

THE VALLEY AND EAST COAST VOICE

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FROM OUT OF THE PAST

As part of the Bicentennial celebrations for the Fingal Municipality, several interesting exhibitions are planned.

The first of these exhibitions will be titled "An historical glimpse of the Churches and their people".

The exhibition will focus on the people behind the churches and their associations and experiences - humorous and sometimes tragic.

Mrs Cheryl Summerfield, coordinator at the old Tasmanian Hotel Civic Centre, Fingal, is currently researching this exhibition. She is asking for the help of the community in bringing forth their old photographs, stories, certificates, newspaper clippings, reports of harvest festivals, Sunday school picnics, socials, etc., that may be relevant to this exhibition. Material will be copied and returned. Contact Mrs Summerfield on 742344.

In particular, she is seeking details and photographs etc., on the following churches:

Church of the Guardian Angels,
Avoca. (Old Catholic Church)

Salvation Army, Cornwall.

Old Anglican Church, Cornwall.

Old Catholic Church, Cullenswood.

Old Church, Falmouth.

Methodist Church, Gray.

Church of England, Gray.

Anglican Church, Mangana.

Anglican Church, Mathinna.

Catholic Church, Mathinna.

Methodist, Mathinna.

Anglican, Rossarden.

Anglican, Royal George.

Presbyterian, Seymour.

Church of England, Seymour.

Anglican Church, St. Marys.

Old Catholic Church, St. Marys.
Anglican, Storeys Creek.

Other topics being researched include mining, The towns, transport, domestic life (including sport and recreation) and agriculture.

It would be very much appreciated if any stories, information photographs or newspaper cuttings relevant to these topics could also be made available.

If you have stories to tell, and could spare an hour, please call at the old Tasmanian Hotel, Fingal, and we will record your incidents for posterity. Please phone and book a time. If you are unable to call, we could arrange to visit you.

We offer our thanks to those who have already been such a great help in this project to celebrate our bicentenary.

VOTING IS COMPULSORY ON SATURDAY 11TH

POLLING IS FROM 8AM to 6 PM

LOCAL POLLING BOOTHS

FINGAL

COUNCIL CHAMBERS

ST MARYS

R.S.L. INST.

FALMOUTH

COMMUNITY COMPLEX

CORNWALL

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OPTOMETRIST
VISITS

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REGULARLY

PHONE 341566

FOR APPOINTMENT

WHAT'S ON

FINGAL VALLEY POLICE & CIT. YOUTH CLUB

Air Rifle Shooting COME & TRY THE NEW RIFLES. Air Rifle shooting is held on Wednesday 3.30 till 4.30 at the Youth Club Hall.

Girls & Boys attending must be 10 years and over.

They learn how to use an Air Rifle properly and all safety measures about the guns.

They are able to compete against other Youth Clubs around the State at the Annual Competition.

On August 9th at 11 o'clock at the Youth Club there will be a competition between Spring Bay, Longford & Fingal Valley.

Bring your own meat for a BBQ Lunch. Families welcome.

Any queries ring Michael Spilsbury 722294. General meeting 7.30

Thursday 16th July at A Kruses 16 Groom Street St Marys.

Anti-Natal classes will begin Thursday 23rd July at 3.00 pm at St Marys Hospital. Enquires to 722111.

ST GILES WOOL QUEST RAFFLE RESULTS

Thanks to those who supported Quest Entrant Andrea Hayes.

RAFFLE DRAWN 20-6-87

1st Prize Queensland trip for 2 value \$1500 (Deborah French)

2nd \$100 order from Pedros

Scamander (Bruce Nailer)

3rd Weekend for 2 Bayside Inn (Harold Newman)

4th \$30 Petrol Donated by Spilsbury (Judy Spilsbury)

5th \$20 Voucher, Ocean Boulevard Bicheno (Stephen Dawson)

6th 1 carton cheer (Tony Bevan)

RAFFLE DRAWN 25.6.87

1 load of wood (Garry Richards).

EDDY, HAWORTH

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ST. HELENS	761707
ST. MARYS	722172
LAUNCESTON	318866

HOME PRODUCE STALL

FALMOUTH CENTRE

JULY 11th

COMMENCING 9 am.

