The Valley Voice

Vol. 1 No. 16 P.O. Box 100, St. Marys. Friday 29th November, 1968. Price 5 cents. Registered at the G.P.O. Hobart for transmission through the post as a periodical.

EDITORIAL

Recent press releases at Tourist Department level, lead us to believe a decline in tourism in this State is due to two main issues. The first is, bad publicity about the 1967 February fires and the second, an erroneuos impression of a blacked out State because of electricity rationing.

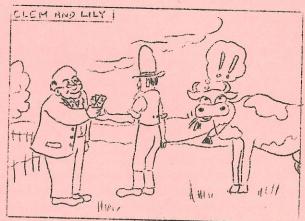
Just how much truth is contained in these reasons is difficult to gauge and at times they sound little better than excuses from an authority that is lacking in both imagination and initiative. That Tasmania is not getting its fair share of the tourist trade is the only concrete fact we have to work with and it seems high time we did something about it. For a start we have to realise it is going to take more than a few sealed roads to various dam f and unlimited scenery to attract a tourist two hundred and fifty miles south across an expensive water-way, when on the minimal all he has to do is pack his bag and drive north, east or west.

Luxury hotels and casinos will no doubt attract one class of tourist but it is no real answer when one considers the bread and butter of tourism, the family, will no more stay in one, than a Tasmanian family on a Melbourne holiday, would stay at The Southern Cross.

Undoubtedly a great wealth of Tasmanian tourist potential does lie in its scenery but Tasmania does not have an exclusive title to scenery. Anyway even the most exhila rating drive will pale when the tourist is then subjected to a Tasmanian Sunday.

If we had the gumption in Tasmania to amend some of our left-over antiquated, eating, drinking, and entertainment laws, we would be half way there by stealing a march on the rest of Victorian' Australia. If we also had the gumption to work at our other inherent attraction, our history, we would most likely be the rest of the way.

Today a fund starved National Trust is no longer adequate to save our rapidly crumbling past. Real money will have to be spent to preserve every worthwhile piece of our unique past and if this is coupled with a broad outlook towards what people really want on a holiday, it will take more than an eighteen month old fire and black-out, to stop them coming.



"AND YOU SAY SHE'S WON THREE FIRST PRIZES
AND A SECOND? MY WORD, WHAT A BARGAIN!"
TOUCHE!

HEARD A STORY ABOUT A HOME builder at St. Helens last week. It seems his trouble started when he decided to build his house with a new type of locally made brick.

The bricks caused such a sensation he spent most of his time explaining to passersby where he got the bricks and hardly any on his house.

Eventually in desperation, he took to the bush every time he heard a car coming. But a dozen or so people climbing around his half built house was too much to bear, so out he came and it started all over again.

His final solution? He sold his house to one of them.

About a hundred people turned up for a Cornwall Party Dance last Saturday. The party dance had been arranged by the parents of a girl in honour of her birthday. But the party never was, the Launceston Band didn't bother to turn up.



PROCERA BREAD PIES PASTIES.

CAKES SMALLGOODS.

RAFFLE TICKETS VALLEY VOICE
J. & R. OWENS. PROPRIETORS.

LETTERS

Sir.

I am so proud of "The Valley Voice."
I feel it has been long needed in the Valley.

It is so wonderful to have all the local news and coming events brought into so many homes in this way.

A recent classified ad. in your columns resulted in immediate sale of the advertised articles, and the same articles could have been sold four times over within two days. May you long continue your good work and I say "Long Live The Valley Voice."

Lily of the Valley. St. Marys.

ST. MARYS DISTRICT SCHOOL.

1. Admission forms are being issued being unl from the school for entrants into Grade shaped, e 1 in 1969. Please return these to the a secret. school as soon as possible. If parents with 5 to 6 year olds do not receive a form please contact the head—Dear Vale master.

2. From 1969 onwards all text books and stationery will be purchased from the school. Children will be bringing home a Class list which will show the requirements in each class together with prices in the High and Primary Schools. To assist parents the school will be open for sales at the following dates and times:

PRIMARY SCHOOL - Thursday and Friday January 23rd and 24th, 1969 1 .00 to 12 m.d. and from 2 to 4 p.m. HIGH SCHOOL - Tuesday, Wednesday, Thursday and Friday January 28th, 29th, 30th and 31st. From 10 to 12 m.d. and 2 to 4 p.m. each day.

