

THE VALLEY AND EAST COAST VOICE

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F.V.C.R.G., INC

I joined the Fingal Valley Community Resource Group Inc. in March of this year. As I was new to the area it took me a few weeks, to find and meet everyone in the Fingal Valley,

In the May school holidays a very successful holiday programme with 174 children attending. Unfortunately the September holiday programme was not as well attended and the programme had to be cancelled with the commonwealth grant being returned.

In May I attended a Debt help workshop which was very informative and has allowed the Fingal Valley Community Resource Group to become agents for Debt Help in the Fingal Valley. I have been able to assist two families.

The current project is to see Day Care and baby sitting service running throughout the community, also to have a youth line for the residents to be able to relate to when in need. Also a community centre in St. Marys that people can meet over a cup of coffee, and talk or maybe a T.A.F.E. course.

The Rossarden Rats (Rossarden Active Teenagers Set) are running well with the teenagers meeting every Friday night, and now the young children have shown interest and meet Friday afternoon for games. The teenagers run all activities themselves with only supervision from a roster of parents. Thanks must go to Mrs Van Galen for all her help and interest in the young and all activities in Rossarden, with out her help my task would have been much harder.

Kerin Glatte.

TOY LIBRARY:

The Fingal Municipal Toy Library committee was formed following the successful application to the childhood services dept for a Government Grant of \$2100, by our then resource worker Anne Marie Blunt. Upon receipt of the grant monies the committee met and decided upon the types

of toys that would be purchased. The principal toy suppliers in Launceston were visited and a selection of toys were made ranging from educational type (puzzle) toys and toys designed simply for play. In choosing toys only the best quality most durable, safest toys were considered. There was however some delay in actually placing orders for the toys due to our efforts to obtain the sales tax exemption.

An order was placed with a mainland firm and we have just recently received the first shipment of toys. At present the committee is in the process of catalogueing and bagging the toys ready for distribution. Meanwhile a further submission for another \$1500 has been made to the childhood services dept. for the purchase of more toys for 1984-85. We are waiting confirmation of this submission.

The Toy Library will operate out of the St. Marys Community Shop for which two wardrobes have been purchased (at a cost of \$40) and from the Fingal Library. Committee members will work a roster system to run the week to week business of the Toy Library.

A policy of operation has been formulated pertaining to the rules and regulations under which the Toy Library will operate.

A joining fee will be charged, in addition to a nominal charge for hire of each item, the cost of which will be related to the overall cost of that article. A fine will also be imposed for damaged or lost toys.

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TIDY GARDEN RESULT	PAGE 9

CLASSIFIEDS

FOR SALE.

T.H.M.V. Radio-gram, very good order. \$70. Phone Scamander 72 5205.

FOR SALE. 1Small table(coffee table) good condition. \$10. Phone Scamander 72 5205.

REDLINE COACHES. Deliver this paper quickly and efficiently. Statewide passenger and parcel service.

LEFEVRE'S BUS SERVICE.

ST. MARYS, FALMOUTH, SCAMANDER, ST. HELENS AND WINNALEAH.

WANTED ANTIQUE or old-style furniture in pine, cedar or blackwood. Any condition for restoring. Also old paintings. Phone 76 1378.

PEAKES BUS SERVICE.

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BUS FOR HIRE. 12 Seater, charters, day trips, etc. Reasonable rates. Phone 72 2329.

FOR ALL YOUR NEEDS.

CHECK THE DISPLAY ADS IN THE VALLEY VOICE.

TRADE AND SHOP LOCAL - AND SAVE.

FOR ALL YOUR ADVERTISING NEEDS SEE VALLEY VOICE PUBLICATIONS.

GARAGE SALE: Mrs, Rainsford Frank St. St. Marys. 2 matching Double Wardrobes, mirrors with storage space & shelves \$60 each. Foam Divan Brown Floral 6months old Woodgrain Wall Unit \$90 5ft x 6ft. Umbrella Stroller Steelcraft \$20. Kiddies Table & Chairs \$12. Lawn Mower working Order \$40. Also household effects. All in good condition Sunday 9.00.

FOR SALE: 1 12" bike with training wheels suit 2 to 6 year old. \$50. Good Condition. Contact Judine Lynne.

RICHARDS HOME FURNISHERS

FOR ALL YOUR HOME FURNISHINGS IF YOU ARE LOOKING FOR SOMETHING BEAUTIFUL OR UNUSUAL, YOU WILL ENJOY BROWSING THROUGH OUR SHOWROOM.

*VINYLIS
*CURTAINS

*BLINDS
*NURSERY

67 Cecilia St., St. Helens.
Phone 76 1147

Quality and personal service assured

*CARPETS
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*ELECTRICAL

E.L. GARROTT & CO

WITH
ATKINS GIBSON.

Anchor Arcade, St. Helens
Main Street, St. Marys,
Esplanade, Bicheno.