The Annual General Meeting of the Child Health Ass. will be held on Thursday 23rd July 10.30 am at the clinic. Launceston members will be attending. All Mothers Welcome. Dana Smith (Secretary)

THANK YOU

I would like to express my appreciation to my dear family and friends for their kind words, beautiful cards and flowers sent to me during my recent stay in Launceston General Hospital. Special thanks to Angela my Great Granddaughter for her card made out of love. Thankyou Albert Jones

BASIC TRAINING

If you open it, close it.
If you turn it on, turn it off
If you unlock it, turn it off
If you break it, repair it or replace it
If you borrow it, return it.
If you use it, take care of it
If you make a mess clean it up
If you move it, put it back

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SALE

ALL

STOCK

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COME AND GET YOURSELF A GOOD DEAL SEE ATHALIE NOW

CHURCH

MEALS

FINGAL-PORTLAND UNITING CHURCH

WORSHIP SERVICE

Scamander 8.00am 2nd & 4th Sunday
 Fingal 9.30am every week
 St. Marys 11.00am every week
 St. Helens 10.30am 2nd Sunday
 7.00pm 1st, 3rd, 4th, 5th
 Sundays
 Rossarden 7.00pm 3rd Tuesday

SUNDAY SCHOOL

Scamander 9.30am (except for 2nd
 Sunday when 8.00am
 Family Service)
 Fingal 9.30am
 St. Marys 9.45am (with Salvation
 Army)
 St. Helens 3.30pm Mondays K.U.C.A.
 Club

ALL WELCOME. Minister: Rev. Alan
 Renton. Phone 752139

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THE ANGLICAN PARISH OF ST. HELENS

St. Pauls Church

8.00am)
 9.30am) every Sunday
 7.00pm)

Sunday School

3.00pm Mondays

Pyengana

11.00am 2nd, 4th Sundays

Falmouth

9.30am 1st, 3rd Sundays

- - - - -

ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday July 12

9.00am H.C. Fingal
 10.30am F.S. Avoca
 3.00pm E.P. St. Marys
 (Vestry meeting to follow)

Sunday July 19

9.00am F.S. Fingal
 10.30am H.C. Cornwall
 3.30pm H.C. Mangana
 7.00pm E.P. Royal George

SALVATION ARMY

Sunday 9.45am Sunday School -
 Uniting Church
 St. Marys
 Sunday 2.30pm Sunday School -
 Salvation Army
 Cornwall
 2nd Sunday in
 month 3.00pm Afternoon Service
 Wednesday 11.00am Home League
 Fellowship for all
 women Salv. Army
 Cornwall 1, 3rd, 5th
 week. Uniting Church
 St. Marys - 2nd, 4th
 week.
 Tuesday 3.45pm Joy Hour - Games,
 Crafts, Fun, Fellow-
 ship for all child-
 ren 5-12 years
 weekly at Salvation
 Army - Cornwall.
 Thursday 7-9pm 1st week in month
 Youth Group. Sunny
 banks, St. Marys
 ages 13-20 years.

ENVOY & MRS. BETTS, Sunnybanks.
 Phone 722352.

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CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-
 tion - Sundays July 12, 19 9.00am

St. Helens - SS Helena & Stanislaus
 Vigil Mass Saturdays 6.00pm

Fingal - St. Joseph

Sunday July 12 10.30am

Mangana - Our Lady of the Sacred

Heart - Sunday July 19 10.30am

Mathinna - 5th Sunday of month

11.00am

Bicheno - Community Church

First Sunday of month 4.00pm

Reconciliation in the Sacrament of
 Penance: You may go to Confession
 in each church before Mass, and at
 other times as announced. At any
 time by private arrangement.

Parish Priest:

Father Connolly, The Presbytery,
 St. Marys, 7215. Phone 722252.

MEALS ON WHEELS FINGAL VALLEY

July		St. Marys	Fingal	Mangana
Sunday	12	Yvonne Saunders	Aub Oliver	Aub Oliver
Monday	13	D. & S. Robinson	Sutton Lowe	Les Walters
Tuesday	14	Len Miles	June Hall	June Hall
Wednesday	15	Jean Lohrey	Gloria Parker	Jack Miller
Thursday	16	Alf Faulkner	Hetty Williams	Les Walters
Sunday	19	Jeff Faulkner	Bob Saunders	Neil Ward
Monday	21	Debbie Barnes	Jack Miller	Jack Miller
Tuesday	22	Wendy Haas	Robyn Miller	Robyn Miller
Wednesday	23	Michelle Bennett	Pat Death	Les Walters
Thursday	24	Jean Schier	Vicki Woods	Vicki Woods

SPORT

F.I.T.A.

