

THE VALLEY VOICE

AND EAST COAST

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IF YOU'RE AVERAGE, YOU'RE INCREDIBLE!

Here are a few of the incredibly fascinating facts from the newly published "The Mackeson Book of Averages," by Robert Porter.

The average adult loses a pound in weight while sleeping.

The average bawling baby makes as much noise as a pneumatic drill -- more than 100 decibels, and the average person will walk 150,000 miles in a lifetime.

People dream an average of 1 hour and 45 minutes a night, in five separate dream periods.

The average body contains enough carbon to make 9,000 pencils, enough phosphorus to make 2,000 match heads, enough fat to make seven bars of soap and enough iron to make one big nail.

The adult heart pumps eight pints of blood 1,000 times around the body every day.

The average person has a working vocabulary of about 4,000 words -- that is less than one-hundredth of the number of words in the dictionary.

Men sleep an average of eight hours a night; women sleep 8 hours and 20 minutes on the average.

Most suicides occur in the Autumn.

The average person (surveyed in the U.S.) watches about 31 hours of television a week.

The average child is half its adult height by the age of two, and the average baby starts walking at the age of 13 months.

We receive an average of 274 letters a year.

The average woman packs 75% more clothes than she needs when going on holidays.

And the average person breathes in enough air every day to pump up a balloon the size of a kitchen.

SHADES OF POWER!

Wearing certain colors can make you appear more powerful to others, says a top color expert

"Medium to dark colors, such as dark tan, dark or navy blue, charcoal gray and black are 'power colors' and carry authority," says Leatrice Eiseman, author of "Alive With Color."

"People often associate such colors with the uniforms of police or the military.

And, of course, such uniforms always mean power and authority."

Naturally, executives will benefit from wearing power colors-- but their secretaries can also use them to their advantage.

While a secretary doesn't want to appear powerful, she does want to appear competent and in charge. She can do that by wearing lighter shades of the power colors -- such as light gray, medium blue or burgundy.

And there is no need to look boring in power colors.

For example, wearing jewelry that has a brighter, lighter color in it will add excitement and contrast.

If your favorite colors are not powerful ones, you can still make the most of them by wearing darker shades.

Vibrant colors, such as red, don't make good power colors because they can have a stimulating, unsettling effect on people.

Red has an actual physical effect on people. When we see it, our blood pressure goes up, our heart starts to beat faster, we breathe a little quicker.

Each day we express ourselves and our feelings by the color we wear -- and by deliberately wearing power colors, we can influence the way people see us.

QUOTE OF THE WEEK

"For a man, the most disturbing part of being a grandfather isn't the fact that he is one, but that he is now sleeping with a grandmother!"
-JACK LEMMON

GIFT OF FREEDOM

A bachelor is a man who would rather give wedding presents than receive them!

CLASSIFIEDS

FOR SALE. WRECKING 4 SPEED DATSUN 260c. CONTACT BRUCE CORNELIUS OR PHONE: 72 2337.

GEORGES BAY TRADING COMPANY. TASMAN HIGHWAY, ST. HELENS. NEEDS NEW SUPPLIES OF CRAFT WORK. PHONE 76 1735.

BUS AVAILABLE FOR CHARTER. 12 Seater, go anywhere, anytime. Reasonable rates. Phone 72 2329.

PANCAKES FOR WINTER. The Pancake Parlour is open each Tuesday, Thursday, Friday, Saturday and Sunday over the winter. Evening Bookings. Functions. Phone 72 2263 or 72 2161. Try the new sweet pancakes on the menu.

PAINTING... For all exterior painting top quality work. Free quotes. Reasonable rates. Phone 72 2329.

PEAKES BUS SERVICE. ST. MARYS, BICHENO AND SWANSEA. PASSENGERS, PARCELS AND PAPERS. PHONE ST. MARYS 72 2390.

ALLAN WOODBERRY. Buys most old things including linen and dress jewellery. Phone 76 1735 or A.H. 76 1106.

REDLINE COACHES. Delivers this paper quickly and efficiently. Statewide passenger and parcel service.

