

# THE VALLEY AND EASTCOAST VOICE

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## WE HAD A LOVELY DAY!

On Sunday the 10th August 1980, some of the children from the Fingal Primary School & two of the High School children helped the Advance Australia Fingal Group & their helpers start to clean up the main street of Fingal & the football oval. We arrived at  $\frac{1}{2}$  to 10 in the morning & we finished at about 4 o'clock in the afternoon.

It was a really good day. We all worked hard but it was fun working with the grown ups. The first thing we did was to hoist the flag in front of the Council Chambers, then we painted the rubbish tins red, white & blue. Later we went along the street & collected rubbish. We got four 44 gallon drums full just along the main street!

It was lunch time then, so we all went down to the Town Hall & had lunch together. There were a lot of people there & they were all friendly & nice. There was a lot to eat & there was even some over for afternoon tea. We sang our song at lunch time for the grownups & they all clapped. Our song is about Fingal & I think it is good.

After lunch, some of us went out to the tip with Mrs Smith & we emptied the drums & then we went back to work at the football oval. There was a lot of work to do there but we didn't get very tired because we enjoyed it. We didn't get it all finished because we ran out of paint. We had lots of empty tins. Our hands got pretty messy too, but it came off.

Some of the grown ups painted the fence. Deanne Donnallen, Sharyn Smith, Karen Hoskinson, Sherron Gillies, Alan Farrow & I painted one of the sheds. We had to get on the roof to paint some of it. It looks good painted blue & white.

When we ran out of paint, we went back for afternoon tea & we could notice how better the town looked. Other people had been working in different places & you could see where they had taken away the old car bodies & where they had cleaned up the old mill. Every one looked tired & dirty when we got back but they all seemed happy.

Mr Marshall & the other grownups said that they were pleased with us & we were pleased that we could help to make our town a better place because we all care about it. I hope they have another day so that we can work together again. We had a lovely day!

By Lindy Smith.

## OUST THE LOUSE! (Repeat)

A challenge to all mothers & others to oust the head louse in 1980...

Head lice seem to more common these day, & can affect all boys & girls. Even the cleanest child may become infested: usually by using another child's comb or brush or by coming in very close contact with another child who has head lice.

Any child who is seen scratching his or her head should be examined for lice &/or nits.

Nits are the eggs of the louse & they look very much like flakes of dandruff on the hair - they cannot be removed by brushing.

The nits are lain by the louse & are found very close to the roots of the hair, particularly under the thickest hair at the back of the head & around the ears.

There are several basic measures to ensure that the spread of head lice is minimised & controlled. These are:

1. Daily, vigorous brushing & combing of the hair.
2. Weekly washing of the hair, brushes & combs.
3. Use of separate brushes & combs for individual family members.
4. Washing & ironing caps & hats whenever practical.
5. Careful inspection of children's hair each 7-10 days.

Finally, if children do become infested, follow the recommended treatment meticulously.

Parents of infested children can get immediate help & treatment by contacting their local school health sister, the family doctor or the Division of Public Health. Treatment is as close as that!

So, OUST THE LOUSE!



## CLASSIFIEDS

FOR SALE...1977-78 Datsun 120Y van very good condition - 34,000 km. 5 months regis. - 40 m.p.g. Extras including radio/cassette. Finance arranged for approved buyer. \$4,200 ono. Phone 722191 B.H. or contact Chris Longden, C.B.A. Bank.

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THE ST. HELENS HISTORY HOME opposite the Bayside Inn, St. Helens invites all north-easterners to make a visit to them and discover the history of Portland Municipality. Each visitor is given personal attention.

FOR SALE....SKB 5 shot auto shotgun. \$250. Anschutz 22 magnum fitted with super astron 3-9x40 variable scope \$300. Suzuki PE 250B new chain sprockets tyres \$850 ono. Phone 742261.