Visits weekly on Fridays to
St. Helens, St. Marys and Fingal
Valley.

Third Fridays of each month
to Bicheno.

We offer ALL PUBLIC ACCOUNTING
SERVICES including-
MANAGEMENT CONSULTANCY
SHARE REGISTRY
DATA PROCESSING
BUSINESS VALUATIONS.

We are-
REGISTERED TAX AGENTS
REGISTERED AULITORS.

WILL YOU KNOW * Do you Agree?
That most small business owners
do not appropriately manage
their business thus causing
reduced profitability or business
failure.

For Appointments: Phone St. Helens
76 1707, St. Marys 72 2172,
Bicheno 75 1132, Launceston
31 4577.

FOR SALE: 1 Kero Heater "TOSIBA".
with 2 new wicks in very good order
also a pet travelling box for dogs
size 26" x 21" Phone 722150.

LOOKING FOR SOMETHING DIFFERENT
FOR CHRISTMAS?

GIVE A GIFT VOUCHER FROM THE "ST.
MARYS HAIR INN".

SPOIL SOMEONE WITH A VOUCHER FOR A NEW
STYLE WITH A PERM ...OR STREAKS...YOU
NAME IT. SAME PRICES, SAME FRIENDLY
SERVICE!
PHONE: 722260.

LAND SURVEYOR

Peter Anderson of Peacock,
Larcey & Anderson Pty. Ltd.
Registered Surveyors, 62A
Cameron Street, Launceston
advises he now visits Fingal,
Portland and Glamorgan
Municipalities on a regular basis.
Any survey matters may be
discussed during visits on
the last Friday of each month
or at times by arrangement.
Interviews or site visits may
be arranged by ringing Peacock,
Larcey & Anderson Pty. Ltd.
on 003 31 8804.

WHAT'S ON

ST. MARYS YOUTH CLUB: Any persons wishing to join Youth Club can obtain the membership forms from the Police Station. Anyone wanting to help supervise may also put their names down on the supervisors list at the Police Station.

R.O.A.B. LODGE - FINGAL No. 25 Members and families are invited to attend the Official Opening of the Bruce Saunders Memorial B.B.Q. at the Fingal Park on the 16 Dec. 1984 at 3.00pm. Opening will be conducted by Mr. Stephen Salter, M.P.H.A. The public are especially invited to attend this event. BYO eats etc.

INTERNATIONAL YOUTH YEAR

To celebrate International Youth Year we would like to see young people aged between 12 and 25 years exhibit their craft work at the Fingal Festival in March 1985 e.g. Copperwork, Woodwork, Mosaic tiling, Doll or soft toys, Rug Hooking, Spinning, Weaving etc. Any person interested or requiring assistance telephone Mrs. Eileen McManus, Falmouth 725143.

RESOURCE GUIDE FOR THE FINGAL VALLEY.

Alteration. Page 74 Veterinary advice. St. Helens.
Phone number should be:-
76 1577 not 761517

URGENTLY WANTED FOR ROSSARDEN AND ST. MARYS COMMUNITY SHOPS.
MENS CLOTHES AND SECONDHAND FURNITURE.
PHONE KERIN GLATTE
RESOURCE WORKER ON 722435

EVERYONE WELCOME: At the family Barbecue on Christmas Eve, to be held in the Fingal Park starting at 6pm. Children bring your toys, balls, etc. Bring your own food, drinks provided. Transport for elderly citizens will be provided. Games, lolly scrambles, music, carol singing. Come along and make this a joyous Christmas with family and friends, organised by St. Peters Church and Advance Aus. Committee.

Leavers' Church Service....Rev. Flint, Father Medwin and Staff of the St. Marys School are to be commended on their conducting of the Leavers' Service. The school choir and music was an added attraction and very well received. I'm sure all parents who attended would like to pass on their thanks, and appreciation and we hope that this will be continued in the future.

THE SALVATION ARMY: ARE ARRANGING a special weekend for Dec 15 - 16th on the Saturday 15th December and will be holding a mini fair at St. Marys in the Community Hall commencing at 11am. Sunday 16th at the Salvation Army Cornwall at 3pm are holding a "Christmas Presentation" by the children from the Sunday School. Certificates will also be presented. These were won at our athletic day for the Salvation Army where the Cornwall Corps received the Shield for small corps and came 3rd in the overall.

DON'T FORGET THE ST. MARYS TRADERS CHILDRENS CHRISTMAS PARTY ON CHRISTMAS EVE, MONDAY DECEMBER 24TH AT 2PM. NEAR THE LIBRARY, "SANTA" WILL BE THERE.

BLACK GOLD BOUTIQUE

ST. MARYS PH: 722441

XMAS SPECIALS:

20% cash discount on all After-Five wear

MESH HANDBAGS:

GIFTS AND SILK FLOWERS

White - \$43.95 Maroon - \$49.95 Black - \$22.00

EVENING BAGS:

Silver - Gold - Black

NEW FASHION ACCESSORIES - BELTS, EARRINGS, NECKLACES ETC...

