

# THE VALLEY AND EAST COAST VOICE

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## FAMILY DAY CARE SCHEME FOR THE COUNTRY AREAS.

FOR OVER 7 YEARS NOW THERE HAS BEEN A LAUNCESTON FAMILY DAY CARE SCHEME, THIS HAS PROVED SO POPULAR THAT 3YRS AGO THE AREA WAS DIVIDED AND A SECOND SCHEME LAUNCHED: THE NORTHERN SUBURBS FAMILY DAY CARE SCHEME. BOTH OF THESE SCHEMES ARE KEPT VERY BUSY INDEED. TWO FIRST CLASS CHILD CARE CENTRES ALSO OPERATE IN LAUNCESTON, THUS PUTTING PARENTS IN THE DESIRABLE POSITION OF HAVING A CHOICE OF HIGH QUALITY, LICENSED, CHILD CARE SITUATIONS, i.e. CENTRE CARE OR HOME CARE.

COUNTRY AREAS ARE NOT SO FORTUNATE; GEORGETOWN CAN BOAST OF AN EXCELLENT CHILD CARE CENTRE, GORDON SQUARE, WHICH CATERS FOR CHILDREN OVER 2YRS, BUT THAT IS THE ONLY CHILD CARE CENTRE IN THE WHOLE OF THE 003 TELEPHONE AREA OUTSIDE LAUNCESTON. VERY COMMITTED LICENSED CARERS GIVE HOME BASED CARE THROUGHOUT THE COUNTRY DISTRICTS, UNTIL THIS TIME WITH NONE OF THE COMMONWEALTH SUPPORT PROVIDED TO THE CO-ORDINATED SCHEMES.

THAT SITUATION WILL NOW CHANGE. A NORTHERN COUNTRY FAMILY DAY CARE SCHEME HAS BEEN FUNDED BY THE COMMONWEALTH GOVT. AND SPONSORED BY THE UNITING CHURCH CHILD AND FAMILY SERVICE. THE SCHEME COVERS THE 003 TELEPHONE DISTRICT NOT ALREADY COVERED BY A SCHEME. BECKY WALL AND JILL SHEPPARD HAVE BEEN APPOINTED PART TIME CO-ORDINATORS.

BECKY WALL WILL COVER THE EAST AND WEST TAMAR, GEORGETOWN, BRIDPORT, SCOTTSDALE, ST. HELENS AND AREAS AROUND. JILL SHEPPARD, DELORAINE, WESTBURY, LONFORD, EVANDALE, THE MIDLANDS HIGHWAY AND FINGAL VALLEY AND DISTRICTS ADJOINING.

PARENTS AND AGENCIES INTERESTED TO KNOW MORE ABOUT FACILITIES FOR DAY CARE OR EMERGENCY OVERNIGHT CARE FOR CHILDREN IN THESE DISTRICTS SHOULD PHONE:-

BECKY WALL ...94 7107

JILL SHEPPARD ...93 1344 or CHILD AND FAMILY SERVICE...31 8668.

FAMILY DAY CARE IS REQUESTED FOR VARIOUS REASONS, e.g. SOLE SUPPORTING PARENT KEEPING THEIR CHILD WITH THEM WHILST WORKING OR STUDYING BOTH PARENTS WORKING REFERRAL BY AN AGENCY, OFTEN FOR PART-TIME CARE TO RELIEVE A STRESSFUL

SITUATION.

WHEN A MOTHER IS HOSPITALIZED AND DAD IS THERE TO COPE AT NIGHT. FOR A PARENT TO HAVE A FEW HOURS A WEEK TO DO THEIR OWN THING.

A STRENGTH OF FAMILY DAY CARE IS THAT IT CAN BE ADAPTED TO THE SPECIFIC NEEDS OF A CHILD, FOR INSTANCE PARENTS IN SHIFT WORK NEEDING VERY EARLY OR LATE HOURS OF CARE- CHILDREN NEEDING TAKING TO OR COLLECTING FROM SCHOOL -OLDER BROTHERS AND SISTERS REQUIRING BEFORE OR AFTER SCHOOL CARE, OR HOLIDAY CARE.

IT HAS BEEN SHOWN THAT YOUNG BABIES ESPECIALLY, FIND THAT THE ONE-TO-ONE RELATIONSHIPS OF F.D.C. MEETS THEIR NEEDS AND THEY ADAPT TO IT VERY QUICKLY. IT IS ANTICIPATED THAT WE WILL ALSO BE ABLE TO OFFER RESPITE CARE FOR HANDICAPPED CHILDREN.

