

THE VALLEY AND EAST COAST VOICE

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TAKE CARE WHILE BOATING THIS SUMMER

KNOW YOUR WEATHER.

Before you set off, check out the weather forecast. Watch out particularly for expected changes. Check if the wind direction is on-shore or off-shore, steady or gusty, or if the tide will affect the area especially if you are putting in nets.

KNOW YOUR AREA.

The first question you should ask is: Is it safe? If you don't know the answer, ask someone who does. Find out where the rocks and hazards are. If there's a swell -don't go out. One good test of how well you know the area is whether you can predict what time you'll be back. Make sure you tell someone reliable where you are going and what time you expect to be back.

KNOW YOUR EQUIPMENT.

Basic essential equipment and safety gear: Anchor, oars, bailing bucket, knife, lifeline, personal flotation device for each person; retroreflective tape on boat, flares, torch, first-aid kit, water-proof matches.

N.B. Remove unnecessary equipment.

KNOW YOUR BOAT.

Is the design of the boat safe and suitable, especially if you will be netting? How stable is it? What's its freeboard? Is it fully equipped with buoyancy? What happens to the trim of the boat when wet nets are hauled aboard? How reliable is the outboard? Does everyone aboard know how to start it and use it? Is any extra fuel needed for the trip?

KNOW YOUR CLOTHING.

Wear comfortable, warm clothing - including a buoyancy aid. A regulation lifejacket may be cumbersome when handling a net - but there are other buoyancy aids, like "thermo-float" jackets. Make sure your clothing is, as far as possible, free of buttons, clips and anything else that might catch in a net. If you are in the habit of wearing gumboots or waders -don't. To see why, fill a gumboot with water and lift it. Then imagine

yourself trying to stay afloat with that weight on each foot. Wear comfortable lightweight footwear that can be kicked off, or that will allow you to tread water.

KNOW YOUR SURVIVAL TACTICS.

If you end up in the water, there are things you can do to make sure you stay above as long as possible so that your rescuers find you alive - assuming you've told someone where you're going and when you should be back.

If you're wearing a buoyancy aid you have extended your survival time by preventing drowning. Even if you are able to keep afloat (or better still, to get as much of yourself as possible out of the water), you are still in danger. Your main enemy is hypothermia - also called "exposure". Death from hypothermia happens (often very quickly) when too much heat is lost from the body core -the head and trunk.

Don't try to "swim for it" unless you are absolutely certain of reaching shore. You lose heat 35% faster when swimming.

If you are in the water alone, try to adopt a curled up position, which will help slow down heat loss. If two or more are in the water together, try to huddle, with arms around each other. If children are present they should be in the middle. Always remember that temperatures in estuary water can be considerably lower.

The undeniable facts are that several fishermen will die this summer, and by taking extra precautions and safety measures you could avoid being one of them. Have a happy and safe summer, and a MERRY CHRISTMAS TO ALL.



ONLY 5 WEEKS TO CHRISTMAS
AND ONLY ONE (1) MORE
ISSUE OF THE VALLEY
VOICE THIS YEAR

CLASSIFIEDS

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PERHAPS YOU WOULD LIKE TO CHOOSE
FROM OUR VAST RANGE OF SAMPLES.
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WANTED: Float entrants for the
Bi-centennial float parade at the
FINGAL FESTIVAL - March 6th.
Contact Ron Sumner Phone 722105

BINGO: St. Marys R.S.L.
Institute every Tuesday 7.30pm
1st Jackpot \$180 on 58 calls
2nd Jackpot \$100 on 50 calls
This Tuesday, December 1st.

NOTICE

LAND SURVEYORS

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HAMILTON MACGREGOR
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Other offices at Scamander, St.
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WHAT'S ON

St. Marys Hospital Auxiliary will be holding Carols by Candle light on Sunday 13th December, assisted by the St. Marys District High School and the St. Marys Lions Club. Commencing at 8.30pm at the Community Centre Grounds

CHANGE OF DATE

St. Marys Hospital Auxiliary Meeting 30th November 7.30pm. Hospital Recreation Room.

