THE VALLEY AND EASTCOAST

Volume 13 No. 5 June 27, 1980.

Price: 10c

Registered at the A.P.O. for transmission through the post as a periodical. Category A.

LET'S ADVANCE AUSTRALIA

Every individual who lives in the Fingal Municipality should be able to have an effective say in matters that concern this community in particular, Australia in general.

The division and lack of communication that is gradually happening between us, and many other Australians, is basically due to divided political leadership, militant unionism, greedy individuals, and an apathetic public.

This is obviously a simplistic analysis of Australia's problems, and if we ask ourselves, in the Fingal District, what can we do about the direction Australia is heading, the answer

is far from simple.

But - we now have a unique opportunity, after the National Television coverage of a "Wake Up Australia" rally in Fingal recently, to be the catalyst in promoting a campaign that will bring national recognition to the people living in this municipality. It will give us all a chance to set an example for other communities throughout Australia to follow.

The most important outcome of the "Wake Up Australia" meetings is that a "Let's Advance Australia - Fingal Valley Group" has been formed to represent every cross section of our community.

It was decided on your behalf, that a basic formula should be initiated for the people to be broadly represented by:l. Public Servant 2. Union Leader 3. Farmer 4. Housewife 5. Private Enterprise 6. Profession 7. Media 8. Trades—The major priority will be for our Senior Citizens 12. Service Clubs 13. Student 14. Unemployed 15. Council 16. Working man 17. Independent.

Hopefully everyone reading this article will soon have an avenue to suggest and encourage this representative group of ordinary people, to improve our own environment and to stir our

national conscience.

It is vitally important that you participate by becoming actively involved and to let it be known the matters that concern you in your own particular area.

When the formation of this Group has been finalized it is anticipated that open meetings will be held periodically and everyone is invited to take

To become motivated initially we

need some positive action and to achieve results those who attended the meetings decided that we should all make a contribution, to develop the following ideas:-1. To encourage Post Offices, Council Chambers, Schools, Businesses, Farmers and others to buy the Australian flag and fly it as often as possible. This in itself will be the first step to advertise the fact that we endeavour to stir our national spirit and pride.

2. To encourage the Schools to participate in "Wake Up Australia". A colourful and imaginitive anti-litter campaign can be

launched.

3. To encourage local council to help clean up unnecessary mess around the streets of our towns eg. old car wrecks, unsightly buildings, vacant blocks, abandoned timber-mills etc. Suggestions will be made to councillors as to how we can improve our environment instead of simply maintaining. But - how can we expect the Council to help if we don't firstly clean up our own backyards?

To exect attractive notices on the District boundary and in the middle of our towns, listing information for the tourist trade and to give local residents an idea of how important our own environment

is, to the State and the country.

5. A house or garden competition on an annual improvement basis can be started. Trees and shrubs can be planted in some suitable vacant areas.

6. We will launch a local advertising campaign along the lines of the Government sponsored Project Australia with the theme

group of citizens to organise a constant communication link between every concerned resident of the Fingal Valley. This can be achieved through a registered list of people who want to see more responsible leadership and example, and are concerned as to the direction Australia is gradually heading.

If we don't all get together to discuss ways of improving the current situation, both here and Australia wide, then very little success will eventuate from this initial move. It will only need a small effort from most of us, who have no power or position, to renew public awareness and activity.

Please include yourself and stand up and be counted.

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WANTED TO BUY...1 tent in resonsble condition not to expensive. 3

MAGAZINES. A number of 1978 & 1979

Man or larger. Contact Mark Stephens School Magazines are still available at the School at the reduced price of \$1.00 each.

WHAT'S ON

ANNUAL MEETING CHILD HEALTH CLINIC 22 JULY, 1980, 1.30pm Clinic. Sister Thomas (new Clinic sister) will be in attendance.

VISITS TO ST. MARYS OF PERSONNEL CONCERNED WITH CHILD HEALTH

OPTOMETRIST: Mr. T. Fowler

DENTIST: Dr. M. McCarthy

for appointment Phone 54 1258 for appointment

Phone 316137

NATION AL ACOUSTIC LABORATORY Phone 317455 - HEARING CENTRE

for appointment

CHILD HEALTH CLINIC
ST. MARYS: Sister is attendance every SECOND and FOURTH Friday in each month. 12.30pm -3.3.pm.

