

THE VALLEY AND EAST COAST VOICE

VOL. 16 No. 4 JULY 1, 1983
PRICE 20 CENTS.

REGISTERED BY AUSTRALIA POST.
PUBLICATION No. TAC 0219

CHEWING GUM-A PRODUCT OF NATURE.

IF IT SEEMS TO YOU THAT THERE'S SOMETHING PERFECTLY NATURAL ABOUT CHEWING GUM-THEN YOU'RE PERFECTLY RIGHT.

IT IS A NATURAL THING TO DO. MAN HAS BEEN DOING IT FOR CENTURIES. AND THE GUM ON WHICH HE CHEWED-JUST AS THE GUM YOU CHEW TODAY-IS A PRODUCT OF NATURE.

THE CHEWING GUM HAS ITS ORIGINS IN PAST CIVILISATIONS WHEN MAN CHEWED UPON, BUT DID NOT SWALLOW, SMALL LUMPS OF NATURAL RESIN WHICH EXUDED FROM TREES IN FORESTS AND FROM SWEET GRASSES, GRAINS, LEAVES AND WAXES.

EARLY MAN LEARNED THAT THE ACT OF CHEWING GENTLY ON A PLEASANT TASTING, WHOLESOME SUBSTANCE, HELPED TO CLEAN HIS TEETH, AND THE GENTLE ACTION OF THE JAWS IN CHEWING ASSISTED IN REDUCING TENSION, THUS HELPING HIM TO CONCENTRATE.

FOR EXAMPLE, THE GREEKS CHEWED THE RESIN FROM A SMALL TREE OR SHRUB CALLED THE MASTIC TREE. IN DOING SO THEY ADDED THE WORD MASTICATE TO THE MODERN LANGUAGE. EVEN TODAY, THIS GUM IS USED, OFTEN MIXED WITH BEESWAX, IN GREECE AND COUNTRIES OF THE MIDDLE EAST.

IN OUR COMPLEX SOCIETY OF TODAY, WE STILL CHOOSE GUM AS A METHOD OF CLEANSING THE MOUTH, FOR RELAXATION AND TO ASSIST CONCENTRATION.

THE BEGINNING OF MODERN CHEWING GUM - AN ALMOST UNIVERSAL HABIT NOW - CAN BE TRACED TO INDIAN TRIBES WHO INHABITED THE NEW ENGLAND AREA OF THE NORTH AMERICAN CONTINENT. IN THE 1800'S COLONISTS THERE NOTED THAT THE LOCAL INDIANS CHEWED ON THE LUMPS OF RESIN WHICH CAME FROM SPRUCE TREES ONCE THE BARK HAD BEEN CUT. LUMPS OF THIS RESIN WERE ACTUALLY SOLD TO THE COLONISTS WHO IN TURN USED THEM TO CHEW UPON.

A LITTLE LATER, ABOUT 1860, AN INGREDIENT KNOWN AS 'CHICLE', A MILKY TYPE OF LATEX WHICH COMES FROM THE SAPODILLA TREE WAS ADDED. THE INGREDIENT IS STILL USED IN THE MODERN CHEWING GUM WE KNOW TODAY. IT PRODUCES A SMOOTH AND SPRINGY TEXTURE WHICH CAN HOLD VARIOUS FLAVOURS SATISFACTORILY.

BY THE 1900'S WITH IMPROVED MANUFACTURING METHODS AND STRICTER

QUALITY CONTROL, CHEWING GUM BECAME IMMENSELY POPULAR ALL OVER THE WORLD.

THE GUM WE CHEW TODAY IS THE RESULT OF COMBINING SEVERAL DIFFERENT PRODUCTS FROM DIFFERENT COUNTRIES. THE UNITED STATES OF AMERICA, LATIN AMERICA, THE FAR EAST, AND OUR OWN FOOD INDUSTRY ALL PROVIDE NECESSARY INGREDIENTS. PUT TOGETHER, THESE MAKE THAT FRESH STRIP, OR PELLET SHAPE, WE FIND SO TASTY WHEN WE POP THEM INTO OUR MOUTHS TO CHEW. THE RECIPE FOR THESE HEALTHY AND TASTY GUMS INCLUDES THE CHEWING GUM BASE, SOFTENERS, GLUCOSE SYRUPS AND FLAVOURS.