HEY KIDS Don't forget to send a letter to Santa, C/- St. Marys Lions Club, with your name and address and get a letter from "Santa" from the North Pole.

God's Family at Worship

Combined Service Anglican Parish of the Fingal Valley.
St. Mary's Parish Hall Sunday 29th November 10.30am
Guest Preacher Rev'd Sharman
You are most welcome.
Afterwards there will be a Barbecue
BYO. Drinks Tea & Coffee provided.

FINGAL VALLEY FESTIVAL MARCH 6TH

FLOATS FOR THE FESTIVAL

We are hoping that the different clubs, organisations or individuals will join in and enter a float, perhaps again, along the line of the Bicentennial theme. There will be prizes for different sections of which you will be notified at a later date. We will be sending out newsletters right up to the Festival time.
So, get yourselves organised, form your own float committee and join in the Bicentennial celebration. We look forward to receiving your entry form as soon as possible to assist us in our planning. Cont.

8-2-0 CHICKENS

WHOLE OR PIECES
ARE ONLY PART OF OUR EXTENSIVE MENU

ALSO AVAILABLE - HAMBURGERS, FISH & CHIPS, ROLLS & SANDWICHES, PIES & PASTIES, CHIKO ROLLS, HOT & COLD DRINKS, GROCERY LINES.

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7am - 8pm

AGENTS FOR COONARA HEATERS

CALL IN,

BERNICE AND DON TARGETT

WELCOME YOU TO

ST. MARYS TAKEAWAY, MAIN ST.,
ST. MARYS PHONE 722287

Floats for the Festival cont.

Your local contacts are:

Fingal - Robyne Webster - 742121
Mathinna - Kay Turner - 771117
St. Marys - Ron Sumner - 722105

It is planned to hold a Grand Street Parade to include floats, vintage cars bikes, horses, trucks, bands, marching girls etc. There will also be a decorated bike section for the children.

OPTOMETRIST

TIM FOWLER

visits

THE ST. MARYS DISTRICT
HOSPITAL

REGULARLY

PHONE 341566

FOR APPOINTMENTS

BLACK

GOLD

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ST. MARYS

&

BICHENO

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FOR CHRISTMAS BUYING

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St. Marys Ph. 722441

Bicheno Ph 751443

CHURCH

NEWS

FINGAL-PORTLAND UNITING CHURCH WORSHIP SERVICE

Scamander 9.00 2nd Sunday
8.00 4th Sunday
Fingal 9.30am every week
St. Marys 11.00am every week
St. Helens 10.30am 2nd Sunday
7.00pm 1st, 3rd, 4th, 5th
Sundays
Rossarden 7.00pm 3rd Tuesday

SUNDAY SCHOOL

Fingal 9.30am
St. Marys 9.45am (with Salvation
Army)
St. Helens 3.30pm Mondays K.U.C.A.
& Scamander Club

ALL WELCOME, Minister Rev. Alan
Renton Phone 752139

THE ANGLICAN PARISH OF ST. HELENS

St. Pauls Church
8.00am)
9.30am) every Sunday
7.00pm)
Sunday School
3.00pm Mondays

Pyengana
11.00am 2nd, 4th Sundays

Falmouth
9.30am 1st, 3rd Sundays

THE ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday November 29th
10.30am God's Family At Worship
St. Marys (only Service in
Valley) All welcome

Sunday December 6th
9.00am M.P. Fingal
10.30am F.S. St. Marys
7pm H.C. Royal George

SALVATION ARMY

Sunday Sunday School - Uniting
9.45am Church, St. Marys

Sunday Sunday School - Salvation
2.30pm Army - Cornwall

2nd Sunday Afternoon Service
in month
3.00pm

Wednesday Home League Fellowship
11.00am for all women. Salvation
Army - Cornwall, 1st,
3rd, 5th week of month.
Uniting Church, St. Marys
- 2nd, 4th week of month
Tuesday Joy Hour - Games, Crafts,
3.45pm Fun, Fellowship 5/12 year
weekly at Salvation
Army Cornwall