CARERS ARE LICENSED BY THE DEPT. FOR COMMUNITY WELFARE. THERE IS A SUBSIDY TO HELP PAY THE COST IN APPROVED SITUATIONS, THE PRIORITIES BEING:- CHILDREN OF SINGLE PARENTS  
ABORIGINAL CHILDREN  
CHILDREN OF ETHNIC MINORITIES  
CHILDREN AT RISK OF PHYSICAL OR EMOTIONAL ABUSE  
DISABLED CHILDREN  
CHILDREN WITH SICK OR INCAPACITATED PARENT  
CHILDREN WITH BOTH PARENTS IN THE WORKFORCE  
ISOLATED CHILDREN

CHILDREN OF FAMILIES IN ECONOMIC NEED

SUPPORT AND REFERRAL WILL BE OFFERED TO BOTH PARENTS AND CARERS. THE CARE SITUATION WILL BE COVERED BY AN INSURANCE SCHEME. EQUIPMENT SUCH AS COTS, CAR SEATS, AND PLAY MATERIAL, CAN BE LOANED. THERE IS NO COST FOR THESE SERVICES. TRANSPORT CAN BE ARRANGED WHERE NECESSARY.

IT IS ANTICIPATED THAT ADDITIONAL CARE GIVERS WILL BE REQUIRED IN MANY AREAS, PERSONS WHO ARE INTERESTED IN KNOWING MORE ABOUT BECOMING A CARER SHOULD ALSO PHONE THE NUMBERS GIVEN.

PEOPLE WHO AT PRESENT HAVE AN INFORMAL ARRANGEMENT TO LOOK AFTER CHILDREN FOR A FRIEND OR NEIGHBOUR MAY LIKE TO APPLY TO REGISTER WITH THE SCHEME.

## CLASSIFIEDS

FOR SALE. 10x10 Marquee tent with poles and ropes. \$70.00, two folding camp stretchers \$10.00, one life jacket \$10.00, two bait nets good order \$20.00 each. Phone 77 1142.

FOR SALE. White wicker pram good order \$85.00 o.n.o. child's 8ft Hills rotary clothes line \$25.00. Phone 77 1142

VALLEY TRADING CO. For all your painting and glazing work. Phone 72 5240.

PEAKES BUS SERVICE....!....St. Marys, Bicheno and Swansea. Passengers, parcels and papers. Phone St. Marys 72 2390.

REDLINE COACHES. Deliver this paper quickly and efficiently. Why not let them work for you. St. Marys.....L'ton.....St. Marys. DAILY

BUS FOR HIRE. 12 Seater. All charter, day trips etc. Reasonable rates. Phone 72 2329.

PAINTING..... Roofs, Houses, Fences etc. Free quotes, cheap rates. Phone 72 2329.

NORTHERN REGIONAL LIBRARY BOOK-MOBILE will be visiting - Epping Forest, Conara, Falmouth, Scamander and Beumaris on June 7th and they will be visiting - Bingalong Bay, Stieglitz, Ormley and Avoca on June 8th.

NOW AVAILABLE IN ST. MARYS..... SUZUKI MOTOR CYCLES & SPARE PARTS. PHONE 72 2328

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FOR ALL YOUR COLOUR PORTRAITS.... Wedding photographs and child studies. Contact Robert Jones, St. Helens. Phone 76 1151.

FOR ALL YOUR NEEDS.

Check the display ads in the Valley Voice. Trade and shop local - and save.

PLEASE NOTE. That the cost of Classifieds ads will be \$1.00 for 25 words. Forthwith.

KEEP DECEMBER 3RD FREE FOR FUN AND SPORTS AT ST. MARYS (MORE LATER).

FOR SALE. Marine ply Caravan. 3 berth, Gas cooker. \$350.00 o.n.o. Phone 72 2110.

FOR SALE. Yamaha DT 175 ROAD and Trail Moter Cycle. Good Condition. \$ 465 O.N.O. PH PHONE 722244.

Netball Meeting  
Tuesday 7th at 1pm at the Community hall.  
All Ladies Welcome.

## OPTOMETRIST

Mr Tim Fowler the Optometrist will be attending the St. Marys District Hospital.

On Monday 20th JUNE 1983

For appointments: Phone 31 6137

TIM FOWLER

## THE CONSERVATORY RESTAURANT

27A BRISBANE ST., LAUNCESTON  
(opposite City Park)

OPEN 24 HOURS EVERY DAY  
For early breakfast or late suppers.