GUM BASE PUTS THE 'CHEW' IN CHEWING GUM AND WRIGLEYS GUM BASE IS A COMBINATION OF NATURAL AND SYNTHETIC INGREDIENTS. THE NATURAL GUMS ARE OBTAINED FROM TREES GROWING IN TROPICAL FORESTS. CHICLE AND SIMILAR NATURAL LATEXES ARE GATHERED BY GROUPS OF NATIVES WHO SEARCH FOR TREES OF RIGHT AGE AND SIZE TO GIVE A GOOD YIELD OF CHICLE. THESE WORKERS ARE KNOWN AS 'CHICLEROS' IN CENTRAL AMERICA. THE CHICLERO USES A ROPE TO CLIMB THE TREE, AND THEN WITH A MACHETE, CUTS A ZIG-ZAG PATTERN IN THE TRUNK, TO ENABLE THE FLOW OF LATEX INTO CONTAINERS TIED AT THE BASE OF THE TREE.

THE LATEX IS COLLECTED, PROCESSED AND MOULDED INTO 12KG. BLOCKS. THE BLOCKS ARE CARRIED OUT OF THE JUNGLE TO THE NEAREST SEAPORT BY VARIOUS MEANS ...MULE-BACK, ELEPHANT-BACK, BOAT OR PLANE.

THAT'S ONLY THE BEGINNING. THOSE BLOCKS OF LATEX CARRIED FROM THE JUNGLE HAVE A LONG WAY TO GO BEFORE THEY END UP AS SMART LITTLE STICKS OF GUM IN YOUR POCKET. BRIEFLY, THE PROCESS CARRIED OUT IN THE WRIGLEY FACTORY IS THIS:

THE GUM BASE IS GROUND, MELTED, STERILIZED, STRAINED AND CLEARED UNTIL IT RESEMBLES A THICK MAPLE SYRUP. POWDERED SUGAR, SYRUP AND FLAVOUR ARE ADDED TO THE GUM BASE, THEN MIXED AND BLENDED TOGETHER READY FOR ROLLING. AS THE GUM IS ROLLED, IT'S LIGHTLY COATED WITH A DUSTING OF POWDERED SUGAR - AND THEN REDUCED TO THE THICKNESS OF A STANDARD STICK OF GUM.

THE GUM IS THEN CUT, WRAPPED AND PACKED - READY TO BE SENT OUT TO THOUSANDS OF RETAIL OUTLETS.

CLASSIFIEDS

PEAKES BUS SERVICE.....ST. MARYS
BICHENO & SWANSEA.
PASSENGERS, PARCELS & PAPERS.
PHONE ST. MARYS 72 2390

VALLEY TRADING CO. For all
your painting and glazing work.
Phone 72 5240.

PAINTING.....Roofs, Fences,
Houses, etc. Free quotes, cheap
rates. Phone 72 2329.

BUS FOR HIRE.....12 Seater.
All charter, day trips etc.
Reasonable rates. Phone 72 2329.

REDLINE COACHES. Deliver this
paper quickly and efficiently.
Why not let them work for you.
St. Marys.....L'ton.....St.Marys
DAILY

NOW AVAILABLE IN ST. MARYS.....
SUZUKI MOTOR CYCLES & SPARE
PARTS. Phone 72 2328.

FOR ALL YOUR COLOUR PORTRAITS....
Wedding photographs and child
studies. Contact Robert Jones,
St. Helens. Phone 76 1151

FOR ALL YOUR NEEDS
CHECK THE DISPLAY ADS IN THE
VALLEY VOICE. TRADE AND SHOP
LOCAL AND SAVE.

PLEASE NOTE.....The cost of
classifieds will be \$1.00
for 25 words forthwith.

KEEP DECEMBER 3RD FREE. FOR
FUN AND SPORTS AT ST. MARYS.
(MORE LATER)

THE CONSERVATORY RESTAURANT

27a Brisbane Street, Launceston
(opposite City Park)
OPEN 24 HOURS EVERY DAY
For early breakfast or
late suppers.
FINE FOOD - Family concessions.
Friendly Hosts and service.

K. YOUNG.

PROPRIETOR

FOR SALE.....Several windows in
frames suitable for shacks. One
large with coloured glass ideal
for verandah. Also some new down
piping and one length spouting
new and other items. A. Scales
Phone 722319.

FOR SALE.....2 Armchairs - good
order. Kero Sanyo heater. Three
brush polisher. Old Singer sewing
machine. Phone 742107.

PLUMBER WANTED.....Quotes to install
toilet & septic tank private home.
Please phone 722106.

