

THE VALLEY AND EAST COAST VOICE

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DRUGS :- ABUSE? OR AWARENES?

It is worth asking ourselves, "to what extent are the present attitudes of young people towards drug experimentation and drug taking the result of community attitudes and values?"

We live today in a drug-taking society. We have a host of drugs all too readily available. Many of these are, of course, valuable remedies for particular diseases - we have for instance a wide range of antibiotic drugs which can rid our bodies of dangerous germs at a rate which it was difficult to imagine fifty years ago.

We have drugs which lessen pain and drugs which make us calm when we are distressed or anxious. There are also drugs to help us sleep and to keep us awake. When we want to change our mood or to alter the chemistry of our bodies there is frequently a drug for the purpose.

Since infancy we have learned to open our mouths on command and swallow whatever was popped in to cure our illnesses. We see people in the streets, in trains and buses and in shops casually tipping pain-easing powders or pills into their mouths as if it were the most natural thing in the world.

We do, in fact, live today within a society which accepts drug taking as part of daily life. There is a widespread attitude that there is no point in putting up with any unpleasant mental or physical stress when there is a drug which can relieve it.

The strong belief which nowadays most people have in the power of medicines is, unfortunately, not always balanced by knowing that medicines cannot cure every ill or by understanding the bad effects they may have.

Many mothers regularly take, and do not hesitate to give to their children, pain-easing drugs for mild discomforts such as passing headaches. School lunch boxes sometimes have been found to contain a tablet, popped in by Mum, in case her child should feel a need for it.

Exam times, from the early days of primary school onwards, are the signal for many parents in our community to select from their own medicine cupboards a sleeping tablet or relaxing tablet which their doctor may have given them for another purpose, in the hope that it will calm down the child before his or her exam.

Recent surveys in Australia into the effect of certain pain-easing drugs have shown weighty evidence that numbers of young people who now depend on these drugs to 'get through the day', were first introduced to them by their parents as a relief for minor pains.

This dependence on artificial aids to help put up with the ordinary stresses of day-to-day living has slowly been accepted as normal. It has become just as routine as the use of the motor car, television and washing machines.

Like these new inventions, the ready availability of a wide variety of medicinal drugs is a comparatively recent happening. Most of the drugs have been developed over the last twenty-five years, so this aspect of our way of life has come about during the life-time of the adults of today and their children.

It is significant that all this has taken place over a period of time in which the influence of commercial promotion and mass media advertising have become more and more powerful and persistent.

There is probably nothing which produces greater doubt among intelligent young people than the common adult expectation that young people should exercise standards of responsibility and behaviour which many adults themselves fail to observe.

It is all too easy to overlook the double standards which we may show when we talk about drug taking and young people. An honest recognition of the double standards which we may often apply is surely the most meaningful step towards worthwhile discussion of the drug problem, or any other social problem, in present daily living.

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ST. MARY'S R.S.L.A. SUB BRANCH.

The St. Mary's R.S.L.A. Sub Branch held the Anzac day Services in good weather on April 25th. The Morning service was a record 70 persons attended, conducted by Rev Alan Renton, United Church. The 11 oclock service was conducted by Fr Medwin, Catholic Church. A very good turn up of the public of the district. We had the Girl Guides & Brownies and quite a lot of students from the St. Marys High School, and the school students gave two items at the end of the service. Thanks to the Head Master, Mr. Beswick and Mr. Moore & Miss Collicut who played the music. Mr. Stephen Salter was the guest speaker and Bob Jackson represented the R.S.L.A.

Cont. page 3

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WHAT'S ON

ont. from page 2 R.S.L.A.

Page 3

The raffle was won by 1st. M. Dwyer and Noel Bradbury, 3rd. Adrian Lattray.

Mr. Noel Bradbury was made a life member of the R.S.L.A. for his good service to the R.S.L.A. He was secretary for 23 years.

F.V.P.C.Y.C.

ROSTERS:

SENIORS:

13.5.85 Night Football Match
J. Furlow B. Glatte

JUNIORS:
C. Hendley D. Johnson

20.5.85

SENIORS: Slot Car
K. Maroney J. Costain

JUNIORS: Simple First Aid
M. Lavelle A. Wright

APOLOGY:

TENNIS NEWS - In the previous edition of the Valley and East Coast Voice the following names were omitted from the victorious Bicheno pennant team;-
Peter (Peewee) Singline, Rick & Judy Smith.