Thursday 1st week in month Youth
7-9pm Group. Sunnybanks,
St. Marys - ages 13/20yrs

ENVOY & MRS BETTS, Sunnybanks,
St. Marys, Phone 722352

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assumpt-
ion - Sundays Nov.29, Dec.6 9.00am

St. Helens - SS Helena & Stanislaus
Vigil Mass - Saturdays 6.00pm

Fingal - St. Joseph
Sunday 6th Dec. 10.30am

Mangana - Our Lady of the Sacred
Heart - 3rd Sunday of month 10.30am

Mathinna - 5th Sunday of month
29th November 11.00am

Bicheno - Community Church
Sunday December 6th 4.00pm

Parish Priest:
Father Connolly, The Presbytery
St. Marys, 7215 Phone 722252

NOV/DEC

Sunday 29
Monday 30
Tuesday 1
Wednesday 2
Thursday 3
Sunday 6
Monday 7
Tuesday 8
Wednesday 9
Thursday 10

ST.MARYS

Kevin Faulkner
Debbie Barnes
Cliver Perwick
Jenny Stewart
Rona Gatty

FINGAL

Prev Mills
Cheryl McPadzean
Kath Francis
Pauline Hamill
Robyn Miller
Cheryl Rankin
Vicki Woods
Debbie Speers
Pam Davenport
Hetty Williams

MANGANA

Prev Mills
Jack Miller
Kath Francis
Cros Upton
Robyn Miller
Niel Ward
Vicki Woods
Jack Miller
Cros Upton
Les Walters

SPORT

ST. MARYS SPORTS CENTRE INC GOLF

On Sunday 15th Nov. our pennant team competed in the Division 3 State Final at Tasmania Golf Club. Although going down 6-3 the team should be very proud of its efforts in 1987 after winning both the N.E.D.G.A. & N.T.G.A. Div 3 Pennants. Maybe next year for a state flag. Our three winners in Hobart were David Murfet, Andrew Wright and Kim "Comeback" Howe, who won his game after being 7 down after 11 holes. Well done boys. Last Sunday (22nd Nov), our Matchplay finals were conducted over 36 holes. A. Grade was won by Drew Berwick 4/3 over Kerry Davern. The B. Grade victor was Peter Davern 8/6 over Rod Spilsbury and in C. Grade promising junior Corey Cheshire won 5/3 over Shaun Mulich. Special thanks to Geoff and Mary King and Rod Spilsbury for bar duties and Steven "Chops n' Snags" Dawson for running the barbeque.

This Saturday is the November Tankard and Sunday is the Monthly Qualifying Final over 27 holes commencing at 10.00am. The draw is on the notice board. For non-qualifiers there is a competition for you also. The following players are eligible for the main trophies; S. Dawson, S. Wilmot, K. Howe, J. Costain, A. Wright, L. Cook, J. Newman, C. Hayes, T. Viney, D. Berwick, F. Singline, S. Jansen, D. Lavelle, C. Mitchell, Cros Davern, Peter Davern, Paul Davern, Chris Davern, R. McGiveron, G. King, G. Richards, R. Spilsbury, C. Cheshire, A. Danger.

Don't forget the annual Trophy Presentation and Christmas Party Dinner evening in the club-house on Sat. Dec 5th. Make your bookings soon. Come and enjoy yourself and have fun.

Members and Associates this summer we will be running a Sunday 9 hole competition of similar format to a chicken run but where the winner will be able to choose their prize from a list displayed each week in the clubhouse. Hence the name "Take yer pick". Fifty cents entry and starting date is December 6th.

Members

Hidden 9 Hole Stroke
S. Cooke (7) 30 on C/B
P. Wilson (7) 30
Nearest Pin 6th P. Wilson.