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Classifieds; 50c each 25 words or  
part thereof

# CHURCH

# NEWS

## FINGAL-PORTLAND UNITING CHURCH

### Sunday 24 August

St. Marys 11.00am Worship & S/School  
Fingal 2.30pm Worship & S/School  
St. Helens 7.00pm Worship/10.00am  
Sunday School

### Sunday 31 August

St. Marys 11.00am Worship & S/School  
Fingal 2.30pm Worship S/School in  
recess during school  
holidays.  
St. Helens 7.00pm Worship Mr. B. Denney  
10.00am Sunday School

The Gideons International Ass. deputation-  
ists will be conducting the services at  
St. Marys and Fingal on Sunday 31st retir-  
ing offering.

## CHURCH OF ENGLAND PARISH OF AVOCA, FINGAL & CULLENSWOOD

### Sunday 24 August

9.00am Fingal H.C.  
10.30am St. Marys H.C.  
3.00pm Mathinna H.C.

## CATHOLIC PARISH OF ST. MARYS

St. Marys - St. Mary of the Assumption  
Sundays August 24 and 31st 9.00am

St. Helens - SS Helena & Stanislaus  
Vigil Mass Saturdays August 23 & 30 5.30pm

Fingal - St. Joseph  
Sunday August 31 10.30am

Mangana - Our Lady of the Sacred Heart  
Sunday August 24 10.30am

Bicheno - Community Church  
First Sunday each month 4.00pm

Benediction of the Blessed Sacrament,  
devotions to our Blessed Lady, Stations of  
the Cross and Weekday Masses - as announced  
at Sunday Mass.

Reconciliation in the Sacrament of Penance:  
You may go to Confession in each church  
before Mass, and at other times as announced.  
At any time by private arrangement.

The Sacrament of Baptism is given during  
the celebration of Sunday Mass after suit-  
able notice is given.

Parish Priest: Father Medwin, The Presby-  
tery, St. Marys 7215. Phone 72 2252.

CHURCH OF ENGLAND.....MORNING TEA 29th August at "Brooklyn", Harefield Road 10.00am -  
12.00noon. Trade table. If transport is needed phone Susie Loane. 722381.

## MEALS

## ON

## WHEELS

### AUGUST/SEPTEMBER

Sunday 24  
Monday 25  
Tuesday 26  
Wednesday 27  
Thursday 28  
  
Sunday 31  
Monday 1  
Tuesday 2  
Wednesday 3  
Thursday 4

### ST. MARYS

Mary Targett  
Bonnie Crawford  
CYSS  
Ruth McGiveron  
Jean Freenan  
  
Carol Faulkner  
Len Miles  
CYSS  
Mary Targett  
Miss Thorold

### FINGAL

Mrs. C. Rankin  
B. Hughes  
Mrs. I. Walker  
Mrs. O. Saunders  
Mrs. R. Mellows  
  
N. Adamczewski

### MANGANA

Mrs. Death  
Mrs. Sweeney  
B. Saunders  
Mrs. A. Turner

## CHIROPRACTOR

LAUNCESTON chiropractor PAUL SEARLE D.C. is now visiting SCOTTSDALE and ST. MARYS  
every TUESDAY on a PERMANENT basis. He can be consulted at the following places  
and times:-

### SCOTTSDALE

Kendall's Hotel  
9.30am - 12.15pm

### ST. MARYS

Mrs. Maney's Flat (next to Bakery)  
3.30pm - 6.30pm

APPOINTMENTS can be made through the week by phoning LAUNCESTON 318898

# WHAT'S ON

ST. MARYS FOOTBALL CLUB Annual Dinner  
6.30pm Friday 29 August 1980. Memorial  
Hall.

ST. MARYS FOOTBALL CLUB THIRDS DINNER  
Institution Hall, 6.00pm 5 September  
All players welcome. Players & support-  
ers are welcome to attend after 7.00pm.  
for trophy presentation and guest  
speaker. A disco will be held following  
the dinner at 7.30pm. Cover charge  
for Disco \$1.00.

ST. MARYS FOOTBALL CLUB Annual General  
Meeting to be held in clubrooms at  
7.30pm Monday 1st September. Nomina-  
tions for office bearers to close on  
24th August 1980. Send nominations to  
Gary Streets, St. Marys.