NEW MANCHESTER RANGE: Tea Towels, Face Cloths, Towels, Gift Sets
Beach Towels, Beach Bags. PLUS: ALL HOLIDAY FASHION WEAR

CHURCH

NEWS

FINGAL-PORTLAND UNITING CHURCH

Sunday December 9
Fingal 9.30am
St. Marys 11.00am
St. Helens 7.00pm

Sunday December 16
Fingal 9.30am
St. Marys 11.00am
St. Helens 7.00pm

ANGLICAN PARISH OF ST. HELENS

St. Pauls Church
8.00am Eucharist every Sunday
11.00am Every Sunday
7.00pm Every Sunday

St. Michael's and All Angels Church
Pyengana
9.30am 2nd and 4th Sunday

Falmouth Church
9.15am 1st and 3rd Sunday of
month

ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday December 9
Fingal 9.00am H.C.
Avoca 10.30am F.S.
St. Marys 6.00pm E.P.
(Vestry meeting to follow)

Sunday December 16
Fingal 9.00am F.S.
St. Marys 10.30am H.C.
Mangana 3.00pm H.C.
Royal George 7.00pm H.C.

MEALS

ON WHEELS

DECEMBER

Sunday 9
Monday 10
Tuesday 11
Wednesday 12
Thursday 13

Sunday 16
Monday 17
Tuesday 18
Wednesday 19
Thursday 20

ST. MARYS

Mr. & Mrs. Hallock
Sharryn Binns
Jenny Stewart
Audrey Wright
Jean Freeman

Gerald Aulich
Rona Gatty
Vivienne Young
Michelle Bennett
Miss Thorold

FINGAL

R. Yates
Mrs. I. Legro
Mrs. J. Hall
Mrs. J. Burbury
Mrs. C. Turner

Mr. R. Saunders
Mrs. S. Parker
Mrs. Y. Johnson
Mrs. R. Hoskinson
Mrs. H. Williams

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-
tion - Sundays December 9, 16 9.00am

St. Helens - SS Helena & Stanislaus
Vigil Mass - Saturdays December 8,
15. 6.30pm

Fingal - St. Joseph
Sunday December 9 10.30am

Mangana - Our Lady of the Sacred
Heart - Sunday December 16 10.30am

Bicheno - Community Church
1st Sunday each month 4.00pm

Benediction of the Blessed Sacrament,
Devotions to Our Blessed Lady,
Stations of the Cross and weekday
Masses - as announced at Sunday
Mass.

The Sacrament of Baptism is given
during the celebration of Sunday
Mass after suitable notice and prep-
aration.

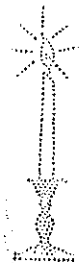
PARISH PRIEST:

Father Joe Medwin, The Presbytery,
St. Marys 7215. Phone 722252.

C H I R O P O D I S T

MISS DORIS HOOPER: In practice
Doctor's Surgery - St. Marys.

Details: Phone (02) 570171 before
8.00am any day.



SPORTS

ST. MARYS WOMENS AND MENS VOLLEYBALL FINALSLadies Preliminary final 26.11.84
Smurfs d KiwisMens Preliminary final 26.11.84
St. Helens d TigersLadies Grand Final 27.11.84
Smurfs d Tappy's BreakawaysMens Grand Final 27.11.84
St. Helens d Rams

Ladies Grand final - Smurfs v Tappy's Breakaways. This game was the best we've seen from the women yet, with long rallies, good serving, well set balls for spikers and some excellent recovery shots. It was a game that had everything. The match lasted a recorded 2 hours and 5 minutes with Smurfs winning 3-2. The scores were so close that Tappy's Breakaways ended up one point in front even though they lost the game.

Best players: Smurfs - P. Faulkner, Di Smith, Mary Targett, Sharryn Binns, Sian Fox.

Tappy's Breakaways - Atholie Greenwood, Andrea Hayes, Heather Hayes, Penny Britton, Tania Goss and Kath Blair.

Best supporters for the grand final goes to Bert Dorgelo - Patsy Burgess - Karen Faulkner and the St. Helens Cheer Squad.

Mens Grand final
St. Helens defeated Rams.

This was Rams 6th attempt to win a grandfinal but again for the 6th time they were runners up.

St. Helens are a well organised tall and agile team and proved they are still the top team defeating Rams 3-0. But Rams have been there 6 times so they must be good. Maybe 7 will be the Rams Lucky number.

Congratulations to the following:

Phillipa Faulkner - Best & Fairest

Alisha Linfoot - Runner-Up

Graham Chapple - Best & Fairest
2nd year

Derek Summers - Runner-up

Thanks to I. Bradbury, S. Bean, J. Lynch, Sue Fisher and S. Kemp for umpiring Womens grandfinal and M. Semmens, P. Midson, P. Moore and A. Donker for umpiring the Mens Grandfinal and to all umpires and players for making 1984 summer season successful.

