THE VALLEY & EAST COAST

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EDITORIAL

Hands Off Our Natural Beauties

In the recent furore caused by the prospective drilling for oil on the Great Barrier Reef our main contention is often lost. That contention is why, or more appropriate how, was permission to drill issued in the first place?

One cannot particularly blame the participant oil companies which want to do the drilling; they are after all, only endeavouring to keep their profits up and their shareholders happy. And one suspects, to an oil man, or a miner, the important thing is the discovery of new deposits rather than the place where they are discovered.

Obviously, the Queensland Government was at fault in the first place and the fact that they had the right to issue such drilling permits without public knowledge is deplorable.

Closer to home we hear with a certain amount of disquiet a recent statement by a member of our State Government that he has high hopes for a new Tasmanian Rutile Industry which will obtain its rutile from beach sands. WHAT BEACH SANDS, AND WHERE?

From geologists reports we also gather that Tasmanian beaches seem inately suitable to carry deposits of this crystaline mineral and as there are more beaches along our East and North East Coasts than other areas then the chances are this is where the most rutile is likely to be.

And if a member of the government is already predicting rutile mining on a large scale, the chances are permits to prospect have already been issued and reports received. What we would like to know is, how many, to whom, and where?

Tasmania has some of the finest beaches in the world and the East Coast has the finest beaches in Tasmania. We may need industries in this state pretty badly but, never, NEVER to the detriment of our unsurpassed natural beauties.

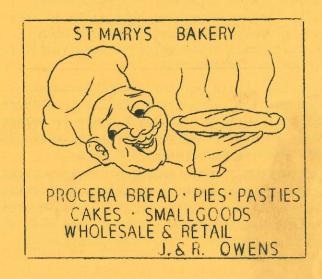


TOUCHE'

DISAPPOINTING week-end for the Adult Education Board at the 'Grange' a while back. For a week-end of special lectures and hints on competent local government, only thirteen councillors applied for the course. None of the thirteen were from Portland or Fingal. Can we assume they know it all.

THE DRAPERY BUSINESS seems to be looking up in St. Marys. In the past few months we have seen a frock shop open, another shop expand their drapery lines and now the old picture theatre is chock a block full of clothing. How long before Launceston residents run out for a bit of Saturday morning shopping?

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SERVICE STORE BULK BUYING Means SAVINGS YOU

by Pegasus (Fortnight beginning 6th March)

ARIES: (21st March - 20th April) Money matters will take up most of your time this month. Take care with running up

accounts. Love will be most unrewaring this half of the month. TAURUS: (21st April - 21st May) Spotlight is on your partner. Do all in

your power to preserve amiable relations.

Confine business to routine matters. Do not speculate on 7th and 16th.

GEMINI: (22nd May - 22nd June) Prevent losses by keeping tight control on professional matters. Accept help from friends or partner. You may be disappointed in love. Look to preventing accidents and keeping in good health.

CANCER: (22nd June - 22nd July) Keep on your toes for opportunities for quick gains. Be discrett in social and romantic fields before 8th. Protect a joint effort on 14th.

LEO: (23rd July - 23rd August) The sun will cause a big impact in your life this month. There may be a threat to your financial plans. Disappointment in romance on 6th then it becomes very promising later.

VIRGO: (24th August - 23rd September) Avoid arguments on the 7th. Strive for greater harmony in your family circle. Good time for beginning group projects.

LIBRA: (24th September - 23rd October) Health may be a problem this month so take care of yourself. Good relations with partners will bring gains in money matters. Do not be overgenerous.

SCORPIO: (24th October - 22nd November) Spotlight on partnership affairs this month. Maintain harmony as a break could be permanent. Be out of any risky venture before 7th. and sidestep any speculation then.

SAGITTARIUS: (23rd November - 21st December) thank all customers before moving to Brisbane. It is not too early to begin physical fitness program as you need to build up your resistance to poor health period. Take a back seat in business matters. Start new plans later. Romance later.

DID YOU KNOW THAT THERE ARE 16 Deaths of MORTGAGORS FOR EVERY ONE FIRE IN MORTGAGED HOMES?

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CAPRICORN: (22nd December - 20th January) Gains through business channels on 10th. Be on guard for disruption in the home. Do not force issues in romance or affectional matters this month.