TOP PRICES. Paid for old Blackwood, Pine or Antique Furniture. Any condition. Phone 76 1378.

WANTED. ANY PERSONS INTERESTED IN BECOMING A VOLUNTARY AMBULANCE DRIVER. PLEASE PHONE N. PEAKE 72 2390

LOST. Small smooth haired Terrier (Dark in colour). Carries right hind leg. Missing approx. 2 weeks. Answers to the name of KIM. Any information please phone: Penny Britton on 722 340.

WANTED TO BUY: A second hand wood heater in good working order. Phone 74 2344

OP SHOP. Pop in and grab yourself a real bargain. Neighbourhood House Fingal Group - open every Friday in the Tasmanian Hotel building 10am to 3pm.

ATTENTION: Is your chimney dirty? Then We'll clean it! Very reasonable rates. Phone 722187 or 722458.

JUST ARRIVED
WARM SHEETS FOR WINTER.

RICHARDS HOME FURNISHERS

S \$128.95 DB \$34.95 QS \$44.95 per set.
4 Draw Chests Teak in 18" & 36" wide \$89.00 & \$119.00
Jardineres from \$21.95 each.
107cm & 137cm drop. To fit window up to 250cm wide.
Available in Ivery and White.
Plus matching Continuous 137cm & 213cm drop... \$3.35 & \$4.95 per m.
Plenty of Curtain Material at reduced prices.
St. Helens. Phone 76 1147.

POSITION VACANT

Applications are invited for the Position of Part-time (24 hrs week) Project Officer with the Fingal-Portland Community Youth Support Scheme. The successful applicant will be working with young people in the St. Mary's and St. Helen's districts. Welfare or related experience an advantage. Applications in writing to P. Willans, Fingal-Portland C.Y.S.S., St. Mary's Post Office, 7215.

WHAT ON....

The Tasmanian Hotel Centre is privileged to have this documentary resource of cultural and historical importance now available in the Gallery Room. We welcome all members of the surrounding communities to view this display. Open daily from 9am to 5pm.

INDOOR HOCKEY.

Any persons interested in forming an indoor Roster please phone Jenny Stewart 742183 or Debbie Dawson 722464.

CYSS PROGRAM

MONDAY - Rossarden Community Hall 10am
10am St. Marys - Cooking.
TUESDAY - 2pm St. Marys - Leatherwork
WEDNESDAY - 10am St. Marys - Video
1.30pm St. Marys - GIRLS ONLY afternoon.
THURSDAY - 10am St. Marys - Stained Glass.
2pm St. Marys - Wood Work
FRIDAY - 10am Fingal Tasmanian Hotel Leatherwork.
ST. HELENS Mocassin Making starting soon.

RING: Lindy or Michelle for further details on 722187 or 761134.

WHAT'S ON

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C.P.R.

CARDIO - PULMONARY RESUSCITATION
FOR COMMUNITY MEMBERS.

WEDNESDAY NIGHT 25TH JUNE, 1986.
7.00PM.

R.S.L. INSTITUTE, ST. MARYS.

Open to all persons.

Designed to inform and teach
beginners and update those with
previous skills.

Information on heart problems
heart attack.

resuscitation methods and Practice
sessions.

Have you ever wondered what you
would do if a member of your
family had a heart attack? or if
anyone collapsed near you?

- Come along and find out all you
ever wanted to know about resusci-
tation but didn't like to ask, or
try!

Senior Citizens of the Fingal
Valley and Friends.

Wednesday 18th June 1986.

Commencing 1pm

at Cornwall Hall, Cornwall.

An afternoon especially for you!

Should you need further information

it is available from your local

Senior Citizens Club, Community

Health Nurse or Mrs Una Camplin

72 2248 President of the Fingal

Valley Welfare Group for Senior

Citizens.

Transport can be arranged.

The Annual Meeting, Anglican Church

Centre, St. Marys. Sun. June 29th

2.30pm. In the R.S.L. Institute.

Shortened Service meeting to
follow.

ST. MARYS WOMEN'S R.S.L. AUXILIARY

Meeting to be held 30th June.

R.S.L. Hall 2pm.