COME to a Disco 1950 Style Dressup (Optional). On the 11th May. Starts 7.30 p.m. for the Fingal Netball Club, at the Fingal Football Ground. Refreshments Available \$2.00 cover charge

ST. MARYS BOWLS CLUB.

ANNUAL MEETING:- 14th May 1985
TIME:- 7.30p.m. at the Club House. Election of Officers and General Business. Members are asked to please attend.

ST. MARYS GARDEN CLUB.

St. Marys Garden Club will hold their Annual Meeting on Thursday May 30th, 1985 at 2p.m. at St. Marys Child Health Centre. We apologise for the cancellation of the past two meetings which were circumstances beyond our control.
Vegetable for the Month:- Caulifour
Home Produce:- Plain Scones

Special Arrangement:- Saucer of Flowers Raffle:- M. Bosworth. Competition ?? also Lucky Door??? If you wish you could contact me. We were also wondering how a Trade Table would go, as we have missed two meetings and this would help our funds. I will leave this matter to the members.

FINGAL ANNUAL 14th MAY. ALL MEMBERS MOST WELCOME at 2p.m. Uniting Church Hall.

SCAMANDER GARDEN CLUB.

You are cordially invited to attend the Scamander Garden Club's "MAYDAY" at the Complex Clubhouse on the 15th May at 2p.m.

Funds raised from the Trade Table, Raffle and Afternoon Tea will be forwarded to the Hospital Committee to assist in the running of the recently purchased LIFE PAK Machine

CATHOLIC WOMENS LEAGUE NOTICE

St. Marys Catholic Women's League Annual Meeting will be held at St. Marys Presbytery on Tuesday, May 11th 1985, beginning with Holy Mass at 11.30a.m. After Mass a light luncheon at the Presbytery, then approx 1p.m. meeting. Special guest will be Very Rev. Fr. Dean Lloyd (State Chaplain) State President, Mrs. Mary Campbell, State Treasurer, Mrs. Noreen O'Loughlan and Northern Vice President, Mrs. Dorothy Andrews. The Catholic Womens League is opened to all Catholic women of the Parish. There is not alot of work involved and you do not have to attend every meeting. We would like to see you and make you most welcome.

LETTER TO THE EDITOR.

As I Like following the football, I was appalled by the toilets at AVOCA football ground, last Saturday, 4th May. There was no toilet paper, no paper towels, but alot of filth by some women. As I am a grandmother with alot of granddaughters, I think this sort of behavior is uncalled for. As there was a container there for the ladies use, please take advantage of this facility. And as the mens toilets were flooded I think the men had better take along rubber foot-wear.

DISGUSTED. L. Squires, Cornwall.

BLACK GOLD BOUTIQUE

ST. MARYS

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"SPECIAL" MOTHERS DAY GIFT IDEAS!

If thoughts elude you why not give GIFT VOUCHERS.

CHURCH

NEWS

FINGAL-PORTLAND UNITING CHURCH

CATHOLIC PARISH OF ST. MARYS

Sunday May 12
 Fingal 9.30am
 St. Marys 11.00am
 St. Helens 7.00pm

St. Marys - St. Mary of the Assumption - Sundays May 12, 19 9.00am
St. Helens - SS Helena & Stanislaus Vigil Mass - Saturdays May 11, 18 6.30pm

Sunday May 19
 Fingal 9.30am
 St. Marys 7.00pm
 St. Helens 11.00am

Fingal - St. Joseph Sunday May 12 10.30am
Mangana - Our Lady of the Sacred Heart - Sunday May 19 10.30am

ANGLICAN PARISH OF ST. HELENS

Bicheno - Community Church First Sunday each month 4.00pm

St. Pauls Church
 8.00am Eucharist every Sunday
 11.00am Every Sunday
 7.00pm Every Sunday

Benediction of the Blessed Sacrament, Devotions to Our Blessed Lady, Stations of the Cross and weekday Masses - as announced at Sunday Mass.

St. Michael's and All Angels Church - Pyengana
 9.30am 2nd & 4th Sunday

Reconciliation in the Sacrament of Penance: You may go to Confession in each church before Mass, and at other times as announced. At any time by private arrangement.

