

# THE VALLEY AND EAST COAST VOICE

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## "WHY JANUARY 26TH"

Accounts of the earliest discovery of Australia are little more than theories based on hazy speculation. There are mentions of a land called Terra Australis in maps dating from the Middle Ages, but the first real likeness to the continent appears on Cornelius Wytfliet's map of 1597.

The Dutch discovered Australia when the Dutch East India Company sent the Duyfken from Bantam, Java, to explore the coast of New Guinea. During March, 1606, The Duyfken sailed along the southern shores of New Guinea, and followed the west coast of Cape York Peninsula to Cape Turn Again.

Abel Tasman was the first European to be sent on a voyage specifically to explore the 'great south land'. In 1642 he sighted Tasmania and New Zealand. During his second voyage in 1644, he sailed round the Gulf of Carpentaria and down the north-west coast of Australia.

The English first reached Australia in 1688. Abel Tasman, one of a crew of traders turned buccaneers, is credited with the discovery. He visited Australia again in 1699, in command of HMS Roebuck, and later published an account of his experiences, including descriptions of the flora, fauna and natives he had observed.

In 1769 Lieutenant James Cook made his first voyage of discovery. He sailed in command of the Endeavour, accompanied by Sir Joseph Banks, the botanist, Dr Solander, the naturalist, Green, the astronomer and a number of draughtsmen. His aim was to observe the transit of Venus at Tahiti, and to ascertain the relationship of the parts of the southern land that had been discovered. He first proved that New Zealand was neither part of Australia, nor of the supposed Antarctic continent.

Cook sailed west and sighted the Australian mainland on 20th April, 1770. He named the place Point Hicks in honour of his first-lieutenant, the first member of the crew to see land.

Cook continued northwards, and on 29th April 1770, he discovered Botany Bay, where he landed. Cook then sailed in a northerly direction up the coast for nearly 1,300 miles until 11th June 1770, when the Endeavour was seriously damaged by striking a coral reef in the Trinity Bay area, near present day Cooktown. Repairs took nearly two months before the Endeavour could set her course to the north, to sail through Torres Strait and anchor finally at home in England in the Downs on 13th July, 1771.

In 1772 the British Government put Cook in command of the ships Resolution and Adventure, with a view to assessing the bounds of the southern land. He satisfied himself that, even assuming this continent did exist, it lay so far to the south that it would be useless for trade or settlement. He returned to England in 1774, and his last fatal voyage was undertaken in 1776.

By the end of 1778 practically the whole coast of Australia had been explored. The only remaining discovery of great significance, the existence of a channel between Tasmania and the Australian mainland, was made by Bass and Flinders in 1798.

On the 23rd August, 1770, Captain Cook took possession of the whole eastern coast, in right of His Majesty King George the Third. This covered only the area now described as the eastern parts of New South Wales, Victoria and Queensland.

Britain took formal possession of the known regions of Australia on 26th January, 1788. Captain Phillip's commission was first issued to him in 1786, it was amplified in 1787, and he finally read it to the people of the First Fleet on the 26th January, 1788, the date now celebrated as ..... AUSTRALIA DAY.

CONT....Page 8



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Items include - SANYO 26" COLOUR  
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## "SNIPPETS"

After a frost recently did anybody  
notice a WOMBAT making an exit  
through a window at the St. Marys  
Clinic?

Bingo Yvonne on Friday its your  
birthday, are counting on it?

## ST. MARYS DISTRICT HIGH SCHOOL

### SWIMMING POOL

At last nights meeting of the Swimm-  
ing Pool Committee, Mr Stephen Salter  
handed over a cheque for \$5000 from  
the Premier.