FOR SALE.....Off peak storage heater
excellent condition\$180 o.n.o.
Electric stove good condition
\$80 o.n.o. Ph. 722293

LETTERS TO THE EDITOR

Sir,
I answer to concerned rate payer, I
would like to ask if he is aware
that the grant money is used to fund
the Library at St. Marys. But as
this money is for the benefit of
the Municipality, I cannot see why
it should not be used for these
purposes. Also a Dr. at Fingal
would be an advantage to St. Marys
rate payers in the case of an
emergency or accident if St. Marys
Doctor was off duty.

Another Rate payer.

Dear Editor,
Recently my next door
neighbour of 81 years, who lives
alone at Cornwall, applied for
Meals on Wheels.
On entering the Doctor's surgery
he was told he was too fit to
warrant this service. He is a
gentleman who would really benefit
from M.O.W.
If this is the case, then my
opinion of M.O.W. is that it is
only for the PRIVILEGED FEW. H.Griffiths

ELECTRICAL CONTRACTORS

FOR DOMESTIC & INDUSTRIAL
INSTALLATIONS.

FREE QUOTES,
CONTACT:

ROD SHAW 1H. 722422

FOUR MILE CREEK NO

OR JOB

F.O. BOX 28 TOO

ST.MARYS. SMALL:::

NURSING MOTHERS ASSOCIATION OF AUSTRALIA

The next discussion meeting will be held at the home of Rev Rubenach, Gray, on Friday 5th July at 1.30pm. Topic: Weight gains. Locality mothers: June Watts - 725248 Jane McNaught - 725181

ST. MARYS BOWLING CLUB

Annual Meeting will be held in the Club House on July 7 1983. Time 7.00pm. Business: Election of Officers, General Business. Interested persons please attend.

THE SALVATION ARMY RED SHIELD APPEAL is on July 3rd. Please make sure that the person who calls on you has an official receipt book and Red Shield Badge and Kit as in the past we have had bogus collectors asking for donations in this district. Amy Scales, Cornwall.

FINGAL VALLEY POLICE & CITIZENS YOUTH CLUB. There will be a meeting of the above at St. Marys Police Station at 7.30pm on Thursday 7th July. We are in need of fresh ideas to keep the interest of members. Anyone who is interested in the youth of the Fingal Valley and would like to assist us in any way is more than welcome to attend our meeting. CROSS COUNTRY: Photographs of participants and medal winners are now on display at the Police Station.

ANNUAL RED CROSS MEETING will be held on Monday 4th July at 7.45pm in the Recreation Room St. Marys Hospital. Members and new members welcome. Guest speaker will be Mrs. Betty Von Stieglitz (Northern Administrator) Red Cross Launceston.

RICHARDS HOME FURNISHERS

ST. HELENS PHONE 76 1147

Call and see our range. If you don't see it we can get it. We can supply all your needs to furnish your home. CARPETS FURNITURE CURTAINS & TRACKS ELECTRICAL MANCHESTER & GIFTWARE Terrific range of carpet and curtain samples. Everything for baby

ST. MARYS & DISTRICT CHAMBER OF COMMERCE.

Officer Bearers 1983-84. President: Geoff Smythe V/Pres.: Kevin Faulkner Secretary: Ray Booth Treasurer: Jim Napier Executive Committee: David Johnson Henry Aulich, Neville Peake. General meeting is to be held on Thursday July 28th 7.30pm R.S.L. Rooms, St. Marys The Minister for D.M.R. Mr. Ian Braid M.P., will meet representatives of the Chamber on Friday July 29th 3.00pm at Four Seasons Hotel Seamer to discuss the upgrading and widening of the St. Marys Pass. Members input is welcomed.

BICHENO GARDEN CLUB

On June 17th, the monthly meeting of the Bicheno Garden Club was held. There was an excellent attendance of 29 ladies - three or four being visitors. Mrs. Connor of Chain of Lagoons gave a demonstration of rose-pruning which was enjoyed and quite a few questions asked. Next month Mrs. C. Royle will give a demonstration on the separation and preparing of dahlias. Each member present will be given a bulb for their garden. June's competition was a bunch of flowers from your garden. It was well received so it will be repeated for July. June's competition was won by Mrs. Hughes. As usual afternoon tea was served at the conclusion of the meeting. Next meeting is July 15 at 2.00pm.