FLORAL ART AND GARDEN CLUD - FINGAL 12/11/68.

Novice Section Floral
Special 1st T. Webb 1st T. Webb
2nd T. Webb 2nd D. Parsons
3rd D. Parsons3rd D. Parsons &
T. Webb

Special Floral

1st A. French 1st Miss M. Parsons

2nd J. Francis Mrs. J. Francis

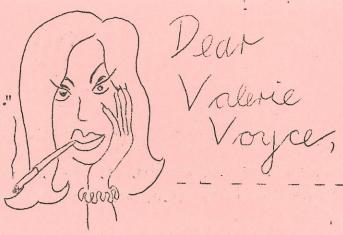
3rd.R. Yates 2nd Miss M. Parsons

3rd Mrs. A. French

Best Bloom

1st Mr. B. Saunders
2nd Mr. B. Saunders
3rd Mrs. A. French

Best Fruit
1st Mr. B. Saunders
3rd Mrs. A. French



Dear Valerie Voyce,

After reading your recent ad I was prompted to indulge in a good deal of soul searching. Now I find I can answer yes to all your questions. Do all teachers feel this way?

Anaspides.

Dear Anaspides,

If you mean that bit about 1. Admission forms are being issued being unloved, unlovely, splay footed, pear from the school for entrants into Grade shaped, etc.; yes, but most of them keep it . 1 in 1969. Please return these to the a secret.

V.V.

Dear Valerie Voyce,

I am seventy eight years old and engaged to a girl who is nineteen. Do you think the difference in our ages is too much for a successful marriage?

Yours,

Grandad.

Don't worry Grandad, by the time you are one hundred and seventy eight, your bride will be one hundred and nineteen. By then it will hardly show at all.

V.V.

Dear Miss Voyce,

T.V. advertising is having a terrible influence on my old father and until recently it has not been much concern; but since he has been watching a certain soap advert I am continually making excuses for him at the Police Station as he has been apprehended numerous times for smelling people and making comments. How can I prevent him from following a life of grime?

Worried Daughter.

Dear Worried Daughter,

I wonder4d who that old dill was. Have you tried putting him in the pound?

V.V.

Dear Valerie Voyce,

I am having trouble with my husband. The other night he went to the fridge and made himself a sandwich with some 1st Mr. B. Saundersmeat I had been keeping for my cat. Since then he has been sitting on the roof howling and wailing. What shall I do, I miss him.

Lonely.

Dear Lonely,

I understood how you must feel. The only solution is to have the rest of the cat food and join him.

V.V.

Have YOU a PROBLEM? Get it off your chest and put it onto Valerie.

SERVICE

Miss Piffle

TWO YOUNG MEN from St. Marys, Adrian Nolan and Russell Barr are spending 3 weeks at Mildura, Vic. They intend visiting Adrian's brother Jack's fiancee, Miss Felicity Leaven of Tucnore, S.A., and will be back in Tasmania on 6th December.

A SURPRISE HOUSE WARMING FOR SISTER D. Kingston at St. Helens last week brought friends from St. Helens and St. Marys. Guests were delighted with Sister Kingston's new home and a toast was proposed wishing her many happy years in the St. Helens District.

THE INAUGURAL MEETING OF THE RURAL YOUTH Club was held at St.Helens Nov. 14th.
36 people attended the meeting and Miss Jenny Wardlaw was elected Acting Secretary. It was decided to hold monthly meetings, and the next one is Dec. 3rd.

A successful barbecue was held at Pyengana on 22nd. Nov., and there will be a gathering of all Rural Youth Club members at Exeter on 8th. Dec.

For any information regarding the Rural Youth Club, please contact the Secretary, Phone St. Helens 149.

ST. MARYS GARDEN CLUB held its meeting last Wednesday with a good attendance. The Autumn Show was discussed and it was decided to hold this show in February — weather permitting, that is to say if the drought breaks.