Associates

| | Stableford |
|-----------------|------------|
| R. Gill (32) | 36 pts |
| H. Fleming (28) | 34 " |
| K. Wright (27) | 34 " |
| K. Bean (18) | 33 " |

BREAK-O-DAY MILK BAR

Main Street, St. Marys
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6.30am - 8.00pm

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BREAK-O-DAY MILK BAR

ST. MARYS TROTTING CLUB

St. Marys Trotting Club will be racing again on January 1st next. This will be the 102nd year of racing at St. Marys. A programme of seven races has been framed which, for the first time, includes a race for two year olds. Local trainers and horses have declined at St. Marys in recent years leaving at present only myself training. The Woods' families at Fingal however have quite large teams in work and are very good supporters of our club.

Owners and trainers of bygone days were numerous including Linton and Lionel Bullock, Curran brothers Bill and Jim and Jim Smith, Tom Spencer, Lionel and Alf Dawson, also Ken and Norm, Trevor Peters, Cros Davern, Les Rowlings, Senior & Junior, Charles Semmens, Tony Davis, Bernie Barwick. Also Jack Semmens, Bert Woods, L. Hale at Fingal, Semmens

Bros from Upper Scamander and of course the Treloggen family from St. Helens whose breed are still producing winners. I suppose I have overlooked some others and there are almost certainly quite a few others who raced before my time. Alan Mason, Stan Smith I had forgotten and also Col White who is in temporary retirement. I believe that Keith Bullock and other members of the Bullock families and Merv Lohrey at some stage either rode owned or trained at St. Marys. If I have missed any other I apologise. January 1st we will be having a Race Lady Contest and also a Junior Race Lady and Tiny Tots so ladies and girls dress up and come along and participate.

Continued Page 7.

OPEN DAY:

The school's Open Day and secondary prize-giving will be held on Friday, 11th December.

The school will open for the viewing of displays from 12 noon and the formal speech afternoon and prize-giving will begin at 1.45 p.m.

Guest speaker will be Mr. Denzil Williams who was Principal of this school from 1970-74.

NORTHERN HIGH SCHOOLS DIVISION 2 ATHLETICS CARNIVAL:

On Thursday, 12th November our secondary athletics team competed successfully in Division 2 of the Northern High School Athletics Carnival.

Sally Cook's performance was outstanding, setting records in five events.

Best results were as follows.

Girls

Sally Cook -- 1st 100m Open
Sally Cook -- 1st 200m Open
Sally Cook -- 1st Open Triple Jump
Sally Cook -- 1st Open High Jump
Sally Cook -- 1st Open Long Jump
(all records)
Denise George -- 2nd U/13 100m
Denise George -- 2nd U/13 200m
Lori Webb -- 3rd U/13 Javelin
Lori Webb -- 3rd U/13 Discus
Lori Webb -- 1st U/13 Shot Put
Karen Squires -- 2nd U/15 Long Jump
Narelle Betts -- 3rd U/14 Long Jump
Girls Open Relay -- 3rd
Girls U/13 Relay -- 1st

Boys

Anthony Danger -- 1st Open Javelin(Rec)
Justin Hayes -- 3rd Open Discus
Chris Hayes -- 1st U/15 Triple Jump
Kirk McGiveron -- 3rd U/15 800m
D'Wayne Quin -- 3rd U/15 200m
D'Wayne Quin -- 3rd U/15 Hurdles
Geoffrey Hendley -- 3rd U/13 800m
Ricki Oliver -- 3rd U/13 Hurdles
Brett Davenport -- 3rd Junior 1500m

PARENTS AND FRIENDS ASSOCIATION:

The 1982 Annual General Meeting of the Parents and Friends Association will be held on Tuesday, 23rd February at 7.30 p.m.

Please note that the usual date for Parents and Friends meetings is the third Tuesday of the month but the date of the AGM has been changed to the fourth Tuesday next year because the third Tuesday is the first day back at school.