## THANK YOU

I would like to say thank you to  
my family, relations and friends  
for the lovely flowers and Get Well  
Cards that I received while in the  
Launceston General Hospital &  
St. Marys Hospital.  
Thank you to the Drs. and all the  
Staff of St Marys Hospital. Joan Davis

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TUESDAY TO FRIDAY



# WHAT'S ON

## OVERWIDTH & OVER LENGTH LOADS

Should any load carried exceed 2.5 metres in width or is more than 11 metres in length for a rigid vehicle or 16.8 metres if a combination vehicle, a permit is required from the Department of Main Roads. The permit will stipulate as to what kind of escort is required. This will obviously depend on the type of load or vehicle and the route to be traversed.

News has been received that Charlotte Jones & Michael Rodribb have announced their engagement. They send their love to all their friends in the valley.  
Present Address: P.O. Box 403  
GLADSTONE 4680 Qld.

The latest display at the Library is well worth a visit. Mrs Colleen Barnes has kindly loaned her shell collection and the times to visit are

Monday	1pm -	5 pm
Wednesday	10am -	12 noon
	1pm -	5pm
Friday	1pm -	7pm

## CHURCH OF THE HOLY CROSS Mangana 1887 - 1987

Rev. Flint & parishoners warmly extend to you an invitation in helping celebrate their "Centenary" with a Communion Service at 3pm 20th Sept 87 and afterwards a "High Tea" catered for by local residents, will be partaken in the "Old Mangana School".  
Replies to Mrs Kath Francis 742138

Secretary  
and Mrs L.B. Upton Treasurer of  
Church of the Holy Cross  
Mangana Tas.

## EDDY HAWORTH

CHARTERED ACCOUNTANTS

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Main Street. ST. MARYS

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Remind you that we visit weekly on Friday and offer services in all aspects of

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ACCOUNTANCY

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ST HELENS

ST. MARYS

LAUNCESTON

TELEPHONE

761 707

722 172

318 866

## ST. GILES WOOL QUEST

On behalf of my Committee and myself I would like to thank the people of the East Coast & Fingal Valley for their generous support throughout our fund raising months. Unfortunately we were pipped - at - the - post for Charity by \$60.15 - Total raised by us was \$22,095.78  
ONCE AGAIN THANKS TO ONE AND ALL  
ANDREA HAYES

## ST MARYS & DISTRICT CHAMBER OF COMMERCE ANNUAL MEETING & DINNER

SATURDAY 8th AUGUST 7.30pm

SILVER SANDS BICHENO

\$17 per person for a four course meal

Members, Partners & Friends welcome - your support will benefit your area

R.S.V.P. Jake Smyth Monday 3rd August

# Black Gold Boutique

ST MARYS

# SALE!

# SALE!

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WORSHIP SERVICE

Scamander 9.00am 2nd & 4th Sunday  
Fingal 9.30am every week  
St. Marys 11.00am every week  
St. Helens 10.30am 2nd Sunday  
7.00pm 1st, 3rd, 4th, 5th  
Sundays  
Rossarden 7.00pm 3rd Tuesday

SUNDAY SCHOOL

Scamander 9.30am (except for 2nd  
Sunday when 8.00am  
Family Service)

Fingal 9.30am  
St. Marys 9.45am (with Salvation  
Army)  
St. Helens 3.30pm Mondays K.U.C.A.  
Club

ALL WELCOME. Minister: Rev. Alan  
Renton. Phone 752139

THE ANGLICAN PARISH OF ST. HELENS

St. Pauls Church  
8.00am )  
9.30am ) every Sunday  
7.00pm )

Sunday School  
3.00pm Mondays

Pyengana  
11.00am 2nd, 4th Sundays

Falmouth  
9.30am 1st, 3rd Sundays

ANGLICAN PARISH OF THE FINGAL  
VALLEY

Sunday July 26  
9.00am H.C. Fingal  
10.30am H.C. St. Marys  
3.00pm H.C. Mathinna  
7.00pm H.C. Avoca  
Sunday August 2  
9.00am M.P. Fingal  
10.30am F.S. St. Marys  
7.00pm H.C. Royal George

NEWS

SALVATION ARMY

Sunday Sunday School - Uniting  
9.45am Church, St. Marys  
Sunday Sunday School - Salva-  
2.30pm tion Army - Cornwall  
2nd Sunday Afternoon Service  
in month  
3.00pm  
Wednesday Home League Fellowship  
11.00am for all women. Salva-  
tion Army Cornwall,  
1st, 3rd, 5th week of  
month. Uniting Church  
St. Marys - 2nd, 4th  
week of month.  
Tuesday Joy Hour - Games, Crafts,  
3.45pm Fun, Fellowship for all  
children 5-12 years -  
weekly at Salvation Army  
Cornwall.  
Thursday 1st week in month Youth  
7-9pm Group. Sunnybanks, St.  
Marys - ages 13-20 years.

