

THE VALLEY AND THE EAST COAST VOICE

VOL. 16 NO. 8 AUGUST 25th.
PRICE 20 CENTS

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PUBLICATION NO. TAC 0219

GOOD LUCK
TO

ALL THE

TEAMS

IN

SATURDAY'S

GRAND FINAL

CLASSIFIEDS

FOR SALE. Sunbeam roto-grill 1/2 price \$50.00. Grills, rotisserie, toasts bread muffins crumpets etc. Perfect working order and appearance. Phone Cornwall 72 2148.

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St. Marys.....L'ton.....St. Marys..
DAILY

PLEASE NOTE. The cost of Classifieds will be \$1.00 for 25 words. Forthwith.

FOR ALL YOUR COLOUR PORTRAITS.....
Wedding photographs and child studies. Contact Robert Jones, St. Helens. Phone 76 1151.

Keep December the 3rd FREE. For fun and sports at St. Marys. More later.

FOR ALL YOUR NEEDS.
CHECK THE DISPLAY ADS
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DRUMMER.....Auditions still being held for drummer in newly formed East Coast Country Rock Band. Experience an advantage. Personality, neatness taken into consideration. Interviews....Phone Noel 002-570143.

RED CROSS GENERAL MEETING to be held on Monday 5th September in the Recreation Rooms, St. Marys Hospital at 7.45pm. Members please attend.

LITTLE ATHLETICS
LITTLE ATHLETICS will commence Saturday 1st. October.
Old and New members will be welcome.

HERES HOPING THERE WILL BE A GOOD
TURN-OUT FOR SATURDAY'S GAME.

ALL THE TEAMS WILL NEED THEIR SUPPORTERS
BARRACKING FOR THEM.

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WHAT'S ON

WINE AND CHEESE NIGHT.

The Fingal Valley Historical Research Group had a wine and cheese evening for members and invited guests to celebrate the opening of the "Historical Photographic Display". The evening was for donors who very kindly loaned photographs and other historical items. Approximately sixty guests and members attended. Great enthusiasm was shown among those who attended. Much attention was focused on the old school and football photos, both around the 1900 era. The 1911 Fingal flood created much interest, as two well known lads were straddled in trees for up to 22 hours. The first settlers of Dublin Town being Mr. John Speers and Mr. William Lohrey also was a very popular photo. The Cornwall Brass Band dated 1903 and 1911 showed much historical interest. Mangara, as we know as an old gold mining town, had a beautiful hand painted picture, which had been copied by photographing dated 1880. Mathinna also known as a goldmining town had a picture depicting the Coronation celebrations, dated 1902. The earliest Avoca picture must have been the railway bridge dated 1902, along with a town view of about the 1907 era. The photo display will be at the Fingal Library for a fortnight from Monday the 15th August, to encourage other members of the public from all centres to come and see. The catalogue shows a total of 173 on display.

NORTHERN BOOKMOBILE will be visiting -Epping Forest, Conara, Falmouth, Scamander and Beaumaris on August 30th and they will be visiting -Binalong Bay, Stieglitz, Ormley and Avoca on August 31st.

A Cent afternoon, in aid of R.S.L. Soldiers, will be held in the Institute on Monday, 12th Sept. at 2pm. Members to bring a plate Please. All Welcome.

Friends and Relatives will be pleased to hear that Mrs Freda Harvey of Smithton, and formerly St. Marys is recovering well after her recent operation in the Burnie Hospital.

More Good News is that Mrs Betty Sumner, wife of our Editor, is out of Hospital and heading for a complete recovery. We all wish you well and hope to see you home soon.

Senior Citizens Church Service
Sept 11th at 3pm
Uniting Church ST. Marys Afternoon
Tea to follow.

Mothers Union Stall Cornwall
September 15th (Thursday) at
2pm. Cornwall Anglican Church.

SENIOR CITIZENS WEEK

To celebrate the above occasion we have arranged an afternoons entertainment for 20th September (Tuesday) at 2pm. at the St Marys Institute. Mrs Joan Marshall of the Kings Meadows Health Centre will speak on "A Healthy Life Style and show a short film. Afternoon tea to be arranged by the Club Members.