Also we'd like to thank G. Tapp, W. Tapp, M. Webb, J. Tapp, M. Leedham, A. Beach for the way they looked after us at the Best and Fairest Count and Grandfinal night. To Melissa Aulich thankyou for the amount of typing done of the mens roster.

Thankyou all.

Hopefully next season will be our last in the Community Hall and we will be in the School's new gymnasium. So the Ladies and Mens Volleyball Associations have to raise some money for the equipment for the gymnasium. (For fund raising ideas see I. Bradbury) Fund raising must start very soon.

It 's pleasing to hear that St. Helens Ladies are sending up a team to play in the Ladies Roster. Also a group of men have been asked to form a team to play in the St. Helens Roster.

Thanks to all Volleyballers.

1985 seasons starts last Thursday in February. Notices later.

RESULTS OF MENS VOLLEYBALL BEST & FAIREST COUNT

40 G. Chapple (St.H) 37 D. Summers (T) 30 R. Madden (Rams)
26 T. Smith (P) 22 T. Chapple (ST.H)
I. Bradbury (Roos) S. Bantick (D)
20 S. Bean (T) 19 A. Donker (W)
B. Dorgelo (Rams) 18 R. Squires (Rams)
R. Schier (T) 16 S. Vance (W) M. Semmens (W) 14 A. Madden (Roos) A. Mitchell (Roos) 11 A. Fidler (T)
B. Hudson (P) W. Eritton (Roos)
10 G. McDonald (T) B. Cornelius (P)
G. Cook (Roos) 9 H. Jones (ST.H)
P. Midson (W) G. Bailey (STH) 8 C. Cox (D) 7 R. Salter (T) M. Koppleman (STH) R. Kelly (STH) P. Moore (P)
M. Wright (W) P. Aitkens (W) 6 J. Miles (Rams) 5 A. Beach (Rams) 4 R. Wally (STH) A. Wright (P) R. Peate (D) S. Kemp (Rams) G. Eddy (STH)
3 F. Piscitelli (D) R. Harrison (W)
2 N. Stewart (P) O. Chartrain (D)
G. Richardson (W) L. Spilsbury (Rams)
A. Webb (D)

Team Tally

103	Tigers	(T)
102	St. Helens	(ST.H)
84	Rams	(Rams)
79	Warriors	(W)
71	Roos	(Roos)
60	Pub	(P)
41	Dogs	(D)

ST. MARYS DISTRICT HIGH SCHOOL

OPEN DAY:

The schools Open Day will be on Friday, 14th December.

Students' work will be on display from 12.30 and at 2.00 p.m. the prize-giving for Grade 6 to 10 students will take place in the school hall. Mr. Peter Brooker, Northern Regional Superintendent, will be the guest speaker.

SECOND HAND UNIFORM:

The following items of girls' second hand uniform are for sale at the school:

- 2 shirts - Size 14 \$5 each
- 1 winter skirt - Size 42
- \$20
- 1 jumper - Size 12 (as new)
- \$16

L.C.C. ENROLMENT:

Enrolment days at the Launceston Community College have been changed from 10th to 13th December to Wednesday, 12th and Thursday, 13th December.

School Certificate results will be available on Wednesday, 12th December.

THE GRADE 7 MATHS COURSE:

This began as an attempt at two main ideas:-

(a) To re-define the mathematics course as a logical progression of mathematical skills.

(b) To develop a course which allowed each student to work at his/her own pace.

The sequence of events:

About six months intermittent work was involved in arranging each area within the mathematics course into a logical sequence of skills to be mastered.

Each of these areas was then divided up into the levels we would expect an average student to have reached at the end of each year.

A sequence of units for each year was then proposed. This was finalised for Grade 7, but left fairly incomplete for other years pending Grade 7 experience.

Some units called for whole-of-class teaching.

Unit design:

Each unit commences with an "initial test". This test is divided into questions which test particular skills within that unit (one question, - one main skill).

If the student gets almost full marks for a question he/she can skip the work associated with that skill, otherwise the sheets (lists of exercises and readings) must be done.

At the end of the unit there is a "final test". This is almost the same as the initial test (some skills in same order at same level) which facilitates some checking of improvement.

If the student does very poorly on the final test, then some work (teacher's discretion) must be done again, otherwise the student goes on to the next initial test.

Every so often (after units 10 and 16) there are major tests which re-examine everything done so far. According to the results, the student may be allowed to go on, or may be directed to go back and re-learn the troublesome area.

For the students who fail miserably at even very elementary skills, they are given special programmes of work to bring them up to scratch, at which point they re-join the normal programme again.