Everyone enjoyed a wonderful evening doing arrangements, using flowers brought
along by the members. Some very lovely
arrangements were made, the Novice Class
earning special mention for their work.
Prize winners were Mrs. Llewellyn, Mrs.
Barnes, Mrs. B. Aulich, Mrs. V. Oliver,
Mrs. Royle, Mrs. Brough, Mrs. H. Aulich,
Mrs. C. Haas.

This club is now in recess until January.

ST. HELENS REAL ESTATE

Holiday Cottages for sale from \$2100. A few Bay frontage blocks available in the new Chimney Heights Subdivision.

ENQUIRIÈS

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C. P. FYSH

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Phone ST. HELENS 54.

GILL'S STORE - ST. MARYS

SPECIALS: Sao Biscuits 19c
Tucker Box 12c
11b Toffee 39c
Ajax Washing Powder 43c

FOR

COMING...BUFFALO LODGE CHILDREN'S XMAS party Sun. 15 December at 3 p.m.
Reserve area at Fingal. MEMBERS:- Bring your families. Barbecues and hot water available if you wish to have a picnic tea.

COMING...CHURCH OF ENGLAND PARISH FAIR at Fingal Town Hall Fri. 6 December.

COMING...CHURCH OF ENGLAND SUNDAY SCHOOL Anniversaries.

FINGAL...Sat. 30 Nov. 2.30 p.m.at St.Peters MANGANA...Sun.1st Dec. 2.30 p.m.
MATHINNA...Sat. 7 Dec. at 2.30 p.m.
PRESBYTERIAN...St. Andrews Fingal, Sun.
1st Dec. at 2.00 p.m.

COMING...TUES. 3RD DEC. SPECIAL WOMENS'
Fellowship Service at Holy Trinity Church,
Fingal. Guest speaker - The Rural Dean,
Rev. H.D. Ikin. Women of all denominations
invited.

GONE...RESULT OF MOTHERS' CLUB RAFFLE drawn at a street stall Nov.22nd, St.Marys 1st Prize Savoury Plate - Mrs. E. Royle 2nd Prize Perfume - Heather Semmens.

3rd Prize Chocolates - Matron Simpson.

Total amount raised was \$28.00.

COMING...CHURCH OF ENGLAND SERVICES.
SUNDAY 1 December, CORNWALL - Holy Comm.
SUNDAY 8 December, ST.MARYS - Holy Comm.

COMING...STREET STALL - Today November 29th at 10.30 a.m. in aid of the Method-ist Nissions.

COMING...METHODIST SUNDAY SCHOOL ANNIVERSARY. Sunday December 8th, 11 a.m. and 3 p.m. Special singing by the children. Preacher - Mr. Jack Pryor of Legana. A warm welcome to all.

COMING...PRESEXTERIAN HALL - 7.00 p.m.
YOUTH CLUE CHRISTMAS DANCE AND PARTY
All children very welcome. (girls bring a
plate of supper please.) Join in the fun
and games. THURSDAY December 5th.

NEW YEAR'S EVE DANCE - COMMUNITY HALL - St. Marys. John Laing's Dance Band. BE SURE TO BE THERE!!! Best evening on the coast.

COMING...SING ALONG WITH US !!! Folk singing evening at St. Marys Hospital on Sat. 30th Nov. 8 p.m. Admission 40 cents Children 10 cents. Barbecue suppor provided. Enjoyment for everybody - 1 to 100 years.

HERITAGE C O R N E RTHE NAMING OF ST. PATRICKS HEAD.