Falmouth Church
 9.30am 1st & 3rd Sunday of month

The Sacrament of Baptism is given during the celebration of Sunday Mass after suitable notice and preparation.

ANGLICAN PARISH OF THE FINGAL VALLEY

PARISH PRIEST: Father Joe Medwin, St. Marys 7215. Phone 722252.

Sunday May 12
 9.00am H.C. Fingal
 10.30am F.S. Avoca
 6.00pm E.P. St. Marys
 (Vestry meeting to follow)

INFORMATION WANTED

The whereabouts of the Notice Board from outside the Holy Trinity Church. The notice board has not been seen since the Church was pulled down. If you can help please tell Ross Flint, Mrs. Una Curtis, Mr. G. Oliver or Mrs. Una Camplin.

Sunday May 19
 10.00am Confirmation Fingal
 Parish Luncheon after the Service Fingal Town Hall.
 (only Service on the Day)
 for more information contact Rev. Ross Flint - 742113 - Fingal.

MEALS ON WHEELS

May		<u>ST. MARYS</u>	<u>FINGAL</u>
Sunday	12	Ricky & Dianne Ward	Mr. A. Oliver
Monday	13	Karlene Richards	Mrs. C. Woods
Tuesday	14	Di Smith	Mrs. J. Hall
Wednesday	15	Denise Dawson	Mrs. C. Turner
Thursday	16	Alf Faulkner	Mrs. T. Vance
Sunday	19	Eric Bean	Mr. M. Saunders
Monday	20	Delma Johnson	Mrs. S. Parker
Tuesday	21	Bonnie Crawford	Mrs. R. Hoskinson
Wednesday	22	Michelle Bennett	Mr. J. Miller
Thursday	23	Mayanne Mitchell	Mrs. H. Williams

THANK YOU

ALF & PHYLLIS FAULKNER of St. Marys would like to thank all their relatives and friends for prayers, cards, visits and flowers to Phyllis during her illness and stay in St. Marys and Launceston General Hospitals. Also special thanks to Doctors and Staff. Will all please accept this as a big thank you.

HAPPY MOTHERS DAY
 TO ALL MUMS
 FOR SUNDAY

VOLLEYBALL NOTES CONT.MENS VOLLEYBALL TOTAL TEAM VOTES

RAMS	116
WARRIORS	83
DOGS	70
ST. HELENS	62
TIGERS	59
PUB	55
RAMBLERS	39

LADIES FAIREST VOTE COUNT

17	Tania Leedham	(TF)
15	Vanessa Aulich	(K)
15	Mary Targett	(S)
14	Jody Dragovic	(M)
13	Sandra Gillies	(T)
	Jos Lynch	(K)
11	Kath Blair	(TF)
10	Libby Van Tienen	(S)
9	Andrea Hayes	(TF)
	Melissa Aulich	(T)
	Sam Gillies	(N)
	Janine Pitt	(D)
	Pip Faulkner	(S)
	Tess Gillies	(N)
	Nikki Fisher	(N)
6	Heather Hayes	(TF)
	Sue Fisher	(T)
	Alana Leedham	(N)
	Debbie Dawson	(D)
5	Jill Scott	(M)
	Judy Aulich	(K)
4	Di Smith	(S)
	Pat Burgess	(S)
	Jody Stingle	(T)
	P. Mase	(M)
3	Karen Brown	(TF)
	Bonita Hayes	(T)
	A. Tait	(M)
	Shereee Brown	(N)
	A. Linfoot	(K)
	Kristine Barr	(K)
	Tracy Bean	(K)
2	Helen Fisher	(T)
	Debbie French	(D)
	Karen Faulkner	(D)
	B. Baker	(D)
	Melinda Birrell	(K)
1	Michelle Leedham	(N)
	L. Carroll	(D)
	Simone Lynch	(k)

TOTAL TEAM VOTES

OP FLITES	48
KIWIS	46
SMURFS	40
TIGERS	37
NITWITS	33
MAFIA	26
DROPOUTS	22

CONGRATULATIONS to Tania Leedham and Ricky Madden on winning Womens and Mens Best & Fairest and to Vanessa Aulich and Adrian Donker who were runners-up.

