

# THE VALLEY & EAST COAST VOICE

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## EDITORIAL

### Hands Off Our Natural Beauties

In the recent furore caused by the prospective drilling for oil on the Great Barrier Reef our main contention is often lost. That contention is why, or more appropriate how, was permission to drill issued in the first place?

One cannot particularly blame the participant oil companies which want to do the drilling; they are after all, only endeavouring to keep their profits up and their shareholders happy. And one suspects, to an oil man, or a miner, the important thing is the discovery of new deposits rather than the place where they are discovered.

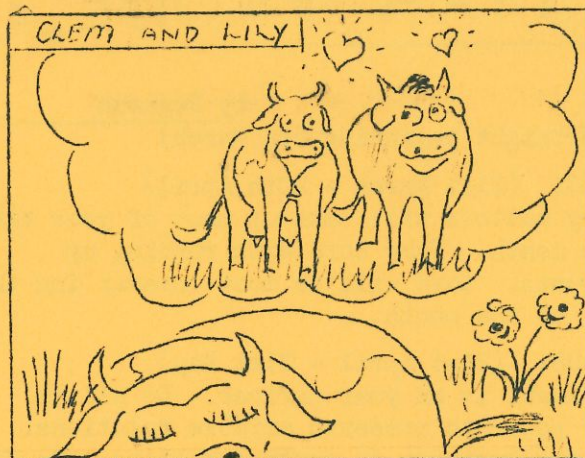
Obviously, the Queensland Government was at fault in the first place and the fact that they had the right to issue such drilling permits without public knowledge is deplorable.

Closer to home we hear with a certain amount of disquiet a recent statement by a member of our State Government that he has high hopes for a new Tasmanian Rutile Industry which will obtain its rutile from beach sands. WHAT BEACH SANDS, AND WHERE?

From geologists reports we also gather that Tasmanian beaches seem inately suitable to carry deposits of this crystalline mineral and as there are more beaches along our East and North East Coasts than other areas then the chances are this is where the most rutile is likely to be.

And if a member of the government is already predicting rutile mining on a large scale, the chances are permits to prospect have already been issued and reports received. What we would like to know is, how many, to whom, and where?

Tasmania has some of the finest beaches in the world and the East Coast has the finest beaches in Tasmania. We may need industries in this state pretty badly but, never, NEVER to the detriment of our unsurpassed natural beauties.



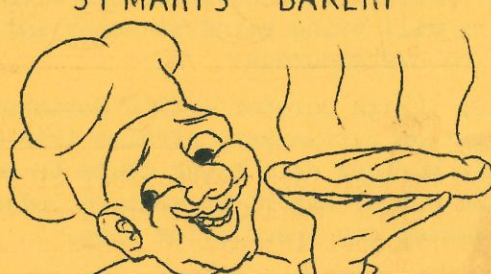
### TOUCHE'

DISAPPOINTING week-end for the Adult Education Board at the 'Grange' a while back. For a week-end of special lectures and hints on competent local government, only thirteen councillors applied for the course. None of the thirteen were from Portland or Fingal. Can we assume they know it all.

THE DRAPERY BUSINESS seems to be looking up in St. Marys. In the past few months we have seen a frock shop open, another shop expand their drapery lines and now the old picture theatre is chock a block full of clothing. How long before Launceston residents run out for a bit of Saturday morning shopping?

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by Pegasus

(Fortnight beginning 6th March)

ARIES: (21st March - 20th April)  
Money matters will take up most of your time this month. Take care with running up accounts. Love will be most unrewarding this half of the month.

TAURUS: (21st April - 21st May)  
Spotlight is on your partner. Do all in your power to preserve amiable relations. Confine business to routine matters. Do not speculate on 7th and 16th.

GEMINI: (22nd May - 22nd June)  
Prevent losses by keeping tight control on professional matters. Accept help from friends or partner. You may be disappointed in love. Look to preventing accidents and keeping in good health.

CANCER: (22nd June - 22nd July)  
Keep on your toes for opportunities for quick gains. Be discreet in social and romantic fields before 8th. Protect a joint effort on 14th.