AQUARIUS: (21st January - 19th February) Care in the home and with your family this month. Do not over spend. Watch for accidents. Time to pursue romance before

PISCES: (20th February - 20th March) Activity in business and professional affairs early this month. Money gain but don't let it go to your head. Avoid travel.

Cornwall

Mr. Editor,

What can the Pensioners expect from the present "Liberal Government" in the "Federal" sphere. Sodium salt is a must with many pensioners and is a dear item many Pensioners and is a dear item \$1 for $5\frac{1}{2}$ oz. I would like to suggest to Pensioners of the Mast Coast and surrounding districts we form units of the Pensioners League, that are functioning in larger centres such as Launceston, Hobart, Devonport, Burnie etc. The age old adage is still good. "Unity is Strength." I am sure that such men like Dr. A.J. Foster and Gil Duthie are happy to help and advise us in our striving for a better standard of Pensions, free Sodium Salt and also to gain us assistance financially when we need to consult "Medical Specialists". At present there is no reduction in fees as I have had cause to know on several occasions. A grateful thanks to Dr. Foster in his recent endeavcurs for increased pensions, and also to Mr. Gil Duthie M.P. These men are our true friends.

> Tas Matthews. Cornwall.

Having sold out our business here known as the "Ocean View Apiary", I wish to

> Thanking you, A.S. Lohrey, SCAMANDER.

Miss Piffle

FINGAL TENNIS PLAYERS will be disappointed to hear that their president Mr. Athol Woods is in the St. Marys District Hospital.

MR. & MRS. D. FAULKNER of St. Marys are the proud parents of a new baby daughter, Karen Maree. They already have a son Des, and daughter Charmaine.

ST. MARYS STUDENTS and residents will be sorry to hear that Mrs. Barnfield fell from a flight of steps at the back of her home at New Norfolk.

MR. & MRS. M. COOPER of Deloraine had an enjoyable weekend staying with Mr. Cooper's brother and sister-in-law Mr. & Mrs. H. Cooper of Fingal.

MANGANA residents will be pleased that Mr. T. Smith of Mangana is home after a recent stay in hospital.

IT IS NICE to know that some of our local residents have some talent. Our new head-master and some of the pupils of St. Marys District School are joining in at the conceron March 13th.

Bev Newett and Miriam O'Toole left the Fingal Cornwall. Valley on Monday 23rd February to take up nursing positions on King Island.

MARKE SWEENEY of Mangana had an enjoyable weekend home with her parents Mr. & Mrs. S. Sweeney of Mangana. Maree is at present attending St. Thomas Moores in Launceston.

ST. MARYS SCHOOL have sent away their first sports team for the year to Cressy. We wish them the best of luck.

CONGRATULATIONS Mrs. G. Hughes and Aubrey Oliver of Fingal on winning the Singles Tennis Championships.

CONGRATULATIONS also to Mrs. Walker and Mrs. Sutton on winning the Fingal Womens Doubles Tennis Championships.

MISS CHERYL SUTTON, who is an A.V.A. volunteer, has settled into teaching at Madang, New Guinea. She is loving the work and ways of life in New Guinea.

MRS. NOEL SUTTON has returned home after attending the state A.L.P. meeting at Burnie.

PRIVATE NOEL BOWEN has been home on leave from Singleton N.S.W., visiting his mother Mrs. B. Bowen, Mathinna.

MR. GREG YATES and SHIRLEY ROGERS of Hobart spent the long weekend with Mr. & Mrs. Tas Yates of Fingal.

MR. & MRS. COL SAUNDERS of Fingal spent the long weekend at Queenstown, where they attended the wedding of Mrs. Saunders son

CONGRATULATIONS to JANE WILLIAMS, HEATHER SQUIRES and JANET YATES who all qualified at the recent Auxiliary Nurses Final Examination. Janet Yates passed with a credit.

CLASSIFIED

FOR SALE....House, weather board, comprising 5 rooms, Electric Hot Water, Septic Tank, Out buildings and Garage. Apply W. Nailer, St. Marys.

FOR SALE: Phillips hifi deluxe record player as new, only 6 months old. Valued at \$180. Will sell for \$130 or nearest offer. Apply Mr. P. Hoskinson, Fingal.

KINGS BUS SERVICE: serving St. Marys, St. Helens, Winnaleah, Bicheno and Swansea. Passengers, phone Winnaleah.

BROWN'S BUS SERVICE: St.Marys - Browns distribute this paper quickly and efficiently. Why not let them work for you?