Dear Sir,

As a believer of the value to the Fingal Valley as to the establishment of a Thermal Station in the Valley I think the group of people calling themselves G.A.S.P. are over acting over pollution.

When I first came to Cornwall the mine was run on Thermal Power. Every house burnt coal, we had a slack heap on fire (in fact its still alight) surely we should have been in a constant fog from all the fumes. If we are to believe that coal fumes kill the vegetation and is so detrimental to health, why then do we have such rich bush land, why do we have such good gardens, why is the average age of the old coal miners - men who had to pick for coal who are still alive well into their 80's - well over the three score & ten. Not bad living in our polluted air.

Perhaps G.A.S.P. should think of the pollution we ordinary mortals suffer from the farming community. Dust from their paddocks, dust and noise from their crop dusting. Has the ordinary person ever complained? No. We take that as an occupational hazard but it is there.

Also G.A.S.P. quoted the Hunter River project. Fancy quoting the size of the Tasmanian power scheme against the Hunter River project. Tasmania's will be only a baby - so less pollution.

I would have thought more of G.A.S.P. if they had said - we would rather not have a Thermal Station but let's all get together and work out something. Tasmania has an abundance of coal - we have people out of work - let's work for the Valley and for Tasmania.

The debate over the Thermal power has all the ingredients of a soap opera - first in the 1960's - to save the coal mines the miners fought for a Thermal Station - turned down, too dear. H.E.C. cheaper and oil cheaper and not enough coal. Then in 1980's with industries turning to coal because Hydro and oil were too dear people were turning to coal, new coal seams were found, why not Thermal Power. Now the heavies move in again - a farmer may lose a small piece of land, another may not have quite so many fresh trout, another farmer says it causes pollution and could give people cancer. What is more important - a Valley slowly dying or work for everyone, people with money in their pockets and a bit to spare for Tasmania.

Una Camplin.

1st MADRAS DISTRICT HIGH SCHOOL

SCHOOL FAIR:

This year's School Fair will be held on Friday, 20th September, the first Friday of Term III.

PARENTS AND FRIENDS ASSOCIATION:

The next general meeting of the Parents and Friends Association will be held on Tuesday, 21st May, at 8.00 p.m.

MOTHERS CLUB:

The next general meeting of the Mothers Club will be held on Tuesday, 14th May at 1.30 p.m.

QUIZ QUEST:

Congratulations to our primary Quiz Quest team of Mathew Rawnsley, Suntheran Maidoo and Peter Hayes who recently defeated Somerset Primary School in the first round of Quiz Quest.

Mathew Rawnsley also won his round of the individual section. Mathew can be seen on this week's edition of Quiz Quest on Channel 9 (Friday, 10th May).

SCHOOLS BOARD OF TASMANIA:

WHAT USE ARE THE CERTIFICATES?

FOR THE STUDENT...

... they are records of achievement in subjects from the wide range offered by the Board.

THE SCHOOL CERTIFICATE...

... is needed as a qualification for many occupations, including apprenticeships, that students can take up after Year 10. For students going on to further education, it is the basis for counselling about further studies they should attempt.

THE HIGHER SCHOOL CERTIFICATE...

... is a record of one year's study. Many students gain one certificate in year 11 and another in Year 12. Some students use the H.S.C. to get jobs, and those going on to tertiary studies at a university or C.A.E. use it as evidence of the standard reached. Each university and college tells intending students what they need on the H.S.C. to gain entrance.

MANY EMPLOYERS...

... require applicants for jobs to provide copies of their certificates with their applications and to bring the originals along to any interview. Employers believe that they can use certificates in comparing applicants with each other when preparing a short list for interview. What they will be looking for on the certificate will depend on the nature of the job involved. For some jobs a level II in a particular subject may be more valuable than a level III in something else.

CERTIFICATES...

... don't tell the whole story of a student's life and achievement at school. These are more fully detailed on the school's own final report, leaving certificates or personal reference. The Schools Board certificates do however provide the student with official confirmation of standards of achievement in the main subjects studied.

MATRICULATION...

... is the word used to describe the entrance requirements for a university. In Tasmania there is no such thing as a Matriculation Examination. The University uses the results students gain in the Higher School Certificate to decide whether or not they can matriculate.