At the end of Grade 7, any students who have not yet done the "end of Grade 7" test do it irrespective of unit reached. This is then used for a final assessment (questions are still in skills order) and to determine Grade 8 strategy.

Timetabling:

The original idea was to run all Grade 7 maths at the same time and have three teachers present at once. This could not be maintained on the timetable; but normally at least two classes are run simultaneously.

Student records:

The method provides, as an essential part of the total programme, a very detailed anal-

ST. MARYS DISTRICT HIGH SCHOOL

ysis of a student's capabilities and problem areas. This is regularly summarised by the major tests and is in a form very easily used for reports to parents.

Results of 1984 trials:

The top students have completed very energetically among themselves, even to the extent of considerable analysis of each other's test results. For these students the possibility of going back over poorly-learned work has led to energetic revision before a final test.

About 8 or 10 students are now well into Grade 8 work, and proud of it.

The lower students seem to appreciate the idea that they are not "out of it". They seem to like the idea that they just have to get over a little problem before they can come back onto the units again like everyone else.

I believe that one reason for success has been the use of several teachers in the one room and the active role adopted by the teachers (i.e. to move around and check any work in sight).

The work seems to be more thoroughly learnt than in the usual situation.

N. Allen.

POISONS IN THE HOME:

Mr. Russell Lawrence of the Poisons Information Centre in Hobart spoke to parents at the meeting of the Parents and Friends Association on Tuesday, 20th November.

The talk highlighted the importance of being aware of poisons in the home. Parents of the 0-5 year age group were particularly warned as most of the 1400 enquiries about poisons in the last year involved this age group. More than half of the compounds swallowed by children were toxic and potentially fatal. All these could have been avoided if parents had been aware.

1. Although many drugs and poisons are now packaged to

reduce the chance of accidental poisoning, their foil pill packs are not childproof. Also, medicine bottle tops that claim to be childproof in fact only stall the two year old and he can eventually open them.

2. Medicine cupboards are a good idea - if you keep them locked! The kitchen cupboard is also a danger, especially if it is accessible to children. Items such as turpentine and oven cleaner are particularly toxic.

3. One of the most deadly mistakes is putting poisons into food containers. While this is very dangerous, it is also illegal!

4. Dangerous substances such as eucalyptus oil, camphorated oil, camphor balls and mothballs can kill.

5. Always call medicines by their names - not "lollies".

6. The garden has many non-food substances that poison. The castor oil plant is particularly toxic and, if the seeds are eaten, it causes purging, nausea, vomiting, gastric pain, rapid and feeble pulse, muscular cramps in calves and abdomen, drowsiness and bluish discolouration of the skin. The Department of Agriculture produces a garden guide which outlines poisonous plants in the home garden. This is well worth obtaining.

7. Never panic. Take the package to the phone so that an accurate description can be given of what has been taken.

The telephone number of the Poisons Information Centre is in the inside front cover of the telephone book - 002-388485.

R. Thompson.

OPEN
DAY
FRIDAY
14th DECEMBER

MR JUSTICE ANDREW INGLIS CLARK
(1848-1907) BY SENATOR JOHN WATSON.

We, in Tasmania have an unfortunate tradition of not giving recognition to many of the State's more illustrious people.

Too little attention has been paid to Andrew Clark, one of the 'fathers of Australian Federation'. Clark was born in Hobart in 1848, and during his short life he won widespread respect as a lawyer, a legal and political theorist, a politician and a Supreme Court Justice, he also refined a system of proportional representation first suggested by the Englishman, Thomas Hare in 1857. Had Clark lived in Britain, America or even another state in Australia he would be as well-known and respected as Thomas Jefferson or Alfred Deakin.

In the field of politics he rose to be Attorney-General of Tasmania, Leader of the Opposition, and one of the Official Tasmanian Delegates to the Constitutional Conferences and Conventions of 1890 and 1891. The home of Clark was the centre of a small but lively group of young men who met regularly to discuss politics, philosophy, religion - in fact anything that was a stimulating intellectual challenge. Clark's house, "Rosebank" in Hampden Road, Battery Point, is still standing, though unfortunately the once stately and impressive building has been allowed to fall into a sad state of repair. A similar fate has befallen his once very extensive library, which has been dispersed over a number of years.

In 1890 Clark circulated a draft of a proposed Australian Constitution prior to the first Constitutional Convention, and it is a sign of the respect in which he was held that many of its provisions came to be encompassed in the present Constitution. However, Clark's impact on the Constitution is less than it might have been, for in 1897 he was appointed to the Bench of the Supreme Court of Tasmania and missed attending the final drafting Conventions of 1898 and 1899. So highly was he thought of that he was considered a possible appointee to the first Bench of the High Court; indeed, if the original proposal for five Justices rather than three had been adopted he would have occupied a place on the Bench.