AN INVITATION is extended to all people  
interested to attend the next committee  
meeting of the Community Youth Support  
Scheme. Everyone will be made welcome.  
Todds Hall, St. Marys Tuesday September  
9th 4.00pm.

FILM NIGHT - "O Lucky Man" Wednesday  
September 3 Starring Malcolm McDowell.  
An entertaining, outrageous, exagger-  
ated drama. 8.00pm R.S.B. Hall, St.  
Marys. Donation \$2.00.

ST. MARYS TROTTERING & CRICKET CLUB will  
be running, in conjunction, a chicken  
run every week at St. Marys Hotel to be  
drawn on Tattsлото supplementary number  
each Saturday night. Winner to get \$20  
worth of chickens supplied by Toby  
Spilsbury.

ST. MARYS TENNIS CLUB - Family Day to  
start season - Saturday October 4th.  
B.Y.O. barbecue to follow. All welcome.  
1980 Subscriptions - Family \$10.00  
Single 5.00  
Student 2.00

50c fee for each days play. Subscrip-  
tions to be paid by 1st November 1980.

## ST. MARYS FOOTBALL CLUB KIOSK ROSTER FOR SATURDAY 23rd AUGUST, 1980 GRAND FINAL DAY

10.30-12.00	J. Aulich P. Burgess	K. Bean S. Hayes
12.00-1.30	V. Aulich T. Streets J. Cook	H. Newman P. Lynch
1.30-3.00	P. Thomas K. Nailer	J. Aulich M. Ridgers
3.00-4.30	C. Hendley P. Burgess A. McGiveron	H. Stuart K. Toombs A. Wright

If the above times do not suit any helper  
could you please arrange a replacement.

ST. MARYS CHILD HEALTH ASSOCIATION General  
Meeting Tuesday 26th August 1.30pm at  
Clinic. Good attendance please.

A MORNING TEA & TRADE TABLE for Parents &  
Friends will be held at 10.00am on Tuesday  
26th August at Koorringa (Jenny Stewart's).

### CYSS NEWS

The big news this week is that we now have  
a bus in order to transport project partic-  
ipants to various activities. We believe  
this will be a great set in expanding the  
scope of the project. Also we can now organ-  
ise activities on a larger scale than before  
and involve more people. We will be arrang-  
ing more classes with Adult Education in the  
third term in Pottery, Woodwork and Furni-  
ture Restoration and perhaps others too,  
depending on the interest shown.

## RETJAN THANKS

On behalf of the committee and member of the  
St. Marys Trotting Club I would like to thank  
rather belatedly, all our wonderful helpers  
and also people who donated or helped in any  
way at our last New Years Day race meeting.  
Unfortunately we sustained a loss this year  
so could not have an evening for helpers  
but hope to be more successful next year.  
Thanking you once again. Eric Bean Secretary.

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9% INVESTMENT A/C'S

THOUGHTS ABOUT KINDNESS by  
GRADES V & VI.

Kindness can change a bad day into a happy day.

Michael Cox.

Kindness is sharing friendships.

Craig Woods.

Kindness is not just helping someone who falls over or giving presents. It is the warm loving feeling we should have towards each other all the time.

Alan Farrow.

Kindness is a happy feeling when it is shared.

David Hoskinson.

Kindness is helping each other.

Paul Burt.

Kindness is caring and the way we speak to each other.

Edward Swift.

Kindness is a marvellous loving feeling and you cannot always explain it.

Kindness is helping, caring, sharing, making people happy and not being selfish.

Lindy Smith.

Kindness is knowing how to treat our class-mates so that they don't feel bad.

Andrew Lohrey.

Kindness is being thoughtful when someone is sick or sad.

Darren Howe.

Kindness is co-operating with each other.

Timothy Vance.

Kindness works both ways because if you are kind most people will be kind back.

Tracey Saunders.

Kindnesses are thoughts that people should work at often and then kindness would become a habit.

Sharyn Smith.

Kindness is knowing when to say sorry.

Maree O'Donnell.

Kindness makes you feel good inside yourself especially when you have been the person who has given it.

Charmaine Rubenach.