Fine Food - Family Concessions.

Friendly Hosts and Service.

K. YOUNG

Proprietor.

## ELECTRICAL CONTRACTOR

FOR DOMESTIC & INDUSTRIAL INSTALLATIONS.

FREE QUOTES.

CONTACT:

ROD SHAW PH 722422

FOUR MILE CREEK

OR

P.O. BOX 28,  
ST. MARYS.

NO

JOB

TOO

SMALL.

# WHAT ON

## ST. MARYS PLAYGROUP.

### PLAYGROUP INTEREST COURSE.

A 3 day course is to be conducted at the St. Marys District School on June 3rd, 4th and 5th from 10am till 1pm.

The aims of the course are:-

- to develop self confidence.
  - to increase parenting skills.
  - to gain an understanding of play and its values.
  - to learn to observe objectively.
- It is hoped that there will be at least one guest speaker concerned with Language/Arts Development. Children are welcome if childminding presents a problem. Registration fee is \$2 and reference books are \$3. For Registration of further information Contact Jane McNaught 72 5181.

Don't forget this valuable course. On Friday "Buddies Toys" will have a display of educational toys available for you to look at, play with and order if you wish. You don't have to be a member of a Playgroup to attend but may have small children and, would like to find out, what Playgroups are all about.

## ISOLATEL PATIENTS ALLOWANCE.

Do you need to travel more than 200kms to see a specialist? You may be entitled to a travel allowance or accommodation allowance.

If you think you may be eligible or require more information ask your local doctor, hospital or resource worker.

This allowance is made available by the Commonwealth Department of Health. Address: Kirksway House, 6 Kirksway Place, HOBART. 7000  
Tel. (002) 20 5498.

The next meeting of the Fingal Valley Resource Group Inc. will be held on Wednesday, 15th June at 7pm in St. Marys Hospital Recreation room. All welcome.

E. McManus  
President.

## ST MARYS FOOTBALL CLUB

### RAFFLE RESULTS

The \$20 a ticket raffle was drawn on Saturday night in the lounge of the St Marys Hotel before a large crowd of eagerly awaiting football fans.

The lucky winner was Mrs. Burgess Snr. and when told of her win, by telephone to L'ton was elated. Mrs. Burgess Snr. has preferred to take the VIDEO machine. The committee takes this opportunity to sincerely thank all who supported the club so generously.

SECRETARY

G. RICHARDS

## ST. MARYS DISTRICT HOSPITAL AUXILIARY

The Auxiliary meeting will be at 7.30 p.m. on June 6th. at the hospital Recreation room.

## ROSSARDENS WOMENS GROUT

The May Wednesday afternoon's raised \$44.00

The committee is now raising money for the children's 1983 Christmas Party also, and the following programme is for June.

- June 8th. - Card afternoon
- 15th. - Cent morning
- 22nd. - Cake stall & Mini raffle
- 29th. - Meeting & Afternoon tea.

( Raffle- Scallops)

All meetings are held at the Community Hall Rossarden. For further information or donation of goods for stall contact committee members Helen Johnstone, Lyn Clarke, Gaylene Goss, Christine Triffett, Rae Nicholson or Margaret Kobylinski.

## RICHARDS HOME FURNISHERS

ST. HELENS

PHONE 76 1147

Call and see our range if you don't see it we can get it. We can supply all your needs to furnish your home. Carpets, furniture, curtains & tracks, electrical, manchester and giftware. Terrific range of carpet and curtain samples. Also everything required for baby.

## RED BOOK AUTOS

SMITHS MOBIL GARAGE (ASK for HOFFY)  
HOFFY ARMSTRONG ph 722184.

### RED BOOK AUTOS NOW ON DISPLAY:

1980 Holden Kingswood SL station wagon, buckets seats, 3 speed manual. Ideal family wagon P.O.A.

Also

1977 Valiant Sedan.  
An ideal family vehicle.  
P.O.A.

Call and talk to HOFFY now!!