LEO: (23rd July - 23rd August)  
The sun will cause a big impact in your life this month. There may be a threat to your financial plans. Disappointment in romance on 6th then it becomes very promising later.

VIRGO: (24th August - 23rd September)  
Avoid arguments on the 7th. Strive for greater harmony in your family circle. Good time for beginning group projects.

LIBRA: (24th September - 23rd October)  
Health may be a problem this month so take care of yourself. Good relations with partners will bring gains in money matters. Do not be overgenerous.

SCORPIO: (24th October - 22nd November)  
Spotlight on partnership affairs this month. Maintain harmony as a break could be permanent. Be out of any risky venture before 7th. and sidestep any speculation then.

SAGITTARIUS: (23rd November - 21st December)  
It is not too early to begin physical fitness program as you need to build up your resistance to poor health period. Take a back seat in business matters. Start new plans later. Romance later.

=====

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CAPRICORN: (22nd December - 20th January)  
Gains through business channels on 10th. Be on guard for disruption in the home. Do not force issues in romance or affectional matters this month.

AQUARIUS: (21st January - 19th February)  
Care in the home and with your family this month. Do not over spend. Watch for accidents. Time to pursue romance before 16th.

PISCES: (20th February - 20th March)  
Activity in business and professional affairs early this month. Money gain but don't let it go to your head. Avoid travel.

## LETTERS

Cornwall  
23/3/70

Mr. Editor,

What can the Pensioners expect from the present "Liberal Government" in the "Federal" sphere. Sodium salt is a must with many pensioners and is a dear item many Pensioners and is a dear item \$1 for 5½ oz. I would like to suggest to Pensioners of the East Coast and surrounding districts we form units of the Pensioners League, that are functioning in larger centres such as Launceston, Hobart, Devonport, Burnie etc. The age old adage is still good. "Unity is Strength." I am sure that such men like Dr. A.J. Foster and Gil Duthie are happy to help and advise us in our striving for a better standard of Pensions, free Sodium Salt and also to gain us assistance financially when we need to consult "Medical Specialists". At present there is no reduction in fees as I have had cause to know on several occasions. A grateful thanks to Dr. Foster in his recent endeavours for increased pensions, and also to Mr. Gil Duthie M.P. These men are our true friends.

Tas Matthews.  
Cornwall.

Dear Sir,

Having sold out our business here known as the "Ocean View Apiary", I wish to thank all customers before moving to Brisbane.

Thanking you,  
A.S. Lohrey,  
SCAMANDER.



# Miss Piffle

FINGAL TENNIS PLAYERS will be disappointed to hear that their president Mr. Athol Woods is in the St. Marys District Hospital.

MR. & MRS. D. FAULKNER of St. Marys are the proud parents of a new baby daughter, Karen Maree. They already have a son Des, and daughter Charmaine.

ST. MARYS STUDENTS and residents will be sorry to hear that Mrs. Barnfield fell from a flight of steps at the back of her home at New Norfolk.

MR. & MRS. M. COOPER of Deloraine had an enjoyable weekend staying with Mr. Cooper's brother and sister-in-law Mr. & Mrs. H. Cooper of Fingal.

MANGANA residents will be pleased that Mr. T. Smith of Mangana is home after a recent stay in hospital.

IT IS NICE to know that some of our local residents have some talent. Our new headmaster and some of the pupils of St. Marys District School are joining in at the concert on March 13th.

Bev Newett and Miriam O'Toole left the Fingal Valley on Monday 23rd February to take up nursing positions on King Island.

MAREE SWEENEY of Mangana had an enjoyable weekend home with her parents Mr. & Mrs. S. Sweeney of Mangana. Maree is at present attending St. Thomas Moores in Launceston.

ST. MARYS SCHOOL have sent away their first sports team for the year to Cressy. We wish them the best of luck.

CONGRATULATIONS Mrs. G. Hughes and Aubrey Oliver of Fingal on winning the Singles Tennis Championships.