VOLUNTARY DRIVERS

FOUR drivers are required for Ambulance driving. Those who are interested must have a heavy rigid licence, have the phone on at home and must be reliable. Hours of duty are from 7.00pm till 3.00am Monday to Thursday and then all weekend till 5.00am Monday morning. A first-aid certificate is an advantage, but not necessarily required. So if you want to do something for the community join Red Cross, and help keep this free ambulance service. If you are interested please phone Mr. Neville Peake 722390 for more enquiries.

FINGAL FOOTBALL CLUB

Invite you to a Nursery Rhyme Fancy Dress Ball... Fingal Town Hall. 2nd July 8p.m. Music Country Gold Prize for the Best Dressed Couple Lucky Spot and Supper DONATION 32.....

CHURCH NEWS

FINGAL-PORTLAND UNITING CHURCH

Sunday July 3
 St. Marys 11.00am
 St. Helens 7.00pm

Sunday July 10
 Fingal 9.30am
 St. Helens 7.00pm

ANGLICAN PARISH OF ST. HELENS

St. Pauls Church
 8.00am Eucharist every Sunday
 11.00am 1st Sunday sung
 11.00am M.P. second Sunday
 11.00am 3rd, 4th, 5th Sunday

St. Michael's and All Angels Church - Pyengana

11.00am Eucharist 2nd Sunday
 11.00am M.P. 4th Sunday
 7.30pm Eucharist 2nd Sunday
 7.30pm Eucharist 4th Sunday

Falmouth Church

9.15am Eucharist 1st & 3rd Sunday

ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday July 3
 9.00am H.C. Fingal
 10.30am H.C. St. Marys
 (Visiting Priest)

Sunday July 10
 9.00am Fingal
 10.30am St. Marys

CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assumption - Sunday July 3, 10 9.00am

St. Helens - SS Helena & Stanislaus Vigil Mass Saturdays July 2, 9 5.30pm

Fingal - St. Joseph Sundays July 3, 10 10.30am

Mangana - Our Lady of the Sacred Heart - 3rd & 5th Sundays each month 10.30am

Bicheno - Community Church Sunday July 3 4.00pm

Benediction of the Blessed Sacrament, devotions to our Blessed Lady, Stations of the Cross, and weekday Masses - as announced at Sunday Mass.

Reconciliation in the Sacrament of Penance: You may go to Confession in each church before Mass, and at other times as announced. At any time by private arrangement.

PARISH PRIEST: Father Joe Medwin, The Presbytery, St. Marys 7215. Phone (003) 722252.

CHIROPODIST

MISS DORIS HOOPER: In practice Doctor's Surgery - St. Marys

Details: Phone 002 570171 before 8.00am any day

MEALS ON WHEELS

<u>July</u>		<u>St. Marys</u>	<u>Fingal</u>
Sunday	3	Kevin Faulkner	L. Rubenach
Monday	4	Atholie Greenwood	Ruth Saunders
Tuesday	5	Pam Peake	C. Parker
Wednesday	6	Delma Johnson	J. Miller
Thursday	7	Margaret Bullock	R. Miller
Sunday	10	Keith Cook	R. Saunders
Monday	11	Edna & Max Herring	I. Legro
Tuesday	12	Wendy Haas	C. Woods
Wednesday	13	Audrey Wright	J. Clements
Thursday	14	Pam Lynch	H. Williams

BLACK GOLD
 BOUTIQUE

Storey Street St. Marys
 Phone 722441

LARGE RANGE $\frac{1}{2}$ PRICE JUMPERS (mens)

JUST ARRIVED!!!

BUSH SHIRTS

BISLEY BUSINESS SHIRTS

MENS SPORTS TROUSERS IN ALL SIZES

CALL & SEE US NOW

FOOTY NOTES

By 'Blind Freddy'

St. Marys 'old' players outplayed the Reserves in the big game Sunday on the heavy St. Marys oval.

A big crowd witnessed some great football from the old players team, with the mark of the day going to Les 'sticky fingers' Jones. The goal kicking of Gus Richards, Trevor Viney and Ron McCarty was a treat to watch, especially with such a heavy ball. Terry Targett and Keith Mason held sway at the centre bounces, with Chris Burgess, Jim Haas, Moz Morris and Ross Bean making havoc across the centre.

A very reliable backline led by Peter Luck, Tom Hendley and Russ Harwood were too good on the day, and the old players ran out winners, scores being;

OLD PLAYERS: 6 GOALS 4 BEHINDS

RESERVES: 4 GOALS 6 BEHINDS
(18 GOALS UNCOUNTED)

This will help to keep a smile on the face of old players' coach Max Read.