This mountain was first mentioned by Abel Tasman when he sailed up the east coast of Van Diemans Land in 1642. It was his last view of the island as he turned eastward and later discovered New Zealand and in his account of it he records it as a 'high round Mountain'. The first Englishmen to sight the east coast of Tasmania were Captain Tobias Furneaux and his men in March 1775 after their vessel 'The Adventure' parted company with 'The Resolution' of Captain Cook in a fog. They discovered Adventure Bay which was of utmost importance to voyagers who from then on knew that at the turning point of one entrance into the Pacific there was readily available shelter, wood and water. Furneaux made a chart of the east coast and arrived at the headland below the mountain on St. Patricks day and named it St. Patricks Head. In 1798 Bass and Flinders sailed around Tasmania proving it to be an island and Matthew Flinders recognising the mountain as Tasman's 'high round Mountain' named it Tasman's Peak. On his map it is recorded so Tasman's Peak

St. Patricks Head

the latter meant to refer to the headland but over the years the name has survived for the mountain. From St. Marys it is a very distinctive landmark and is known to us as Paddy's Head. The council put a track up the mountain in the early 1920's wiring the steeper places. Once on the top of the mountain one is rewarded with a wonderful view of the coast and the Fingal Valley.

THE SENIOR CITIZENS SILVER THREADS CLUB met on Tuesday afternoon. A very jolly afternoon was had playing cards followed by a lovely afternoon tea. Four new members were enrolled. Mrs. J. Spilsbury presented flowers and a gift to Mrs. G. Lehner in honour of her birthday. We have just enrolled our oldest member who is in her nineties; congratulations, Mrs. Stone.

Winners of competitions were Mrs. Stone and Mrs. Spilsbury. Our charming hostess and David at 2,20 a.m. on 15th Nov. at was Mrs. Berwick. All members are eagerly awaiting their Christmas Party at Scamander on the 10th December.

CORNVALL GOLDEN YEARS CLUB. On Nov. 14th members visited St. Helens Senior Citizens Club and spent a very pleasant

A stall held on Nov. 20th produced a variety of handcrafts - sewing, knitting, cakes etc., which were made by members. The amount raised was \$28. The last meeting of the year will be held +

Dec. 4th at 2 p.m. On Tuesday Dec. 10th, members will join with St. Marys Silver Threads Club for a + Christmas party at Scamander Motel.

STINGLE A.M.P. SOCIETY For sound advice on + Family Security + Retirement + Probate + Investment + Fire & Accident Insce. + Phones Launceston 312877 (business) 311907 (private) FOR SALE...3 plate ritemp electric stove. Phone Fingal 53.

FOR SALE... One Bouncinette with Sun Shade. One pusher — as new. Apply Mrs. M. Lohrey, Phone 109 — St. Marys.

FOR SALE ... Kinnane Special - Semi Racing bike - 27" - Good order. Apply W. Targett, St. Marys.

FOR SALE...6 year old Skewbald Pony about fourteen hands. Ex North West Riding School. Information and price contact O. Ryan. Upper Scamander.

WANTED TO BUY...One Trike suitable for a 7 year old. Condition not important. Ph. St. Marys 155.

WANTED TO BUY ... 28" Boys bike in good order. State price. Reply Box 100, St. Marys.

WANTED...Jobs for High School Students -Baby sitting, Wood cutting, housework, etc. Fingal, Scamander, St. Marys and St. Helens to help Students pay for 1969 mainland excursion. Ring St. Marys School.

WANTED...A Mr. Freeman who has a pair of F.J. trousers which are too small for him, to contact L.J. Snodgrass who has a pair too large for him. Phone Fingal 10.

WANTED...Dance Band to play at St. Helens on New Year's Eve. Contact F. Chapman -St. Helens 14.

 ${\tt IMGAGEMENT...The}$ angagement is announced of Doreen, youngest daughter of Mr. & Mrs. W.E. Groves of Sydney, to Stephen, only son of Mr. & Mrs. J. Singline of Ryde.

BIRTH...FIDDIAN (nee Stone). To Judith Manly District Hospital a son, Jason Edward.

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KINGS BUS SERVICE ST. MARYS - ST. HELENS - WINNALEAH -BICHENO SWAMSEA. PASSENGERS ΛND FREIGHT PHONE VINKALEAH ++ + +

$H \quad E \quad A \quad L \quad T_1 \circ H \circ \cdots \circ N \circ O \quad T \circ E \circ S \quad \cdot$ BABY'S WEIGHT

Though there is no doubt that a regular gain in a baby's weight is a reliable index of his progress, neverthe-and his big freckled face broke into a less too much importance can be placed on weight gain alone, and by doing so, many mothers cause themselves a lot of unnecessary worry. This is particularly so, if they have the habit of comparing their baby with those of their friends.

more factors have to be taken into consideration than mere weight alone. These include general behaviour, colour, hours of sleep, regularity of motions and muscle tone (that is, firmness of limbs). In other words the assessment of baby's health depends not on one factor alone such as weight, but on each individual baby, and his or her individual behaviour and progress.

many mothers forget that in the case of a small baby with comparatively small weight gain, she or her husband or both are small in stature and her baby inherits his build from them as one would expect.