FINGAL: Sister in attendance every FIRST and THIRD Friday in each month. 12.30pm - 3.30pm. MATHINNA: Sister in attendance when there is a FIFTH Friday in th month and if it is required.

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WHATS ON

ST. MARYS HOLY TRINITY CHURCH...Annual Meeting Farish H all Sunday July 13 Church Service 10.30nm followed by meeting. Discussion of proposed new church plans. Soup and Sandwiches.

ST. MARYS DISTRICT HOSPITAL AUXI LIARY will be holding their Annual Frogressive Dinner on August 15. Keep this date free. Look for further details later in the Valley Voice as to time and place of dinner courses.

TASMANIAN PENSIONERS UNION - ST. MARYS BRANCH will neet in the Uniting Church Hall, Fingal on Wednesday 9th July, 1980 at 2.00pm. All Pensioners are invited to attend.

MORNING TEA....TO AID SALVATION ARMY RED SHIELD APPEAL. St. Marys Ladies Fellowship will hold morning tea July 4th (Friday) 10.00. Trade Table and Raffle.

MORNING TEA in aid of THE NATIONAL HEART FOUNDATION will be held on Thursday July 3 at 10.00am at the Presbyterian Hall, Fingal. Trade Table. Raffle: 1st prize - side 2 tooth. 2nd prize - Frozen chichen. Menbers a plate please.

FINGAL VALLEY WELFARE COMMITTEE FOR SENIOR CITIZENS. On July 1st (Tuesday) at 2.30pm at R.S.L. Hall, St. Marys a combined meeting of the three Senior Citizons Clubs will be held (Cornwall. Fingal and St. Marys) to celebrate the event of the Welfare Committee's 100th meeting. Formed 12 years ago, the Committee had as its aim the welfare of and some successes have crowned its efforts over the years. Atthis neeting Miss D. Simps on and Sister Young will be present. Miss Simpson was one of the original founders of the Committee and will give a short talk on current progress in Bone Nursing.

BUSH BARBECUE....28th JUNE from 8.00pm onwards, at Stephen Salter's property. (motor cycle track). Food, music and refreshments all inclusive. In aid of Multicap entrant, Felicity Spilsbury. All welcome

THRIFT SHOP open every Friday 10.30an till 2.30pm. Back room Parish Hall.

STREET STALL Church of England Friday July 25 10.30an under Streets Verandah, Main Street. Donation of Goods greatly appreciated.

LETTER TO THE EDITOR

Dear Sir,

I would like to contact any known realtives of the late Emily Dennis and Mrs. Jessic Lacy known to have resided in St. Marys in 1941.

I am the daughter of their lade brother Thomas who resided in Mangaweka until his death in 1941. There is the possibility that I could be visiting Tasmania at some future date, and I would be very pleased to meet up with any of the above people, ir if they could advise me of any relatives who may be residing in New Zealand.

Your faithfully, Mrs. F.J. Hunter, 9 Fitzroy Flats, Fielding, New Zealand.

BETURN THANKS

ST. WARYS RED CROSS APPEAL COLLECTORS 1980. I would like to thank all those collectors who gave up their time on Sunday 16th March to help in our Annual Doorknock Appeal. Would one and allplease accept my thanks for holping such a worthy cause.

N.J. Peake, Secretary.

ST. MARYS RED CROSS APPEAL 1980 was held on Sunday March 16th. Here are the total amounts from each town in the Fingal Valley area: (Munic.

	(
Fingal	\$637.88 Fingal \$100
Somour	\$637.88 Fingal \$100 81.00 coll \$100)
Scanander	73:00
Mathinna	91.00
Falmouth & Upper Scamander	201.50
Mangana	65,60
Cernwall	118.90
St. Marys	1006.01
St. Marys Lions	500.00

the aged and ageing people in the Valley thank everyone in the Valley for giving so efforts over the years. Atthis peeting

N.J. Peake Secretary.

