

THE VALLEY

AND EAST COAST VOICE

VOL. 19 NO. 18 FEBRUARY 20, 1987
PRICE 25c

REGISTERED BY AUSTRALIA POST
PUBLICATION NO. TAC 0219

STAYING AT SCHOOL IS SOUND ADVICE

Students who choose to leave school before Year 12 will find it increasingly difficult to get a job, a key business group has warned.

The Australian Chamber of Commerce said a combination of a decline in the number of new jobs and a demand by employers for higher qualifications will leave early school leavers in the ranks of the unemployed.

The chamber said over the next two or three years about one in every five early school leavers aged between 15 and 19 will be unemployed and the rest will be able to get only short-term jobs. Youth unemployment, currently running at 22.9 per cent, is more than double the overall average.

"Some may be able to get short-term work while they are juniors, but once they turn 18 they could find that they have sentenced themselves to a lifetime of temporary or mental jobs."

It was critical for more young people to stay on at school - both for the development of Australia and themselves.

"Young people now consider their future at the end of Years 10 or 11 might be better off staying at school and building basic skills to open the way for specialised on-the-job training or tertiary education."

By 1990 the depreciation of the Australian dollar was expected to have boosted exports in the areas of telecommunications, medical, pharmaceutical and scientific products, printing and publishing, and textiles.

He said this would open up new jobs for young people in marketing, management, computer aided design and manufacture, research and development and in finance, transport and entertainment services.

(Story taken from the February issue of Tasmanian Business Reporter)

TOURISM SHOULD BE A COMBINED EFFORT

The recent poor performance of the industry in attracting visitors to Tasmania, which has been apparent for some months, highlights the need for all sections of the community to accept that they have a part to play in increasing the tourism contribution to our economy.

The Government has the prime role of promoting Tasmania to potential visitors. There can be no doubt that a significant change in direction is required if the Government is to succeed in this role.

Recent promotions featuring the Tassie Devil have simply not succeeded when judged on visitor numbers to the State.

Tasmania's attractions for a whole range of potential visitors are not being portrayed to best advantage by the Tassie Devil image and some of its on-stage presentations. The Devil has a role in merchandising - not as the supreme image of Tasmania.

A more professional portrayal of Tasmania's particular assets and a theme for the State should provide the basis of interstate and interstate promotions.

Chambers of Commerce being community based organisations, representing small and large businesses, have a role in convincing community groups of their responsibility to provide tourists with the welcome, the service, and the incentive to visit again.

Business proprietors have the responsibility to train themselves and their staff if Tasmania is to match the stiff competition from other states.

(From Tas. Business Reporter)

NO-NON-SENSE!!

This morning I was given a cup of no-caffeine coffee. I poured some non-dairy whitener into it and added a little non-nutritive sweetener. THE

CLASSIFIEDS

WANTED TO SELL....One White Combination Wardrobe (large) Phone G. Richards 722393.

WANTED TO BUY.....Men's bicycle. Phone G. Richards 722393.

PEAKES BUS SERVICE, ST. MARYS, BICHENO AND SWANSEA.
PASSENGERS, PARCELS AND PAPERS.
PHONE 722390

MT. ELEPHANT "PANKCAKE PARLOUR"
is open 9am-6pm 7 days a week.
For evening bookings and functions
phone 722263.
"Under New Management"
Paula & Andrew Wyminga & Sons.

REDLINE COACHES. Delivers this paper quickly and efficiently.
Statewide passenger and parcel service. Phone 722445.

PAINTING: For all exterior painting.
TOP QUALITY work. FREE quotes.
Reasonable rates. Phone 72329.

FOR ALL YOUR NEEDS CHECK THE DISPLAY ADS IN THE VALLEY VOICE. TRADE AND SHOP LOCAL - AND SAVE.

ATTENTION: IS YOUR CHIMNEY DIRTY?
THEN WE'LL CLEAN IT! VERY REASONABLE RATES.
PHONE 722187 or 722458.