Big thanks to Bruce, Graeme and Derek for the B'que and refreshments following the game.

To the men in white, Eric and Mike, 'top umpiring boys as good as the N.T.F.A. boys', so keep up the training for the next encounter.

St. Marys Football Club supporters: Do not forget the big night at Scamander Hotel-Motel, Saturday, July 16 - Smorgasbord dinner and Cabaret, \$10.00 per head.

First 40 names in, are eligible to travel on the bus. Names to Sec. as soon as possible. Ring Gus on St. Marys 722393.

Bruce, with the 'Good Juice', has done it again; the big raffle is in full swing. Buy your ticket now, as they are selling fast.

Big game this week at St. Helens. Supporters, be there early and get a parking spot and vantage point.

Don't let on, but St. Helens has less frosts, and it's warmer by far, usually.

Other games this week:

FINGAL V SWANSEA at FINGAL,
AVOCA V CAMPBELLTOWN at AVOCA.

JULY 9th GAMES:

ST. MARYS V FINGAL at ST. MARYS,
CAMPBELLTOWN V ST. HELENS at C'TOWN,
SWANSEA V AVOCA at SWANSEA.

SEE YOU AT THE FOOTY!

D. BAILEY & SON

S T. HELENS

FUNERAL DIRECTORS

24 HOUR SERVICE, 7 DAYS A WEEK.

ALL NEW MODERN PARLOUR.

PHONE ENQUIRIES DIRECT.

(ST. HELENS)

(ST. MARYS)

761153

722393

(D. BAILEY)

(G. RICHARDS)

B. & J. A. SPILSBURY

B.P. AGENTS

S T. MARYS

SEE

BRUCE

FOR

THE

GOOD

JUICE

B.P. SERVICE STATION, ST. MARYS.

PHONE ST. MARYS 722233 OR 722155

W. LOCKETT & SONS

FUNERAL DIRECTORS

CAMPBELLTOWN

ENQUIRIES MAY BE DIRECTED THROUGH:

MR. D. CASBOULT
ST. MARYS.

PHONE 722143

OR

MR T. PEARS
CAMPBELLTOWN

PHONE 811167

BRUCE DAVIDSON

FUNERAL DIRECTOR

D. K. & C. M. BARNES

722367 S T. MARYS 722265

WE WILL MAKE AND DELIVER:

FRESH FLOWER

OR

ARTIFICIAL WREATHS.

ALSO

BRIDAL BOUQUETS

PRESS RELEASE

Max Burr

Unemployment in Tasmania is not only caused by the lack of jobs. "In Wilmot electorate I am greatly concerned with the loss of job opportunities for the unemployed caused by people who have employment but work on other jobs during their paid annual leave," said Max Burr, M.H.R. for Wilmot. "In a rural community much of the work is seasonal and many people in country townships come to rely on that work as part of their annual income. "We have a situation in many areas where employed people now take those jobs from the local community during their paid annual leave." Mr. Burr said that he had approached the president of the ACTU on the matter and had been told that it was strictly against trade union policy. "I was told that a number of unions were able to police the situation and took disciplinary actions against members found working during their annual leave. "Unfortunately Mr. Dolan was unable to advise me as to which unions took this attitude. "He could only reiterate that the general attitude in the trade union movement was that persons should not work during annual leave as that entitlement had been obtained on the basis of affording the worker a period of recreation. "Mr. Dolan also said that as employers had not sought to incorporate a clause in awards that prohibited their employees from working elsewhere during paid leave it seemed that employers were not as concerned about the abuse of this right as the unions." Mr. Burr said that it seemed impossible to stop this practise which reduced job opportunities in the rural sector at a time when unemployment was at its highest.

FINGAL VALLEY HISTORICAL RESEARCH GROUP

The results of the Group's photo drive have been very rewarding and it is hoped to display the collection in the Fingal Library early in August.

A disappointing feature of the group's activities to date has been the lack of interest from towns in the municipality other than Fingal. We have now an extensive collection of photographs of early Fingal which have been given on loan for a few days for copying. All photographs have been returned and there has been no loss or damage. I am sure that the residents of Fingal will be well pleased with the results and future generations are bound to benefit.

Group members have been researching the early editions of the Weekly Couriers and notes have been copied concerning St. Marys, Fingal, Avoca and Mathinna. We have also obtained copies of photographs from the papers many of which would be of interest to residents in all townships.