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TERM	DEPOSIT	RATES
. 10%	24	Months
9,5%	13,-23	Months
9%	3-12	Months
	-	

INTEREST ALSO PAYABLE MONTHLY

FINGAL-PORTLAND UNITING CHURCH

Sunday June 29th

Fingal 9.30am

St. Marys St. H elens 11.00an Sunday School 5.00pm " 10.00

Sunday July 6

Fingal

9.30am

St. Marys

11.00an Sunday School 5.00pm " " 10.00 Sundays July 6

St. Helens

ANGLICAN SERVICES OF THE FINGAL VALLEY

Sunday June 29

Only service 10.30am Fingal - Archdeacon Ian Bo oth to Celebrate. Luncheon to

July 6 - Sunday

.9.00am To To Morning Prayer Annual Meeting to

Fingal St.Marys

follow service

CATHOLIC PARISH OF ST. MARYS

St. Marys- St. Mary of the Assumption

Sunday June 29 and July 6

St. Helens - SS Helena & Stanislans Vigil Mass Saurdays June 28 & July 5

5.30pm

Fingal - St. Joseph

10.30am

Mangana - Our Lady of the Sacred Heart

Sunday June 29

10.30am

Bichono - Community Church Sunday July 6

4.00pm

Benediction of the Blessed Sacrament, Devotions to our Blessed Lady, Stations of the Cross, and Weekday Masses - as announced at Sunday Mass.

Reconciliation in the Sacrament of Penance: You may go to Confession in each church before Mass, and at other times as announced.

At any time by private arrangements.

Parish Praest: Father Medwin. Phone 722252

METALS ON WHEREIS FINGAL VALLEY

•) Lingur Auriga	
JUNE/JUL1	<i>7</i>	ST & MARYS	FINGAL	MANGANA
Sunday Monday Tuesday Wednesday Thursday	29 30 1 2 3	Mattie Leedham Tin Targett CYSS Mary Targett Jack McGee	Mrs. J. Snith Mrs. J. Francis Mrs. I. Francis Mrs. M. Mace Mr. R. McGee	J. Miller Mrs. Sweeney R. McGee
Sum ay Monday Tuesday Wednesday Thursday	6 7 8 9 10	Eric Bean Mary King CYSS Dot French Mrs. Leon Cook	L. Rubonach Mrs. K. Johnson Mrs. Ivan Walker S. Lowe B. Saunders	J. Miller J. Miller Mrs. M. Ward



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STRIKES (Taken from the August Anglican Church News and Golden Age news)

It is a good thing that God above has never gone on strike,

Because He wasn't treated well, or things He didn't like,

If He had once sat down and said "That's it - I'm through"

"I've had enough of those on earth, so this is what I'll do.

I'll give my order to the Sun-Cut off your heat supply,

And the moon - Give no more light and run those oceans dry,

Then just to make it tough and put the pressure on,

Turn off the air and oxygen, till every breath is gone.

He surely would be justified, if fairness was the game,

For no one has been more abused, or treated with disdain

Than God - and yet he carries on supplying you and me With all the favours of His Grace, and every-

thing for free, We don't care whom we hurt or harm, to gain the things we like as we'd all be in TF COD SHOULD CO ON SMOTH

But what

FOOTBALL NOTES

BY ONE BYE

Tigers got back into the four after a 20 point victory ever Swansea. This week, however, they will play Avoca and unless they can surprise and defeat Avoca they could easily slide back to fifth position.

ST. HELENS play SWANSEA this week and the Bay will be desperate to win to have a chance of getting back into fight for a finals borth.

CAMPBELLTOWN meet FINGAL in what will not have abearing on the final four but the Blues will be all out to topple last years preniers and gain some confidence for the finals.

ST. MARYS will be looking to Manion and Ricky Lohrey to continue their improved form along with the whole side to play their very best if they are going to have any chance against the Demons. Avoca, who are still recruiting have now gained Peter Holt who along with Steve Grough make a very good pair of rover-forwards. As much as I'd like to go for a Tiger win I feel that Avoca will run out winners after a good close game.

The SWANS and BULLDOGS meet in a match which is a must for the Swans and probably the Bulldog's last chance to win a game this season; with Steve Richards, Griffiths and Beven in fine form for the Swans and Grice & Medhurst in equally fine form for the Bulldogs, it promises to be a fine game. To ruffle a few Swans' feathers, I'll go for a Bulldog win.

The other game between CAMPBELLTOWN and FINGAL should be the match of the day. The Blues are getting over their injury problems and players like Eastburn, Turner, Woods and Anning are finding the form they are capable of at the right time of the year. At the same time, the Robins have Curly Leedham, Mawby and Robert Lowe also in fine form and will cause the Blues some worry. However I feel the Robins will be too strong for the Blues.