Clark died in 1907 at the comparatively young age of 59, and was buried in the old cemetery in Sandy Bay. His gravestone can still be found below "The Hutchins School" in Sandy Bay on the corner of Mt. Nelson Road and Peel Street.

INDOOR PLANTS.

Over feeding and often over watering are the main causes of failure with indoor plants. The wrong aspect - not enough light or too dry an atmosphere - is also high on the list of mistakes. Many plants like a dim light mostly Ivies, palms, ferns, philodendrons and the green and white Dracaenas. Choose a position lighted by a window, but not in direct sunlight. When under or over-watering the plants usually wilt, in over wet soil the roots become too water logged, thus the oxygen that they take in through the soil cannot penetrate the clogged lumps. Let the appearance and feel of the soil be a guide and water only when the soil feels dry. In dry climates or where there are a lot of heaters keep damp material around the base of the plant, or stand pot on a tray of water, covered in pebbles, spray with a fine spray of water onto their leaves on very hot, dry days. Peat moss is a good outer insulation and keeps plants warm and can be kept damp and moist. It creates a micro climate to supply humidity as well as a cooler touch on a humid day.

LION S CLUB OF ST MARYS SPORT AND FUN DAY

Despite cool winds and threatening rain a good day was had by those who attended last Saturdays event.

Winners of Miss Tiny Tot were 1st Chantelle Peet, St Marys. \$20 Gift voucher donated by Black Gold Boutique and sash donated by Ron & Bette Sumner. 2nd Christie Smith. \$10 gift voucher donated by Black Gold Boutique 3rd Sara Mitchell. \$5 gift voucher donated by Black Gold Boutique.

The Brush cutter raffle won by Doug Brown of St Marys. Donated by Jake Smythe Marine Scamander.

Results N/E axemens Association Chop held at St Marys Saturday.

225mm Sponsered by asmac St Marys

1st B. Tuck

2nd J. Hinds

3rd J. Ginn

250mm Sponsered by the family of the Late A. D. Lohrey.

1st T. Hinds

2nd D. Jones

3rd M. Jaffray

300mm Sponsered by Gray Drop Inn

1st D. Semsons

2nd A. Green

3rd L. Rattray

Tree felling Sponsered by Bessant Motors & Four Seasons

1st G. Rowlings

2nd T. Mc Coulay

continued page 9

BICHENO GARDEN CLUB

The Bicheno Garden Club held its Annual Picnic at the home of Mr & Mrs of St. Marys Funday on Dec 1, the Bill Connors of Chain of Lagoons.

The day was perfect and the garden setting most delightful.

Every one took along a picnic lunch - except one lady who forgot hers- she is now called "Oliver" because she had to beg for food.

We had as guests Doctor & Professor Thorp from Launceston. Doctor Thorp gave us such a lot of tips for presenting our cut flowers in the shows.

To our hosts for the day, Marmie and Bill, thank you for the lovely day we were able to spend with you.

The raffle was won by L Pratt.

Doctor Thorp presented the club with a beautiful garden book to be raffled.

SPONGE CAKE

- 4 eggs, separated
- 3/4 cup sugar
- 1 tablespoon plain flour
- 1/2 cup arrowroot
- 1/2 teaspoon cream of tartar
- 1/4 teaspoon carb soda
- 1 dessertspoon golden syrup

Beat egg whites and sugar together until stiff. Add yolks. Beat well then add slowly the warmed golden syrup. Lastly, fold in flour. Bake in 2 7" round sponge tins or similar at 375° F for approx. 15 mins.

Results N/2 Exemns Association Chop continued from page 8.

3rd M. Jaffray

Novice Trophy donated by East Coast bodyworks.

- 1st D. James
- 2nd T. Cox
- 3rd L. Sutton

Teams Race

Pat Oldham team defeated A. Parsons team.

OPTOMETRIST

Tim Fowler, Optometrist will be visiting the St Marys District

Hospital on the 17th December, 1984.

FOR APPOINTMENTS. PHONE 34 1566

ST. MARYS GARDEN CLUB. Meeting held Nov 29th Child Health Centre. Club members wish to thank all who helped at the street stall proceeds were £67.35. Next meeting February Details Later. Winners Lucky Door & Raffle M. Bosworth Christmas Party Dec 10th Child Health Centre 7pm. Club members & friends & Valley Voice members A VERY HAPPY CHRISTMAS & NEW YEAR, year.

GARDEN COMPETITION RESULTS

In conjunction with the Lions Club Valley Voice sponsored a Garden Competition, which was judged the Wednesday prior to the Funday.

The judge this year was Mr Trevor Guy, formerly "Greenfingers", of the Examiner.

Out of the 19 gardens judged, the winners this year were:-

G. Richards & G. Singline,
(equal first)

Des Williams, (new garden)

Here is Mr Guy's comments:-

Dear Editor,

I apologise for having had fairly low expectations, but the 19 gardens I saw were for the most part excellent, and a major contribution to St. Marys.