AVAILABLE FOR CHARTER.....
39 seater and 19 seater buses.
Phone 725171.

FOR SALE

Davey (221) Piston water pump fitted with 3.5 hp Kawasaki engine. \$400. Phone 722105

PAUL MUSSON SALON

231 Charles St.
Launceston
316423

Jenny Morris wishes to invite all readers of the Valley Voice to call in to the Salon for all your hairdressing requirements.
Perm special for the month of February \$ 29.50

Ladies and Gents
Precision hair cutting
and styling

RICHARDS HOME FURNISHERS

67 Cecilia Street, St. Helens
Phone 761147....is the place to go if you

ARE BUILDING A NEW HOME OR RENOVATING

We have stock of foamback and hessian back carpets, also 2 mtr. 3 metre and 4 metre wide vinyl.

Come and visit our showroom full of manchester, curtains, and home furnishings.

LAYBY NOW

Perhaps you would like to choose from our large range of samples.

DIVISION OF ROAD SAFETY

PEDESTRIANS AND THE DRIVER

Regardless of who is 'at fault' the killing or maiming of a pedestrian is a shocking experience. You can avoid such calamities by strictly obeying the 'give way' rules and always being on the alert for pedestrians, day or night.

It is a fundamental responsibility of a motorist to avoid collisions with pedestrians.

You must 'give way' to a pedestrian on a pedestrian crossing of children's crossing.

You must approach pedestrian crossing at a speed which will enable you to stop before reaching the crossing.

IT IS AN OFFENCE TO OVERTAKE AND PASS A VEHICLE WHICH IS SLOWING DOWN OF STOPPED AT A PEDESTRIAN CROSSING.

You must 'give way' to pedestrians when turning left or right at an intersection.

Watch out for and obey signals given by uniformed school crossing guards.

TIM FOWLER OPTOMETRIST

VISITS

THE ST. MARYS DISTRICT HOSPITAL
REGULARLY.

PHONE 34 1500

FOR APPOINTMENTS.

WHAT'S ON

R A F T

The next meeting will be held at 8 pm on Tuesday 24th February at the home of Bill & Gwen Johnstone
ALL WELCOME

INDOOR HOCKEY

There will be a meeting on Tuesday 24th February at 7.30 pm in the St Marys Hotel. All team representatives and anyone interested in playing indoor hockey are welcome. Any enquiries.

Jenny Stewart 742183
Deb Dawson 722464

THE ANGLICAN THRIFT SHOP in St Marys is now in operation. Anyone with good second hand clothes wishing to donate them to the shop please leave with Mrs U Curtis or R Morris
THANK YOU

The morning tea held Wednesday at the home of Shirley and Keven Hayes to benefit Mrs Ruth Saunders, whose home was burned to the ground recently, was well supported, with \$420 being raised by those who attended, plus many donations. Thanks to everyone who contributed S Hayes and S Britton

ADULT EDUCATION CLASSES

Autumn Term St Marys
At the High School Pottery with professional potter (Night class Tuesday or Monday)

Padded jackets
Stretch Sewing Probable day
Patchwork class

Enquiries for new Yoga class and Computer Studies to be held in town but there is an on going Yoga class in FALMOUTH each Monday at 7.30. Community Hall

ADULT EDUCATION CLASSES

FINGAL

A sewing class padded jackets, stretch sewing, dressmaking and patchwork - Mid day or afternoon class
Pottery class at Fingal at night with professional potter.

AVOCA

Aerobics - 1 hour class in evening

SCAMANDER

Possibility of lead lighting class in Falmouth Community Centre evening. All enquiries and further suggestions welcome

NYRIA DENTON-BARKER 725296

COMING SOON

HOSPITAL ANNUAL FAIR

FRIDAY 20th MARCH

I would like to thank everyone who helped me to raise money for the North East Repeater Association. Special thanks to the ones that donated articles for the raffle as donaters were too numerous to answer privately. I hope they accept being thanked this way. Money raised \$450.00

Prize Winners

1st Geof Gillies Wooden Sculpture
2nd Brenden Ayers Christmas Hamper
3rd Nick Manning Dressed Sheep
4th Keith Hefford Bathroom Scales

FINGAL VALLEY P. & C. YOUTH CLUB

Meeting 7.30pm 26th February at the home of Mrs Kruse

ALL WELCOME

HANDICAP

It is with note that Greg Norman of golf fame plays well but because of a poor shot, had to get a truck moved so he could improve his score. WHO WAS THE LOCAL GOLFER. who had two poor shots and removed his TEETH to improve his play?