CONGRATULATIONS also to Mrs. Walker and Mrs. Sutton on winning the Fingal Womens Doubles Tennis Championships.

MISS CHERYL SUTTON, who is an A.V.A. volunteer, has settled into teaching at Madang, New Guinea. She is loving the work and ways of life in New Guinea.

MRS. NOEL SUTTON has returned home after attending the state A.L.P. meeting at Burnie.

PRIVATE NOEL BOWEN has been home on leave from Singleton N.S.W., visiting his mother Mrs. B. Bowen, Mathinna.

MR. GREG YATES and SHIRLEY ROGERS of Hobart spent the long weekend with Mr. & Mrs. Tas Yates of Fingal.

MR. & MRS. COL SAUNDERS of Fingal spent the long weekend at Queenstown, where they attended the wedding of Mrs. Saunders son Noel.

CONGRATULATIONS to JANE WILLIAMS, HEATHER SQUIRES and JANET YATES who all qualified at the recent Auxiliary Nurses Final Examination. Janet Yates passed with a credit.

## CLASSIFIED

FOR SALE....House, weather board, comprising 5 rooms, Electric Hot Water, Septic Tank, Out buildings and Garage. Apply W. Nailer, St. Marys.

FOR SALE: Phillips hifi deluxe record player as new, only 6 months old. Valued at \$180. Will sell for \$130 or nearest offer. Apply Mr. P. Hoskinson, Fingal.

KINGS BUS SERVICE: serving St. Marys, St. Helens, Winnaleah, Bicheno and Swansea. Passengers, phone Winnaleah.

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For the Bride who wants to look radiant on her wedding day without unnecessary expense, hire or buy your own gown from, Glamour Gowns, Shaws Arcade, Launceston.

FOR SALE: 30 Dorset Cross Lambs, \$5.40; 3 $\frac{1}{2}$ y. ewes \$5.; One stand Cooper Portable shearing plant with Hand piece, \$70 (no motor) Ph. Scamander 56.

WANTED..... Good home for one male kitten, All black. Apply... Miss Deborah Bradbury, Cornwall.

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Dear  
Valerie  
Voyce

Dear Val,

What can I do with my boyfriend who never finds time to write but finds time to ring me.

On the hook.

Dear O.T.H.,

why not Hang him up?

V.V.

@ @ @

Dear Val,

I love a man very dearly and all he does is bludge on me because I have inherited a small fortune. What should I do?

Needy Fox.

Dear Needy,

Thank your lucky stars its only a small fortune.

V.V.

@ @ @ @ @

FOR ALL YOUR DUPLICATING, DUPLICATING, DUPLICATING..... CONTACT VALLEY VOICE PUBLICATIONS. BOX 100, ST. MARYS.



Scurvy

"Goodbye - I am not at all afraid of the end but sad to miss many a simple pleasure which I had planned for the future in our long marches...We are in a desperate state - feet frozen, etc., no fuel and a long way from food; but it would do your heart good to hear our cheery conversation...we are very near the end...we did intend to finish our-selves when things proved like this but we have decided to die naturally..."

That was the pencilled note which was found beside the bodies of Captain Robert Falcon Scott and companions in the tent in which they died. Scott's Southern Party did not starve to death. They died from lack of Vitamin C - a condition known as Scurvy. They had been hauling sledges for four months, living on rations completely devoid of Vitamin C.

Vitamin C is found in fresh fruit and vegetables, especially citrus fruits, tomatoes, parsley, berry fruits, green leafy vegetables and potatoes. It is readily destroyed by cooking and storage. It cannot be stored in the body, therefore an adequate daily intake is essential.

Scurvy is still found in the Australian community, mainly in babies and pre-school children.

SYMPTOMS are: Bleeding, tender, swollen gums, cold sores, slow healing of wounds, lassitude, tenderness of the limbs.

The method by which a food is cooked can affect its nutritive value as well as its flavour. The best known example of this is adding sodium bicarbonate (baking soda) to the water in which green vegetables are cooked. This will destroy the Vitamin C.