BINGO : Tues R.S.L.Inst, St Marys

Jackpot 24th June

1st book \$130, on 53 calls

2nd book \$190, on 59 calls

EDDY HAWORTH

CHARTERED ACCOUNTANTS,
(formerly E.L. Garrett & Co.).

Anchor Arcade, St. Helens. Phone

76 1707.

Main Road, St. Marys. Phone

72 2172

40 Charles St. Launceston. Phone

31 4577

Do you know that from 1st July
1986 you will have to SUBSTANTIATE
your TAX DEDUCTIONS? If you are
unable to do this you may be
denied legitimate deductions. We
can help you prepare for this and
advise on the records that should
be kept. We can also advise you
on the FRINGE BENEFITS TAX and the
new Capital GAINS TAX.
We service St. Helens, St. Marys,
and the Fingal Valley every
Friday, so contact us for an
appointment.

R.A.F.T. The annual Meeting of
R.A.F.T. will be held at 7.30pm
on Tuesday 24th June at the home
of Bill and Gwen Johnson, Fingal.
All Welcome.

BADMINTON.

Thursday evenings 7pm to 9pm in the
Sports Centre.

(Could the old St. Mary's Badminton
Club equipment please be brought
along to the next badminton evening,
for use of Club Members):

New rules of the Sports Centre must
be adhered to by all players.

FOR SALE....One Simpson Pope
Washing Machine - ringer type -
very good order, as new. Large
bowl. \$250 ono Phone 742247, Mrs.
Dorothy Parker, Fingal.

* LOVE IS BLIND *

AS a member of a new police-dog unit,
I was detailed to show the public
this latest addition to the force.
I stopped for a cup of coffee at a
busy railway station and had com-
manded my dog to a down position
beside me when a little old lady app-
roached. She had a coin in her hand

"STOCKTAKING SALE" AT

cont.. Page 4

BLACK GOLD BOUTIQUE

ST. MARYS. PHONE 72 2441.

MONDAY 23RD

FRIDAY 27TH JUNE.

20 % CASH DISCOUNT

ON ALL GARMENTS.
(ONE WEEK ONLY).

(F.B.G.B.S.B.G.B.)

CHURCH

NEWS

FINGAL-PORTLAND UNITING CHURCH

Sunday June 22

Fingal 9.30am
St. Marys 11.00am
St. Helens 7.00pm

Sunday June 29

Fingal 9.30am
St. Marys 11.00am
St. Helens 7.00pm

- - - -

ANGLICAN PARISH OF ST. HELENS

St. Pauls Church

8.00am Eucharist every Sunday
11.00am Every Sunday
7.00pm Every Sunday

St. Michael's and All Angels Church - Pyengana

9.30am 2nd & 4th Sunday

Falmouth Church

9.30am 1st & 3rd Sunday

- - - -

ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday June 22

9.00am	H.C.	Fingal
10.30am	H.C.	St. Marys
3.00pm	H.C.	Mathinna
7.00pm	H.C.	Avoca

Sunday June 29

9.00am	Fingal
2.30pm	St. Marys

(R.S.L. Institute)

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SALVATION ARMY CHURCH SERVICE

Sunday June 22 & 29

9.45am Sunday School
11.00am Church Service
Led by Envoy & Mrs. Betts

Wednesdays

1.30pm Ladies Home League
Residence
Envoy & Mrs. A. Betts
"Sunny Banks"
St. Marys
Phone 722352

- - - - -

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-
tion - Sundays June 22, 29.
9.00am

St. Helens - SS Helena & Stanislaus
Vigil Mass - Saturdays 6.00pm

Fingal - St. Joseph
Sunday June 22 10.30am

Mathinna - Sunday June 29
11.00am

Mangana - Our Lady of the Sacred
Heart - 3rd Sunday each month
10.30am

Bicheno - Community Church
First Sunday each month 4.00pm

PARISH PRIEST

Father Connelly, The Presbytery,
St. Marys 7215. Phone 722252.