FINGAL VALLEY FESTIVAL

Friday 27th 7.30 THE BIG CALCUTTA NIGHT FINGAL HOTEL

Saturday 28th TWO RUNS 8km and a 20km road race
Entry \$5. (includes entry into the festival)
Inquiries Fun Run Phone 842242
WORLD COAL SHOVELLING FESTIVAL.

THE BIG GALA VARIETY PERFORMANCE big top, festival ground
Sunday 1st March SUNDAY MARKET anyone interested in holding a stall
please contact Cheryl Summerfield The Old Tasmanian
Hotel Fingal 742344
7.30 pm UNDER AGE RAGE

FINGAL-PORTLAND UNITING CHURCH

WORSHIP SERVICES

Scamander 8.00am 2nd & 4th Sunday
 Fingal 9.45am Every week
 St. Marys 11.00am " "
 St. Helens 7.00pm " "
 Rossarden 7.00pm 3rd Tues.
 (Feb. 4th Tues.)

SUNDAY SCHOOLS EVERY WEEK

Scamander 9.30am
 Fingal 9.30am (F.S. 3rd Sun)
 St. Marys 9.45am (combined with
 Salvation Army)
 St. Helens Mondays 3.30pm-5.00pm
 (KUCA CLUB)

MINISTER: Rev. A. Renton 725139

ANGLICAN PARISH OF ST. HELENS

St. Pauls Church
 8.00am Eucharist every Sunday
 11.00am Every Sunday
 7.00pm Every Sunday

St. Michael's and All Angels Church - Pyengana
 9.30am 2nd & 4th Sunday

Falmouth Church
 9.30am 1st & 3rd Sunday

SALVATION ARMY - CORNWALL

Morning Service - 11.00am
 1st & 3rd Sunday in month
 Sunday School - 10.00am weekly
 Home League - 2.30pm
 1st, 3rd & 5th Wednesday in month

ALL WELCOME TO WORSHIP WITH US

Envoy & Mrs. Betts - Sunny Banks
 Phone 722352.

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assumption
 Sundays Feb. 22, March 1 9.00am

St. Helens - SS Helena & Stanislaus
 Vigil Mass Saturdays 6.00pm

Fingal - St. Joseph
 Sundays Feb. 22, March 1 10.30am

Mangana - Our Lady of the Sacred Heart
 3rd Sunday each month 10.30am

Mathinna - 5th Sunday each month
 11.00am

Bichenore - Community Church
 Sunday 1 March 4.00pm

PARISH PRIEST: Father Connolly,
 The Presbytery, St. Marys, 7215
 Phone 722252.

ANGLICAN PARISH OF THE FINGAL VALLEY

FEBRUARY 22nd 9 am F.S. FINGAL
 10.30 H.C. ST MARYS
 3 pm H.C. MATHINNA
 7 pm H.C. AVOCA

MARCH 1st 9 am M.P. FINGAL
 10.30 F.S. ST MARYS
 7 pm H.C. ROYAL GEORGE

MARCH 4th ASH WEDNESDAY
 10 am AVOCA
 2 pm ST MARYS 7.30 pm FINGAL

FEBRUARY/MARCH

Sunday 22
 Monday 23
 Tuesday 24
 Wednesday 25
 Thursday 26

Sunday 1
 Monday 2
 Tuesday 3
 Wednesday 4
 Thursday 5

ST. MARYS

Yvonne Saunders
 Sharryn Binns
 Kerrin Glatte
 Cheryl Hendley
 Wendy Aulich

Keith Cook
 David & Shirley Robinson
 Jim Napier
 Ruth McGiveron
 Pam Lynch

FINGAL

Lionel Rankin
 June McKenzie
 Yvonne Johnson
 Colleen Turner
 Debbie Speers

MANGANA

Sunday 22 Kevin Ward
 Monday 23 June McKenzie
 Tuesday 24 Kath Francis
 Wednesday 25 Crosby Upton
 Thursday 26 Jack Miller