Kindness is when we share a game of football with the little one and we let them win, so we don't hurt their feelings and they feel important and proud.

Robert Hoskinson.

Kindness is something we do without bragging about it.

Grant Williams.

Being kind in the community is very important because you have to do the right thing and think of other people.

Deanne Donnellan.

Some people do not understand kindness. They do not see why you should be nice to other people if they are not kind back. "Why," they ask, "should I waste my time being understanding, good and kind with them if they are only going to yell and snap back at me?" These people will never understand the true meaning of kindness.

Jenifer Rubenach.

\*\*\*\*\*

DO THE RIGHT THING from the girls and boys in GRADES 111 & IV.

You should do the right thing by being kind to everybody, not just one person but everybody if you can. You should like yourself because of the things you do. You should watch your manners because if they are bad it makes you an unkind boy or girl. You should watch your language because other people might copy and take it home to their families. If you are a big bully to people it might not hurt them outside but I'm sure that it will hurt inside. I wish everybody in the world was happy. You should care for everybody as you care for yourself.

Teresa Hoskinson.

Grade IV

Be careful with your language. I wish I always did the right thing I do try but sometimes I make mistakes. You should not be nasty to others. If you really have a big problem you can talk it over with the teacher because the teacher is our friend. You should like yourself because you try to do the right thing and not just when the teacher is there. You should help the other children and try to make each other happy.

Peta O'Donnell

Grade IV.

You should like your school and do your part to make it a good place to be. We can do the right thing by the way we keep the rules by our manners and by the way we speak to each other.

Fiona French

Grade 111.

Doing the right thing doesn't just have to mean picking up papers and putting them in the bin. If we think about those words they can mean a great more. They are great words to think about often.

This is some of the written work that we have done to explain what we think are other reasons how we can do the right thing.

\*\*\*\*\*

COMPOSED BY GRADES II, III & IV

F is for faithfulness,  
I is for interest,  
N is for neatness in all we do,  
G is for gratitude,  
A is for attitude,  
L is for loyalty for you and me.

P is for pride,  
R is for really having tried,  
I is for initiative,  
M is for making each day worthwhile,  
A is for always doing our best,  
R is for being people upon we can  
rely,  
Y is for your happy smile.

S is for sharing,  
C is for caring,  
H is for honest and true,  
O is for obedience too,  
O is for ownership,  
L is for love and leadership.

\*\*\*\*\*

DO THE RIGHT THING continued

You must not pull faces because you hurt people's feelings. Bad language teachers other people bad habits. Be proud of yourself and your school. Don't be nasty and unkind. If we learn to co-operate and care about other people things will run more smoothly and we will all be happier.

Andrew Johns  
Grade III

You should try to like others but if you don't like someone you have no need to be cruel to them. Think how you would feel if someone was mean to you just because they didn't like your face.

Sheree Brown  
Grade IV

You can do the right thing by being kind. Try to think of others as well as yourself. Some people sometimes feel lonely and think that they haven't any friends but if they are kind they really have lots of people who really care about them.

Jodie Bennett  
Grade IV

ST. MARYS LADIES VOLLEYBALL

The women's volleyball roster will commence Tuesday 2nd September. Six teams will be taking part: Targetts, Kiwis, Blackwood Hodge, Toby's Team Bankcard Green and Bankcard Blue. The roster will run for 3 complete rounds with the Grand Final being played on Thursday 18th December. Players fees are \$5 and must be paid by second roster match. Full inform must be worn by this date or 3 penalty points per player out of uniform. Athol Green has been elected President, Mary Richardson re-elected Secretary and Leslie Johnson Treasurer.

ROUND 1. 2 September, 1980  
7.00pm Blackwoods v Targetts J. Lynch  
7.45pm Kiwis v Bankcard Green M. Beach  
8.30pm Tobys v Bankcard Blue V. Leedham

An umpires coaching clinic will be held Tuesday 26 August 7.30pm Community Hall. At least one player from each team requested to attend.

CONGRATULATIONS on the good work done by Club members on the St. Marys Football oval.