MEALS ON WHEELS

JUNE

ST. MARYS

FINGAL

Sunday
Monday
Tuesday
Wednesday
Thursday

Eric Bean
Mary King
Jim Napier
Cheryl Hendley
Wendy Aulich

Aub Oliver
Sutton Lowe
June Hall
Pauline Hamill
Pam Davenport

Sunday
Monday
Tuesday
Wednesday
Thursday

Kerin Glatte
Lorraine Horsman
Viv Young
Ruth McGiveron
Shirley Britton

Lionel Rankin
Robyn Miller

WHAT'S ON

The Annual General Meeting of
the Anglican Parish of St. Marys
Sunday June 29th 2.30pm R.S.L.
Institute. Shortened Service.
Meeting to follow. Afternoon
tea.

Love is Blind
cont.... from Page 3.

and she said, "God bless you, I've
never seen a blind policeman."
At that, she dropped the coin into
my coffee cup.

SPORTS

NETBALL NEWS BY 'ON COURT'

The second round of the season saw St. Marys go undefeated. The standard of play and umpiring dramatically improved in this round and this made for more enjoyable games both to watch and play in.

The match between Fingal and St. Marys saw a much improved Fingal team with the return of a couple of players and better goal shooting. Unfortunately they could not withstand St. Marys' team effort and were defeated.

SCORES: St. Marys 50 to Fingal 22

Campbelltown took an early lead in the match at $\frac{1}{2}$ time were 7 goals upon the Tigers, but by half time the margin had slipped to only 1 goal. It was a tightly contested second half with the lead changing several times before St. Marys gained possession and scored accurately to go on and win by only 3 Goals.

SCORES: St. Marys 27 to C'Town 24.

Although Avoca tried desperately to hold St. Marys the Tigers were too dominant and easily accounted for them by 45 goals.

SCORES: St. Marys 59 to Avoca 14

The game between St. Marys and Swansea was evenly contested with St. Marys leading by only a few goals until the Final Quarter. Swansea was obviously missing Veronica Wilcox in goals as they scored only 2 goals to St. Marys 12 in the quarter, it was this that caused Swansea to lose touch with the match. Outstanding teamwork and defence saw St. Marys defeat Swansea by 11 goals.

SCORES: St. Marys 29 to Swansea 18

ST. MARYS GOLF NOTES:

Well St. Marys Golf Club is in the news once again. On Sunday the A Grade clinched the Pennant for the North East Season by their win of 7/2 over Bicheno. With only 2 more games to play they are in an unbeatable position and much credit must go to our Juniors. Chris Davern and Drew Berwick have played brilliantly during the season. Damien Lavelle has never lost a game in B Grade and with two vital games to play we wish you success Damien. Good hitting B Grade you still have a chance.

Mrs. Colleen McGee won the coveted Lyne Dowling Trophy at Country Week which is represented by over 200 players from all Clubs played recently.

Congratulations Colleen.

N.E. Pennant St. Marys 7/2 D Bicheno

K. Davern 1up D D. Holmes
R. Ridgers Lt A. Longden 4/3
S. Dawson Lt J. McDonald 1up
S. Wilmot 7/6 D P. Healey
R. McGivern 3/1 D D. Cornelius
D. Murfett 4/3 D J. Stephens
A. Wright 1up D B. Coleman
Chris Davern 2/1 D D. Whammond
D. Berwick 6/4 D C. Fletcher.

B Grade St. Marys 3/2 Def. Bicheno

D. Lavelle 3/2 D L. Wallace
Peter Davern Lt N. Tidesly 2/1
D. Summers Lt N. Quinn 4/3
L. Cook 2up D S. Beechey
C. Berwick 4/3 D D. Williams

MEMBERS BOGEY

D. Summers (18) 5up
P. Wilson (15) 4up
Chris Davern (12) 2up
Nearest Fin 5th S. Wilmot
Nearest Fin 7th Chris Davern.

STROKE

A. Griffiths (16) 64 nett
S. Mitchell (15) 68 nett
R. McGivern (9) 69 nett
C. Berwick (14) 69 nett
Nearest Fin S. Wilmot

** ** *

ST. MARYS FOOTBALL CLUB CABARET

Cabaret June 28th. Live Band.
All welcome.
Bring a Friend to the Football Club Rooms.