LARGE PRINT TYPEWRITER

Thanks to the efforts of the Mothers' Club, the school now has a large print typewriter.

This typewriter will mainly be used for the presentation of K-6 written work and for special education purposes.

COPY OF LETTER FROM GEORGE SHAW,
M.L.C. TO HON. B.A. LYONS M.H.A.

Dear Mr. Minister,

I have received a copy of a letter to you from the Fingal Valley Welfare Committee for Senior Citizens which firstly thanks you and the Housing Department for building E.P.H. Units at St. Marys and Fingal. I strongly support the appreciation expressed and can assure you that the citizens of the Fingal Valley are sincerely thankful for those units both constructed and under construction.

The Welfare Committee drew attention to the number of applicants who will be disappointed because there are insufficient units to satisfy the demand.

Will you please take note of this and if possible plan to build further units in the near future.

I also note that the Annual Meeting drew attention to the need for Hostel type accommodation for those unable to care for themselves and yet not needing full nursing care.

I am certain there is such a need and that some hostel type accommodation built adjacent to the St. Marys District Hospital would provide a very necessary "in between" facility.

I sincerely request that you investigate this possibility and have discussions with the above Committee, the Hospital Board and the Fingal Council in an endeavour to provide more comprehensive care for the aged of this community.

THE 1985 TASMANIAN YARD DOG CHAMPIONSHIP was held on Saturday 4th May, 1985 at AGFEST, it was sponsored by the Agfest Committee of the Rural Youth of Tasmania.

Also the winner was invited to represent Tasmania at the Australian Yard Dog Championship, and Ansett Airlines offered to sponsor the Handler and his dog a return trip to Melbourne for this purpose.

The Tasmanian dogs entered were as good as any of the dogs in Australia with the leading contenders being, Mr. Stan Smith's Ben, a small black smithfield who has won many events, Mr. Mike Green of Campbelltown will work Bernie, a black and white border collie who has won several events and placed in this event last

year. Mrs. Irene Glover who last year competing in her first event at Agfest scored 1st and 2nd in the Novice section with Bush and Barner, will this year present a big challenge to the open dogs, and has proved quite able to match the men in this competition. Mr. Len Rigby a previous Championship winner will again be competing with his red kelpie Bronc. It is also hoped to have competitors from Bothwell, Hamilton, Bridport and other areas of the state and a strong competition is assured.

Judge for the event was well-known dog handler Mr. Wes Singline of Weldborough, who won last years Championship with Yank. Wes is a stockman of the old days and can quite often be seen on the road between Goshen and Weldborough with a mob of cattle or sheep droving them the 20 miles between his 2 properties. This experience will stand him in good stead for judging as he not only knows a good dog when he sees one but in his position needs one. Also as the owner of the property and stock he is considerate in the way stock are handled, which is a must on a long drive if you require the stock to reach their destination in good condition.

"SHOULD GOVERNMENT PURCHASE HYDATID INFECTED SHEEP?"

At a recent meeting of the Tasmanian Hydatids Eradication Council, members passed a motion asking the Government to take stronger measures in an attempt to accelerate the final eradication of hydatid disease in Tasmania.

All nineteen members present at the meeting voted in favour of the Department's taking action to eliminate the remaining reservoir of hydatid infection which still exists in some old sheep.

The meeting passed a motion to the effect that "the Department of Agriculture seriously considers to either acquire for slaughter or slaughter under order all groups of sheep which are still likely to be infected with hydatids".

This recommendation proposes that the sheep would be purchased at market value by the Department over a reasonable period of time.

Newly appointed members to the Council who attended the recent meeting were M. Flynn representing the Meat & Allied Trade Federation of Aust., and Dr. Barnes from Longford representing the A.M.A. & R.A.C.G.P.

M O T H E R

M stands for Mum
so gentle and kind
As she tends your troubles
And eases your mind

O stands for Oak
For she's firm and sure
As she puts up with things
No one else would endure

T is for Trust
And tender care
When everyone doubts you
She's always there

H is her Heart
That's forever true
No matter what happens
She always loves you

E is for Energy
From morning til night
When Mum's on the go
Just putting things right

R stands for Riches
Not Silver or Gold
For money can't buy it
Her love isn't sold

She gives it freely
It hasn't a price
So won't you help her
And try to be nice

Please stop a moment
And Thank God above
That you have been blessed
With a Mother's Love.