# CHURCH NEWS

## FINGAL-PORTLAND UNITING CHURCH

Sunday June 5

Fingal 9.30am  
St. Marys 11.00am  
St. Helens 7.00pm

Sunday June 12

Fingal 9.30am  
St. Marys 11.00am  
St. Helens 7.00pm

## ANGLICAN PARISH OF ST. HELENS

St. Pauls Church

8.00am Eucharist every Sunday  
11.00am 1st Sunday sung  
11.00am M.P. second Sunday  
11.00am 3rd, 4th, 5th Sunday

St. Michael's and All Angels Church - Pyengana

11.00am Eucharist 2nd Sunday  
11.00am M.P. 4th Sunday  
7.30pm Eucharist 2nd Sunday  
7.30pm Eucharist 4th Sunday

Falmouth Church

9.15am Eucharist 1st & 3rd Sunday

## ANGLICAN PARISH OF THE FINGAL VALLEY

Sunday June 5

9.00am M.P. Fingal  
10.30am M.P. St. Marys  
7.00pm E.P. Royal George

Sunday June 12

9.00am H.C. Fingal  
10.30am H.C. St. Marys  
(Visiting Priest - Vestry)  
7.00pm H.C. Avoca

## CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assump-  
tion - Sundays June 5, 12 9.00am

St. Helens - SS Helena & Stanislaus  
Vigil Mass Saturdays 4, 11 5.30pm

Fingal - St. Joseph  
Sundays June 5, 12 10.30am

Mangana - Our Lady of the Sacred  
Heart - 3 & 5 Sunday of each  
month 10.30am

Bicheno - Community Church  
Sunday 5 June 4.00pm

PARISH PRIEST: Father Joe Medwin,  
The Presbytery, St. Marys. Phone  
(003) 722252

BENEDICTION of the Blessed Sacrament,  
Devotions to our Blessed Lady,  
Stations of the Cross, and weekday  
masses - as announced at Sunday  
Mass.

RECONCILIATION in the Sacrament of  
Penance: You may go to Confession  
in each church before Mass, and at  
other times as announced. At any  
time by private arrangement.

## CHIROPODIST

MISS DORIS HOOPER: In practice  
Doctor's Surgery - St. Marys  
Details: Phone 002 570171 before  
8.00am any day

## MEALS ON WHEELS

### JUNE

### ST. MARYS

Day	Date	Meal
Sunday	5	Gerald Aulich
Monday	6	Dave Robinson
Tuesday	7	Vivienne Young
Wednesday	8	Sheryl Hendley
Thursday	9	Ivan Calvert
Sunday	12	Jeff Faulkner
Monday	13	Suzie Loane
Tuesday	14	Jill Mason
Wednesday	15	Nell Townsend
Thursday	16	Heather Newman

### FINGAL

A. Oliver
R. Saunders
I. Francis
C. Turner
R. Cowie
R. Yates
I. Legro
H. Mills
L. Mellows
P. Rowlings

### MANGANA

L. Walters	
R. Saunders	
M. Francis	
J. Miller	
R. Cowie	
K. Ward	*
I. Legro	*
H. Mills	*
L. Mellows	*
R. Miller	*

\* if required

## ST. MARYS GOLF CLUB

### SPECIAL GENERAL MEETING

FRIDAY JUNE 3rd

7.00pm

PROPOSAL - TO ALTER THE COMMITTEE  
FROM 15 to 5

FINGAL VALLEY POLICE AND CITIZENSYOUTH CLUB NEWS.CROSS COUNTRY:

A combined Police and Citizens Youth Clubs cross country was held at Campbelltown on the 22nd May, and some of the Clubs competing were from Hobart, Clarence, Longford, Scottsdale, Bridgewater, Spring Bay, the Police Academy and the Fingal Valley.

In the competition last year, Scottsdale took the overall shield, (plus every divisional shield) with the Fingal Valley coming second.

This year Scottsdale again were the champions, taking the overall shield, with the Fingal Valley again coming second.

HOWEVER; our youngsters didn't let Scottsdale have it all their own way and took the shield for the 7-10 year old division.

Well done to all those children who ran for our club, especially those 'Littlies' who did so well to take the shield (now on display in the St. Marys Police Station).

Medal winners for the Fingal Valley were:-

Silver medals, Christopher Hayes, Bonnita Hayes.

Bronze medals:-

Narelle Hayes, Katrina Kerrison.

Hopefully photographs of the Cross Country will soon be available.

NATIONAL GAMES.

These are to be held in Brisbane, September, 1983.

The Fingal Valley have been asked to send one senior (female) club member. To be fair, all names of the girls wishing to go were put into a hat and drawn by Inspector LeFevre.

1. Phillipa Faulkner, 2. Sian Fox, 3. Annette Bushing. (2&3 are to be first emergencies).

YOUTH CLUB will resume on Monday, 20th June. Junior club will be held once every two weeks for this term only. Senior club will be weekly as usual.

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DID YOU KNOW?