ST MARYS LITTLE ATHLETIC

Video cassette training films to be shown 23rd of September followed by a Fun Day on 24th September.

Little Athletic will commence

Little Athletic Meeting will be held on Sept 14th at 7.00pm at the clinic. All welcome.

ST. MARYS LADIES FELLOWSHIP

Next meeting 28th September
Film and Talk On Drugs.

MIDLAND PONY CLUB

A meeting to form a Sub-committee to run pony club activities at the St Marys end of the Fingal Valley will be held at Millbrook at 7.30pm on Tuesday August 30th All interested persons are welcome. FOLLOWING THIS A Pony Club Rally will be held at Sunnybanks, Wednesday 31st August, 10.30am to 3.30pm. All Prospective Members*- Mounted or unmounted are welcome.

DINNER/CRUISE ON THE TAMAR RIVER

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-Christmas Party
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Make up A -Family Get Togethers.
-Club or Social Function.

Cruise the scenic Tamar River in luxury and enjoy a party atmosphere including full bar service and dining facilities.

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For bookings Phone 44 5537

CHURCH

NEWS

FINGAL-PORTLAND UNITING CHURCHSunday August 28

St. Marys 11.00am
St. Helens 7.00pm

Sunday September 4

Fingal 9.30am
St. Helens 7.00pm

ANGLICAN PARISH OF ST. HELENSSt. Pauls Church

8.00am Eucharist every Sunday
11.00am 1st Sunday sung
11.00am M.P. second Sunday
11.00am 3rd, 4th, 5th Sunday

St. Michael's and All Angels Church
- Pyengana

11.00am Eucharist 2nd Sunday
11.00am M.P. 4th Sunday
7.30pm Eucharist 2nd Sunday
7.30pm Eucharist 4th Sunday

Falmouth Church

9.15am Eucharist 1st & 3rd Sunday

ANGLICAN PARISH OF THE FINGAL VALLEYSunday August 28

9.00am H.C. Fingal
10.30am H.C. St. Marys
3.00pm H.C. Mathinna
7.00pm H.C. Avoca
(Vestry to follow)

Sunday September 4

9.00am H.C. Fingal
10.30am H.C. St. Marys
7.00pm H.C. Royal George

**** MEALS ON WHEELS ****

AUG/SEPTEMBER

Sunday 28
Monday 29
Tuesday 30
Wednesday 31
Thursday 1

Sunday 4
Monday 5
Tuesday 6
Wednesday 7
Thursday 8

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-
tion - Sundays August 28 and
September 4 9.00am

St. Helens - SS Helena & Stanislaus
Vigil Mass Saturdays August 27
and September 3 - 5.30pm & 6.30pm

Fingal - St. Joseph
Sundays August 28 & September 4
10.30am

Mangana - Our Lady of the Sacred
Heart - 3rd & 5th Sundays each
month 10.30am

Bichenor - Community Church
Sunday September 4 4.00pm

PARISH PRIEST:

Father Joe Medwin, The Presbytery,
St. Marys Phone 003 722252.

Benediction of the Blessed Sacrament,
Devotions to our Blessed Lady, Stations
of the Cross and Weekday Masses - as
announced at Sunday Mass.

Reconciliation in the Sacrament of
Penance: You may go to Confession in
each church before Mass, and at
other times by private arrangement.

C H I R O P O D I S T

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Mary King
Jean Lohrey
CYSS
Maryanne Mitchell

Gerald Aulich
Pearl Davern
Denise Dawson
CYSS
Ivan Calvert

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Mrs. J. McKenzie
Mrs. S. Parker
Mr. J. Miller
Mr. S. Lowe
Mr. L. Rubenach
Mrs. Ruth Saunders
Mrs. K. Francis
Mrs. Robin Miller
Mr. R. McGee

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Storey Street, St. Marys. Phone 722441

SALE.....JUMPERS \$5 & \$8 (well below half price)

NEW SUMMER STOCK STARTING TO ARRIVE -

Slacks, blouses, frocks

TRENDY GEAR FOR YOUNG AT HEART

FOOTY

NEWS

by Gordon Salter

One of St. Marys big days is here once again, referring to GRAND FINAL, the other great day being race day on January 1st each year.