ENVOY & MRS. BETTS, Sunnybanks.  
Phone 722352.

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-  
tion - Sundays July 26, August 2  
St. Helens - SS Helena & Stanislaus 9.00am  
Vigil Mass - Saturdays 6.00pm  
Fingal - St. Joseph  
Sunday July 26, August 2 10.30am  
Mangana Our Lady of the Sacred Heart  
3rd Sunday of month 10.30am  
Mathinna - 5th Sunday month 11.00am  
Bicheno - Community Church  
Sunday August 2 4.00pm  
Parish Priest:  
Father Connolly, The Presbytery,  
St. Marys, 7215. Phone 722252.

M O W

JULY/AUGUST

	ST. MARYS
Sunday 26	Kevin Faulkner
Monday 27	Miss Thorold
Tuesday 28	Pat Thomas
Wednesday 29	Jenny Stewart
Thursday 30	Wendy Aulich
Sunday 2	Kerin Glatte
Monday 3	Mary Targett
Tuesday 4	Viv Young
Wednesday 5	Audrey Wright
Thursday 6	Margaret Bullock

FINGAL

Cheryl Rankin  
Debbie Speers  
Carole Woods  
Colleen Turner  
Stephanie Parker

MANGANA

Kevin Ward  
Debbie Speers  
Jack Miller  
Cros Upton  
Les Walters

## ST. MARYS PLAYGROUP NEWS

Children and mothers are enjoying their Thursday morning activities and are grateful to the school for the use of the hall.

We are busy fund raising to help acquire equipment so that more activities can be experienced. We are in need of low tables and childrens size chairs. If you have any to sell or donate they would be greatly appreciated. Our thanks to Russel Harwood for making a much needed painting easel.

The cake stall held earlier in the term raised \$106.00 and the Raffle winner was Debbie French. A Tupperware demonstration was also held with profits going to our equipment purchase.

This Saturday July 25th Learners World Educational Suppliers will hold a demonstration at the Kindergarten at 11am. (Educational Books, Games, Toys and Puzzles). All parents of Kindergarten and Playgroups and others interested are invited. Playgroup Next Week Wednesday 29th Outing to the Sea Life Centre, Bicheno.

Everyone to meet at the school at 11am and to bring a packed lunch. Any enquiries.

Libby Van Tienen 722 475

Viv Wilson 722 275

Michelle Bennett

### NATIONAL DIABETES AWARENESS WEEK

The warning signs.

One in every 1400 Australian children under the age of 15 has diabetes. This means that the child must rely on at least two injections of insulin every day for the rest of their life.

The diabetes educator at Sydney's Royal Alexandra Hospital for children, Ms Bronwyn Crothers, said that hypoglycaemic attacks, which occur when the blood sugar levels are too low, are hard to recognise in younger children as they cannot describe the symptoms.

These include lethargy, headaches, perspiration, a mood change, having fits or becoming unconscious.

Ms Crothers said that the hardest thing for a child who develops diabetes was coping with the feeling of being different.

"Diabetes should be slotted in around the family routine.

"With support and education, the family and child will be able to manage the condition at home,"

Ms Crothers said.

## STREET NUMBERS AND LETTER BOXES

The importance of a street number on your house is sometimes overlooked. Have you ever travelled up and down a street looking for a clue to tell you which is the house you are looking for?

You know you have the right street and you know the number of the house but the house numbers are not displayed or have become obscured by vegetation or are illegible.