** ** *

* M*U*L*T*I*C*A*P *

Return Coach trip (Saintys)

CROCODILE DUNDEE

Wednesday 25th June 1986

\$15 p/head (fares & theatre inc.)

BOOK NOW: Limited Tickets

Ph: 722172 A.H. 722196

leaving:

5.40 ST. HELENS Newsagency

6.00 SCAMANDER Dabners

6.20 ST. MARYS Westpac

Film begins 8pm.

BEETLE EVENING / SUPPER

3rd July,
7.30pm \$3.00

** ** *

HOW TO AVOID COLDS.

If you think that you have caught a cold, call in a good doctor. Call in three good doctors and play bridge.

And, above all, don't catch cold.

No exercise. This is all-important. Exercise just stirs up the poisons in your system and makes you a hot-bed of disease.

ST. MARYS DISTRICT HIGH SCHOOL

STAFFING:

We were sorry to lose the services of two of our teachers at the end of Term I. Mr. Alan Beach is on leave until the end of the year and Mrs. Debbie Lucas, who has been teaching for two days per week with infant classes has been transferred to a full-time teaching position at St. Helens District High School.

Mr. Barry Snigg from Ulverstone High School replaces Mr. Beach and Mrs. Lesley Wilkin, who worked in the school last year replaces Mrs. Lucas.

MOTHERS CLUB:

The next meeting of the Mothers Club will be held at 1.45 p.m. on Tuesday, 8th July and not on Tuesday, 24th June as advertised in the school newsletter.

GRADE 7 AND 10 PARENT-TEACHER INTERVIEWS:

Parents of Grade 7 and 10 students who received reports at the end of Term I are invited to discuss their children's progress with teachers in the school library on Tuesday, 24th June at 3.15 p.m.

If this time is not suitable, parents may arrange appointments through the Principal or the Vice Principal.

AUTUMN - by Grade 5 Students

Autumn to me is beautiful because of its colours that it spreads around. Autumn tells me that something cold is on its way. The thick drippy fog covers the mountains and the leaves come fluttering down. Anxious leaves are trying hard to hang on, then red, yellow, orange and crimson all flutter to the ground. Autumn still brings the cold that tingles to get to my toes. The sadness and sorrow of autumn is when the leaves have fluttered to the ground. The fire is burning, trying to keep us all warm. My little hands and toes freeze as I

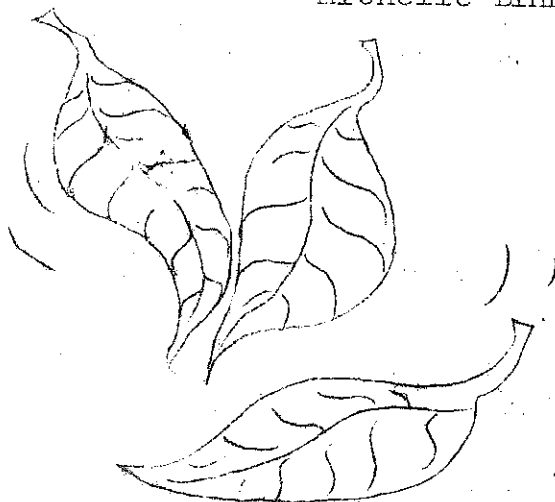
come up the school drive. I feel sorry for the trees that lose their leaves for if Jack Frost gets them they will all die. I think I would like to be an evergreen tree for they don't lose their leaves. When Spring finally comes all the trees will be blooming like ever.

Rebecca Burgess

Autumn! Autumn! Autumn is here. I love Autumn, especially all the beauty that fills the world. Autumn tells me that Mr. Jack Frost is coming soon. I really don't want Autumn to go away, deep down inside me. Autumn covers the mountain tops with beautiful bleak colours. Slowly the Autumn weeks go by. But I still watch the colourful leaves desperately trying hard to hang on to life but most just slowly give way. I shiver as I walk along the path shuffling the leaves as I walk. Autumn is the best season of the year; I think. Beauty is the best thing anybody could ask for.