AUCTION DAY  
25 OCTOBER

(A PROGRESSIVE DINNER WILL BE HELD AT NIGHT)

THE ST. MARYS LIONS CLUB WILL BE  
HOLDING AN AUCTION IN AID OF  
"MULTICAP" ENTRANT -

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## SPORT

FISHING NEWS

Angler's Diary:- Saturday 23rd August (tomorrow) St. Helens Game Fishing Club Annual Meeting & Dinner at 6.30pm Scamander Hotel-Motel. Sunday 7th September - St. Helens Angling Club surf contest from 1 - 5pm at Swincart Beach. Sunday 14th September - Scamander Angling Club surf contest from 11am to 3pm at Wrinklers.

Scamander Angling Club held a surf contest at Four Mile last Sunday. In spite of near perfect conditions, only two fish were weighed in from a field of 26 anglers. The flying fisherman is reported to have netted 28 tons of salmon off St. Helens last Thursday. 28 tons of 3lb salmon would total over 18000 fish. You may draw your own conclusions on the difference between the two results. First prize went to Cyril Showell and second to Wayne Richards. Two other anglers threw back fish because of their size. St. Helens have challenged Scamander to an inter-club contest and details as to date and venue will be announced in the near future. Proceeds from this event will be donated to the Medea Park appeal.

FOOTBALL"Tiger Tail"

As Grand Final Day draws nearer and St. Marys is the host town let a few more residents get behind the club and make it a day to be proud of. Display community spirit by pitching in---every little bit helps. Don't forget the Annual Dinner to be held on Friday 29th August at the Community Hall. The Thirds dinner will be held September Friday 5th.

Big news for the club! A Champagne Breakfast will be held at the St. Marys Hotel on Saturday 27th September, V.F.L. Grand Final day. The breakfast will be commencing at 8.00am and there will be guest speakers and entertainment. The cost of \$6.00 per head includes breakfast and refreshments. A big invitation goes out to past players and their partners. Take Mum out to breakfast, there will be no washing-up afterwards. Tickets are on sale now at the hotel and at the ground on Grand Final Day. The guest

FOOTBALL cont.

speakers will be announced in a later edition of the Valley Voice. Let's get behind the "Tigers", maybe 1981 will be our year.

CRICKET"How's Zat"

The Annual Meeting of the St. Marys Cricket Club was held last week with the club applying for admittance to the Scottsdale Association. If interest shown by members present is anything to go by the Scottsdale Association will gain considerably. The Club has also expressed concern for the young cricket players in the town. It is organising a coach and arranging games for them throughout the cricket season. The club will donate a trophy for the junior cricketer with the most potential and will sponsor junior cricket in the area. There will be a working bee on the 30 August, 1980. The first practice match will be held on Sunday 31st. August at the St. Marys oval commencing at 1.00pm. All players and intending players are welcome. Office bearers for the season 1980/81: Patron: Denzil Casbault, President: Terry Targett, Secretary & Treasurer: Ross Bean, Committee - Eric Bean, Les Lavelle and Malcolm Wardlaw plus all registered players of the club. Vice Patrons: Tom & Harold Newman, Pat Wardlaw, Greg Tapp, Robert Cooke, Harry Birrell, Peter, Toby & Bruce Spilsbury, Dale Wright, Graham Lynch and Mr. George Shaw M.L.C. Delegates - Terry Targett, Ross Bean, Les Newman and Les Lavelle. Subscriptions for the season 1980/81 will be \$5.00, payable to the Secretary Ross Bean or to Malcolm Wardlaw. The Club would like to take this opportunity to thank the team member's wives for putting up with so many late nights in previous years. The Club would like to make up for this by suggesting that as many players as possible take their wives, families and friends on trips away as well as to home games. This will allow for greater community and family participation in the club. Family days and a ladies match will be arranged later in the season, to be prepared why not come along, watch the experts in action. Enough this issue.

REPORTED hearing Collingwood Football Club member living Scamander area is not renewing his membership but is going to apply for membership of St. Kilda Football Club ???

TREND SETTA

Phone 722372

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GARDEN CLUB NEWS

It was very encouraging to see 17 members attend our last meeting held 31st July & it will be even more encouraging to see that number attend our next meeting to be held at the RSL hall on Thursday 28th August to commence 2pm.