FINGAL DRIVERS: Leave Mangana meals at
 Jack Freeman's Unit (On pathway)

MANGANA DRIVERS: Pick up meals for
 Mangana at Jack Freeman's Unit in
 Grant St., round about 12.30pm.

Return empty container to Kath's Milk Bar yourself or by the next days driver.
 Payment to be made on each Thursday - leave money at Kath's.

AGED PENSIONERS.

By Senator Jocelyn Newman.

I am very concerned about the Federal Government's lack of compassion for many groups in our community. None is more deserving than our aged pensioners.

Everyday survival is becoming increasingly difficult for many of them. What has happened to Mr Hawke's pre election promise to give 25% of the average wage to pensioners?

The aged pensioner is particularly vulnerable to the treatment they receive from Canberra. All of us have felt the impact of increased costs over the last five years, but no one is harder hit than the pensioners trying to make ends meet on their limited incomes.

Over the last five years electricity has gone up over 60%, Telecom 37%, repairs and labour on vehicles 57%, fuel 51% and road tax 45%. Imagine trying to stretch the pension increase of \$6.80 per married couple to cover spiralling costs like these!

The recent decision by the Federal Government to remove many items from the Pharmaceutical Benefits Scheme means that pensioners now have to pay for their simple pain relievers, antihistamines, cough mixtures and some vitamins. This decision is just another financial burden for pensioners to bear.

It is particularly difficult for a widow or widower to survive on the pension. Many of the costs which married couples share, they have to meet alone. Their HEC, Telecom, rates, home maintenance bills etc, do not change just because there is only one income.

The present Federal Government seems to forget that these are the same people who served our country so willingly during two world wars, battled through the depression, droughts, etc. They have not had much opportunity to prepare for a comfortable retirement.

The Government must be willing to take responsibility for these people. They paid their taxes over the years and at the same time contributed to our country's development.

Many of the aged pensioners are able to care for themselves and remain in their own homes, at little cost to the community. But it seems that they are being penalised with huge day to day costs for doing so, and ending up worrying about how to make ends meet.

Aged pensioners have their own special needs and problems. Many of them have given up hope of ever being able to live comfortably again. They just battle on day to day. Not all of them receive help from their fam-

community groups to provide company, outings and support.

Pensioners cannot go on strike. They cannot bring essential services to a halt. But the Government should remember that at election time they have votes which count!

ST. MARYS GOLF NOTES By Tee Up.MEMBERS ECLECTIC

S. Cooke	(15)	261
S. Jansen	(25)	291
N. Hayes	(21)	291
R. McGivern	(11)	301
J. Reeves	(20)	31
G. King	(18)	31

NEAREST PIN 7th - G. ArmstrongSTABLEFORD

J. Reeves	(20)	44 pts on C/B
J. Viney	(19)	44 pts
T. Viney	(14)	41 pts
G. Armstrong	(21)	41 pts
S. Wilmot	(8)	40 pts

NEAREST PIN 5th - F. SinglineNEAREST PIN 7th - J. Viney

On February 21st The Club is staging THE FOOTBALL GOLF DAY with Tee Up time from 7.30 until 10 a.m. Afterwards a B.B.Q so turn up for an excellent day.

The Associates opening day February 25th with a Canadian Four-some and afterwards Afternoon Tea. We are looking forward to an enjoyable year.

See you there.