Another worry that mothers have is that as the baby is growing and particularly after he begins to wriggle and sit up and walk he gains very little weight in comparison to what he did in after birth a baby usually gains weight very rapidly, as the food is used purely for the purpose of growth. This is sometimes referred to as "the stocking up period." From six months onwards however, he is using more and more food to provide energy and consequently he uses less for growth and does not gain as much for weeks as he did earlier on.

A very rough guide to a baby's triple it at one (1) year and quadruple any account of the baby's birth weight. A small baby born would more than triple afternoon and I didn't want to spoil it. not.

From the foregoing it would be obvious that it is a mistake to become obsessed with weight gain to the exclusion of all other physical signs and variations. It cannot be over emphasised + that in this regard, as well as all others, babies are individually different.

ROYLE'S TOYLAND THE BIGGEST AND BEST RANGE ON THE EAST COAST OPEN EVELY FRIDAY NIGHT FROM NOV TILL XMAS + LAY - BY NOW + HEW STOCK ARRIVING EACH WEEK

Page 5 DID YOU EVER THINK ... about mistaken identity? He was passing my stool, carrying about a dozen or so drinks in what looked like about fifteen fingers. Suddenly he stopped delight of recognition. "Is it, is it - by golly it is - Georgie boy. Yes by heck how are you old matey? I haven't seen you since - how long is it? No matter, it's a long time. L-O-N-G time. But, boy though did we have some times - oh boy did we. In assessing baby's lelli, so many WOWIE! Here have a drink, it's Audrey's but she won't mind. D'you remember Aud? No I guess not. After your time hey? Say, wow -I didn't really think I'd be seeing you back here - not after what happened up at Putney Street, that is. Ha now - that rings the old bell, doesn't it? Here old cocko, have another drink - it's Charlie's, but he won't mind. Here, I'll have one with you, I'm as thirsty as a two headed tin dog in a desert. 'Struth there I was staggerin' past, with me When comparing her baby with others, head down, like this arvo's loser. Wow d'you realize I could have missed you? You know, it was the back of your head - something familiar about it. Then you looked around -'struth, I'll never forget that face of yours, Georgie boy - not after Putney St. Ha, ha especially not after not after T. I. Have another drink - don't worry, Cheryl won't mind - or was that one Dorie's - ar, who cares? have 'em both - put out that old volcano, hey. Oh yeah - oh boy - Putney St. hey? Cocko no wonder you ain't been back - NO WONDER. Wait his early months. For the first ew weeksill I tell the boys - oh just you wait! Here have a drink on Clyde. Boy I'll never forget you - NEVER. 'Struth you don't know what it's done for me, seein' you again. I was just saying to Penny, the day before yesterday. I was just saying - Penny girl, remind me to tell you about old George and that time up at Putney Street. Have another dri- 'struth, we drank 'em all. Here hold on I'll get some more-I'll take you back to our table when I get back. Wow! Will old Petey be surprised progress is the saying that a baby shouldhe'll be POLE-AXED. Don't move now Georgie, double his birth weight at five (5)monthsold matey - I'll be back - ha - quicker than you left Putney Street!" it at two (2) years. This does not take He staggered off the way he had come and I left by the side door. It had been a cheap his birth weight whilst a big baby would couldn't place him at all; besides my name ich't George and I'll swear I don't even know where Putney Street is.