POINTS TABLE

SENIORS

	Points	Percentage
St. Marys	40	156.02
Swansea	36	142.49
Campbell Town	32	141.15
St. Helens	20	106.65
Avoca	12	60.03
Fingal	4	49.22

RESERVE

Fingal	44	260.12
St. Marys	36	187.44
Campbell Town	28	152.45
St. Helens	24	99.11
Swansea	12	55.58
Avoca	0	12.04

UNDER 16

St. Helens	36	410.39
St. Marys	28	114.00
Campbell Town	16	99.37
Swansea	8	48.87
Fingal	3	34.30

JUNIOR FOOTBALL by Tiger Cub

St. Marys easily accounted for Swansea on the 20th June. The boys played some of their best football of the season in the first quarter and but for the lack of pressure later in the game, might have won by more. Justin Hayes made a welcome return to form and Nigel Nolan and Simon Danger were excellent in defence.

Against St. Helens two weeks ago, St. Marys showed in the first quarter that if players are prepared to tackle hard and concentrate on the task at hand, St. Helens can be beaten, even on their own ground. While St. Helens ran out comfortable victors by 33 points, the boys learnt a valuable psychological lesson and appear to be well on the way to losing their 'fear' of the Bay side.

At home last weekend against Fingal, St. Marys in the first quarter, played the best football I have seen them play. All players combined well, talked, concentrated, ran and hand-balled and the effect was worth the wait. Again, lack of pressure and perhaps a little fitness told as the game progressed, but a hundred point win at this stage of the season is heartening. There is no real excuse for lack of fitness at this stage of the season although we realise the pressure high-school students of this age are under.

MAX PUTS

HONESTY

INTEGRITY

SINCERITY

INTO POLITICS

WHAT MORE COULD YOU WANT?

VOTE

1 MAX BURR

AUTHORISED BY SENATOR BRIAN ARCHER
111 ILTON STREET BURNIE

It is vital that as the season draws to a close, all players should, wherever possible, attend both training nights or make honest, alternative arrangements to train by themselves.

In the matches against St. Helens and Fingal, Simon Cowley and Aaron Furlow were outstanding with Brent Leedham, Simon Danger, Chris Davern, Drew Berwick and Corey Cheshire making valuable contributions. Congratulations to Michael Haas for almost the mark of the day against Fingal last week.

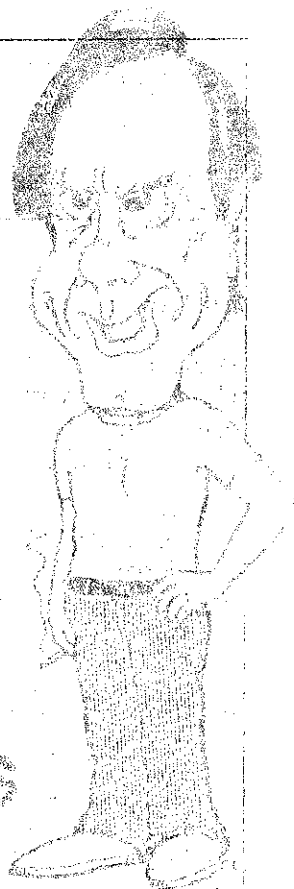
1987 COUNTRY GOLD FOOTBALL CARNIVAL

St. Marys District High School

August 5, 6, 7

St. Marys District High School will be hosting this year's Country Gold Football Carnival. Four teams, representing the 27 country primary schools in Northern Tasmania will be participating due to our large area of representation and our desire to inform students, parents and the general public of the progress of the carnival the programme is as follows -

Continued Page 7



ST. MARYS DISTRICT HIGH SCHOOL

ST. MARYS - CRESSY SPORT:

On Tuesday 7th and Wednesday 8th July, 53 St. Marys students travelled to Cressy for a sporting exchange with that school. The students were billeted after attending one of the trip's highlights - the social.

Although the results of some games were not as we had hoped, the St. Marys students impressed with their willingness to compete and their sensible approach in general.