Let's start off with selections:-

Under 16 game	SWANSEA
Reserves	ST. HELENS
Seniors	ST. MARYS

A couple of more predictions:-

RECORD GATE - Weather:- Fine & cool.

A good day should be enjoyed by all, as well as the games, an interesting foot race sponsored by the Tapp family of St. Marys Hotel; add well stocked stalls and other bars to refresh one's self - how about that??

As always patrons will be here from far and wide and a good day should be had by all. I will attempt to give readers a word picture of the mighty Tigers as they may line up on Saturday next.

So far this season they have come along way. Last year they held the unenviable position of holders of the Wooden Spoon and now vying for the Flag - a dramatic improvement.

Now to the players from the back line:-

Full backs:-

Glen McDonald - one of the, if not the meanest backs player in the F.D.F.A.

Robert Schier:- Uncanny back player who always seems to be in the right place when required.

Des Faulkner - A most consistent player who has given wonderful service for seasons now.

Wayne Chugg - Ex Tasmanian representative. No wonder he is doing well here and in another Department too, namely as Captain and Coach.

Les Newman - One of our outstanding players during last decade or is it longer Les? A mighty footballer and can play on any positions on the field.

Steven Brown - Last years Best and Fairest, cool and great mark and fine Club man. Player first class.

Derek Peardon - Ex Richmond (VFL) pure magic this amazing footballer and another fine Club man.

Scott Gray - Second generation St. Marys player. His father Don gave this Club outstanding service. Scott - fast, clever, rugged, never gives up.

Derek Summers - Fast high flying player of outstanding ability; his recovering No. 1 in the F.D.F.A.

John Hollis - Played with Tigers in under 16's competition, then onto the Seniors in one bound, then super player with T.A.N.F.L. Club

Sandy Bay. Every skill in the game.

Andrew Viney - Very skilful player, deceiving pace which opposing players have found out to their disadvantage.

Kerry Franklin - fast moving, hard kicking player and superb pass.

Michael Viney - Another Viney Star.

Best & Fairest 1983 season - high flying, speedy - has the lot. New Year maybe V.F.L. (Melbourne)

Stephen Cook - Last Years Best & Fairest F.D.F.A. Clever elusive, fast player and long kick despite his small stature.

Dale Ridgers - Small but fast and rugged. Doesn't make sense but it's right - ask anyone who has played on him - good footballer.

Key Maynard - Played with Tigers since his schoolboy days with outstanding success. Has represented the F.D.F.A. on many occasions. Superb mark, ruckman and spelling forward.

Roger Salter - Very skilled natural ability. Played in under 16's here then in the Longford under 19's and now still playing great football here.

Garry Demitz - Ex City South, can run all day and does just that. Giving St. Marys great value. Outstanding ability and very moderate about it all.

Ricky Lohrey - Can be used anywhere on the field and has put together many useful games this year and once best afield in mid-season game.

Richy McDonald - Just as mean as his brother. Has been out part of season following injury which would have kept many players out for the Year. He is game, very talented and a pleasure to watch playing football as it should be played.

Michael Wright - His father took own side to victory in its last Flag win in 1972. The three Wright brothers, Michael, Chris and Andrew are all promising footballers, very much admired for their sportsmanship and great club boys.

THE TIGERS have had a magnificent year due to the above players mentioned and backed up by Les Lavelle (President) and his dedicated committee, mentioning just a few as well as remembering scores of others:-

Trainers: Brian & Max Birrell

Treasurer: Ron Lohrey

Secretary: Gary Richards, & Committee Rod Blunt, Greg Tapp, Bruce Spilsbury, Terry Smith, Trevor Viney, Max Rawnsley, Max Reid, Michael Schier, Robert Schier, Michael Brown, Geo. Toombs, Murray Berwick and Glen McDonald.

