport, are now going to the National Convention in Sydney. Hannah also won the trophy in the arts and craft section and James was overall runnerup in the primary section. Andrew and Esther were also successful.

A home schooling open day will be held at the home of Beverley and Peter Rubenach on Friday November 30th from 1.30 to 3.00pm.

HAVE YOUR WILL

MADE BY

THE PUBLIC TRUST OFFICE

A Public Trust Office Solicitor will be available to provide information in Wills, Estates, Probate Costs and all related matters, and to assist you with preparation of Wills and Estate Administration at:

COUNCIL CHAMBERS

11th December, 1990
Tuesday morning. FINGAL

and

MAIN STREET

11th December, 1990
Tuesday afternoon.

For appointments phone LAUNCESTON (003) 322 241 or write to P.O. Box 414, Launceston or call at 5 Wellington St., Launceston.

Next meeting for the St. Marys
Christmas Parade and party
will be held at 7.30pm in the
hotel dining room on Tuesday
27th November.
Come along if you are interested
and able to contribute to help
make this day one to remember.

USEFULL HINTS

MOTHS

Moths tend to lay eggs in cotton, woollen and fur materials which will provide food for the larvae when they hatch. To avoid this, make sure all clothes, linen and fabrics are clean before you store them. Clean out cupboards and wardrobes occasionally and check for signs of moths.

*Wipe out clothes drawers with a solution of one part ammonia to five parts water.

- *Store quilts, curtains and clothes in sealed polythene bags in airtight containers.
- *Dried wormwood, tansy, lavender, whole cloves or cedar wood shavings among clothes deters moths. Place

them in gauze sachets and scatter through clothes.

- *Moth-proof blankets by melting a block of camphor in the final wash before storing.
- *Scatter dried orange peel through clothing.
- *Make up muslin bags containing 501 of black pepper, cinnamon, ground cloves and orrisroot (available from chemists and health food shops and place them throughout drawers.

PLANT PESTS

Control house plant pests by spraying plants with a solution of warm water containing hot pepper. Wash plants with soap and water, rinse thoroughly afterwards.

AVOCA

FOUR SQUARE STORE

ONLY 48km ON THE ESK HWY FROM ST.MARYS OR 24km FROM THE CONARA TURN OFF.

FOR ALL FOUR SQUARE WEEKLY SPECIALS

ICECREAM, CORDIAL, SWEETS,
SALAD ROLLS, TEA AND COFFEE
ALWAYS AVAILABLE. WE ALSO

STOCK "CAMPBELLTOWN BAKERY"

PIES AND PASTIES. SO

CALL IN AND FILL UP

WITH CHEAP PETROL AND

GET A FREE TICKET IN

THE RAFFLE FOR A B.M.X.

BIKE WITH EVERY \$20

WORTH OF PETROL SOLD.

OPEN SEVEN DAYS A WEEK

FROM 7.30am TILL LATE

WEEK DAYS AND 9.00am

TILL LATE SUNDAY

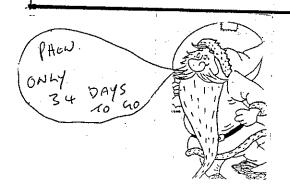
FOR YOUR CONVENIENCE WHY

NOT CALL IN AND SEE

STEVE OR ANNE AT THE

AVOCA FOUR SQUARE.

PHONE 842123.





LAND SURVEYORS Hamilton MacGregor have now established a new full time office in Bicheno at 57c Burgess Street. The office will be managed by Andrew Hamilton who is now living in Bicheno and will be continuing regular visits to St.Marys.

Phone 003 751401w 003 751359ah

IF EVERY ONE

If everyone who drives a car could lie a month in bed, With broken bones and stitched-up wounds, or fractures of the head,

And there endure the agonies that many people do, They'd never need preach safety any more to me or you.

If everyone could stand beside the bed of same close friend, And hear the doctor say 'no hope' before that fatal end, And see him there unconscious, never knowing what took place,

The laws and rules of traffic I am sure we'd soon embrace.