Supplied by,

The Fingal Valley Historical Research Group.

1. In the 19th century, Conara was known as "The Corners".
2. What is now called Bare Rock, south of Fingal, was originally named "Ossians Throne".
3. Mt. Elephant was so named because of the striking resemblance its outline bears to the head and back of that animal.
4. The township of Mangana was named after the aboriginal word for the South Esk River.
5. The first gold was discovered in 1852 on or about Feb 5th by Keiling Richardson, a shepherd in the employ of James Grant of Tullochgorum, near Fingal.
6. On Aug. 12, 1827, Robert Vincent Legge arrived in Tasmania at Hobart Town in the ship Midway, after a five month trip. A few years later he settled on his new selection at Cullenswood. His first abode was a hollow tree until such time that he could erect a dwelling house. He had to take a gun with him even when only working in his garden, for fear of either bush-rangers or the blacks attacking him. (Source, 1864 Walch's Almanac).
7. Fingal originally existed as a probation station. According to the 1847 Lieutenant Governor's Despatches, the settlement accommodated over 300 men with detachments built to house an additional 200. Primarily the men were used for road construction and the erection of buildings.
8. The only known item to have been published at Avoca, is a musical composition "The Lyre Bird Waltz", composed by William Richardson Jnr, Avoca, Tasmania. The waltz was printed in Hobart Town by J. Walch & Sons, probably in 1868. Richardson was undoubtedly the son of the Colonial Chaplain, for whom the rectory was built.

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# BLACK GOLD BOUTIQUE

STORY STREET

ST. MARYS

PHONE 722441

10 %

DISCOUNT ON ALL CASH PURCHASES

FOR THE MONTH OF JUNE ONLY.....

Congratulations to local identity, Mr. Gordon 'Spot' Salter, for his story published in the Saturday Evening Mercury last week. 'Spot's' story with fictional names for obvious reasons was a great story, and part two is to follow. 'Spot' Salter was a very successful jockey in the early years of racing in Tasmania, his main forte being over the jumps. He rode at St. Marys, Fingal, Avoca, Swansea, St. Helens, Pyengana and Lelorraine. He remembers when there were between 40 to 50 race tracks throughout Tas. Over the years, 'Spot' has had stories published in Tasmania in the Mercury, the Examiner, the Sporting Globe, and also 2 seasons of reporting the local football in the Valley Voice, under the nom-de-plume of 'Place Kicks'. He has also had stories printed in two mainland magazines, the Pix and the Womans Day. 'Spot' spins a 'mean yarn', as readers of the Valley Voice will know, as we have published several local history reports. Keep up the good work, Spot.

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#### ST. MARYS AND DISTRICT CHAMBERS OF COMMERCE.

The minister for Police Mr R Groom notified the St Marys District Chambers of Commerce, that a police officer will be stationed at Scamander during peak holiday periods. The Chamber asked the minister for a permanent officer to be stationed on the East Coast after our area lost a police officer and vehicle when Rossarden Tin Mine Closed last year.

The minister for Lands Mr Ian Braid notified the chamber that a bush toilet will be erected on Coastal Reserves before next summer. The Premier Mr Robin Gray notified the Chambers that it will not be possible to rebuild or duplicate the Scamander Bridge in the near future. Our Vice President Dale Wright asked the Premier in February did the D.M.R. have plans to replace the bridge. Annual General Meeting & Dinner will be held at Four Seasons Hotel - Motel on Saturday June 18th at 7pm, followed by dinner at 8pm. Guest Speaker will be Mr Jim Rickards General Manager A.T.M. Launceston.

We are sorry to hear that Mrs Linda Smith has been in Hospital we wish her a speedy recovery, get well soon.

Below is a copy of a letter from Mr E.M. Bingham, Minister responsible for Recreation, written to the Council Clerk Mr R. Yates, and forwarded to Valley Voice for publication, by Mr G. Shaw, M.L.C.

Dear Mr Yates,

I refer to your application on behalf of the Fingal Council for Government Financial assistance towards the re-development of the Avoca Recreation Ground by way of an improved irrigation system.

Following the receipt of a report from the Division of Recreation, I have now had an opportunity to consider your request. I am pleased to advise you that a grant of \$3,000 has been approved.

The report also indicated that the Council should consider planting trees and shrubs around the perimeter of the ground to act as a wind-break.

When the work has been completed, it should be inspected by the District Architect, Department of Construction, North East, who will sign the enclosed partially completed voucher, to enable you to return it to the Division of Recreation for payment.