The games played and their results were:-

Table Tennis - C d SM	9 - 3
Badminton - C d SM	9 - 7
Senior A Netball - C d SM	29 - 10
Senior B Netball - C d SM	20 - 6
Junior Netball - C d SM	21 - 12
Boys Basketball - C d SM	53 - 10
Girls Basketball - C d SM	76 - 0
Girls Hockey - C d SM	3 - 1
Football - C d SM	100 - 42
Debating - SM d C	- - -
Golf - SM d C	2 - 0
Soccer - SM d C	3 - 2

Although outclassed in some games, St. Marys' students showed admirable fighting qualities and persistence against opponents who have the advantage of regular weekly competition.

A. Pickett

MOTHERS CLUB MEETING:

Mothers Club meetings are now held on the second Monday of each month at 1.30 p.m.

The next meeting will be held on Monday 13th July at 1.30 p.m.

PARENTS AND FRIENDS ASSOCIATION:

The next meeting of the Parents and Friends Association will be held at 7.30 p.m. on Tuesday 21st July.

I AM A CONVICT

by Esme Atkinson, Grade 5

As I slowly stepped into the boat my heart broke and I was sobbing bitterly to think of leaving dear old England.

Tears were tearing down my face as I thought of all my friends and family who had tried to help me so much, so much.

Why? Why take me to another place? Why should this happen to me?

If I hadn't been so desperate for money to support my family, I would never have stolen that purse.

Life is not fair to me.

Why should I leave dear old England?

Why leave my home? Why?

THE GINGERBREAD HOUSE

by Ben Thofner, Grade 2

One day a thousand years ago, there lived a lady who lived in a gingerbread house.

She had to keep all the bush animals away from her home.

But, one day, the king of the jungle came roaring through to the lady's house and saw all the gingerbread.

He said, "My people will give me anything for this."

So the lion tried and tried but he could not get the gingerbread house down. So he called Elephant and Elephant took it to Lion's kingdom and do you know how many things he got - 100,001.

Mr. Clumsy

by Xavier Williams, Gr. 1

When Mr. Clumsy went to clean his teeth, he managed to fall in the bath.

"Whoops!" said Mr. Clumsy.

Then Mrs. Clumsy came home and said "What have you been up to?"

"Not a lot. Make me some bread."

He got the toaster and some pepper and put it on the bread and dropped the plate. Whoops!

COUNTRY GOLD FOOTBALL CARNIVALWednesday August 5

10.30 a.m. Managers' meeting -
to familiarise all
officials with the
carnival arrangements
and rule interpretat-
ions (Primary football
rules apply)

11.00 Northern Midlands V
East North East(South)

12.30 p.m. Official opening by
Mr. Royce Hart

12.45 East North East(North)
V Tamar

Thursday August 6

11.00 a.m. Northern Midlands V
East North East (North)

12.45 p.m. East North East (South)
V Tamar

Friday August 7

10.00 a.m. East North East (North)
V East North East(South)

11.30 Tamar V Northern Midlands

1.00 p.m. Closing Ceremony

ST. MARYS INC. GOLF NEWS

Our congratulations to our
Pennant Team A & B Grades still on
the winning way. With only one
game down this season - strong
interest is still being displayed
especially B Grade who have not
lost a game this year. Keep it
going Boys.

St. Marys 5/4 defeated Bicheno

K. Davern 7/6 D. S. Cameron
S. Dawson L.T. D. Holmes 4/2
K. Howe 6/5 D. N. Tildesley
R. Ridgers 3/1 D. M. Lyne
S. Wilmot 1 up D. A. Longden
R. McGiveron L.T. J. McDonald
1 up 19th

A. Wright L.T. P. Healey
1 up 21st

S. Murfet W.O. D. R. McDonald
Drew Berwick L.T. D. Whammond
1 up

B. GRADE St. Marys 3/2 defeated
Bicheno

Paul Davern 5/4 D. G. Baker
L. Stingle 6/4 D. K. Davey
Chris Davern L.T. C. Hallam
1 up 20th

Peter Davern 2/1 D. L. Wallace
J. Newman L.T. J. Stephens
4/3

Members 4 Ball Best Ball Stableford

A. Danger & S. Danger 52 pts
Peter Davern & Paul Davern 48 pts
S. Dawson & P. Lohrey 44 pts
G. King & J. McGee 44 pts
J. Newman & Chris Hayes 44 pts