If everyone could meet the wife and children left behind, And step into the darkened home where once the sunlight shone,

And look upon the vacant chair where Daddy used to-sit, I'm sure each reckless driver would be forced to think a bit.

If everyone would realise pedestrians on the street, Have just as much the right-of-way as those upon the seat, And train their eyes for children who run recklessly at play, This steady toll of human lives would drop from day to day.

If everyone would check his car before he takes a trip, For tyres worn, loose steering wheels and brakes that fail to grip,

And pay attention to his lights while driving roads at night, Another score for safety could be chalked up in the fight.

If everyone who drives a car would heed the danger signs, Placed by the highway engineers who also marked the lines, To keep the traffic in the lane and give it proper space, The accidents we read about could not have taken place.

And last, if he who takes the wheel would say a little prayer, And keep in mind those in the car depending on his care, And make a yow and pledge himself to never take a chance, The great crusade for safety then would suddenly advance.

With the Compliments of A.A.M.I.

GARDEN COMPETITION SCAMANDER

Once again Mr. Les Hodge, judge of the Scamander and Districts Progress Association LongWeekend Garden Competition was very impressed at the over-all improvements of gardens in the area, since the competition began in 1988. He noticed the great number of new gardens being planted and worked at. He was also impressed with the potential of business areas to landscape their site and become a big feature of the town. Even small business have good lay-outs for development. Les suggested prize category for improved gardens and incentive awards. He was pleased to see many entries from further out-lying areas such as Beaumaris and South Scamander, which can be involved because the competition area covers from Upper Scamander to Reedy

Creek Rd, Beaumaris.
Nature strip improvement could be worked at. Les hoped people will keep the Competition in mind as an annual event and its aims of Beautification be worked towards next year and more people become involved.

This years winners were:

Best Nature Strip
J & M Button

Best Overall

A & V Bryant

Best Business Premises
A & S Rawnsley

Best 3 years or under
J & D Margison
Beaumaris

Best Holiday Home
J & J Baldwin

Best Vegetable
B Burns Beaumaris

Best Appearance from Road R & M Conlan

'Progress' congratulates all Winners and entrants for their enthusiasm and support in beautifing Scamander. Well done.

Competition entrants were very appreciative of the written comments which they received back from Les Hodge as these were constructive and praising. The morning tea held on Monday 5th Nov, to announce winners, was well attended with many new faces being there, giving all the opportunity to ask Les any questions about their gardening problems. Over-all a very productive, positive, and rewarding long-weekend.

EAST COAST SCHOOL OF DANCE

FIRST CONCERT AT ST. HELENS MEMORIAL HALL

SATURDAY 8th DECEMBER

7.30pm

Classical Section-"Four Seasons"

Jazz Scene - "Beaches"

Students performing this production come from the many outlying areas such as Rossarden, Avoca, Fingal, St. Marys and of course St. Helens.

There will be one

performance only.
Tickets available at door
from 6.50pm.
Adults \$5 Children \$3
Family Tickets \$13.



THE ST.MARYS AND DISTRICTS CHRISTMAS COMMITTEE.

The St.Marys & Districts Annual Christmas Party / Parade will be held this year on Friday 21st December.