Historical research is often time consuming and tedious, but the rewards are well worth the effort. To ensure that the collection is continually growing we are seeking increased membership. If you are interested in the history of your area please visit the Fingal Library and have a look at the collection, or, better still, come to a meeting at the Fingal Library, 7.30pm on the third Wednesday of the month. If enough interest is shown there is a possibility of establishing sub groups in each town.

Ruth Miller
Sec. F.V.H.R.G.
P.O. Box 128
Fingal.

CHEERIO

To our friends Rosie, Stuart and Robert. We wish them "Goodluck" in their new home at Scamander. Special thanks to "Bobbie"

Tom & Jean,
Cornwall.

O O O O O O O

JACKSON'S

SMITHS MOBIL GARAGE (ASK for Hoffy)
HOFFY ARMSTRONG
ON PH. 722184.

SILVER GREY LASER GHIA
5 SPEED MANUAL

1.5. MOTOR

CALL IN AND TALK TO HOFFY

NOW!

ST. MARYS DISTRICT HIGH SCHOOL

PRINCIPAL'S REPORT

On assuming the position of Principal, I am well aware of the qualities of Mr. Ian Lancaster and his impact on the school over his three and a half years as Principal. With the co-operation of parents and the assistance of an enthusiastic and dedicated staff, I look forward to maintaining the high standards set by Mr. Lancaster.

An obvious and desirable aim would seem to be to fully use the facilities of the school and the expertise of the staff and the community to enable all students, irrespective of their ability, to achieve their potential. This is not a simple task.

Parents should feel that they are welcome at the school. If there is a problem or any other matter that you would like to discuss with me, the Vice Principal, or any other member of the staff, please contact the office so that a mutually convenient time can be arranged.

SCHOOL DRAMA PRODUCTION

A commitment has been made to stage a school production on the 23rd and 24th Aug. The theme for the production is "Communication - Towards the Year 2000" and a committee of staff members has been formed to prepare a proposal for staff discussion.

SCHOOL FARM

It would seem that there is considerable opportunity to make more use of the school farm. Interested teachers who have expertise in that area are preparing proposals that they would like to see implemented.

MOTHERS CLUB

The Mothers Club usually meets in the Primary Staffroom at 2.30 p.m. on the second Tuesday of each month. However, the July meeting was held at 2 p.m. on Tuesday 28th June as there were several items to discuss which needed immediate attention. The Club is purchasing new curtains for the Kindergarten and benches for the Primary School lunch area. Soup will be served at all primary football and netball matches. Assistance with cooking and/or serving soup at the matches on Friday, 1st July would be much appreciated.

PRIMARY FOOTBALL & NETBALL WINTER ROSTER

Matches will be played against other schools in the Fingal Valley and St. Helens and Bicheno schools on Friday, 1st July, 15th July, 29th July and 12th August. The staff and students would like as many parents as possible to come and watch these matches.

TRAFFIC SAFETY IN SCHOOL GROUNDS

Staff are very concerned for the safety of students in the school grounds, particularly in the bus area on wet days after school. While the desire to pick up children from the area is appreciated, parents are requested, as far as possible, not to use that area. Extreme care should be exercised by all drivers.

STANDARD OF DRESS

Neatness of appearance, care in personal cleanliness and grooming as well as the appropriate wearing of uniform are important matters. School uniform identifies students as members of a school and it should be worn with pride.

LUNE RIVER REPORT: by Paul Aulich

Mr. Williams and five boys set off going south on Friday, 17th June with our first stop being Eastlands (Hobart) for tea. We left Eastlands at 8.00 p.m. and arrived at the Lune River huts at 10.00p.m., then we unloaded and headed for bed.

Next morning we woke with frost all around us then had breakfast, loaded our gear and set off for the diggings. We began digging and searched for our gemstones in a very muddy hole but we did not have much luck finding only 1-2 pieces of petrified manfern but some of us had more fun digging up fat worms and feeding them to the birds.

In the afternoon after our billy of tea, we had more luck searching for agates, we got half a bucket full. Late in the afternoon we packed our gear and returned to the hut to collect torches and miners lamps and headed to "Exit Cave" a limestone cave near a quarry. After 20 minutes of walking along an old railway track in the dark, we went down a rough track into the creek which was the mouth of the cave. It was huge inside with stalagmites and stalagmites everywhere. When we turned off our torches, glow worms would light up like stars. It was fun scrambling over rocks and through the creek in the cave.