Whilst on the subject of the Committee, and its outstanding efforts, let's reflect on its handling of its financial affairs, in particular in this era of high costs, surely a mammoth job handled so efficiently.

Cont. P. 6

FOOTY NEWS CONT.

Also I must mention Keith Mason Official Runner & Roy Williams Official Runner and Kevin Leedham who over the entire Season has put in countless hours as voluntary ground worker. You'll see what I mean when you look around on Saturday. Mick Gatty - you name it he has done it. Association Life Member, St. Marys Club Life Member. Has he earned it over the years or just been lucky? - I guess we all know the answer.

A special thankyou to Mr. Charles Johnson of Westbury, our Vice Patron must be extended here. His advice was sought and acted upon and the Committee are thankful to him.

Maybe the highlight of all its works has been the success it has achieved regarding the recruiting of players, listen to these names and I guess all will agree.

Wayne Chugg, Derek Peardon, Garry Demitz, John Hollis, Scott Gray, Roger Salter. I venture to say there would not be another club in Tasmania which recruited as well in 1983.

Certainly not least, the hard working Ladies Committee without whom no football at all - it's as simple as that.

Final message boys: Keep up that surging momentum. "REMEMBER JUST ONE MORE RIVER TO CROSS"

SCAMANDER GARDEN CLUB.

The President Betty Turner chaired and welcomed 13 members at the meeting on August 17th. It was decided that members hold their annual Spring Show on Sept 21st, members only, entries to be in at 11.30 for judging. Visitors Welcome from 1.30 to 3.30pm
August Winners

Flower of the month Daisy, 1st E Foley, 2nd K Booth, Equal 3rd L. Eastly, M Scott.
All Green Arr 1st M. cott, 2nd B. Turner, 3rd M. Oliver.
Any other Bloom equal 1st B. T Turner, M Scott, equal 2nd A. Jarvis L. Eastley, equal 3rd E. Jamieson, M. Oliver.

On Sept 21st a Trade Table. Other Branches are invited, open to everyone. Afternoon. Members are asked to bring a plate..

BICHENO GARDEN CLUB

On August 19th Bicheno Garden Club held its monthly meeting & 19 members attended.

A Talk was given by Mrs Excell on the Late Sir Winston Churchill's home in England - it was left to the nation by the Late Lady Churchill for visitors to roam in the beautiful garden for an entrance fee. The competition for this month was a floating bowl & E. Hughes & L. Pratt were equal firsts. The competition was judged By Mrs C Royle & to each one whom entered she gave a Chrysanthemum to grow & the competition will be repeated for September. A visitor from New South Wales will be Guest Speaker for September.

On a table were some flower arrangements done by Claire Grey as a guide for anyone entering in the flower section of the coming Show in January 1984. A vote of thanks was passed for her help.

E. Hughes.

FINGAL VALLEY POLICE & CITIZENS YOUTH CLUB NEWS.

Unfortunately our last meeting could not be held due to lack of people in attendance. Our next meeting will be at 7.30 p.m. at the St. Marys Police Station on Thursday 1st. September, please make an effort to attend this meeting and give us your support and help, without which the youth club cannot operate.

"GOOD LUCK PHILLIPA"

Phillipa Faulkner leaves St. Marys on September 2nd. to represent us in the 'Anything goes Team' in the national Police Clubs Games which this year are being held in Brisbane. We hope she enjoys her trip to the Sunny State and wish her good luck in her events.

Youth Club as usual will go into recess during the School Holidays, the junior club members have already had their last meeting when they had a trip to Cullenswood and watched the movie 'Startrek'. Senior Youth Club members have their last meeting on 22nd. August when there will be a disco and supper night at our club hall. Recommencing date will be notified after our next meeting.

ST MARYS DISTRICT HIGH

SCHOOL

EAST NORTH EAST CROSS COUNTRY

The annual East North East Cross Country will be held at St. Helens on Thursday, 25th August. Children from schools throughout the East North East will participate in a number of events.