THANKS

We wish to thank everyone for all the people that came and saved our house on the night of the fire Friday night 16th January 1987, and also all the things that they took to the Police Station and then brought them all back and for all the kind wishes they gave us. Everything was appreciated very much and we cant thank every one enough for what they did for us. Also Mr. & Mrs. Burgess for putting us up for the night and lending us bedding till we got all our things back. It was lovely to know we had so many good friends and we thank everyone and all of them. Also for the lovely meals on wheels and who brought them from the hospital. from

LES. & BILL CURRAN & RENE MORGAN

I wish to thank all the kind people for Flowers, Phone calls visits and also every department at the St. Marys Hospital for their kindness and loving care shown me whilst a patient there. Also the 'Lions Club' the 'Hospital Auxiliary' for their thought-

ST. MARYS DISTRICT HIGH SCHOOL

STAFFING:

We welcome nine new teachers to the staff.

Mr. Geoff Billett - Vice Principal
Mr. Chris White - Acting Senior Master (Maths/Science)

Mrs. Elizabeth Crampton - Acting Senior Teacher (Infant)

Miss Jane Fullagar - English/Social Science

Mr. Richard De Tozser - Maths/Science

Mr. Tony Pickett - Physical Ed.

Miss Linda Colgrave - Music/S & D

Mrs. Kathy Fitch - Grade 6

Miss Aurora D'Onofrio - Grade 4

Mr. David Bain is now full-time at this school. He is responsible for Special Education and will be teaching Physical Education as well.

Mr. Neil Allen (S.M. Maths/Science) and Mr. Paul Gough (S.M. Social Science) are on Long Service Leave during Term I.

ENROLMENT:

Current K-10 enrolment is 411. Of these 212 are secondary students, 167 are infant and primary (P-6) and 32 are kindergarten students.

SOME IMPORTANT TERM DATES:

- 10 - 11 March - Cressy Summer Sports Exchange
- 23 - 27 March - Grade 7 Outdoor Education Camp (Gowrie Park)
- 23 - 27 March - Grade 9 Outdoor Education Camp (Coles Bay)
- 10th April - School Fair
- 17 - 21 April - Easter
- 27 - 29 April - Tasmanian Dance Co.
- 13th May - Pacific Photos

CRESSY SPORTS EXCHANGE:

We will be hosting the St. Marys/Cressy summer sports exchange on Tuesday 10th and Wednesday 11th March.

Billets will be required for approximately 50 Cressy students on the Tuesday night. The assistance of parents in providing billets would be much appreciated.

STUDENT ACHIEVEMENT:

Congratulations to Annette Bushing who gained 4 level 3 credits in last year's examinations.

Annette gained the highest marks in the state for European Literature and topped the college in Social Psychology.

The University of Tasmania grants exhibition awards to the top 20 matriculants each year. These awards are based on the aggregate of the student's six best subjects over their two HSC years. Annette was successful in gaining one of these awards and she will be studying Economics at the University this year.

OUTDOOR EDUCATION:

An extensive programme has been developed over the last three years to provide experiences and environments which are new to students from Kindergarten to Grade 10.

This programme provides through the child's school years a continuing development to allow the student to enjoy a competent, creative and self-confident adulthood.

This year's programme commences with Grade 7 going to Gowrie Park and Grade 9 to Coles Bay, from Monday 23rd March to Friday 27th March, 1987.

Grade 7 will be living in huts at the Gowrie Park Recreation Centre with food catered for by the Centre. Students will participate in a mixed programme starting at Devonport looking at interesting places on the way to Gowrie Park, the Black Stump Pioneer Settlement and pleasant bush trails at the base of Mt. Roland.

Cost will be \$35 which includes transport, accommodation and food.

Grade 9 will be going to Coles Bay and camping in the Freycinet National Park. Students will be cooking for themselves and taking part in an extensive bush and water safety programme.

Cost: \$35 includes transport, site fees, all food and hire charges.

BLACK GOLD BOUTIQUE SALE! SALE!