N. Pin 5th S. Dawson
N. Pin 7th P. Lohrey

Members Foursome Championships
36 Holes

Day 1 Competition

K. Davern & A. Wright (17½) 63½
S. Wilmot & C. Berwick (11½) 64½
N. Pin 7th R. Davey
N. Pin 5th S. Wilmot

Day 2 Competition

R. McGiveron & Paul Davern (11½) 63½
F. Singline & K. Spilsbury (15) 66½
N. Pin 2nd shot 6th hole S. Wilmot
N. Pin 7th Chris Hayes

Final Championship 36 holes

K. Davern & A. Wright 146
R. McGiveron & Paul Davern 152
R. Ridgers & Chris Davern 159

Handicap 36 Holes

R. McGiveron & Paul Davern (23) 129
K. Davern & A. Wright (15) 131
D. Murfet & R. Costain (30) 138

Associates Stroke Monthly Brooch &
Putting

Y. Davern (23) 73
I. Francis (30) 74
K. Wright (31) 75
S. Williams (36) K. Blair (24)
H. Fleming (32) C. McGee (29) 76 nett
Putting S. Williams

3rd Round Club Spoon - Stroke &
Putting

Y. Davern (23) 62 nett
M. Nolan (27) 65 "
C. McGee (29) 69 "
A. Holmes (21) 71 "
R. Gill (36) 71 "
S. Williams (36) 71 "
Putting S. Williams

Mrs. Davern reduced her handicap
from 23 to 22. Congratulations
Yon.

FINGAL VALLEY WELFARE ASSOC. FOR
SENIOR CITIZENS

Every Tuesday & Thursday afternoon
the Senior Citizen's club of St.
Marys meet to play Indoor bowls,
cards or just talk. Over the years
both clubs have lost many members,
either by moving to other towns or
through natural causes. The time has
come when we seriously need more
members. The question is just who is
a senior citizen? Do we wait until
we are 65 and over or do we have
younger members. It is a rule that
to play in State Competitions
(bowls & cards you must be 55 & over
unless authorised by a Doctor as
beneficial) we need younger players
to know and play the game.

RED CROSS ST. MARYS ANNUAL REPORT 36/37

This past financial year has been a great success for the St Marys Red Cross Branch, with the approval of the hospital board giving us approval to build an Ambulance garage at the site. We thank them very much for giving us the ground to be able to do this and to take our response to calls 5 to 10 minutes quicker than it used to be.

Earlier this year a concrete slab was poured one Saturday morning, with the help of Mr. Barry Wright who prepared the boxing and laid the reinforcing for us and also Mr Bruce Glatte, Mr Geoff Carr and Mr Leo Van Tienen, who poured the slab. I would like to thank these gentlemen for their time and help for doing the things that they did. The double garage was soon erected after the slab had settled and the Ambulance is now in operation from the hospital.

I would also like to thank the Red Cross Committee for their support through the past 12 months especially Mr Bruce Glatte, (President) Mrs Marion Hardman (Treasurer) and also Mr Geoff Carr who started off as a Voluntary Driver late last year to these people they have been a great asset to me and also I would like to thank the Voluntary Drivers for their time and also their wives for helping them get prepared for an emergency during the night after the hospital has rang for the ambulance. I would especially like to thank Mr Les Peart who is the day driver Monday - Thursday and also Mrs Kerin Glatte who is the day driver on a Friday. Thanks must also go to the Matron and Staff at St Marys Hospital and also the Secretary of the hospital. Without their help and co-operation it would be hard to operate this service up here.

We would like a few more Voluntary Drivers on our roster preferably with a first aid certificate. It would be great to see a few new faces in this service and to be able to do their bit for the community. It is also hoped that Red Cross will operate a first-aid course in the St Marys area before too long. Thanks to the doorknockers who helped this year in our Annual Doorknock and to the community for their generous donations.

Bruce Glatte
President

Neville Feake
Secretary.

Cont. from Page 7.

Friendliness is a keyword of the clubs. Too many middleaged people get in a rut, midday serials take president, their lives are enclosed in four walls. This is an invitation to anyone to come and join the clubs you would be very welcome.