The wind is a difficult problem. I suggest that in many cases this could be countered by very close grouping of trees & shrubs so that they offer mutual protection. This is much better than scattering them throughout a garden or lawn.

Some gardens had too many deciduous trees & too few evergreens, which are good protection. Some gardens were of one monotonous height, try some variety with short, medium & tall growers.

I noticed some excellent natives withstanding the tough conditions- particularly the huge range of Grevilleas & Hakeas, & some Eucalypts & Acacias. Also some gardens had smallish conifers such as the blue foliage "Boulevard", & Juniper Pfitzenana Aurea- in fact most of the small conifers could be used effectively.

Some gardens were sensibly mulched with woodchips, seashells or stone. In one particular garden I liked the idea of the roses around the pillars in the front of the house.

I prefer a natural garden & found too much concrete spoiling the effect of otherwise lovely gardens.

Some gardens were not very colorful, but a few weeks ago when all the Rhododendrons, Azaleas & Ranunculars were in full bloom, they would have been very good.

It was nice to meet an old war-time mate, & his garden had an excellent front border and a nice vegie garden, but he neglected to offer me a drink! Wait till he comes to Four Mile Creek.

Thanks for the privilege of being your judge this year. I enjoyed it immensely.

Trevor Guy.

Ed. note. Congratulations to all winners and good luck with your gardens. Hope you enter again next year.

POST OFFICE NEWS:

To begin my column I would like to wish everyone a Merry Christmas and Prosperous New Year from myself and staff at the St. Marys Post Office.

Don't only Post Early this Christmas but Post early in the day, it is a great help to us if people post early in the day because our busiest period is late in the day when we are sorting sub-office through mail. If you are having a problem packing your Christmas gifts for posting, don't worry, come and see our fine array of Postpak packing material at the Post Office, I am sure we will find a box, bag, tube or envelope to suit your needs.

Also we have a great selection of Christmas gifts for the Stamp Collectors, eg. 1984 Stamp Album is now on sale: we also have the new Stamp Beginners Kit and also the Australia Heritage Collection for sale. Good news for our display at the Post Office. It won the award for the best display in Northern Tasmania commemorating the beginning of Australia's Bicentennial celebrations. Congratulations to Peter Lohrey for a fine effort, also thanks to the people who so kindly loaned us oddments for the display. Also thanks to Ken Maynard for his great Aboriginal artwork.

See you at the P.O.....Postmaster Pete.

ST. MARYS HOSPITAL AUX. assisted by the St. Marys Lions Club will be conducting Carols by Candle Light, on December 16th at 8.30pm in the Community Grounds near R.S.L. instt. All Welcome.
(If raining, Carols will be held in the Community Hall.)

BOYS AND GIRLS SANTA WILL WRITE TO YOU.... IF YOU SEND YOUR NAME AND ADDRESS TO SANTA.
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A Lions Club Project.

FOR SALE:

5 ACRES OF BUSHLAND. VIEWS OF UPPER SCAMANDER RIVER.

PHONE: 722337

MISCONCEPTIONS ABOUT ALCOHOL

Many people have mistaken ideas about alcohol and drinking. It is sometimes thought that some types of alcoholic drinks, such as beer, are less likely to cause drunkenness, or to impair driving, than other types eg. spirits. The fact is that it is primarily the amount of alcohol consumed, not the form in which it is taken, that determines BAC.

A 285ml glass of beer contains about the same amount of alcohol as a standard nip of spirits.

Similarly, it is often said that someone who drinks regularly is less affected by alcohol than an inexperienced drinker, and so better able to drive a car or ride a motorcycle. This myth has arisen because people who are frequent drinkers often appear to show tolerance to alcohol. This means that they need to consume more alcohol than inexperienced drinkers to achieve the same psychological effects. This does not mean that those who drink regularly can drink more and have a lower BAC than those who are not used to drinking. A person who drinks a large amount of alcohol will have a high BAC whether he is an "experienced" drinker or not. His driving or riding will be impaired and his risk of being involved in an accident will be greatly increased no matter how used he is to drinking.

Other common misconceptions about drinking are that it is possible to sober up before driving by drinking black coffee, exercising, having a cold shower, or by other means. All these things may help to make a person feel better, more awake, more alert. But they neither lower his BAC, nor prevent it from reducing his ability to drive safely. Alcohol is removed from the body very slowly and there is no way this process can be speeded up. If a person has had too much to drink, there is only one way he can sober up - that is by waiting until the effects of alcohol wear off, sleeping it off if necessary. Depending on the amount of alcohol drunk this may take several hours.

WHAT TO DO WHEN "THEIRS NOTHING TO DO"

TODDLERS AND CRAWLERS. - SQUEEZE TOYS
Pieces of worn toweling or oilcloth can be sewed together and stuffed with old nylon stockings. Stuffed toys don't have to be dolls; a doughnut shape is easier for small hands to pick up.