I am sure the oval will be put to full year round use and be an essential recreation facility for the Fingal Valley.

Yours sincerely,

E.M. Bingham,

Minister responsible for Recreation.

#### THANK YOU

Many thanks to friends & Relations for their kind thoughts, cards flowers and telephone call during the time I was in Q.V. Hospital. Appreciated very much. Roma Scales

#### CELEBRATION.

Mr & Mrs Fred Jones of St Marys celebrated their 50th Wedding Anniversary last weekend, the Cornwall Hall was filled with friends, well wishes and relatives from all over the state some from Queenstown and Wynyard. Mr & Mrs Fred Jones were married in Hobart 50 years ago by the Reverend D. Lewis in Melva St Church.

Most of us know that last year was the International Year of the Tree, how many of us are aware that 1983 is world communications year and that 17th. May is world COMMUNICATIONS DAY?

Communications networks, so essential for our business and social functioning are often taken for granted, it is an area rapidly being transformed by modern technology as we can glimpse by the burgeoning of facilities for direct international subscriber dialling and live satellite news from the other side of the world.

There have been many recent changes in the Australian Communications Systems. This year the government must respond to reports on cable and subscription television, the Davidson inquiry into telecommunications and the Bradley Inquiry into postal services and electronic mail, legislation is also expected to establish the Australian Broadcasting Corporation. Satellite communications are becoming an inherent part of our life. Two important systems are the NATIONAL COMMUNICATIONS SATELLITE SYSTEM (N.C.S.S) and the HOMESTEAD AND COMMUNITY BROADCASTING SATELLITE SERVICE (H.A.C.B.S.S.) Aussat pty. Ltd. is a government owned company set up to operate the systems. By mid 1985- A bare two years away- the NCSS should be operating. It will consist of two satellites orbiting 36,000 kilometres above the earth, relaying information back to eight earth stations, each satellite will weigh 650 kilograms and will measure 6.5 metres by 2 metres. They will be launched either by the United States Space Shuttle or via the European Satellite Launcher. How will these satellites benefit us? They will relay television and radio to remote and under serviced areas and improve telephone services in remote areas. Telex Type services will be much more rapid. The satellites will cover both A.B.C. and commercial radio and television and they will improve reception in all areas outside capital cities. The department of transport will also use the facilities to improve its air, sea and land communications. Papua New Guinea will use them to improve its broadcasting and telecommunication facilities while outback educational and medical communications will be transmitted through the system. The homestead and community broadcasting satellite service will broadcast ABC radio and television to people beyond existing land based services. This system should assist Tasmanians living in areas of poor reception. Individuals will link into the system by purchasing small earth stations about 1.2 metres in diameter which will cost about \$1,000. Testing of

prototype dishes began around Australia last month.

The role of the Department of Communications change. Development is hindered if the communications infrastructure is missing. This International Year aims to remind us of their important role. After all, there is still a long way to go before all countries have communications facilities of the type we expect. In 1982 75% of the world's 550 million telephones were in just eight countries.

By Senator John Watson

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#### BICHENO GARDEN CLUB

The Monthly Meeting of Bicheno Garden Club was held on Friday May 20 at 2.00 p.m. There was an average attendance. After the business of the Garden Club finished we had a Guest Speaker Mrs. J. Smith of Falmouth. She spoke on the dyeing with different plants we have or see in the bush & onion skins & lichen. Different wool which had been handwoven was in such an array of colours, it was hard to believe. Everyone present thoroughly enjoyed the talk as it was so interesting.

E.M. HUGHES.

PRESS RELEASE - MAX BURR MEMBER FOR WILMOT  
The Federal Government has welshed on its promises concerning three major projects in Max Burr's electorate in Tasmania.

"The Prime Minister and the Minister for Primary Industry came to Tasmania during the election and gave wholehearted support for the Warners Creek Dam, the Craigbourne Dam and the upgrading of the Port of St. Helens," Mr. Burr (Wilmot MHR) said.

"The Fraser Government had entered into long term negotiations with local and other authorities in Tasmania concerning the funding of these projects.

"Commitments had been given by that Government and local authorities had every right to believe that, had it been re-elected the projects would be started.

"Labour Party spokesman came to Tasmania and said, 'We will fund these projects if elected'.

"The present Government now says it is a different ball game and it will not go ahead with the project.

"I believe this amounts to welshing on promises given during an election campaign and represents political expediency at its worst.