HOME, SCHOOL AND THE CURRICULUM:

ART/CRAFT

At School

Today, the basic truth that children are by nature artists and makers is generally accepted. Their natural abilities flourish when they are given the opportunity to take part in creative activities.

Again, such concepts as problem-solving and discovery apply to this part of the curriculum.

Children learn the techniques of composition, design and construction in artwork, along with skills involved in such activities as weaving, sewing, clay-modelling, block-cutting and wood-carving.

In all of this they are being helped to think imaginatively, to make judgements, and to express and communicate ideas and feelings - in short, to understand better both themselves and their world.

At Home

- Help your children to become aware of the natural beauty around them - different colours and patterns, the different feel of various objects, unusual sounds and smells.
- Tolerate a certain amount of messiness as the children paint and make things with paper, cardboard, sticks, paste, buttons, needle and thread, seeds, foil and odd pieces of discarded material.
- Express interest in 'creations'. Don't let the children lose confidence in themselves as artists/makers. Remember that the experience itself is important for the child, irrespective of the 'quality' of the finished product.

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MR. D. CASBOULT
ST. MARYS PHONE 722143

OR

MR. T. PEARS
CAMPBELLTOWN PHONE 811167

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ST. HELENS.

PHONE (003) 761153 ALL HOURS

Cont. from page 5

The last few years we have had
terrific crowds at our meetings
so please come along again and
make January 1st another successful
day.

Eric Bean,
Secretary.

LADIES VOLLEY BALL

LADDER

| | |
|--------|----|
| WHITE | 20 |
| RED | 18 |
| ORANGE | 4 |
| PINK | 4 |

ROSTER

| | | | |
|----------|-----------------------|---|------|
| 30.11.87 | Orange | v | Pink |
| | White | v | Red |
| 7.12.87 | Winner of Pink/Orange | | |
| | v | | |
| | Loser of White/Red | | |
| 10.12.87 | GRAND FINAL | | |

SWIMMING POOL FUNDRAISING DATES

5/12/87 FRUIT SALAD STALL at Fingal
Hotel. (Donations of tins
of fruit salad would be
greatly appreciated and may
be left with M. McKenzie or
Mary Targett.)

FEB. '88 GOLF FUN DAY

FEB. '88 L'TON CUP DAY LUNCHEON
FASHION PARADE

19/3/88 PIG ROAST

THANKYOU to everyone who supported
the Progressive Dinner. A great
time was had by all.

Our bank balance now stands at
\$7342.54.

CLASSIFIEDS

FOR SALE.....1 Brown Velvet 3 piece
lounge suite. Excellent condition.
\$700 ono. Phone 722461.

WANTED.....One small shack or
4 berth caravan between the 28 Dec.
- 11 January. Phone (003) 393123.

FOR SALE.....YAMAHA PC 100 PORTABLE
ORGAN - Battery/Electric - \$275.
Nava Full face motor bike helmet.
Padded trousers, suit 749 years
Anchor wet suits as new suit 7-9
and 10-12 years.
Phone Bill Targett 722328.

HYDATID COUNCIL CELEBRATES 25 YEARS
QUARTER OF A CENTURY OF DISEASE
CONTROL

About 30 past and present members of the Tasmanian Hydatids Eradication Council attended a 25 year celebration dinner at the Campbell Town Inn on Wednesday night, 18th November. The founder of the organisation, Dr. Trevor Beard, addressed the gathering after the dinner and showed slides used at a meeting of the Royal Society of Tasmania when he was awarded the R.M. Johnston Memorial Medal earlier this year.

The Tasmanian Hydatids Eradication Council celebrated 25 years of continuous operation in November 1987.

During this period of 25 years the risk of human infection has been virtually eliminated.

At the beginning of the campaign, Tasmania had the highest incidence of hydatids in the English speaking world.

The Tasmanian Hydatids Council was instrumental in creating public awareness of the disease and is pleased to have been associated with the Department of Agriculture's control programme which has proved so successful.