For the Bride who wants to look radiant on her wedding day without unnecessary expense, hire or buy your own gown from, Glamour Gowns, Shaws Arcade, Launceston.

FOR Sald: 30 Dorset Cross Lambs, \$5.40; $3\frac{1}{2}y$. Ewes \$5.; One stand Cooper Portable shearing plant with Hand piece, \$70 (no motor) Ph. Scamander 56.

District School are joining in at the concert WANTED.... Good home for one male kitten, on March 13th.

All black. Apply... Miss Deborah Bradbury,

Roy Novett and Wiriam Officels left the Right Cornwall.



Dear Val,

what can I do with my boyfriend who never finds time to write but finds time to ring me.

On the hook.

Dear O.T.H., why not Hang him up?

) © @

Dear Val,

I love a man very dearly and all he does is bludge on me because I have inherited a small fortune. What should I do?

Needy Fox.

Deer Needy,

Thank your lucky stars its only a small fortune.

V.V.

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FOR ALL YOUR DUPLICATING, DUPLICATING, DUPLICATING.... CONTACT VALLEY VOICE PUBLICATIONS. BOX 100, ST.MARYS.

- Tasman

One of the grimest relics of the Tasman Peninsular penal settlement are the Salt- . water River Coalmines.

The first of four convict stations to be established on Norfolk Bay, the coal mines were established for the purpose of making the punishment of the most refactory convicts act as a deterrent to the others and at the same time produce fuel for use in the colony. The mines became a "hell on earth" and were dreaded by all. Cells were built in the mine galleries. Failure to complete an allotted task resulted in flogging or solitary confinement underground.

Opened in 1833, leased in 1848 and abandoned in 1877, the mines caught fire and smouldered until recently.

Several ruins remain to give the passerby some idea of the terrible conditions to . which these early offenders were subjected.

* * * * * * *

PULPIT

Certainty: You cannot expect to be 100% certain of anything in this life.

But if you read and think about, pray and meditate on, the life of Jesus, then It is hoped to continue this service free, you are coming as near to the Truth of God as you can expect to be. Some doubts may remain, but there is so much that makes sense to us, that is alive and real in the life of Jesus Christ, that we can trust our lives to the God we see there with as much certainty and reliability as we can trust that the sun will set tonight and rise again tomorrow.

If we will take God on trust in this way be forwarded directly to Mr. J. Spilsbury, and let Him lead us through this coming week, letting Him sit firmly on our selfishness and pride and fears, then we shall know how very much alive

He is in us and in the world around.

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OT. MARYS RED CROSS - DISTRICT AMBULANCE APPEAL1 370

This year the Ambulance Appeal will be held on Sunday 15th March, f. om approximately 5.30 p.m. onwards.

Collectors will call on you and issue an official receipt for any donations given to them. Amounts of \$2.00 and over are tax deductible. All monies donated to the Ambulance Appeal are used entirely for running costs and reserve fund.

The new Ambulance is now a reality and has covered approximately 1,000 miles since being handed over.

We would like the public to understand that the ambulance is free to all in the district, but it is only for stretcher cases and its use is authorised by the Doctors, Matron, or Sister-on-duty, and in cases of emergency, by the Police..

for years to come and this can only be carried out if we have your continued support as we exist almost entirely by donations.

The service has been in operation now for more than 22 years, and we have been told that it is probably the only free service in Austral-

A cordial invitation is extended to anyone interested to attend our meetings, and should you be missed in the Appeal, donations can Honorary Treasurer.

We trust that you will receive our collectors well and our thanks to all who have supported us in the past.

> Clesby Niel, President.

n n n n n n n n n n n n n n, n n We are urgently requiring Blood Donors and the next visit will be on April 13th, 1970, at 7 p.m. at the Institute - St. Marys. We would appreciate your co-operation in becoming a Blood Donor.

YOUR BLOOD COULD SAVE A LIFE

BUTCTHERY ST. MARIS Toby Spilsbury MEa T ALMAYS GOOD IS

Scurvy

"Goodbye - I am not at all afraid of the end but sad to miss many a simple pleasure which I had planned for the future in our long marches...We are in a desperate state - feet frozen, etc., no fuel and a long way from food; but it would do your heart good to hear our cheery conversation...we are very near the end...we did intend to finish our-selves when things proved like this but we have decided to die naturally ... "

That was the pencilled note which was found beside the bodies of Captain Robert Falcon Scott and companions in the tent in which they died. Scott's Southern Party did not starve to death. They died from lack of Vitamin C - a condition known as Scurvy. They had been hauling sledges for four months, living on rations completely devoid of Vitamin C.