The following children will represent our school:-

8 Years - Geoffrey Hendley, Peter Nicholson, Cameron LeFevre, Troy Dawson.

Fiona Burgess, Amanda Rushton, Narelle Summers, Lori Webb, Vanessa Rowlings.

9 Years - Craig Binns, Surthenan Naidoo, Matthew Aulich, Peter Hayes, Andrew Davenport, Heath Rushton, Sally Stingle, Karen Squires, Shannon Stewart, Jenny Rudolf, Louanne Targett.

10 Years - Christopher Hayes, Mark Webb, Kirk McGivern, Nigel Nolan, Corey Cheshire, Janet Beswick, Katrina Kerrison, Margaret Saunders.

11+Years - Brent Leedham, Jason Lawrence, Paul Mason, Craig Fox, Debbie Stewart, Jodi Newman, Tammy West, Sally Cook.

Mrs. Wardlaw and Mr. Jones will accompany our school team.

WINTER SPORTS HOUSE COMPETITION

House competitions in winter sports will be held on Thursday afternoon. There will be football, netball, soccer, girls hockey and basketball matches.

- All students in grades 7-10 are encouraged to participate in these matches and represent their House to determine which is the best house in winter sports.
- It is expected that this will become an annual event. Term 3 will see matches conducted for summer sports. COME ON DUNCAN, DALMAIN AND BLACKWOOD.

SYDNEY CITY BALLET - "COPPELIA"

The Tasmanian Arts Council will be staging "Coppelia" at the Campbell Town Town Hall on the evening of Tuesday, 13th September.

As a special concession to student parties outside the area, the price of admission has been reduced to \$3 each for parties of 10 students or more.

The Sydney City Ballet travels with all its sets, costumes, lights, sound equipment and company of 18 dancers and this particular ballet is an all-time favourite for audiences of all ages. (The story is about a beautiful life-size mechanical doll, so life-like that she causes great confusion in the village - particularly to a young village maiden who believes the doll is

her rival!)

The school is trying to organise a group to attend the ballet. Any parent who is interested in their child attending the ballet is asked to contact the school office by Friday, 26th August as bookings will have to be made before the holidays.

GIRLS' SUMMER UNIFORM

The survey of parent opinion on girls' summer uniform showed that there was a very strong preference in favour of a new style of uniform made of a different material.

At meetings of the Mothers Club and the Parents and Friends Association it was decided that a change would be made. The material and pattern chosen should soon be available for those parents who wish to make the uniforms at home. Ready-made uniforms will also be available. Parents will be given more information as soon as it is available.

The new uniform will be phased in over a period of time thus allowing students who have the present uniform to wear it until it is worn out and needs to be replaced.

MUSIC TEACHER

The school urgently requires a full time music teacher to teach music for grades 1 to 10. This position will be for the whole of term 3. For more details please contact the Principal.

CHILDREN'S WORK - Grade 5

There was an old lady called Sue,
Who swallowed a very old shoe,
She screamed out like mad
Cos the pain was so bad
When the shoe reappeared in the loo.

Mark Hendley

There was a young boy called Bill
Who swallowed a nuclear pill.
The doctor said cough
And the bomb went right off,
And they found parts of Bill in Brazil.

Marcus Trotter

There once was a great big green cat
Who lived in a whopping great hat,
Her favourite meal
Was Tassie smoked eel,
But sadly it made her so fat.

Janelle McCarty

Term 2 concludes on Friday 26/8/83 at 3.30 p.m.

School resumes for term 3 on Monday 12th September.

Term 3 concludes on 21st December, 1983.

BUYING FITNESS?

by Senator John Watson.

The 'Fitness Industry' is a Modern phenomenon and one which has developed particularly rapidly in recent years.

It has transformed fitness, in the minds of many, into something which cannot be achieved and maintained without formal instruction, the use of technology and a host of accessories.

Against this background, it is difficult but important to assess whether the fitness level of Australians is sufficiently low to justify their expenditure on improving it and whether fitness could be enhanced in ways other than those promoted by the fitness industry.