Una Camplin
Chairman

THE CHANGING FACE OF CORNWALL

About 20 years ago a survey was taken of the residents of Cornwall and the result was approximately 85% now this has changed. I doubt if we have 25% elderly. Once we had over 100 houses now we have 56 of which 15 are occupied by the elderly, and only 5 have 2 people living in them. The younger residents average 3 children and most houses have at least two cars. Of the elderly people at Cornwall we have 6 ladies living on their own. Other things haven't changed - drains non-existent, or are small crevices, road the roughest in Tasmania. We do have the best view of the valley and the climate is usually warmer than St. Marys.

Revised legislation for the Police Offences Act.

Abusing a police officer, being drunk and disorderly and urinating in the street could incur fines totalling \$1200 - enough to deter even the more exuberant spirits.

Cursing or swearing in a public place now attracts a maximum fine of \$300 or three months jail.

Previously, being drunk and disorderly could cost you up to \$40 - now you are facing a \$100 fine for the same offence.

Assaulting a police officer is now an expensive mistake, as it attracts a maximum fine of \$1000.

Sneaking around other people's houses can be a serious offence and the perpetrator can be \$500 worse off.

Assault, resisting arrest and obstructing police all carry a maximum fine of \$1000 or a year in jail.

Selling cigarettes to a person under 16 could cost the shop owner \$200 while there is a \$1000 deterrent for anyone contemplating discharging a firearm in a public place.

The amendments to the Police Offences Act were passed on May 7.

I guess that is a suitable title seeing it was my 4th trip to this wonderful country. Previous trips have been with my wife and daughter and, at times I missed them very much, remembering there are 14½ million people in London. Quoting by the foreign faces I saw from Japan, China and the Arab countries alone, I guess London has a summer population of maybe 17 million.

"Check your seat belts please."
"Qantas Flight Number 4441 Melbourne to London via Bombay."

Bombay: Hot. Very untidy Airport, surrounded by squalid small out-houses which looked more like chicken coops. Poor unfortunate families living under these shocking conditions in unbearable heat.

London: Heathrow Airport (International) - the busiest International Airport in the World. One plane every 57 seconds 24 hours a day. Chicago (USA) handles more per second but it deals with planes within USA as well. The news in London is that already Heathrow is not large enough and plans are going ahead to move to the open spaces further away from London. There is a story about Heathrow, in itself, which I cannot use now. From Terminal 1 to Terminal 44 it must be 20 miles I guess. The Airport cannot be faulted. It has everything the flying public need. The customer is the No. 1 consideration there. Talking of airports, Singapore is the most beautiful one I have ever been in and 100 per cent proficient too. Mention of Singapore reminds me to say that on the flight home stops were at Bahrain (Persian Gulf), Singapore, Sydney, Melbourne, Launceston, St. Marys (no airport as yet). We flew from London over Belgium, Austria, Germany, Yugoslavia, Syria, Jerusalem and the Persian Gulf area, Singapore and headed then to N.W. Australia across to Sydney. Many trouble spots today of course and a lesson in geography. Miles covered - 25,000 plus a few thousand in England and Scotland by trains.

Trains remind me of our Editor, Mr. Ron Sumner, who told me a couple of years ago his views on trains and why Tasmania should use them in a big way. He certainly convinced me and I am asking him in public right now to put his proposition to our Minister for Tourism, Mr. Geoff Pearsall. Here in brief is his proposition:-

That Tasmania should use our vast Hydro Electric resources (we are still building Dams)!! to make our Rail System all Electric and of course build new rail systems every-

where in this beautiful State. Already Tasmania is the "jewel in the crown" of Australia, so let more tourists see it from fast modern electric trains. I could not agree with him more.

To go my train from London to Edinburgh (Scotland) one must book a seat in advance. The train holds hundreds of people and runs from 8.00am until 4.00am in the summer season. It is a popular way to travel for sure and the same applies in Japan, USA, Russia, all over Europe and into Asia and Australia too, of course. My wife and I have ridden the "rattler" in all these places and more and that is a statement re people loving train travel - a statement which cannot be challenged - that is good trains of course. I still like some of the poor ones like in Turkey, Greece, Bulgaria and a few other places.

I get carried away with Ron's idea it will come to Tasmania maybe in 200-300 years. How about it sooner Mr. Pearsall and the Gray Government?

Just a few impressions about London, my second most popular place to live next to St. Marys. True. How about the foresight shown by early planners of one of the world's largest cities.