ST. HELENS GUN CLUB

Results of Shoot Held 15th June:

15 Target Double Barrel Handicap T. Singline 14/15

Best 11 or 12 M Shooter G. Chapple

20 Target Double Barrel Championship
A. Grade B. Bailey 18/20
B. Grade M. Davis 22/25
C. Grade W. Smith 17/20

15 Mixed Metreage 1st H. Kerrison

lst H. Kerrison 24/25 2nd W. Suith 21/25

5 Pair Double Rise 1st H. Kerrison 9/10

10 Targets Silent Rise 1st D. Freeman 10/10

High Gun

A Grade A. Tucker 52/65 B Grade T. Singline 59/65 C Grade T. Aulich 53/65

RECIPES FOR GOOD HEALTH

T.V. Sweets

Melt 4ozs butter and $\frac{1}{2}$ cup honey over gentle heat in saucepan. Add $\frac{1}{2}$ cup skim milk, $\frac{1}{2}$ cup raw peanuts (or other nuts) $\frac{1}{2}$ cup coconut, $\frac{1}{2}$ cup sultanas, $\frac{1}{2}$ cup wheat germ, $\frac{1}{2}$ cup lecithin. Stir well adding a little more of any ingredient if mixture isn't thick enough. Pour into shallow container and chill well. Cut into chunks to serve.

Vegetable in White Sauce

Gently cook chopped mixed vegetables in a pot with a little water. Make up white sauce by gently frying 1 chopped onion in 3 ozs butter. Add cup whole meal flour, ½ cup powdered milk and pour in water from vegetable to make the sauce. Add more water if needed; then melt in some chopped up cheese.

TRENDSETTA

PHONE 722 372

JUST FOR THE "BOYS"
THIS WEEK

of ST. MARYS

Men's Linen Fashion Slacks - "Royale" brand. Colours: Silver Grey, Navy, Blue, Chocolate Brown, Canel Regular & Stout fittings

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HEALTH NOTES

FISHING NEWS

Angler's Diary: 28th June (next Saturday - tomorrow) Scamander Angling Club Annual Meeting & Dinner at Scamander Hotel-Motel. 20th July - Surf contest at Wrinklers from 12 moon to -4 pm.

The 1979/80 season finished like the proverbial wet squib. Twenty anglers fished at Four Mile for four hours and only one weighable fish was landed. The lucky winner (if you can say that cotching a nine ounce cocky is lucky) was Norman Sutton. Mrs. C. Showell was unlucky with two baby fish which could not be stretched to reach the needed ten inches. The Annual Dinner looks like being the ususal success with around 60 acceptances so far & no doubt there will be the normal last minute rush by those people who just seem incapable of making up their minds until the last moment. The new committee will have the job of organising the inter-club contest with St. Helens Surf Angling Club and we have also been asked whether we will conduct a special event with all profits to go to the Multicap appeal. Perhaps, these two events might be combined. Members are asked to think carefully before nominating anyone to the committee. We want people who regularly support the Club by taking part in the contests and who are willing to do their share when there are jobs to do. Good looks are not necessarily the sole requirement. A major economic survey is underway in N.S.W. of recreational fishing to prove that it is of greater importance than professional fishing. If only we could persuade all Tasmanian freshwater anglers to combine with the saltwater clubs, just think of the political power to improve fishing for both professional and amateur alike.

THE ANNUAL MEETING OF ST. MARYS RED CROSS BRANCH will be held in the Institute on Monday July 7th at 7.45pm. Ambulance drivers and new members welcome. Guest speaker will be Mrs. Von Stigleitz of the Red Cross Branch in Launceston. Ladies are asked to bring a plate.

water laying course purity strate teach house programmer.

LET'S LAUGH

FATHER: Didn't you promise to be a

States taking shalls awards (help) accord spaces galang strain.

good boy?

SON: Yes Dad.

SON:

FATHER: And didn't I promise to give

you a thrashing if you weren't? Yes, Dad. But i've broken my

promise, so you don't have to keep yours.

OTHER PEOPLE'S CIGARETTE SMOKE

The young woman stepped off the aircraft - eyes streaming, nose red, with a nagging cough.