All Summer Garments reduced to crazy prices

FOR BARGAINS COME & SEE US NOW
ST. MARYS PH. 722441

A GUIDE TO YOUR RIGHTS CONCERNING MEDICAL CARE

You are entitled to care which is to be committed involuntarily efficient - and perfectly ethical. to a mental institution.

TREATMENT:

Under the Australian Medical Association's Code of Ethics, a doctor cannot refuse to attend a patient in an emergency if another doctor is not available. Of course a doctor's definition of "urgent" or "emergency" often differs from a patient's and can lead to unreasonable demands on doctors. It's best to take significant injuries or sudden severe symptoms to a public hospital where patients are always treated in order of medical need.

INFORMED CONSENT:

Medical treatment is legal only because patients consent to it. Without consent, treatment is termed as trespass or assault and the doctor and/or hospital are liable for damages if the patient suffers harm.

You have the right to have a doctor or other health professional tell you, in easily understandable terms, about your illness or problems; the treatment, including alternative procedures, risks, and side-effects; and the cost of the procedure, including costs of follow-ups and rehabilitation. Consent to a treatment is not regarded as informed unless the patient is able to assess the information. Signing a standard consent form in a hospital or agreeing to a particular therapy does not mean you are entitled to more information or that you cannot change your mind.

SECOND OPINION:

You are entitled to a second opinion from an independent specialist before agreeing to a procedure.

CONFIDENTIALITY:

You are entitled to have the details of your condition and treatment kept confidential. Relatives or next-of-kin have no special rights (unless they are parents or guardians of a minor) but next-of-kin must be informed and given the

Confidentiality is not a legal right but is demanded by the AMA Code of Ethics and protected to a certain extent by the law of contract.

You have no legal right to your own records, though you do have the right to ask to see them and many hospitals and doctors allow this. If records are kept by a Commonwealth organisation, you can apply for a copy under the Freedom of Information Act.

Sometimes a doctor is obliged to divulge records: when they are required as evidence in court, when infectious disease, child abuse or wounds from weapons are involved; in support of a health insurance claim; or when needed for further hospital treatment. Maintenance of records by your doctor or hospital is a patient right; if injury results from wrong treatment due to inadequate records a patient could sue the doctor or hospital for breach of duty.

POLITENESS:

You have the right to be treated with care, consideration and dignity by hospitals and practitioners.

DISCHARGING YOURSELF:

You can leave a hospital at any time (except in the cases of certain infections or mental conditions) but if you leave without formal consent you are responsible for any injuries or worsening of your illness.

LEGAL ADVICE:

You have the right to obtain legal advice on any matter connected with your treatment, and to contact friends, relatives, lawyers or clergymen to discuss your problems.

MONEY:

You have the right to an itemised bill, from doctor or hospital, even if you're not paying it yourself.

NEGLECT:

Complaints should be on solid grounds. If you suspect negligence get a second opinion. You can also

W. LOCKETT & SONS

FUNERAL DIRECTORS
CAMPBELLTOWN.

ENQUIRIES MAY BE DIRECTED THRU:

MR D. CASBOULT
ST. MARYS PH: 722143

OR

MR T PEARS
CAMPBELLTOWN PH. 811167

BRUCE DAVIDSON
FUNERAL DIRECTORS.

D. K. & C. M. BARNES

ST. MARYS.

PHONE: 722367 or 722265

WE WILL MAKE OR DELIVER,

FRESH FLOWER

OR

ARTIFICIAL WREATHS.

ALSO

BRIDAL BOUQUETS.

B. & J. A. SPILSBURY

B.P. SERVICE STATION, ST. MARYS.

SEE

BRUCE

FOR

THE

GOOD

JUICE.

PHONE: ST. MARYS 722233 or 722155

FOR SINCERE PERSONAL
AND DIGNIFIED SERVICE
ANYWHERE, ANYTIME.

DARAL BAILEY & SON

A.F.D.A.

FUNERAL DIRECTORS
ST. HELENS.

PHONE: (003) 761153 ALL HOURS.