Thanks must also go to the farmers and dog owners of Tasmania who have co-operated so well in the campaign.

It was in November 1962 that three hydatid subcommittees of the TFS & OA, TFF and Rural Youth unanimously agreed to amalgamate and form the Tasmanian Hydatids Eradication Council with Dr. T.C. Beard as their Secretary.

In September 1963, THEC was officially recognised by the Government and given an annual grant and in the same year the Chief Veterinary Officer Mr. G.K. Meldrum received approval to prepare a Statewide programme of hydatid control.

This active control programme has been vigorously pursued for the past 25 years. The most noticeable aspects affecting the general public have been the regular testing of rural dogs in Tasmania and the publicity given to the importance of correct methods of dog feeding and control through the media, agricultural shows and lectures to school children.

Many other control measures were implemented by the Dept. of Agric. quarantining of infected properties and monitoring sheep at abattoirs

being just two of these.

From its many meetings over the 25 years THEC, whose 25 members represent 14 different organisations, has supported and assisted the Dept. hydatid control measures.

Tasmanian figures for 1986 show that the infection rate in old sheep has dropped to 0.2%. It was 52% in 1967. This is the only reservoir of infection left.

No infected dogs have been detected since 1985 (over 800 were carrying hydatid tape worms in 1966).

In humans no new cases have been reported in children under 20 years of age for the past 10 years. The four new cases reported in 1986 were aged 29, 39, 64 and 68 years (all probably infected 20 years ago). This year the Tasmanian Hydatids Eradication Council has reaffirmed its determination to fight the disease until total eradication has been achieved; and all of its 14 member organisations have pledged their support of this original aim.

Members feel that it is imperative for the Government to finance the campaign until eradication is achieved in order to prevent any recurrence of the disease through a lapse of preventative measures.

Further information, contact John Pickmere on 63 7321.

JASON LYNCH left St. Marys in September for greener pastures. He is living at Frankston in Victoria and enjoying his job at the Oakdale Meat Works. We wish him all the best in his new venture.

STAGES OF LIFE

We all know of Shakespeare's seven Ages of Man. Here are the ages in everyday language.

- | | |
|-----------------|-----------------------------------|
| 1. CHILDHOOD | Should be happy and carefree |
| 2. THE TEENS | Uncertain |
| 3. THE TWENTIES | Fulfilling |
| 4. 30-60's | Married and family life happiness |
| 5. Old AGE | to be accepted and made most of. |
| 6. DEATH | Comes to all. |

We all pass through these stages. Make the most of them.

LOOK

SANDRA AT "NEW LOOK SALON" PRE-CHRISTMAS-SPECIAL

| | | |
|------------|------------|---------|
| Curvacurl | were | \$39.50 |
| Perms | <u>NOW</u> | \$29.50 |
| Acid Perms | were | \$49.50 |
| | <u>NOW</u> | 39.00 |
| Pensioner | were | \$32.50 |
| Perms | <u>NOW</u> | \$25.00 |

SO CALL AND BE EARLY

PHONE 722260

M E R R Y X M A S

NEWS RELEASE from Jocelyn Newman

Senator Jocelyn Newman (Lib. Tas) says many single parents have been out of work for up to two decades and are finding it increasingly difficult to re-enter the workforce.

"Sole parents need support to get back into the workforce gradually", she said. "Some need basic literacy and numeracy skills, but such training is difficult to get".

Senator Newman has urged sole parents and those on social security benefits to make submissions to a House of Representatives Standing Committee on Employment, Education and Training, which is inquiring into the problems of workforce entry or re-entry by Social Security Pensioners.

Those persons or organisations wishing to make a submission should contact the Committee Secretary as soon as possible, and no later than 18/12/87, indicating their intention to make a submission.

Submissions also should be forwarded as soon as possible and no later than 5 February, 1988 to:-

The Secretary
House of Representatives
Standing Committee on
Employment, Education and
Training,

Parliament House
CANBERRA....ACT. or by

phoning (062)72-6849

For further details phone

(003) 351755 Jenni Jones or
(062) 727755 Jane Addison.