The leaves of Autumn start at green, goes to orange, then to yellow and last of all brown, then they desperately try to hang on but slowly, at the last minute, they break and flutter down. On the last day of Autumn the memory of the days gone by filter through my mind. Quietly the clouds move over the world like a colossal stone blocking out the light and we can't see the beauty of autumn. The winter air is coming and the children don't seem to come out any more. The feeling of coldness fills the air. People start to go outside for a peep and see the naked trees.

Michelle Binns



Minutes of the meeting held at the

Child Health Centre, Wed. 23rd May.

The following interested people attended; Bronwyn Bowkett, Anne Bennet, Jill Moore, Vicki Prins, Eileen Koops, Jennie Williams, Carole Gunson, Anne Cannon, Cathy Beer, Lorraine Smith, Chris Beswick, Marion Rataj.

These items were discussed;

1). **COMMITTEE:** A new committee was formed as old committee members had left the area. Our new committee is Jill Moore, Anne Bennet, Cathy Beer, Barb Tetley, Jenny Williams, Lorraine Smith, Anne Cannon. These people will be responsible for the decision making and running of the Toy Library.

2). **ROSTER MEMBERS:** Alicia Linfoot and Bronwyn Bowkett offered their services and Vicki Prins and Marion Rataj gave their names as emergency helpers.

3). **LENDING TO PLAYGROUPS:** The Toy Library has approx. 50 members with 40 people borrowing regularly. These people reside in the St. Marys, Gray, Falmouth, Four Mile Creek and Scamander areas. Although the Toy Library has been promoted in the Fingal area participation has been poor. Scamander Playgroup has requested a bulk borrowing system on a monthly basis. This was agreed to and resolved that Playgroups may borrow:

- 1 Construction Set.
- 1 Playset.
- 6 Puzzles.
- 3 Crib & Playpen items for a period of 1 month at the usual hire rate of 2 weeks. Toys to be collected and returned by a Playgroup representative.

Falmouth Playgroup has been offered the same proposal and Mrs. Miller, Secretary of the Fingal Playgroup is to be approached. This method will provide maximum circulation of the Toy Libraries facilities.

4). **CENTRAL LOCATION OF TOY LIBRARY:** Many have found difficulty in operating the Toy Library on busy weeks from such cramped conditions. Although we are extremely grateful to the Child Health Committee for the use of their premises it was decided to approach Mrs. Saunders of the Fingal Council for her suggestions on a possible rent-free alternative location in the St. Marys area as this was agreed to be the most central spot for borrowers.

5). **Charges for lost or damaged items.** This item was discussed in earnest and was decided to leave the matter in the hands of the

considered fitting.

lost items will be replaced with money from our I.D.S. operating account.

6). **GRANT-MONEY USAGE:** It was un-animously decided to apply for another grant for 1987 and for the Committee to follow-up toy sales at department stores for new additions to stock.

We look forward to the growth of the Toy Library through the guidance of the new committee and hope to be reaching maximum circulation by the end of this year.

Thankyou for your continued support.

A. Bennet/J. Moore

TAT OR FIT?

Some hints for winter exercise.

Fat is easier than fit, but most of us would like to be thinner and trimmer. Let's see if there are any painless ways to get fit this winter.

ASSESS YOURSELF

Programmes always start with a base line. To see if you're ready for winter fitness, mark yourself on the A/D check list below.

Tick the points that apply to you.

Score a point for each tick.

Bored(.) Restless(.) Tired(.) Can't sleep(.) Jeepy(.) Depressed(.) Always going to the doctor(.) Can't settle to anything(.) Don't fancy meals(.) Always nibbling snacks(.) Clothes tight around the waist(.) Short of money(.) Hate sport(.) Hate exercise(.)

SCORES:

1-2 Join our programme. You might need it later.

3-9 Join our programme. You need a bit of help.

10-14 Join our programme. It's for you

15 Join our programme. You're the ideal starter!

YOUR ASSETS:

Whatever your score you're bound to agree there's room for improvement. You're bound to benefit, you've got time to spare (You ticked 'bored', remember) You're short of money? Good, you can't afford to run away. Your clothes are tight? Also good, You'll see a difference as you exercise. There you are-you've convinced yourself you'll benefit from our programme.