FREEDOM FROM HUNGER

"WALKAROUND TASMANIA"

12 January - 6 March 1987

Distance 1,200km : Average 24km/day

The selfless action of three young men in Tasmania, in a 1,200km walk for the underprivileged of the world, should restore faith in our youth, according to Mr Max Burr, Federal Member for Lyons.

Mr Burr was referring to the walk round Tasmania by Dino and Enzo Ottavi and Scott McIntyre, who left Hobart on Monday January 12, to walk from west to east during the next three months.

"These young men have given up their holidays in an effort to draw our attention to the plight of the people in north Africa," he said.

"They hope to raise sufficient money to enable the starving people of Eritrea to grow their own food.

"Much of their effort will be through the rugged terrain of my electorate.

"The rest of January will see them challenging the rugged West Coast region.

"In February they will be heading through Port Sorell, Railton, Deloraine and Westbury.

"Late February and early March will see them down the East Coast, going through St. Helens, St. Marys, Bicheno, Swansea and Orford.

"I know the people of Lyons will show their generosity and give willingly to these lads who, by their own initiative, are showing us that people need our help.

"Not all countries carry the label of the Lucky Country.

"These three lads are helping us to show we care about others."

Max Burr, Member for Lyons.

ITINERARY

<u>DATE</u>	<u>DAY</u>	<u>DESTINATION</u>
22 February	42	Branxholm/ Derby/ Herrick
23 February	43	Moorina/ Weldborough Pyengana
24 February	44	Goshen/ St. Helens
25 February	45	Scamander/ Falmouth
26 February	46	St. Marys/ Gray/ Chain of Lagoons
27 February	47	Seymour/ Douglas River/ Bicheno
28 February	48	Apslawn/ Cranbrook
1 March	49	Swansea
2 March	50	Mayfield/ Little Swanport
3 March	51	Triabunna/ Orford
4 March	52	Buckland/ Runnymede
5 March	53	Orielton/ Sorell/ Midway Point
6 March	54	Cambridge/ HOBART.

COMPLAIN TO YOUR State and Consumer Affairs health departments, to professional bodies such as the AMA, State medical boards, hospital management and the Ombudsman.

CHILDREN:

You can exercise all these rights on behalf of your child or ward. Access to young children depends on hospital policy.

A child can consent to treatment on his or her own behalf 14 (16 in SA and 18 in Tasmania and WA) though most hospitals still ask parents for permission in an emergency. If parents refuse consent the hospital can get a court order overriding the refusal.

RESPONSIBILITIES:

- *Know your medical history.
- *Keep appointments or give adequate notice if you can't.
- *Comply with treatment and tell the doctor if you are under any other treatment or drugs.
- *Know what your private insurance covers.
- *Exercise your rights so as not to interfere with the rights of other patients and health workers.

FRUIT SALAD CAKE

- 2 cups self-raising flour
- 1 cup sugar
- 1/2 teas. salt
- 1/2 teas. bi-carbonate of soda
- 1 teas. mixed spice
- 2 eggs
- 1 cup oil
- 1 teas. vanilla essence
- 1 cup canned fruit salad, finely chopped (juice included)
- 1 cup chopped banana

Sift flour, salt, soda and mixed spice into a large bowl; add eggs and oil, stir until mixture is just moist. Add vanilla, fruit salad, banana and fruit juice, mix lightly with a wooden spoon until all ingredients are combined (do not overbeat). Grease a deep 23cm cake tin with butter, line bottom with greaseproof paper. Spoon mixture into tin, level top. Bake in a pre-heated oven at 180 deg. C. for one hour or until golden brown. Cut in half, fill with whipped cream.

LEMON BUTTER

- 125 g butter, roughly chopped
- 1/2 cup sugar
- 4 egg yolks
- grated rind and juice of 2 small lemons

Place all ingredients in the top of a double boiler over simmering water; cook gently, stirring or whisking continuously over a medium gas flame until the mixture is thick and smooth. Pour into sterilised jars, seal hot or cold.