MCGEES SERVICE STATION - ST. MARYS P.O. Box 40 - Phone 59 HOLDEN DEALERS - G.M.H. BATTERIES AND GOODYEAR TYRES MECHANICAL REPAIRS -PORTABLE ELECTRIC WELDING 24 HOUR TOWING [╄]╶╅┊╬┩┡╏╇╄╇╃╃╇╇╫┩╏╇╄╇╇╇╇╇╇╇╇╇╇ +Q. What is the difference between a flea and an elephant? + A. An elephant can have fleas; but a flea

can't have elephants.

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ST.HELENS MAURICE POOLE NIRSERY Ph. Bicheno 36 Phone St. Helens 76. (Power Shift) Dozers Back Hoe Loader Exotic INDOOR Plants. Trucks - GENERAL CARTAGE CONTRACTOR+

VETERINARY SERVICE - ST MARYS DISTRICT. RESULT OF LAST EDITION'S CROSSWORD.

Mr. T.J. McManus, the Veterinary Officer responsible for the Northern portion of the East Coast and the Fingal Valley, will be absent on Long Service leave until the end of April, the Ministe BOWN. 2. Estimate 3. Induce 4. Rural 5. Blame for Agriculture announced today.

While Mr McManus is away, two other Departmental Veterinarians will provide a service to the area. Mr. D.G. Day, the Veterinary Officer stationed at Ringarooma ACROSS. 1.0ff-hand 5.Plant juice 8.Enough will attend the calls in the areas east 9.Goes along with 10.Beverage 12.Dwarf 15. will attend the calls in the areas east and north of Fingal down as far as Douglas River. He may be contacted at the Department of Agriculture, telephone Ringarooma 60 or out of hours at his residence Ringarooma 59. The district west of Fingal and the East Coast between the Douglas and Buxton Rivers will be served by Veterinary Officer Mr. B.B. Wells, who may be contacted at the Dept. of Agriculture, Oatlands, telephone 4, or out of hours at his residence, Parattah 29. /

Mr. Atkins said that he was most anxious to ensure that a full advisory and investigational service was provided to the stock owners in the areas concerned because many of them were so badly hit by the drought.

The Department had arranged for the Post Mistress at Falmouth, Mrs G. Schier to relay to the appropriate Veterinary Officer telephone calls which were made to Mr. McManus's home by stock owners who were unaware of the arrangements made for maintaining a service during his absence. If either Mr. Wells or Mr. Day were unavailable and the problem was serious. the Department would arrange for a service to be provided from another centre, such as Launceston.

Phone 63 After hours 113 + + B. & J. SPILSBURY + + B.P. GARAGE +For 24 hr. towing & breakdown service + CARTAGE CONTRACTOR + Agents for Chain saws - Victa Motor Mowers B.P. Petrol, Oil and Greases ST. MARYS

ACROSS. 1. Rent 6. Annual 7. Attend 8. Unarm 10. Musical 12.Ram 13.e.g. 14.0tter 16.Seem 19. Lei 20.0h! 22.Bedeck 23.Sister.

6. An 9. Nags 11. Unties 12. Rolls 15. Robe 17. Eden 18. Make 21. Her.

CLUES TO THIS EDITION'S CROSSWORD.

Painting 17. Single 18. Heavy attack 19. Woman 20.Respect.

DOWN. 2. Maths subject 3. Employed 4. Enduring 5. Seizure 6. Complete 7. Glimpse 12. Trespass 13. Horse (slang) 14. Youthful 15. Fit 16.

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Contact Sister Driscoll, L'ton, 442347 or Cliff Taylor, Centreway Arc., L'ton

DEBRA LEE BEAUTY SALON Phone St. Helens 196 Permanent Waving. Tinting a speciality Q. Why did the chicken stop half-way across the road ?

A. Because he was a Rhode Island chicken.

HERE IS AN IMPORTANT ANNOUNCEMENT! For the highest Savings Bank interest in Australia, open YOUR account at the LAUNCESTON BANK FOR SAVINGS. 4% interest paid on all accounts up to \$10,000 and credited every SIX MONTHS. $4\frac{3}{4}\%$ is paid on FIXED DEPOSITS.

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For the BEST interest rates, make sure YOUR account is with the LAUNCESTON BANK FOR SAVINGS.

Enquiries always welcome.