Vegetables should be prepared just prior to cooking, then placed in a small amount of boiling water. Short rapid boiling with the lid on will ensure the minimum loss of Vitamins.

Green vegetables 7-10 minutes, root vegetables 10-20 minutes.

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about the battle of the hemlines?

What a mess the fashion designers have got into. Things have never quite been the same since, with a glorious flourish they unleashed the mini on an unsuspecting world. And its the same mini and its offspring the micro-mini, that could seal their creators doom.

I for one, will not be sorry. Let's face it, since Eve found a use for that fig leaf women have been conned into accepting just about every abomination of dress imaginable - and some unimaginable.

Ironically perhaps, it is only since women have had a greater slice of the fashion design cake that the trouble has started. If it had been left indefinitely in the hands of the pink cheeked; male-ish, Parisienne odd balls, fashion could, one suspects, have continued its hectic onslaught on the sensibilities, ad infinitum. Now their complexions are the only things changing - from pink, to purple, to green, to just plain dead, writing on the wall while for now these designers have not only given women something they actually like, but (by the curse of fashion designers) they have given them something they are apparently, continuing to like. The designers have, in fact, given the girls, and women, a taste of uncluttered freedom. (They have also, of course, given the boys and men more than a glimpse of bareness and boldness). Now it seems nobody wants to change - except the designers of course and their recent thrashing about could be interpreted as their death throes.

It has been a desperate fight and the designers backed by just about every womens' magazine in the world have done their dash. At what stage these Parisienne hoodwinkers realised their blunder is difficult to say - but realise it they did. Obviously sneaking a few inches in dropped hemlines was not going to be enough. Oh no - it had to be the whole hog! Whammy, they invented the maxi. And that's where the mags came in. A regular plague of maxis. Everybody - but EVERYBODY, was wearing them. They - were - the - rage. Did it work? Not likely. All these people wearing them, for a start, looked suspiciously like professional models. Besides, ordinary girls who are not getting paid to wear maxis aren't going to cover up their pretty legs so easily. The mini lovers were also at work. Word crept back about the bottoms of maxis getting filthy. They were prone to get caught in revolving doors and escalator steps. On crowded footpaths - if they ever get so many maxis - everyone would be tripping over everyone else's dresses.

Minis remain supreme. The best that the fashion designers could hope was the maxis may oust the slacks in the winter. They know and we know, that come next summer the girls will be discarding those maxis like moths their cocoons.

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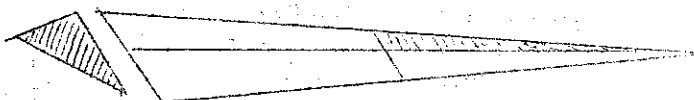
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OVERLAND TELEGRAPH

HE WAS  
THERE TOO

Not so many years ago, Bernard Shaw, poking fun at all things American, came out with some unusually caustic comments.

A number of newspapers rose to the bait and howled in protest, but one editor held his fire until Mr. Shaw paid his much-publicised visit to Miami.

This editor's paper published a lengthy report on the arrival of Mrs. Shaw. Mrs. Shaw went to this dinner, Mrs. Shaw attended that function, Mrs. Shaw said this, and Mrs. Shaw said that.

Then at the bottom of the long article was this casual afterthought: "Mrs. Shaw was accompanied by her husband, Bernard Shaw, a writer."

Stretching from Adelaide to Darwin is the old Overland Telegraph, once known as the lifeline of Australia. Built at a cost of £338,000 and considerable hardship, it linked Australia with the cable and thus with the rest of the world.

At first the natives cut the telegraph wires to make spear points and later they attacked the lonely telegraph stations along the line. At Barrow Creek, in 1874, the natives attacked one evening as the staff were returning from a swim. The station master, Stapleton, and a linesman were speared. The survivors made great efforts to save Stapleton's life. When the end was in sight, Mrs. Stapleton was brought to the Adelaide end of the line and exchanged goodbye messages with her husband.

The O.T. line also served as a lifeline to lost bushmen.

ST. MARYS

*Wale Wright* (SHELL)

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ADMISSION: Adults 60c Children under 14: 30c

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