Vege for month of August - Parsnip  
Posie hostess - M. Oliver  
Competition to be organized by Marj. Aulich & prize for same to be donated by Bill Graham.  
Donor for lucky door - A. Jarvis

Please note there will be no Home Product section or Special Arrangement section. Instead, members are asked to supply something they've made (cakes, soft toys, crochet work etc etc, anything at all) that would be suitable to sell on a stall. All items presented will be for sale on the afternoon of the meeting, & each member is asked to attach a price at which his/her item is to be sold.

Judges for the meeting are A. Jarvis & Molly Aulich.

MENS VOLLEYBALL

The men's volleyball roster will commence on Thursday 4th September and will consist of 6 teams, Adidas, St. Marys Pub, T.R.C., Jetsetters, Spalding and C.B.A. The roster will run for 3 complete rounds with the Grand Final being played on Thursday 18th December.

Players fees were again set at \$6 for the season and these must be paid by the second roster match. Full uniform must be worn by this date or 3 penalty points per set will be awarded against each team per player out of uniform.

Garry Richardson was again elected President with Robert Schier and Tom Henley being vice-presidents. Peter Lohrey has taken over as Secretary/Treasurer and he would appreciate players fees being collected by the team captains and given to him as soon as possible.

The draw for the 1st round is:

7.00pm Jetsetters v C.B.A. Summers/Schier  
7.45pm Adidas v Pub P. Lohrey/Faulkner  
8.30pm Spalding v T.R.C. Beach/Longden

Rosters are available from Peter Lohrey at the Post Office. Practise night will be held for any interested players on Thursday 28th September at 7.30pm

ST. MARYS GOLF NOTES

"Birdie"

Mixed Foursome Championships. Saturday  
Scratch S. Dawson - Mrs. King 74, D. & Mrs. Holmes 78.

Stroke: S. Dawson - Mrs. King (16) 58  
J. McGee - Miss White (22) 64

Sunday Scratch - D. & Mrs. Holmes 74, L. & Mrs. Cook 81, J. McDonald and Mrs. Lind 81.  
Stroke - F. Singline - Mrs. Leedham (27½) 61

GOLF NOTES CONT.

C. Borwick - Mrs. Hayes (25) 62.

Nearest Pin Miss White

Winners 36 Hole Scratch Championship

D. & Mrs. Holmes 152.

Handicap F. Singline - Mrs. Leedham on CB from D. & Mrs. Holmes.

Members Flag - K. Spilsbury (17) 19th

Green D. Barnes (32) 19th Green J. Smith

(20) 19th fairway. Nearest Pin H. Newman.

Monthly Trophy W. Mitchell.

Eclectic - D. Barnes (15½) 30½

W. Mitchell (8½) 32½ R. Spilsbury (11½) 33½.

Associates - Championships A. Grade Mrs.

Holmes 344. B. Grade Mrs. L. Cook 359

Mrs. G. King 363 Mrs. D. Nolan 368 Mrs.

C. Davern 370 Miss C. White 371.

C. Grade: Mrs. D. Barnes 396 Mrs. D.

Dawson 400, Mrs. D. Hayes 420, Mrs. P.

Wright 421, Mrs. V. Leedham 425, Mrs.

P. Davern 430.

72 Hole Handicap - Mrs. D. Barnes 264

Mrs. C. Dawson 272, Mrs. King 275, Mrs.

Cook 275.

Handicap Reduction Mrs. G. King 22-21

Final Silver Spoon - Miss C. White (25) 69

Mrs. M. Cook (21) 70 Mrs. M. Herring (22) 73.

Monthly Brooch - Mrs. D. Barnes (33) 65

Mrs. Nolan (22) 69 Mrs. White (25) 69

Members Stroke J. Smith (20) 65, J. McGee

(19) 67, G. Oliver (20) 69, G. Hayes (22) 69.

Nearest Pin R. Spilsbury.

ST. HELENS GUN CLUB

Shoot held 17th August.