Perhaps someone may have the same trouble finding your house. It may be a friend, or perhaps a Doctor, who needs to find your place quickly. Also, think of the Postman. Each day he has to find hundreds of addresses. Your regular Postman knows where you live, but what about when he is ill or on holidays?

Displaying your street number prominently and positioning your letter box correctly help speed up mail deliveries. The recommended place for the letter box is on the fence line and near the gate. It is a good idea also to display your street number on the letter box or adjacent to it so that there is no mistaking that it is the right box.

Whilst talking about letter boxes let us take a look at ours and check the following points:

- \* Is it easily found or is it obscured by hanging bushes? Perhaps a hedge has gradually covered it.

- \* Is it weatherproof? (Does it leak or does the wind blow it open?)

- \* Is it secure? (Perhaps you need to fit a padlock to prevent your mail being tampered with or stolen).

- \* Is it large enough? Check the slot to see if it will take the size of mail you normally receive, and look at the depth of your box to see if your mail will fit right inside.

- \* We know that a lot of advertising material is being deposited in letter boxes in the evenings, or early morning before the Postman delivers so it may be a good idea to check your box is clear before the Postman arrives.

Next time you have five minutes to spare, how about a "Life be in it" walk to the footpath in front of your house and have a look at your letter box and street number.

You might be surprised.

See you at the P.O.... Postmaster Pete.

...X.X.X.X.X.X.X.X.X.X...

## WHAT WORKS: RESEARCH ABOUT LEARNING AND TEACHING

Here are the findings of a 1986 research report about effective teaching and learning.

### Home:

1. Curriculum of the Home.  
Parents are their children's first and most influential teachers. What parents do to help their children learn is more important to academic success than how well-off the family is.

2. Reading to Children.  
The best way for parents to help their children to become better readers is to read to them - even when they are very young. Children benefit most from reading aloud when they discuss stories, learn to identify letters and words, and talk about the meaning of words.

3. Independent Reading.  
Children improve their reading ability by reading a lot. Reading achievement is directly related to the amount of reading children do in school and outside.

4. Counting.  
A good way to teach children simple arithmetic is to build on their informal knowledge. This is why learning to count everyday objects is an effective basis for early arithmetic lessons.

5. Early Writing.  
Children who are encouraged to draw and scribble 'stories' at an early age will later learn to compose more easily, more effectively and with greater confidence than children who do not have this encouragement.

6. Speaking and Listening.  
A good foundation in speaking and listening helps children become better readers.

7. Developing Talent.  
Many highly successful individuals have above-average but not extraordinary intelligence. Accomplishment in a particular activity is often more dependent upon hard work and self-discipline than on innate ability.

8. Ideals.  
Belief in the value of hard work, the importance of personal responsibility, and the importance of education itself contribute to greater success in school.

### Classroom:

9. Getting Parents Involved.  
Parental involvement helps children learn more effectively. Teachers who are successful in involving parents in their children's school work are successful because they work at it.

10. Phonics.  
Children get a better start in reading if they are taught phonics. Learning phonics helps them to understand the relationship between letters and sounds and 'break the code' that links the words they hear with the words they see in print.

11. Reading Comprehension.  
Children get more out of a reading assignment when the teacher precedes the lesson with background information and follows it with discussion.

12. Science Experiments.  
Children learn science best when they are able to do experiments, so they can witness 'science in action'.

13. Storytelling.  
Telling young children stories can motivate them to read. Storytelling also introduces them to cultural values and literary traditions before they can read, write and talk about stories by themselves.

14. Teaching Writing.  
The most effective way to teach writing is to teach it as a process of brainstorming, composing, revising and editing.

15. Learning Mathematics.  
Children in early grades learn mathematics more effectively when they use physical objects in their lessons.

16. Estimating.  
Although students need to learn how to find exact answers to arithmetic problems, good maths students also learn the helpful skill of estimating answers. This skill can be taught.