SNAKE

A farewell party was given to Peter Gibbons by his parents Mr. & Mrs. A.O. Gibbons. Peter has joined the army and is at present in Vietnam.

Lynch of Schell St. Mr. Lynchboing the newly appointed storeman of Aberfoyle Holdings.

STOREYS CREEK

Mrs. E. Bristo of Murrumbeena, Victoria is spending a holiday with her daughter and son-in-law, Mr. & Mrs. I. Llewellyn.

Mrs. Peter Webb of the School House has been away on sick leave, she was relieved in her absence by Mrs. R. Hordern preventing the venom from circulating Her friends wish her a speedy recovery.

Mrs. J. Turner gave a twenty first birthday party for Graeme Radley. A very

BEN LOMOND GOLF CLUB by Pin High

Stableford

Mrs. G. Smylie (12) 31 pts.

Mrs. N. Pennington (18) 25 pts.

Mrs. L. Housego (19) 25 pts.

Stroke

Mrs. L. Housego (22) 76

Mrs. N. Lamb (11) 78

Mrs. J. Davey (32) 82

Flag

Mrs. S. Martin (29) 18th Green

Mrs. L. Housego (22) 17th Hole

Mrs. J. Davey (32) 17th Green

The Whyte Hall Cup will be played on Sunday 1st December at Ben Lomond between members from Queenstown, Rosebery, and Ben Lomond.

RECIPE

POTATO LOAF

Cream $\frac{1}{2}$ cup mashed potato with $\frac{1}{2}$ cup brown signs and symptoms of snake bite are:sugar. Add 1 small cup milk, $1\frac{1}{2}$ cups S.R. Flour, 1 cup dates and nuts, Mixed $\frac{1}{2}$ cup sultanas, 1 teaspoon Spice. Bake in a log tin for 3 hour.

HELENS

16thANTIUAL. CARNIVAL

Chopping

Running

Cycling

Carnival Girl

Carnival Family

LOOKFOR - Ψ - D $M \wedge K E$

I T A DATE IM

JANUARWE

We are fortunate in Tasmania that our snakes, including our world renowned Tiger Snake, are of the variety known as ELAPIDAE. This is the category of snake that has a Hew residents of Rossarden are Mr. & Mrs.groove down the back of his fang along which venom flows. It is because of this that even the Tiger snake (which has a deadly venom) has difficulty injecting sufficient venom to cause death, particularly if the bite is through clothing. A great deal of the Elapidae venom will remain on the surface of the wound.

A snake bite usually does not appear as two or four neat puncture wounds, but a series of scratches caused by the snake's reserve teeth. First Aid treatment is aimed at through the body.

STEPS IN TREATMENT.

1. Apply tourniquet - between bite and enjoyable evening was spent by his friendsheart. The bite is usually on a limb and the tourniquet should be tied on the upper limb where there is only one bone. DANGER - A tourniquet to be-effective must cut off the circulation and if the circulction is cut off the tissues will die. To overcome this, the tourniquet must be applied tightly BUT IT MUST BE RELEASED AND RETIGHTENED EVERY 20 minutes.

2. Wash wound. 3. Treat patient for shock.

4. Send for medical aid and prepare to . transport patient.

POINTS TO NOTE.

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Do not cut the bite as this will cause unnocessary damage.

Be sure to treat the patient for shock as the psychological effect of snake bite has been responsible for numerous deaths from bites of non-poisonous snakes.

The patient must be kept at complete rest while being transported to medical aid. Panic increases the heart beat and will cause the venom to circulate faster.

Bring the snake (dead of course) for. identification purposes.

Namsea, faintness, headache, blurred speech, difficulty in swallowing and blueness of the skin.

It is interesting to note that as death from Elapidae bites is brought about by respiratory failure, rescusitation will maintain the patient until the arrival of medical aid.

PREPARATION FOR CHILDBIRTH A series of Ante-Natal classes are being held at St. Harys Child Health Centre on Thursday mornings at 10am. "All expectant mothers welcome.

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PAGE

ST MARYS GOLF NOTES.

ASSOCIATES 9 HOLE BOGEY.