CONGRATULATIONS

Congratulations and best wishes to MR. & MRS. BOB SINGLINE who celebrated their 59th Wedding Anniversary on November 21st.

THANKS

We would like to thank friends and relatives for the phone calls and visits and the support which was given during the time of the search and rescue of my husband on the Elephant Pass. Also to the St. Marys Police, Hospital, Dr. Naidoo, Hydro, Search & Rescue and the many others who are too numerous to mention. Please accept this as our personal expression of thanks and gratitude.

Robin & Beverly Phillips,
Karen & Scott.

Junior Youth Club will finish for the year on the 8th December with a sausage sizzle. The Club wishes to thank the parents for all their help and hope to see you in the new year.

S. Spilsbury.

The F.V.P.C.Y.C. Air Rifle finished on 25th November and will recommence in February, 1988.

M. Spilsbury.

LIONS PICNIC

To help celebrate Tasmania Day the Lion's Club of St. Marys invited the Senior Citizens of Cornwall, St. Marys and Fingal to a bus trip to the Bird Life Park at Bicheno. About 40 people accepted the invitation including 6 from the hospital. Despite the misty rainy weather the outing was most enjoyable, especially the luncheon of soup and toasted sandwiches. Over luncheon the occasion was taken to catch up on news, relive old times. A sincere thanks from all the clubs and the Fingal Valley Welfare Association go to the St. Marys Lions for this annual event and especially to R. Phillips for providing the bus to Lions, R. Sumner, G. Schier and R. Phillips and the ladies Mesdames B. Sumner, K Hayes and R. McGiveron for looking out for our comfort.

Many thanks,
Una Camplin.

STARDUST

Week commencing 26th November

SAGITTARIUS November 23 - Dec. 21

Matters to do with the heart are the highlight of this coming week. This is the perfect time to gether with the one you love and get every thing out in the open.
Best Days: 28, 6.

CAPRICORN December 22 - January 20

Try and hold your tongue when it comes to very touchy issues as you could very well end up hurting someone who is very close to you.
Best Days: 1, 9.

AQUARIUS January 21 - February 19

Short trips will be full of surprises and many new friendships will be made. Also good news could possibly come your way early in the week.
Best Days: 30, 7.

PISCES February 20 - March 20

Your personality and charm will sparkle this week so this could lead to a very active social life, as you have an urge to go out and rage the night away.
Best Days: 2, 8.

ARIES March 21 - April 20

This week is a good time to look on the bright side of life, and you will be full of vigour and a desire for plenty of action of any kind. So rest up well.
Best Days: 27, 5.

TAURUS April 21 - May 21

This week could possibly find you entering into a new ambition, completely different to what you are accustomed. So go into it giving all that you can possibly give, and in the end you will receive the rewards of all the hard work.
Best Days: 26, 4.

GEMINI May 22 - June 21

Some of you will be planning the coming Christmas holidays and various functions that you have to arrange so this will keep you quite busy for the coming week.
Best Days: 29, 3.

CANCER June 22 - July 22

You could find yourself in a slight predicament with the sudden appearance of an old acquaintance. This could bring about a bit of friction.
Best Days: 27, 5.

LEO July 23 - August 23

Now is the time to slow down and have a well earned rest, as you have possibly been burning the candle at both ends and now it is taking its toll.
Best Days: 28, 6.

VIRGO August 24 - September 23

An unexpected invitation from away could find you altering your plans at the last minute, so you can attend.
Best Days: 1, 9.

LIBRA September 24 - October 23

You will enjoy being around the family about now, as you don't get to meet as often as you would like.
Best Days: 30, 7.

SCORPIO October 24 - November 22

Now is the time to go out and have a good time instead of being a flower upon the wall. It's time to get out and let your hair hang down.
Best Days: 30, 5.

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