"They have deceived the people of Tasmania and I believe that Parliament should demand a better go for Tasmanian people," Mr. Burr said.

MAX BURR (MHR WILMOT)

Does YOUR CHILD NEED DAY CARE?  
 FULLTIME, PART-TIME, BEFORE AND  
 AFTER IN SCHOOL HOLIDAYS OR  
 JUST OCCASSIONALLY ? OR

ARE YOU INTERESTED IN CARING FOR  
 CHILDREN IN YOUR OWN HOME?

YOU WILL BE PAID, LICENCED AND  
 INSURED.

TOYS AND EQUIPMENT ARE PROVIDED.

CONTACT. JILL SHEPPARD PH 931344  
 or leave a message with

Child and Family Service

34a Paterson ST

Launceston PH. 318668

THE NORTHERN COUNTRY FAMILY DAY  
 CARE SCHEME INCLUDES THE FINGAL  
 VALLEY.

Country living has a great deal  
 to offer, however country people  
 must often envy the easy access  
 that city people have to services  
 such as medical specialists, the  
 theatre, and a course child care.

While both parents are usually  
 vitally interested in the care of  
 their children, one parent has the  
 major responsibility, or there may  
 only be one parent. Children can  
 be a very real restraint on the  
 mobility and independance desired  
 by that parent to the detriment of  
 the family as a whole.

The availability of quality child  
 care enables parents to;

go to work;

go shopping

go to hospital and keep appointments  
 catch up on the housework, or merely  
 do their own thing (eg An adult  
 education course)

secure in the knowledge that their  
 children are safe and well cared  
 for

The Northern Country Family Day  
 Care Scheme is a Commonwealth  
 sponsored community service, which  
 employs two co-ordinators to build  
 up family day care throughout the  
 003 telephone district.

Family Day Care offers care for  
 your baby or child in a private  
 home, with "mothers" who are care-  
 fully chosen and licensed by the  
 Department of Community Welfare.

Care can be for short periods,  
 all day, out of school hours and  
 in emergencies. The child minders  
 have support and guidance from  
 child care professionals.

Insurance is provided free of  
 charge and toys and equipment, such  
 as car seats, can be borrowed.

The aim of the scheme is to  
 recruit day care mothers who are  
 warm hearted people with a sensible  
 approach to children, and because  
 they are interested in the child's  
 total development, must enjoy being

involved in their play activities  
 as well as keeping them safe,  
 clean and fed. A day care  
 mother enjoys being at home with  
 her family family and at the same  
 time being useful in the community.

The day care mothers are free  
 to accept or refuse any day care  
 situation offered to her.

Day care mothers are free to take  
 family holidays or meet special  
 family circumstances because they  
 are part of a caring network.  
 Children benefit in family day  
 care from a warm family environment  
 similar to their own home, the  
 presence of playmates, individual  
 attention and transport to and  
 from kindergarten if required.

Fees are recommended by the  
 co-ordinators but are paid directly  
 to the day care mother. Subsidies  
 for families on a low budget are  
 available when necessary, be sure  
 to ask if you are eligible. Most  
 lower and some middle income  
 families are eligible.

The co-ordinators responsible  
 for supervising the programme are  
 based in Launceston, and work from  
 their homes. They make regular  
 visits to all areas working closely  
 with all families, giving support  
 and advice as required.

IN PASSING

Ladies who wish to keep their  
 spouses

Content and happy in their houses,  
 must learn that food to be a  
 blessing

Must not be ruined in the dressing

It's very nice to be good looking,

But that will not excuse bad

cooking,

And men have got such yummy natures

They'll judge you by your beef &  
 tater's,

So if you want to rule & lead them,,

You'll do it if you nicely feed  
 them.

From the Scottish Womens Rural  
 Cookery Book.

HOUSEHOLD HINTS.

When stewing rhubarb, prepare  
 rhubarb in the usual way, then  
 before putting in pan, put fruit in  
 in a bowl and pour a kettle of  
 boiling water over it after which  
 it will only take half the quantity  
 of sugar to sweeten it.

CUT NEW BREAD with a hot knife.

TO EXTINGUISH burning oil sprinkle  
 with flour.

VINEGAR and water will take marks off  
 clothes that have been lengthened.

# ST. MARYS LADIES VOLLEYBALL NOTES

SEMI FINAL 24.5.83

L's Belles d Dynamos 3-1 (15.11, 15.11,14.16,15.1) Mary Targett best for L's Belles and a good team effort. Sharryn Binns and Kath Blair best for Dynamos.