"Good heavens," said the friends meeting her.

"Fancy travelling with an awful cold like that."

But if fact, her "Cold" wasn't a cold at all. She was suffering from an excess of tobacco smoke - breathed on her by other people. For some time now, doctors have known that the health hazards of smoking are not always restricted to the smoker. Other people in the same room or car or aircraft can be affected too..

The person smoking actually inhales less than half the tar and nicotine in a cigarette, some remains in the butt. The rest - along with carbon monoxide, nitrogen dioxide, hydrogen cyanide, arsenic and cadmium also found in tobacco smoke - drifts into the atmosphere to be breathed in by anybody else standing nearby. This is particularly so in enclosed spaces, such as rooms, buses, cars and restaurants. Tests have shown that in poorly ventilated smoke-filled rooms, a non-smoker absorbed nearly as much carbon monoxide as the smoker.

Thinkabout this and decide what you can do for youself and others.

GARDENING

Vegies for small space

Gardeners with access to only a limited area in which to grow their vegetables, should make a special effort to grow only those varieties or crops that will give a large yield from the sarea sown.

Plant breeders have succeeded in producing many crops that give excellent yields from small plants. One of the biggest advances in this area has been the introduction of bush cucumbers and pumpkins.

Other crops like climbing beans, miniature cauliflowers, zucdinis and staking tomatoes should also be considered where space is a problem.

Silverbeet is often known for its grittiness when cooked, a factor that many people find distasteful.

The grittiness is caused by small soil particles that adhere to the leaves after being splashed up by irrigation or rain. If the leaves are soaked for a few minutes before preparing, plunged vigorously into clean water, then left to soak for a few minutes before rinsing them under running water, this problem should be eradicated.

* * * * * * * * * * * * * *

HYDATIOS

Any dog owner who is feeding offal to dogs is either ignorant of the cause of hydrtid disease in humans or he is deliberately placing others at risk. Please report to the Department of Agriculture the name of anyone who is feeding offal to dogs so that he can be informed of the risks he is taking with his own and other people's health.

RETURN THANKS

I would like to thank Dr. Naidoo and the nursing staff for the attention shown to me during my recent stay in hospital.

Also my thanks to the domestic staff and Mr. Paul Ashley who helped to make my Birthday a Memorable one.

Thanking All Jean Faulkner, Cornwall.

BOOKMOBILE

Did you know that the Northern Regional Library's Bookmobile service calls on most rural areas in the North and North East of Tasmania?

With a load of 2,000 - 2,500 books on each vehicle and a trained staff to help you, it's like having a branch library at your doorstep. There are fiction and non-fiction books of all kinds and if they don't have the book you want it can be requested from the Regional Library in Launceston.

Whether you read for relaxation or information the Bookmobile is sure to have something to interest you. It also carries large print books, and Hear-a-Book Cassettes can be reducated. And of course, the Bookmobile service is free

mobile service is free.
Why not ring the Northern Regional
Library (31 1044) or write to Mrs
Barbara Hunter, Northern Regional
Library, 71 Cameron Street, L'ton,
for details of how to join and the
days and times the Bookmobile comes

your way.

LETTER TO THE EDITOR.

Hats off to the Coach and youngsters Andrew Viney, Dale Ridgers, Ian Faulkner, Ray Ridgers (who travels from Rossarden), Rocky West, Kelly Birrell and about 4 Committee Members. Keep up the good work.

"ONE WHO CARES".

LETTER TO THE EDITOR.

What an exciting find! So much history of the North-East in one revenue - The St. Helens History Home.

Here is a collection of priceless historical photographs and articles carefully tended and presented by an enterprising couple - no doubt with much expense to themselves. This information is invaluable as a record of our past and as one who has roots in this area of Tasmonia I found many "mssing links".

It is obvious that the museum is fast running out of display area - surely the St. Helens Council or Tourist Promotion body has foresight enough to encourage expansion of "this corner of the past".

There is a wealth of documented information that visitors seek - surely a photocopier placed on the premises would be an added P.R. boost. It would obviously assist the children of this area to be able to take their information a-way with them. How fortunate they are to have such a wonderful starting point for historical research.

The St. Helens History Home must be one of the best Tourist attractions of the area.