Next morning the frost was very thick, we had breakfast, packed our bags and returned to Hobart. We went back through Dover, leaving the main road and travelling alongside the d'Entrecasteaux Channel and joined the Huon Highway at Kermadie. We reached Hobart at lunch time, had lunch in a little park, then visited the Hobart Lapidary Club where all types of gemstones were displayed. There Mr. Williams bought about fifty dollars of fittings for the school. We arrived home tired but happy. Thanks to Mr. Williams for a good weekend.

<u>RECOMMENDED</u>	<u>CHILDHOOD</u>	<u>IMMUNIZATION</u>	<u>SCHEDULE</u> (by Matron Lavelle)
<u>AGE</u>	<u>DISEASE</u>	<u>VACCINE</u>	<u>ROUTE</u>
2 months	Diphthria-tetanus-pertussis	Triple antigen	Subcutaneous
	Poliomyelitis	Sabin	Oral
4 months	Diphtheria-tetanus-pertussis	Triple antigen	Subcutaneous
	Poliomyelitis	Sabin	Oral
6 months	Diphtheria-tetanus-pertussis	Triple antigen	Subcutaneous
	Poliomyelitis	Sabin	Oral
12 months	Measles/Mumps	Measles/Mumps	Subcutaneous
18 months	Diphtheria-tetanus	Combined Diphtheria and Tetanus (CDT)	Deep subcutaneous or intramuscular
5 years or prior to school entry	Diphtheria-tetanus	CDT	Deep subcutaneous or intramuscular
	Poliomyelitis	Sabin	Oral
10-14 years Females only (Preferably in last year of primary school or first year of high school)	Rubella	Rubella	Subcutaneous
15 years or prior to leaving school	Diphtheria-tetanus	ADT	Subcutaneous

R E M E M B E R !

When having your child immunized; to inform staff of any of the following:-

- Your child has a history of neurological disease including seizures, convulsions or cerebral irritation in the neonatal period;
- A previous reaction to the vaccine other than minor local reactions and/or mild fever;
- A family history of neurological disease other than that due to trauma or infections;

Should your child or family suffer any of the above, seek advice from the treating doctor or your local doctor about future immunizations.

M E A S L E S - M U M P S - V A C C I N E

This is available to all pre-school children on normal immunization day.

Parents of older children wishing their child to have mumps vaccine should see their family doctor.

YOUR CHILDREN SHOULD BE THE MOST IMPORTANT FACTOR IN YOUR LIFE,

AND IT IS YOUR RESPONSIBILITY TO SEE THAT VACCINATIONS ARE

CARRIED OUT. FOR YOUR CHILDREN'S CONTINUED HEALTH,

VACCINATE NOW !!!

IS ANZUS RELEVANT TODAY?

The ANZUS Treaty was signed in September 1951, against a background of rising communism in Asia, the possibility of a re-emergent Japan and a victorious but weakened Britain. It has been seen by successive governments as the cornerstone of Australia's defence policy. Thirty one years later, is this still the cause?

In the community of nations Australia ranks as a "middle power", it can, and must, do much to guard its own security. It can do many things in this part of the world to foster harmonious development and reduce the tensions which can cause war.

To set down what we can do, however, is also to spell out the limits of our defence capabilities and our scope for international influences.

This is why such importance is attached to the ANZUS treaty with the United States and New Zealand. The treaty, through its consultative provisions, gives us the formal structure to make our voice heard on events outside as well as inside the region.

As we have seen in the past, security problems cannot be dealt with in geographic departments. Australia must use its influence wherever possible to ensure that wider issues do not affect our interests close to home. More specifically, provided we with our partners maintain our individual defence capabilities we strengthen our position. A collaborative effort gives us so much more scope for a positive contribution to global security.

Some have argued that the ANZUS treaty makes Australia subservient to the U.S. and that it provides no watertight guarantee that U.S. forces would aid Australia in the event of an attack. However, a watertight guarantee would breach Australian sovereignty. Furthermore under the treaty Australia must also make a contribution to its own security.

The full extent of the advantages to Australia of ANZUS membership are sometimes overlooked:

It provides us with a powerful deterrent which we would not have if acting in isolation. Any country contemplating war or threatening war would need to consider the likelihood of involving the U.S.

In a world where military capabilities are increasingly linked with advanced technology and the knowledge needed to use it, it gives us access to an unsurpassed source of technology and supplies. It is ironic but true, that the more we try to do for ourselves in military capability, the more we need to draw on technology from every available source.

The case against Australian participation in ANZUS is essentially that instead of getting us out to trouble, it may get us more deeply into enfolding international involvements, and increase the threat to our security. It is argued that Australia is so far away from the rest of the world, that our best course is simply to opt out.