Hyde Park covers an area of more than 300 acres and 300 acres of car park underneath; no, there is a car park under the Park but I do not know its space. It is a large one of course. One cannot travel far in greater London or the Suburbs without coming to a beautiful park, some of them quite large, all well kept and a wonderful haven for tired shoppers. St. James Park is one of my favourites, a larger and some smaller lakes stocked with waterfowl from many parts of the world all living in harmony with human beings, not far from Buckingham Palace and the Mall and where the "Changing of the Guard" takes place.

I nearly forgot the train journey from London to Edinburgh takes 4½ hours and boy oh boy is it fast. The whole area covered is like a garden setting, magnificent cattle, sheep, horses feeding in lush green fields, I can't explain it really. It's all like a photograph on a chocolate box.

I will pop over to the racing scene for just a few sentences. Actually I was going to make it all about racing but the "Examiner" have suggested I do something with them on that subject so close to my heart, so all I will say: if you are interested, watch the "Examiner".

38 J.A. SPILSBURY

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"BACK TO ENGLAND" cont.

I need the rest of my space to tell you what a great friend to me was our own John Schier while I was in London and also the trips he took me on into the country in his sporty European snazzy car. He holds a very high position in England with "Contiki Travel", visits agencies all over Europe and the United Kingdom and is in all business in a big way. He comes from a sporting family, of course, and was an outstanding athlete at St. Marys High School and later made records in Tasmania, some of which still stand in 1987. He also played football and cricket with St. Marys. He hopes to be here for Christmas and New Years Day and I plan to repay him for his many kindnesses then.

By jove, I almost forgot to thank the staff at the Post Office and Westpac Bank for the help they gave me re all arrangements, passport, air tickets, etc., etc. It was a hurry for me to make it to Epsom Downs and the English Derby in time to back the winner, which I did.

This experience of a life-time was made possible for me because of the Armidale Stud at Carrick, Mr. David Wishaw and his son, Mr. Dennis Wishaw to whom I am most grateful.

Saw Her Majesty, the Queen and Queen Mother at Epsom Downs on Derby Day. Later I saw all of the Royal family at Royal Ascot on Opening Day. Had a close view actually. The whole family are tremendously popular and deservedly so. Despite the unlikely and remote chance that it could ever happen, the thought of Australia ever becoming a Republic, makes me shudder. I certainly hope that the Royal Family's presence in Australia lasts for another 200 years and more.

THE FOUR BODIES

Everybody, Somebody, Anybody, Nobody.

There was an important job to be done, and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realised that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

PREPARING YOUR CAR FOR WINTER

By now you should have taken steps to avoid untimely mechanical breakdowns during the winter months. Spending some time preparing the car for winter can help save the frustration and inconvenience of being broken down on the side of the road on a wet, wintry night.

The cold and wet weather will show up any weakness your car may have, particularly in the electrical system, and cold weather increases the likely instance of battery failure.

Other areas which require attention, particularly before the winter months, are brakes and tyres. The headlights should also be checked for efficient operation and alignment. It is advisable to have the electrical system, brakes, tyres and headlights checked prior to winter.

BATTERY

Check the battery's water level and, if necessary, top it up with distilled water. Check that the battery posts, terminals and main earth terminals are clean and tight. Coat the posts and terminals with a thin smear of petroleum jelly.

BRAKES AND TYRES

Test the brakes. They need attention if they are not effective in an emergency stop, if the car pulls to one side, or if the pedal sinks to the floor. The handbrake should stop the car rolling backwards on a steep hill.

Make sure the tyres, including the spare, have plenty of tread and are properly inflated. Check the jack and wheelbrace.

WIRING

Check all wires and connections for fraying, looseness or corrosion. Renew any wires on which the insulation material is perished, cracked or worn.

BELTS AND HOSES

Ensure the fan belt is in good condition and is tight enough so that it does not slip. Make sure there are no leaks in the hoses, no loose hose clips and that metal parts are not chafing the hoses.

LIGHTS

Check that all lights are functioning correctly and have the alignment checked.

WIPERS AND WASHERS

Check that the windscreen wipers work properly and that the blades are in good condition. Check the windscreen washer and top up the washer bottle.

DON'T FORGET ANTI-FREEZE

Freezing can cause hundreds of dollars damage to an engine unless some basic precautions are taken.