Y. Lawler

Cygnet.

ST MARYS HEALTH & BEAUTY CENTRE

END OF JUNE SIPECIALS

NYAL TOOTH PACTE 59 ¢

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AMBIAU HVID GEBVA 38 &

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"ODAK & GOOD LOOK PRIMIS.

SOCIAL SECURITY INFOMATION.

COMP AND SEE OUR RANGE OF

HEALTH AND BEAUTY AIDS.

by Tim McManus, District Veterinary Officer

Elsewhere in this issue a plea has been made for individuals to find space in their television clogged minds for sentiments of national awareness.

The omission of this essential ideal from public consideration undoubtedly stems from Australia's incredible twentieth century progress afforded by modern technology. Nothing seems impossible anymore, people have lost their sense of wonderment and with it their National pride.

Fifteen years ago the East Coast had the highest incidence of hydatid disease in dogs; sheep and man, in the world. tific knowledge, and much cooperation and hard work, this dreadful disease has almost been eliminated.

Almost but not quite; because there are still sheep scattered around with hydatid cysts inside them and even worse, there are still uncontrolled dogs roaming at large day and night in every East Coast town. In fact despite numerous exhortations throughout the hydatid campaign, domestic dog control has scarcely improved at all.

If the evidence of one's eyes wasn't proof enough the recent spate of sheep killings certainly is. What a disgrace for the district, and how depressing for Agricultural Department Officers to realize that after 45 years of hydatid testing, classroom lectures and farm visits, their message is still being ignored. How can hydatid disease ever be eliminated if people don't tie up their dogs and deny them access to offal? answer is, it can't!

Whenever the subject of dog control is mentioned; a typical reaction is to attribute the blame to some official body. "They should do something about it." Unfortunately in this context the number of official "theys" is limited. The Department of Agriculture has no jurisdiction over stray dogs unless they're in quarantine for hydatids. Police Officers do have the necessary power and this is exercised periodically when dealing with dangerous dogs or sheep killers. However many other duties.

Councils also have the power to control dogs but the employment of a full-time dog kit with extra cost of approx. \$40.00 for ly require a substantial increase in rates, bought from instructors of day of class. It could be argued of course that this should not be a hindrance, in the interestsattendance to demonstrate range of sewing of public health.

On the other hand if individuals took pride in their district, their towns and their streets, and accepted their responsibilities towards their animals and their fellow man, "THEY" wouldn't need to do anything because you and I would.

ST. HELENS & DISTRICT CHAMBER OF COM ERCE

The Annual General meeting of the St. Helens & Districts Chamber of Commerce was held at the Four Seasons Motel, Scamander, on Sat. 21st June. Guest speaker was Mr. Brian Winspear of Bicheno. Mr. Winspear was critical on the standard of public toilets throughout the state. He said he thought India had the worst in the world. Mr. Winspear praised the following State Gov't departments for their efforts in promoting the Tourist Industry throughout the State: The D.M.R. for off-road facilities, Lands Dept., Fat. Parks & Wildlife & the H.E.C.

Mr. Winspear said the East Coast's excellent climate and natural beauty spots still had plenty of tourist potential left. It was up to Local Govit to help developers Today, thanks to the application of scien- not hinder them and give them all the encouragement to invest in their area, this is to their own benefit.

> Office Bearers for 1980-81:- Pres. - 7 Hugh Jestrinski, Pyengana, 4th term; " ; V. Pres. - Rodney Rattray, St. Helens; Sec: Ray Booth, Scamander, 6th term; Treas. -Bill Dixon, St. Helens; Auditor - Stephen Gammon, St. Helens; Exec. Comm. - A. Woodberry, D. James, K. Briggs, W. Simpson, M. Reddick, R. Breen.

> ITEMS FROM ANNUAL GENERAL MEETING Change of Name: Owing to the expansion of the Chamber, it was passed that the Chamber be called - The St. Helens & Districts Chamber of Commerce.

Litter Promotion: The Chamber conducted a very successful anti-litter campaign, with a slogan for the adults, won by Mrs. Allan T Billows - "HOLD IT, DON'T DROP IT". For the school children there was a poster competition in the age groups 5-8 yrs, 9-12 yrs, 13 & over. Winners were Adrian Rattray, Christine McKercher & Darren Ayers. Beaumaris Phone Booth: The Chamber has written to Mr. M. Burr, M.H.R., and asked him for his support to have a phone booth installed at Beaumaris. Matter is being investigated.