A recent survey found that, at most 15 per cent of adult Australians engaged in regular exercise. Another survey, undertaken by the National Heart Foundation, concluded that half the Australian population was overweight and unfit. A large number of respondents felt under constant strain and were unhappy or depressed.

Numerous studies have demonstrated the significance of physical fitness. It is known to reduce weight, greatly reduce the likelihood of premature death from coronary heart disease, lower or eliminate stress, improve general health and immunity to disease and to enhance psychological well-being.

Unfortunately, many individuals adopt inappropriate strategies to improve their fitness. Running, for example, once exceeding the pace of a gentle jog, is stressful. An individual running 15 kms per day is likely to appear slim and fit, but may be approaching premature breakdown, disability, illness or death.

There exists a great deal of confusion over what is necessary to become fit. The fundamental requirement of a fitness-building programme is that it include exercises directed at improving the capacity and efficiency of the heart and lungs. Aerobic exercises achieve this. The word 'aerobics' is derived from the Greek 'with air'. It is not understood commonly that aerobic exercises include many activities which can be undertaken individually and without the facilities created by the Fitness Industry.

Walking is the best and simplest aerobic exercise. Others include cycling, swimming, roller skating, squash, tennis and many other competitive sports and games. Some individuals wish to strengthen specific muscle groups and find exercise Cont.

B. & J. A. SPILSBURY
PHONE ST.MARYS 722233 or 722155

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LETTER TO THE EDITOR

Dear Sir,

I have been reading your Valley Voice since holidaying on the East Coast, and have read the column 'thumbs up and thumbs down'. Well thumbs up certainly goes for one of your local truck drivers. I believe he is your local wood-carter and drives a black and cream truck with a red and white tray.

My husband and I have seen him at Scamander, then we met him on the St. Marys Pass, fully loaded, and he had four cars behind him. At every chance he would pull over and wave them through, until all were in front. If this is an indication to your East Coast truck drivers, they are certainly a great mob.

I hope you print this letter as I am going back to Hobart and I have asked my friend to mail me the V.V. every fortnight so I don't have to miss it, as it is really great reading.

I didn't know if I was allowed to mention this in my letter or not, but my husband asked at a service station at St. Marys, about the above truck driver, and they said he lived at a little place called Cornwall, outside St. Marys.

After living in Hobart, truck drivers like this makes driving on roads a real pleasure.

Grateful Tourist.
(Name Supplied)

CONT. FROM PAGE 8

BUYING FITNESS?

Machines most effective for this; others enjoy the sociability of an exercise class. However, it must be remembered that the attainment of fitness need not involve any such expense.

FOR

ALL

YOUR

ADVERTISING

REQUIREMENTS

SEE VALLEY VOICE

EXTRACTS FROM WEEKLY COURIER 1926

"A BIRD IN THE HAT"

FIRST BIRD.. "I saw your father the other day".

SECOND BIRD.. "What good luck".

FIRST BIRD.. "Not for him; he was part of a Lad's hat".

"SILENCE REIGNED"

"Did you ever see a roomful of women perfectly silent?"

"Yes, once. Someone had asked which of those present was the oldest".

SPECIALTIES ADVERTISED NOV. 24th 1926

Fancy Jazz Garters 3/6 & 4/6 a pair
Rubber belts in all the newest colourings 1/3
Hand painted shoe trees in original designs 3/6 a pair
Native grass wallets in assorted sizes and colours 2/3, 2/6, & 5/6 each
Christy's old English Lavender soap in fancy boxes 3/3 a box
A splendid range of dolls in all sizes including Ma. Ma. dolls, Celluloid, Sleeping, unbreakable & rag. Prices range from 9d, 10½d, 1/-, 1/3, 1/11, 10/6, 28/6
Mechanical toys, Motor cars, dancing bears, aeroplanes, steam engines, trains, motor boats, etc. Prices range from 1/3, 1/6
Bicycles, tricycles, flivvers, wheelbarrows, prams, horses, and a great variety of toys, suitable for Christmas gifts. Aluminium, china, enamel. Tea sets, very pretty designs, Prices range from 3/11 to 8/11 a set
Christmas bon bons, 2/11, 3/9, 6/6, 8/11 per box.