17. Teacher Expectations.  
Teachers who set and communicate high expectations to all their students obtain greater academic performance from those students than those teachers who set low expectations.

18. Student Ability and Effort.  
Children's understanding of the relationship between being smart and hard work changes as they grow older.

# FOCUS ON FOOTBALL by 'No-one Else'

Last Saturday St. Marys had merely a "training run" in their 189 point win against Avoca keeping Avoca to just two points for the entire game. Campbell Town eclipsed Swansea in the match of the day at Swansea by 51 points, 19-4-(128) to 11-11- (77) which has all but put paid to Swansea's chances of gaining second spot on the ladder. Meanwhile, at Fingal, St. Helens did no harm to their first semi-final appearance when they easily accounted for the under-manned Fingal side.

This Saturday - 25th July, Swansea travel to the Tiger's den in what should be an interesting game. Swansea will be looking to bounce back after last weeks one sided affair at home to the Robins. The Bulldogs, like St. Marys, have a good running side, in players like Ricky Wright, Guy Barber, Pat Cusick and together with G. Plunkett at full forward could worry the consistent St. Marys backline. Steve Brown playing at Centre half forward should give the Tigers added bite on the forward line which has been lacking in endeavour lately. The Tigers will be looking for first use of the ball through "Tasman" Maynard, Greg Murfett and Stevie Graham. Definately, a top class game tipped here with both sides liking the open spaces of the St. Marys ground but fitness could give St. Marys the edge.

In the other matches of the round, Campbell Town should comfortably beat the Fingal blues who have had a most disappointing season, whilst the game at St. Helens looks like being a non event. Avoca's poor showing against the Tiger seniors last week and also not having sufficient numbers for the reserves match makes it look like "the bay" may have a holiday this week altogether. St. Helens at this stage are again looking a strong finals team with several key players back from injury and look to pose problems for the teams above them.

In the reserve's grade, Fingal, who have lost only one game this season should win a hard, physical game at Campbell Town. "Brownny" has the Blues playing well and must be confident going into the finals with players like Scotty Marshall and Tony Turner with so much experience. St. Marys take on

"the dogs" in which "Buffalo" will be looking for a total team commitment before playing Fingal in the second semi. Swansea are a team of battlers but St. Marys will win easily if they can build on their determination and get their somewhat patchy teamwork going.

## COMING EVENTS

CABARET at the footy sheds this Saturday night 25th featuring top Lonny band - No Offence. The can raffle will be drawn at the cabaret, so anyone with outstanding tickets, please return by Saturday (sold). This Sunday there will be a training run at 10 am followed by a bar-b-q and refreshments. After the barbecue at approx. 1 pm the Reserves and Seniors best and fairest count will be held in the clubrooms. A calcutta will be run and all those interested are more than welcome to attend.

## F. D. F. A. LADDER

### SENIORS

	Points	Percent
St. Marys	44	170.50
Campbell Town	40	140.46
Swansea	36	124.53
St. Helens	28	119.90
Avoca	16	55.69
Fingal	4	48.87

### RESERVES

Fingal	52	286.67
St. Marys	40	190.71
Campbell Town	32	141.81
St. Helens	28	99.22
Swansea	12	53.62
Avoca	0	11.07

### UNDER 16

St. Helens	44	411.48
St. Marys	32	121.08
Campbell Town	16	91.75
Swansea	12	44.01
Fingal	8	36.29

## ST. MARYS SPORTS CENTRE INC.

### GOLF NEWS by Tee Up

Owing to cold & bad weather our members and associates have not been on the field participating in Club Events. However the play off for 4/S Handicap Championship still eventuated and the winners were our very popular secretary Kath Wright and Maisie Nolan. Had the weather been better I'm sure all would have enjoyed the game better. Good scores for the game were 69 nett

23 JAN cont. from P 1.

The commission appointed Phillip 'Captain-General and Governor-in-Chief in and over our territory called New South Wales, extending from the Northern Cape or extremity of the coast called Cape York, in the latitude of fortythree degrees thirty-nine minutes south and of all the country inland westward as far as the one hundred and thirty-fifth degree of east longitude reckoning from the meridan of Greenwich'.