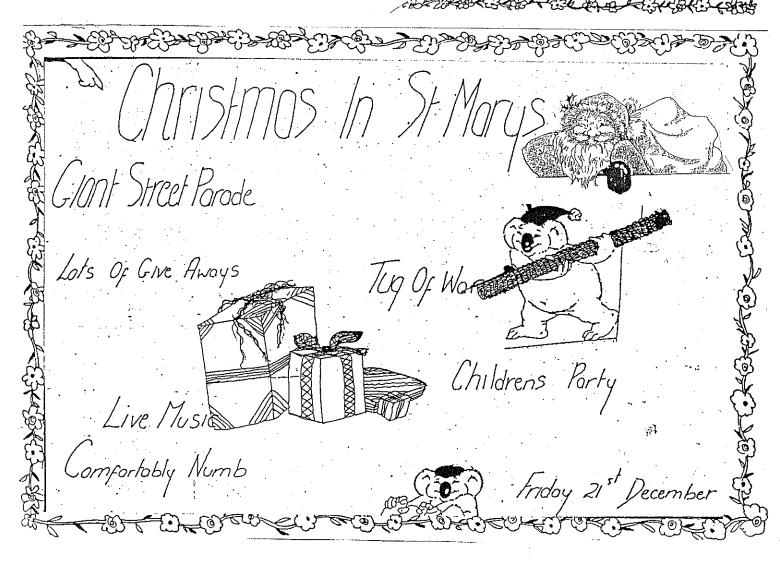
Will you or your Business, Club, or Organisation put some thought into supplying a float, unusual vehicle, boat,

vintage car, decorated bike, clowns or whatever, for the Christmas Parade.

We are hoping for an even bigger and better roll-up and involvement than last year.

Phone Stephen Salter 722387 or John McGiveron 722231.





STARDUST

week commencing November 22 1990;

SCORPIO October 24 - November 22 Your work will demand more of your abilities this week and business relationships will need to be cultivated carefully. Best Days: 24, 5.

SAGITTARIUS November 23 - Dec. 22
A romantic thread runs through this week. Singles, there could be encounters that trigger the start of a new relationship.

Best Days: 22, 30.

CAPRICORN December 23 - Jam. 20
It will be difficult to concentrate on one thing at a time, as there will be so many claims on your attention.
Best Days: 23, 2.

AQUARIUS January 21 - February 19
Facts will surface, giving you a
clearer picture of events. This
should help especially where other
people's behaviour is concerned.
Best Days: 25, 4.

PISCES February 20 - March 20 You will meet people from different walks of life, which you will find yery stimulating. Also a long overdue job needs attention. Best Days: 28, 5.

ARIES March 21 - April 20 Romantically, singles could find that more than one attractive possibility captures their interest in the coming week. Best Days: 24, 3. TAURUS April 21 - May 21
Emotional experiences will be the
hallmark of this week. A soul-

hallmark of this week. A soulsearching tendency may lead to fresh insights both of other people and yourself. Best Days: 29, 2.

GEMINI May 22 - June 21
Socially, there will be a variety of encounters this week, all of which will be very productive.
Best Days: 26, 27.

CANCER June 22 - July 23
Tasks and commitments in many areas will make this week hard work *- but very constructive.
Best Days: 22, 30

LEO July 24 - August 23
Through a social or personal experience, you will discover an intriguing new enviroment. Results in a creative endeavour should be spectacular.
Best Days: 23, 1.

VIRGO August 24 - September 23
There will be a striking development with a plan of special personal interest, which will send it soaring.
Best Days: 27, 4.

LIBRA September 24: - October 23

A commitment could be taken off
your hands. Contentious issues could
arise, though, putting you at
loggerheads with someone close.
Best Days: 25, 29.

MEALS ON WHEELS

			FINGAL	S!	r. Marys	3	MATHINNA	MAI	NGANA
Sunday	25	L.	Rubenach	B_{ullet}	Glatte	K.	Turner	\mathbf{L}_{ullet}	Rubenach
Monday	26	J.	McKenzie	S.	Targett		Scott		McKenzie
Tuesday	27	R_{ullet}	Miller		& S.Robinson				Miller
Wednesday	28	J,	Woods		Stewart	C.	Webb		Page 112 112 112 112 112 112 112 112 112 11
Thursday	29	H.	Mills	W.	Aulich	I.	Hardman	, H.	Mills
Sunday	2	P_{ullet}	Mills	K.	Faulkner			V. t	
Monday	3	V.	Woods	Μ.	King		Scott		
Tuesday	4	K.	Francis		Aulich	-			
Wednesday	5	Η.	Richardson	D.		C.	Webb		
Thursday	6	\mathbb{D}_{ullet}	Speers	J.	Schier	I.	Hardman		

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