This course is not without its attractions. We have no more desire to be the subject of nuclear or chemical warfare attack than any other nation. We have no disputes with our close neighbours so why run the risk of conflict with major powers further afield?

Yet Australia, for all its remoteness, has a long history of association with others in working for the preservation of security. Such collaboration saved Australia in 1942. If more contemporary reminders are needed we only have to look at the Soviet invasion of Afghanistan to see that there will always be nations ready to seek to control other countries.

In our endeavour to keep our region secure for the future the alliance is still very important.

By Senator John Watson.

FOR ALL YOUR

ADVERTISING

AND LOCAL NEWS

ANYTHING

GET THE

VALLEY VOICE

HOPE TO SEE RON & BETTY BACK AT VALLEY VOICE VERY SOON!!

STARDUST

BY LADY
FORTNIGHT BEGINNING

LUCK.
JULY 1, 1983.

CANCER: June 22 - July 23

You might feel 'out of sorts' and find it hard to concentrate. Take things quietly for a few days. Your interest will be kindled at the weekend by a very pleasant surprise within your family circle.

LUCKY NUMBERS: 9, 13, 24, 29.

LEO: July 24 - August 23

Circumstances appear to brighten daily. The fruits of an earlier investment bring satisfaction. Be on your guard next week against undue demands on your time. Take heed of kindly advice from a friend.

LUCKY NUMBERS: 3, 10, 27, 39.

VIRGO: August 24 - September 23

Early attention to trivial matters will leave you free to concentrate on a more important project. Travel appears to have a degree of urgency. Your finances should run smoothly. Headaches may cause problems.

LUCKY NUMBERS: 7, 16, 22, 30.

LIBRA: September 24 - October 23

Be careful how you conduct affairs this week and avoid getting entangled in strange schemes. Try not to be mesmerised by the personal magnetism of someone offering great returns for a small outlay.

LUCKY NUMBERS: 1, 14, 32, 36.

SCORPIO: October 24 - November 22

Keep arrangements as flexible as you can, as there may be one or two last-minute changes to your schedule. Many good things may be gained through people you have not met for some time. Listen to your head, not heart.

LUCKY NUMBERS: 2, 6, 12, 29.

SAGITTARIUS: November 23 - Dec. 22

Devote more time to important undertakings, especially early in the week. Events may force you into making a decision which you could regret later. Lack of co-operation from colleagues creates problems.

LUCKY NUMBERS: 2, 11, 15, 25.

CAPRICORN: December 23 - January 20

Despite a hitch and possible delay to plans, you stand an excellent chance of making headway. A journey is probable at the weekend and new friends are liable to play an important role in your affairs.

LUCKY NUMBERS: 3, 19, 24, 33.

AQUARIUS: January 21 - February 19

Sensible planning is now essential. Give priority to smaller details as well as the larger ones. Try not to be tempted to handle someone's affairs or you could land yourself in quite a pickle.

LUCKY NUMBERS: 6, 7, 28, 37.

PISCES: February 20 - March 20

The stars point to a very happy week. Enterprise and originality play a big part in laying foundations for the future. There is less chance of making a false move. Push your plans forward confidently.

LUCKY NUMBERS: 4, 17, 20, 40.

ARIES: March 21 - April 20

Frustrating hold-ups are likely, but next week will see things moving in the right direction. Socially a busy weekend ahead. Stimulating company will cheer you up. You can now build up your prestige.

LUCKY NUMBERS: 5, 12, 21, 31.

TAURUS: April 21 - May 20

Watch for small mishaps in the home and take very special care. You may feel it necessary to ease up a little and rest a bit more. This is only a passing phase, so do not worry unduly. Tension will ease.

LUCKY NUMBERS: 10, 18, 28, 35.

GEMINI: May 21 - June 21

The week livens up after a slow beginning. New places or people could lead to something exciting with the possibility of a positive gain. You may benefit from meeting friends and sharing their views.

LUCKY NUMBERS: 1, 14, 26, 37.

ST MARYS BUTCHERY

PHONE TOBY NOW !!

BECAUSE...

WE DON'T KEEP

THE BEST...

WE SELL IT!!!

ST. MARYS 722274

ST MARYS HEALTH AND BEAUTY CENTRE

SPECIALS

HAND LOTION \$1.60

500ml SHAMPOO \$1.69

OATMEAL & VITAMIN SOAP 4 for \$1.00