On 17th February, 1872, Earl Bathurst notified Sir Thomas Brisbane that he had recommended the despatch of a warship to the northwest coast of the continent for the purpose of taking possession of the coast of Bathurst Island and the eastern side of Coburg Peninsula.

Captain James J. Gordon Bremer of HMS Tamar, who was selected for the purpose, took possession on 20th September, 1824, of the coast from the 135th to the 129th degree of east longitude. On 16th July, 1825, the whole territory between those boundaries was described in Governor Ralph Darling's commission as being within the boundaries of New South Wales.

An expedition under Major Lockyer sent by Lieutenant-General Sir Ralph Darling, then Governor of New South Wales, to found a settlement at King George Sound in Western Australia, sailed from Sydney on 9th November, 1826, landed at the Sound on 26th December, 1827, hoisted the British flag.

Captain Stirling, in command of HMS Success, arrived at Sydney a few weeks after the departure of the expedition to King George Sound. He obtained the Governor's permission to visit Swan River with a view to claiming a position on the western coast and reporting upon its suitability as a place of settlement.

Captain Stirling left Sydney on 17th January, 1827, and on his return in the following April submitted a glowing report on what he described as a 'rich and romantic country', urging its occupation for the purpose of settlement. He left for England in July, 1827, to continue his fight for settlement with unabated enthusiasm. He was at last successful, the result being due mainly to the formation of an association of prospective settlers with capital at their disposal. In this way Swan River, Perth, became the first colony that was not based on the penal system.

Stirling was appointed Lieutenant-Governor and with a party of settlers arrived at Garden Island, near the

Swan River, in the ship Parmelia in June, 1829. On 2nd May of that year, Captain Fremantle, in command of HMS Challenge, arrived and hoisted the British flag on the south head of Swan River, again asserting possession of 'all that part of New Holland which is not included within the territory of New South Wales'.

So by the middle of 1829 the whole land mass known as the Commonwealth of Australia had been officially claimed and recognised as a dependency of the United Kingdom.

\*\*\*\*\*

#### RETURN THANKS

GRIFFITHS, Ronald, William, Thomas, Sister Malcita, Son-in-law Thomas and family.  
Thank relatives and friends for their personal expression of sympathy cards, phone calls, and floral tributes in the recent sad loss of their brother, brother-in-law and uncle.  
Would all except this as our personal thanks.

#### BASIC TRAINING

If it is not yours ask permission  
If you don't know how to use it, ask  
If it doesn't concern you, Leave it alone

Whenever I am to pass a Church,  
I pay a little visit  
So when at last I'm carried in  
The Lord won't say - "Who is it"

Work for the Lord the pay is not  
much, but the retirement benefits are  
out of the world.

I expect to pass through this world  
but once; and any good thing, therefore  
that I can do or any kindness that I  
can show to any fellow creature, let  
me do it now; - let me not differ or  
neglect it, for I shall not pass this  
way again.

#### THE VALLEY AND EAST COAST VOICE ADVERTISING RATES

5	cm	Column	\$ 2.50
10	cm	"	\$ 5.00
1		Page	\$12.00
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		Full Page	\$ 36.00

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BRIDAL

BOUQUETS

Golf News continued

for the winners 74½ for the runners up. Buffy Johnson and Narelle Hayes Congratulations Buffy and Narelle for the gross Championship. The Barclay Shield was played last week and the winners 1st and 2nd pairs to go to Riverside to compete with all other Clubs were:

Kath Wright & Ruth Gill (33½) 61½  
Yvonne Davern & Ida Francis (26) 65  
Shirley Williams & Colleen Barnes (36) 67  
Annette Holmes & Maisie Nolan (24) 6

### Members Stroke

A. Danger	(27)	54 nett
J. Newman	(21)	62 "
S. Wilmot	(8)	67
P. Wilson	(14)	70 "

The Pennant Teams A. & B. are continuing on their winning ways with a 5/4 victory A Grade and 4/1 E Grade from Malahide Club. The weather was very cold and it is very hard to enjoy good golf under such conditions. Yesterday the team played St. Helens which resulted in a 9/0 win for A Grade but B Grade was not so successful and went down to St. Helens 3/2. Paul Davern remains the only undefeated player in B Grade and with only 1 match to play we all wish you the best.