92 - 29 Hcp., E. Ryan 1 down 99 - 22 2 down J. Chapman G. Holmes 85 - 152 down

TWILIGHT GOLF.

MEMBERS

39 - 10 - 29 G. King 41 - 10 - 31 $36 - 4\frac{1}{2} - 3\frac{1}{2}$ T. Lynch T. Bean

ASSOCIATES

44 - 12 - 32 R. Gill G. Dawson $47 - 13\frac{1}{2} - 33\frac{1}{2}$ R. Ryan $45 - 11\frac{1}{2} - 33\frac{1}{2}$ $48 - 14\frac{1}{2} - 33\frac{1}{2}$ E. Ryan

ASSOCIATES ANNUAL ME TING

Officers elected - President, Mrs C. Royle, the Hon. R.G. Everett will be present Vice President - Mrs O. Chapman, Captain-Mrs J. Lind, Secretary - Mrs J. Brennan. Committee - Mrs G. King, Mrs D. Barnes, Mrs R. Ryan, Mrs G. Gill.

OPENING DAY - Associates, Feb. 19th. Tournament - 1st and 2nd March.

ST. MARYS BOWLS NOTES.

Bowling continues to go ahead in interest and enjoyment, everyone being anxious to improve. Great interest is being taken Nightly competitions are run and a point. were both delightful and entertaining. system kept for which the winners will receive a trophy at the end of T.S.T. Twenty five members paid a visit to Riverside last Sunday. At 10 am. a Clinic was given by Mr. Don Betts, and in the afternoon St. Marys mixed in with Riverside for a most enjoyable 3 game compet-. ition. One of our members, Lyn Fysh played in the winning team.

BASKETBALL.

Fingal is now fielding two teams and the first Roster match between St. Marys and at Fingal School. Do St. Helens, Scamanderter's fraternal), the Warden, Mr. A. Bicheno, Mathinna or Rossarden have a have a district series.

BOAT RACING.

Racing at Diana's Basin on Sunday 1 December should attract many boats from other clubs. Starting time 11.30

COMING, GOING, GONE cont

SCOUTS - GUIDES - BROWNIES - GUIDES Church Service at St. Helens on Sunday December 1st at 4.30 p.m. Children to meet at St. Marys Parish Hall at 3.45 p.m. if wanting transport. Barbecue will follow service. Bring own meat. Cordial will be provided. Also bread and sauce.

COMING...ST. MARYS AXEMENS! CARNIVAL. Sat. 30 Nev. at 12 m.d. See Merv and Doug Youd in action. Carnival girls, Ladies Manfern Chop, stalls etc.

COMING...MEETING OF ST. HELENS RURAL Youth Club at 8 p.m. Tuesday 3rd at Parish Hall, St. Helens. Guest speaker Kevin Shadbolt, State President Rural Youth.

COMING...ST. HELENS HOSPITAL FIAR Dec. The Minister for Health, 14th. 2 p.m. to open the Fair and the new Geriatric Extensions.

COMING. A MOST ENJOYABLE EVENING - Progressive Dinner to be held on Friday 6th December. 40 cents a course. Bookings to be made with Matron or Sister Whittaker by Wednesday 4th December. Join the roving wining diners.

GONE . . . A VIRY SUCCESSFUL SCHOOL FAIR was held in St. Helens on Saturday November in the twilight Bowls on Thursday evenings 16th. The novel entries from the children The takings were \$530.

GONE ... About 60 people of all Prostestant churches in the district, met on Tuesday November 19th to welcome the President of the Victorian - Tasmanian Methodist Conference, Rev. Allardice and his charming wife. The President preached at a service in the Methodist Church and then spoke informally at the reception which followed. Greetings were extended by Pastor Keddie and Mr. Fred Grose (St. Marys and St. Helens Methodist Churches), Rev. Fingal will be held at 5 pm. Sat. 30th.NovHorwood, (other denominations and minis-McKenzie (Municipality of Fingal). The Basketball Team? If so, perhaps we could chairman of the Tasmanian District, Rev. H.B. Freeman who led the service, also spoke. A trumpet solo played by Richard Keddie was much appreciated. A sumptuous supper brought an eveing of wonderful fellowship to a close.