15 Target D.B. Handicap

R. Meikle & A. Allen 15/15

Best 12n shooter G. Chapple 15/18

10 Target Points Score E/O

1st. L. Viney

2nd B. Wright

3rd. P. Thomas

25 Target Points Score Championship

A Grade L. Viney 71/75

B Grade A. Allen 70/75

C Grade W. Kerrison 69/75

Best 12n Shooter D. Hill

15 Targets Single Barrel

1st H. Kerrison 15/15

2nd R. Suitor 14/15

3rd A. Allen 21/24

Novelty - "A Step Back"

1st B. Bailey

High Gun

A Grade L. Viney 127/135

B Grade A. Allen 123/135

C Grade P. Thomas 120/135

Anthony Allen had a most successful days shooting, taking our four prizes.

Congratulations to the High Gun winners. They shot very accurately and consistently throughout the whole programme.

ST. MARYS BINGO \$170 Jackpot.



# STARDUST

By Grandma Moses

Fortnight beginning August 22

**VIRGO:** August 24 - September 23  
Your mate may not agree with a plan proposed over the 26th - be as understanding as possible - postpone the idea for a while if necessary. Friends are most helpful. Take advice graciously because it is well meant.  
BEST DAYS: 22, 26, 2

**LIBRA:** September 24 - October 23  
Time for that postponed checkup with the doctor - 26th is a good day. Now that the weather is on the up & up, the time is right to get out into the garden for a rewarding time.  
BEST DAYS: 23, 28, 4

**SCORPIO:** October 24 - November 22  
A romantic meeting can be a tender moment of great beauty. Celebrate a birthday or anniversary in a grand manner. Try to avoid an embarrassing confrontation by checking all the facts again. Look to a loyal friend for support.  
BEST DAYS: 29, 31, 4

**SAGITTARIUS:** November 23 - Dec. 21  
You may be in the mood to tackle home projects as home redecoration & repair is in mind. Make a deadline & stick to it. A Virgo friend can be of great help in time of trouble. Do not hesitate to call on them.  
BEST DAYS: 22, 28, 1

**CAPRICORN:** December 22 - Jan. 20  
Find time to visit a friend or relation on the 26th - you'll be getting away from it all & perhaps you will see the solution to a domestic worry. Your common sense approach is valued by others who are emotional. BEST DAYS: 23, 30, 3

**AQUARIUS:** January 21 - February 19  
You'll find yourself at peace with the world if you stay at home & take life easy for a change. Your routine has been very hectic lately & time must be allowed for you to 'wind down'. Soak up the sun & read a book  
BEST DAYS: 25, 31, 1

**PISCES:** February 20 - March 20  
You find you are very much in command now. Be content to work in any way to reach a goal - it's important to feel personally fulfilled. Make the time to appreciate your partner - it's essential for a continuance of a happy life.  
BEST DAYS: 26, 27, 2

**ARIES:** March 21 - April 20  
Health concerns are high priority now - so take precautions whenever possible. Trouble in some form is on the horizon, be calm, cool & collected & work diligently to achieve a goal. Perform a good deed without expecting a return.  
BEST DAYS: 27, 28, 1

**TAURUS:** April 21 - May 21  
You will enjoy a much happier frame of mind - become closer to your mate - be more affectionate & loving. A small present will be received with delight. Become more active in charitable events - lend your talents to those who need support.  
BEST DAYS: 22, 30, 3

**GEMINI:** May 22 - June 21  
You have a winning personality & friends are made easily - make the most of it. Become more involved in 'outside' matters, lend yourself to programs that help mankind. Step into the fray & take charge in your own inimitable way.  
BEST DAYS: 22, 24, 4

**CANCER:** June 22 - July 23  
You have a desire to travel, to see new things, to dream of adventures in other lands. A good time to travel but you may return physically tired, so allow time to catch your breath before re-entering the rat race. BEST DAYS: 23, 25, 4

**LEO:** July 24 - August 23  
Try to take time to look back over your life & remembered highlights. You will realise that you must continually look to the future - it has some interesting things in store for you. Enjoy a family outing. BEST DAYS: 26, 28, 1

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