A WASTE BASKET OF DISCARDED LETTERS -
He will keep engrossed a long time pulling stuff out. You'll have to put it back again!!!!

LETTER TO THE EDITOR

Dear Sir,

A timely and knowledgeable article by Athalie Webb in the "Valley Voice" has inspired me to put in my "two bobs" worth.

A well known quote from former Prime Minister Malcolm Fraser - "Life wasn't meant to be easy" - can be applied to the small business traders of St. Marys and I guess to the whole of the Fingal Valley.

They are finding themselves in a very unfavourable trading position.

A trend has developed for a percentage of their usual customers to travel to Launceston to do their shopping and this is having a devastating affect on local business houses. The question is too hard for me to answer I am afraid. It is a crazy merry-go-round.

1. People who shop in Launceston feel they are saving money because of slightly cheaper prices.
2. Local business people could compete successfully if local shoppers gave them their full support. Then they would be in a position to carry a larger range of goods and at more competitive prices.

It is a puzzle question similar to the "which came first, the chicken or the egg".

Business people here find themselves in a can't win position - a Catch 22 situation.

I am repeating myself when I say the people of St. Marys and Cornwall are wonderfully caring, warm and charitable folk. I think they will make the correct decision when they think a little more about the question. We are a close knit community and this has been proved on many occasions.

For starters, make it a New Years Resolution and think about it. I know you will come to the correct decision.

Talking of New Years Resolutions, Best Wishes to all readers of the Valley Voice for Christmas and 1985.

Gordon Salter

B & J A. SPILSBURY

PHONE ST. MARYS 722333 or 722155

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STARDUST

BY LADY LUCK
FORTNIGHT BEGINNING DECEMBER 7, 1984.

CAPRICORN: December 22 - January 20
The way you choose to spend your money will give you a great deal of pleasure and all money matters, including income and budgeting are top priority. A close member of your family will be hospitalised.
LUCKY NUMBERS: 3, 19, 25, 39.

AQUARIUS: January 21 - February 19
The opportunity may arise for you to make a short journey which will prove to be very eventful. You seem to be very popular at the moment, so why not use this time to improve your appearance, enjoy social events.
LUCKY NUMBERS: 5, 16, 29, 31.

PISCES: February 20 - March 20
A pleasant outing will have you looking towards a longer holiday, which is well overdue. Young children will visit you bringing gifts and pleasurable times. Enjoyment of all the good things in life will be yours.
LUCKY NUMBERS: 3, 11, 18, 40.

ARIES: March 21 - April 20
Your life will not be dull in December. You are facing a highly colorful and eventful period. Serious problems will be resolved. A gift of jewels will come your way, which will surprise and delight you.
LUCKY NUMBERS: 1, 10, 22, 36.

TAURUS: April 21 - May 21
You may find your health is causing you problems at the moment, but there will be more 'ups than downs'. Don't spend all your money in December as you will be needing some in January. Tempers may flare up in the New Year.
LUCKY NUMBERS: 2, 17, 20, 35.

GEMINI: May 22 - June 21
Sometimes you feel like escaping from present circumstances, but watch your finances as they may have to stretch beyond their limits. The New Year will be a year of surprises and strange events, causing some alarm.
LUCKY NUMBERS: 4, 17, 26, 38.

CANCER: June 22 - July 23
Now is the time to clear up any family discord. There is a chance for luck right now and one of your hopes and dreams could be fulfilled. You will meet a new acquaintance through a working relationship.
LUCKY NUMBERS: 4, 19, 21, 30.

LEO: July 24 - August 23
A teenager in the family may accept a job offer which will involve moving away from home for the first time. You and a friend may take a short trip by air. Good news reaches your ears from an unexpected source.
LUCKY NUMBERS: 5, 15, 18, 33.

VIRGO: August 24 - September 23
Parents can feel they may take a breather at the moment, but another member of the family will be looking for attention quite soon. Relationships just formed will prove to be very exciting and rewarding.
LUCKY NUMBERS: 2, 20, 32, 40.

LIBRA: September 24 - October 23
Many Librans may find December a very expensive month, and the bank balance will suffer accordingly. Red is not your colour, so try to keep your account in the black. Learn to relax more, take up a quiet hobby.
LUCKY NUMBERS: 4, 13, 18, 26.

SCORPIO: October 24 - November 22
Be careful not to get involved in arguments concerning petty things. You could feel a little restricted by your work or family commitments but the situation will improve soon. Good news for you shortly.
LUCKY NUMBERS: 3, 7, 16, 37.

SAGITTARIUS: November 23 - December 21
Any invitations received by you to attend social events should be accepted as this may be where cupid is lurking. If you are considering borrowing money, ask for an opinion from a friend, you may change your mind. LUCKY NUMBERS: 8, 9, 23, 38.

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