MANCHESTER SPECIALS

Full size plain pillow cases, stout make, taped. 8½d each
Pure linen serviettes, size 21 x 21, usual price 1/11 each. special 1/6ea.
Lingerie lawn in a great variety of patterns; lemon, mauve, pale blue, pink, 40 inch wide, 2/1½d a yard.

HOSIERY.. FINE QUALITY ... 3/11, 4/6 6/11

Handkerchiefs.. 1/-, 1/4½d, 1/3, 2/-
Boxed Handkerchiefs... 1/11 a box

BROWNELLS, HOBART....

Dainty gloves, smart French kid and suede.. 11/6 to 17/6 a pair

Dent's Canadian Gauntlet Silk Gloves 6/6 to 10/11 a pair.

STARDUST

BY LADY LUCK.
FORTNIGHT BEGINNING AUGUST 26, 1983.

VIRGO: August 24 - September 23

Towards the end of August, luck turns in your direction and from then on, happier times more than make up for earlier upsets. Money matters could prove a little troublesome, but it will only be temporary.

LUCKY NUMBERS: 10, 13, 28, 30.

LIBRA: September 24 - October 23

Travel, expected and unexpected will play a large part in your life in the not too distant future. Personal relationships are very favourable now, and you may meet someone who makes a very good impression.

LUCKY NUMBERS: 14, 20, 27, 33.

SCORPIO: October 24 - November 22

The first few days of next month could have a strong influence on personal relationships generally. Artistic or creative activities will prove most rewarding. Consult people you can trust about situations which puzzle you.

LUCKY NUMBERS: 2, 15, 21, 37.

SAGITTARIUS: November 23 - December 22

Now is a favourable time for planning important projects such as weddings or holidays, and you could be starting a new way of life. Many new and interesting people may enter your life. Travel is highly indicated.

LUCKY NUMBERS: 4, 29, 31, 40.

CAPRICORN: December 23 - January 20

Sudden and unexpected changes may leave you in a state of near panic but your adaptability comes to the fore. Now is a good time to replenish your wardrobe. A chance to travel which you have long awaited will happen.

LUCKY NUMBERS: 8, 12, 19, 32.

AQUARIUS: January 21 - February 19

Beware of minor contentions which could blow up into major confrontations. Take extra special care with hot or sharp devices as minor injuries may be a result of negligence. September may be a crossroads in your career.

LUCKY NUMBERS: 1, 11, 28, 36.

PISCES: February 20 - March 20

This is certainly not the time to force issues, you will only cause pointless arguments and you will have to try again later anyway. Minor health problems are indicated. Loved ones may react against secretive behaviour. LUCKY NUMBERS: 2, 9, 12, 23.

ARIES: March 21 - April 20

Partnership matters come very much to the fore in September as you try to sort out who does what. Business matters also come under close scrutiny. Things may not have been going well lately, but troubles are now over.

LUCKY NUMBERS: 6, 16, 25, 35.

TAURUS: April 21 - May 20

It is not always wise to try to go it alone. Ask for help to get you through the difficult parts. You could hear some good news, possibly from a close relative. Travel by air over vast distances is in the offing.

LUCKY NUMBERS: 1, 17, 23, 37.

GEMINI: May 21 - June 21

Your stars for September are particularly good, but for you to take full advantage of them you will have to adopt a more decisive attitude. There will be many changes and new conditions, with separations from old friends.

LUCKY NUMBERS: 3, 10, 21, 30.

CANCER: June 22 - July 23

You are now coming under some odd influences as conditions you don't expect happen and conditions you do expect fizzle out. Not a good time for finances and material possessions. Postpone any recently made plans.

LUCKY NUMBERS: 5, 18, 29, 40.

LEO: July 24 - August 23

Probably the most trying problems you will have until the end of the year will involve your health and general well being. Your domestic life may turn upside down, but you will benefit personally. Social occasions happy.

LUCKY NUMBERS: 2, 7, 18, 34.

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