### Members Stroke

C. Mitchell	(9)	64 nett on c/b
J. Newman	(21)	64 "
S. Wilmot	(8)	65 nett
D. Barwick	(10)	66 "

Tankard winner - C. Mitchell

### Pennant Results

St. Marys 9/0 defeated St. Helens

### A Grade

K. Davern 2/1	D R. Dakin
S. Dawson 5/3	D K. Bradford
K. Howe 4/3	D B. Whittaker
R. McGivern 1up	D J. Barr

Chris Davern won outright

R. Ridgers 1up	D E. Marshall
S. Wilmot 6/5	D P. Doran
D. Murfett 2up	D E. Coker William

Wew Barwick won outright

### B Grade L.T. St. Helens 3/2

Paul Davern 3/1	D A. Haley
P. Wilson LT	N. Kohl 5/4
Peter Davern 4/3	D B. Smith
L. Stingle LT	B. Barr 4/3
J. Newman LT	T. Barr 1 down

22nd hole

# STARDUST

By Mercury  
Week commencing July 23 1987

## LEO July 23 - August 23

Avoid excessive spending this week as your attitude towards money seems to be on a negative swing, but just make sure that all these unpaid bills are paid. A very important invitation may also have you worried.  
Best Days: 23, 2.

## VIRGO August 24 - September 23

This could be a very unsettled week. You may find yourself running from place to place either arranging special functions or just visiting friends you haven't seen for awhile.  
Best Days: 29, 5.

## LIBRA September 24 - October 23

Now is the time to get all your ideas together about a certain subject you have been wanting to get into. Also avoid being too bossy in relationships as you have a tendency to be like this.  
Best Days: 27, 4.

## SCORPIO October 24 - November 22

Love and romance will be of prime importance to you and you may feel intense emotions. Also don't let a hasty temper or impulsiveness get the better of any decision you may have to make.  
Best Days: 28, 1.

## SAGITTARIUS November 23 - December 21

Try to do something different throughout this week. Don't take any notice of idle gossip or rumours and don't go discussing any of this with anyone as the wrong person may get hold of it and cause a lot of trouble.  
Best Days: 25, 31.

## CAPRICORN December 22 - January 20

This is an excellent time for entertaining or just having fun. You are more openly affectionate than usual and feeling real love for the people around you. Also someone you care for may really need you now.  
Best Days: 26, 3.

## AQUARIUS January 21 - Feb. 19

You may feel rather lazy now and just want to lay around and do nothing. Also you may have a tendency to overeat and drink so watch the diet.  
Best Days: 29, 30

## PISCES February 20 - March 20

Someone from the past could be the highlight of your week, so this could be a week full of social outings. So you may find yourself a little tired after all this action.  
Best Days: 31, 1.

## ARIES March 21 - April 20

Travel plans may have to be changed or temporarily postponed for some unexpected reason. Social events or family gatherings could bring you a lot of happiness.  
Best Days: 29, 3.

## TAURUS April 21 - May 21

A strict budget is required to help you through this hard time. Try to relax when you get the opportunity, as the time is coming when you won't get the chance.  
Best Days: 27, 4.

## GEMINI May 22 - June 21

Be patient with others especially small children. Someone you know may ask for your assistance, so don't reject them. Personal relationships may be a bit rocky at the present time.  
Best Days: 23, 25.

## CANCER June 22 July 22

Your moods may change so quickly you often surprise yourself. Treat yourself this week go out and buy yourself something rather extravagant - you deserve to have something you enjoy or want.  
Best Days: 28, 2.

ST MARYS  
BUTCHERY

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