Suitable as a toast spread, cake or tart filling, ice cream or steamed pudding topping. Makes 1-1 1/2 cups.

Variations

Passionfruit Butter:
As for Lemon Butter, adding pulp of six passionfruit.

Orange Butter:
As for Lemon Butter, substituting orange for lemon rind and juice.

Banana Butter:
As for Lemon Butter, adding three mashed bananas.

Apricot Butter:
As for Lemon Butter, substituting lemon juice for 250 g dried apricots soaked in hot water for several hours, simmered until tender, drained and pureed.

THUMBS UP

To the L.B.S. Bank on their floral display.

THUMBS DOWN

To the person who keeps pulling the heads off the flowers.

ST MARYS LADIES VOLLEYBALL
Meeting at St Marys Hotel.
7.30pm Monday 23rd February
ALL LADIES WELCOME

ST MARYS BUTCHERY

PHONE 722274

PHONE TOBY NOW!!! BECAUSE
WE DON'T KEEP THE BEST
WE SELL IT !!!

FOR T.V. SERVICE
SEE RAY WALLER

COLOUR SERVICE
(SOLID STATE)

ALL WORK GUARANTEED

Main Road, St. Marys Ph. 722349

STARDUST

By Mercury
Week commencing 19th February.

AQUARIUS January 21 - February 20

Recent events will be the cause for you to change your attitudes and reorientate your thinking. New comers to your circle whom you find stimulating will be one of the reasons for this new outlook on your life.

Best Days: 19, 21.

PISCES February 21 - March 21

February and March will be lively months with a snowball effect with one thing leading to another. As the more inquisitive and quickwitted side of your personality will be the highlight at this time, you will incline towards change and new interests.

Best Days: 24, 28.

ARIES March 22 - April 20

This week could possibly start with someone who is willing to help you through a bit of a rough patch. Especially those who aren't feeling very well. This a time for a lot of relaxation as you are rather disposed to tension right now.

Best Days: 25, 3.

TAURUS April 21 - May 21

A long delayed reply or document should now come to hand in the early part of the next week. Avoid overspending or going to much extravagance as this could possibly leave you short of cash over the next few weeks.

Best Days: 27, 2.

GEMINI May 22 - June 21

You will have a strong desire to achieve your goals and will do by pure commonsense. This is the time most likely for starting new relationships and close relatives will support you in or your new projects and interests.

Best Days: 20, 22.

CANCER June 22 - July 23

Don't be surprised to find yourself reviving the past, either visiting an old haunt or meeting up with a friend who once was very close to you. This could bring back a lot of pleasant memories.

Best Days: 21, 4.

LEO July 24 - Aug 23

Sporting interests will appeal this week as it seems to be a good week for competition. As it seems you could possibly be on a winning streak. Someone who insists on doing things their way may clash with you.

Best Days: 26, 3.

VIRGO August 24 - September 23

This month could possibly be emotionally upsetting, so don't be surprised if youngsters get into mischief, or you are temporarily separated from a loved one or you could possibly wind up fighting someone else's battles for them.

Best Days: 23, 2.

LIBRA September 24 - October 23

Children may take your attention away from other things due to a special event that puts them in the limelight now. An enjoyable dinner out will have you returning home rather late due to striking up new friendships.

Best Days: 20, 4.

SCORPIO October 24 - November 22

It is full steam ahead right now as your energy level is high and now is the time to work hard and get things done. Plenty of surprises will be in store for you and the road to success is yours for the taking.

Best Days: 21, 1.

SAGITTARIUS November 23 - Dec 22

You may entertain a partner or a friend in an atmosphere of soft music and dim lights. This could lead to very different changes in your present lifestyle. You may also find that you have a tendency to break with old patterns and traditional values.

Best Days: 19, 24.

CAPRICORN December 23 - Jan 20

You may feel a bit wild, reckless and outgoing. Avoid impulse actions because you could be careless and plunge into activities for which you are not at all prepared. A trip may be fun, but could be costly as well.

Best Days: 21, 26.