R E C I P E S

BANANA AND APPLE CHUTNEY

- 1 lb cooking apples 6 lge bananas
- 1/2 lb onions 1 desertsp salt
- 1/4 lb raisens 6 oz sugar
- 1 desertsp. ground ginger 1/4 teasp
- cayenne pepper 1/2 pint cider vinegar

Peel, core and cut apples and onions
Chop raisens and peel and wash banan-
as. Put into enamel saucepan and
sprinkle with dry ingredients. Add
vinegar and simmer about 2 - 2 1/2 hrs
until a soft pulp.

PINEAPPLE AND CABBAGE SALAD.

Young cabbage, shredded finely,
unsweetened pineapple diced. For
dressing mix unsweetened pineapple
juice with some Philadelphia cream
cheese and marinade well.

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STARDUST

BY CANCER CUSP
FORENIGHT BEGINNING MAY 9TH, 1985.

TAURUS: April 21 - May 21
Perhaps because it's your birthday, you could be in a spending mood. It will be hard to resist the temptation to splurge but take care; it will be only too easy to overdo it and spend more than you intended.
LUCKY NUMBERS: 2, 32, 11, 10.

GEMINI: May 22 - June 21
Look before you leap. You could be very impetuous this month and tend to go ahead before you take all factors into consideration. Be especially cautious about commitments; don't take on too many.
LUCKY NUMBERS: 3, 20, 14, 17.

CANCER: June 22 - July 23
Keep your own counsel. You'll feel a lot more secure and confident if you don't reveal your plans prematurely. Also, your judgement should be very astute, so this month it may be best to rely on yourself.
LUCKY NUMBERS: 18, 23, 34, 19.

LEO: July 24 - August 23
Your social life will be in full swing. The chance to spread your wings and meet new, intriguing people who are a little different from your usual associates will be enjoyable highlights of the month.
LUCKY NUMBERS: 40, 3, 15, 28.

VIRGO: August 24 - September 23
Sudden changes in your work situation your schedule, responsibilities or even the people you work with, will require quick adaptability on your part. More work will come your way and may have to try your hand at jobs previously untackled.
LUCKY NUMBERS: 12, 7, 1, 27.

LIBRA: September 24 - October 23
Financial increase is the good news for this month. Emotionally, though, there could be a few hurdles, with the tendency to find yourself at loggerheads with others - a very uncomfortable situation for your nature.
LUCKY NUMBERS: 6, 11, 20, 35.

SERPENTARIO: OCTOBER 24 - November 22
There may be times when it's hard to put into words the thoughts and strong emotions you feel and this could cause a few frustrations. Make an effort to choose the right moments for deep discussions.
LUCKY NUMBERS: 8, 20, 29, 37.

SAGITTARIUS: November 23 - December 22
The first half of the month has relaxed, easy-going indications. There will be get-togethers with friends and opportunities to enjoy your favourite hobbies and interests. Work pressure heats up later this fortnight.
LUCKY NUMBERS: 7, 15, 19, 28.

CAPRICORN: December 23 - January 20
A few hassles at work will require super patience. Don't lose your cool. You'll ride smoothly over the top of all difficulties if you refuse to let annoyances provoke you or affect your judgement.
LUCKY NUMBERS: 13, 22, 34, 37.

AQUARIUS: January 21 - February 19
Romantic combinations will put some Aquarians on cloud nine this month. Others will find contentment just being with their partner and enjoying their family life. You may not get quite as much time together as you like.
LUCKY NUMBERS: 4, 5, 13, 27.

PISCES: February 20 - March 20
Be thorough. There's a tendency to rush jobs through but unless you are meticulous you may find you have to go back to tie off loose ends. It will be easier and faster to attend to all the details as you go. This is a good time for lovers.
LUCKY NUMBERS: 12, 17, 26, 34.

ARIES: March 21 - April 20
Learning is accented. Whether it is through your profession or interests you want to pursue, the acquisition of extra knowledge and techniques are indicated. It should be an expansive time with considerable challenge.
LUCKY NUMBERS: 4, 6, 13, 22.

T MARYS BUTCHERY
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