YOUR PROGRAMME:

Ways of getting fit, losing fat, should all start with a medical check. Then get your largest basket. Stack it with all the fattening foods you've bought. All the biscuits, cakes, pasta, bread, sugar and lollies would be a great beginning. Now give the lot away.

cont.. Page 8.

cont...

Reducing your intake of starchy, sugary foods will help get rid of the spare tyre. As it disappears, you'll feel more like moving about. Moving also gets rid of some excess weight.

GET GOING:

Start in your home. Today's project is to evaluate your possessions with exercise in mind. Most of us have accumulated things that have to be maintained, your entire home can become your exercise arena, a gymnasium where you and your possessions improve together. Suppose you choose to evaluate your lounge room, it contains your armchair, bookcase, footstool, standard lamp, fitted carpet, and twenty five family photographs.

Available exercise: move chair into middle of room, brush upholstery, shake chair to dislodge coins lost down the back, clear books from bookshelf, dust each, dust shelves, paying special attention to the lowest shelf, replace books on shelves, crawl around room brushing fluff from that crack between the skirting board and the carpet - ... nobody said you would actually like this programme, but it is certainly full of exercise.

And of course, there's more!

PRECAUTIONS:

See your doctor for a checkup. Never do an exercise that causes pain. Start slowly increase exercise very gradually.

COAL MINES AT BICHENO AND THE DOUGLAS RIVER.

The first coal mine to be worked in Tasmania was at Port Arthur where over four hundred men toiled in the five miles of underground passages in the year 1848. Coal had been discovered on the Coal River, near Richmond much earlier, but no private working of a seam took place before 1850. Two hundred tons of Shouten Is. coal was marketed in Hobart in 1844, but it seems the cost of transport was too great and there was no further shipments made. Numbers of other outcrops were discovered in various parts of the island, including those at the Douglas River, and Killymoon, on the Break of Day, but as wood was plentiful there was not enough demand for coal, to make it worth mining until the coming of steam ships. There was always an increasing problem of keeping water

out of the mines.

There has always been confusion over the Douglas River mine and the larger one at Bicheno. Both seem to have had a wooden-nailed tramway for delivering the coal to waiting vessels, in trucks drawn by pit ponies, and both loaded the coal in Laub's Harbour, which had been properly charted for shipping in 1844.

The Douglas River coal was taken on at the Long Point, which is now Seymour, and the Bicheno coal was loaded in the Gulch, nearby three miles from the mine.

(It seems possible the name Gulch was introduced by miners who returned from the California gold rush).

Far more men worked at the Bicheno mines than the Douglas River.

Their huts of rough split timber and bark, covered the side of the nearby hill, and a large apartment house, of brick nogging, was built for their convenience.

Vessels of the Eastern Coast Steam Navigation Co. were calling regularly and trawlers were fighting their way round the pillar to Bicheno, where the settlement was rapidly expanding. But the big worry was always transport and cost of production. When the Steamship Co. went into liquidation the mines were advertised for sale on Jan 18th 1859 with 2096 acres of land. Fourteen years later two colliers were still taking coal from Seymour, but except for an attempt for a revival in 1929, no mine has been worked seriously in the municipality. Thirty million tons of coal is said to be still there, only 200,000 tons of coal was ever taken from the mines during their period of production.

PUBLIC MEETING - SCAMANDER HOTEL.

Tuesday 24th - 7.30pm

REASON.

1. To form an Action Group to work at keeping the Scamander Bar-way open.
2. To discuss ideas re-fund raising. Let it be seen that we can get on with the job and organise working bees.
3. To support tourist attractions and business developments.

** Put your ideas forward. To know the benefits the boating public have experienced during the past weeks. All welcome

THE SCAMANDER RIVER IS A GREAT RIVER.

See you there.

Jake Smythe
Co-ordinator.

PRESS RELEASE - ST. HELENS
10.6.86

Substantial cuts must be made in Government spending, according to Lyons M.H.R. Mr. Max Burr.

Speaking at the St. Helens Branch of the Liberal Party on Monday night Mr. Burr said that taxpayers were no longer able to sustain the present rate of government spending.