Vitamin C is found in fresh fruit and vegetables, especially citrus fruits, tomatoes, parsley, berry fruits, green leafy vegetables and potatoes. It is readily destroyed by cooking and storage. It cannot be stored in the body, therefore an adequate daily intake is essential.

Scurvy is still found in the Australian community, mainly in babies and pre-school

SYMPTOMS are: Bleeding, tender, swollen gums, cold sores, slow healing of wounds, lassitude, tenderness of the limbs.

The method by which a food is cooked can affect its nutritive value as well as its flavour. The best known example of this is adding sodium bicarbonate (baking soda) to the water in which green vegetables are cooked. This will destroy the Vitamin C.

Vegetables should be prepared just prior to cooking, then placed in a small amount of boiling water. Short rapid boiling with the lid on will ensure the minimum loss of Vitamins.

Green vegetables 7-10 minutes, root vegetables 10-20 minutes.

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about the battle of the hemlines?

What a mess the fashion designers have got into. Things have never quite been the same since, with a glorious flourish they unleashed the mini on an unsuspecting world. And its the same mini and its offspring the micro-mini, that could seal their creators doom.

I for one, will not be sorry. Let's face it, since Eve found a use for that fig leaf women have been conned into accepting just about every abomination of dress imaginable - and some unimaginable.

Ironically perhaps, it is only since women have had a greater slice of the fashion design cake that the trouble has started. If it had been left indefinately in the hands of the pink cheeked; male-ish, Parisienne odd balls, fashion could, one suspects, have continued its hectic onslaught on the sensibilities, ad infinitum. Now their complextions are the only things changing - from pink, to purple, to green, to just plain dead, writing on the wall while for now these designers have not only given women something they actually like, but (by the curse of fashion designers) they have given them something they are apparently, continuing to like. The designers have, in fact, given the girls, and women, a taste of uncluttered freedom. (They have also, of course, given the boys and men more than a glimpse of bareness and boldness). How it seems nobody wants to change - except the designers of course and their recent thrashing about could be interpreted as their death throes.

It has been a desperate fight and the designers backed by just about every womens' magazine in the world have done their dash. At what stage these Parisienne hoodwinkers realised their blunder is difficult to say - but realise it they did. Obviously sneaking a few inches in dropped hemlines was not going to be enough. Oh no - it had to be the whole hog! Whammy, they invented the maxi. And that's where the mags came in. A ? regular plague of maxis. Everybody - but EVERIEODY, was wearing them. They - were - the - rage. Did it work? Not likely. All these people wearing them, for a start, looked suspiciously like professional models. Besides, ordinary girls who are not getting paid to wear maxis aren't going to cover up their pretty legs so easily. The mini lovers were also at work. Word crept back about the bottoms of maxis getting filthy. They were prone to get caught in revolving. doors and esculator steps. On crowded footpaths - if they ever get so many maxis. - everyone would be tripping over everyone elses dresses.

Minis remain supreme. The best that the fashion designers could hope was the maxis may oust the slacks in the winter. They know and we know, that come next summer the girls will be disgarding those maxis like moths their cocoons.



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Launceston.

HE WAS

Not so many years ago, Bernard Shaw, poking fun at all things American, came out with some unusually caustic comments.

A number of newspapers rose to the bait and howled in pro st, but one editor held his fire until Mr. Shaw paid his much-publicised visit to Miami.

This editor's paper published a lengthy report on the arrival of Mrs. Shaw. Mrs. Shaw went to this dinner, Mrs. Shaw attended that function, Mrs. Shaw said this, and Mrs. Shaw said that.

Then at the bottom of the long article was this casual afterthought: "Mrs. Show was accompanied by her husband, Bernard Shaw, a writer."

OVERLAND TELEGRAPH

Stretching from Adelaide to Darwin is the old Overland Telegraph, once known as the lifeline of Australia. Built at a cost of £338,000 and considerable hardship, it linked Australia with the cable and thus with the rest of the world.

A t first the natives cut the telegraph wires to make spear points and later they attacked the lonely telegraph stations along the line. At Barrow Creek, in 1874, the natives attacked one evening as the staff were returning from a swim. The station master, Stapleton, and a linesman were speared. The survivors made great efforts to save Stapleton's life. When the end was in sight, Mrs. Stapleton was brought to the Adelaide end of the line and exchanged goodbye messages with her husband.