BASIC KWIK SEW CLASSES

Sew World of Launceston will hold classes at St. Marys should sufficient persons be interested. Date & lesson times to be arranged depending on the number of persons wishing to undertake the course.

Course entails learning a quick method of sewing stretch fabrics & constructing garit's unreasonable to expect busy policemen ments. It involves four two-hour lessons, to act as dog rangers in addition to their either over one or two days, a Saturday &/or Sunday or separately.

Cost is \$35.00 for four lessons & basic ranger for each Municipality would probab- materials, own materials can be used tor be

> Mr. Eric Beeston of Sew World will be in & knitting machines, sewing aids & to service any make of sewing machines. tact phone no. 722350 or 722130 for further information & to arrange filling in of application form and to pay \$10.00 deposit. (Balance to be paid prior to first lesson).

STARDUST

By Grandma Moses fortnight beginning June 27.

CANCER: JUNE 222JULY 23

Educational projects are somewhat stalled and require greater concentration. Lift yourself out of possible depression by seeking new amusements. Banish those who always look on the dark side of life. BEST DAYS: 30, 3, 10.

LEO: JULY 24 - AUGUST 23.

Pressures and tensions do exist but take events in your stride.

Calmly and patiently wait your turn without trying to force issues. Plan for relaxation.

BEST DAYS: 28, 1, 6.

VIRGO: AUGUST 24 - SEPTEMBER 23.
You are feeling more independent and more liberated and so more able to strike out on your own. Work on projects already developing rather than trying to impress with a new idea. This is not the time to be impulsive. BEST DAYS: 27, 30, 2.

LIBRA: SEPTEMBER 24- OCTOBER 23. You have a thirst for knowledge. This is a good time to read, both for enjoyment and education. You may come across fascinating material that can be used at a later date. Spend some time with someone who is in need of company. BEST DAYS: 29, 2, 7.

SCORPIO: OCTOBER 24- NOVEMBER 22.
Do not believe rumours; gossip can leave a deep wound. Social life is under stress; keep your temper under control. If necessary seclude yourself for a time, solitude can not hurt you now, but will assist in calming you.
BEST DAYS: 1, 4, 8.

SAGITTARIUS: NOVEMBER 23-DECEMBER 21. Your concern is for finances. If you are temporarily in a financial bind, work out ways that your budget can be trimmed without sacrifice, eliminate non-essentials. Take a journey with someone who is lonely.

BEST DAYS: 27, 2, 5.

CAPRICORN: DECEMBER 32 -JANUARY 20.
Your constitution may be weakened due to overwork and insufficient rest. Follow a doctor-prescribed diet. A pet project may come to a glorious conclusion soon. Become involved with your children.
BEST DAYS: 25, 4, 9.

AQUARIUS: JANUARY 21-FEBRUARY 19.

A party can be quite enjoyable select a clever gift that has many
different uses. Attend a programme
at school or participate in parentteacher activities. Visit one who
is ill - your effort will be apprec iated. BEST DAYS: 27, 5, 10.

PISCES: FEBRUARY 20 -MARCH 20.
Plan a small social evening at home, choose a light, nourishing and casual menu. Good conversation should be the order of the evening. do not permit a breach to occur between loved ones.
Self discipline is a must.
BEST DAYS: 30, 2, 7.

ARIES: MARCH 21 -APRIL 20.
You are concerned with home projects
that are dragging on - seek help in
completing them. Assign tasks to the
family instead of making it a SOLO
effort. Time is of the essence - make
up your mind and stick to your decision.
BEST DAYS: 1, 8, 10.

TAURUS: APRIL 21 - MAY 21.

Strenuous sports are apt to be a pleasant pastime but do not oner do it either in work or play. Guard against impulsive romantic reactions - your behaviour must be above reproach.

Speculation is not recommended.

BEST DAYS: 28, 5, 9.

GEMINI: MAY 22- JUNE 21.

Enjoy activities not connected with financial outlay. Love of the arts costs little and provides essential inspir - ation. Go over your budget in a leisurely fashion - certain cuts must obviously be made. BEST DAYS: 30, 2, 6.

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