"Cut backs must be made in areas previously considered untouchable," he said.

"In social welfare a distinction must be made between those people who are unable to care for themselves and those who are unwilling to care for themselves.

"Society has a duty to look after the elderly or the disabled.

"However we cannot continue to hand out money without restraint to fit, able bodied people".

Mr. Burr singled out Medicare, unemployment benefits, single parent benefits and grants to aboriginals as areas that must come under much closer scrutiny and much tighter administration.

"In other areas a distinction should be made between spending that will add to our quality of life and spending that will add to our national wealth.

"It must be realised that the country simply cannot afford heavy spending for the arts, conservation and sport when the country is going broke.

"However, it would be very negative to cut back on research and development, education or on grants to modernise and encourage industrial development.

"The plain fact is that Australians must give all their attention and energy to earning wealth and not to be so pre-occupied with distributing wealth.

"Some interest groups will scream from the roof tops if their sacred cow is threatened.

"However we have lived in a fool's paradise for too long and we must now concentrate on building the strength of our country before we really do become a banana republic," Mr. Burr said.

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STARDUST

BY CANCER CUSP
FORTNIGHT BEGINNING JUNE 19TH, 1986.

GEMINI: May 22 - June 21

You're likely to meet a person with a kind of magnetic quality, but you'll find there is little sincerity under the surface. This is a good time for dealing with business matters.

LUCKY NUMBERS: 3, 15, 26, 34.

CANCER: June 22 - July 22

This is a good time for catching up with outstanding correspondence and mending chores around the home. Hobbies, especially those to do with music are favoured. You need to watch your health.

LUCKY NUMBERS: 8, 17, 23, 44.

LEO: July 23 - August 23

Work indications are a little worrying. You may meet some people whom you can't take to. Your instinct is likely to be right. A shy person will be pleased because you're friendly.

LUCKY NUMBERS: 6, 20, 28, 48.

VIRGO: August 24 - September 22

Patience will be necessary this week because there are tensions in the air. Home influences are not favoured. A stranger is likely to enter your life at the weekend.

LUCKY NUMBERS: 5, 12, 24, 36.

LIBRA: September 23 - October 23

You'll hear an odd story which you'll find difficult to believe. The romance of an older person will delight you. This is a good time for travel and romance is especially favoured.

LUCKY NUMBERS: 9, 18, 35, 46.

SCORPIO: October 24 - November 22

You seem to be going to a meeting and will be astonished to find a certain other person also there. Your most favourable time is this Wednesday, but the weekend will be most enjoyable.

LUCKY NUMBERS: 10, 29, 39, 47.

SAGITTARIUS: November 23 - December 21

You may have the pleasure of bringing together two people who have quarrelled. Someone close to you may show a lack of energy through doing too much. Luck in money is indicated.

LUCKY NUMBERS: 2, 11, 21, 42.

CAPRICORN: December 22 - Jan. 20

Don't take a tall story too seriously. You may find you can't return the romantic interest of a member of the opposite sex. Be honest about this to avoid heartache.

LUCKY NUMBERS: 4, 13, 22, 33.

AQUARIUS: January 21 - February 18

You may seem a little jaded. It could be a good idea to get out in the fresh air as much as you can, and seek cheerful company. A letter will confirm a decision about a money matter.

LUCKY NUMBERS: 1, 14, 27, 45.

PISCES: February 19 - March 20

This is a good fortnight for purchases. A friend will share your enthusiasm for an activity. A slight disappointment over romance is forecast for singles. Luck with money is indicated.

LUCKY NUMBERS: 16, 25, 33, 41.

ARIES: March 21 - April 20

A new friend will take up a lot of your time, and you may find yourself worn out by contact with a very vital personality. But you'll have a chance to seek quieter company.

LUCKY NUMBERS: 7, 19, 38, 40.

TAURUS: April 21 - May 21

A secret is best not shared or there may be more trouble than you can tackle if it gets into the wrong ears. Stick to group outings this fortnight as these will prove more enjoyable.

LUCKY NUMBERS: 30, 31, 32, 39.

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