The 0.T. line also served as a lifeline to lost bushmen.

$_{ m JOHN}$	SCHIER	FUND

Acknowledgements;		
NAITE	ADDRESS	AMOUNT
Mr. W.T. Graham Mr, Mrs P. Sharple Mr, Mrs M. Lohrey Mr. Mrs M. Targett Mrs Ida Britton Miss L. Bailey	St.Marys Cornwall St.Marys	\$2.00 5.00 4.00 1.00 1.00
Mrs wolsh	Falmouth	5.00
Mr, Mrs C. Targott	St.Marys	3.00
Miss P. Targett	st.Marys	3.00
St.Marys P.&.F	St.Marys	30.00
Gordon Salter	St.Marys	5.00
Gil Duthio	Launcoston	10.00
The Voice	ot.Marys	5.00
Mr, Mrs D.Harris	St.Marys	2.00
Mr.Mrs A. Dawson	St.Marys	1.00
Mospital Staff; S	t.Marys	
District	Hospital	7.00
Ad, Hrs R. Byo	St.Marys	2.00
	TOTAL	\$86.00

Any donations may be given or sent to R. Bye, at the Launceston Bank for Savings, St. Marys. All donations will be acknowledged by this paper.

PABY HINTS

Timo-Savor:

when baby first starts on solids and eats only a small quantity, preparing the tiny meal is time-consuming. Cook enough vegetable for a week, sieve it, put it into an ice-cube tray, and freeze. Then each day you have only to take out one or two cubes and heat them.

Eath Time:

F e a foam rubber mat in baby's bath to prevent him from slipping and to give him a sense of security. It is also a good idea to have one on the table when drying baby.

Slooping Bags:

A pair of flannelette pillowcases will make two warm sleeping-bags for baby. Thread elastic through the top hems and the bags will fit snugly round baby's waist. Make two so you will have a clean, dry one on hand always.

 FINGAL TENNIS NOTES

The first of March brought a glorious autumn day for the grand final of the Singles Championships.

In a style reminiscent of pre-war days, Aubrey Oliver and Barney Hughes slogged out a thrilling three set duel, to the delight of the many spectators grouped around the court.

After winning a set each, the contestants went on to fight out the third set. With the games 6 all, the crowd was tense and excited. What a thrilling contest it was, with long rallies before each point was decided! Neither player gave an inch!

Finally the new champion emerged triumphant - Aubrey Oliver d B. Hughes, 6-1, 0-6, 8-6. Congratulations Aubrey, and well played Barney.

The Hughes family was again represented in the Ladies final, when Mrs. Geoff Hughes defeated Mrs. Ian Walker, 6-2, 6-4.

The Club President, Mr. Athol Woods presented the runners-up with a pair of tennis balls each, donated by A. Oliver and J. Snodgrass, while the winners received mounted cup trophies. These had been on display during the week, through the courtesy of Mrs. Kath Ransom.

We hope that those who attend the Club Dance on Friday night, will not exhaust all their energy before the Working Bee on Saturday morning!

Next event - Junior Championships - Saturday 14th March.

L.J. Snodgrass, Hon. Sec.

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Page 8 0 @ @ @ @ To be held on Friday 13th March, 1970 - Community Hall, St. Marys 8 p.m. @ @ @ 0 @ ADMISSION: Adults 60c Children under 14: 30c @ @ @ @ featuring @ 0 @ ALD. C.G. PRYOR M.B.E. & FAMILY - Musical group PLUS @ 0 @ CHRISTINE VRIGHT & GAY SWIFT PLUS 0 - vocal @ (Accepted for Showcase 1970) 0 @ @ DOROTHY ALDRED SMITH . PLUS - monologue @ @ @ KEITH COOK - Magician + Ian Reeve (Launceston) - Cornet @ @ 0 + THE JAY GIRLS from Launceston - Instrumental 0 @ **a** 0 COMPERE: Peter Pitts 7LA @ @ @ BOOKINGS AT Launceston Bank for Savings St. Marys @ @ Holder Bros. Fingal 0 L.E. Le Fevre's Butchery @ St. Helens @ 0 @ 0 @ @ CHURCH @ IN AID OF ST. MARYS ST. HELENS METHODIST

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