GRAND FINAL 26.5.83

Kiwis d L's Belles 3-2 (15.3,9.15, 15.11,5.15,15.6) Team effort by both teams.

Thankyou to Supa Valu for donating the Best & Fairest Trophy and to Greg & Wendy Tapp for allowing us the use of the hotel Dining Room. for presentation of trophies.

APOLOGY to the Football correspondent for the non-appearance of his notes as the editor wore the wrong coat.

FOOD = ENERGY = HEALTH

## SLIMMING?

Many teenagers, especially girls, are over-concerned with losing weight.

Advertising and other pressures in today's society claiming 'slim is beautiful' have caused many children who are not overweight to follow extreme slimming diets. If you are still growing, to be a little overweight is not a problem. As height increases, overweight usually decreases.

If weight loss is advised, for example, by your doctor or the school nurse, be careful of fad diets and those that promise quick weight loss. The Basic Five is a simple and sensible food program to follow.

Avoid:- sweet foods such as sugar, honey, jams, sweets, chocolates, icecreams, softdrink and cordials.

floury foods such as cakes, biscuits, scones, thick soups and gravies.

Fatty foods such as fatty meats, potato chips, cream, pastry and fried foods.....

## Exercise.

As well as watching what you eat, try to be active and exercise more. Inactive children need less food than active ones. A number of research studies have shown that overweight or obese children are very inactive. Every child should play some sport, especially the kind that can be played regularly when grown-up.

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# STARDUST

BY LADY LUCK.

FORTNIGHT BEGINNING JUNE 3, 1983.

GEMINI: May 21 - June 21

Partners may tend to be a little bossy and difficult in June, but you have the ability to make people laugh at themselves so this will help sort things out. You will adopt a new outlook on life.

LUCKY NUMBERS: 9, 18, 21, 32.

CANCER: June 22 - July 23

Someone from your past may re-enter your life, but you must be prepared for a changed outlook for both of you. There are strong indications of fraud this year, so be on your guard at all times.

LUCKY NUMBERS: 2, 25, 29, 34.

LEO: July 24 - August 23

Your uncanny ability to understand how people work will prove invaluable this month. There could be some unusual developments in business. You will expand your horizons this year and will benefit from foresight.

LUCKY NUMBERS: 6, 10, 17, 40.

VIRGO: August 24 - September 23

This is not a good time for making important changes so take things easy for a while. Be extra careful with all electrical appliances. Not very good conditions for romance right now but good for studies.

LUCKY NUMBERS: 1, 3, 15, 33.

LIBRA: September 24 - October 23

Business matters will come up for serious discussion but you will resolve nothing new. Friends will try hard to help. A year of surprises and strange events. Finances look great at the moment.

LUCKY NUMBERS: 4, 18, 27, 34.

SCORPIO: October 24 - November 22

Some restrictions or limitations which you felt to be unfair will be lifted during June. This year brings many very happy moments from love and affection. A most memorable and productive year.

LUCKY NUMBERS: 2, 13, 14, 36.

SAGITTARIUS: November 23 - December 22

Attend to outstanding correspondence, as you will find you are late in replying to one of your friends. Most of your plans will come to fruition this year, if you can train yourself to be patient.

LUCKY NUMBERS: 3, 11, 20, 39.

CAPRICORN: December 23 - January 20

Your stars right now will prompt you to adopt a more outgoing manner, which people will notice and enjoy. There could be many paralysing delays in plans in the near future. Take each day at a slow pace.

LUCKY NUMBERS: 5, 12, 23, 37.

AQUARIUS: January 21 - February 19

Most of your energy and attention will be focused on business and finances, but you could be over-reacting, so try to slow down. It is the right time for very pleasant social gatherings.

LUCKY NUMBERS: 6, 18, 23, 30.

PISCES: February 20 - March 20

Good trends for overseas travel and lots of changes in June and later in the year too. You could enjoy a little good luck early in the month. Try to shake free from that depressing feeling you have.

LUCKY NUMBERS: 2, 5, 15, 40.

ARIES: March 21 - April 20

Something may have to be torn down, because you want to build something special on that spot. A friend may come to you for help with a serious problem, and you should be able to help if you try hard.

LUCKY NUMBERS: 7, 14, 22, 31.

TAURUS: April 21 - May 20

A very good month for all of your activities. Things will turn out very well in personal relationships. Despite earlier problems, June will be a month to remember with pleasure. Take extra precautions on roads.

LUCKY NUMBERS: 8, 17, 29, 37.

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