Frozen coolant can fracture an engine block or cylinder head, pop Welsh plugs, split the radiator core or burst hoses.

An ANTI-FREEZE ANTI-BOIL solution designed for year round protection of automotive cooling systems and engines should be used. It is formulated to lower the freezing point of a car's coolant and provide an extra margin of safety.

The radiator should first be drained and flushed with clean water, and then filled with water and an Anti-Freeze Anti*boil in equal volumes for protection down to minus 34 degrees celsius.

A mixture of one part Anti-Freeze Anti*Boil to three parts water will provide protection down to minus 12 degrees celsius.

To ensure the correct concentration of Anti*Freeze Anti-Boil is maintained, later top-ups should use the same mixture as used originally.

When adding Anti-Freeze, car owners should take the following steps:

- *Check the owner's manual before making any changes to vehicles with a sealed cooling system which already contains anti-freeze.

- *Engine coolant should be changed once a year.

HAPPY AND SAFE MOTORING TO ALL.

STUFFED TOMATOES

3 ripe tomatoes
Salt
1 cup breadcrumbs
1 tsp finely chopped garlic
4 tbsp finely chopped parsley
Dash coarsely ground black pepper
1/2 cup olive oil

Cut tomatoes in half and remove seeds by squeezing gently. Sprinkle each section with salt and turn over to drain on paper towels. Combine breadcrumbs, garlic, parsley, basil, salt, pepper & olive oil. Fill tomato cups with breadcrumb mixture. Place in pan and bake in preheated oven at 180°C for 20 minutes

GOLDEN HAM

One 1 1/2 - 2 kg piece ham
Whole cloves
1 cup apricot jam

Score ham and stud with whole cloves. Place in pan and bake in preheated oven at 180°C for 15 minutes. Remove from oven and spoon apricot jam over meat. Return to oven and bake until heated through, or about 30 minutes.

STARDUST

By Mercury

Week commencing 9th July 1987

CANCER June 22 - July 23

Be careful of a slight health disorder, it may just be a cold but just the same take care. Also do not go overtiring yourself.

Best Days: 9, 23.

LEO July 24 - August 23

A meeting with an old friend may bring news of a disturbing nature, so listen carefully to see whether you may be able to lend a helping hand.

Best Days: 11, 21.

VIRGO August 24 - September 23

You have plenty of unfinished jobs to be done so don't let friends or social engagements sidetrack you. Buckle down and get them all done. A surprise may arrive in the post during the next week.

Best Days: 10, 16.

LIBRA September 24 - October 23

You may now feel as if someone has been disloyal or unfaithful towards you, don't let it get you down. Go out and find what life is really about and what new adventures may be in store.

Best Days: 12, 14.

SCORPIO October 24 - November 22

Money may be a bit of a hassle now, but those circumstances may soon alter, just ride this rough period out, things will soon change. Someone you once loved may reappear in to your life.

Best Days: 17, 22

SAGITTARIUS November 23 - December 20

A loved one may be abit difficult as the green eyed dragon seems to be hanging around, so walk softly. Someone may ask for help --- give generously.

Best Days: 13, 20.

CAPRICORN December 21 - Jan. 20

Your sparkling personality may be complimented on this week. As you always seem to be bubbling over with smiles. Also there are a lot of special occasions on the cards.

Best Days: 15, 19.

AQUARIUS January 21 - Feb. 19

This is a good time for romances possibly they may be old ones that are strengthened or new ones beginning. Don't go overspending now especially on items that aren't necessary.

Best Days: 12, 18.

PISCES February 20 - March 20

Quarrels or minor upsets are indicated this week, but hopefully may be resolved by the end of the week. Now may also be the time to consider taking up a hobby of some description.

Best Days: 10, 23.

ARIES March 21 - April 20

Take full advantage of any offerings of rest and relaxation, especially if they are away from your usual surroundings and family. You will feel refreshed and ready to go again.

Best Days: 9, 16.

TAURUS April 21 - May 21

You may have to make a big decision about a money matter so think carefully before deciding. Also watch your health now.

Best Days: 11, 22.

GEMINI May 22 - June 21

Now may be the time to ask a favour as people may feel generous now so go for it. Someone may be hard to talk to now but just bear with them.

Best Days: 17, 21.

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